## Seniors scholarship offers...2 Ceniors... 8 <br> Prom pictures... 13 PAGES Juniors... 10 Sophomores... 11 Freshman... 12

## Eight seniors finish at the top of the class



Valedictorian Jeff Heath
One of this year's valedictorian has his own chant. How many people can say that? He's the hardworking hoop star and math whiz known as Jeff Heath. Jeff,


Valedictorian David Ham
David Ham is feeling pretty good. Why? Because he is one of five seniors to be honored with valedictorian status this year. The man of few words is involved in the


Valedictorian Elizabeth Rigdon
This graduation is sure to be a special one namely because Catwoman will be making a speech. Not the one from the Batman movies with the cool leather outfit and


Salutatorian Carrie Sisto
A unique blend of intelligence, artistic creativity, and community service make Carrie Sisto one of the most talented and diverse students at LOHS. She can now add


Valedictorian Les Miller
What could be better than a sneeze? According to Les Miller, its being one of this year's valedictorians. Les is so excited, he's even started writing his speech


Salutatorian Ben Thompson
One of this year's salutatorians is not only academically strong, but also athletically. Ben Thompson, three-time Regional Tennis Champion, says it feels great to be


Valedictorian Tracy Smith
Since her freshman year, Tracy has been determined to have a 4.0 grade point average. And now, four years later, she is just happy to have been able to keep that de-


Salutatorian Michelle Williams
Michelle Williams, one of this year's salutatorians, is a selfdescribed over-achiever. She is involved in the Coed-Y, Biology

Storles continued on page 2

# Seniors offered over a million dollars in scholarships 

Megan Williams<br>Co-Editor-in-Chief

This year's seniors have been offered $\$ 1,438,625$ in scholarships to local and out-of-state schools. This amount surpasses that offered to the senior class of last year.

Stacey Thrasher, Univ. of Evansville, Morehead St. Univ.; Janie Toy, Cumberland College; Jennifer Hayden, David Lipscomb Univ.; Wesley Boyarski, MSU, Transylvania Univ., Samford Univ.; Jonathan Light, MSU; Angela DeJarnett, Western KY Univ., Ohio Wesleyan, David Lipscomb, Harding Univ., Freed Hardeman; David Ham, UK, Merit Scholarship Foundation; Jessica Fourtney, Eastern

Heath...
the All-American Boy, is actively involved in Beta Club, Math Club, and the FCA. He has played basketball and golf for four years here at LOHS. He has won Governor's Cup Awards at the District and Regional level for both Math and Science. He was this year's Prom King, to boot. He also won $1^{\text {sl }}$ place at State Foreign Language Festival for Spanish II grammar. He's even won the Rex Alexander Basketball Award. In short, he's done (and won) it all, except for writing his speech.

## Ham...

Beta Club, Chess Club, and Math Club. He has won numerous awards. So many he couldn't list them all for this article, so to be fair he named none of them. He is also involved with the band.

> Brad S. Mills, D.M.D., M.S. Orthodontist 3435 Lone Oak Road Paducah, Kentucky 42003 (502)554-1993 212 North 7 th Street Mayfield, Kentucky 42066 (502)247-2747

> 1625121 Bypass North
> Murray, Kentucky 42071 (502)753-7858

KY Univ., Georgetown College, Bellarmine College, Regional Cheerleading Sch.; Lori Larrison, MSU, PCC; Sarah Amundson, Zonta Organization; Carl Walter, PCC; Ryan Clark, Chowan Univ., Wagner College, Lambuth Univ., Valpraise Univ., Lone Oak Football, Bethel College; Bryan Garner, MSU, PCC, Western KY Univ.; Gordana Unici, Samford Univ.; Les Miller, UK, Vanderbilt Univ., Rhodes College, Washington Univ., Foot Action; Frances Owen, Concordia Univ.; Carrie Sisto, Marymount Manhattan College, Sarah Lawrence College, Lake Forest College, Univ. of Louisville, UK; Elizabeth Rigdon, MSU, Westem KY Univ., Univ. of Louisville, Kentucky Farm Bu-

## Rigdon...

the whip, I'm talking about valedictorian Elizabeth Rigdon.
She is involved in Beta Club, Student Council, Key Club, and FCA. She is a four year member of the Symphonic Band and Marching Band, where she has been Field Commander for the past two years. She is a 1998 Graduate from the Kentucky Governor's School for the Arts. She is $1^{\text {st }}$ Chair Flute in All-District Band. She has also attended All-State Band and Choir.

## Sisto. . .

salutatorian to her long list of accolades.
She is actively participating in the Beta, Key, and Art clubs. She is involved in Girl Scouts and made both All-State Choir and Band. She has attended the Diocesan Convention twice. She would like to remind students that the only thing you are required to do is what you want to do.
reau; Michelle Williams, Merit Scholarship Foundation, UK, Univ. of Louisville, MSU; Jeff Heath, Georgetown College, Transylvania Univ.; Cartney Mitchell, Lone Oak Lions Club; Sarah Steele, Milligan College, ARYM ROTC Nursing Scholarship; Stacy Adams, MSU; Joe Whitley, Asbury College; Sunil Manchikanti, Arizona State University; Josh McGuire, Vanderbilt Univ., Univ. of Evansville, Western KY Univ.; Tracy Smith, UK, Purdue, State and Local Elks Award; Nola Goheman, Univ. of Louisville, Bellarmine College, Western KY Univ., UK, MSU; Leigh Ann Summers, KY Women's Missionary; Beth Bragg, Mercer Univ., Samford Univ.; Lorrie Keeling,

## Miller...

(unlike the rest of those slackers). He isn't disclosing any major secrets of what will surely be the most anticipated speech of the year, but The Oak "K" has learned it will somehow incorporate the use of "Human Tubes."
Les is (or was) involved in the Physical Science Club and the Beta Club. He has played soccer and track all four years he has been here. He also played basketball for three. He was a National Merit Commended Student. He has won Most Athletic Senior, 2time Soccer MVP, Singletary scholarship from UK, and a Foot Action Scholarship.

## Thompson...

a salutatorian. As well as being salutatorian, Ben is also Mr. Lone Oak and Mr. Senior. He was this September's Junior Rotarian. Thompson accredits his accomplishments to working hard and not putting things off. He is President of the Student Council, involved with the Beta Club, and is in the Tennis Club.

Transylvania Univ., Spalding Univ., Bellarmine College, Union Univ.; Melanie Vinson, Lone Oak Lions Club; Jana Doss, International Assoc. of Administrative Professionals; Sarah Stoll, MSU; Justin Denton, Transylvania Univ., PCC, MSU, Western KY Univ.; Bret Martin, Eastern KY Univ., Aif Force ROTC, St. Louis Univ.; Jason Ramage, Univ. of Louisville, Univ. of Evansville; Pramit Patel, St. Louis Univ., Univ. of Kansas, Kansas State Univ., Univ. of Louisville, State Univ. of New York at Albany; Lisa Heine and Ellie Gore, Carl Osborne Sch. From Lone Oak First Baptist Church.

## Smith...

spite having all those AP classes. She won't divulge any hints as to what her speech is about, so we must be left to wonder until Graduation night.
She is involved in the FCA, Beta Club, and the Coed-Y. She is a four member of the Kentucky Colonel Marching Band. She is a Governor's Scholar, National Merit Commended Student, and an All-American Scholar. She has also been named to Who's Who Among American High School Students.

## Williams

Club, Student Council, FBLA, Physical Science Club, and the Beta Club. On top of all the club ties, she is also statistician for the Varsity Baseball team. In fact, she's so busy, she hasn't had time to start writing her speech yet.
All of this hard work and a cando attitude has won Michelle many awards. She is a recipient of the USAA National Leadership and Service Award and the USAA AllAmerican Scholar Award.

## Get a JuMP Start on

## Enroll in <br> Summer Classes at <br> 

## Just Imagine What's Next

## Registration June 9-10

 Classes Start June 14502-554-9200, ext. 6103

# Double the Rotarian means double the fun 

Lucy Jackson<br>Co-Editor-in-Chief

This month one of LOHS' finest is shining in the Jr. Rotarian spotlight. The star is Angela DeJamett and to her name she has numerous honors as well achievements. DeJamett has been active in just about everything. She has been involved in marching band, symphonic band, winter guard, Beta club, Key Club, and dance for fourteen years. She was vice president of the Beta club
her junior year, is President of the Key Club, and has been section leader in the band for two years.

DeJarnett will be receiving her higher education at Freed Hardmen in Henderson, Tennessee this coming fall. She received full tuition and more in scholarship money. As of now, she is still thinking of pursuing a career in engineering despite the pain of LOHS physics. She gives credit to Mr Franklin for inspiring her as a teacher.
"I feel very honored to have received this recognition," said DeJarnett when asked about her recent award.

Alicia Reeves Staff writer

Surprise! LOHS' second Jr. Rotarian for this month is Leslie Sither, a person well deserving this title. In her high school career, Sither has been in Who's Who Among American High School Students for the past three years, and has been an honor student for three years and an outstanding student for two. She was also nominated for a Leadership award


Lesli Sither (12)
years in which the squad won first in State Competition her sophomore year. She has also run track for two years, excelling in hurtles and doing well in shot put. Outside school, Sither enjoys spending time with her "main squeeze" and playing with her hyper cats Snoopy and U.K. (yes, like the university) and her faithful dog Goldie

When asked to comment on the Rotary Club, she states, " It is a really But Sither doesn't spend all of her fun club to be in," then she adds with busy schedule on academics. She has a smile," the food is great.' been an LOHS cheerleader for four

# Do you like Jammin'? 

## Staff Writer

Things are simple in the lives of Lee Keeling, Daniel Cashion, Pat Fletcher and Dave Jolley. Why? 'Cause they're in a band. The group united in a small room early in spring '99 trying to perfect the Phish patented art of jamming. The group performed several small shows at parties and once at Paducah's pub Jeremiah's. While none of these shows gained the group any big popularity, the owner of

Jeremiah's was thoroughly impressed and mentioned the group to P-town's after dinner organizer, who then invited Redhouse to perform its first show.
The show was held Saturday evening in downtown Paducah across the street from C.C. Cohens. Lone Oak students, alumni, and even parents were caught dancin' in the street to the sounds and rhythms of the band.
This summer Redhouse can be heard every Saturday from 8-10 during the after dinner activities down-






# Sunie says adodlbye 

Sunil Manchikanti<br>Circulation Manager

High school graduation never seemed like an event that would ever really happen. Probably because I never took the time to think about it until now. Since I've recently fallen victim to senioritis and now avoid doing anything productive, I've taken the time to realize that I'll have only a few days of high school left once I'm done with this article. After seven years in the Lone Oak school system, I'm moving on.

Lone Oak...a disorganized mess of senseless policies and bureaucracy that often succeeds in making our school lives a living nightmare. All in all, even with all of its imperfections, LOHS was a decent place to attend high school. Sounds strange, coming from a guy who's usually first in line to complain about every new policy created in this school. In its own way, this place have made its mark on me.

What I'll miss most about Lone Oak are the people. Both my teachers and close friends. You've made my high school experience unique.
First, the wonderful staff of The Oak " $K$," 1 will miss all of you. I've never heard so many conversations about "Saved by the Bell" in my life. Good luck in the years to follow. Megan, good luck with the front page next year. Watch out for those A-team stories. Jay Paul, about all that technical know-how and wizardry, I just made it all up as I went along, you can do the same. Alicia, don't sneak back in curse people's disks. Blake, it's not your fault that you're a freshman. Dave, take lots of pictures, you're good at it. Don't be afraid to stand up for what you believe in, even if it is hockey. Lucy, I love you stinky face. It was great finally getting to know you this year. Kelly, watch out for ticks this summer(sorry, I remember dumb stuff like that). Jacob, Hacob. I know that's all you
need to hear. Emily, Jay-Paul won't know what he's talking about next year, so you're probably the expert on Publisher. Good luck. Jody, keep writing those music stories. Tracee, look, we actually filled up the senior pages. Mrs. Campbell, thank you for giving me the chance to leam as much as I did while I was on the staff, it's amazing how fast the year went by.
There are many others I want to say goodbye to, but I don't have the room, here are just a few. Becky Eason, you've been like my second little sister, I'm glad I met you this year. Keep on working on all of that "deep," abstract artwork of yours. Natalie, you're a great person, even though you're a slacker.
Josh, you've probably been my best friend since middle school. I'll always remember the conversations we had about our favorite cartoon shows and "George." One more thing, Jello.
John, you're a great guy, just don't
send me any packages. David, you don't look like Charlie Sheen. Becky Clausen, you're the nicest person I know, congratulations. Omar, remember the fixer. SarahA, I'll miss making those scary beta signs(ok, not really). Ms. U, the school plays were great, so was all of the hard work we did in the literary club. If you ever need any coffee stirrers you know where to turm.

Those are all of the farewells I have room to say, but to the Class of '99 and beyond, I ask you to remember the words of one of the great philosophers of our time, Mel Brooks.
"Hope for the best,

## Expect the worse.

Life's a play.
We're unrehearsed. "
We can always change and we never know what tomorrow will bring.



## d1DIO®

 Ten years from now...

Adam Miller and Natalie Trussell run Barb - B - Lube...where they serve up delicious BBQ treats while giving quick, ten minute oil changes.
Timera Cunningham fullfills her lifelong dream of being a professional dancer by becoming
the opening act at Caesar's Palace in Vegas.
\%
Adrian and Val Hubbard were accidentally switched at graduation and therefore endure a
lifetime of mistaken identity (like that's anything new).
v
Sara Angelly breaks a world record by winning every possible event at the Olympics singlehandedly.
Tim Davis... is still trying to prove that Yearbook is better than Newspaper.
\%
Brittany Winn becomes a Roller Derby superstar, thanks to years and years of intensive training at Sonic.
1
Pierre Rivera becomes the next Don Juan De Marco after wooing 3,000,000 women world wide with his irresistible smile and tantalizing gazes.
P
Tamara Bloodworth moves all of her worldly possessions (which happens to be a popcorn : machine and a teddy bear) into the theater storeroom to live out the rest of her days as the Assistant Night Manager of Cinemark Theaters of Paducah.
'\% Jay Followell and Trevor Brandt become stars when their nationally syndicated morning radio talk show hits it big. A regular guest is Mrs. Powless. 4



These girls aren't just smiling for the camera; they're smiling 'cause sixth hour is alnost over.


Oak "K" junior stañers: Jody Suhrheinrich, Lucy Jackson, Emily Riggs, Aticia Reeves, Meg Williams and David Jolley.


You've golla wonder what was put in Brooks Ware's and Jordan Mills' lunch to nuke them so dam perky.

Phole by L Jackson
JACKSON \& JAGGERS
Attoneys at Law
Steven C. Jackson Serieta G. Jaggers 442-3551

2200 Broadway P.O. Box 7766

photo by L. Jackson
The look of surprise on Josh's face is because someone just told him what he really ate for lunch.





The "Sophomore Superstar"staff members take a time out to pose next to their favorite place in school, the Cafeteria Delivery Entrance (or as Jay Paul say, The Deliverance).

## 

## Jay Swacker <br> Coroner

The class of ' 01 is already halfway through our "magical" high school experience. Sometimes it's hard to believe that we only have two years left at this high school. So I figured I would write an article that I actually cared about, as opposed to the Junior Rotarian articles of past issues.
In short, this my year-end bonanza, my final foray for the paper. So I decided to do something a little special. I'm going to name my own "special" sophomore superlatives.
*Most Annoying Person to Sit Be hind in Algebra II goes to Heidi Seltzer (just joking).
*Most Vulgar Staff Member goes to Jacob Mitchell.
*Most Likely to Write Sci/Fi Horror Teen Novels goes to Robbie Hagan. \$Most Likely to Wreck Their Car in the Parking Lot Next Year goes to Philip Solitto.
*Most Likely to End Up on the Streets goes to Eric Garner.
*Most Likely to Succeed and Then Blow all Their Earnings in Bad Land Deals and Pinwheel into Depression goes to Garren Wheatley. Let me ex-
plain, Garrett will become the new head of Microsoft in 2007 after Gates retires. After Garrents first product fails, he takes his earnings and runs off and buys land in Montana to build "a maththemed casino resort town."
\#Most Likely to Insult me for this Article goes to Kim Fesmire.
\#Most Likely to Be Travelling Sideshow "Attractions" in a Carnival goes to Jason and Josh "The Juggling Twins" Bergstrom.
*Most Likely to Appear on Guinness World Records for "Most Worms eaten in One Hour" goes to P. J. Jones.
Most Likely to Eat Infected Beef your guess is as good as ours! *Most Likely to Whine about not Being Included in this Article goes to Kelly Reeves. (I hope she's happy now.)
Well, that's all the superlatives I could dream up (with Jake's help). I can think of no good ending for this story. But one thing is for sure, I won't resort to some sappy, sobbing speech or any other type of yearbook cliché. Have a super summer!

C-ya next year, Jay Swacker



## 

## One year down... three more to go

## Freshman Class Officers

> President.
> Natalie Roe
> Vice President..............Kinsey Bell Secretary............Whitney Morreau Treasurer. Emily Canup


## Hang in there, we're almost sophmores



Sylvan Leanuing Center's Quick Pace ${ }^{n 4}$ is the most complete reading course available because it improves reading speed and conaprehension. In fact, we are so confident that Quick Pace will produce resules, it's guaranteed to improve your effective reading rate (words/minutes $x$ comprehension) at least $50 \%$.

Scronger reading skills mean you'll cover more course work in less cime with greater undersunding than ever before. Build a foundation for greater academic and personal success. Call Sylvan today to enroll in Quick Pace.

2856 Lome OakRead - Paducafi (502)-554-4111

䐴 Sylvan Learning Center ${ }^{\circ}$ Success is learned.

[^0]
## What was your most memorable moment from this year?

Jonathon Blackman- The time I played in the Varsity Game at Murray State
Will Hogancamp- When Jon Hayden, Leslie White, and myself covered Chuck Berry's "No Particular Place to Go" in English Class with newly dubbed words.
Whitney Morreau- When I got kicked out of Dolph Larimer's Earth Space Science Class
Jon Hayden- The time I got a yellow card during the game against Tilghman in the district tournament.
Nicole Slusmeyer- The time I dipped my ID in ketchup and got it all over my khaki pants.
Steven Shepard- When I started going out with Cristina Fields Jennifer Block- I will always remember the streak!


Freshman Oak "K" Staff Member: Blake Owen


## Prom Fur <br> The Oak "K" May 1999

# New York, New York 



Juniors, Tim Hayes, Christa McLain, Aaron Peeler and Date

Some of LOHS" finest couples prepare for a magical night


Bethany Wright, Emily Riggs, Michelle Williams, Jennifer Conner, and Kelly Millay


Seniors: Jessica Fortney and Date, Ben Thompson and Melanie Vinson, Leslic Sither and Date



## Boys

Boys Basketball had a very successful 1998-99 year.

The team's accomplishments include a runner-up position in the district tournament, second place in the district regular season, and a trip to the regional toumament. The team finished with a record of 12 wins and 16 losses.
"The year overall was disappointing when you look at wins, but we accomplished our goal of getting to
the Regional tourney." said head coach Lawrence Smithmier.
"We were successful. We continued to progress throughout the year," commented Smithmier.
The team leaders in statistics were Senior Jon Shelby and Junior Ryan Dunn. Shelby poured in 14.3 points and grabbed 9.4 rebounds per game, and Dunn added 11.8 points and hauled in 4.5 rebounds each contest. The five seniors that lead the team were: Jon Shelby, Mitch Flood, Matt Hlopper, Carl Walter, and Jeff Heath.


File photo
Seniors Mitch Flood (25) and Jon Shelby (center) tighten up the "D" against Fulton City as Bryan Powell (right) lights for position.

## Girls

The Lady Flash basketball team had one of the best years in recent memory as they ended the season with a 21-9 won/loss record. And not only did they compile a stellar record, the team came within one win of the Sweet Sixteen Girl's State basketball tournament in Bowling Green, Ky.
Leading the team for the season was Sophomore sensational center Heidi Seltzer. She poured in 19.2
points a game and pulled down 1 rebounds, and was named the Paducah Sun's Purchase Player of the year.
Coaching the team was Gerald Vaughn, and the team says goodbye to five seniors: Tonya Stamper, Stacy Adams, Dyanna Hicks, Kim Smith and Lori Larrison.
The team has high hopes for next year with Seltzer, Bethany Wright, Sara Angelly, and Amanda Fox.


The 1998 football season was successful, despite a losing record.

The year was highlighted by the team's third consecutive McCracken County Championship, which was won after the first two games. The Flash defeated both Reidland and Heath to open the season and bring home yet another county title.

After that the Flash had some trouble, losing several games in a row in the extremely talented Class 3A first district.

The Flash revenged their losses by a clobbering of Fulton City on Senior Night, then a stunning defeat of the Murray Tigers the final game. The team pulled off an upset of the state-ranked Tigers for the second year in a row.
They compiled a final record of 4 wins, 6 losses.
Next year the Flash will return only 4 starters at the most, losing 11 seniors, most of which started on both sides of the ball. This may sound like trouble, but a healthy class of upcoming Juniors and a few seniors will no doubt be competitive.




The Oak "K" May 1999


The Lone Oak beseball segson is not yeterer, but already succes is in the bag. As of press time, the team has compilect 2 15-13 woy loss record, and is $5-1 \mathrm{in}$ their district.
Leading hitters for the Flasthare junior Shawn Yarbrough (.385- $\frac{1}{}$ atting Average, 37 hits, 4 home runs); Senior Kyle Cooper ( $.341 \mathrm{BA}, 30$ $\mathrm{H}, 3 \mathrm{HR}$ ); and fellow senior Jon

Mizell ( $337 \mathrm{BA}, 29 \mathrm{H}, 6 \mathrm{HR}$ ).
The regular season is now over, and is now ready for the tournaments.
Districts are being held May 2427. The team looks to rebound from several close losses this season, fivef of those losses by only one run State pumaments are to be held on Jome 18 and 19 in Louisville. Good luck to the baseball team.


The Lady Flash softball team's season, much like the baseball team, is not quite through yet. With some of their final regular season games this week, the team has already secured a winning record. As of press time they are 18-11, going $3-1$ in their district
District tournaments start the 25th of May, and Lone Oak is sure to do well. In the following weeks, the Flash will hopefully head to the Re-
gional tournaments. Good luck to the team.
The head coach is Gerald Vaughn, and the assistant coach is Ms. Shelton.


## Golf

Golf is a sport that has never been very recognizable at LOHS, but why not? Both boys and girls team had successful years in 1998, although no one hardly knew about it.
The boys team finished the season with an impressive 9 win, 1 loss, and 2 tie record. The team, you could say, was nothing short of a success.
On the girls end, there was only two players on the team, Sophomores Heidi Seltzer and Erin Lyles. With only two competing, there was not enough players to compete as a team, so the ladies just played for individual rankings.
Golf coach David Pope said this was the best season he has had in 12 years at Lone Oak. Golf is definitely a sport that deserves credit from everyone at LOHS.

## Track

The LOHS track team had an extremely competitive year in 1999.
The team, comprised of both male and female athletes, competed in several meets starting in March, with several months of training and practice prior to that.
The leaders for the girls squad were shotput and discus specialist senior Courtney Pace, who is one of the leaders in the region in both events.
The boys had several standout competitors, who competed in events such as the 800 meter dash, 400 meter dash, and other distance running competitions. Everyone on the team works hard and does well in the meets.
As of press time the season is not quite over, but a great season was had by all. The track coach is Tony McGroarty.

Boys


## Girls

1998 was a year to remember for the boys soccer team, achieving state-ranked status and an unbelievable won/loss record of 14-2
The team went on to defeat Reidland in the district tournament, but faultered against Paducah Tilghman.

Senior team captain Les Miller had an outstanding final year, scoring 20 goals, racking up 14 assists, and playing nearly every second of every game.
A wonderful season indeed. Lone Oak soccer deserves your praise.

## Tennis

After a successful season, both the boys and girls tennis teams will head to Murray on May 19-21 for the regional tournament.
The state tournaments are held June 2-5 at Lexington, Kentucky.

* The girls team has won the regional tournament for the last several years and is expected to win the region, and be a top contender for the state championship.

The Lady Flash soccer team was definitely no slouch either. Compiling a record of 10 wins and 4 losses, the team rolled over its regular season opponents.
The team advanced to the regional tournament after a second place finishing in the districts. The team lost in the championship of the districts to Reidland, but was awarded a spot at the Regional tournment.
It was a great season for both soccer teams, and success is in the future as well for Lone Oak soccer

The boys team faces tough competition in the region from Paducah Tilghman, another regional power.
In the region, the boys should finish in the top of the region, and should place in the top 5 at state.

All in all another successful season for Lone Oak Tennis. Girls leader Sarah Suitor has been state and nationally ranked and should help the team at state, as should Ben Thompson for the boys team.
The tennis coaches are Larry Heflin and Andy Poore.


## Unsurpassed.

Comprehensive pain

## management

program that delivers
excellence.


LAXMAIAH MANCHIKANTI, M.D.
Subspecialty Certified in Pain Management,
Pain Medicine and Disablity Evaluation
CYRUS E. BAKHIT, M.D.
Subspecialty Certified in Pain Management,
Pain Medicine and Disablity Evaluation
Rajgopal R. Pakanati, M.D.
Specializing in Pain Management
Patricia (Trish) Burks, LPT
Physical Therapy

## Bert Fellows, MA

Psychological Services

## Offering New Hope

 in Managing All Types of Pain.* Chronic *Intractable *Persistent

American Academy of Pain Management

## Holistic

Multidisciplinary Management
Nerve Blocks
Epidurals
Prolotherapy
Spinal Endoscopy
Radio Frequency
Spinal Stimulators/Pumps
Physical Therapy
Psychological Modalities
2831 Lone Oak Road - Paducah, KY 42003
Fax: (502) 554-8987
(502) 554-8373

## THE PAIN MANAGEMENT CENTER OF PADUCAH

[^1]
[^0]:    Sas Center for decinit
    

[^1]:    " Meeting the Health Needs of Patients without Regard to Race, Color, Religion, Sex, Age or National Origin.'

