

Zesty Zia

Derek Operle
Co-Sports Editor

February's Junior Rotarian, **Zia Choudhury (12)**, is a national celebrity. While you've probably seen him walking the halls of Lone Oak High School or playing on our soccer field, the rest of the country only knows him as a finalist of the Jeopardy! Teen Tournament.

Though nationally renowned for his Jeopardy! exploits, he demonstrates his academic prowess on several fronts. He has a 4.0 G.P.A., is the captain of our excellent academic team, which is advancing to the state level for the 5th straight year, and he attended the Governor's Scholar Program (GSP) this summer where he studied cultural anthropology. Zia, while best known for his academic accolades, is also a prime competitor on the sports field. He was the starting goalkeeper for our varsity boys' soccer team this past season (he was the back-up keeper for the three years prior). Coach **Jason Neelley**, when asked his opinion of Zia, commented, "I've enjoyed watching Zia's performance on the soccer field improve significantly this year and I've enjoyed watching his academic performances. These help to show the type of well-rounded individual that he is."

Zia also excels in his community. He was awarded the rank of Eagle Scout at the age of 14. For his Eagle Project he designed and built three handicap accessible planters at the Paducah Centre Nursing Home.

He is also musically inclined. He can play six instruments: bass, French horn, guitar, mellophone, percussion, and piano. Zia also plays in a folk band, Together-colored Instant, with classmates **Lee Cole (12)** and **Mark Kaltenbach (12)**. They are employed by the Paducah Artist Relocation Program.

Zia has made several friends along his path to success, many of whom hold him in the highest respect. In fact, **Kyle Oetjen (12)** regards him as a "man among men." It's not just his friends who respect him; **Mr. Whitley**, who taught him both Chemistry and AP Chemistry, says, "Zia is zestier than a Zesta saltine."

As for college, Zia has applied to Harvard, Northwestern, Princeton, the University of Pennsylvania, Vanderbilt, Washington University in St. Louis, and Yale. You know, the usuals.

Looking to the future, Zia plans to go into neurology as either a neurosurgeon or a specialist of sorts.

Zia is one of the brightest people at Lone Oak High School. He has the potential to go far in life, to be truly successful. So why not wish him luck before he goes out into "the real world?" Good luck, Zia Choudhury, in all that you may aspire to do.

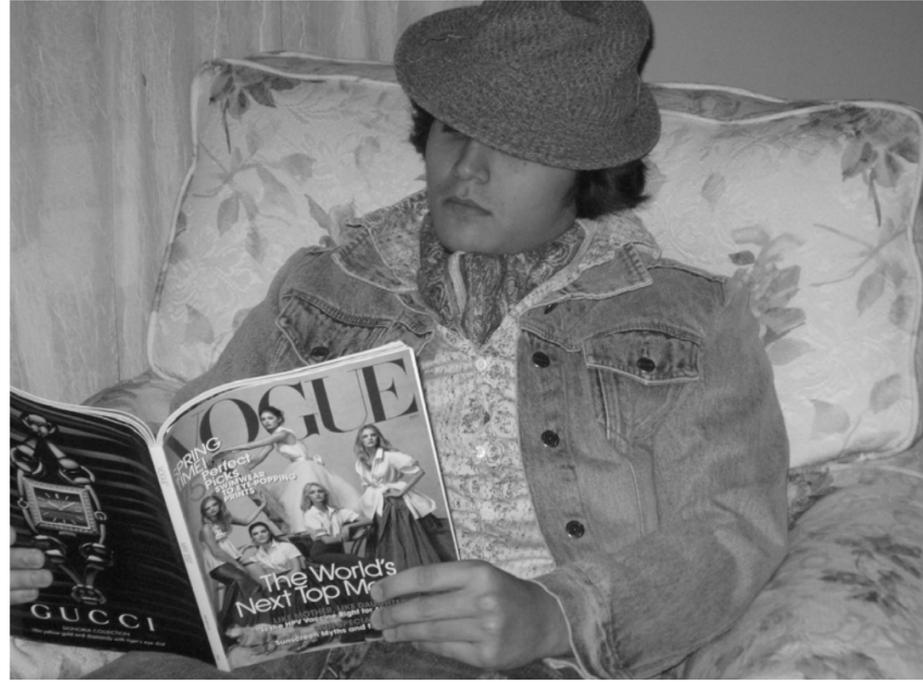
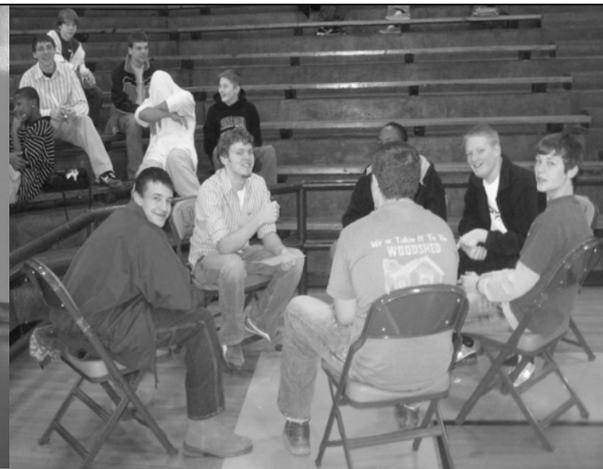
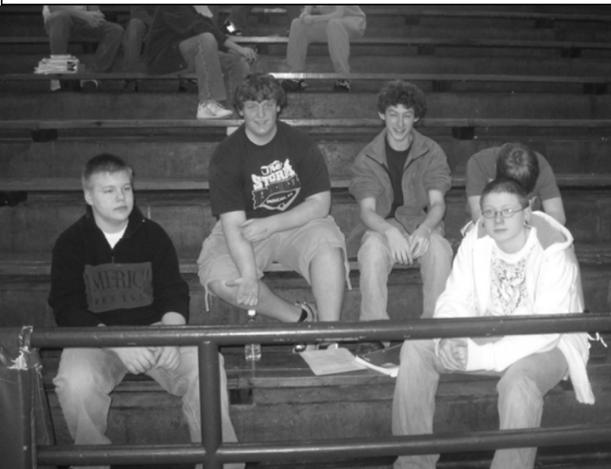


Photo by Jeannie Surheinrich

Mentoring Program Addresses Freshman Expectations for High School



The new junior mentoring program at Lone Oak High School is giving freshman a chance to communicate one-on-one with upperclassmen that have "done it all before." The program allows, if needed, underclassmen the chance to ask any questions or voice concerns regarding the infamous freshman year and what they might expect. For the upperclassmen, the program allows them to meet new students and share their hard-earned knowledge with upcoming LOHS students.

Quiz-Show Wizard

Jeannie Suhrheinrich
Photographer

If you are not familiar with the name **Zia Choudhury**, it's no question you have been living under a rock for the past few weeks. This stellar honor student took his expert Academic Team skills with him to the Teen Jeopardy auditions in Nashville and unsurprisingly scored a spot on the national tournament. The tournament aired February 11th - 22nd and the entire tri-state area watched Zia's quest for fortune with great enthusiasm.

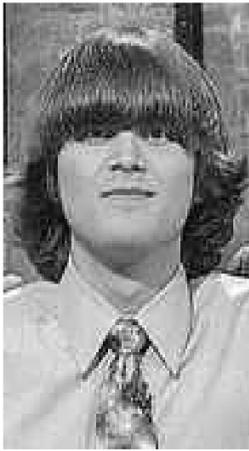


Photo from <http://www.mccracken.kyschools.us/>

During the preliminary round, Zia started off strong, scoring two daily doubles and numerous double jeopardy questions. By the time the final Jeopardy question was asked, Zia's competitors cowered in fear as he dominated with \$50,000. Although he missed the final question (but hey, who knew what a diacritical mark was anyway?) Zia moved on to the

semi-finals. The semi-final match went along the same dominating line and Zia was named a finalist. All of Paducah was locked in anticipation on the final two days of the tournament to see if Zia could beat Rachel and "Steve" to become the champion. Although Zia put an impressive and very exciting fight, Zia lost \$10,000 on the final day when he played like a man a risked a true daily double. Still, he is now the proud owner of \$18,000 and has received a god-like status. Says one of Zia's closest buds, **Jon Fejes (12)**, "It was kind of surreal watching Zia on Jeopardy." I think all Zia fans will agree with that statement and conclude that watching the two week long was the highlight of their lives. And although he didn't emerge victorious, Lone Oak High School swells with immense pride over the accomplishments and skills Zia Choudhury possess.

Primary Focus

Mark Kaltenbach
Features Editor

Recent happenings in the presidential primary race have narrowed the field significantly. Arizona senator John McCain appears to have secured the Republican Party's nomination, although former Arkansas governor Mike Huckabee and Texas congressman Ron Paul remain in the race. This after McCain's chief rival, former Massachusetts governor Mitt Romney, dropped out in the wake of poor results on February 5. Romney threw his support to McCain a few days after announcing the discontinuation of his presidential run. The Democratic race is extraordinarily close, with New York senator Hillary Clinton and Illinois senator Barack Obama in a dead heat in the delegate count. Obama has won ten straight primaries, and, following a convincing sweep of the so-called "Potomac Primary" (Maryland, Virginia, and the District of Columbia), acquired a narrow lead in delegates for the first time. Obama strengthened his lead with victories in Wisconsin and Hawaii. McCain has been criticized by many Republicans who accuse him of not being a true conservative. With the Republican nomination now locked up (it is practically impossible for him to be overtaken by Huckabee, his closest competitor), McCain is attempting to rally conservative support in anticipation of the general election in November. With recent endorsements from some key Republican leaders, including Romney and former President George H. W. Bush, McCain is attempting to silence his critics and establish himself as a genuine

conservative. His recent pledge of no new taxes echoes a promise made by Bush "41" in 1988, which the former President failed to keep. However, this announcement is undoubtedly an appeal to base conservatives. While McCain can now focus his attention entirely on November, the closeness of the Democratic race ensures a continuation of the in-fighting now occurring within that party. With the delegate count so remarkably even, the chance of no clear frontrunner emerging prior to the Democratic convention becomes less and less remote. The election may be decided by so-called super delegates, or leaders within the Democratic Party who can lend their support to whichever candidate they choose, regardless of primary results. Obama undoubtedly controls the momentum, and Clinton is poised to make a dramatic last stand on March 4, when Democratic voters in both Texas and Ohio cast their votes. These two states are must-wins for Clinton if she wishes to remain viable. Exchanges between the Clinton and Obama campaign have become more caustic in recent weeks, with Clinton labeling Obama as a grandiose speaker with no substance. Obama countered, saying that as the election tightened attacks become "sillier". Both Democratic candidates have acquired a more populist message in an effort to appeal to working class voters and to court the endorsement of former candidate John Edwards. McCain, meanwhile, continues to push his experience and his commitment to national security, two of his strong points among voters.

Securing a Scholarship
Page 2

The Selfless Subject
Page 3

A Vampire Weekend
Page 4

Rage Against the Machine
Page 5

Pick Your Prez
Page 6

Baskets and Bases
Page 7

NEWSY OBSCURITIES

Aaron Williams
Online Editor

Every month or so, little-known stories fall through the cracks in the world of headline news. When this happens, I have taken it upon myself to pick up these "newsy obscurities" and give them an appropriate dust-off. When odd and bizarre news happens, I will be there to shine a light on it.

Angol, Chile. Back in January, Feliberto Carrasco, 81, was found cold and limp in his home. Carrasco's family, perhaps a little eager to see the poor man move on, immediately called the local funeral home instead of a doctor, who could have officially pronounced Carrasco dead. If only a doctor been present, the following awkward situation could have been avoided.

The *Ultimas Noticias* reports that Carrasco, dressed in his finest suit, woke up in his coffin during his own funeral service, greatly startling his nephew Pedro. Carrasco claimed to be in no pain, though he did ask for a drink. Carrasco had seemingly risen from the dead, and only to wet his whistle.

Melbourne, Australia. The verdict is in for two burglars who robbed Cuckoo's Restaurant back on April first, 2007, also known as April Fools Day. What's so coincidental about the date? It perfectly

labels the two robbers. Benjamin Jorgenson and Donna Hayes managed to successfully nab the equivalent of \$26,000 from the business but instead of making off with their stolen cash, Jorgenson mistakenly picked up the wrong bag.

However, the dynamic duo still got away with a lot of dough. The bag Jorgenson made off with was later found to be full of bread rolls. Jorgenson's ineptitude would continue to shine as he and Hayes made their getaway with what they thought was twenty-six grand. As they escaped, Jorgenson's pistol accidentally discharged, firing a bullet into the buttocks of Hayes. The two would later stumble into the hands of authorities, turning an off-day into a bad one.

Now fast-forward to Tuesday January 22, 2008. Judge Roland Williams sentenced Hayes to eight years and Jorgenson to seven years after calling the two a "pair of fools." The sentencing came after the defense attorney for the suspects-turned-convicts made a full admission of the case to the police under the influence of drugs.

Perhaps Jorgenson and Hayes will be better suited for the safety and confinement of the Australian penitentiary, where they won't have access to handguns they could potentially wound themselves with. They can also have as many rolls as their hearts desire.

Robinson Signs with Troy



Corey Robinson (above) signs on the dotted line as his parents and **Coach Haskins** watch. Robinson made his decision to attend Troy final of February 6. The Oak "K" wishes Corey the best as he continues his education and athletic career.

College Application Process Proves Time-Consuming for Seniors

James Summerlin
Editor-in-Chief

As the school year is approaching the home stretch, seniors are anxiously anticipating the arrival of May when we graduate. But before those of us who are going to run out of this school in a mad rush to college, we first have to get accepted and pay for our selected college. This is no easy task, even for the smartest and brightest of students.

After students decide which college they want to go to after sorting through the brochures found at college fairs and random stuff in the mail, students must apply for admission and scholarship for the top schools of their choice. But what are colleges actually looking for? According to the Princeton Review there are three big things that colleges really look at: grades, ACT/SAT scores, and class rank. Although essays, teacher recommendations, and extra curricular activities are important, they aren't the necessities for admission into most colleges.

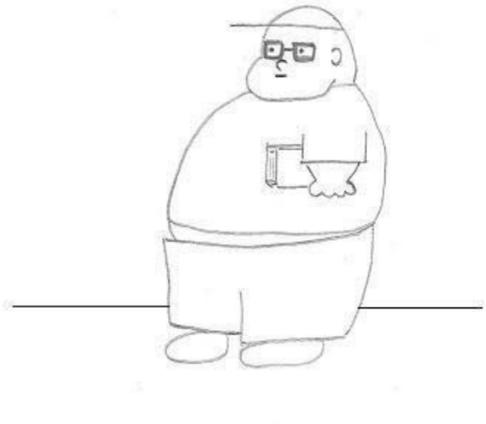
When it comes to scholarship applications, it's a whole new ball game. This is where essays, teacher recommendations, and extracurricular activities come into play. There are so many different scholarships, ranging from academic merit to financial aid to community service to really random things. You

can find these scholarships in many different places, including universities and the internet (FastWeb is the most recommended place to find scholarships). The key is to take advantage of these opportunities and match up your abilities to the scholarships available.

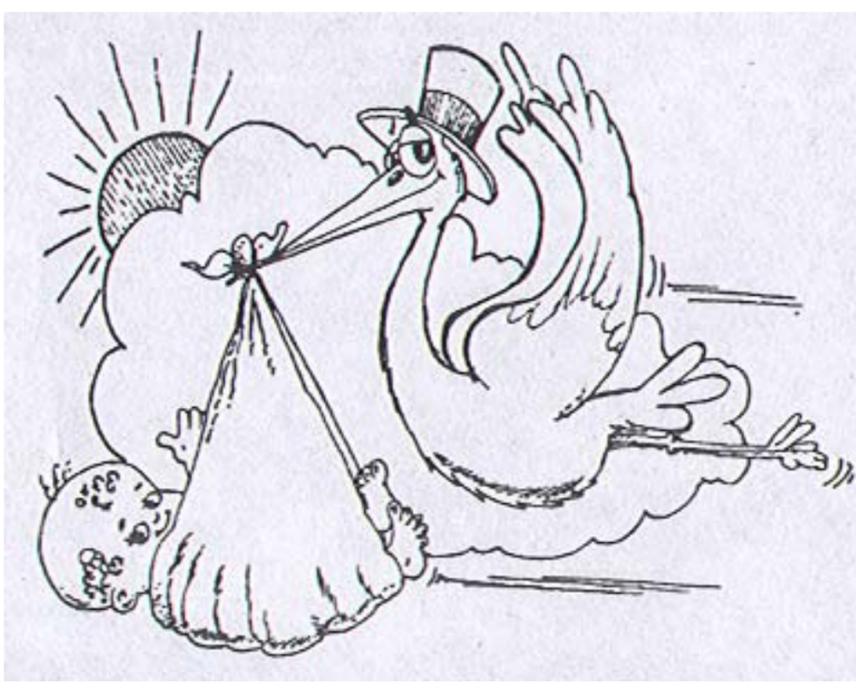
What is it that will get you a scholarship? When applying for a university scholarship, you must meet the requirements in order to get the money. For local scholarships, it's all about who the committee giving the award thinks deserves the award more. When it comes to national scholarships, the essay is what makes you stand out from all the applicants that have a high GPA and test score like you. When asked how students can better their chances of getting scholarships, LOHS guidance counselor **Mrs. Jarvis** said students need to be involved and have a high GPA and ACT.

The future may be scary, but getting there doesn't have to be. Scholarships are ripe for the picking whether it be from the school you want to go to, your parent's business, or some charity that wants to help pay for your secondary education.

If colleges really want "well-rounded" students, they'll get "well-rounded" students!



The Oak "K" encourages its readers to support all of its advertisers!



S. Blair Tolar, MD
Tammy Carr, ARNP

OB/GYN of Paducah
(270) 443-1220

Suite 201
WBH Doctors Bldg 2

BIKEWORLD

www.bikeworldky.com

809

Joe Clifton Dr.

442-0751



The Cagle Family
Archie, Willodine, Phillip, & Steven
4020 Halehaven Dr. P.O. Box 7473
Paducah, KY 42002-7473

Hear it From Hannah

Hannah Hudson
Business Manager

In an attempt to better the environment, more and more hybrid vehicles are being manufactured. There are so many benefits in buying and driving hybrid vehicles that I think this is an option everyone should consider.

Although I put myself at risk of sounding like a tree-hugger, one of the best things about hybrid vehicles is the release of less pollution-causing emissions. There are two types of hybrids: series and parallel. Both types of hybrid vehicles greatly reduce emissions released into the atmosphere because of the low amounts of gasoline that is burned. According to ezinearticles.com, the series hybrids have a gas engine that only comes on when needed. The main purpose of this gas engine is to power a generator that then powers an electric motor. This hybrid type can be found in Ford and Toyota model hybrids. Parallel hybrids have small gas engines that run the car and an electric motor is used when more power is needed for things like increasing speed and passing other vehicles. Parallel hybrids are used in the Honda model hybrids. Since both types of hybrids have small gas engines or gas engines that power an electric motor less pollutants are released.

Not only are hybrids good for the environment, but we can benefit, too. You may think that the hybrid vehicles are expensive, but they quickly pay for themselves. Most hybrids easily get 20 to 30 miles per gallon more than a solely gas powered vehicle, and with gas prices approaching three dollars a gallon, this makes hybrids much more appealing. Think of all the money you could

... Think of all the money you could save if you could get an extra 30 mpg. . .

save if you could get an extra 30 mpg.

A few years ago if you were looking at a hybrid car or SUV you would probably have thought that the manufacturers tried to make them look weird and unattractive, but now many car manufacturers are realizing that it is to their advantage to

make attractive, stylish hybrids. From those who have had the immense joy of owning one of the new hybrids, I hear that the interior is like a wonderland of technological advancements, and the seats are a playground for the backside. Now, one could easily find the car of their choice in a hybrid form.

If everyone would buy and drive a hybrid vehicle, which could be found in their favorite color, the environment would benefit, their wallets would fatten, and their happiness would be raised to an unfathomable height.

Sums Says

James Summerlin
Editor-in-Chief

Since we are in a presidential election year, hot issues are now being discussed. From moral issues to border control to the economy to the war on terror, political figures are looking at ways to improve our nation. And Congress is trying to solve the world's problems by getting involved. With sports.

Ever since the first Congress hearing about steroids, Congress has been trying to stick their nose in every little thing that the NFL, NBA, and the MLB does. It seems as if Congress believes that steroids in baseball are more important than anything in this country.

For example, the NFL network tried to begin a tradition last year to broadcast games on the NFL network. The only problem with this is that not everyone has the NFL network. In order to receive the channel, you must have a cable box or satellite subscription. Not only that, you may have to purchase the channel with your subscription. Few have this network, so when key games to the season were broadcast on NFL Network, Congress pressured the NFL to broadcast big games on basic network television like NBC and CBS rather than on cable channels. The NFL gave in to the pressure and broadcast the end of the New England Patriots regular season game against the New York Giants (not to be confused with the

Super Bowl) on three, count 'em, three channels.

Another example is steroids. Congress was interfering with the steroids issue in baseball by having this big hearing to tell America what we already know. We already knew steroids were used in baseball. We knew Roger Clemens used steroids. We knew Barry Bonds used steroids. The books have been written and the Mitchell Report has

been released. The court of public opinion has already spoken and this hearing did nothing for anyone, just like the Congress hearing on steroids when Sammy Sosa forgot how to speak English. Another example of tax dollars wasted.

Um, I haven't been keeping up with the news lately, but isn't there other stuff going on? I mean,

there's this election I keep hearing about. Apparently, we are fighting some sort of war in the Middle East. Come on! Is that how seriously the government takes important issues? The future of our country is in Congress' hands and our tax dollars are being spent trying to recover Bill Belichick's Spygate tapes.

I'm not saying anything against sports at all. Sports issues are important to talk about, but they aren't important enough to bring to the Capitol Building to discuss. The NFL can handle their problems and Major League Baseball can move past the steroid era. Move on to bigger problems, Congress. Do what we voted you to do.

.. Apparently, we are fighting some sort of war in the Middle East. .

AARON ASKS

Aaron Megibow
Entertainment Editor

Last week after school I performed my usual routine, I sat down in front of my TV with an assortment of junk food and watched "Cops". Arrest after Arrest, one thing could be certain: drugs were involved. This got me thinking, "aren't we spending billions of dollars on a war on drugs?" Yes, we are fighting a war on drugs, yet, it is failing miserably.

Ever since Ronald Reagan took office in 1981, our government (along with a host of interest groups) has been spending billions of dollars trying to keep drugs out of our country. Yet, since the 1980s drug use has been on the rise. Why aren't we winning this war? Well, it's quite simple. We need to change our focus.

Currently, we have two strategies when it comes to the war on drugs: shoot as many Columbians as you can, and restrict drug treatment funding to include only faith-based treatment centers. These two strategies are ineffective. In my mind, a more simple solution would be to simply consider the economic principle of supply and demand. Drugs, like any other internationally traded good, are subject to supply and demand. When demand for a product goes down the product's price falls or the product simply is not traded any more. Thus, the solution is simple; cut down on the demand, not the sup-

... We are fighting a war on drugs, yet, it is failing miserably. . .

ply. How do we do this? Currently, our government is spending millions of dollars funding rehab facilities. Now, the intention behind this is great, yet the way they are doing it is all wrong. Instead of funding facilities ran by mental health professionals the current administration is funding facilities ran by ministers. What's wrong with this? Ministers

are not trained in the arts of medicine and psychology, they are trained in religion. Addiction has very little to do with religion. Addiction is a physiological and psychological disease which is treated with intensive therapy along with medication. Faith-based rehab facilities do not have the properly trained staff or the equipment to deal with most forms of addiction.

It is imperative that our government begin funding the most capable facilities, not the godliest. If we can improve treatment methods we can thus create fewer addicts. Fewer addicts mean less people in our country that will purchase drugs. This, ultimately, will stop the flow of drugs into our country.

It may take some time, but, with the proper placement of our tax dollars, we can get drugs out of our country. It may not be as glamorous as taking down large cartels in South America with flashy guns and sneaky tactics, but it would be effective. Like any problem we encounter everyday, the source of the problem comes from within, not from without.

Mark is Upset

Mark Kaltenbach
Features Editor

It has been exceptionally cold over the past days and weeks. Biting winds, icy rain and snow, temperatures below freezing. Months ago, when it was warmer, I looked forward to the winter months expectantly.

There's something attractive about the cold. Fashion is immeasurably more sophisticated in the chilly months. Fall, and to a greater extent winter, provide time for rest and reflection.

The inclement weather of the current winter, however, and particularly of the months of January and February, has proven exceptionally distressing. The walk from my car to the school is almost unbearable, the terrible cold being a source of misery. With the exception of a few haphazard snow days, the weather, while still very cold, has produced none of the positive effects typically associated with the winter months. In addition to the bitter cold, there are erratic days of relative warmth and comfort. I can't get a read on this weather. Yesterday on the drive to school I turned the temperature in my car

.. The inclement weather occasionally seems almost biblical in nature.

down considerably, and strolled leisurely into the school, basking in the warm, albeit rainy, weather. As I left yesterday afternoon, expecting the same agreeable climate, I was met with chilling winds and a drastically decreased temperature; I trekked haltingly to my car, pondering the unfortunate turn of events.

To conclude, while I still greatly prefer fall and winter to warmer times of the year, I have found the recent months wearing and tiresome. Be it a result of climate change or my own perspective, the cold has seemed more erratic, an anomaly amidst an incomprehensible weather canvas: catastrophic storms, raging wildfires, relentless rainfall followed by weeks of drought. The inclement weather occasionally seems almost biblical in nature. I rather enjoy the cold, the slowing down of everything in winter, the lessening of necessity. However, this winter has seemed undeniably hectic and frenzied.

ULTI[NATE]JUM

Nate Brelsford
Staff Writer/ Cartoonist

How many hundreds of students at Lone Oak High School would admit they hate math? I confess I belonged to that category not too long ago. Mathematics has always been a stumbling block in my education, whether it was algebra, pre-calculus, or applied to chemistry, physics, and economics. Just recently, I learned to count to twenty with my shoes on. However, I've developed an entirely new outlook on math and it's quickly becoming one of my favorite subjects.

I have come to call math the "selfless subject." By this I mean I'm able to help others with the math skills I acquire from day to day. Imagine if I wasn't there to tell Betty how many apples she had left after three were eaten. What would Jim do if I couldn't tell him the probability of drawing a yellow marble out a bag? There was a time not too long ago when Randy would've drifted miles downriver had I not been familiar with Pythagorean theorem.

You see, we find many helpless souls in word problems worldwide who are trying to accomplish tasks that are way above their heads. I found that after coming to the aid of

these pitiable people, the majority of whom will never thank me in return, I get that elusive, deep feeling of satisfaction. Solving mathematical problems is really such a small thing on our part, but the result is unfathomable. Our teachers give us more tools every day. All we have to do is apply them to the situations at hand and make a difference in the world, one word problem at a time.

Anyone remember those "Math is Power" ads? I can't seem to recall a truer statement. We're all heroes when we use math. Instead saving others with super-strength, we use super-scripts as radians shoot out of our eyes! Radicals never stand a chance because we're always finding new modes to beat the mean.

For those of you who say you can't do math, you either have poor word choice or you're looking for an excuse to be lazy. If you still don't have a positive view on math, you should at least have two negatives. Take my word for it; I was there once. Just remember the Power of Math is inside and all you have to do is awaken it. Do it for Peter before he purchases the more expensive pickled pepper per peck. For Bobby, so his pool isn't too shallow or flooding his neighbor's rose garden. For Kendall and Cindy and all the faceless others.

... We find many helpless souls in word problems worldwide . .

The Oak "K"

Editor-in-Chief
James Summerlin

Assistant Editor-in-Chief
Blake Harrison

Business Manager
Hannah Hudson

Entertainment Editors
Lee Cole
Aaron Megibow

Features Editors
Mark Kaltenbach
Monica Spees

News Editor
Ally Heine

Sports Editors
Austin Clark
Derek Operle

Online Editor
Aaron Williams

Photographer
Jeannie Suhrheinrich

Staff Writer / Cartoonist
Nate Brelsford

Staff Writer
Patrick Hollowell

Coroner
Brick Green

Adviser
Molly Goodman

The Oak "K" is a publication of Lone Oak High School, distributed to students, faculty and the community. The newspaper is designed by staff members using Microsoft Publisher 2003 and is printed by The Paducah Sun, 408 Kentucky Ave., Paducah, Ky. 42002. Letters to the editor are to be under 250 words in length and signed by the writer. The Oak "K" reserves the right to edit all letters for placement as long as the meaning is not altered. The Oak "K" attempts to inform and entertain its readers in a broad, fair and accurate manner on all subjects that affect the audience. Final authority for the content of The Oak "K" rests in the hands of the principal.

Crazy For Cloverfield

Monica Spees
Features Editor

Normally, we members of the Oak "K" Staff refrain from reviewing movies that are in theaters or have been out of theaters for a short time. However, after seeing this movie and thinking long and hard about it, I simply couldn't resist breaking our loose tradition

for once. I realize that I may be too late for some of you, but my mind would not rest easy until I had informed you about the movie *Cloverfield*.

Let me begin by saying that this movie is more of an experience than it is a regular film. And what a thrilling experience it is! When this movie comes out on DVD, please don't have it in your mind that you will be watching the movie for the magnificent plot. If you haven't heard anything about this movie and are wondering what on Earth I'm talking about, allow me to explain.

Cloverfield is a story about a monster that smashes New York City. There. There's the plot. The unique thing about this movie is that it appears to the audience as a home video. This way, an audience member will get the feeling that he or she is viewing real footage of an actual event. That aspect really adds to the creepiness of the whole thing. In my opinion, if this movie had not been filmed the way that it was, it would have been very similar to any other monster flick that fails to impress us with its overuse of special effects and blood-curdling animal screeches. *Cloverfield* most certainly had those things, but it went a step further with the whole home video effect.

Although this movie is pretty much about a giant monster that demolishes the Big Apple, there is a little more to it than that. At the beginning, we see a spacious apartment and receive the grand tour from the man behind the camera, Rob Hawkins, played flawlessly by Michael Stahl-David. He spent the night with his friend, Beth, and it's obvious from the very start that they are in love. All of the sudden, the video takes us to a com-

pletely different apartment. The other video was taped over by Rob's brother, Jason, who is throwing Rob a surprise going away party. Rob, slightly frustrated that things didn't work out between him and Beth, has taken a job in Japan with his company. All of his friends are at the party, including Jason's girlfriend, Lily, the bumbling Hud, and Hud's obsession, Marlena, who doesn't not return



All pictures from google.com

Hud's affection at all. Oh, yeah. Beth shows up with a date. So, things aren't really going Rob's way. To make matters worse, after he shoos Beth and her date from the party, the whole city begins to shake, and everyone flees the apartment building, soon discovering that a freakish monster is assailing the city. As Hud, who is now the cameraman, Jason, Rob, and Lily get caught up in the mass chaos on the streets of New York City and begin frantically searching for Beth, it

seems that the monster is not exactly working alone.

I totally realize that movies can affect everyone in different ways. All I can tell you is that my reaction to this movie was as follows: I was curled up in the fetal position in my theater seat on the verge of tears. No joke. Everything in this movie seems so real. The special effects and the acting were ingenious. There's just one little problem. You may get slightly queasy if you watch this movie. There were a couple times during the movie when I just wanted to say, "Please, stop moving!" I remind you again that this whole thing looks like a home video. Just imagine the shakiness that you experience when watching old videos of tours of the house at Christmas. Now just imagine that you're running for your life in the streets of Manhattan from an unknown creature that eats people. Other than that, it's an electrifying experience. I thoroughly enjoyed it, and I hope that you will jump at the chance to rent, or buy, the ultimate monster movie of our time: *Cloverfield*.

Before Our Time: John Coltrane

Nate Brelsford
Staff Writer/ Cartoonist

John Coltrane's *A Love Supreme* has astounded and impacted every listener since its 1964 release. It is considered to be the greatest jazz record of all time and is even credited for influencing music beyond the jazz scene. Although many artists have re-recorded portions of the work, none have attained the same level of brilliance as Coltrane's masterpiece.

In both his time and ours, Coltrane's sound is as groundbreaking as it is controversial. While he has been criticized for merely imitating Charlie "Bird" Parker and making more noise than music, many view him as the embodiment of contemporary jazz. Both camps, however, must agree that Coltrane's impact on contemporary music is incredible, considering his career was shortened by his death at the age of forty years.

While *A Love Supreme* can be classified as typical Coltrane style, that style is in no way typical. The thirty-minute production is divided into four parts. In order, they are "Acknowledgement," "Resolution," "Pursuance," and "Psalm." The album begins with the sound of a gong, a very unusual element in a jazz piece. The moment bassist Richard Davis, drummer Elvin Jones, and pianist McCoy Tyner establish a rhythm, Coltrane releases his tenor saxophone on a chant-like melody. As the music progresses, the sounds of the sax become wild and even disorderly. Producer Joe Dawn, on "The Tra-

neumentary" podcast, comments, "It got to be pure energy.... I haven't heard anything like that before, certainly, and certainly nothing since."

Another atypical characteristic of *A Love Supreme* is the lyrical nature of the fourth part. "Psalm," rather than exhibiting the frenzy of notes so characteristic of Coltrane, is played in the same manner one would speak. Accompanying the CD or record is a poem written by Coltrane in which he humbles himself before God, revealing the inspiration for his music. The poem is recited through the tenor sax, syllable by syllable, while the somber drone of the timpani, cymbals, and piano provides a sharp contrast. "Psalm" is also one of the few dubbed tracks of Coltrane's career. While it serves as a conclusion to the four-part masterpiece, it

can also stand alone as a monument to musical innovation.

Some listeners claim to be inspired and uplifted by *A Love Supreme*, but many walk away confused and disgusted. The vast differences in reactions make Coltrane's music so appealing to various audiences. Coltrane himself said, "I never even thought about whether or not they understood what I'm doing... the emotional reaction is all that matters as long as there's some feeling of communication; it isn't necessary that it be understood."

Jazz fan or not, pick up *A Love Supreme* and listen to what John Coltrane has to say.



DON'T FIGHT THE BITE

Austin Clark
Sports Editor

Recently I took a trip to St. Louis with friends to see a show and spent the day in various shops browsing around. I walked into a vintage vinyl shop that specialized in selling old albums and newly released indie albums. I stumbled upon a band, Vampire Weekend, and their self-titled album. At first, I was reluctant in purchasing the album, solely due to their obscure name, but I was in search of something new and fresh, what I heard did not disappoint.

From the first notes of "Mansford Roof" I was swept away by the blend of Mandolin, and tribal percussion, to a tropical musical paradise that would even have Jimmy Buffet raising an eyebrow. Ezra Koenig uses crafty lyrics to let listeners know that his band has a vast vocabulary in Track 2, "Oxford Comma" as well as a punky percussion and guitar display on the album's 3rd track, A-Punk. The most fruitful song on the album has to be



track 4, Cape Cod Kwassa Kwassa, which is just as interesting as the name of the song.

The song's random checklist of, "Is your bed made? Is your sweater on?" followed by an vague proposition, leaves the listener in a state of curiosity, but gets the point of lightheartedness across. Vampire Weekend has spunk throughout their album, breaking away from their tribal beats to in exchange for a more sueded-tech club beat in track 6, "Campus". To finish off this explosion, track eleven focuses on double bass and violin as well as Koenig's booming voice to leave the listener wanting to hear more.

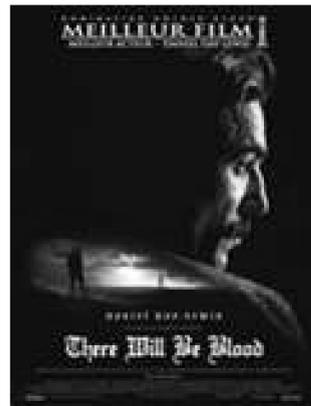
Though the length of the album was only a little more than half an hour of music, it kept me entertained throughout. Even with the countless numbers of indie bands out there, the chances of this group having as much success on a sophomore album are slim. The album definitely delivered, and gave me the lesson of not judging a band by their name.

This Will Be Good

Lee Cole
Entertainment Editor

Somewhere in the vast American west, in the depths of a mining pit, we see a grizzled figure in the blackness, chipping away at the stone with a pick axe. Every now and then a spark will flicker in the dark, but the man's face is obscured. Finally, we see him emerge from the bowels of the earth, broken and battered, but having discovered the key to his future wealth: oil. So begins Paul Thomas Anderson's incredible new film, *There Will Be Blood*.

Based loosely on Upton Sinclair's novel *Oil!*, *There Will Be Blood* tells the story of a sociopathic oil tycoon named Daniel Plainview. Set in turn of the century California, the film is primarily concerned with Plainview's economic conquest of the small town of Little Boston. After constructing a profitable oil well in the town, we see Plainview slowly become corrupted by his own envy, destroying the relationships around him one by one, and hurling himself inevitably toward the film's sinister and dazzling finale. While the plot in itself is exciting and laced with unbearable suspense, it is the underlying themes and nuanced performances that make *There Will Be Blood* such an important film. Daniel Day-Lewis certainly must be considered as one of, if not the greatest actors in film today, and his performance in this film is nothing short of amazing. Whether it's his quiet subtlety addressing the

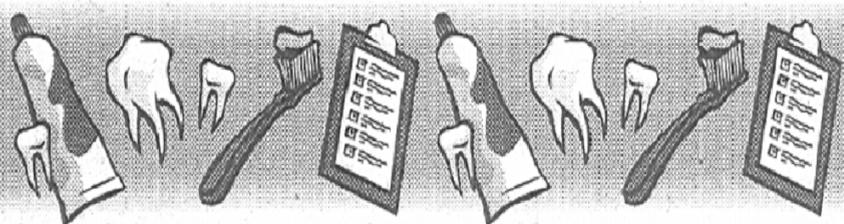


crowd of Little Boston, or his gut-wrenching, pent up rage in the unforgettable baptism scene, Day-Lewis is never less than perfect in his portrayal of Plainview. I must say that not since Al Pacino as Michael Corleone in *The Godfather* series have I witnessed such exquisite acting and such a dramatic transformation in a character.

Aside from Day-Lewis, Paul Dano (*Little Miss Sunshine*) gives a worthy performance as the town's evangelical minister Eli Sunday, Plainview's ever present nemesis. But just as important as the film's acting is its exploration of complex and dynamic themes, including the abuse of power, the influence of religion and wealth in turn of the century American society, and the aftermath and reckoning of one man's hatred. While Anderson must be given credit for taking enormous liberty with Sinclair's original muckraking work and crafting his own story, it is impossible to overstate the importance of Day-Lewis's performance. The film works and the themes are identifiable because Daniel Plainview is portrayed so well.

The winner of several academy awards, including best actor for Day-Lewis, *There Will Be Blood* is certainly one of the best films of this year and several years past. The ending is perhaps the most chilling and visually stunning final scene of any film I have seen. It is sure to be one of my favorites, and I encourage anyone who loves wonderful cinema to see *There Will Be Blood*.

R. DONALD HEINE, D.M.D.
B. TORY HEINE, D.M.D.
ORAL AND MAXILLOFACIAL SURGERY



TELEPHONE
(270) 554-2026
BAYLEY SQUARE
SUITE #5
2850 LONE OAK ROAD
PADUCAH, KENTUCKY 42003



Brad S. Mills

DMD MS

ORTHODONTICS

ORTHODONTICS FOR CHILDREN AND ADULTS

PADUCAH

MURRAY

MAYFIELD

RAGE AGAINST THE MACHINE

Ally Heine
News Editor
Mark Kaltenbach
Features Editor

Picture this. It's lunchtime. The offered cuisine isn't exactly what your taste buds are craving. (Don't get me wrong the lunch is always amazingly tasty...) So you decide to take a trip on over to that bastion of appetizing delicacies, the extra line. As you agonize over the choice between the mouthwatering cinnamon rolls and the sticky, yet tasty rice crispy treats, you realize that on this day you will be satisfied with neither; you decide to be a rebel, cross the line a little bit, and purchase an uncrustable. You're proud of this choice; it seems wise, fitting, and intelligent. You have no idea that this seemingly harmless decision will negatively impact the rest of your day.

As you walk back to the table, the dreaded bell symbolizing lunch's conclusion sounds like a terrifying death knoll. All around you kids are realizing that they will, in fact, not have time to finish their lunch. You grin with a slight feeling of satisfaction and pleasure. You are prepared. You have something to snack on that will make your hunger disappear.

As soon as you take that long desired first bite you immediately realize something is wrong. Thirst overwhelms you. As you think about how amazingly tasty a nice, cold glass of milk would be, you settle for scrounging up some change to purchase either a bottle of water or its more expensive and edgy counterpart, vitamin water. After getting approval from your teacher you walk with an unusually fast pace to the drink machine that is conveniently located by the

"south" stairway.

Now at this point you are already excited to get that first drink of delicious liquid, so you quickly amass your remaining change from your pockets to put into the machine. As you put in the money that you have, you watch as the seemingly trustworthy machine counts the change it is being given.

At last! The machine tallies a grand total of \$1.75, which is exactly what it takes to retrieve your much desired beverage—Vitaminwater. You press "B2" with a palpable sense of satisfaction, your anticipation piqued. Your now unbearable thirst will momentarily be satiated.

And then, as the bar within the machine rises, carrying with it the cherished chalice, there is a bizarre stuttering. The mechanism convulses in agony. *Errrrrrrrr-Errrrrrrrr-Errrrrrrrrr!* The protracted sounds of the failing water machine ring like an insufferable siren in the hopelessly parched wasteland that has become your mind. The Vitaminwater will never reach you. You remain, and will continue to remain, utterly, impossibly thirsty. Melancholy encompasses your thoughts.

We've all had this experience. I desire only a functioning water machine, and perhaps some sort of financial restitution for the many quarters wasted in a vain effort to acquire a beverage.

Dewey Like It? Yes We Do

Lee Cole
Entertainment Editor

"Let's go play machete fight! Ain't no terrible tragedy's gonna happen today!" That's how it all started for Dewey Cox. This was one of the many one liners from the recent hit comedy *Walk Hard: The Dewey Cox Story*. Starring John C. Reilly as Cox, *Walk Hard* lampoons the string of recent "biopics" that have found such popularity and acclaim. Films like *Ray* and *Walk the Line*, realistic portrayals of the lives of Ray Charles and Johnny Cash, get the brunt of the film's satire, but no figure from the music world of the past 50 years is sacred. Whether he's taking up the cause of "midgets" in the spirit of artists like Bob Dylan, or calling for 50,000 didgeridoos in creating his Brian Wilson-esque masterpiece, Reilly, with the help of writer/director Judd Apatow (*The 40 Year Old Virgin*) pokes fun not only at a genre of film, but at a generation of musicians. The result is sheer hilarity.

Apatow, who has proven himself as a gifted comedic writer, uses a series of comical devices to tell the story of the beleaguered artist. Absurdity is foremost in this respect, and the most common criticism of the film that I have heard, that it is "stupid," is not only unoriginal, but also a moot point altogether. *Walk Hard* is supposed to be stupid. Naturally, the story of a man who cuts his brother in half with a machete by accident, goes "smell blind", marries two

women, has dozens of children, and then abandons them to be with his pet chimpanzee is ridiculous; but this is where the comedy lies. Aside from the obvious situational irony, the film abounds with riotous one liners and memorable quotations. The humor hearkens back to *Airplane* and its unique brand of comedy. I was reminded, for instance, of this similarity when Dewey is returning to the music world after a 30 year

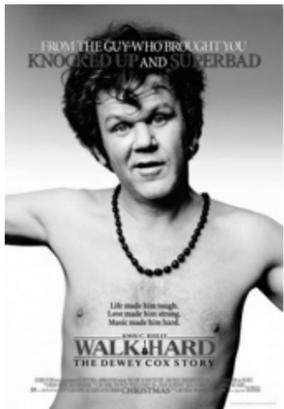


Photo from imdb.com

retirement and trying to escape the "temptations" of his old lifestyle. He's running around the theater in a hysterical state, shouting about the temptations, when he opens a door and finds the 1960's doo-wop group singing "My Girl." It's writing like this, Apatow's finest thus far, that won me over and kept me laughing all the way through.

While *Walk Hard* is by no stretch of the imagination a terrifically important or meaningful film, it was certainly the best comedy I've seen this year. And if anything, it allows us to laugh at our musical heroes we take so seriously. Even as I saw Dewey satirizing my idol, Bob Dylan, spewing out nonsensical lyrics about midgets at an incredible rate of speed, I couldn't help but laugh. John C. Reilly does an excellent job portraying Cox in the different phases of his career, and I must say that I haven't seen a contemporary comedy I liked so much since *Anchorman*. I laughed hard at *Walk Hard*, and so will you.

A Mind-Controlling Experience

Aaron Williams
Online Editor

I have long been a fan of the legend of Bob Marley. There is never an occasion that his soulful lyrics and uplifting beat can't put me in a better mood. His thoughts on life and love still inspire and the ideals he spoke of are still being fought for today as the struggle for equality continues. Whether you are a Bob Marley fan or not, you may have at least heard of him or seen him referenced in the recent blockbuster "I Am Legend".

What Marley did in his time was phenomenal; we will never know how far he might have gone because of his untimely death. Yet his legacy continues on today in the form of ten claimed children, several of which have pursued their own careers in music.

I was slow in coming around and finally listening to the work of his sons. I was worried that it would terribly disappoint me and I might lose some of my respect for the Marley legacy. Fortunately, I was recently convinced that the work of his sons was not bad at all, in fact, it was quite good. So I tentatively purchased Stephen Marley's "Mind Control" and gave it a listen. I was so disappointed. Disappointed that I had gone so long without experiencing this album.

Considered by many music critics as some of the best work the Marley songs have ever produced, Stephen Marley demonstrates he is as talented a musician and lyricist as his late father with this 2007 release. He also greatly

resembles him in voice and sound. Mind Control begins with the title track and sets the tone for the rest of the album; a classic reggae beat with a perfect blend of bass and percussion, and mixed in at parts with horns, keyboards, and, surprisingly, blazing guitar.

Stephen Marley then takes the opportunity to show his musical depth by slowing it down with the soft, smooth song "Hey Baby" which features Mos Def, one of many accompanying artists on the album. Others include Damien Marley, Julian Marley, and Ben Harper.

After the first two tracks end, there is a brief fourteen second interlude which perfectly sets up the fourth track, "Iron Bars", which is my favorite song off the album. It's a gritty, fast-paced reggae hit that shadows an American style hip-hop beat.

Stephen Marley's "Mind Control" only gets better as the album goes along, showing both a soft side and the desire and ability to jam. It is one of the best reggae releases in recent years, ranking with and perhaps surpassing Damien "Jr. Gong" Marley's "Welcome to Jamrock". I am truly overjoyed that the Marley legacy lives and on, and is finally producing albums that do justice to the legend himself. I give "Mind Control" a nine out of ten.

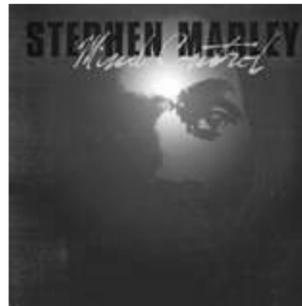


Photo from amazon.com

Hope Unlimited

Family Care & Medical Center

Offering Hope & Choices to Women Facing Unplanned Pregnancies.

ALL SERVICES FREE & CONFIDENTIAL

Free Pregnancy Tests, Abortion Information (Procedures & Risks), Post-Abortion Counseling & Support Group, Adoption Information & Referrals, Maternity & Baby Clothes, Teen Pregnancy Support Group, Counseling, Abstinence Education

24 HOUR HOPELINE

(270) 442-1166 ~ 1-800-785-4442

1101 Jefferson Street, Paducah, KY

SUPERCCELL

AT&T Authorized
Retailer

Five Convenient Locations:

2911 Lone Oak Rd, KY Oaks Mall, 3101 Irvin Cobb Dr.,
550 Hwy 62W, & Benton Court Square

Keith L. White, D.M.D.

Kelvin L. White, D.M.D.

Greg C. Goodman, D.M.D.

Office Hours
By Appointment



Toll Free 800-810-8005

Phone (270) 898-6215
Fax (270) 898-6504
6045 Kentucky Dam Road
Paducah, KY 42003

Phone (270) 554-1904
Fax (270) 554-1905
150 North Friendship Road
Paducah, KY 42001

Free Association

Hannah Hudson
Business Manager

Participants	Candy	Cherubs	Cupid	Valentine's Day
Jordan Potter (9)	Hyperactive	Angels	Wings	Hearts
Blake McKinney (10)	Sweet	Heavenly	Arrows	Cards
Courtney Jenny (11)	Yea!	Church	Valentines	Candy
Ashley Tremper (12)	Yum!	Cute	Love	Roses
Mr. Whitley	Man	Chocolate	Square	Black

MYSTERY STARS



Blake Harrison
Assistant Editor-in-Chief

The freshman of the month follows in two of his siblings' footsteps. He's an avid runner who loves to play guitar. Not only that, but he is a proficient drummer. He has first lunch, and he often frequents the French fry line. As a younger child, he unfortunately broke his collarbone. As strange as it may be, his sister has also broken her collarbone. Who is he?

This month's sophomore mystery star is one handsome man. He stands at 5'10, and he enjoys playing sports in his free time. If he's not in the mood for outdoor activities, he loves to play Wii. He has a sister and two brothers. He is a very lovable guy, and, in his own words, is "very fond of foreign women." Can you guess this mystery star?

The junior mystery star is most definitely a bad dude. If he's not eating cheese or playing soccer, you could find him playing his woodwind instrument. His dream car is a "Chevrolet Caprice on Dayton rims." He's been known to spit some pretty sick rhymes, and he's definitely unforgivable. Who is he?

The last mystery star of the month is a senior. He likes to hang out with his friends and is an avid college sports fan. He is involved in a number of clubs, including the Beta Club and the Chess Club. His dream job would be being the President, and I'm sure he'd be great at it. He's an Eagle Scout, and his grandfather is considered a WWII hero.

What's Your Story?



Patrick Hollowell
Staff Writer

Our freshman for the month is Ashley Paige Harris. Ashley swims for the Lone Oak Swim Team and is a member of the Math Club. Some of her best friends include **Megan Ross (9)**, **Sarah Galloway (9)**, and **Eden Lance (9)**. Ashley's favorite class is Geometry with Mr. Armstrong. On the weekends Ashley likes to go to the movies and hang out with her friends. Ashley would like to help children when she gets older.

This month's sophomore is Elizabeth Cornwell. Elizabeth is a member of the Pep Club. Some of her close friends are **Michelle Hill (10)**, **Madison Bundy (10)**, **Audrey Shuemaker (10)**, and **Shelby Finley (10)**. On the weekends she likes to hang out with her friends and catch up on her sleep. Her favorite class is Spanish with Mrs. Fouse. Elizabeth eventually wants to move out of Paducah and in ten years she sees herself married with kids.

Lauren Hill is our special junior for the month. She is a member of our choir and her favorite class is World History with Mr. Neel. Lauren enjoys hanging out with her friends and going bowling on her time away from school. You will often see Lauren with her best friends **Lindsay Monical (11)**, **Wendy Farmer (11)**, and **Kayla Prall (11)**. Lauren aspires to be a photographer when she gets older. In ten years, Lauren sees herself anywhere out of Kentucky.

Jackie Reeder is our senior for the month of February. Jackie is president of the Art Club and a member of our choir. Her best friends are **Rachel Carter (12)**, **Aaron Megibow (12)**, **Max Humphrey (12)**, and **Jessica Willingham (12)**. On her free nights Jackie likes to work parties for Area 51, do artwork, and read. Jackie's favorite class is AP Studio Art with Ms. Linda Harper. After high school she plans to attend Brescia and become an art teacher. Jackie sees herself living in a mansion in Florida with five dogs and ten kids in ten years.

Photos by Jeannie Suhrheinrich

Which President Are You?

Aaron Megibow
Entertainment Editor

- If you were president, you would be most known for:
 - "Nuke-you-ler" not nuclear
 - Not inhaling
 - "Happy birthday, Mr. President!"
 - Your severe case of kleptomania
- The woman you would marry must:
 - Always have a blank stare on her face
 - Run for president
 - Be super fabulous
 - Stay out of the spotlight
- Your campaign for office would include:
 - Accusing your opponent of flip-flopping
 - Playing the saxophone
 - Many affairs with many mistresses
 - Admiration of your big nose
- Once in office you would:
 - Make everyone angry
 - Get out of debt
 - Invade Cuba
 - Steal all the furniture in the oval office

Mostly A's – George W. Bush
Mostly B's – Bill Clinton
Mostly C's – John F. Kennedy
Mostly D's – Richard Nixon

TOD MEGIBOW

ATTORNEY AT LAW

(270) 442-0121



"Extremism in defense of liberty is no vice. Moderation in pursuit of justice is no virtue."

-T. Megibow



www.educate.com

High school demands a higher level of reading.

Sylvan has a tutor for that.



Sylvan can help your child master the strategic reading skills that increase speed and improve comprehension.

- Only Sylvan can give your child personalized reading tutoring to aid with the increasing demands of high school work.
- See why more parents turn to Sylvan than to any other tutor. And why more teachers choose Sylvan for their own children.

Did you finish the ACT in time? Would you like to read more effectively? Guaranteed 100% increase in Effective Reading Rate. Call 554-4111

Word Knowledge • Vocabulary • Comprehension
Critical Reading • Fluency and More!