



A look inside the Oak 'K'

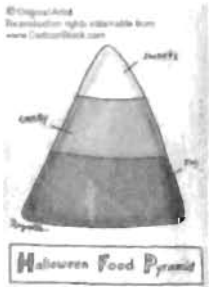
PROFANE IN THE MEMBRANE Pg. 2



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Toxic Tea

Jordan Price
Editor-in-Chief

Last month Alexander McGuiggan, a 20 year old student at the University of Colorado, unexpectedly died after drinking a glass of tea. The fatal ingredient: poppy pods. He is thought to have put the pods in his tea to try to achieve a "high" being unaware of the extreme dangers of the plant. McGuiggan and his friends were said to have steeped the pods or poppy straw of the poppy plant which unlike poppy seeds have high amounts of opiates. Unfortunately this mistake cost McGuiggan his life.

Mature poppy pods, which are available legally over the internet, contain a latex or sap which is 10% morphine that can be extracted and dried to produce Opium. The pods can be steeped or dried to release the opiate. Usually harvested to be used medicinally as one of the most powerful painkillers (if used in safe dosages), poppy pods can also be used excessively and lead to serious health issues. If used excessively or in dosages higher than the physician recommended amount, the drug can suppress the respiratory control center of the brain stem and ultimately cause death.

Opium has what is referred to as a narrow therapeutic index which means that the range between its medicinal effects and its toxic effects is very small. Drinking or eating the pods have a very different effect than smoking them. The "high" is delayed when ingesting the drug so a person can very easily overdose. This delay is extremely dangerous because a person can not feel the immediate effects of the drug so they may be tempted to take more, not being able to accurately judge when they have had too much. When smoking the pods, the "high" is immediate so a person can judge better when they have had too much and at worst lose consciousness briefly.

Poppy seeds actually do not have any naturally occurring opium so the famous muffins are safe for now, but the seeds can show traces of the drug due to harvesting and processing. Even the slightest traces of opium on the seeds can be detected as morphine.

A common misconception is that because opium is extracted from a plant, it must be a natural and herbal sedative. Many people think that this makes it O.K. to smoke or ingest. The truth is that the even plant based drugs can have very toxic effects that can even be more dangerous than processed drugs.

Alexander McGuiggan lost his life to an elusive drug that he thought would give him a natural and safe high. Unfortunately, the effects of opiates are often misunderstood which makes them even more dangerous.



New Assistant Principal

Sanjana Pampati
Asst. Editor

Mrs. Melanie Jarvis was recently chosen as the full-time assistant principal. With all the new students, teachers, classes, and programs, the Board decided LOHS needed one more assistant principal. Interviews were held on October 7. The new assistant principal will serve as Building Assessment Coordinator, ease the workload in the guidance office, and work directly with the new teachers. Mrs. Jarvis is also responsible for developing a comprehensive school improvement plan, holding department meetings, counseling students, managing KTIP (Kentucky Teacher Internship Program), and supervising. As a full-time assistant principal, Mrs. Jarvis will no longer be in charge of instructional coach meetings. Mrs. Jarvis will be even busier, if that is possible, once testing starts. She says she likes her new office but once testing starts it will become "completely cramped."

Interviews were held for the position that Mrs. Jarvis vacated. Mr. John Reed was selected to fill the position by a committee that included Mr. Harper and Dr. Vick, Assistant Superintendent. Mr. Reed was the assistant principal from Hendron Lone Oak Elementary. Mr. Reed has helped with the creation of the curriculum guide for Mayfield High School and Jessamine High School. His position at LOHS will include conducting instructional coach meetings with the faculty. He will work with the teachers to plan classroom activities, develop teaching strategies, and conduct book studies. He will also be responsible for new teacher meetings every month. Mr. Reed will advocate positive school-wide discipline advocated by KYCID (Kentucky Center for Instructional Discipline). Mr. Reed and Mrs. Goodman plan to help teachers implement technology in meaningful ways in their classrooms.



Windy City Woes

Ruth Wooten
Business Manager

Chicago, Illinois was one among four cities being considered to host the 2016 Olympic Games. Selected to be a candidate on June 4, 2008, Chicago's hopes were dashed on October 2, 2009 when it was announced that the games will be held at Rio de Janeiro. The 2016 games will be the first Olympics held in South America.

Chicago mayor Richard Daley, Michelle Obama, and the President himself traveled to Copenhagen, Denmark to support the candidate city, their city, Chicago. They each spoke during an approximately fifty minute presentation for the Windy City that consisted of videos evoking emotions of unity, but still preserving the identity and culture of the city and included testimonies by athletes and politicians, and members of the American Olympic committee.

Despite the support of President Obama, who flew in specifically to address the I.O.C. voters, Chicago finished last, out of the running in the first round of voting, with 18 of a total 94 votes. Tokyo received 22, with Rio getting 26 and Madrid 28. In each round, until one city gains a majority, the low vote-getter is eliminated. After Chicago was tossed aside, nearly all of its votes went straight to Rio in the second round. In the third, after Tokyo was eliminated, Rio won handily, 66-32.

The chance to bring the Olympics to a continent that had never hosted the Games worked in Rio's favor. During its presentation, the bid team showed a graphic of the world and marked all the places that have held an Olympics. South America was glaringly bare.

Obamacation

Kelsey Smith
News Editor

Another area in which President Barack Obama has faced heavy scrutiny is federal education reform. As US students continue to lag behind their international counterparts (among the 30 nations to which the Program for International Student Assessment was administered in 2006, the US ranked 24th in math and 17th in science), revamping American schools has become a more immediate issue. The biggest questions, though, are: What? And how?

Since his inauguration into the White House, Obama has initiated a program called "Race to the Top" which has allocated \$4.35 billion in aid to schools over the next two years. But in order to be eligible for these funds, school districts must first ease restrictions on charter schools, link teacher pay to student performance, and adopt national academic standards. While the latter has received little attention, charter school expansion and merit-based pay have long met resistance among teacher unions. Many believe charter schools (which are publicly funded) drain talent from county and city schools, and a major problem with incentive pay is criteria determination. Do test scores provide fair judgements? And what are other legitimate indicators of teacher performance? Despite these arguments, President Obama maintains that charter schools are crucial places of student innovation and that tying teacher pay to student performance has and will continue to make a difference in the classroom.

Another proposition that has caused considerable controversy- especially among students- is lengthening the school day or year. Currently, US students spend more hours in school than students in countries that have traditionally outscored them (an average of 1,146 instructional hours compared to anywhere from 900-1,050 hours) but spend a lower number of days in school (175-180 vs. 190-201). Many nations also have class schedules that bear closer resemblance to those of American college students. Some schools have already added optional hours to the end of the school day for work in core subjects. And most charter schools have a longer school day, along with Saturday school roughly once a month and a three week summer program. Obama believes these extra hours will only help students, but opponents feel students already spend too much time in school and are overwhelmed with extracurricular activities.

Along with the "Race to the Top" program and possible changes to the school calendar, the administration also plans to increase investment in early education programs like Head Start, expand federal grants to make higher education more affordable and reduce high school dropout rates.

Citizens and government officials alike recognize the need for reform. To make America a viable nation in the future, both groups will have to work together to bring about change that is not only agreeable, but most importantly, effective.

NOT IN VEIN

Charis Gurrola
Entertainment Editor

On October 20th, Lone Oak students were allowed to leave class to give the gift of life at Lone Oak High School's traditional blood drive. Over ninety students signed up and sixty-nine showed up. The goal was to gain fifty-one good units of blood. Congrats Lone Oak! We exceeded our goal with fifty-five!

Participants showed picture identification and then after going through rules and a medical history, they were qualified to give blood.

Participants gave at least one pint of blood. If a student was O positive or A negative blood type, then they'd be asked to double the amount. In this case, double the amount of red blood cells would be taken and plasma would be replaced. Because these two blood types are rare, it's important that more is taken. Three participants gave double the amount.

Maddison Mundy (12) knows blood donation is important because her parent, "saved three lives!" Lone Oak's fifty-five units saved 165 lives.

If you did not participate in the Fall blood drive or did this time and would like to do it again, another blood drive will be held in spring. Students 16 and older can participate, but sixteen year olds must have parent permission.



Together, we can save a life

Kelsey's Kvetch

Kelsey Smith
News Editor

A few weeks ago, I saw a gay-affirming ad--the *only* one I've seen. The Gay, Lesbian and Straight Education Network (GLSEN) has aired a series of public service announcements discouraging the use of the phrase "That's so gay." And as thrilled as I was to see a gay-positive commercial on such a widely watched channel (ESPN), I also thought, "FINALLY." Finally, this issue is being addressed. Not a day, not an hour passes in which I do not hear "That's so gay." Likewise, not a day, not an hour passes in which I *hear* a teacher tell students to "Knock it off." Why aren't teachers reprimanding students for using a homophobic slur? Why aren't parents doing more to eliminate such degrading slang from their children's vocabulary? Do teachers, parents, counselors understand what this phrase implicates? Do students understand what they're saying?

It is not just a word. "Nigger" wasn't just a word in the 60s when African-Americans couldn't eat in the same restaurants as whites; "Jap" wasn't just a word during WWII when Japanese-Americans were forced into internment camps by the US government. Those words encompassed an entire nation's attitude toward an entire race of people. Those attitudes guided law and legislation and demeaned millions for months, years, decades. "That's so gay" embodies the ignorance of this generation. Its popularity and the tolerance of its usage even by people who don't include it in their vocabulary reflects the toleration of prejudice and inequality that exists in society today. And for a nation that claims to be so free, so open, so forward-thinking, this part of its culture shows that it is more than a few steps behind where it thought it was.

2012: Hype or History in the Making?

Seth Helton
Features Editor

The flurry of superstitions and conspiracies involving the year 2012 (and more specifically the 21st of December of that same year) have collected together to become a massive phenomenon and force in pop culture as evidenced by the new blockbuster, *2012* (Columbia Pictures). In the movie, the phenomenon is transformed into a sort of mythological Surreal Life, where all the obscure, washed-up fantasies and conspiracies of yesteryear converge under one roof to make you feel miserable.

The bastions of pseudoscience are generating more fear and unrest about the ominous year, writing new books about Mayan predictions and Nostradamus scribbles at break-neck speeds. Movies such as *Indiana Jones and the Kingdom of the Crystal Skull* push this sort of crop-circle paranoia on the general public, bringing to life on the silver screen the terror warned by ancient Central American doomsday prophecies. Sadly, the chief offender in spreading panic is the History Channel; a network hosting such illuminating programs as *The Universe*, one of the most interesting and accurate science programs on air today. Example: the program shows the discovery of a giant cloud of ethanol, commonly known as beer, floating amidst the stars (unfortunately the cloud also contains cyanide). This same network has weekly airings of programs such as *The Nostradamus Effect* and *2012: The Lost Mayan Prophecies*, rife with enactments of apocalyptic scenarios. Sometimes seeing, even if it is only an crummy acting or CGI, is believing. The History Channel has effectively become The Hysteria Channel, becoming the gossip queen of 2012 rumors. These programs are backed up by the least respectable and reputable members of academia, yet somehow they help push the 2012 steamroller forward.

What exactly is the Mayan calendar prophecy anyway? The Mayans had many calendars, but the one we are interested in is the Long Count Calendar. This calendar has base units of 20 and is read with a starting date of 0.0.0.0.0 (approximately August 11th 3114 BC). The base unit means that each value goes to nineteen before moving up a place. For example: the first day would be 0.0.0.0.01, the nineteenth 0.0.0.0.19, and the 20th day 0.0.0.1.0. Confused yet? The Long Count Calendar is very complex. What we really need to know is that 13.0.0.0.0 is the last day on that calendar. That day, on the Gregorian Calendar, is December 21st, 2012. The Mayans imagined this day as the end of a "Great Cycle," beginning with the creation of the world on day one and ending in 2012.

The issue is, the Mayans never mentioned that the world would end on this day, just that a new cycle would begin. Most calendars, having reached their last day, do not end the world, but simply start over again. No one freaks out on December 31st and claims that the world will end just because their Far Side desk calendar runs out of pages, the days simply continue and start over again on January 1st. That is exactly what will happen in 2012. We will wake up on the 22nd and rush to finish our Christmas shopping. Who knows, they might even have some good deals, seeing as how the world was supposed to end.

Profane in the Membrane

Andrew Harlan
Entertainment Editor

Not so long ago I was watching a youtube video interview of the legendary singer/songwriter Leonard Cohen. During the interview something came up about him using "dirty words" and he responded by saying, "there is no such thing as a dirty word." This made me think, what exactly is profanity? Why are those words considered "profane"? Are not all words equals? So I then began my quest to find the reason that some words have been deemed socially unacceptable and makes the speaker have a potty mouth as my mother would say.

The official definition of the word "profane" is to debase by a wrong, unworthy, or vulgar use. So in essence when a person uses foul language of sorts they reduce the esteem of whatever they are referring to. Now I ask you, are not there times when the greatest of all angers needs to be expressed? Don't we use love, the greatest expression of happiness, on a regular basis? I would have to say that people need to express themselves without limitation and should not have to fear repercussions for their use of self-expression.

Historically, profanity have been taboo words in society; words that suggest sexuality or some sort of racial slurs are among the most common. Now I'm not in the business of offending people based on religion or race. So that sort of talk is not acceptable due to its general rudeness. But even words that were once perceived as acceptable are now naughty words. Even the original King James Bible contains some of these "profane" words. So where did we get off with this idea that some things should no longer be acceptable? If people could speak their minds without limitations we could judge their emotional interest in the subject by their word choice. Profanity often shows an extreme feeling. And honestly, people sometimes do good by taking extremes, but not always of course, and that is where we must learn moderation.

Now even though I fully support the use of many of today's "profane" words, I also know how important it is not to overuse such words. These words contain a lot of power and you cannot just go around using your biggest guns all the time. Sometimes you need calmer words, and sometimes you need the biggest loudest word you can reach for. Though it is your personal discretion to use these words as you please it doesn't show a lot of depth if you can only use certain words.

All in all you should not try to see "foul language" and "socially acceptable language" and just see words. Words all contain power, and you just have to learn to use all of them in a happy balance. Because without balance, everything just gets effed up. Right?

Fouse Is Falling for Fall

Kyle Fouse
Staff Writer

Everybody has a favorite time of the year, whether it be the advent of Spring, the vivacity of Summer, the colors of Autumn, or the calamity of Winter.

Personally, I prefer the Autumn (Fall) for so many reasons.

I'll begin with the most obvious reason; the weather. In the fall, as we all know, the temperature begins to drop to a most pleasant mid-range of anywhere from the 40's to the 70's. In my opinion this weather is perfect because I enjoy the slight chill of the air almost as much as I like wearing long sleeve shirts and jackets.

There is no better weather for sleep than rainy weather in the Fall. The muffled pitter-patter of raindrops on the roof are the perfect white noise to compliment the predisposition to bundle up with blankets and warm clothing when it gets cold.

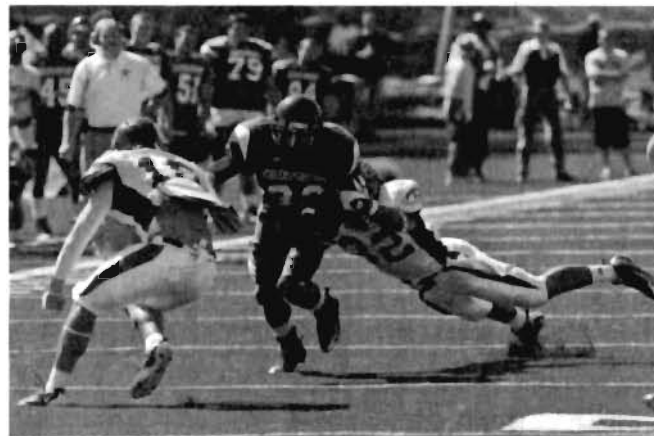
Another not so obvious reason for Fall being my favorite season is the holidays of Halloween and Thanksgiving. Along with Fall break and the other days off that we receive for this time of year, this is the time of the year that people enjoy the most while still being engaged in school (although they won't admit it).

With Halloween, everyone is excited about spending an evening out doing mischievous shenanigans and having costume parties to celebrate the holiday. It's a time of year that people look forward to for extracurricular activities before a relatively laid back second 9 week period.

Thanksgiving is arguably the icing on the cake. This spectacular food and family driven holiday is conveniently timed for students, dividing the quarter into two neat four-week sections.

Sports are an enjoyable part of what I consider the best time of year. Apart from Fall being the perfect time to play soccer (indoor and outdoor), it is also great for spectating other sports such as Football, Basketball, and Volleyball.

With all these pros, and so very few cons (none of which I will name), how could Fall not be everyone's favorite time of the year?



Photos courtesy of google.com

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There will be an non-fiscal remuneration given to anyone providing information about person or persons responsible for absconding with T. Whitley's squeegees if said information leads to recovery of aforementioned water removal units.

COOL CLAYTON

Kylie Tillett
Sports Editor

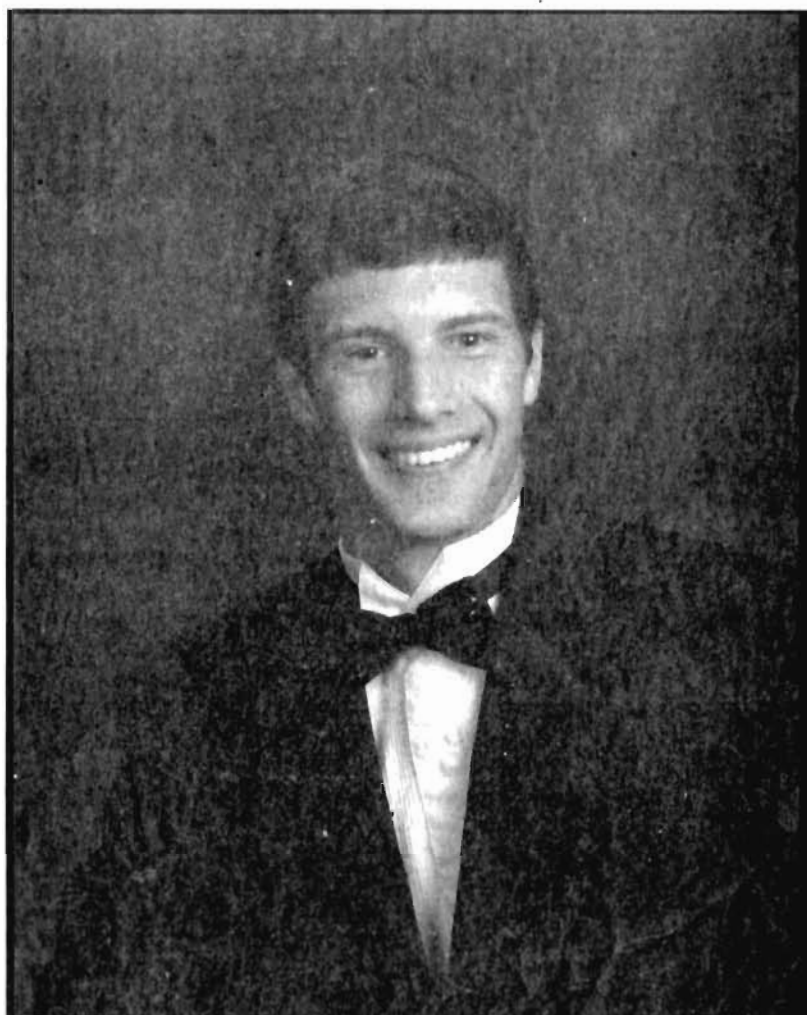
Junior Rotarians are seniors here at LOHS, chosen by the faculty and staff, to represent our school in the community. The Junior Rotarian for the month of October is our own senior class president, Clayton Isenberg. Clayton not only shines on the basketball court and football field, but also in the classroom and among his peers. **Ashlyn Bechtold (11)** adds, "Clayton's work is always an example for classmates, especially in the art room."

Clayton is obviously one of the senior class's most athletic students. He has contributed to the basketball, football, cross country, and track programs. Isenberg has been a solid member of the varsity basketball team for four years, starting two of them. He helped the team to the district finals and the regional tournament his sophomore year. Clayton is also very important on the football field although he just started playing his junior year. Also, he has ran cross country three of his four years- qualifying for state once. In track, he was a member of a relay team that made it all the way to the state tournament. If you ever go see one of these sporting events, you can't miss the determined face of Mr. Isenberg.

Clayton's contribution doesn't stop there, though. Clayton is also a member of several LOHS clubs. He is an active member of FBLA, Friends of Rachel, Biology Club, Beta Club, and he is the vice-president of Math Club. Clayton also attends Broadway Church of Christ and is extremely active in his youth group.

While participating in all these sports and activities, Clayton has maintained a 3.9 GPA. Pretty impressive. Clayton is currently taking a Public Speaking course at WKCTC on Monday and Wednesday afternoons. Clayton is also a very well-liked student. He was voted class president and football homecoming king.

Future plans for Clayton as of now are somewhat uncertain. He would like to play basketball at a small school, but has yet to make a choice. For now, top college choices are Harding University in Searcy, AK and Freed Hardeman in Jackson, TN. Clayton says he plans to become a pharmacist. **Jordan Ludovissie (12)** somewhat agrees, "I can see him with a good job making a lot of money or still working at the concession stand at the Sportsplex." Looks like even his best video game-playing pal is behind him. It's obvious why Clayton was picked as this month's Junior Rotarian. He has all the right qualities and a great attitude!



Must See Halloween Movies

To scare your pants off!

- Halloween
- Halloween II
- Friday the 13th
- Nightmare on Elm Street
- House of a 1000 Corpses
- Texas Chainsaw Massacre
- Saw
- Night of the Living Dead
- The Exorcist
- The Hills Have Eyes
- Wrong Turn
- American Psycho
- Amityville Horror
- The Shining
- Scream

Kendra Sanders
Photographer


People in the Halls	What is the most interesting costume that you have ever worn or seen?	What is your opinion of Talon Falls?	What is the strangest thing you've ever received in your trick-or-treating bag?
Kylie Tillett Sports Editor 	Well, one year I was a crayon. A blue one!	It's fun...I guess.	Hmm....toot-hpaste!
Corey Adams (10) 	One time I dressed up as a big red M&M.	Too scary!!	Pencils...lots of pencils.
Natalie Tavernaro (11) 	Well, I was a bumblebee once!	Pee-My-Pants SCARY!	A ruler. This is not a joke.
Jordan Ludovissie (12) 	My personal favorite was a power ranger.	It rocks my world...	One time I got aspirin....
Mr. Poore	I saw a T-rex once.	No parece infantil.	A hairbrush. (He thought this was funny...)

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LEGEND AND MYTH

BY JERAN SWIFT



TRICK OR TREAT QUIZ.





TEST YOUR CANDY COLLECTING SAVVY.

Rachel Lundberg
Editor-in-Chief

Why is it that only little kids are supposed to have fun on Halloween? Don't you want to dress up and run screaming through the night from house to house gathering candy, without having to endure the scornful looks and derisive remarks of stingy adults? If you're a teenager thinking about going trick-or-treating this year, this guide is for you. Add up your points at the end to calculate your potential candy-gathering effectiveness.

1. How tall are you? Give yourself two points if you're under 5 foot, one if you're between 5 foot and 5'5", and none if you're over 5'6". 2 1 0
 2. What is your costume? Give yourself more points depending on how kiddish it is. (i.e., two points if you're a Power Ranger, no points if you're a Pyramid Head.) 2 1 0
 3. What's your mode of transportation? Give yourself two points if you're walking, one for a golf cart, and none for a car. 2 1 0
 4. What about your parents? Give yourself more points depending on embarrassing/controlling your parents are. (i.e., two points if they wear neon safety vests and try to hold your hand, no points if a parent isn't with you.) 2 1 0
 5. How's your entourage? Give yourself two points if you have a little kid with you, and one point each for every additional kid. (One point bonus if you have matching costumes.) + ____
 6. Do you look excited? More holiday spirit = more points. 2 1 0
 7. How good is your self-control? Give yourself fewer points depending on how much of a candy-grubber you are. 2 1 0
 8. How well do you interact with the smaller trick-or-treaters? For example, give yourself two points if you're the kind of person who lets them go in front of you, none if you usually just push them out of the way. 2 1 0
 9. Finally, rate yourself on plain old charisma. 2 1 0
- Total: ____

0 - 5 points: Many adults, especially older people, will resent you taking their candy. Don't be surprised if you get some harsh comments or even get ignored at a few houses.
 6 - 11 points: You're not exactly at the top of the game here. Expect a few occasions of thinly veiled annoyance in the guise of good-natured humor.
 12 - 16 points: You're in good shape. You shouldn't have any problem working the trick-or-treating scene. Make the rounds and rack up the candy.
 17+ points: At this level, you might as well be a little kid. Adults will probably actually like you better than your younger competition. Your candy bucket should fill up faster than seats for Jerry Seinfeld.

Free Association Sanjana Pampati Assistant Editor	Mr. Jarvis 	Lee Dapp (12) 	Gary Scourick (11) 	Lauren Prescott (9) 
TALON FALLS	Rip Off	Pumpkin	Clowns	Scary
THE EXORCIST	Pea Soup	Little Girl	Vomit	Long Hair
BOO!	Radley	White Sheet	Monsters Inc.	Ghost
PUMPKIN SHORTAGE	Price Gouging	No More Jack-O-Lanterns	No More Pumpkin Pie	Scar-City

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A Full Moon Review

Spenser Price
Illustrator

The 1941 Universal Pictures classic has returned to the big screen. *The Wolfman*, directed by Joe Johnston, with the renowned special makeup effects expert Rick Baker, will be in theaters February 12th.

This promising revision of a Universal classic will hopefully induce enthusiastic validation from the audience with its exciting visuals and well respected actors. Benicio Del Toro is Lawrence Talbot, the son of Sir John Talbot a curious and vigilant man, played by Anthony Hopkins. The plot twists through Lawrence's troubled childhood motivating him to leave his home estate. Del Toro's character later returns to Blackmoor, a small Victorian Gothic town to uncover the mystery behind his brother's gruesome death. Emily Blunt acts as his late brother's fiancée, Gwen Conliffe, who tracks down Talbot to help search for the killer. A suspicious Scotland Yard detective Aberline, played by Hugo Weaving has also joined Talbot and the locals to investigate. On the night of the hunt, Talbot discovers a wolfish, bloodthirsty monster that has been terrorizing the town and fights to survive a vicious encounter with the beast. Talbot struggles to recuperate and finds a new destiny has been obligated to him after enduring the wolf's transferred curse.

The previews currently open to the public easily grab the viewer's attention with crisp detail and particularly the film's unique rendition of Talbot's grisly and painful transformation under the moon's cycle. If all goes well, this reproduction of the classic horror will prove to be a successful re-showing for the iconic character and revive the chilling story that makes a familiar audience revert to any silver solace they can find.

Kingdom Hearts 358/2 Days

Megan Ross
Photographer

Kingdom Hearts 358/2 days is a Disney based RPG created by Square Enix. It is the prequel to Kingdom Hearts II. It was introduced in Japan on May 30, 2009 and later released in America on September 29, 2009. The game features Disney characters such as Mickey Mouse, Donald and Goofy, as well the original Kingdom Hearts characters Sora, Kairi and Riku.

This installment of the Kingdom Hearts series features Roxas and his tale of his first days in the Organization XIII. Roxas is put under the care and watch of Axel, who he befriends very quickly. Everyday, Roxas is assigned missions to different worlds with the other members of Organization XIII or alone, where he destroys Heartless to expel captured hearts, which the Organization plans to use in an attempt to make themselves complete beings.

Organization XIII is a compilation of nobodies (beings without hearts), who each have an individual fighting style based on their particular element. Xemnas, the leader of the Organization, creates Xion, the mysterious fourteenth member, who is a flawed replica of Sora. Their main headquarters, The Castle That Never Was, is located in The World That Never Was, while their other headquarters, Castle Oblivion isn't located in a world, but is an In-Between realm.

Roxas and Xion began a bond when the formally reclusive Xion began to open up to Roxas. As time goes by, Axel returns from Castle Oblivion, and returns working with Roxas. Roxas had suggested that Xion, him and Axel all spend time together, and the three become very close friends. But, it turns out, that Xion was reprogrammed by Xemnas later in the game, and she tries to absorb Roxas in order to become whole, and in doing this, Sora would never awaken.

The game also has all the Organization XIII members, which you will be able to play. When playing story mode, you only play as Roxas. The game tells more information about Organization XIII, like their 'true names', and what their goal is by finishing Kingdom Hearts. You play from Day 7 to the very last in exciting and challenging missions.

Guess Who's Back?

Ryan Steele
Staff Writer

No, it's not Slim Shady. America's favorite knife-fingered, sweater-wearing, dream-haunting maniac is here. That's right, everybody; Freddy's back. Get ready to never sleep again as Wes Craven's classic horror film *Nightmare on Elm Street* gets a modern day makeover in April 2010. For months hype has been building around the new project being produced by none other than Michael Bay (*Transformers 1 & 2*, *The Island*, and *Pearl Harbor*.) With Bay's reputation for filling movies with tons of enhanced CGI and special effects to make up for the lack of plot and substance in his movies, fans so far have been fairly skeptical.

Also the fact that Robert Englund, the original Freddy Kreuger, won't be reprising his role in the upcoming remake adds uneasiness to the minds of fans. However, a more than suitable replacement for Englund has donned the knives and sweater. Jackie Earle Haley (*Little Children* and most recently the blockbuster *Watchmen*) has stepped into the role and by the looks of the newly released trailer, he won't disappoint. Even Englund supports the casting of Haley.

With the shooting officially wrapped up in July and the trailer being released earlier this month, the April 2010 release date seems to be on track. As for the reaction from the fans, younger audiences will surely be drawn in to experience Freddy for the first time, older fans may have a tougher choice though. With the cast saying they've abandoned the old humorous Freddy for a more vicious version, fans of the original film may be turned away although some would say it's a welcome change to an old series.



Courtesy of google.com

Marvel Martial Arts: Iron Fist

Rachel Lundberg
Editor-in-Chief

Remember the days when Kung Fu was king and Bruce Lee its high priest, and a man was not truly a hero until he had fought an army of shadow ninjas? I can't say that I do, but apparently Marvel Comics does, because the one and only Iron Fist is back and better than ever, three decades after the abrupt end of his solo title. This can only mean one thing: martial arts mayhem so hardcore you'll want to bust out the old *Mortal Kombat* VHS.

Danny Rand, a young boy of eight, having lost both his parents in the freezing mountains, stumbled upon the mystical city K'un-Lun, which only appears on the earthly plane only once every ten years. There he studied martial arts, and became the city's champion, earning the right to challenge the immortal dragon, Shou-Lao the Undying. Upon defeating Shou-Lao and touching the dragon's heart, Danny earned the title of Iron Fist and gained the power to make his fists into things "like unto iron." When K'un-Lun next intersected with Earth, Danny returned to New York to utilize his Kung Fu skills and vast wealth as a masked vigilante.

Iron Fist was created in 1975 in an attempt to cash in on the martial arts craze that was sweeping the nation like a roundhouse kick. But despite the efforts of such talents as Chris Claremont, John Byrne, and their colleagues, the comic was little more than mediocre. There were some great concepts there, just not a lot of substance. For the next thirty years, the Kung Fu superhero would be destined to play second fiddle to Power Man, whose book absorbed *Iron Fist* in 1977 to become *Power Man & Iron Fist*, and again in *Heroes for Hire*. These were truly high-quality comics, but they just didn't allow for the kind of stories that Iron Fist was made for.

Iron Fist's hit appearance in *Daredevil* in 2006 was the springboard for the creation of a solo title, *The Immortal Iron Fist*. It is, quite simply, everything I dreamed it could be and more. The first sixteen issues were penned by Ed Brubaker and Matt Fraction, two of the most prominent writers on Marvel's current staff. They were drawn primarily by David Aja, who was nothing less than the perfect choice for the book. These guys held nothing back, and rocketed off the launch pad with a Kung Fu epic the likes of which mainstream comics have never before seen. There's a rival back from the dead, a predecessor who uses a deadly combination of guns and fists, and a no-holds-barred super-powered martial arts tournament! Folks, Johnny Cage has officially been one-upped. The introduction of the new creative team of Duane Swierczynski and Travel Foreman didn't even slow things down, as they powered through two fast-paced arcs that tied in beautifully with the ones that came before. Many people jumped off the book along with the previous team, but considering what a tough act that was to follow, Swierczynski and Co. have far from dropped the ball.

Sales have been dropping since the creative switch, and there's been talk of cancellation. Fans despaired when June's issue #27 was declared to be the "landmark final issue." Marvel was quick to rescind the offending solicit, claiming it was nothing more than a typo, but *Immortal Iron Fist* is currently on hiatus while the *Immortal Weapons* five-part miniseries runs through the end of the year. At this point, there's really no telling what will happen to Danny Rand's long-awaited Kung Fu solo book. It wasn't so long ago that *Captain Britain* was "accidentally" cancelled in much the same way, only to be axed for real three months later. Regardless, there are already four trade paperbacks on the shelves and one on the way, for anyone who could go for a bit of martial arts action in the superhero style.



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Whip It

Kelsey Smith
News Editor

While a resurgence in roller derby is happening in communities around the nation, roller derby has also made its way onto the big screen.

Drew Barrymore's directorial debut stars Ellen Page as a forced beauty pageant participant turned secret roller derby hotshot. Theme-wise- 17-year-old girl trying to find her niche- the movie is formulaic, but subject-wise, fresh, and most importantly, entertaining.

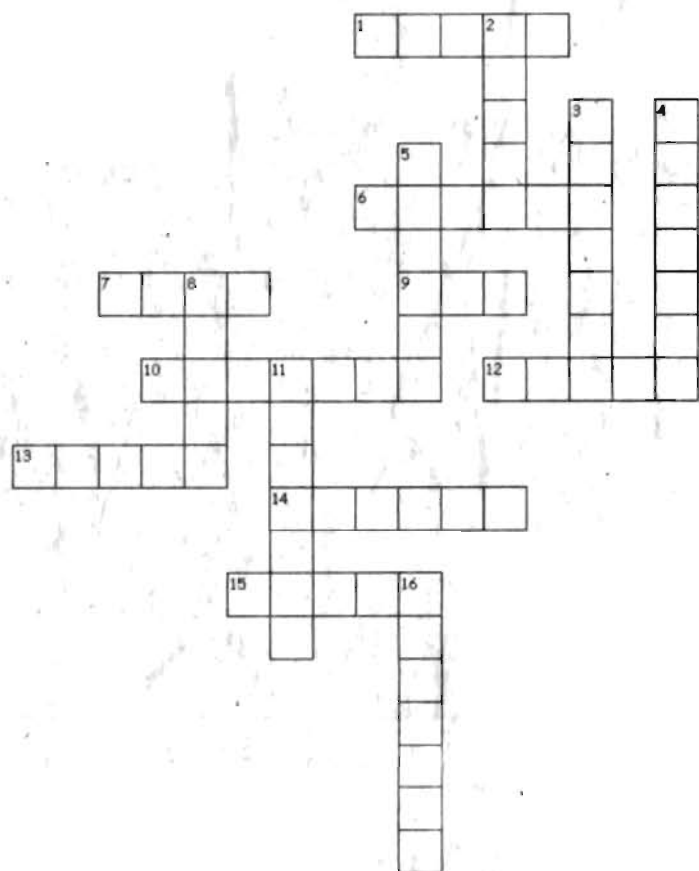
I didn't carry new moral lessons out of the theater. I know being myself is important. I know doing what I love is important. I know mother-daughter relationships aren't easy. And despite the family story line and romantic subplot (neither of which were overdone or unrealistic- minus an awkward pool scene), I had *fun* during this film. Page's character was witty (and cute- call me, Ellen!). Barrymore's character was, well, incoherent. The rest of the characters could be described as the "cool aunts" or food fight instigators. The team goes to wild parties, cause a few broken bones and bruises and endure some.

The film's soundtrack was also cohesive and energetic. I am the proud owner of every track from Dolly Parton (c'mon, it's set in Texas) to the Ramones to Little Joy.

If you're looking for a good time, see *Whip It*. If you aren't, go see the 50th installment of *Saw*.

Kendra Sanders
Photographer

HALLOWEEN CROSSWORD PUZZLE!



Across

- the spirit of someone who has died, esp. one that is believed to have returned to earth to haunt a place or living people.
- in folklore and fairy tales, an ugly creature that does evil or mischief to humans.
- a covering for all or part of the face, usu. worn to disguise the wearer's identity.
- any of various usu. night-flying mammals that have wings that are covered with membranes, and that sense objects mostly by means of reflected sound waves rather than by vision.
- a legendary being, often said to be a revived corpse, that preys on people in order to suck out their blood.
- to form or inscribe by cutting.
- a corpse preserved by embalming, esp. one embalmed and wrapped by or in the manner of the ancient Egyptians.
- a mixture for drinking, esp. one that is supposed to have medicinal, magical, or poisonous effects.
- a woman who practices or is believed to practice occult magic; sorceress.

Down

- a word, phrase, or the like used to bewitch or enchant; charm; incantation.
- an imaginary or mythical creature, often with features of two different animals or of animals and humans.
- a set of clothes suited to a particular season, occasion, or activity.
- a spell or supernatural force that, according to voodoo belief and legend, can enter a corpse, return life to it, and then control its actions.
- causing fear; frightening.
- a large, roundish, gourdlike orange fruit that has thick edible flesh and is borne on a low-growing vine.
- inhabited or visited by ghosts.

Tea Time

Charis Gurrola
Entertainment Editor

Lone Oak volunteer and former substitute, **Marjorie Conkwright**, has moved on to follow a new dream. At the Rosewood Inn Bed and Breakfast, she now hosts afternoon teas and other events befitting the quaint atmosphere. Conkwright is reviving the art of old fashioned leisurely conversation in this fast-paced, modern world. On October 2nd at a cupcake tasting party, guests enjoyed games of *Apples to Apples* and sampled Conkwright's original cupcake recipes. With such an elegant debut, her business seems to have a promising future.

Having sat for a tea over fall break, I got to sample her wares and found the experience to be delightful. The tea is set up to last for a long period of time, where friends enjoy conversation and nibble on the treats laid out. I enjoyed an herbal apple cinnamon tea in a Disney Princess tea cup and ate miniature snacks. All the treats were amazing. I especially enjoyed the scones, which could be spread with either an apple or maple butter. The entire experience can best be described as whimsical.

Conkwright has a vision for her business. From princess parties for little girls, to book clubs for ladies, to mystery parties for anyone with a sense of adventure, just about anyone could use her business. "It is the desire of my heart that through afternoon tea, children's tea parties and other events, I can share the joy of community with others," says Conkwright.

Conkwright believes Rosewood Inn Tea Room and Events Center could contribute to Lone Oak High School as a nice place to hold out of school meetings for clubs. The Lone Oak Writer's Club has already talked with her about her hosting future meetings.

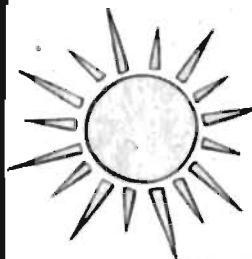
Reservations can be made by calling (270)-554-6632. Although a little less than twenty dollars per person might seem like a lot of money, picture yourself by a warm fire with friends, eating Kentucky Hot Brown Tarts, Scottish Shortbread and Mini Cheesecakes while enjoying meandering conversations. It is about the time spent with friends and taking a holiday to a slower time, when you could appreciate the simple pleasures of food and friends.



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Virtue of Volleyball

Kylie Tillett
Sports Editor

The Lone Oak Lady Flash volleyball team's season has finally come to an end. They had an amazing season, which sadly ended Thursday, October 22nd.

The girls won the district tournament, beating Paducah Tilghman in the finals 25-12, 25-20. Juniors Madi Parker, Natalie Tavernaro, Shannon Bowman, and Audrey Midkiff were among the players selected for the all-district team.

The team spent the next week preparing for the regional tournament. They soared through the first round and beat CCA in the semifinals with confidence. In a rematch of last year's final game, the ladies would face Marshall County. The CCA gym was filled with crazy, screaming Lone Oak fans and the girls were pumped up. They took the first game 25-17, and then barely lost the second and third game 25-22, 25-23. The girls left it all on the court and the crowd appreciated the effort. Around the gym, fans could be heard saying, "I've never seen a group of harder working athletes" and "They tried so hard."

The fans know that with no team member graduating this year, next year will be the year of the Flash trip to the state tournament. As for the all-region team, juniors Natalie Tavernaro and Madi Parker were selected. Madi Parker was also selected as the Region 1 Player of the Year, which is an exceptional honor.

Way to go, ladies and coaches! We are proud of you!



Photos courtesy of Julie Montgomery

Friday Night Flash

Cody Waggoner
Sports Editor

Football at Lone Oak is on a well-executed route to another state title game after clinching home field advantage through out the playoffs. The Purple Flash attained this by fighting through unfavorable field and weather conditions to obtain wins over district opponents Hopkinsville and Calloway County High Schools. The Flash have an outstanding record at 9 - 0 and have a chance to complete a perfect season when they play Heath High School in the season finale on October 30th.

Coach Haskins says of the team, "Our first goal is to be district champs, our second goal is to be undefeated, and our third is to make the state tournament." Although district champs and an undefeated season would be great for the Flash, the team is determined to win the state title. **Carson Beyer**, senior wide receiver, says without a state title, "an undefeated season means nothing."

The Purple Flash will take their first step on achieving that goal when the playoffs start on November 6th against Russell County. If the Flash continue to pull off wins they will expect to play teams such as Franklin-Simpson, Allen County-Scottsville, LaRue County, Logan County, Bell County, Boyle County, or even a possible rematch with Lexington Catholic.



Photo Courtesy of Jacob Porter

Basketball is Back

Ruth Wooten
Business Manager

The Lone Oak High School Basketball Season is just around the corner, with the returning and new coaches and players, it looks to be a great year. Their first game will be November 30th. Six returning seniors: **Ray Guthrie, Clayton Isenberg, Carson Beyer, Cameron Loooper, Jordan Ludovissie, and Chayton Thacker** will be leading the team. **Guthrie** says, "We'll have amazing team chemistry."

As always underclassmen will display their talents this season. **Jeremy Felker** an addition to the staff this year and the new freshman coach states, "It will be a great season, we have a lot to look forward to."

As illustrated by the list of seniors, many athletes that show their skills on court display a different set of skills on the gridiron. When Head Coach **Andy Poore** was asked about the transition from football to basketball that many of his players have to make, he said, "The transition is hard sometimes, but the longer the football players go into their season the more success they are having....and I'm all for that."

The first home game is scheduled for December 4th, but coincidentally that is the day of the state championship in football, hence "scheduled."

Rachel Sloan
Assistant Business Manager

It's finally fall and fall means bball. The girls' basketball team is getting pumped for the upcoming season. Many talented players have shown up for tryouts, and the season is already looking good. All the sweat, hard work, and long hours spent in the gym will definitely be worth the many victories they are expected to have as the season gets underway. **Ashley Ciallela (11)** seems confident of this, and that the team has more talent than the previous years. "I'm really looking forward to this season," Ashley says with a smile, "and hopefully having a winning record!"



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