



The Oak "K"

The Official Publication of LOHS

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1999

"Life will always be to a large extent what we ourselves make it." Samuel Smiles

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Welders win Mid-South 2

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Girls kick their way to a district title

Seth Bowen
Business Manager

On October 20, the girls began their district tournament at Reidland. In the opening round, the girls pulled out a victory over St. Mary's 3-2, avenging earlier losses. Two days later, they played in the district championship against Tilghman, a game in which they prevailed in a shootout.

They also competed at Regionals the following week at Tilghman High School. They were victorious 1-0 in their opening game against Dawson Springs. In the semifinals, Marshall County narrowly defeated the Lady Flash 1-0 in overtime.

The girls Varsity soccer team went 10-5 through the regular season. Their only losses during that time came to Tilghman twice, St. Mary's twice and Fort Campbell once.



Lady Flash soccer team conditioned themselves for the grueling season.

Through hard work and perseverance the boys team was able to have a positive end to a tough season as well. The Junior Varsity squad earned a 0-0 tie with Marshall County. Two days later they

lost to Tilghman 2-1.

The varsity boys had a 1-3 record. They beat Lyon County 2-1 in overtime and lost to Marshall County, Tilghman, and Mayfield.

LOHS teens lay down the law

Jody Suhrheinrich
News Editor

Move over Judge Judy! Teen Court is ready to rule. No, Teen Court isn't a new TV sitcom. It's a program in which students from McCracken County have the opportunity to defend, prosecute and sentence other juvenile offenders.

LOHS has about 26 students who intend to participate, including: Seniors- **Melissa Franklin, Erin Malmquist, Jordan Kinsey, Monty Breneman, Heather Crews, Corey O'Brien, Tim Mur-**

phy and Brandon Ragsdill, Juniors- Carl Lynn Huffine, Phillip Sollitto, Kelly Cline, Jenny Chambers, Jesse Breneman, Nick James and Jay Swacker, (Sophomores)- Tina Stapleton, Emily Goehman, Stacy Williamson, Josh Ramirez, Mark Beals, Candice DeWeese, and Veronica Clark, and Freshmen- Holly Adcock, Aime Diggs, Rachel Megibow, and Seth Bowen.

These teens will have the chance to act as actual prosecutors, defense attorneys, bailiffs, clerks, and jurors in cases involving teens who have

already plead guilty to minor offenses such as shoplifting or traffic offenses. All cases will take place at McCracken County Courthouse beginning extensive training in preparation for this hefty responsibility. Once training is completed and Teen Court members are sworn in, they are expected to act as professionals, including appropriate dress and mannerisms.

"This is a golden opportunity for anyone considering any type of career in law procedure or enforcement," said Mr. Roe.

Tradition continues as welders win 11th Mid-South Championship

Megan Williams
Co-Editor-in-Chief

Traditions are usually considered simple things such as decorating trees every Christmas and eating Thanksgiving dinner with family. Here at LOHS the welders have expanded the definition of tradition to include winning championships.

After winning the state championship in August, this year's team of **Kyle Atherton** (12), **Jason Carnine** (12), **Josh Goodwin** (11) and **Lee Sullivan** (12) won the Mid-South welding finals for the eleventh time in fourteen years.

They defeated Tennessee at the championship held in Memphis this September by 85 points. Atherton



Lee Sullivan, Jason Carnine, Kyle Atherton and Josh Goodwin prepare to enter the welding booth at the Mid-South finals.

also won the individual welding contest at the Mid-South competition.

While LOHS welders make winning the state and Mid-South Championships appear easy, it is a very difficult task. Each year a whole new team must be selected because members can be on the welding team for only one year.

"It takes dedication, hours of work and personal sacrifice to become a welder. A good attitude is also necessary in order to be successful. Attitude determines altitude," said Mr. Wood.

The welders are currently in the process of choosing a new team for next year.

Academic team closes out a successful season

Lucy Jackson
Co-Editor-in-Chief

Both the Varsity and Junior Varsity Academic Teams closed out this year's season with impressive records. The JV team went undefeated for their 3rd consecutive season with a 10-0 record. The Varsity team pulled out a 7-3 record.

With the regular season behind them, the team is now focusing on their upcoming tournaments. The first tournament is the Hart County

High School Invitational which will run November 12 through the 13. The tournament will consist of 16 teams each representing one region of the state. LOHS will be representing the first region. It should prove to be a very challenging tournament considering it is statewide and the best team from each district will be attending.

"Simply being invited to compete is an honor," said Mr. Toy, the team's sponsor.

Amy Chapman (11), **Lyndi**

Curtis (12), **Brett Sanders** (11), **Jay Swacker** (11), **Garrett Wheatley** (11) and **Josh Woleben** (10) will be competing at this event.

On November 22, the team will go to the West Kentucky Academic Bowl at P.C.C. to defend their two time position as champions. They will start off the tournament competing in the 2 district against Heath, Reidland and Tilghman. The finals will be held on December 9 when the four district winners

come together to compete.

In December the team will be taking the Knowledge Masters Open which is an International competition. The past two years LOHS has placed in the top 25 schools in the world.

"This year I think we'll do as well as we did last year if not better," said Swacker, co-captain of the team.



Dairyette

Old Fashioned Cooking

In Lone Oak at the traffic light next to Union Planters Bank
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The Oak "K"

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Colonels truck it to semifinals

Andrea Ramey
Advertising Manager

The marching band has rapped up yet another successful season. To be qualified for KMEA State Quarterfinals, one distinguished rating must be received. The Colonels received four.

Eighteen bands performed at the Quarterfinals, but only eight were selected to move on to the State Semifinals in Bowling Green.

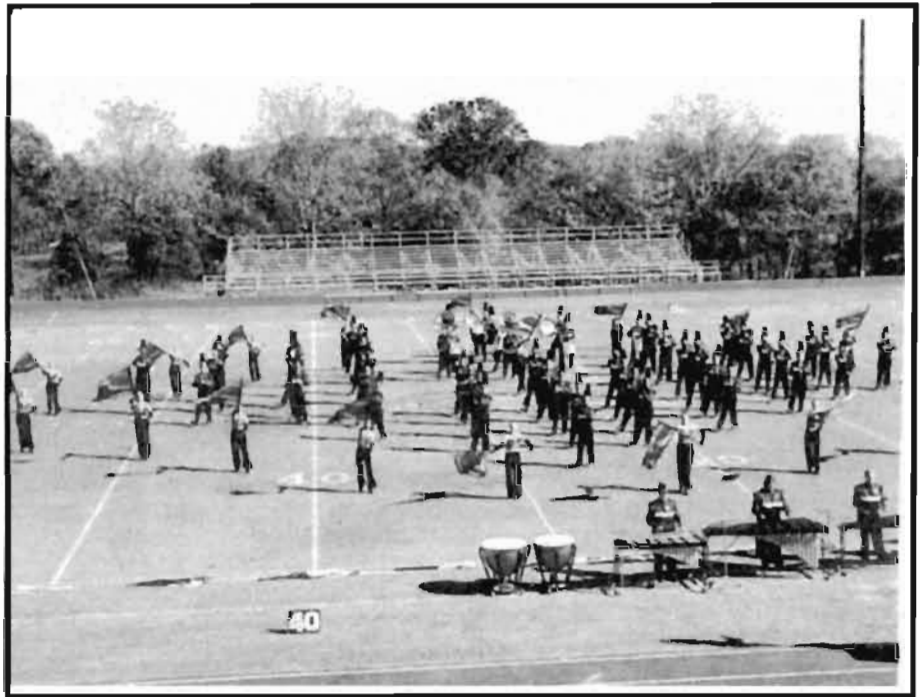
The semifinals took place in the morning with eight bands from West Regional Quarterfinals and eight bands from East Regional



Quarterfinals competing. Out of these sixteen bands only four could move on to compete in the finals which were held at Western Kentucky University.

The Colonels placed 3rd at Quarterfinals and at the Semifinals placed 5th with only two-tenths of a point away from making the finals.

This excellent season proceeds many achievements of the Colonels in previous years. Those who have followed the Kentucky Colonels congratulate their efforts and commend them for putting together yet another fabulous program.



LOHS Band and Color Guard compete at competition.

BETA Clubbers gear up for convention

Staff Writer

As the weather gets colder, the Beta Clubbers are gearing up for the annual convention in Lexington. Twenty-eight students from the LOHS Beta Club will attend the convention December 2 through 4. Beta convention gives club members statewide a chance to interact and learn from each other, it offers competitions for the members to get involved in, and it is a time when

the club members can vote on their state officers.

In fact, several members of the LOHS Beta club will be competing in various activities. Seniors **Lori Millner**, **Amanda Dycus**, and **Shay Barnes** will be competing in the talent competition with their rendition of "I Can Love You Better" by the Dixie Chicks. Students will also take various tests: Seniors **Rebecca Huyck**-English, **Cory O'Brian**-math, **Tim Murphy**-social studies, **Casey**

Brantley- science, and **Becky Clausen** will be making a craft.

Every year, the Beta Club sends a candidate from Lone Oak to run for a state office. This year, **Kelly Reeves** (11) has been selected to run for state vice president. She and the club have already started preparing her campaign, which is a long and tedious job. Wish her luck!

Kelli Reams (12), president of our Beta Club is excited about this year's convention.

"I think that all of our hard work on the vice president campaign will pay off and I'm certain that the members that are involved in other competitions will represent LOHS really well," she says.



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dippin'
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Ice Cream of the Future.

Co-op class enters real world

Lucy Jackson
Co-Editor-in Chief

The Office Procedures and Cooperative Education classes at LOHS had the opportunity on October 1st to take part in a shadowing program. 44 seniors participated in the program by visiting local businesses and spending a day in the "real world" of work. Through the program these teenagers were able to work in some of the jobs areas they are actually interested in pursuing later. Karen McCuiston, Grant Writer and Director of Public Relations for McCracken County Schools was instrumental in organizing the program as were Mr. Adams and Mrs. Harper.

Each senior selected a career area and was able to go to one of 24 businesses in the community for a day. They then returned to LOHS and focused on writing a 1-2 page paper evaluating their experience.

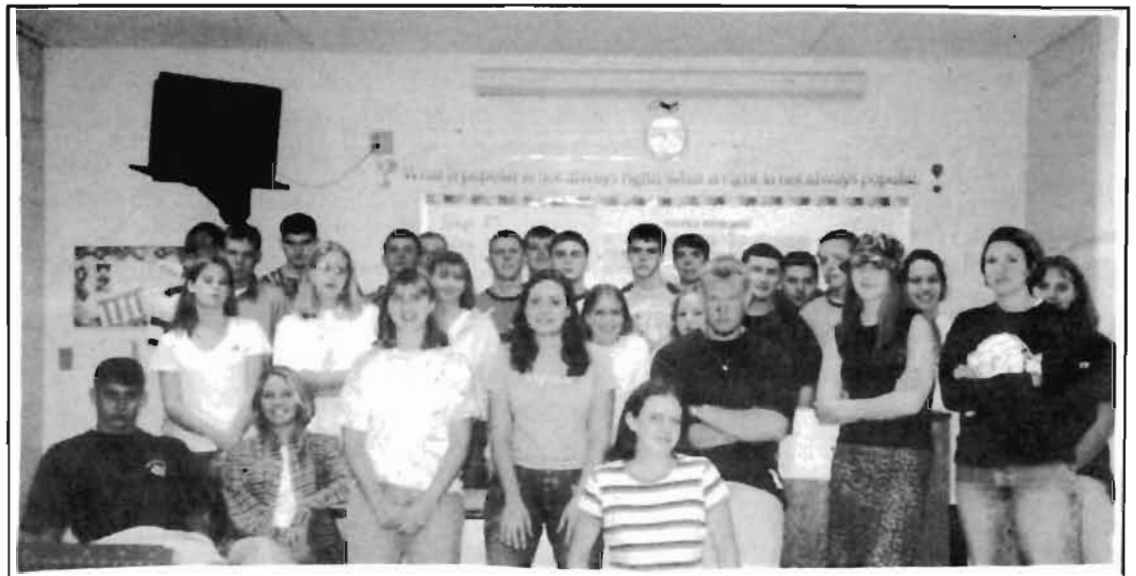
The seniors who participated were Justin Aldrich, Jeff Bradford, Lyndi Curtis, Jonathon Davis, Tim Davis, Gracie Dial, Shea Dowdy, Ryan Dunn, Candice Dupree, Amanda Fox, Ryan Gilland, Brandon Hall, Jennifer Howard, Amanda Johnson, Brad Kaufman, Elizabeth Lewis, Beth Mason, Cameron Metcalf, Aaron Nichols, Shane Pirtle, Alicia Reeves, Katrina Riley, Nathan Roe, Ben Ruoff, Meliah Shanks, Sally Sloan, Stephanie Thomas, Joe Walker, Adam Williamson, Jenny Austin, Chris Cobb, Josh Gosa, Elliot Huertas, Adam Miller, Asleigh Nelson, Elizabeth Puckett, Michael

Rudd, Charlee Sales, Adam Sims, Mindy Spann, Marshall Thompson, Amanda Varner, Amanda Vorbeck, and Beth Williamson.

"The shadow program will help build transferable skills and help make education a process of lifelong learning," said Mrs. Harper, the co-op teacher.



Mrs. Harper's 4th hour class— File Photo



Mrs. Harper's 3rd hour class— File Photo

Six Sophomores are leading the future

Jay Swacker
Feature Editor

Each year, the Paducah Area Chamber of Commerce selects an elite few sophomores from each high school in the county to participate in the Future Paducah Leaders program. This year's Future Paducah Leaders are Andria Downs, Whitney Morreau, Blake Owen, Lauren Price, Natalie Roe and Bryan Wheatley.

The program "...informs, motivates and increases awareness in selected high school sophomores of the opportunities that our community can offer them now and in the future." On the selected dates, these students will tour

historic sections, help out with community service, improve leadership skills, and learn about diversity in our city. The program will conclude on May 4 with a graduation ceremony and a breakfast with



Pictured left to right: Whitney Morreau, Brian Wheatley, Andria Downs, Blake Owen, and Natalie Row (Not pictured-Lauren Price)

members of the Chamber of Commerce. Students attend these learning sessions free of charge, local sponsors pay for all of the activities that the Future Paducah Leaders do.

These students get out of school six days to tour the city of Paducah and learn about its

business and history. These students were selected based on their grades, their interest in the program, and their overall leadership capabilities. On October 23 the Future Paducah Leaders from all of the area high schools attended a conference at Camp Manchester. The conference was designed to allow the students to meet each other. "It's good to meet other people, from different schools, who are like you and interested in the same things you are," said Bryan Wheatley.



O'Brien and Wattier named National Merit Scholars

Erin Malmquist

Circulation Manager

Many LOHS sophomores and juniors took the Preliminary Scholastic Aptitude Test/National Merit Scholarship Qualifying Test (PSAT/NMSQT) last fall. This test granted all of these young men and women a chance to prove their academic knowledge. Seven students rose above them all.

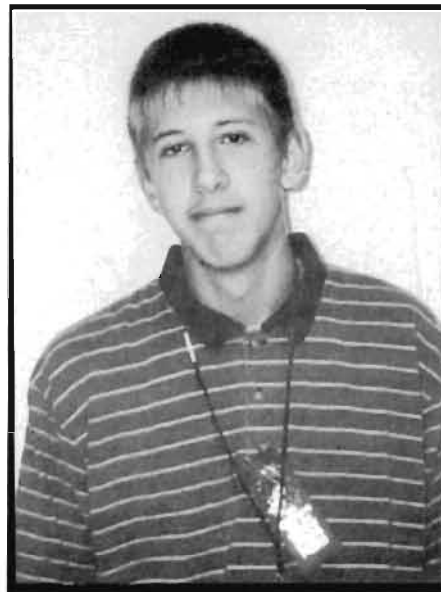
Two LOHS seniors, Corey O'Brien and Rachel Wattier, were named as National Merit Scholarship Semifinalists. This honor grants these two students the opportunity to receive scholarship money for college.

Wattier is president of the Math Club and an avid animal lover. She owns eleven pets: three dogs, six cats and two horses. She works part time at Reidland Veteri-



National Merit Scholarship Semi-finalists Rachel Wattier and Corey O'Brien

nary Clinic and hopes to go to Auburn University for veterinary school. She was very glad to hear



about her candidacy for the National Merit Scholarships, but she says that she has begun "fretting

about whether (she is) going to be a finalist."

O'Brien is a member of the Beta club, marching band, and the academic team. He is a teen court participant and a member of his church youth group, handbell choir and sanctuary choir. He hopes to study aerospace engineering and/or computer science in college.

Also earning recognition for their performances are "commended" senior students Shay Barnes, Monty Breneman, Rebecca Huyck, Lucy Jackson and Mike Vick. Being named or commended as a National Merit Scholar is a difficult placement to be granted. Many congratulations are due to all seven of the recognized students.



Club News

FCCLA (FHA)

During the month of October members collected books for preschool and elementary children at HLOES.

October 29- Halloween party

November- collect food items for Paducah Cooperative Ministry and fill Christmas stockings for Salvation Army

Beta

Beta club members are doing fund raisers in order to raise money for Beta convention which will be December 1. During Thanksgiving and Christmas they will be doing food drives.



Art Class

The art class needs the following items for upcoming projects.

- any old kitchen utensils which could be used for clay impressions
- a hair dryer (that works at all)
- manual 35 millimeter cameras
- old National Geographic, Smithsonian, Architectural Digest and Southern Living magazines
- old costume jewelry or beads (broken pieces are fine)
- clean scrap cloth, trim, buttons, feathers, felt, thread, needles, etc.
- clean baby food jars with lids
- any electric blender (that works at all)

LOHS All-State Choir Participants

The following students are competing for a placement in the All-State Choir this January:

- | | |
|---------------------|----------------------|
| Shay Barnes (12) | Lori Milner (12) |
| Mandy Langston (12) | Natalie Ellis (12) |
| Josh Reed (12) | Pierre Rivera (12) |
| Josh Luscombe (12) | Amanda Bowden (11) |
| Andy Williford (11) | Carrie Hovecamp (11) |
| Kelly Seely (11) | Ann Marie Cason (10) |



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Superficial superlatives aren't so super



Jody Suhrheinrich
News Editor

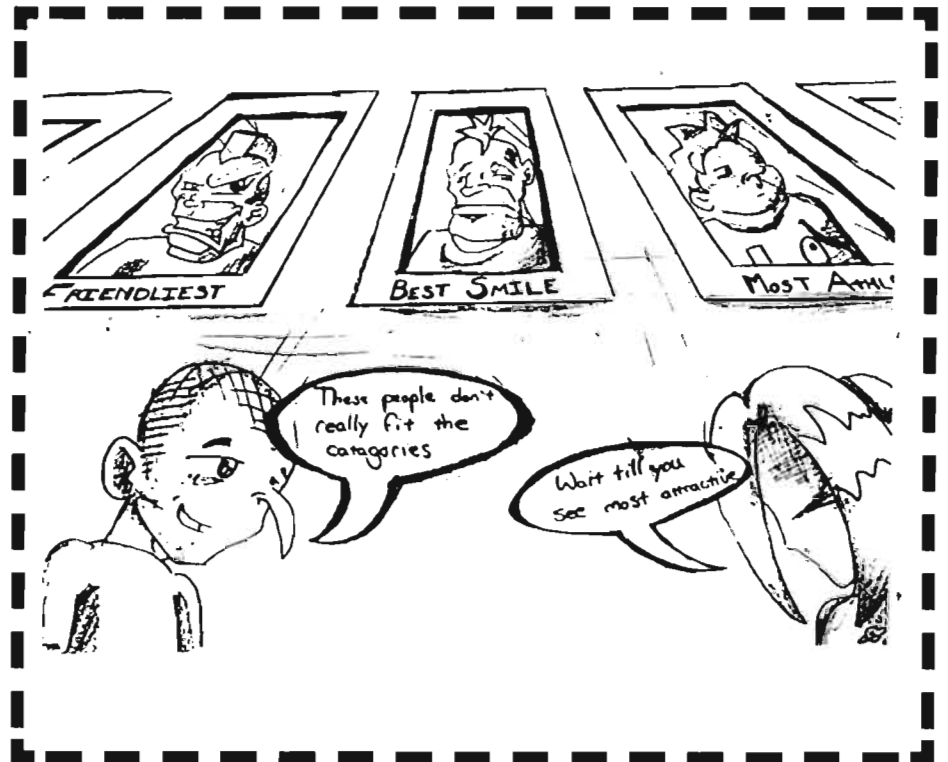
Okay, they're here; I knew they were coming. I've dreaded the day they arrive since I was a freshman. Aliens? Chickenpox? College Applications? No, something much worse: Senior Class Superlatives. You know what I'm talking about, Most Attractive, Best Personality, Most Catching Smile. Every year this ritual is performed, separating the so-called best from the worst. In my eyes these labels are not only harmful but also unnecessary.

Now maybe I'm jealous because I don't have any redeeming qualities that put me above anyone else. I'm just your average 4 "11" kid in braces with ho-hum grades, little athletic ability and a somewhat drab wardrobe-not exactly Miss LOHS material, and as I thumb through this year's yearbook, I become even more painfully aware of my own shortcomings. Sound familiar to anyone else? Superlatives

are part of an tired old tradition that separates the "popular" from the "unpopular." This policy says that if you are aesthetically pleasing, play five different sports, make people laugh, or wear the right clothes, you're accepted. It's time we quit regarding kids higher than others because of one specific trait.

Academic superlatives are a different story. We come to school to learn and obtain the best grades we can get. This is a fair form of competition. However, we aren't required to come to school to vie for the title of "Best Personality." There's a big enough division among social classes as it is. Why continue to aggravate it?

There are three logical solutions to this superlative hierarchy. The most fair and logical remedy would be to eliminate class "favorites" completely, but where's the fun in that? At my cousin's high school in Indiana *everyone* receives a superlative of some sort. She received "Most likely to host a talk show" and "Most likely to become a slacker." (Obviously these are meant to be taken light-heartedly.) This would be a creative way to en-



sure that all seniors feel they have an identity with interesting qualities. However, this could prove more trouble than it's worth. I mean, could we really come up with 200 different titles for our senior class? My third and final solution would be to omit the more superficial superlatives and retain the

ones that pay tribute to one's scholastic work ethic. We could even make them creative, like "Quickest student to add up a sum of numbers on their TI-83." You get the idea. In closing, let's take steps toward being equitable and eliminate superficial superlatives.

Formal dances...are they worth it?



Lucy Jackson
Co-Editor-in-Chief

Fancy dresses, flowers, dance tickets, game tickets, pictures, new ties and dinner. These words may remind you of some of the most memorable nights of your high school career, but what they may also remind you of is all the money you've felt obligated to spend in order to make your debut at one of LOHS's formal events. In my three and a half years here I've been to a

total of 12 of these social events, and each time my date and I have spent way too much money on one night. I really think the amount of cash students put into these events is ridiculous.

And what if you are one of the few who refuses to use a month's salary on one of these special occasions? Well, it seems like that leaves you a little cheated out of experiencing such lovely events as Homecoming, Prom and the recently added Christmas Dance. I think that it's sad that a school function can end up costing students well over a hundred dollars if not much more for those who have

a taste for expensive clothes. Obviously, someone could simply not buy a new outfit every time a dance rolls around, but this is easier said than done when it seems like everyone else is doing it. And even then, tickets to the dances ranging from \$10 to \$30, pictures from \$10 to \$25 and dinner costing \$30 to \$45 one night can end up costing a pretty good chunk of money.

My solution? Well, obviously these dances are too much of a tradition to just do away with and besides they are lots of fun (or a nightmare depending on your date, the weather and the occurrence or non-occurrence of a car wreck), but

I think we could cut back on the number. Four formals a year seems a little extreme to me. Why not have one casual homecoming and one dressy one and try to cut back the ticket prices a bit for these certain occasions. Prom, of course, would probably remain a formal event, but as for the Christmas Dance, it could be more casual as well. Different clubs could also have fund raisers to lower the cost of tickets. I think by doing this, some of the stress of these functions could be lifted, we could all save several bucks and more of our student body might think it was worth going to some of these dances.

Feed me...please?



Kelly Reeves
Editorial Editor

Exhausted, stressed out, and especially hungry, you're looking forward to the one thing that could possibly make your day a bit better...lunch. So after waiting patiently in that never-ending line, you finally get that good old baked potato, some fresh veggies, an apple, and some chicken tenders on your plate and are steps away from eating all that delicious food until...you realize that you have no money left in your account. That's right! Because you were looking at that hottie yesterday in line instead of staring intently at the amount of money in your account, you have no money left and no way to charge it. So what is a tired, stressed out, hungry mind to do? Cry? Well, maybe, because that's pretty much all you can do. Frankly, your choices are pretty slim here at LOHS, where charging is not an option.

Over the summer the "powers that be" at LOHS decided that this year, charging food would be a thing of the past. Because of the gross amount of money that was charged last year and the amount of time it took the cafeteria manager to maintain those charges, our "Oops I forgot my lunch money" days were over. And although the time that it took to send out reminders and call parents about the charges was ridiculous, could any amount of time be more important than a hungry kid?

Our parents send us to this fine school so that we're taken care of

and, in my opinion, taking care of us doesn't mean not feeding us. And since the lunchroom is sometimes so hectic that the lunch workers forget to tell us no money is left



in our account, I think that the only compassionate thing to do would be to let us bum \$1.50 so the hunger pains don't kill us by 6th hour.

That is what is done at Heath High School. After calling the lunch manager from Heath, I found out that when students use their lunch account daily and she or the staff forget to tell them their account is low or empty,

they'll let the students borrow the amount it takes for lunch. I think that's something called compassion.

At Reidland High School, their policy is that the students can charge up to five dollars. However, the money can only be spent on the lunch, not on snacks or drinks. That's a reasonable alternative. And even though responsibility is trying to be taught at Lone Oak, Reidland's policy is perfect because it gives the students room for mistakes but still has limitations for those who abuse the policy. They're not letting the kids starve, but setting limits...I think the word compassion comes into play again.

So what I'm proposing is that these policies at Lone Oak should be centered more around the students and their well being instead of around the work that has to be done. A \$5 charge would be reasonable or even a \$1.50 dollar charge! But, coming back to my former point, can any amount of time be more important than an extremely hungry kid?



I.d. badges jeopardize students' privacy



Seth Bowen
Business Editor

In the wake of an abnormally high number of shootings in recent years, many schools have adopted a policy requiring students to wear a school I.D. badge in an attempt to increase security in schools. Our school soon followed. This year, I.D. badges were issued on October 27th.

At first, I was indifferent to wearing badges because they weren't really a big inconvenience. Students at Ruston High School in Louisiana raised quite an uproar at the beginning of October. They,

like many other students, are against using I.D. badges. They have discovered that the barcode is an encryption for the possessor's student identification number. By default, the number is the same as the student's Social Security number.

Personally, I think schools are asking for trouble by forcing students to wear badges that have their social security numbers encrypted on them. If those students can learn how to decode the badges, who's to say that anyone else couldn't. There is even a website that teaches people how read the barcodes. Being forced to wear the badges all day could result in anyone copying down the numbers and using them improperly in a variety of ways.

Already, several concerned par-

ents are threatening litigation if the policies on I.D. badges are not reformed. School administrators have refused to change the policies claiming that since the bar codes are an encryption, they do not directly reveal students' social security numbers. Therefore, it is not illegal.

Unless schools change their policies about identification numbers, they will continue to take heat from students complaining about them. With as many complaints that have already been voiced, the lawsuits probably aren't very far behind. Parents can have the number changed if they're concerned for their child's privacy. I think still think the administrators should admit their mistake and change the way students are identified.



2935 Holt Rd.
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No one is ever immune to accidents



Andrea Ramey
Advertising
Manager

For the ones who are fortunate enough to operate a vehicle, the most common phrase to come out of a parent's mouth while leaving the house is, "Drive safe and be careful!" But do you give this warning a second thought? Well, I hope after reading this article you think long and hard about the detrimental effects of carelessness in your driving.

Motor vehicle crashes are the leading cause of death for 15-20 year-olds. That is 3,387 drivers killed and 373,000 injuries in 1996 alone. Most of these accidents

could have been prevented if the driver and passengers had been wearing seat belts.

Seat belts are 57% effective in preventing traumatic and fatal brain injuries, which is the most frequent cause of death in collisions when not wearing a seat belt.

A solution to this problem is well, A) wear your seat belt, B) don't speed (you don't want to wind up flipping your car because you were too accelerator-happy) and C) do not drive under the influ-

ence of drugs or alcohol.

Another strategy the state could carry out is the use of automated

enforcement devices. These are cameras strategically set up in areas of dense traffic which take pictures of people speeding or running red lights. A ticket is mailed along with location, time and a stiff fine to pay. If the ticket is contested, a photo of offender's vehicle and license plates is presented in

"Statistics are not just numbers. Those numbers used to be people. Kids, parents, siblings, friends, classmates, yes, even you could become a tragic victim of a serious car accident!"

court. If such devices were implemented throughout cities and towns nationwide, law enforcement offi-

cers would be able to concentrate their efforts on the highway.

Contrary to teenage myth that it is "cool" not to wear their seat belts or to those who believe they can brace themselves and not crash their cranium into the windshield are ill-informed and in dire need of enlightenment.

Statistics are not just numbers. Those numbers used to be people. Kids, parents, siblings, friends, classmates, yes, even you could become a tragic victim of a serious car accident! It takes two seconds to strap a seat belt on and little effort to watch a speedometer. Please, for your own life and the lives that you are responsible for when driving passengers, **be careful!!!!!!**



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I love you, Alternate Calendar!



Jacob Mitchell
Sports Editor

At first being a criticizer, now a supporter, I have been around and around with the idea of the newly enforced year-round school calendar. At the beginning of the first semester this year, I was outraged by the thought of starting school at such an early date. It was horrendous — August 5? How was I supposed to deal with only a two month summer vacation?

Well, my opinion has now drastically changed. You can officially stamp my forehead with the words "Alternate Calendar Supporter." Going to school for nine weeks, taking two off, etc. in my estimation has been very beneficial. The fall break, which started October 4 and went to October 18, was a refreshing break. Not only did students get to take time off, but the period of remediation allowed stu-

dents to raise their average grade as much as ten points. This is a welcome addition to any course and allows students to make up missed points or bombed tests.

I'll admit that the two week break was refreshing to say the least, but upcoming in December is a three-week break for Christmas and New Years. This will be delightful and allow some students to stay out of town with relatives for longer periods of time. Also, it gives yours truly a chance to play with his new toys a little longer and sleep in an extra week.

Sleeping in is a welcome addition to my agenda, and I'm sure that it is to any normal high school student. Now I want to take back any harsh curse words I may have yelled, whispered, or put over a megaphone about the calendar before the year started. I am a full-fledged Alternate Calendar junkie.

For all of you with your proverbial feet in your mouth concerning insults to the calendar, I shall join ye in the voyage to supporting the alternate calendar. ONWARD HO!

New addition is Teacher of the Month

Jacob Mitchell
Sports Editor

Although in his first year as a part of the faculty, Mr. Ceglinski feels right at home. Ceglinski, a LOHS graduate, is back at his alma mater this year, and has already been selected Teacher of the Month.

"I think it's great to be recognized, especially during my first year!" exclaimed Ceglinski.

The 24-year old Ceglinski graduated Lone Oak in 1992, then proceeded to go to the University of Kentucky, where he received his Bachelor's Degree in biology. He later received his Master's Degree in Science Education. This year Mr. Ceglinski teaches Biology I, and so

far, he has enjoyed his short stay at LOHS.

"It's been great to be back at Lone Oak and have the opportunity to work next to my former teachers," commented Ceglinski, "I also enjoy working with our students. I think we can learn a lot from each other."

In his spare time, he enjoys reading, spending time with his family, and playing all sports.

When asked if he had encountered any embarrassing moments during his short tenure, he commented, "Not so far. I just pray that I don't ever fall down the stairs in the main lobby like I did when I was a student here."

As a final note, Ceglinski added



Mr. Ceglinski proving why he was selected Teacher of the Month

that he would like make a statement: "I would like to take this opportunity to publicly apologize to all my former teachers for any heartache or trouble that I might

have caused them."

Congratulations to Mr. Ceglinski for being named Teacher of the Month for November.

Goldkamp continues family tradition

Megan Williams
Co-Editor-in-Chief

On September 24, Cornelius Goldkamp (11) said auf wiedersehen (German for "good-bye") to Germany and headed for the United States to become a foreign exchange student here at LOHS.

Following in his brother's and sister's footsteps by becoming a foreign exchange student and after hearing about other cultures from his siblings, Goldkamp decided to discover other parts of the world for himself.

"The first days at LOHS were hard because I couldn't find the classrooms. Every hall looks the same and there were no room numbers on my schedule," said Goldkamp.

While his home may be very different from here, his hobbies are not. Goldkamp enjoys the internet and playing games on computers. He also likes listening to music and playing the trumpet.

"The most unusual thing about Americans is probably their idea of economy. Whenever they do something, they do it all," said Goldkamp.


Goldkamp will return to Germany in January where he will have two and a half years of



Cornelius Goldkamp (11)

school left. He doesn't know what he is going to do after high school, but he hopes it is something involving psychology.

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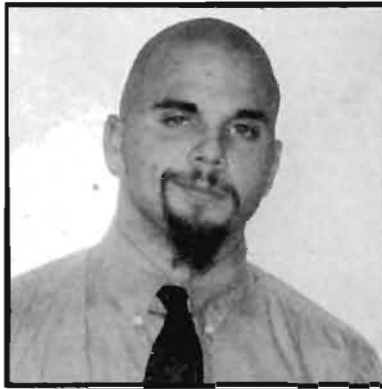
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Luscombe is Rotarian

Jay Swacker
Feature Editor

As they say, once a winner, always a winner. People could tell Josh Luscombe was going to be a Junior Rotarian even when he was only a tot, after he placed 2nd in a baby crawling competition. Of course, Josh has gone on to bigger and better things since his early days.

Josh Luscombe, goalie for the Purple Flash soccer team, has certainly lived up to early expectations. Josh is a 1st Team All-State Academic Athlete, most



October's Rotarian Josh Luscombe

improved soccer player (junior year), and All-District Soccer Team.

Josh likes to ride bikes, go caving, hiking, and, basically, anything outdoors. He has a dog named "Punky" (a la "Punky Brewster"). His favorite memory is last year's game versus Paducah Tilghman, when Roger East was in attendance, and Josh had one of his best games. Josh is looking forward to the future, but isn't sure of his plans. He has "...some open options."

You oughta know...

Jody Suhrheinrich
News Editor

Okay, so most of us spend our entire high school career preparing for college. Teachers, parents, and assorted elders attempt to fill our little heads with the precious grains of knowledge that will assist us in living a successful and fulfilling life on our own. You've all ready been taught not to take candy from strangers, how to balance an equation, how to read and write and to brush your teeth every night. What about the stuff they don't teach you in school or at home? How do you cope when you wake up one cruel morning and realize you don't know how to function on your own? I've compiled my own little senior newsletter to make you aware of the harsh realities of independence.

1. **Know how to do laundry-** Sure you need clean clothes, but there are other added bonuses that come with the soak and rinse cycle. I've acquired countless sums of money by simply scraping the bottom of the washer for treasure. A quarter here a five dollar bill there, not to mention jewelry, toys and juicy love notes are all part of the hidden joys of doing laundry. Laundromats are a gold mine.

2. **Get used to extensive driving-** Yeah, this sounds easy enough but when those holidays roll around and the time comes for you to make that trek home all by your lonesome, you may find yourself unprepared for the madness that is traveling alone. Two hours can quickly turn to two days after that same Backstreet Boys song comes on the radio for the 9th time in fifteen minutes. Be prepared, rest up, bring a
continued on page 13

A girl in the garage and other weird things

Erin Malmquist
Circulation Manager

When we think of shop class, pictures of John Travolta pop into our heads. We picture the T-Birds over-hauling engines and replacing hubcaps. Fortunately, the '90s have hit the shop class this year with the attendance of a woman. Amanda Dycus, a LOHS senior, has joined the ranks as a student of auto-mechanics through the trade school.

Amanda admits that she was apprehensive about enrolling in the trade school. The first time Amanda met her teacher, Bill Pierce, she recalls, "He (said), 'Uh, you know you're going to get dirty?' I just stood there and looked at him, I couldn't believe he said that to me." LOHS student Jordon Purcell admits that Amanda knows "more than (he) thought she would" at the beginning of the class.

This knowledge is largely due to the amount of experience Amanda has received at home throughout the years. "I've liked

the idea of fixing things ever since I was a little girl," Amanda says. When she was little, she used to try to "sup-up" her tricycle. Throughout the years, she and her father have worked together to "sup-up" real cars. Amanda is currently restoring a '68 Mustang. All of this experience made itself seen when she enrolled in her mechanics class.

Fortunately, all of her fellow auto-mechanics pupils have recognized this talent, and they all enjoy having Amanda in class with them. Her instructor puts it best when he says that you "don't have to be a big muscle man to work on today's automobile," and Amanda proves his point well. Her teacher describes her as a hard worker and a "very good student". Her classmates praise her as being "fun to work with," "inquisitive," and "anxious." Mr. Pierce says that the biggest problem now is having too many people wanting to help her. She has even received recognition from the trade school. Amanda was named October's student of the month.

Amanda's life is now cen-



Dycus hard at work in the garage.

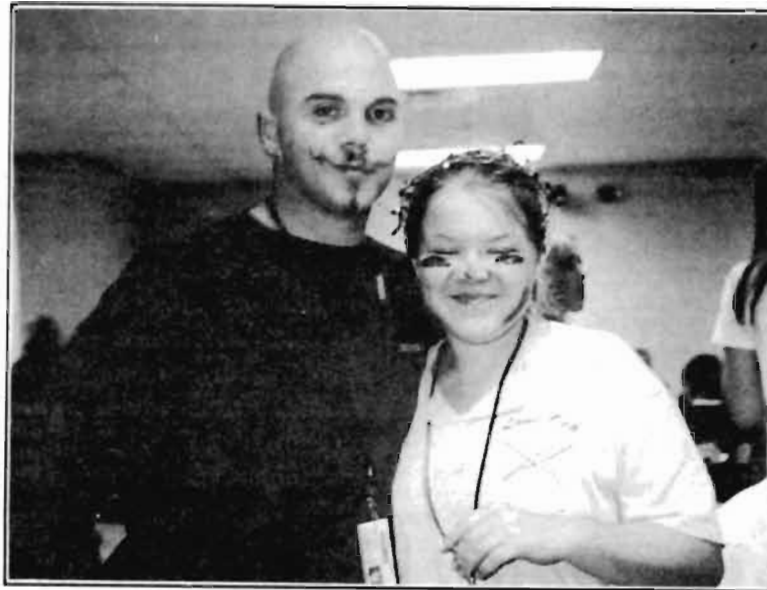
tered around automobiles. She is currently working at Dennis Heine's auto repair shop, and hopes to attend Nashville's Auto and Diesel College after high school. Her dream occupation in life? You guessed it...she wants to open her own car repair shop someday.

Amanda has some words of wisdom she wants to share with

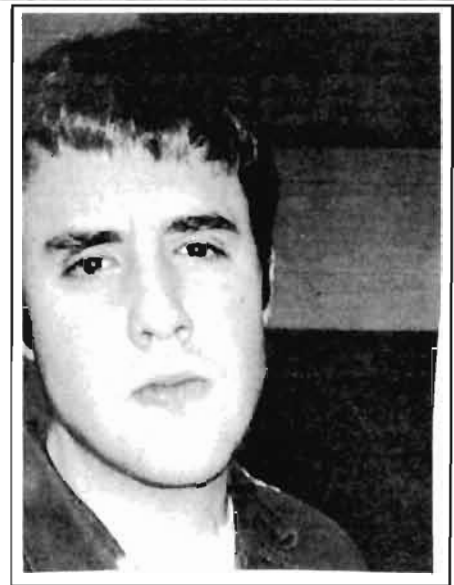
those striving to push the boundaries, "... (it) doesn't matter who you are, if you like whatever you're doing, and try at it, people should accept it." Although it was not normal for girls to be in the automotive class (Amanda was the first girl in two years), she took the challenge well, and people did accept it. Amanda Dycus, a woman among men.



This witch cast a spell on the gravy.



What a pair of cuties!



LOHS' favorite yearbook editor



The snack-bar troll



Too much Kool-aid for this kid



The lord of the gym



Name-tag mania!




The Crucible has bewitched Mrs. Powless' 5th hour class.

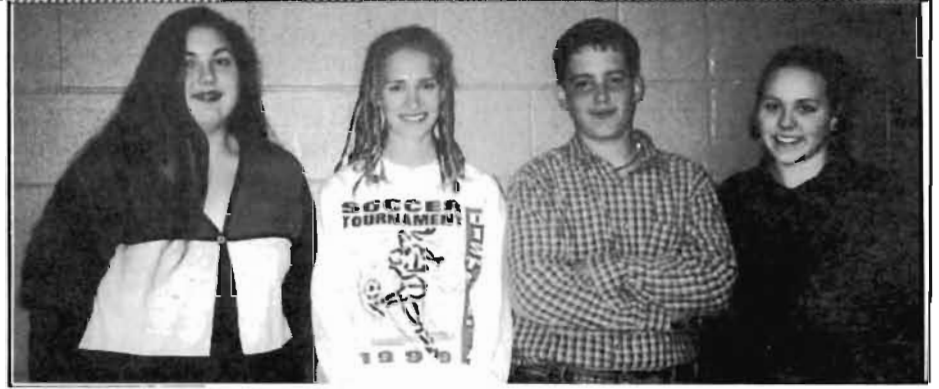


Is it nap class or gym class?

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Key Club Officers are left to right: Melissa Franklin, treasurer; Andrea Ramey, Secretary; Katie Weishaar, vice-president; Becky Clausen, president

Key Club Board of Directors are left to right: Robin Kinsey, (12); Jessica Miller, (11); Cole Hoppmann, (10); Brittany Fellows, (9)

Continued from page 10
map, your own music, and a glass of cold water to splash on your face.

3. **Get used to not eating-** Learn to love 25 cent boxes of macaroni and cheese because that's all you'll be eating when you have to live on five dollars a week. Forget home-cooked meatloaf and start thinking saltine crackers.

4. **Learn at least 7 different languages-** If you plan on going to a semi-large college you should master the art of saying, "Excuse me, but can you tell me where room 201 is?" in various languages including Cantonese, Portuguese, and Swahili.



Thanksgiving Word Search

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Flash basketball is hyped for Y2K

 Both boys and girls basketball squads are prepared for what seems to be very successful seasons. Read on to find out what to expect from the Purple Flash in the 1999-2000 season.

Jacob Mitchell
Sports Editor

Boys

Coach Lawrence Smithmier leads his Purple Flash into his third year as head coach, and none has looked brighter so far.

Headed by a healthy class of seven seniors and six juniors, experience and leadership will be strong for the Flash. Seniors **Ryan Dunn, Kyle Maddux, Shane Williams, Jason Lilly, Luke Phelps, Joe**

Walker and Jay Bazzell hope to make their final season a good one. With improved work ethic, weight training and conditioning, the seniors hope to bring Lone Oak another trip to the Regional Tournament, and hopefully bring home a championship.

"I feel very good about the upcoming season," commented Smithmier, "We have worked extremely hard this summer and fall."

Among the returning juniors is second year starter **Bryan Powell**, who Smithmier says is a player to watch.

"We are going to play hard and win games," said Smithmier, "Good things will happen!"

The assistant coaches are David Pope and Andy Poore.

On a final note, Smithmier noted, "We need the same student support and enthusiasm we had for the past two seasons. It helps the team tremendously. Thanks to our student body."

Girls

Hoping to build on the success made last year, the Girls' squad hopes to improve on their Regional runner-up performance of 1998-99.

Returning this year is *the Paducah Sun's* Purchase Player of the Year, Heidi Seltzer. Earning the award as a sophomore last year, Seltzer hopes to use her experience to her advantage in helping the team.

Also helping the team are four seniors, **Amanda Fox, Bethany Wright, Sara Angelly, and**

Stephanie Smith.

"We feel like this should be an exciting year in Lone Oak basketball," said third year coach Gerald Vaughn, "If we work we'll be successful, if not, we won't."

Vaughn's goal is continuing the success made last year.

"We would like to pick up where we left off last year and improve on that," stated Vaughn.

According to Vaughn's early season evaluation, the Lady Flash's key area of improvement needs to come in the area of defense and outside scoring. Vaughn thinks these problems can be solved before opening game.

On December 27-29, the Lady Flash travel to Ohio County to play in a Christmas tournament.

Senior night puts bitter ending on disappointing season

Jacob Mitchell
Sports Editor

It was a tough season for the 1999 Purple Flash football team. Losing its first McCracken County championship in 4 years, and still coming up winless in the district, were all tough breaks for Lone Oak.

Senior night, unfortunately, proved to be no different. The Flash were out-manned by their foe, the Murray Tigers, and fell in defeat to end their season at a very upsetting 2 win, 8 loss season. In the district, the team was 0-5.

On October 29, Senior night, the Flash did, however, have a few

bright spots. Senior Kyle Maddux went out in fashion with three touchdowns, all tossed by Junior quarterback Erik East.

But for all the Flash could put up, the Tigers responded. Their stingy defense and high octane offense proved deadly to the Flash, as they fell 38-18.

This year's seniors were: **Kyle Maddux, Chris Cobb, Matt Jones, Shane Pirtle, Vince Peagler, Tim Waldridge and Adonis Jackson.**

Now all the Flash can do is look to next year. With a strong upcoming senior class, next season looks to be no repeat.

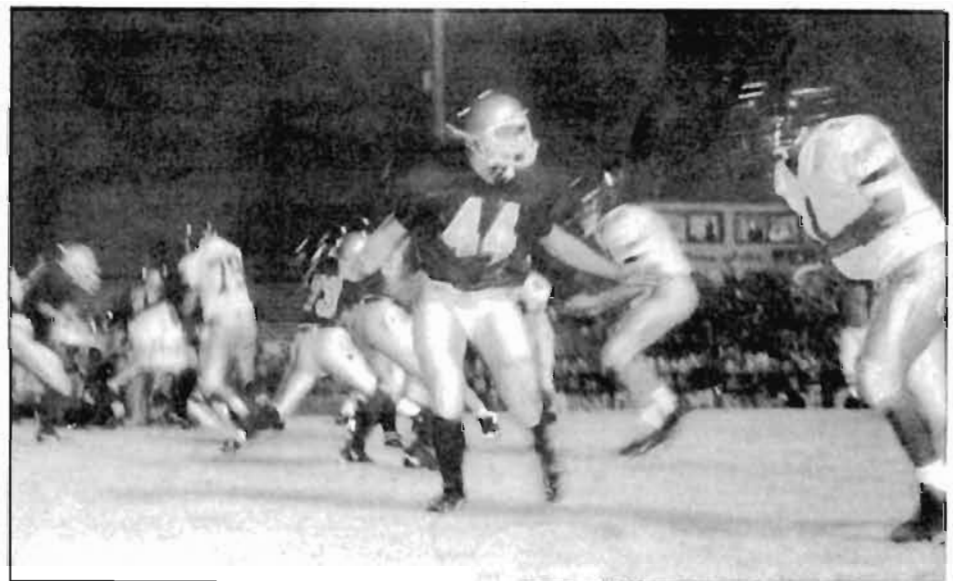


Photo by K. Reeves

Flash Point: Senior Kyle Maddux defends a Murray Tiger during the Flash's senior night. Maddux hauled in three touchdowns in the contest.

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Team of the 90's sweeps World Series

Seth Bowen
Business Manager

In 1996, Jim Leyritz's late inning heroics helped propel the New York Yankees to the World Series title over the Atlanta Braves. In the series, the Braves had a 2-0 lead before the Yankees stormed back to win the championship.

In 1999, the Braves and Yankees met again in baseball's fall classic. Although both teams stood at the top of their respective leagues, they got there in very different ways.

The New York Yankees breezed through the opening round, continuing their dominance over the Texas Rangers. In the American League Championship Series, the Yankees prevailed four games to one over the Boston Red Sox. The only game that the Red Sox won was

when their ace, Pedro Martinez, threw a gem in the largest margin of victory in playoff history. Questionable calls by umpires may have cost the Red Sox a few of the games and possibly even the series.

On the other hand, the Atlanta Braves have not showed the complete dominance of the National League that they once had. After losing the first game in the opening round, the Braves prevailed in the next three to give Astro fans a painful reminder of their team's inability to win a playoff series in the Astrodome. In the National League Championship Series, Atlanta met up with their rivals in the Eastern Division the New York Mets. Atlanta got off to an early three game lead, and everyone thought the Mets would surely lose. Although history was not in their favor, the

Mets were able to claw back into the series by winning the next two games. However, key pinch-hits and a bases-loaded walk resulted in the Braves going to the World Series.

In game one, Atlanta's Greg Maddux was thrust into the starting role when Tom Glavine was unable to compete. Orlando Hernandez took the mound for the Yankees. Hernandez held the Braves to one hit in seven innings as the Yankees prevailed. Kevin Millwood, the Braves most consistent starter during the regular season, took the mound against David Cone. Following his perfect game, Cone had begun to show signs of mediocrity. Atlanta's struggle with producing runs continued due, in large part, to Cone's excellency. The Yankees, on the other hand, were able to

score early and often against Millwood. The Braves lost once again.

After the two convincing defeats at Turner Field, the Braves were hoping a change in scenery would help turn the tide. Atlanta jumped out to an early lead against Andy Pettite, but could not hold on. The Yankees hit three homeruns to tie the game off the Braves starter Tom Glavine. In the late innings, Chad Curtis hit a homerun to the opposite field as Atlanta suffered through a disheartening defeat. In game four, Yankees starter Roger Clemens out dueled opposing pitcher John Smoltz. The Yankees continued their unbeaten streak in the World Series and captured their third championship in four years.

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Golf season a success

Seth Bowen
Business Manager

Although the golf season is now over, the team made impressive showings in all of their matches. In addition, the team did well in the tournaments in which they competed in.

The team earned a fourth place finish at Regionals at the Paducah Country Club. They also placed third at the WKC tournament in Mayfield.


Team members who participated in the tournaments were **Bobby Hite (12)**, **Chris Gregory (11)**, **Eric Dew (12)**, **Brett Sanders (11)**, **Brett VanderMulen (12)**, and **Casey Brantley (12)**. Congratulations to all that competed.



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