



The Oak "K"

Volume 59

Number 5

January 2001

The Official Publication of LOHS

"What's another word for thesaurus?" -Stephen Wright

Governor's Cup looks golden

Staff Writer

With an incredibly successful season under their belts, the Academic team is taking a well-deserved break to rest their thumbs and brain cells. In the back of their minds, however, is the upcoming Governor's Cup, where they are favored to take both the District and Regional title.

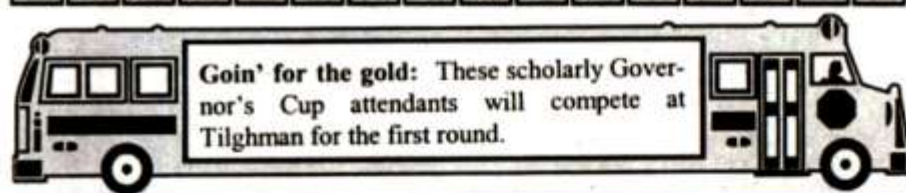
The Quick Recall team will not be the only representatives for Lone Oak at Governor's Cup, however. Several other students were nominated by teachers to compete in the Composition, Math, General Knowledge, Language Arts, Science, and Social Studies, and Future Problem Solving competitions. Among these students are Jay Swacker (12), Amy Chapman (12), Brett Sanders (12), Josh Woleben (11), Garrett Wheatley (12), Jason Bergstrom (12), Amanda

Reniker (12), Nathan Thacher (12), Jesse Brenneman (12), Kyle Martin (12), Jessica Miller (12), and Lane Crawford (10).

Mr. Toy, the Quick Recall coach, expects great things from this year's Governor's Cuppers. "This is a strong group of students who came from excellent faculty recommendations. Our goal is to win District and Regionals and to qualify as many people as we can for the State competition."

The District Future Problem Solving and Composition events will take place on January 26, with the top five scores advancing to Regionals on February 24. All other areas will compete in District competition on February 10. All students who advance past Regionals will compete in the State tournament on March 11-12.

**"Governor's Cup is 99% backache and 1% headache."
-Josh Woleben**



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Downtown Paducah's hottest new spot is The Indie Rock Café!



Sports ...

Take the Super Bowl Challenge to see if you're a gridiron guru!



It's Candy Gram time again, LOHS

Kelly Reeves
Executive Editor

What is red and white and can be sent directly to the lover of your choice? No, kids, it's not Cupid's arrow, it's Candy Grams! That's right, it's that time of year again, folks! Valentine's Day is coming up and FCCLA's Candy Gram fundraiser is start-



ing to get in full swing!

Luckily, this year's yummy pops are about the same as last year's. There will be heart shaped pop in three different flavors of strawberry/vanilla swirl, cherry/vanilla swirl, and cherry and cupid pops in watermelon or strawberry with gum. A student can buy these tasty treats and send them to their Valentine for a low price of only thirty-five cents each or three for a dollar. Candy Grams

will go on sale Monday, January 29 through Monday, February 12 and will be delivered on Valentine's Day.

Contrary to popular belief, this project is not a big money

maker for the FCCLA. The money that is made, however, goes to help fund the community service projects and supplies for the FAC classes and the club. So let the Candy Grams continue because as



Club News

Justin Latta
Coroner

- **Academic-** The Academic Club will be going to support the Academic Team on January 26th, February 10th, 20th, and 24th and March 11th and 12th.
- **FCCLA-** In January the FCCLA will be hosting a baby shower for Hope Unlimited and will start selling Candy Grams. On February 13th they will participate in the Region I Star Events. Finally, they will begin the Walk of America in March.
- **FCA-** Hosted a lock-in the 19th of January.
- **BETA-** Organizing a project to clean up the courtyard between the E Building and the main building. In February they will be helping out at HLOES with a Valentine's Day Party.
- **Chess-** Surprise, surprise ... playing chess.

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Senior News

Jay Swacker
Design Editor

- ✓ The FAFSA form must be completed and received by April 1st. Students can fill out the form online at <http://www.fafsa.ed.gov>
- ✓ Seniors that are stilled undecided about a career can sign up to take a counseling test. Make an appointment with Mrs. Light for more information.
- ✓ The following Kentucky colleges' application deadlines are February 1st: Centre College, Eastern Kentucky University, Georgetown College, Murray State University, Northern Kentucky University, and Western Kentucky University. (The University of Louisville's deadline is January 31)
- ✓ Students must submit applications to PCC by March 10.
- ✓ If your parents are members of the Kentucky Farm Bureau and you have a 3.5 GPA or a 23 on the ACT, you are eligible for a scholarship. Deadline is February 23rd.
- ✓ 2001-2002 Teacher Scholarship applications are available. This is for students who plan on teaching as a career. The application is also available at the KHEAA's web site: www.kheaa.com
- ✓ The Kentucky Association of Conservation Districts (KACD) Auxiliary has announced the George Crafton Memorial Scholarship for students majoring in Agriculture or Conservation. Deadline is April 2nd.
- ✓ If you have questions or comments, Mrs. Light will be outside the cafeteria during lunch one day a week, or you can stop by the Guidance Office.

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Mrs. Wear is movin' on up!

Hunter Campbell
Sports Editor

Mrs. Donna Wear was named interim principal of LOHS at the January 8th School based council meeting. By consensus, the council requested Superintendent Tim Heller to appoint an interim. He immediately named Mrs. Wear to fill the position left vacant by Mr. Wallace Adams' recent retirement.

Mrs. Wear said, "I am very excited about being principal because you still get contact with the students, but it's different than being the assistant."

Mrs. Wear has appointed Mr. Adams to stay on as assistant principal for fifty days. She said, "I like having him here because I don't have to train anyone in the

position. He already knows the school and all the faculty, and he's already taking a role in the everyday activities of the school."

Mr. Buddy Rushing, another seasoned veteran, will then finish out the year as assistant principal.

Mrs. Metzger, librarian and one of the faculty members on the SBDM Council, said that she was happy with Heller's decision. "We think that this will work out just fine," she said.

Abin Matin (11) was also pleased with the decision. "I think it's good," said Matin. "Mrs. Wear has already done a lot for our school through her involvement and handling of activities, both in school and extra-curricular. I'm sure she will continue to do the

same as our principal."

History and Government/Economics teacher Mr. Watwood has a unique outlook on Mrs. Wear's appointment as interim principal. He stated, "I feel like I'm a student in high school all over again." Mrs. Wear was also Watwood's principal during his high school years at Ballard Memorial High School.

The LOHS SBDM is expected to fill the principal's position permanently for the 2001-2002 school year sometime later this spring.



Mrs. Wear, Lone Oak High School's new interim Principal.

Wash your hands, please!

By Staff Writer

This is not a pleasant subject, but it is important for the public good. PLEASE WASH YOUR HANDS AFTER USING THE RESTROOM!!

I don't know how many times I've been in the restroom and have seen someone come out of a stall after taking care of personal business and that person just walks right out of the restroom without stopping to wash their hands! The grossness doesn't stop there. That same person will go directly to the water fountain - leaving nasty germs and un-

told body fluids there and then proceed to the lunch line where they will fish around for a fork and spoon in the community utensil holder and proceed to touch food on the lunch line that you and I will eat.

If you are guilty of this, be aware that not only are you running the risk of getting sick yourself with all kinds of viral infections, but just as importantly you are a threat to the health and well-being of others by spreading disease-causing bacteria - all because you won't stop to wash your hands. (Ever wonder why you can't get rid of that nagging cold?)

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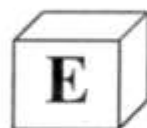
Blake Owen
Features Editor

Teenagers are commonly stereotyped for a large number of things, from listening to music too loud to being disrespectful hooligans. One of the most common is that they all can't wait to grow up. On February 13 the junior class gets to experience just what the real world is like without ever leaving the safety of LOHS in a scenario called Reality Store.

All 172 juniors will participate in Reality Store, an exercise in helping youth understand some of the "realities" involved in preparing for an employable future. Students will be assigned careers, marital status, and salaries.

Around 40 volunteers from the community, including about 20 from local businesses and 20 parents, will participate in the event. These adults will be playing the roles of bosses, bank employees, and other people that the students will come in contact with during their adventure into the real world.

Along with the community members and volunteers, some of the LOHS faculty is also participating in the day. One of which is Mrs. Helmich. When asked about the exercise, Mrs. Helmich commented, "I feel this will be a great experience for our students. It will help them become aware of basic skills in financial planning, goal setting, decision making and career planning."



The Oak "K" Staff



The Oak "K" is a publication of Lone Oak High School, distributed monthly to all students, faculty and advertisers.

The newspaper is designed by staff members, using the Microsoft Publisher 98 system, and printed by the Paducah Sun 408 Kentucky Ave. Paducah, KY 42003. Letters to the Editor are to be under 250 words in length and signed by the writer. *The Oak "K"* reserves the right to edit all letters for placement as long as the meaning is not altered. The newspaper attempts to inform and entertain its readers in a broad, fair and accurate manner on all subjects that affect the audience. Final authority for the content of the paper rests in the hands of the principal.

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Justin Latta

World War II memorial becoming a reality

Jason Bergstrom
Editorials Editor

Last month, Lone Oak contributed to the national effort to erect a monument dedicated to those who served during World War II.

LOHS senior Casie Skaggs sponsored a fund last month, collecting over \$300 in the process. "Miss Skaggs was the leader of this cause, primarily to honor her grandfather, a veteran of the war, who unfortunately died during the collection," says history teacher Mr. Baker.

Overseeing this monumental undertaking, chairmen Senator Bob Dole and Fred Smith, along with

major support from actor Tom Hanks and Stephen Ambrose, are utilizing the proceeds from the National World War II Memorial Fund to finally honor the veterans of the second Great War. The memorial's construction has been set since Veteran's Day, 1995 and will be at the Rainbow Pool Site between the Lincoln Memorial and Washington Monument in Washington D.C.



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The changing trends of music



Justin Latta

Coroner

Have you ever heard a song on the radio that you really liked and wondered who played it? Well it was probably Rush, Kansas, or even Guns 'n Roses. All of these bands have broken up and their players have gone their separate ways. What I can't understand is how society can lose interest in the past two decades in a great rock band such as Rush in the past two decades.

Let's look at this from a band's perspective and the choices of that

band. A musical group can ALWAYS conform to the mainstream; it is a matter if they are playing their music for money or if they are doing it because it is what they love. Any-

one remember *Rock You Like a Hurricane*? Sure, everyone knows that song. Okay, let me ask you another question, who performed it? All those 80's rockers re-

member it was the Scorpions. Some other big hits by the Scorpions were *Winds of Change*, *Still Lovin' You*, and *Blackout*. The Scorpions are still around, they

just came out with a new CD last year, but they DIDN'T conform to the mainstream, so they got put under on the radio one might say. They even came out with a single

called *Mysterious*, not many people know that either.

Let me say that I am not trying to attack anyone for not liking a certain kind of music, that is not my intent. I am try-

ing to point out that a person can do what he or she loves, and be a god one-day and a piece of dirt the next. Anyone listen to 106.7? They play a song on there that is

**"Anyone remember
*Rock You Like a
Hurricane?...Okay,
let me ask you a
question, who
performed it?"***

by Geddy Lee, the former lead singer and bass player of the band Rush. You remember Rush surely, with the great hits such as *Spirit of the Radio*, *Tom Sawyer*, and *Free-will*. Well, if you don't, then you are truly missing out on some great music. Well, the guys of Rush are no longer big here in America, but they are huge in Japan. That just goes to show you how someone can go from a superstar to nothing in a blink of an eye.

What I am trying to say is, if you like classical music or rap then keep listening to it. Just because your best friend likes N'Sync doesn't mean you have to act like you enjoy listening to it. If you don't know what music you like, then just keep searching and you'll finally find your niche of music.

What does the National Anthem mean you?



Nicole Small

News Editor

Once again, here is another editorial that will probably cause a bit of commotion at LOHS, although, this time the light shines on a both the underclassmen and seniors. I'm not going to use names to get my point across. I will simply say that an event that took place recently by a senior from LOHS was not only immature, pointless, and pathetic, it was a disgrace to our country. This event occurred during the National Anthem.

Am I going too far with this? Maybe in the eyes of most of the students at LOHS, but not in those of the Americans who fought hard and risked their lives for the country we live in.

This event is not the only disappointing action I've seen displayed by our so-called mature seniors and underclassmen. There has not been one high school game I have attended and not seen some kind of disrespectful display during the National Anthem.

For example, my whole family attended the Homecoming football game last semester, including my grandfather, a POW and a WWII



vet. While the National Anthem was being played and my grandfather was listening in deep respect, childish and ungrateful teens laughed,

talked, and sang the wrong words in hopes of getting a laugh. My grandfather was so hurt by this that I'm too embarrassed to ask him to ever come back to another school function.

I'm so sick of hearing people speaking out about how the U.S. is so terrible. The next time you open your mouth to complain about how completely awful the United States is, how about remembering the people who risked

their lives and died for your right to say that. These people are all around us. They deserve respect. That means something as small as standing silent during the National Anthem. If you don't think that your nation is worthy of that few moments of reticence, then at least remember the Veterans that do.

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Another article on respect



Jay Swacker
Design Editor

I apologize, the headline to this editorial is slightly misleading. So I would like to dispel any misconceptions you might have about this article up front: No, this isn't an article about respect for authority. No, this isn't about respect for elders. This is about respect of differences.

Diversity is the key to the biological success of any and all species, humans included. Quite paradoxically though, society and, on a psychological level, we as individuals are guilty of attempt-

ing to categorize, group, and simplify people.

In the ultra-condensed society of high school, these social schemas tend to be magnified. Every student in this building is acutely aware of all of their deviations from social norms and a simultaneously keen observer of the social disparity of others. These prevalent social attitudes effectively bar us from creating personal connections with the vast majority of the student body. The transfer and circulation of ideas and philosophies is stifled (which is sad, because that's why schools were founded in the first place, isn't it?). Even biologically, our

diversity is hurt as a whole by social standards. We would lie to ourselves if we say we haven't ever rejected dating (and possibly reproducing with) someone based on their rank in the high school "pecking order."

So the problem is clear: Social preconceptions on innate and elective differences hurt us as a whole and as individuals in many aspects of life. So how do we solve such a

problem?

I have heard many people say that we should ignore the differences between us. This is quite a naïve and, frankly, stupid suggestion. A house fire has yet to be put out by firefighters who ignore

"Diversity is the key to the biological success of any and all species, humans included"

it. No problem will ever get solved with this logic. Our differences as individuals won't disappear if we all put on blinders.

As the title of the article implies, we should respect the differences in others and ourselves. How do we "respect others' differences?" Here's an example, just a little sample: when you know someone who has a differing philosophy on some subject, you should talk to him/her and get a different perspective. This is, of course, opposite to the typical response of pigeonholing people with differing opinions. If you want to have a true effect on people and society then just remember the two tidbits of wisdom: 1) Communication is the key to success. 2) R-E-S-P-E-C-T/Find out what it means to me (and everyone else).

Get up, Stand up



Jessica Miller
Advertising Manager

Opinions are precious and dangerous things. They are important tools of democracy, and our nation is basically founded on the respect that our founding fathers gave to differing opinions. However, opinions also hold the power to segregate, resulting in war and bloodshed. As I look around me, I see much patriotism in our willingness to hold opinions; however, I see much abuse in their application.

A good example of this sentiment was the reaction to the "Disrespect" editorial printed in

the November issue of *The Oak "K."* Many people took offense to that article, and not surprisingly so; it was an offensive article. However, the way some students responded only confirmed the message that they found so insulting. By calling names, defacing the paper, and even threatening the author, not only did those responsible for these actions relinquish their opportunity to defend themselves, but they turned the focus away from the actual point of argument to a hazy area where there are no solutions.

This lack of voice represents a much larger issue than the response to a high school newspaper. Complaining and protesting are two completely different

things. Complaints only lead to greater malcontent, while protests can cause change. If an editor insults you, if a Congressman misrepresents you, or if a school rule displeases you, you have every right and reason to stand up for yourself. This does not mean that you should pick a fight, however. Fighting is simply a primitive form of resolving rank. And when you are up against a 6'4", 275 lb, Senior defensive lineman, well, c'mon now. Make an argument and explain why you disagree. By making idle threats and calling names, not only do you fail to defend your position, but you don't even take one. By arguing, no matter how many tempers flare, you keep the focus on the ideas themselves.

Those who decided to write a



letter to the editor regarding the article in question have made their voice heard. I didn't see or hear half the complaints and skiffs associated with "the article" (maybe that was the point), but the letter is in the hands of every member of this school. Let that be a lesson to us all. If you hate Capitalism, vote for the Socialist Party. If you hate pollution, pick up trash. If you disagree with a staff member, write a letter to the editor! Stand up for what you believe in, but do so wisely, for an opinion is a terri-

Gene Boaz Photography

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Get your Senioritis vaccination



Jason Bergstrom
Editorials Editor

For some of my fellow seniors, the beckoning of a college life is loud, clear, and near. Those dreams of extensive freedom and living on our own are within reach. For others, a successful life in a job and making a living in some utopian town are only a heartbeat away. It seems that these aspirations were light years away and we never imagined we would ever be this close to them,

to experience them finally. However, no matter how badly we want them, no matter how close they are we can taste them, we have one more obstacle to overcome: Our final semester. How we treat this last semester can *make* those dreams come true, or *destroy* them as if they never existed.

As common as the cold and as deadly as the plague, Senioritis strikes around this time of year *every year*. In a few months all we will think about is *that* school's almost *out* for the summer. Although named after the type of student most heavily afflicted with Senioritis (seniors),

most everyone experiences some variation of the disease. Seniors, though, need to be the most wary of contracting it; our planned futures could be ruined.

Take this scenario. You begin your senior year with dreams of entering a college that you *h a v e* been seriously thinking about for a long while; it offers everything you need to be what you want someday and fits your personality to a *T*. Time passes, you apply, and after much tension of waiting, receive your acceptance letter in the mail! Congratulations! You feel on top of the world knowing where your post high school years will be.

Soon, you don't feel the need to work as hard in your final semester, seeing as how your plans seem to be set in stone. Uh-oh. After receiving three more C's than usual on your report card, you find that your college has withdrawn your admission for falling grades. Everything you have achieved has now suddenly been washed down the drain that quickly.

As a word of advice, be noticeable of any symptoms that might lead to full-blown Senioritis. Many of us would prefer to obtain our dreams, and I am one. What is the cure for Senioritis? Good old-fashioned patience and dedication. Remember, it ain't over 'till it's over.



Letter to the editor

Dear Editor,

Respect is a mutual agreement. You gain respect from others by giving respect. Your constant babble about appreciating this and that and how you once were humble reflects only that now you are as blind as ever before. This reinforces me that I am as "mature as you are." The fact is we respect and honor our elders as much as your class, but you're not our elders! Now we do understand that there are a few "disrespectful individuals" who don't value and understand some issues like the majority of us. But that is life, deal with it. Our society is changing. People in Paducah, Kentucky are little by little opening their minds to a new change. And if this change brings a lack of respect to our seniors at Lone Oak High, then that's the way it is. It's just high school! Who cares what people think about you? I know I can

honestly say that when I'm 30 years old, I won't care if the younger or older people respected me or not. But if it still bothers all of you so bad then open your minds a little and hopefully you'll see along with the rest of us that respect is not determined by age or a title. Respect is determined by one's actions to another. To close this response, I would just like to add one more issue. We're not your scapegoats or slaves. We will not be trampled on because you feel for some reason that your title gives you the authority to do so. And if you feel like you have to pick on younger people just to make yourself feel big and important, then that shows how weak and immature you really are.

Ryan Cothron
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FPS gets off to a good start

Amanda Reniker
Circulation Manager

Everyone hears the tons of announcements that are made each day. You may have even heard a few about FPS and wondered what on Earth it is. It's not a disease. It's not a medical procedure. It's a group of Lone Oak School students that are learning problem-solving skills that we should all be jealous of.

Coached by Mr. Morehead, the Future Problem Solving Team is to, "help students hone their problem solving skills when they are presented with a situation set in the future which requires the to recognize the potential problems of that situation and solve them,"

said Mr. Morehead. This is Mr. Morehead's first year as the coach of Lone Oak's FPS team, which is led by senior, Jesse Breneman. Other members of the team include Mandy Brookshire (11), Corey Dotson (11), Megan Taylor (11), Rachel Megibow (10), Sara Pickens (10), Matt Thomas (10), Janna Wyatt (10), Brad Sanders (9), Daniel Staley (9), and Seth Thomas (9).

The team's first competition is District Governor's Cup on January 26. There, FPS teams from the district will receive a problem from an area of previous knowledge and are required to produce their best solution in an allotted time period. For a few mornings each week the team has practiced



Photo by A. Reniker

Solving the Future's Problems: This year's FPS team poses for their picture.

before school and is prepared for the upcoming competition and

hopes to advance to regional competition.

Huff earns Junior Rotarian honor

Jay Swacker
Design Editor

This year, Caleb Huff is living by his mantra, "Senior year's short, so do everything you can." Caleb is an active and outstanding student and has been named Janu-



Caleb Huff: Caleb relaxes for a quick picture.

ary's Junior Rotarian. Caleb is active in all facets of school and community life.

Caleb works at a local attorney's office and volunteers his time at Lone Oak First Baptist Church working with children. Caleb's forte is musical performance. He is a 4-year member of the All-District Band, a 3-year member of the Quad-State Band, and he was named a member of the All-State Band this year. Caleb has also received "at least a dozen" Superior ratings at various Solo/Ensemble competitions.

Caleb's favorite teachers are Mrs. Korte and Mr. Whitley. He plans on attending either Murray State University or Paducah Community College. He has no clear ideas about what he wants to study.

Little coffee shop of horrors

Justin Latta
Coroner

One of the major questions that plague teens of Paducah is where is a place to hangout? Well, finally someone made it an easy question to answer. On Broadway in downtown Paducah there is an answer to this problem, the Indie Rock Café. The Indie Rock Café has created a great place for teenagers to just hang out.

The focus at the Café is music, with usual performances by *Teenage Rehab* and *The Incredible Vegetables*. They have shows by upcoming bands such as *Sanguinair*. The main type of music performed at the café is punk rock. On the announced band nights there is usually a

five-dollar cover charge. The Café is open from around 1 p.m. to 11 p.m. on weekdays and from 3 p.m. to 1a.m. on weekends.

Bands that wish to perform at the café must contact either Adam or Alex Martin. The bands then audition for the two. If they are liked and have a song list that will appeal to the audience, they are given a shot at playing at the next concert.

January 27th is the date for the next performance and there is a five-dollar cover charge. Don't judge whether you like it or not before you give it a chance. The address is 311 Broadway and is about a block from Unga Bunga. You never know. You might like it.

What do you have to say?

Nicole Small
News Editor

Most of the students who read the Oak "K" each month have something to say about the articles they've read. Some of the editorials written are controversial. Once in a while a mistake may be made in the stories. You have your own opinion or story you would like the students and staff at Lone Oak High School to know about.

Let us know your musings. Whether you're a student or a staff member we want to hear from you. You can bring your written thoughts to Mrs. Campbell's room, number 200 or to any Oak "K" staff member. Please make sure to sign your name to all writings you turn in. We cannot publish any story without a known author. We can't wait to hear from you!

Going inside the NASCAR scene

Julie Cogswell
Guest writer

Watching Nascar races is simply a hobby, something that is enjoyed on the weekend over a bowl of chips and salsa. To most fans this is the case anyway. Very few get the opportunity to see what goes on the weeks before race day and even the morning of the race. I guess I am considered to be one of the fortunate few who get to experience what goes on behind the scenes.

For as long as I can remember, my dad has worked with cars in some shape or form. He fixed them, rebuilt them, you name it. About seven years ago, he finally got the opportunity to take his passion a step further, and that was to be a crew chief for one of the Nascar teams. It was his decisions and coaching that got several different drivers to victory land over the past few years.

During the week, while in the shop in Charlotte, North Carolina, he works

on the cars just as much as anybody else, fine tuning the engine, building the transmission, and even the little things like checking the battery. On race day, he does all of the finishing touches with the setup of the car and has the last minute meeting with the driver to work out all of the kinks and then, during the race, he stands in the pit area with his headset on and coaches his driver to victory, which is what he hopes for at least.

Once in a while, if Nascar has a race close to here or if I am visiting him in

North Carolina, I get to go to a race. I get to go to the garage area, go into the massive trailers and during the race I usually sit on top of the toolbox behind the pit wall, out of the way, so I can observe what is going on. One of these days, if I am lucky enough, I anticipate getting to go to victory lane with the team and join the celebration of a team who had what it took to beat out the other 40 or so cars in the field and was the first to cross the finish line.

The trials and tribulations of oatmeal

Jessica Miller
Advertising Manager

Oatmeal has made me the person I am today. Through its bland taste, slimy texture, but healthful qualities, it has placed within me a desire to disregard the unpleasantness of certain activities that will make me a stronger person. Choking down the oatmeal in life is what makes the rewards so sweet. What would cause a high school senior to contemplate breakfast in such an analytical manner? The college application process causes a person to hyper-analyze even daily chores, such as eating breakfast, in order to create the perfect essay.

Over the past few months, every bit of my existence has been broken down and filed by its effect on my character. Being a reflective person, this has not been unnatural or difficult for me. I can easily see how just one repulsive bowl of oatmeal each morning has not only put metaphorical hair on my chest, but has also added depth to my character. By swallowing the slimy goo with a smile, I learn the importance of doing undesirable things to reap desirable rewards.

Unfortunately, this level of scrutiny has exceeded a reasonable boundary. No situation is safe from the probing eye of the college-essay-detector that is buried in my subconscious. Even my friends are at risk of a thorough inspection of their life experiences, and how our differences have caused us to evolve into unique people.

Not even shoe-tying has escaped this

analysis. For example, does the thought process involved in tying a person's shoes indicate one's personality? I tie my shoes by wrapping one lace over the other looped lace, pulling through, and Wala! My friend, however, makes two loops and wraps those around each other. Does this indicate her rebellious nature for using the less-standard approach, or was that simply the only way she was ever taught? I will leave this question open for debate.

Meanwhile, the conclusion I have reached is that the college acceptance process cannot come too soon, so that I can go back to putting on my shoes without analyzing why I tie my shoes, why I even wear shoes, or what kind of person I would be if I went barefoot.

My advice to each senior in my situation would be simply to swallow the oatmeal and prepare for a wonderful dessert, rich in opportunity, education, and excitement. It is a difficult task to evaluate your experiences, personality, and potential as an excellent student for XYZ University, and fit it into the format of a 500-word essay on your favorite pet. However, by putting off applications until the last minute, every horror associated with them is exponentially increased, and their discomfort is elevated to a mind-numbing pain in the neck. Looking past all the present discomfort, though, I am concentrating on a happy life in college, a magical world where oatmeal doesn't exist.

Valentine's Day Word Search

Kelly Reeves
Executive Editor

F H B D J O L N F S G J B F G X U B P
D H V K D J T M V A L E N T I N E U L
X H Y D C Y G L B D K Y G L O V F R L
F U A A H V K Y J D I F A N H D O R J
A G N B O T H I E L G D T X E M I F M
D D N Q C C V B S W E E T U A P T X J
Y M Y Z O W C B M S T Y R N R U Y A C
F S P H L T Z S O G M B C Q T G F D Y
I G A B A Q G S E Y D E G E G A P O R
F S H T T G S V Y S E W A N U F J W A
P H T J E J O F D A R Q K I G S P U U
G S X Z S L Y F J H V A Q M G S R N R
T J V D K Y D J R K B F E E U F C N B
C Z N W O R R A D N A W O B D B X K E
A E W H G T J F E O P Y D G Y Q F C F
C U P I D W B D H Y F U P I H D F R B
D T J B D J U F J K B V G F D F D S B
S B C V N M S R E T T E L E V O L E Z
F J B S Y T R E W Q I O P L K J H G T

Love
Cupid
Candy
Kiss Me
Valentine

Romance
Heart
Love Letters
Chocolates
Be Mine

Sweet
Bow and Arrow
Teddy Bears
February

Bring the noise with Super Bowl Trivia

Jake Mitchell
Managing Editor

The Steel Curtain. The Doomsday Defense. Roger Staubach. Vince Lombardi, Tom Landry, and Bart Starr. All of these names reek of instant football fame and history. Great teams, great players, and great coaches are what compile championship teams. For the 35th year, the National Football League squares off two of its best teams in America's most watched television program, the Super Bowl.

This year, Super Bowl 35 takes place between the Baltimore Ravens and the New York Giants. In the spirit of big-time football season, I have composed a little Super Bowl trivia to spark the interest of all you football buffs out there. Good luck!

1) Legendary 49'ers quarterback Joe Montana is famous for Super Bowl heroics. How many times has he won the Most Valuable Player Award?

- A) one
- B) two
- C) three
- D) zero



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2) One team is famous for Super Bowl Flops. They appeared in four straight championships, only to lose every one. Who is this dismal franchise.

- A) Buffalo Bills
- B) San Diego Chargers
- C) Detroit Lions
- D) New England Patriots

3) The Dallas Cowboys and this other team share the record for the most Super Bowl victories.

- A) Pittsburgh Steelers
- B) Oakland Raiders
- C) San Francisco 49'ers
- D) Green Bay Packers



4) Where was Super Bowl XVI held?

- A) Lambeau Field Green Bay, WI
- B) Joe Robbie Stadium Miami, FL
- C) Pontiac Silverdome Detroit, MI
- D) The Astrodome Houston, TX

5) Who were the participants in the very first Super Bowl?

- A) Minnesota Vikings and Miami Dolphins
- B) Dallas Cowboys and New England Patriots
- C) Chicago Bears and Oakland Raiders
- D) Green Bay Packers and Kansas City Chiefs

6) The first championship game was not known as the Super Bowl. What was it called?

- A) Cereal Bowl
- B) AFL-NFL World Championship
- C) The National Championship
- D) NFL Classic

7) The big game wasn't called the Super Bowl until the ___ playing.

- A) 3rd
- B) 4th
- C) 5th
- D) 6th

8) Who holds the record for most career Super Bowl receptions?

- A) Art Monk, Washington
- B) Andre Reed, Buffalo
- C) Jerry Rice, San Francisco
- D) Michael Irvin, Dallas

9) Who holds the record for most rushing yards in a single Super Bowl?

- A) Timmy Smith, Washington
- B) Thurman Thomas, Buffalo
- C) Emmitt Smith, Dallas
- D) Marshall Faulk, St. Louis

ANSWERS

1) C) 2) A) 3) A) 4) C) 5) D) 6) B) 7) B) 8) C) 9) A)

UK 'Cats finding ways to win UK

Hunter Campbell
Sports Editor

With a long tradition of winning, the Kentucky Wildcats Men's Basketball team's 3-5 start came as a surprise to everyone. The close losses to St. John's and Michigan State, coupled with a Penn State upset of the 'Cats had UK rattled, but they bounced back to reel off six straight wins, including three in their conference, over Georgia, South Carolina, and the then Number four team in the country, Tennessee. But by far the biggest win of the season for the 'Cats was the nineteen point crushing of North Carolina at North Carolina.

Sophomore guard Keith Bogans

leads the Wildcats in scoring with over 18 points per game. Juniors Tayshaun Prince and Marvin Stone lead the team in rebounding and blocked shots, respectively.

However, wins, losses, and statistics have not been dominating the minds of Cat fans lately. Rick Pitino, who resurrected Kentucky's program after embarrassing sanctions barred them from postseason play, recently resigned from his position as Head Coach and President of the Boston Celtics. Almost immediately, the Bluegrass State started having visions of a triumphant Pitino return to the Rupp Arena sidelines. So far no word has been received concerning a Pitino comeback, but Tubby Smith's job is safe for now,

as Pitino has said that he will not make a decision until the season is over.

The Wildcats are well into their rough Southeastern Conference schedule, and they remain one of only a few teams with one loss left in the SEC, after a loss to Ole Miss. They have an upcoming game against Florida, although injury filled and on a losing streak, highly touted and ranked in the Associated Press and ESPN/USA Today Top 25.

You can be sure that I will be back with updates on how the boys in blue are faring in their quest to return to the glory days of the National Championships of 1996 and 1998.

Lady Flashes lasso Marshall County

Amanda Reniker
Circulation Manager

They finally did it, and they have never been so proud. On January 16, the Lady Flash (12-2) beat the Lady Marshals of Marshall County 52-49. Going into the game, both teams were looking to avoid their third loss, and Marshall was considered the favorite on their home court. With large amounts of determination and a huge visiting crowd, the Lady Flash hit the floor in Marshall with an amazing amount of determination to destroy the team that had cost them the last two Re-

gional championships.

The girls played hard in the first half and went to the locker room with a 26-23 lead, despite giving up some offensive rebounds. With continuing strength, the Lady Flash continued to battle the Lady Marshals until the last moment of the second half. **Heidi Seltzer (12)** led the Flash with 26 points, **Jessica Pace (12)** had seven, and sophomore **Katie Shelbourne** had six. With a final score of 52-49, the girls were 20 of 40 from the field and 9 of 12 from the free throw line.

Though, you shouldn't mistake their pride for arrogance. Ask any

member and they will be sure to tell you that, "nothing counts until the regional tournament," **Courtney McClure (12)** said. The girls' JV and varsity teams will meet

Marshall again on February 15 at Lone Oak and hopes to repeat the victory that they have had coming for a long time.

District position vital for Oakers

Jake Mitchell
Managing Editor

With barely a .500 record, one might think that the Lone Oak Purple Flash (9-7, 3-1 District) basketball team is a slacker in the regional race.

Well, even one of Dionne Warwick's fortune tellers couldn't predict how this year's tournament will shape up. The Flash's second district, comprised of county foes Reidland, Heath, and Paducah Tilghman, is dominated by the Tornado. However, even though the Flashes came up winless

against the big Blue, they are still in hot contention for the regional tournament. Currently they are second in the district, behind the powerhouse Tilghman. Reidland and Heath are the cellar-dwellers.

Pressure defense and the fast break are necessities for victory, according to coach Smithmier. Lately, however, Smithmier feels they have slacked on execution.

"We need to pick up defensive pressure to win. I was very disappointed in our last two outings (against Marshall and Tilghman). We must improve or continue to have problems winning," he said.

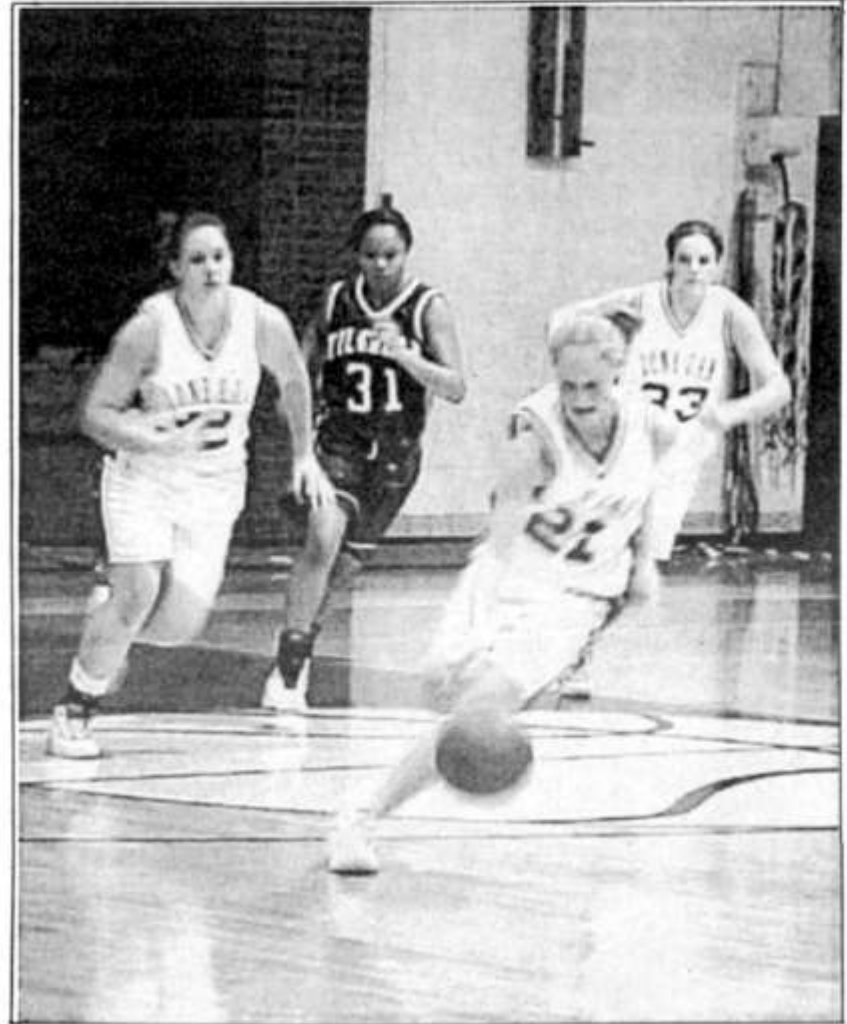


Photo by A. Reniker

Thief!: Sophomore **Katie Shelbourne** runs away with a steal as a Tilghman player and fellow Flashes **Katee Buchanan (9)** and **Ashlee Buchanan (11)** watch the action.

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