

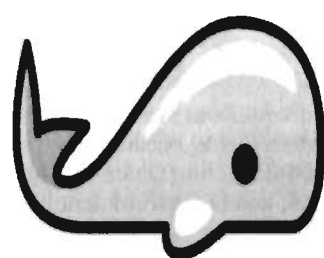


**A look inside
The Oak "K":**

**Not My Cup
of Tea
Pg. 2**



**Killer Whale
Pg. 3**



**Alice in
Wonderland
Pg. 4**



**Teacher
Flashbacks!
Pg. 6**



**March
Madness
Pg. 7**



Pure Patrick



Courtesy of portglenone-
cce.fsnet.co.uk/



Courtesy of goodhousekeeping.com

Jordan Price
Editor-in-Chief

March 17 is often celebrated with parades in the streets, people clad in green, and drinks in the pub. But St. Patrick's Day wasn't always such fun and games, and neither was how St. Patrick put his name in the history books.

St. Patrick was born in Britain at the end of the fourth century to presumably rich parents. Although his father was said to be a Christian Deacon, he might have accepted this position for tax incentives. Regardless, their family was rather unreligious. St. Patrick even considered himself pagan as a child. At the age of 16, he was captured by a band of Irish raiders and held prisoner in Ireland for six years. During this time he work outside as a shepherd, became quite reclusive, and developed few social skills. Because of his lonely nature, he turned to God and became a devout Christian. In one of his meditations, he reportedly heard the voice of God telling him to return to Britain. Shortly thereafter, he escaped his captors and spent years as a monk and was even called to Rome to become a Bishop.

Later in his life, he heard the voice of an angel calling him to go back to Ireland to convert the pagan people. He returned to Ireland as a missionary and devoted his life to converting the Irish people to Christianity and ministering to those Irish who had already accepted his faith. While attempting to explain his religion to the king of Laoghaire, Patrick picked a clover and compared its three leaves to the three personas of God: the Father, the Son, and the Holy Ghost. The king was impressed because the clover was a sacred Irish plant so he accepted Christianity and gave Patrick the freedom to spread his message throughout Ireland.

To avoid scaring off the Irish people, Patrick combined traditional Irish ceremony and Christianity. He made bonfires at Easter because the Irish often used fire to honor their pagan gods. He also combined the sun, a prominent Irish symbol, and the Christian cross to form what is now known as the Celtic cross. Even with the king on his side, St. Patrick was often arrested but always escaped to spread God's word again. He was not the first to bring Christianity to Ireland but is credited with abolishing pagan rights and has been given the title "Patron Saint of Ireland." On a side note, he is even fabled to have banished all the snakes from Ireland.

March 17th marks the anniversary of St. Patrick's death. In Ireland, St. Patrick's Day used to be considered a religious holiday that falls during the Christian season of Lent. The Irish celebrated by attending church in the morning and partying in the afternoon. In fact, up until 1970 all pubs were closed on March 17th in accordance to Irish law. As strange as this may sound, the first St. Patrick's Day Parade took place in the United States in the early 18th century. A group of Irish soldiers serving in the English Army in New York City marched up and down the streets playing music to reconnect with their Irish roots. Originally the parade was an excuse to party and celebrate but later became a sign of Irish strength and vitality. During the Irish Potato Famine, many Irish Catholic families migrated from Ireland to the United States, whose Irish population was predominately Protestant. Although there was some original conflict, the two groups eventually saw the potential for power in politics in their large number and joined forces. The St. Patrick's Day Parades thereafter were a symbol of Irish strength and a must attend function for political candidates.

Now the notorious wandering pinch that often finds its home on the hands of some of our most "traditional" friends can be your only worry this St. Patrick Day because you have a brief history of St. Patrick and his influence on Ireland.

Natural Born

Ruth Wooten
Business Manager

A five year tradition full of anticipation, suspense, speed, wit, and teamwork was upheld in Lone Oak High School. Yes, beaker races, the testing of skills acquired by AP Chemistry students over their time spent with the renowned Mr. Whitley.

A successful beaker race requires ten sequential reactions, one taking place after the other. The sequence of reactions cannot begin until 45 seconds has elapsed. The more than ten people on a team prepare and plan for three class days. Mr. Whitley adds, "A successful beaker race is the result of Yankee ingenuity, left-handed skill, and love of the unexpected."

This year, the battle began when the class was split into two teams, The Explosions vs. The Natural Born Spillers, breaking friendships no matter how deep and alliances no matter how valuable. The new team members swore oaths of allegiance and promised to use their brainpower to fight to the last beaker. Both teams gave efforts during the days of preparation, some great and some not so great. The Explosions showed promise with their organized methods and strategizing, while The Natural Born Spillers were another story. "We had no idea what we were doing until the last day and we winged it," states **Chasity McIntyre(11)** of the Natural Born Spillers.

Race day found both teams running their last tests. Then the desks were cleared, beakers set up, and rubber policemen washed with distilled water for the last time. Whitley yelled, "Go!" and started the timer. The race was neck and neck up until beaker number 8. The Spillers' ninth beaker reacted before the eighth, causing mental defeat for The Naturals. Now all The Explosions needed to ensure the win was to have every reaction no matter how slowly, but if any one of the remaining three beakers went out of turn it would be a draw.

In the end, The Explosions were victorious, gaining bragging rights for the rest of their high school careers. "We won because of the amazing leadership of Andrew Stricklin," states **Nolan Brelsford (11)**, a vital member of The Explosions. When the fearless leader was questioned about the origin of the triumph, he said, "I think it was our name that helped us win." Many members of The Natural Born Spillers were stricken with frustration in the minutes following the race, including **Jordan Potter (11)**, who kicked the air in vexation.

Foreign Language Festival

Andrew Harlan
Entertainment Editor

The 2010 Regional Foreign Language Festival was a great success for Lone Oak High School. Forty-four event winners and a total of eighty-one contestants placed within the top three of their events. Students loaded school buses in front of the high school on March 11th and headed to Murray State University to compete against other schools in the region showcasing their linguistics skills.

The following students qualified to compete at state in their respective events:

German

Atkins, Nathan
Brinley, Michael
Canestrini, Dean
Compton, Danielle
Conkwright, Elizabeth
Croft, Andrew
Fondaw, Alexa
Freeman, Ryan
Green, Molly
Harrison, Drew

Jackson, Mandy
Latham, Ashley
Miles, Kayla
Scourick, Gary
Walker, Nicole
Wilson, Dana
Wooten, Ruth

Spanish

Anderson, Nikolas
Brelsford, Nolan
English, Connor

Greene, Kelsey
Grewelle, Ricky
Lundberg, Rachel
Potter, Jordan
Price, Spencer
Stricklin, Andrew
Wallace, Olivia
Wallace, Tyler
Throgmorton, Parker

French

Arreaza, Roberto

Brelsford, Natalie
Capron, Shadow
Davis, Ali
Fountain, Rebecca
Jones, Mac
Keibler, Joseph
King, Natalie
Langston, Amber
Longworth, Cody
Lundberg, Josh
May, Audrey

Miller, Maria
Roach, Alyssa
Schnuck, Anna
Senn, Savannah
Sin, Megan
Sikes, Cody
Smith, Kelsey
Traugher, Aubrey
Turnbow, Brittany
Windhorst, Lydia
Wines, Alec
Yates, Katie

How Accurate Is It?

Kendra Sanders
Photographer

As a freshman in high school, your greatest concern is not making a fool of yourself. Sophomore year, you're already dreading the next year's testing. By the time you're a junior, you spend a large amount of time trying not to think about the approaching day of the state-wide ACT test. The strict rules are intimidating enough without considering almost every college admission and almost all scholarship money are determined by this one test. Given how much is riding on just one test score, the darn thing ought to be pretty accurate at predicting college preparedness. But is it? According to Jonathan Whitborne in his article "The Dropout Dilemma," published in BNET, one in four freshman drop out of college. The problem seems to be that high school student aren't prepared and that the ACT is only covering this problem up.

The ACT is composed of 4 different sections: English, Math, Reading, and Science. The test is about 4 hours with a 10 minute break in which you can do nothing but stress about how you did on the English and Math sections or worry about how you are going to do on the Reading and Science sections. Each of the 4 sections are intended to test a student's college readiness in that subject. The first three sections (English, Math, Reading) do a good job of assessing the content, but when it comes to the Science section only graph reading skills are tested. How is that accurate in determining whether a student is prepared for college science? It's not. "It doesn't test your knowledge of science. You only need math and reading skills," explains Mrs. Allyson Scheer.

There is no need for any prior scientific knowledge or scientific vocabulary in order to score high in this section. All questions are merely graph reading. Maybe the section should be labeled Graph Reading rather than Science. If one student can read graphs better than a student who has excelled in advanced and AP science classes, does that mean the better graph reader deserves to have the higher score?

Too many colleges are basing college preparedness on one test score. The ACT might test main courses, but there are obvious flaws such as the Science section. Another flaw, there's no way that a number is able to show a student's intelligence, enthusiasm, maturity, responsibility, and other characteristics that are necessary for a student to succeed in college.

So how accurate do you think the ACT is?

A Fine Balance

Sanjana Pampati
Asst. Editor

We live in a world where cellphones, laptops, calculators, and iPods are considered commonplace commodities. Technology makes things easier for us, there's no doubt about it. But there comes a point when the tables turn and technology will become too overbearing in our lives and cause more hindrance than help. We depend so much on technology that we rarely have to use our brainpower to the full potential anymore. In math class, we mindlessly type in numbers in the calculator. For an English summer reading assignment, instead of reading the book, we download the audiobook onto our iPod. I'm not predicting a full-out Orwellian nightmare, by any means, but there are some disconcerting signs.

Even without taking a poll, I'm almost certain that 99% of the people in our school own a cellphone. Most of these people are accustomed to text messaging and the slang that comes with it. There are probably several grammar aficionados, English majors, and middle-aged folks who believe "text talk" is leading to the demolition of decent grammar and all that is just in the world. For those of you who don't know, "text talk" is the name given to the colloquialisms and abbreviations associated with text messaging, as well as emails and instant messaging. In Orwell's *1984*, all the characters speak a language called "Newspeak." In Newspeak, there are no synonyms or antonyms. For example, there is good, "doublegood," and "doubleplusgood." Newspeak was created because it is easy to use and remember. Similarly, there is a long list of made up words and phrases that are abundantly used when text messaging for the text messenger's convenience. For example when someone wants to say bye they can choose any of the following: "G2G," "TTYL," and "CYA." Ideally, we would expect for this dialect to stay only with text messages. However, one can clearly see it penetrating into school assignments and other professional parts of our lives. It isn't easy to make a switch so drastic.

What would happen if we all went cold turkey and were stripped of all forms of technology? I don't want to imagine it either. It would be "doubleplusungood." There is certain technology we need, and there is certain technology we want. Furthermore, there must be a fine balance between these aforementioned needs and wants. We need heart monitors, traffic lights, and stoves. We don't need particle accelerators, sound-activated switches, and surround sound speakers. We don't need to update our Facebook statuses every living second. But there isn't anything wrong with getting in touch with your long-lost grandma who has friend-requested you. It's important to maintain a fine balance and not become too dependent on technology!

Tea Party Brewing

Seth Helton
Features Editor

When the American populace is left with a bad taste in their mouth from the two dominant political parties, a third party movement forms. It happened with Ross Perot and his Reform Party in the 1990's; now it is happening again with the Tea Party movement. It's very difficult to develop a cohesive opinion of the Tea Party and its ideals, because the movement and still-developing political party seems to lack any cohesion itself. Apparently, the only force uniting the Tea Party is anger. Anger toward the fledgling Obama administration. Anger leveled against taxes, government spending, pending health care reform, the Republican Party (ironically), progressives, gun-control, and big government in general.

The Tea Party has even had its first so-called "terrorist," a terrorist (by definition) being someone who uses violence or intimidation in the pursuit of political aims. By this definition, Joseph Stack became a terrorist when he flew a plane into a Texas office building. The manifesto Stack left behind was filled with the same populist rage that the Tea Party is known for promoting and championing. Though not officially affiliated with the Tea Party (technically it is impossible to be "officially affiliated," since the movement is not a true political party yet), Stack would definitely not feel like an outsider at a Tea Party rally.

Named after the Boston Tea Party, and retro-fitted to the acronym Taxed Enough Already, the Tea Party movement is a manifestation of political distrust and populist rage aimed at those in power in Washington. People from myriad careers, economic backgrounds, and age identify themselves with the Tea Party. They all share a disdain for the way America is operating and voice their opinion that "something just isn't right" quite loudly.

They also share a media preference for Fox News, who has promoted the movement shamelessly since its inception. In the McCarthy era, the demagogues (political agents who seek support by appealing to the prejudices and fears of the general populace as opposed to relying on rational arguments) of the far-right played the American people against the government by claiming that those in power were "socialists," "communists," and "totalitarian." It seems that Fox News and its top-notch "journalists" Glenn Beck, Bill O'Reilly, and Sean Hannity, have stepped up to fill the fear-mongering void left by McCarthy. They encourage the Tea Party protests with Glenn Beck himself even assisted in organizing the 9/12 protest in Washington D.C. The close relations between Fox News and the Tea Party makes sense, as both are bastions for the highly conservative. Thus Fox News has become a handy recruitment tool for the movement, airing advertisements for protests and praising the Tea Party-ers for dissenting the Obama administration.

Unfair media connections aside, the Tea Party is ideologically dangerous to the American political spectrum. Anger is the party's central tenet; anger built on the fear this country is not moving in the conservative direction that many feel it should go. The movement and the accompanying protests are thus ideologically bankrupt, offering no solutions to current problems, just rage. Tea Party-ers make scathing signs, but show no signs of having any proposals or answers to the problems they say are destroying the country. Images and slogans of the American Revolution are a large part of the movement's identity, the name "Tea Party" itself suggesting a correlation to the revolt against taxes in Boston harbor. Protestors liken themselves to the founding fathers, fighting justly for the common folk against the tyranny of Washington. There is a difference between the modern Tea Party and the colonial one though; the founding fathers had ideas and values to put into place when the revolution succeeded, the same ideas and values that would dramatically shape this country. The modern Tea Party has no such plan, no coherent ideas or values to better this nation, no direction, no leadership. The Tea Party instead has brewed up a terrible temper.

Mystery Stars Answers:

**Sarah Byassee (9), Nicki Caturano (10),
Makenzye Rouse (11), Chyna Estes (12)**

Complicated Accommodations

Ruth Wooten
Business Manager

As we go through our educational careers, we hear of different "styles of learning." The main three types of learners are visual learners, auditory learners, and kinesthetic learners. Some teachers also expose students to group work which encourages working with people that you normally would not. Varying the styles of teaching and therefore learning can be very beneficial for students but are sometimes implemented in the wrong situations.

Visual learners are common in schools. They learn best through the written word. They take notes when listening to lectures, read along, and were those kids in first grade whoaced every spelling test just by reading over the list a few times. This learner would have the most traditional habits. The most traditional forms of assessment appeals to this learner as well, a multiple choice test, essay question, or short answer. Teachers don't have to necessarily adapt to this learner because the students write down or visualize most everything that they are exposed to.

Auditory learners do best by simply listening and speaking themselves. A teacher caters to this student by lecturing or holding a class-wide discussion. Teachers use these methods very successfully and are able to incorporate them easily with the needs of a visual learner. However, methods of assessment used regularly do not accommodate auditory learners unless you are present in a foreign language class.

Kinesthetic learners succeed by physically doing something: holding the test tube, typing on the keyboard, hammering the nail, and so forth. Group work appeals to this type of learner, if the product is tangible and will be completed with the joint efforts of members in a group.

Group work is a very advantageous method of learning for visual and auditory learners that pushes them to step outside of their comfort zone. However, this method is misemployed when the group project is the only source of an individual student's grade. While group work is one valid method of instruction, it should not be the sole assessment. An additional evaluation should be used to determine each student's grade. The unfortunate truth is that many students in high school are not mature enough to step up and do their part in a weighted grade. A few members end up doing most of the work, or they put their faith and grade in the hands of someone else who could potentially cause their grade to suffer.

While some teachers suggest that they are preparing us for college by placing us in groups for large grades, that isn't exactly how it works at the next level. In college, mature individuals may work together to achieve a grade but they are also tested individually. Their future is not put in the hands of another student by a teacher's flippant whim.

Oak "K" Staff

<i>Editors-In-Chief</i> Jordan Price Rachel Lundberg	<i>Writers</i> Kyle Fouse Ryan Steele
<i>Assistant Editor</i> Sanjana Pampati	<i>Illustrator</i> Spenser Price
<i>News Editor</i> Kelsey Smith	<i>Business Manager</i> Ruth Wooten
<i>Entertainment Editors</i> Charis Gurrola Andrew Harlan	<i>Assistant Business Manager</i> Rachel Sloan
<i>Sports Editors</i> Cody Waggoner Kylie Tillett	<i>Photographers</i> Kendra Sanders Megan Ross
<i>Features Editor</i> Seth Helton	<i>Advisor</i> Stephanie Carter

The Oak "K" is a publication of Lone Oak High School, distributed to students, faculty and the community. The newspaper is designed by staff members using Pages and is printed by *The Paducah Sun*, 408 Kentucky Ave., Paducah, KY 42003. Letters to the editor are to be under 250 words in length and signed by the writer. *The Oak "K"* reserves the right to edit all letters for placement as long as the meaning is not altered. *The Oak "K"* attempts to inform and entertain its readers in a broad, fair, and accurate manner on all subjects that affect the audience. Final authority for the content of *The Oak "K"* rests in the hands of the principal.

Whale Gone Wild



Courtesy of freewebs.com

Kylie Tillet
Sports Editor

Just like Disney World or Six Flags, Sea World is a world-renowned place for families to go for leisure time and adventure. But on February 24th, 2010, the adventure that awaited tourists in Orlando, Florida was a little too much for them to handle.

Every day, people fill the stadium at Sea World to watch animals of all kinds, but of course, mostly the killer whales. As people watched Tilikum this particular day, they saw a lot more than they wanted to. After the show, one of the trainers, Dawn Brancheau, was wiping the whale down when it suddenly grabbed her by the ponytail and pulled her into the water. The whale swam extremely fast across the water and whipped her around underneath the surface. Onlookers say it looked as if Tilikum was "playing" with Brancheau. A siren sounded and the audience was rushed out of the stadium. Later, the experienced trainer was pronounced dead after being rescued and then trying to be revived. The park was closed for the rest of the day.

This was the third time this particular bull whale had been involved with a human death. At this point, the future for the beastly mammal is unknown, but one thing is for sure: Sea World has lost a wonderful part of their staff in Dawn Brancheau.

The Border Breakdown



Courtesy of zimbio.com

Andrew Harlan
Entertainment Editor

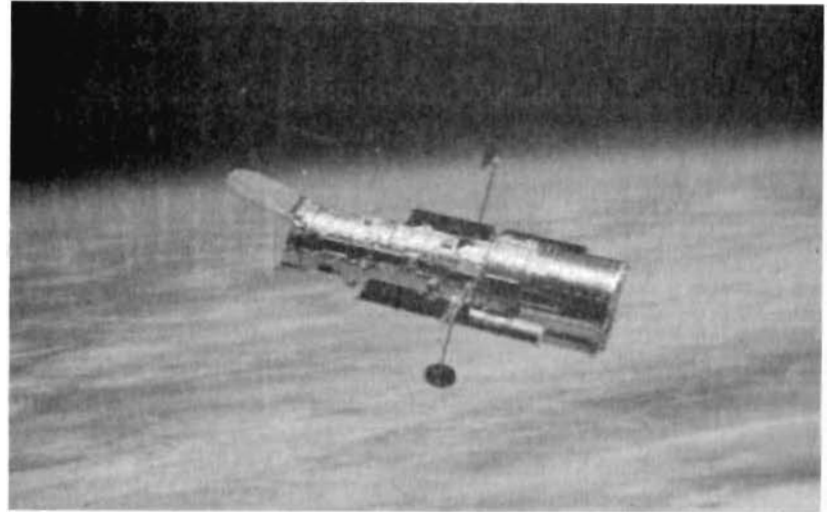
The Mexican-U.S. border is as troubled by drugs as it is by illegal immigration. Fueled by gangs in northern Mexican cities and the American desire for illegal drugs, the border towns of Mexico are riddled with drug-related violence. Since 2006, some 18,000 people in Mexico have been killed due to the illegal drug trade. President Calderon of Mexico has now said that this Mexican violence and drug-related activity is as much of a United States issue as it is a Mexican one.

Mexican armed forces have recently swept into one of the most violent cities in the world, Ciudad Juarez, to try to keep the peace. This is causing serious concern for the Ciudad Juarez public who claim that the military presence is only going to inflate the gang violence and then they will not only be fighting each other but also the Mexican army. With the city of Ciudad Juarez sitting right across the border from El Paso, Texas, the Mexican city is fought over by rival gangs for trafficking control. Approximately 70% of all foreign drugs entering the U.S. come across the border with Mexico. The Mexican drug market is estimated to gross \$30 billion annually.

The call to the United States for help came from President Calderon while he visited Ciudad Juarez on March 14. He claims that the American demand for marijuana, methamphetamine, and cocaine fuels the violence and makes this violence as much a U.S. problem as it is a Mexican one. He expects Washington to do more to limit drug trafficking across the border. Many Americans disagree with President Calderon on this issue, saying that Mexican violence is not an American problem. But Mexican drug gangs run into the southern United States, which is steadily increasing gang-related violence in the U.S.

Texas governor Rick Perry says, "With the safety of Texans on the line, we can't afford to wait." Police presence has increased greatly in the past weeks along the Texas-Mexican border to hopefully answer the call of President Calderon for help in limiting the drug trafficking across the Mexican border.

PLUTO IS RED



Courtesy of msnbc.msn.com

Rachel Lundberg
Editor-in-Chief

Photos taken by the Hubble Space Telescope in 2002 and 2003, only recently released, show that the lovely ex-planet Pluto has taken on a significant reddish hue since the last maps were made 16 years ago. Marc Buie of the Southwest Research Institute, the astronomer who took the pictures, spoke with the Associated Press. He attributes the reddening of the dwarf planet to hydrogen being stripped from the surface by solar winds, exposing the red carbon-rich areas beneath.

In addition to the overall color change, the northern hemisphere has brightened while the southern has darkened. Astronomers speculate that this could be the result of a general southward movement of surface materials. Other theories cite the vast difference in the length of seasons on Pluto from north to south, caused by its dramatically tilted axis. In some regions, seasons last up to 120 years, providing a possible explanation for the differences in hemispheres, but making these dramatic changes all the more surprising.

Experts do not have an answer for how the appearance of Pluto--now 20-30 percent more red than before--changed so quickly, in the short time between 1994 and 2002. Buie was so surprised when he first saw the results eight years ago, he thought it must be a mistake. Pluto's moon, Charon, however, did not appear any redder, ruling out the possibility of problems with the Hubble. The confirmation of these results is what caused the delay in release to the public, according to *Discover Magazine*.

Further study of the phenomenon is made difficult by the size of Pluto's orbit, one that requires 248 years to follow around the sun. Pluto has not been at its farthest point from the sun since 1870, long before its discovery, so conditions during this period are unknown. In fact, some current aspects of the dwarf planet, such as the temperature of the dark spots on its surface, are a topic of debate among astronomers.

Though no longer part of the planetary clique, Pluto continues to draw the attention of the science world. All is likely to remain speculation until more detailed photos become available for study when New Horizons reaches Pluto's orbit in 2015. In the meantime, we'll have to content ourselves with jokes about the little rock that just couldn't measure up.

PSYCHOLOGICAL ASSOCIATES OF PADUCAH

- Complete Evaluations
- Forensic Evaluations
- Individual & Group Therapy

- Specialists in All Ages
- Marriage & Family Therapy
- Sexual Offender Treatment

Serving The Purchase Area Since 1983
Call For Appointment • Evenings Available

Julie Kraus Hideg, Psy.D.
Wynn Lancaster-Brown, M.S.

442-8785

www.psychassoc.net 2204 Kentucky Ave., Paducah

SLOAN APPRAISAL & REALTY SERVICES

2218 Kentucky Ave.
Paducah, KY 42003
(270)442-6379

"Sloan Appraisal & Realty Services, A Proud Sponsor Of Lone Oak High School."

russellsloan@bellsouth.net



Paducah Housing Services, Inc.
Phyllis A. Maclin
2330 Ohio Street
Paducah, KY 42003

The Paducah Housing Services Corporation was organized to buy, sell, renovate, and lease property for families in Paducah and McCracken. We specialize in buying, renovating and selling houses for \$65-\$85 thousand. We also have a homeowner's down payment assistance program to help families qualify for new mortgages. For more information on our of housing programs and services, contact Phyllis Maclin, Vice President, at 270-450-4221.



2314 Lone Oak Road
Paducah, KY 42003
554-8682

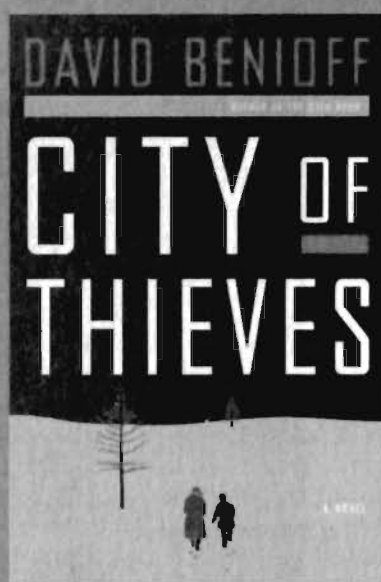
it's better
in our backyard

BROMANCE AND
BOLSHEVISMRachel Lundberg
Editor-in-Chief

David Benioff, author of the critically acclaimed novel *The 25th Hour*, published his second novel, *City of Thieves*, in 2008. *City of Thieves* takes place during the Siege of Leningrad in WWII, one of the longest and most destructive sieges in history. Kolya, a soldier in the Red Army, and Lev, a seventeen-year-old civilian, meet in the Crosses, a Leningrad prison, after Kolya was arrested for desertion and Lev for looting. Miraculously, the two are promised freedom, on the condition that they find a dozen eggs, a near fantasy in the starving nation, for the colonel's daughter's wedding cake in one week.

Of course, Lev and Kolya make quite an unlikely pair. The cautious, pessimistic Lev and the idealistic, overconfident Kolya aren't the worst team imaginable, but there's more than

enough friction to keep it interesting. As the narrator, Lev serves as a sort of voice of reason, whether Kolya is describing his love life or getting the two into trouble with his tendency to take things too far. Considering that the development of their friendship is the central focus of the story, their actual feelings for each other are somewhat downplayed. This isn't a bad thing, though--arguments over chess and literature provide a dynamic between the two in a way that develops throughout the book, rather than just being stated. If there are any other suckers for protagonist pairs out there, the *City of Thieves* duo is a good rendition of the classic theme.

Courtesy of www.smartbooks.com

You'd be hard-pressed to find another English language novel about the Siege of Leningrad, so for most readers this is a new experience in WWII fiction. There aren't many outright historical references in the novel, but the history is still there, and it is an important part of the story. Lev and Kolya face the threats of poverty, starvation, and violence, as well as the German invaders--difficulties that plagued the entire Russian nation during the war and especially during the 872-day siege. Without dates or statistics, without even highlighting the extremes of the effects of the siege on the people of Leningrad, *City of Thieves* draws the reader into its own time and place and uses the backdrop of war to draw all of its elements together.

City of Thieves is not a history book, nor is it some sort of deep commentary on war and suffering. Really, it's just a story about a couple of guys trying to survive long enough to find a dozen eggs. There's no profound metaphor underlying everything, and there's no huge revelation waiting at the end. But it's a good story with believable, endearing characters, a decent plot, and enough humor and drama along the way to warrant a read or two. This is a novel written for its own sake, and it's entirely worth it.

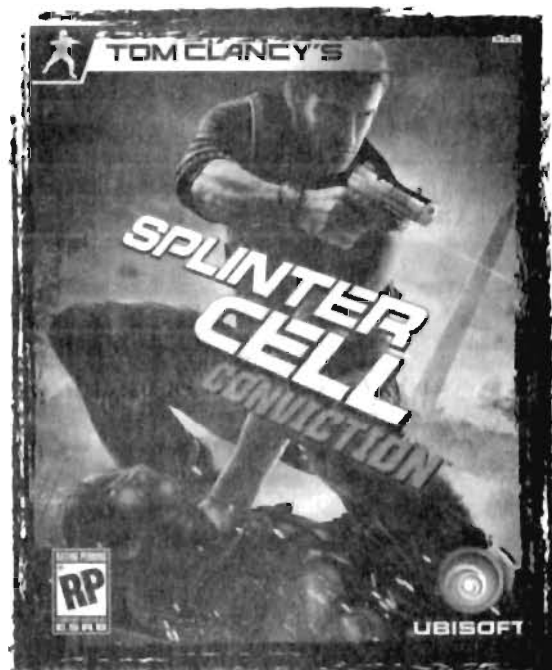
Paddy's Lament

Ryan Steele
Staff Writer

In honor of St. Patrick's Day, Flogging Molly, a cherished band among the global Irish population, has released a new live album entitled *Live at the Greek Theatre*. Consisting of two all-live CDs and an exclusive in-concert DVD, which includes every music video the band has ever released, this collection has plenty of Flogging Molly for any fan of the band and then some. Both CDs are filled with old favorites such as "What's Left of the Flag," "Drunken Lullabies," and "If I Ever Leave This World Alive" from their album entitled *Drunken Lullabies*. The set also features tracks from their more recent albums such as *Whiskey on a Sunday* and *Float*. *Live at the Greek Theatre* carries over 90 minutes of entirely live music, not including the dialogue in between songs. While staying true to the music, their personality, and the closeness to their fans that got them where they are, Flogging Molly's *Live at Greek Theater* keeps their tradition going by giving the listeners not only music to be heard but laughter to be shared with the band and crowd. Flogging Molly leaves all who listen a heartwarming, exhilarating, and all around good experience for anyone whether a long time fan or a recent listener.

FLOGGING MOLLY

LIVE AT THE GREEK THEATRE

Courtesy of www.theywillrockyou.comCourtesy of www.examiner.com

Surviving A Conspiracy

Spenser Price
Illustrator

Tom Clancy's *Splinter Cell* franchise has progressed quite successfully over the last decade. Game developers at *Ubisoft Montreal* have taken the lead character, Sam Fisher, a *Splinter Cell* operative for the Third Echelon branch, to explosive new lengths to shake up the story and create an exciting and innovative gameplay.

Splinter Cell: Conviction is the fifth installment of Fisher's story scheduled to release on April 13, 2010. Taking place approximately two years after the conclusion of *Splinter Cell: Double Agent*, *Conviction* launches Fisher's investigation to determine the plot behind his daughter's death. Along the way, however, he encounters a twist that reveals a more critical conspiracy that is festering within Third Echelon. Upon discovering that Third Echelon is bending to the will of bureaucrats and that his daughter's death was not an accident, Fisher becomes a rogue agent, brutally taking matters into his own hands.

Gameplay experienced from the *Splinter Cell* series has always been a unique and iconic addition to stealth gaming. For *Conviction*, developers have added novel action and

interactive capability. The "Mark and Execute" option shows promise for fluent and fast-paced activity. This gives gamers the ability to observe and plan a route while prioritizing specific enemies and eliminating them with flawless precision and swiftness, which would be quiet handy if Fisher needed to proceed quickly. "Last Known Position" is another innovation that signals to the gamer where Fisher was last seen by projecting a holographic image of his detected location. Gamers will also observe informational clips that project across the nearby scenery, quickening the pace and making the maps more interactive.

Ubisoft developers have also dedicated some genuine effort to the multiplayer gameplay. As American Agent Archer of Third Echelon and Russian Agent Kestrel of Echelon's counterpart Voron, two gamers can experience the prequel to *Conviction* and venture through four maps and get more out of the story. Multiplayer also includes corresponding actions that one gamer and his partner can perform to take down multiple enemies at once.

Splinter Cell: Conviction will hopefully be a captivating action stealth game. Its preceding games maintained similar ideas and concepts, but *Conviction* is making some profound revisions to the franchise. Throughout the story, the audience will witness Fisher's systematic nature on a compelling new level that shows no remorse or regret, but instead a man without mercy who will stop at nothing to fulfill his personal convictions.

Gene Boaz
PHOTOGRAPHY
270.554.2642
www.geneboaz.net

Greg Goodman, D.M.D.
White & White
FAMILY DENTISTRY
P.S.C.
• COSMETIC DENTISTRY
• IMPLANTS
• EMERGENCIES WELCOME
• CALL TODAY
Phone (270) 554-1904 • Fax (270) 554-1905
150 North Friendship Road • Paducah, KY 42001
www.whitesmiles.net

Enjoyable bicycling since 1967
BIKEWORLD
BIKES & FITNESS
Mon - Fri: 10 am - 8:00 pm; Sat: 10 am - 4:30 pm
809 Joe Clifton Dr, Paducah, KY 42001
www.bikeworldky.com

Hope
Unlimited
...we're here for you
1101 JEFFERSON, PADUCAH, KY.
270-442-1166
805 MARKET, METROPOLIS, IL.
618-524-5730
FREE PREGNANCY TEST
MEN'S AND WOMEN'S MENTORING
LIFE SKILLS CLASSES
MEDICAL CLINIC
ULTRASOUND
ALL SERVICES ARE COMPLETELY
CONFIDENTIAL

Leeper
Chiropractic
Center
DR. ROBERT J. LEEPER
DR. JACLYN E. LEEPER
DR. GREGORY T. WALSH
(270) 554-9637
229 S. FRIENDSHIP ROAD
PADUCAH, KY 42003

Sylvan
Learning
Success in school, and in life.
If you're college-bound, Sylvan can help prepare you. Sylvan offers programs to help students meet the academic demands of college, including advanced reading, math, writing and even SAT®/ACT® prep.
• Individual programs can give college entrance exam scores a boost.
• A highly personalized approach builds stronger skills, solid work habits and improved attitudes.
• It's a proven approach that inspires academic success.
CALL NOW!
ACT Prep & Advanced Reading
Starting April 12th - Lasts Three Weeks
270-554-4111
2865 Lone Oak Road
Paducah, KY 42003
SylvanLearning.com
Advanced Reading, High School Math, Writing, Homework, Study Skills, College Prep and More!

Alice Lands a Wonderful Review

Charis Gurrola
Entertainment Editor

The macabre trio, Tim Burton, Helena Bonham Carter, and Jonny Depp, are back, bringing you to another fantastic world of carnival makeup and larger than life characters. Only this time it's 3-D. Riding on the coattails of *Avatar*, Disney and Tim Burton have breathed Lewis Carroll's *Wonderland* into a new dimension.

Alice in Wonderland is not what you remember from the Disney cartoon classic. It takes place after the original two stories. While some purists will be livid over something like this, I think this is a brilliant move. We know what happened to Alice originally. We all know about the original tea with the Mad Hatter and March

Hare and we all know what our friend is quoting when she says, "Off with her head!" But we don't know what happens to Alice. This gives us a look at Alice at age 19, questioning her sanity and what has happened to Wonderland. Additionally, this installment of the story allows Burton's creativity a long leash.

While I've grown tired of Hollywood's 3D fad used along with whimsical costuming, makeup, and animation, it complements *Wonderland* completely. The scenery is beautiful and draws you in as it pops out at you. It's not about the gimmick but capturing *Wonderland*. The cinematography reminded me of old black and white films where the filming was an art instead of just captured footage used to tell the story.

This movie was everything I was hoping it would be. Carter and Depp lived up to their high standards of acting, bringing a childlike mentality to the Red Queen and an endearing understanding of Alice to the Hatter. The visuals were incredible; Tweedledee and Tweedledum were adorable. I loved how the Cheshire Cat rolled lazily in the air and I now want a Bandersnash. All-in-all I think it was a frabjous movie worth the extra 3 bucks to see in 3-D.



Photo courtesy of www.comicmix.com

80's Skate Night

Rachel Sloan
Assistant Business Manager



Photo courtesy of Teresa Wallace

Despite the fact that I left with a bruised knee and the embarrassment of skating badly next to the roller derby team, 80's Skate Night at Kingsway Skateland was more fun than I had even anticipated. For two hours on March 3rd, the Radioactive City Roller Girls held a fundraiser that involved 80's costumes, a lot of Michael Jackson music, and, of course, skating. The night included over an hour of skating, games including spotlight and four corners, and a best 80's costume competition. The roller derby girls zigged and zagged through the huge crowd on the rink while I struggled to remain standing. "I had an awesome time donning my skates and hitting the rink to the sounds of my high school days," Teresa Wallace explained. "The best part of the night? I didn't break anything!"

The Atomics and The Black-N-Bluegrass Roller Girls will be competing on Saturday, April 10th at the Paducah Sportsplex. Good luck to both teams!

THE PURPLE FLASH: The Thunder That Follows



PROM 2010 Jerry's Mr. Penguin



Become a fan on
facebook.
**Jerry's
Mr. Penguin
Tuxedo Den**



Bring in This
ad to Receive
**\$25 TUX
BUCKS**
on your
Designer Tuxedo Rental
View additional styles @
www.jerrystuxedoden.com

When Only the Best Will Do...

"The owner was incredibly helpful and I intend to go back."
- Clayton Isenberg

"They're fantastic and amazingly soft!"
- Lee Dapp

"The employees were helpful and friendly."
- Roberto Arreaza

RIBALD ROBERTO

Cody Waggoner
Sports Editor

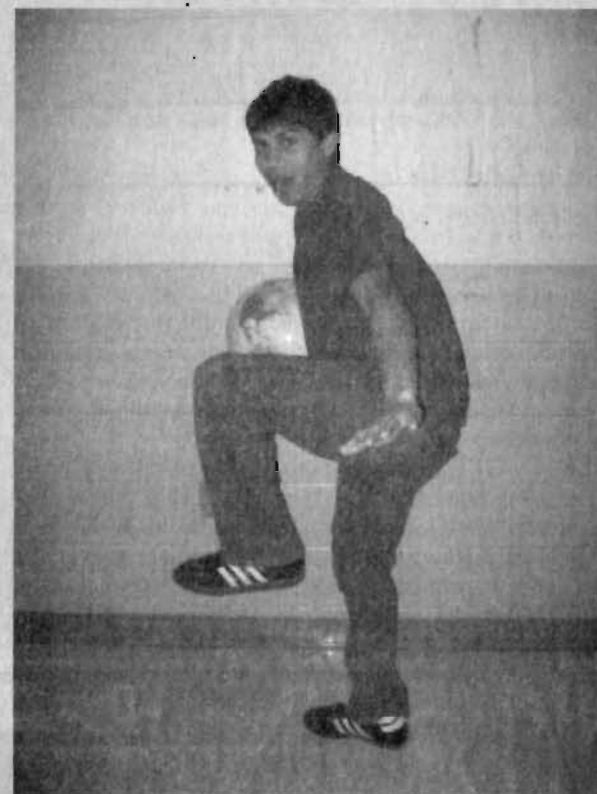
What can one say about the March Junior Rotarian, Roberto Arreaza, that has not already been said? Moving from one conquest to the next his entire life, Roberto is a conqueror. Mr. Arreaza moved to the States in 1st grade knowing no English, the next year he was 2nd in his grade for Accelerated Reader points, and in 3rd grade he was Accelerated Reader champion. Since then he has continued to develop his academics and widen his array of achievements.






Roberto is active in his school in a multitude of ways. Roberto is the perfect student, a supportive classmate, and an accomplished student athlete. Roberto has managed to maintain a 4.0 GPA while taking a array of challenging classes. Unlike most people who take AP classes, Roberto has had the outstanding achievement of passing every AP exam he has taken on his road to becoming an AP Scholar with Distinction. As a student athlete, Roberto has been a member of the Lone Oak Track, Baseball, and Soccer Teams. More than a soccer player, he was also elected as one of the varsity team's captains by his teammates and an All-Region Team member by region coaches.

Despite Roberto's busy schedule, he manages to make time between studying and practice to support his fellow classmates at other school events. He can be seen yelling from the stands at both the basketball and football games. Easily recognizable by his purple and gold Dr. Seuss hat, golden cape, and the occasional multicolored body paint.

So most of you know the school related Roberto, but many of you may be asking, "Who is the real Roberto Arreaza?" When asked about what drives him, he replied, "I don't see why you would ever do something if you aren't going to try to be the best at it." His dream job is anything he enjoys with people he likes, and finding those people shouldn't be too difficult as everyone likes Roberto. **Lee Dapp (12)**, when asked his thoughts on Roberto, replied, "I love Roberto," with a sparkle in his eyes similar to that of a teenage girl in the presence of Twilight actor Robert Pattinson.

Roberto Arreaza is a model student and a testament to what hard work and never settling for anything less than the best can achieve you. His intelligence and magnetism make him a sure bet for a successful future.



	Cody Dalton (9)	Bobby Kaltenbach (10)	Anthony Caturano (11)	Chris Wadlington (12)	Mr. Neel
Free Association					
Sanjana Pampati Asst. Editor					
Patrick	starfish	Star	Henry	my goober little brother	Kennedy
the 19th amendment	paper	women's suffrage!!	that's the best amendment	alcohol?	I have no idea and I don't care
Ireland	green guy	drunk	Iron	me	green
Humphrey Bogart	nothing	Casablanca	piano	5 foot, 4 inches	Here's looking at you kid

MYSTERY STARS

Sanjana Pampati
Asst. Editor

This senior is sure to make you laugh! She can speak Spanish fluently and her favorite band is Sublime. You can find her blasting music in her car and working at Parker's. She requested that I also mention that her favorite cheerleader is Taylor Moore!

This junior is a great golf player and plays on our school's golf team. She loves the color yellow, the show Tool Academy, the band Cute is What We Aim For, and fried chicken! She claims to hate absolutely nothing.

You can find this sophomore in the possession of Spiderman and princess stickers with her at all times! She's involved with Market House Theater's many productions and never wears plain socks. SHE absolutely HaTeS it when PPL TyPe lyk thiiss. Did I mention that she's also smart?

This freshman has striking curly red hair! She often wears teal colored clothing and loves to read. She loves to act and sing. She was part of the Market House Theater's production of *High School Musical*. Her favorite band is Jack's Mannequin. Also, her favorite food is pickles and she hates spiders.

The answers can be found on page 2.

DOUBLE TAKES!



Chelsey Brantley (11)



Amy Adams



Mrs. Sprunger



Penelope Cruz



Jordan's Market
'Unique' 'Eclectic' 'Upscale'

Rebecca Canestrini
Manager

Jordan's Crossing
451 Jordan Dr., Suite B
Paducah, KY 42001

(270) 408-1286
jordansmarket@gmail.com

Market Hours

Monday - Thursday ~ 10 am to 7 pm

Friday & Saturday ~ 10 am to 8 pm

Sunday ~ Noon to 6 pm

TOURNAMENT TIME

Kelsey Smith
News Editor

This year's SEC men's basketball tournament was held in Nashville, Tennessee over a span of four days, from March 11th to March 14th.

In the first round, Tennessee predictably knocked off LSU, Georgia beat Arkansas 77 to 64 and both Alabama and Florida pulled off big wins, as the Crimson Tide came back from 18 down to stun South Carolina and the Gators snapped a three-game losing streak against Auburn.

Moving onto the quarterfinals, the winners from the first round were paired with the one and two seeds from the East and West regions. No surprises occurred here:

Kentucky defeated Alabama, Tennessee advanced over Ole Miss, Mississippi State beat Florida and Vanderbilt dominated Georgia.

Second-ranked Kentucky and thirteenth-ranked Tennessee were the first to play in the semis on the 13th. The game was expected to be close, and although the game was within reach for Tennessee after the first half, Kentucky pulled away in the second and won by a margin of 29, 74 to 45. Just after the UK and Tennessee players left the court, Vanderbilt and Mississippi State took the floor. This game was closer, but Mississippi held Vanderbilt to 52 points and scored 62 of their own to move onto the championship game.

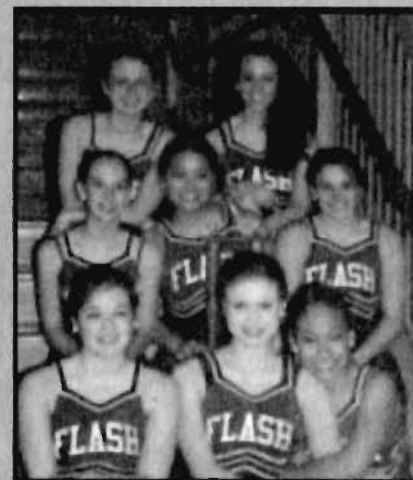
The championship game took place in a stadium filled with blue. Kentucky was expected to make it this far; Mississippi State was not. The Bulldogs had to win this game to secure a spot in the postseason. They played hard. At halftime, Kentucky trailed by four and Mississippi State had managed to shut down the SEC

Freshman of the Year, DeMarcus Cousins. The game remained close throughout the second half and with less than five seconds to go, Kentucky was down by three. It looked like Mississippi State would pull off an upset when Kentucky guard Eric Bledsoe was fouled and sent to the line. In order to force overtime, Bledsoe would have to make the first free throw, purposely miss the second, grab the rebound, and put the ball back in. Call it a miracle, the first free throw was made, the second was missed, and with 0.1 seconds left in regulation, Cousins scored. Over was a continuation of the see-saw match, but with an acrobatic three by John Wall and a clutch free throw by Cousins, Kentucky stretched the lead to four with 5.3 on the game clock. Facing a two possession deficit, the Bulldogs simply ran out of time. Kentucky won, 75-74, and along with fellow SEC teams Tennessee, Vanderbilt, and Florida, will play for a bigger prize in the NCAA Tournament.

Dance Team

Kylie Tillett
Sports Editor

The dance team made up of seniors Megan Sin, Michelle Bloom, and Katelyn Ramey, juniors Katy Miller and Haley Kauffman, and freshmen Alyssa Durbin, Lexie Carper, and Ashleigh Heath recently competed in the Kentucky Dance Coaches Organization state competition. The girls received first runner-up for the lyrical dance performed to the song "Nicest Things" by Kate Nash. The team has performed this dance along with their jazz routine at football and basketball pep rallies, as well as numerous basketball and football games. They also received fourth runner-up for their jazz number to "Starstruck" by 3OH!3. A source near the dance team disclosed, "Mrs. Durbin said that seven years ago, when the dance team was created, it didn't have what it takes to be a state competitor." Today, the dance team still performs at games and pep rallies, but their program has become state competition worthy. These young ladies are talented, dedicated, and have a bright future ahead for them.



Spring Sports Preview

Cody Waggoner
Sports Editor

It's spring time now which means new sports are starting. This year's spring sports seem promising as the track, baseball, softball, and tennis teams are starting up.

This year's track team is led by new head coach and current science teacher at Lone Oak High School, Warren Van Wyke. Van Wyke inherits a talented track team with a multitude of potential. Combined with the new coach, senior leaders like **Stephen Miller, Scott Hall, Lexi Gurrola, and Kelsey Greene** have and will continue push everyone to their potential. With all this potential, the Flash expect to win districts, as usual, and hopefully make a good showing at regionals and state. Lexi Gurrola thinks, "With a new coach, it's a new team and we have the chance to do big things this year."

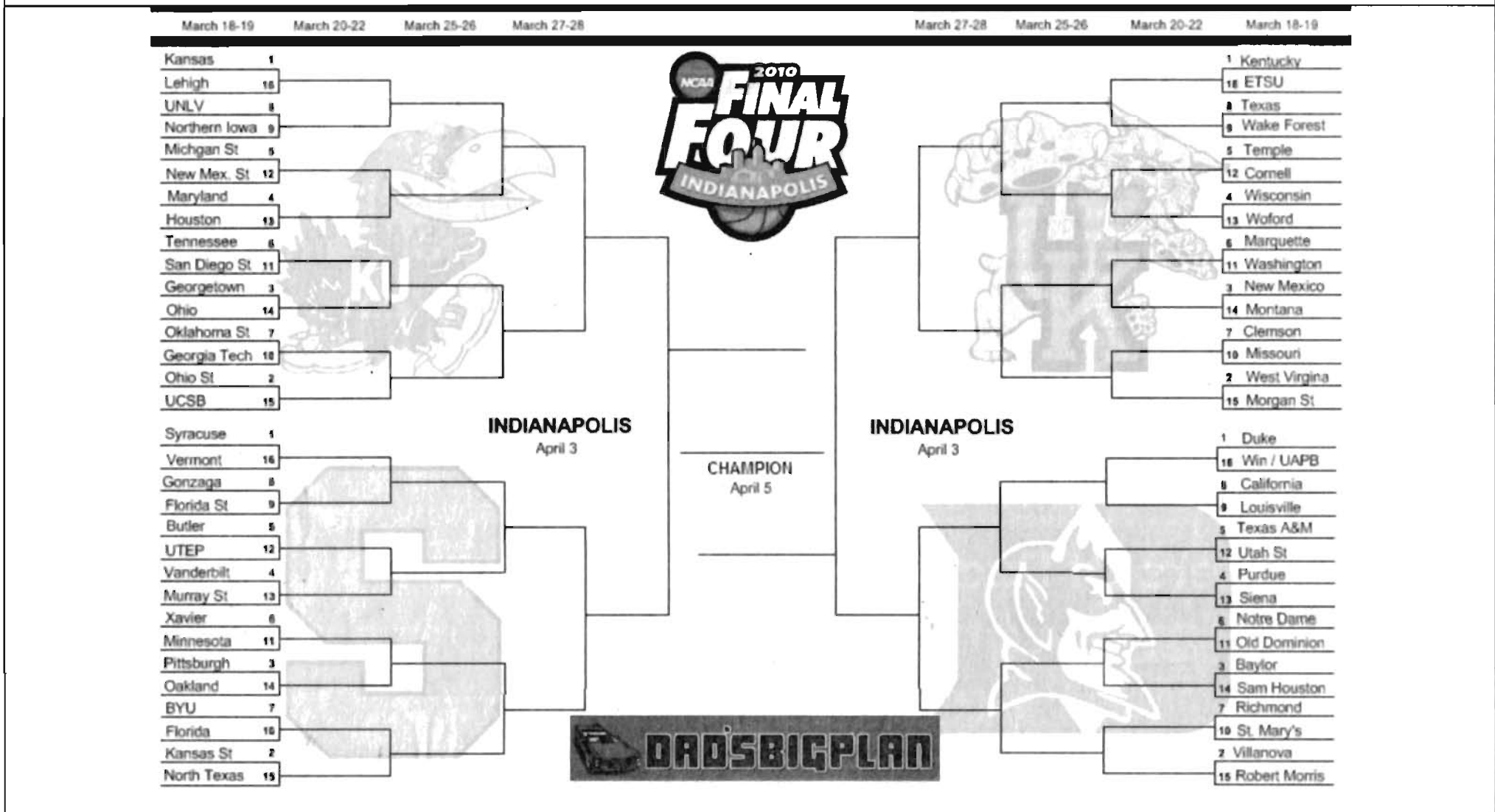
Coach Miller's Lone Oak baseball team will be very competitive this year despite only returning a few starters. The team will be helped out by young talent like freshmen, **Sam Goode, Seth English, and Lucas Englert**. Their biggest hurdle in the region will be defeating Graves County as they were runner-up last year and have 7 out of 9 starters coming back. Despite what outsiders see, the team knows they can defeat anyone and their approach for the season is summed up by Senior Tyler "TK" Kemper, "Decide what you want, decide what you're willing to exchange for it, establish your priorities, and go to work."

The Lone Oak Tennis team is back to work this season with their rigorous training schedule, practice every day after school and tournaments on the weekends. The girls plan to try to repeat this year and add another state title. The girls top 6 players this year include returning **Katie Hagan, Dakota Durrett, and Katie Yates** with the other top players being **Haley Dallas, Michelle McKamey, and Rachel Lundberg**.

Senior Katie Yates says, "We're working hard to give coach Larry Heflin his 11th state title."

The guys try to build on their fourth place state finish from last year returning 3 of their top 6 players. Returning top 6 players **Lee Dapp, Andrew Croft, and Bobby Kaltenbach** combine with **Corey Adams, Daniel Hardesty, and Matt Townsend** and intend to share the spotlight of a state title with the girls' team. Senior **Lee Dapp** says the tennis team attitude is summed up by one word, "Yougottawanna."

Despite being in the district with the softball powerhouses of Reidland and Heath high schools, the Lone Oak Lady Flash Softball team feels confident in their team this season. Although there are no seniors on the team, assistant coach Allyson Scheer says of the team, "We don't have any seniors, but we have a really strong junior class that can hopefully lead us past Heath and Reidland." This season is filled with promise and hope as Coach Sheer thinks it is time that Heath and Reidland get knocked off their pedestals.



Lone Oak PHARMACY and COMPOUNDING SHOPPE

Pharmacist
Michelle Lowe
Certified Diabetes Educator

3535 Lone Oak Rd.
Ph.: (270) 554-7944
Fax: (270) 554-4006
Toll Free: (877) 554-7944

Waggoner Clothing, Inc.
3335 Park Avenue Paducah, KY 42001
270-443-1280

The place for carhartt

Parkers Drive In 50's Diner
2921 Lone Oak Road
554-7602

Boots & Blues
611 S MAIN STREET (HWY 95), CALVERT CITY, KY 42029
270-395-0075

\$15.00 OFF BOOTS

carhartt **WORX**

Expires 4/32/10 - Can not be combined with other discounts

Century 21 SERVICE REALTY, INC.

Toni Stricklin, GRI REALTOR

3225 Coleman Road
Paducah, Kentucky 42001
Cell 270.210.1252
Business 270.442.2100
Business 800.356.9192
E-Mail toni@c21service.com
Web Site www.talkwithtoni.com

Each office is independently owned and operated



Making **Life**
Easier To Live

Conditions Treated

- Low Back Pain
- Neck Pain
- Headaches
- Neuropathies
- Myofacial Pain
- Cancer Pain
- Other Conditions

thepainmd.com

Pain Management

Centers Of Paducah and Marion



Laxmaiah
Manchikanti, MD



Yogesh B.
Malla, MD



Bradley W.
Wargo, DO

Paducah Center: 2831 Lone Oak Road, Paducah, KY. 270-554-8373

Marion Center: 108 Airway Drive, Marion, IL. 618-997-7820

MEETING THE HEALTH NEEDS OF PATIENTS WITHOUT REGARD
TO RACE, COLOR, RELIGION, SEX, AGE, OR NATIONAL ORIGIN