

"Give to the world the best you have and the best will come back to you."

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Welders capture tenth state title

Megan Williams
Co-Editor-in-Chief

A new sort of torch burns in the agriculture workshop along beside the working welders. This new torch of victory was earned in August at the state fair when the welders won their tenth State Welding Championship in the last fourteen years. This victory marks the eighth year in a row the welders have received this honor.

The Lone Oak team of Greg Seay (12), Nathan Churchwell (12), Casey Lynn (11) and Jamey Cook (10) represented the Purchase Region and had a score of 381 points out of 400 possible. They defeated Flemming County in the finals by a margin of 53 points.

Lone Oak was successful not only in team competition but in individual as well. Cook received first place in the individual welding contest.



(L to R) Nathan Churchwell, Jamey Cook, Casey Lynn and Greg Seay Photo by T. Werner

"The secret to our success is not skill, but the amount of time we've spent practicing," said Seay.

The welders will now represent Kentucky at the national Mid-South Fair in

Memphis next month. This will be the tenth time Lone Oak has competed at the Mid-South Fair. Their outstanding record of no losses at the Mid-South Fair points to a sure victory this year.

Colonels are playing out of this world

David Jolley
Staff Writer

The football team will be performing before and after the new feature band show this year, and the Colonels are as pumped as ever. The band has some new help, some new ideas and a whole new show.

This year the Colonels are playing Mars, Jupiter, Jupiter Chorale and Jupiter Finale by Gustav Holst. These tunes are in various recordings and have been played by the Cavaliers Drum and Bugle Corps. In keeping with the Colonel Tradition, these tunes will be perfected and powerful this fall.

On top of a new show, tons of work and keeping their grades high, the Colonels are also keeping in great shape for competition this fall.

"They (the Colonels) are very excited about this year's production and are looking forward to finishing in the top



Trombone players perfect their musical skills

Photo by D. Jolley

four in class AA in the state," said director, Mr. James Light. He also said that the difficulty of competition would be much higher with the addition of new competitors. The band will be competing at Elizabethtown, Murray, Heath and

Reidland, as well as at state level competitions.

Best of luck, Colonels, in AA competition this year.

LOHS Boys get a taste of Ky government

Sunil Manchikanti
Circulation Manager

This summer, Blake Weeks, David Ham and William Mills (who is spending his senior year in Germany) attended Boys' State at Morehead State University. Over 200 high school students from all over the state attended the program. Boys' State was a week long program for high school students after their junior year. During the week long session, students learned about the legislative process in state governments.

Boys' State was divided into two main groups, the House of Representatives and the Senate. There is also a small group that acted as the executive branch of the government. Each student was

assigned a political party—Federalist or Nationalist. Each house spent the week proposing, writing and submitting laws to be passed by the state government. The houses also approved and vetoed laws proposed by other houses. It soon became obvious that it's not an easy process.

"Boys' State helped me understand the difficulty and complexity of the legislative process," said Blake Weeks.

Boys' State gave a small group of high schoolers a taste of what it's like to be a politician. Students left with a new appreciation for those who spend their lives working in the government.



Boy's State participants Blake Weeks (front) and David Ham (back).

Stoll and Hibbs attend Girls' State this year



Girls' State members Sarah Stoll and Jennifer Hibbs

Kelly Reeves
Editorial Editor

While the majority of the students at LOHS were soaking up the rays and drinking lemonade, Sarah Stoll and Jennifer Hibbs were learning about how our government works at Girls' State.

June 7-12 was a week at Cumberland College in Williamsburg, TN where high school girls completing their junior year held a mock government. In order to qualify for Girl's State, the girls had to be interested in government and politics, exhibit leadership abilities, and participate in community service.

"It definitely sparked an underlying interest in politics for me. I had a

wonderful time and will definitely not soon forget how detailed and involved the government's operation really is," says Stoll about her overall experience.

"I learned a lot about what our senators and representatives do, although it was a bit boring at times. I probably won't go into this profession; however, I will never forget all of the friends I made there," said Hibbs. However, for her, the experience was different.

If you're interested, you might want to look into applying for next summer's Girl's State in the guidance office!

Lone Oak Represented at Governor's Scholars

Lucy Jackson
Feature Editor

This past summer selected students who were preparing to enter their Senior year had the opportunity to attend the Governor's Scholars Program at either Centre or Northern University. David Ham, Tracee Smith and Michelle Williams were chosen from LOHS after applying and being selected by their PSAT scores, applications and recommendations.

"GSP is a great honor and privilege of high school students," said Mrs. Reeves. The purpose of GSP is to allow students who are gifted academically to learn about subjects or areas they are

interested in and are usually not offered in their high school. Usually these classes barely, if at all, resemble the usual learning environment and this makes them even more interesting. GSP has been called a "utopian learning experience" by those who organize it and the participants seem to agree.

Of course, taking a class isn't the only thing participants do while they are at the program. There is a lot of free time and this seems to be what students gain from the most. A bunch of cool kids from all over Kentucky plus lots of time plus no parents equals a lot of bonding. People seem to remember the friendships they made at GSP more than anything else.



Governor's Scholars David Ham, Michelle Williams and Tracee Smith

Academic team back for another great year

Jay Swacker
Coroner

Back, with a bullet. This year's Academic Team is gunning for a great season. With returning varsity players Bryan Garner(12), Josh McGuire(12), Jason Ramage(12), and Janie Toy(12) the A-Team is shaping up to have a good year. They have been practicing everyday at 7:00 AM, honing their skills, coming up with strategy and reviewing the procedures.

Mr. Toy, the faculty coach, said, "I would never be that overconfident," when asked if he thought the Academic Team was going to crush the opposition.

To deal with the loss of two good senior players last year and William

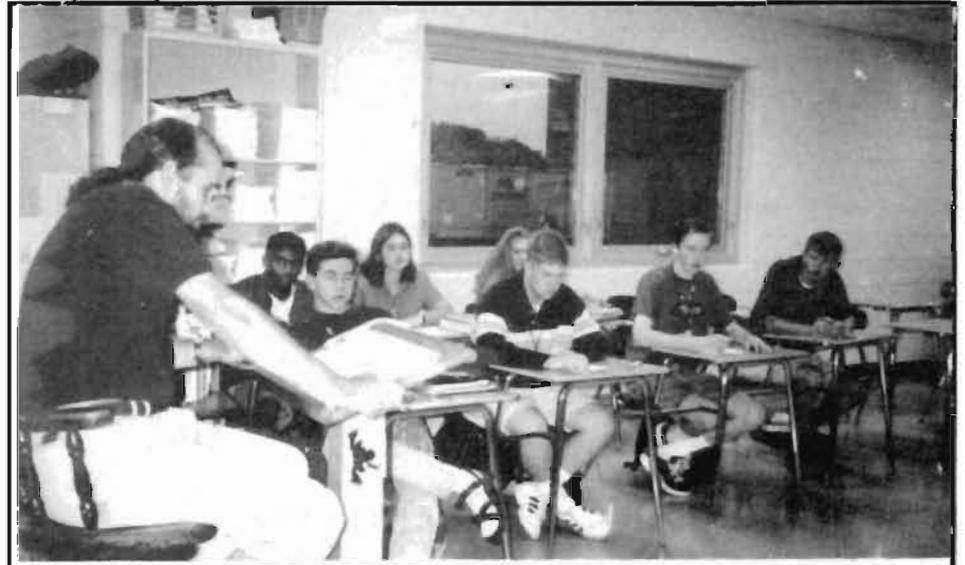
Mills (who is a foreign exchange student in Germany) the team will build its chemistry and personality in the regular season, in preparation for Governor's Cup in February and March. Three big opponents this year will be Heath, Murray and Marshall County.

Mr. Toy, the faculty coach, is optimistic for this year's squad. They have already set a goal to win three matches at the State Governor's Cup competition.

Of the JV team, faculty coach Ms. Underhill said, "They're really good this year."

On the JV team is Amy Chapman(10), Brett Sanders(10), Garrett Wheatley(10), Jason Bergstrom(10), Josh Bergstrom(10), and Lindsey Ward(10).

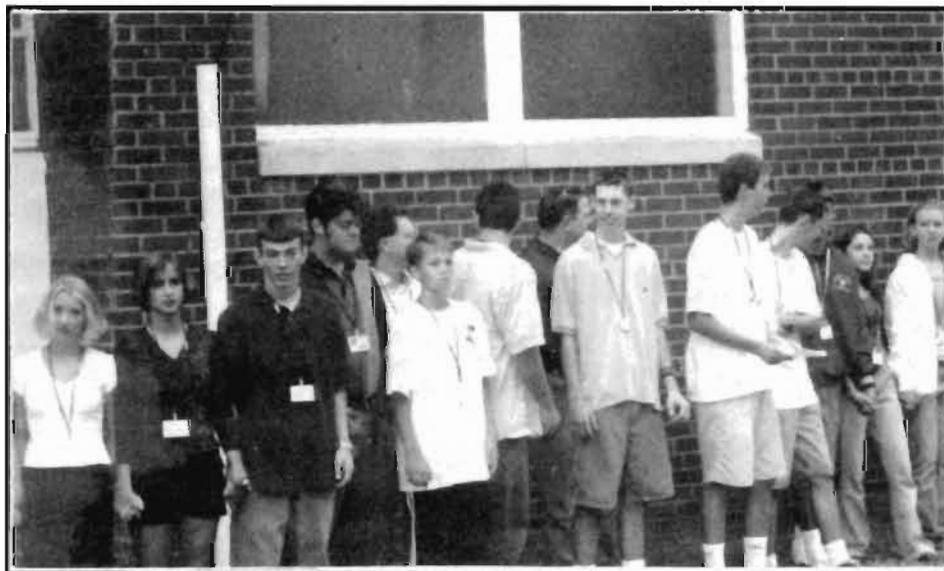
Last year the JV team was undefeated during the regular season, a feat no other Lone Oak team has accomplished.



Team members practice with Mr. Toy

Photo by K. Campbell

Christian teens join together in prayer for our school



Students join hands in prayer

Photo by M. Williams

Megan Williams
Co-Editor-in-Chief

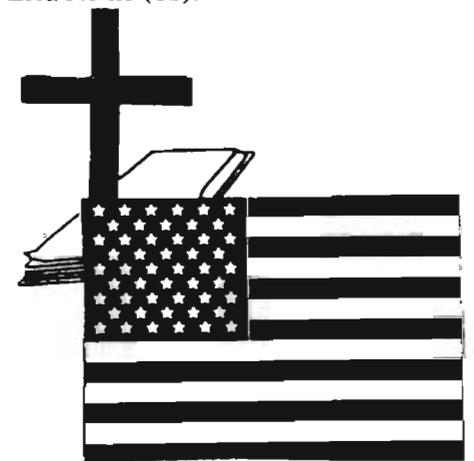
On September 16, a group of about 100 students united together in the courtyard to participate in the annual national event of see you at the pole.

After reading Bible verses concerning prayer, the students joined hands and began praying for our school, faculty and students.

Area students began preparing for the prayer meeting on September 15 at Oaklawn Baptist Church. After eating pizza and singing choruses, they prayed for the success of the event and organized

the morning's activities.

"See you at the pole is a good way for Christian teens to come together and stand up for what they believe in," said Lisa Heine (12).



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Being smoke free earns money

by staff writer

Rachel Gearhart (11) and Emily Rigdon ('98 grad) were recently awarded \$500 each in scholarships for their participation in Key Club's National Smoke Free Campaign conducted last school year.

Gearhart and Rigdon administered a pre-campaign survey of 8th graders - targeting LOMS health classes instructed by Mr. Pope and Mr. Tidwell - to determine the students' attitudes about smoking.

The campaign itself consisted of a scripted presentation to the class, supplemented with brochures, posters and media spots - all designed to encourage young people not to smoke.

A post-campaign survey indicated that the Key Clubbers' presentation had a significant and positive impact on the 8th graders, thus making Gearhart and Rigdon eligible for their scholarships.

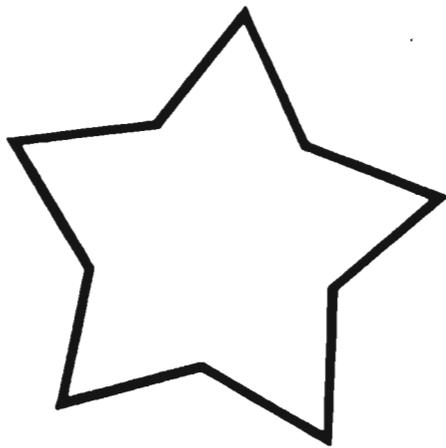
"The kids put lots of time and effort into their campaign. They did a wonderful job and I'm very proud of their contributions. Hard work pays off!" said Mrs. Sims, LOHS Key Club sponsor.

Students are encouraged to join Key Club, which provides opportunities for community service and scholarships.

In addition, the LOHS Key Club helps sponsor the Basketball Homecoming Dance and the Valentine's Day Data Match.



Rachel Gearheart (11), a participant in the Key Club's Smoke-Free Campaign



Telethon of Stars looming on the horizon

Jody Suhrheinrich
Staff Writer

Believe it or not, it's just about time to begin preparations for Paducah's very own charitable claim to fame, Telethon of Stars. If you're wondering how you can contribute to this worthy cause, here's a prime opportunity. CBBR

Sports Card Shop and M&J Sports will host a card show at Trader's Mall Flea Market, 6900 Benton Road, on October 3 and 4 from 10 a.m. to 6 p.m. A portion of the proceeds will benefit the 1998 Lions Club/WPSD Telethon of Stars.

Collectors can look forward to seeing cards of all kinds, Beanie Babies, and my personal favorite, NASCAR col-

lectibles. There will also be an auction of a basketball signed by Ron Mercer. Also up for grabs, will be the baseball bats of Atlanta Braves' Andruw Jones and Chipper Jones at 2 p.m.

Everyone is strongly encouraged to drop by and check out these quality items dedicated to the aid of those less fortunate.

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LOHS students' art will decorate Yeiser Art Center

Alicia Reeves
Staff Writer

Once again, the art department is kicking off the school year with a busy schedule. Art teacher Mrs. Hayden has already entered students in the annual Women's Club competition. This competition is held at the beginning of September and lasts through the 15th. It is a regional competition, and all first place winners in each category will be eligible

to move on to state. Mrs. Hayden is also getting together volunteer art students to decorate the Yeiser Art Center booth at the Big Barbecue on the River. The students will be competing for first place for best decorations against the other booths. Both of these events should be easy wins for our talented art students. Good luck to all the participants!

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Education is important, or is it?

Tracee Werner
Features/News
Editor



How can students be expected to take learning seriously when the people in charge don't? Students are taught from the first day of kindergarten that what they're learning is important and they will use it for the rest of their lives.

Errors made by teachers give students a reason to be lazy with the excuse, "Mr. So-and-so wrote it wrong. Why can't I? He still gets paid." How are teachers supposed to answer this question? They can't. When a teenager, or any child (yes,

we're still children) sees or hears an adult do something wrong, they automatically are going to imitate it — "Monkey see, monkey do."

This philosophy can be applied to the student agenda. Below are just a few of the errors that can easily be found when skimming the agenda. Some are merely typos; however, others are serious grammatical errors.

"Clothing (overcoats, oversized jackets, oversized clothing including baggy pants) may not be worn in the classrooms."

Sounds okay, right? Now, read the underlined portion separately. Does this mean that wearing clothes into the classroom is not permitted? If so, not only have the students been violating school policy, but the faculty

members have as well.

Read the following description of excused absences:

Verified Court Appearances

Severe Illness In The Immediate Family

(Immediate Family includes parent, siblings, grandparents, blood related aunts and uncles, nephews, and nieces, or anyone living under the same household roof with the student.)

Here are two errors. One is the obvious misspelling of the word *appearance*. The other is the bolded portion of the underlined phrase. This phrase is redundant. Of course if a student lives in the same household they live under the same roof and vice versa.

See if you can find the mistake in

this announcement: "Students may bring a backpack to school and leave it in there locker until the end of the school day."

Found it? If not, it's the misuse of the word "there" which is **always** an adverb. It's been misused here in place of the word "their," a possessive pronoun.

English students could get practice correcting mistakes in English class by proofreading the agenda before it goes to print. It would show students that even adults make mistakes. Perhaps a good solution would be for us, as teenagers, to question authority. Aah. Yes, that's what I said, question authority within limits. Don't be a jerk, just calmly ask the teacher if they're sure that's what he/she meant.

There's no place like P-town

Lucy Jackson
Co-Editor in Chief



Every Paducah native, or those of you who have somehow ended up here, has at least once or a maybe a thousand times said that they hate it here and it must be the worst possible location to be living if you're under the age of fifty. I must admit that I'm extremely guilty of being Anti-Paducah when I've driven down Lone Oak Road for the millionth time and still can't find one thing to do. I suppose that is why I am taking this space-- to try to redeem myself in the

eyes of those who established this lovely town we all call home.

Now I can relate to the fact that Paducah isn't exactly the center of fun for the universe, but honestly, where is? I've heard teenagers from Detroit to New Orleans say the same thing; they're bored and there isn't anything to do. It seems as though no teenager wants to be where they are, even if they aren't in Kentucky. Plus, things here could be a lot worse. Our main attraction could be the one stoplight in town or the DQ, but is it? NO! That's right, kids, we do have lots to choose from in comparison to many of our neighboring towns, and we should appreciate this rather than whine the rest of our high-school (a.k.a. ball and chain to Paducah) years away. We should spend our precious teens taking in all majestic wonders of this hidden paradise. I mean how many places do you know that have a big wooden Indian in the park?

We have a beautiful downtown, a mall and movies, a bowling alley, a roller skating rink, playgrounds, local bands and all sorts of other things to enjoy and lavish in, not to mention the fact that Kentucky Lake, Garden of the Gods and the Wickliffe

Mounds are only a short drive away. Quit dragging around dreading every last second you have to spend here, grab your friends (the ones you really, actually like) and go do something. I mean how could one not love a place like good 'ol P-town.



Photo by L. Jackson

"I mean how many places do you know that have a big wooden Indian in the park?"



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Starting school and going nuts

Alicia Reeves
Staff Writer



Back to school. For little kids, this means recess, snack-packs and lots of fingerpainting. For us, on the other hand, it means freezing in the classroom, eating lunch at record-breaking speed and trying to remember what you did with that darned Algebra book.

Not only is school a pain to get back into, but it's also hard to prepare for. For instance, you have to worry about stuff like new clothes and remembering when registration day is (so you don't forget to go). In my experience with preparing for school, one of the most annoying things I can think of at the beginning of the school year is trying to find supplies. To a lot of people this sounds crazy because to them school shopping is fun. Here's a news flash: during the school year, it's not fun to never find what you need.

Many of you are probably thinking "Why doesn't she go and get stuff ahead of time?" Here's why: it is not wise to



Jamie Cook works in the LOHS Bookstore which is open before school and during lunch. Patronize it!

photo by A. Reeves

leave an unopened package of pens, pencils, or paper in your home for more than three days when there is an eight-year-old rugrat sibling running around destroying things. To prevent my stuff from being used as a third grade art gallery, I only get maybe a folder with

loose-leaf paper and a pen until I find out what exactly I need in each class. But, to my disappointment, it never fails for me to walk into K-Mart (or any other store in Paducah) expecting to find at least a standard spiral notebook and ending up seeing about thirty of them in

every size I don't need.

The problem here seems to be this: stores get huge shipments of school supplies around a month in advance to the actual start of school. The supplies then get picked off at a slow pace until the day school starts. That's when the shelves go bare. After a week or so, students (like me) find out specific things they need in each class and when they go to find them, the store has *nothing* due to the fact that their companies have sent them nothing else after the rampage. That leaves us having to wait awhile, or at least until the next shipment comes in.

There is a solution and it is now open, our LOHS Bookstore. It is located next to the cafeteria and is open before school and during each lunch period.

Perhaps the teachers could keep the store informed by sending a monthly inventory telling what students need in their classes (teachers with different level classes, such as freshmen and sophomores, could send two).

Maybe then, people like me wouldn't have to go crazy finding the right kind of notebook paper ever again!

Justice for... some

Jay Paul Swacker
Coroner



I'm understandably upset. I happened to be sitting and pondering universal ideas such as life, love and the pursuit of justice. Then, I realized something...there's no justice.

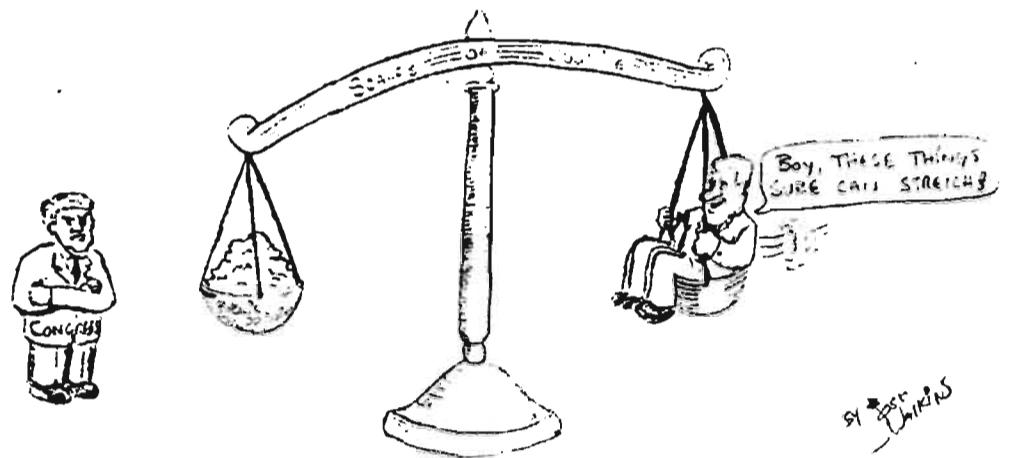
Well, to some extent. If you're young or wield lots of power you can do just about anything you please (except tape record conversations about breaking into the DNC).

Point in case, the shootings at Jonesboro, Arkansas. Due to the fact that the shooters were thirteen years-old, they will be charged as minors and released from jail at the tender age of eighteen. That's a five year prison sentence for killing four people and injuring fifteen others. If you ask me, those punks should be frying like bacon.

Avoiding justice isn't just a fancy for the young, the superpowerful can also toy with the written law. A good

example is the Presidential matters. He's already admitted to getting the "Full Lewinsky." He's misled people and may have conspired to obstruct justice. He has lied to the American public and his family. The man doesn't have a nickname like "Slick Willie" for no reason (I can think of two). Right now, he should be well on his way down Impeachment Boulevard (thanks Jacob), but instead is riding high on a wave of fervorous supporters. President Clinton has made quite a few shady dealings on his rise to the top of the free world, and he may never be indicted on federal charges. What's wrong with this picture? A lot, obviously, and there's not much we can do to change it. Why? Because we're the problem, and nobody wants to change, they just want to point the finger at everyone else (like I am right now, typing away at my little computer. As if I'm sitting on some throne spouting out advice and performing miraculous signs).

Whenever there's a way to cheat, lie, scam, or weasle one's way out of getting what you deserve, you can bet that someone in America will try. And probably succeed. Now that's justice!



The Oak K is a publication of Lone Oak High School, distributed monthly to all students, faculty and advertisers.

The newspaper is designed by staff members, using the Macintosh desktop publishing system, and printed by the Benton Tribune Courier, P.O. Box 410, Benton, KY 42035.

Letters to the Editor are to be under 250 words in length and signed by the writer. The Oak K reserves the right to edit all letters for placement as long as the meaning is not altered. The newspaper attempts to inform and entertain its readers in a broad, fair and accurate manner or all subjects that affect the audience. Final authority for the content of the paper rests in the hands of the principal.

The Oak K

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Lone Oak's new

School safety becomes top priority

Due to the recent rash of school shootings, the faculty, the teachers and the student body have had many changes this year for security reasons. Mrs. Suzan Roberts has been hired to patrol the school and campus grounds. A fence now surrounds the school and is locked from the time the first bell rings to the end of the school day. I.D. cards are to be worn at all times during the school day. Backpacks are also banned in the classroom and security cameras have been placed in eight different places.

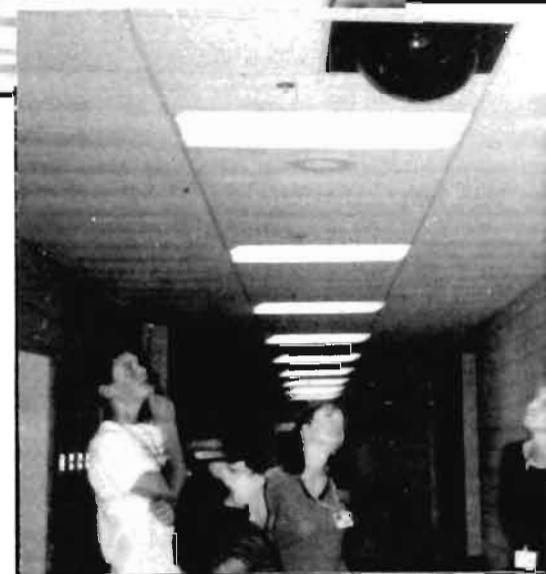
"The fence was put up to assure that people who don't belong here are kept out. There is a need for this because last year, the Sheriff's department was called eight times in the first month of school for items stolen, slashed tires and keyed cars. Also the fence allows the doors within to remain unlocked, giving students the freedom to use all areas inside the fence," explained Mr. Adams.

The I.D. cards were a board policy. This ruling is also a "control measure" as is the fence.

"The security cameras were a decision by Mr. Adams. They are more beneficial after school hours than they are during school hours. They remain on at all times; after school hours and even weekends. The cameras are located at the outside entrances, the front main hall and the cafeteria," said Adams..



Books pile up all over the cafeteria without backpacks for storing them.
photo by S. Manchikanti



Meet the Security Guard



"The kids are being really cooperative. I'm here for them if they need anything. Don't be afraid to come and talk to me."

- X Name:
Suzan Roberts
- X Responsibilities:
Roberts' job is to secure halls, parking lot, handle illegal drugs, fire arms, etc. Roberts doesn't handle discipline, only hall passes, parking, and arrests.
- X Roberts carries a 9mm, pepper spray and hand cuffs. She has had 400 hours of criminal training at Eastern Kentucky University, in Richmond, KY. She also has 40 hours of inservice training annually to keep qualification. Before being employed at LOHS, Roberts was a detective for the Sheriff's Department for four and a half years.
- X On the lighter side of her life, Roberts is married, has two boys, twelve and thirteen and a dog named Robbie.

What do you think about



Andrea Spees,
Junior
"I don't like the backpack rule or the new fence. Not everyone should be punished for the wrong doings of a few other people."

Carrie Sisto,
Senior

"I don't like them, but I can see that they are necessary. Something has to be done to change the direction things are going."



Love Oak's new school policies



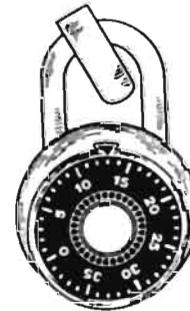
Books pile up all over the cafeteria without backpacks for storing them.
photo by S. Manchikanti



Lucy Jackson and Emily Riggs attempt to escape LOHS' parking lot.



Students look in amazement at the new cameras.
photo by E. Riggs



What do you think about new school policies?



**Andrea Spees,
Junior**
"I don't like the backpack rule or the new fence. Not everyone should be punished for the wrong doings of a few other people."



**Jon Hayden,
Freshman**

"I don't believe that the policies are necessary to ensure safety."

**Carrie Sisto,
Senior**

"I don't like them, but I can see that they are necessary. Something has to be done to change the direction things are going."



**Jessica Miller,
Sophomore**

"I think the backpack rule isn't necessary, it creates many problems. It's hard to carry books from class to class, sometimes even carrying more than one"



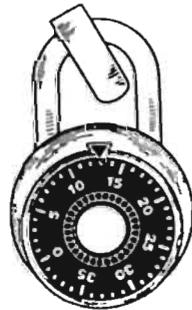
about school policies



Lucy Jackson and Emily Riggs attempt to escape LOHS' parking lot.



Students look in amazement at the new cameras. photo by E. Riggs



about new school policies?

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Jon Hayden,
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Jessica Miller,
Sophomore

"I think the backpack rule isn't necessary, it creates many problems. It's hard to carry books from class to class, sometimes even carrying more than one"



Opinions

Lone Oak lock down

Jacob Mitchell
Sports Editor

I'm Jacob Mitchell. I'm a pretty normal guy. Let's take a look at a common walk through the halls of LOHS from my point of view, shall we?

As I cram all my stuff into the already tiny locker, I drop all my pencils. Why? Because I can't stick them in my backpack. As I travel through the main hall I get the feeling of deja vu of the local K-Mart as the black-domed cameras follow every move I make. Then, with a feeling like a stalker is following me, I see the security guard give me a stare as if she had seen me the night before on *America's Most Wanted*.

The revamped security system that

has gone into effect this year for our high school, and for a common person like me, it really gets my goat.

Let's move on to a touchy issue that has surfaced in the new rules. Backpacks. I'd say 90% of the students at LOHS carried a backpack from class to class last year. Why? The main reason is some people's lockers aren't exactly in the best of locales. Is all this hassle necessary? Shouldn't those handy cameras and the attentive security guard see if a person pulls a gun out of their backpack?

In closing, I'm not whining about the rules, or feeling self-pity. What I'm asking is are these rules necessary to run a safe school?

It's all about safety

Kelly Reeves
Editorial Editor

Within LOHS, security cameras and a security guard watch closely over us students and faculty. Without, a gate and more security cameras ensure our safety on school grounds. And I feel safer than ever!

The security cameras are basically an ingenious idea. The human eye of a security guard could miss a subtle dangerous move because, hey, she's only human! The security cameras could catch someone breaking the rules. New students, next year's freshman or visitors might not even notice the security cameras and think that they are alone in a secluded part of the high school.

Although an inconvenience, excluding backpacks from the daily walk to classes is another good

precaution that's been useful since school started. No matter how popular or nice, you never know who could be carrying a gun or hiding drugs. This way, you won't have to wonder what's inside your neighbor's backpack as you settle down for a nice hour of class.

Since no safety precaution is infallible, this may not prevent every danger that's lurking the halls of McCracken County Schools. But it's a darn good start. So when you open your mouth tomorrow morning to complain to someone about the absence of your backpack or how the security guard keeps giving you mean looks, remember the intent of these safety precautions. They're about your safety and your safety only.



Photo by J. Suhrheinrich

While all eyes are on the football game,
Bee slyly steals Scooter away into the night.



Photo by J. Suhrheinrich

Aren't you gals supposed to
be cheering?

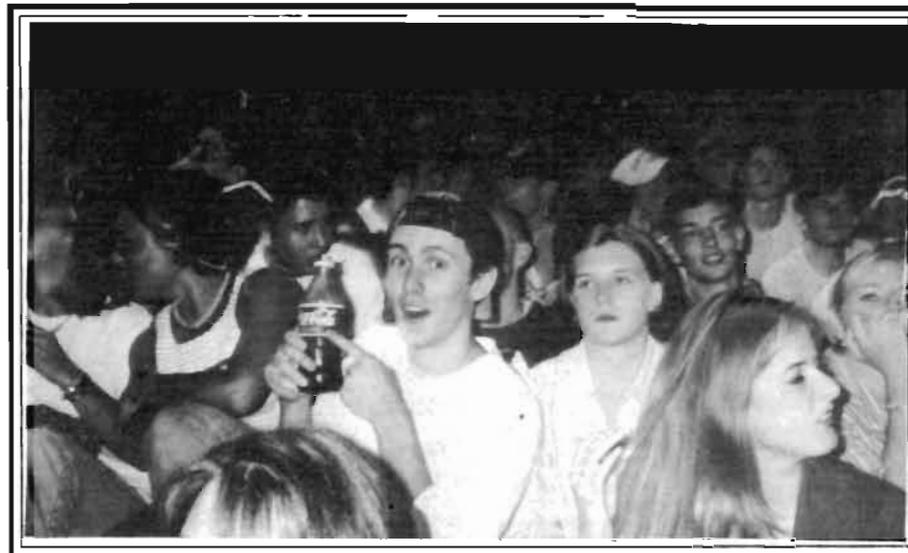


Photo by J. Suhrheinrich

Derek fulfills his life-long dream of
becoming a Coca-Cola Model

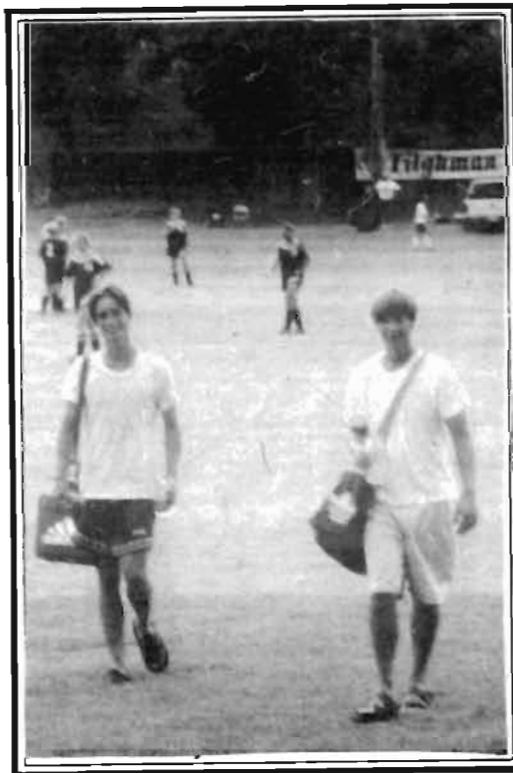


Photo by L. Jackson

LOHS' two hottest upper classmen
leave the field to greet scores of waiting
female fans.



Photo by J. Suhrheinrich

Future LOHS drummer boy
hones his skill



Photo by A. Reeves

Note the quiet intensity of the sophomore football players.

Three teachers make their debut performances at LOHS

Kelly Reeves
Editorial Editor

Mrs. Martin/Spanish & Biology
The Oak K: What made you want to become a teacher?

Mrs. Martin: "I love the atmosphere of high school, and I want to inspire students to set goals and achieve them."

TOK: What year did you graduate?

Mrs. M: "Bachelor's (Spanish)-1996; Master's-1997"

TOK: What are your hobbies/interests?

Mrs. M: "I love being outdoors, watching different sports, spending time with my son, playing with my puppy and spending time at home or on the farm with my sweetheart."

Mr. Watwood/9th grade U.S. History

The Oak K: Who inspired your teaching career?

Mr. Watwood: "My mother is a teacher and has always made teaching seem fun and interesting. I was also influenced by several great

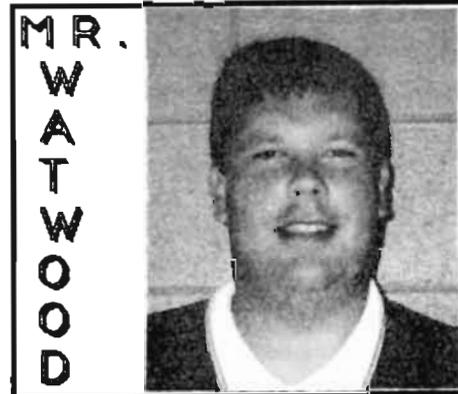
teachers during my school years."

TOK: What are your hobbies/interests?

Mr. W: "I work with the band (no time for much else!)"

TOK: Do you have anything to say to your students?

Mr. W: "It's nice to be back!"



Mrs. Shelton/Algebra I

The Oak K: What year did you graduate?

Mrs. Shelton: "1993 from Murray with a degree in Broadcast Journalism. I went back to school in '95 to get my teaching certification."

TOK: Where were you born?

Mrs. S: "I was born in Union City, TN. I grew up in Clinton, KY (Hickman County)."

TOK: What made you want to become a teacher?

Mrs. S: "I always wanted to be a teacher. My mom was a teacher."

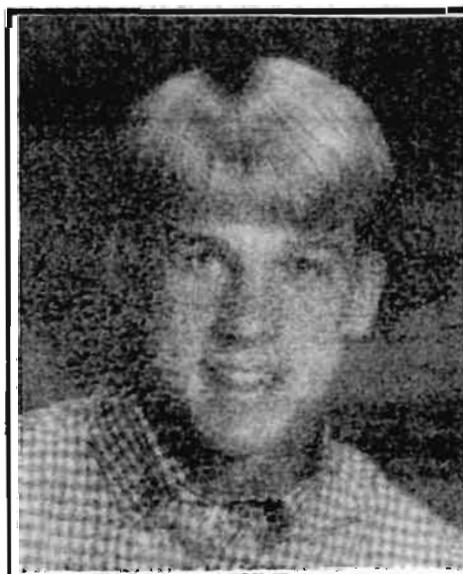
Ben Thompson starts off the year as Junior Rotarian

Jody Suhrheinrich
Staff Writer

We're kicking off this month's choice for Junior Rotarian with a most worthy selection, senior, Ben Thompson.

Thompson has been actively involved in many aspects of LOHS. He is a member of both the Beta Club and Student Council, and maintains a 3.97 GPA.

Ben may be best known for his tennis ability. He's been a member of the varsity tennis team for five years, and is a three-time regional tennis champion.



To supplement Ben's time spent here in the halls of LOHS, Ben volunteers at Lourdes, enjoys playing golf and partakes in every guy's favorite pastime; playstation. He loves Rock 'n Roll and lists Mr. Baker's History class as his favorite.

Thompson credits his dad as his main influence because, "he sets good standards and gives excellent advice."

After high school he plans on attending the University of Kentucky and possibly majoring in medicine.

When confronted about his sentiments on his success, Thompson remarks, "I truly have been blessed greatly, not only in school, but with the best friends and family a guy could ever have."

Jackie Jenks volunteers at Lourdes

Jay Swacker
Coroner

Need something to do? Why not volunteer at the local hospital, like Jackie Jenks did this past summer.

Don't worry about sponge-bathing seniors or cleaning out their bedpans, that's the nurses' job. Jackie worked in the Care Management department. Her job consisted of filing papers and running errands for people far superior to her on the hospital chain.

Head on down to the emergency room and see if you can be of assistance. To contact Lourdes, go to the hospital yourself or call the Volunteer Department of Lourdes. It's a great way to spend a Saturday and help the community. Everybody wins.

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Tracee Werner
Feature/News Editor

LOHS would like to welcome exchange students **Marina V. Lantsova** and **Alex Goll** to the school.

On her journey to the U.S., Lantsova traveled through such cities as St. Louis and Cincinnati, but had no time to sight-see. Although she made sure to sit by the window in the plane, Lantsova was disappointed because she didn't get to see the Statue of Liberty. She arrived in Paducah the Saturday just before school started, so she had little time to adjust.

Lantsova likes almost everything about the U.S. and LOHS. Here, she enjoys being able to choose her own classes and she says the people here are very friendly and helpful.

In her spare time, she likes to read, watch t.v., listen to the radio and relax. She hopes to play for the Lady Flash basketball team this winter.

Lantsova was eager to come to the United States where she hopes to learn about American culture and wishes to share her culture with Americans.



Exchange students Marina Lantsova and Alex Goll

Photo by T. Werner

"There are a lot of stereotypes that exist between Americans and Russians, I want to help get rid of them," said Lantsova.

Goll comes from Duesseldorf, Nordrhein - Westfalen, Germany. Goll could have chosen England, but he de-

ecided on the good ole' U.S. of A rather than staying in Europe.

"America is a big country with a completely different way of life," says Goll.

Goll was lucky enough to participate in America's national past time, baseball, when he saw a Cardinal's game.

Goll, like Lantsova, believes that the students at LOHS are nice. According to him the tests here are much easier than the ones back in Germany. Goll's complaint list of L OHS is much shorter than most students', although it is one of the more typical: He doesn't care for the lunch menu. He is happy, however, that our school has permanent internet access because they didn't have it back in his school in Germany.

Goll is an athletic person who enjoys street and ice skating, skiing, basketball and hockey/roller hockey. He also enjoys movies, science fiction novels, and computers.

Both these students have come a long way just to live in this country. If you happen to see either one in the hallway, say "hi" and let them know that our home is thome is their home. Invite them to participate in clubs and activities. You can learn as much from them as they can from you.

Watch next month's issue for a feature on two more exchange students who just arrived at LOHS.

Titanic is the great ... mail ship?

Alicia Reeves
Staff writer

So, what do you think of when you hear about the ship Titanic? Many of you probably visualize the studly Leonardo Dicaprio standing on the bow of the ship yelling at the top of his lungs, "I'm the king of the world!!! By most, though, it is viewed as the one of the largest ships in history that sunk tragically on its maiden voyage. Well, here's a twist: This beautiful ocean liner was also one of the world's biggest floating post offices.

Sound crazy? Believe it or not, this ship carried more letters aboard than passengers (approx. 6 million). In fact, the initials R.M.S. stand for Royal Mail Ship.

Jim Bruns, director of the National

Postal Museum in Washington, D.C., will open a large exhibit dedicated to the Titanic's postal room. The exhibit will also pay respects to the five postal workers (three were Americans) who lost their lives trying to save the 3,400 mail bags as the ship went down.

The exhibit will feature never-before seen footage of the mail room as it looks today on the North Atlantic ocean floor. This extraordinary footage shows that the mail bags that hung in the mail room are still there after 86 years.

Crews are working now to retrieve the bags to find out if the typewritten letters are still legible. How will this exhibit sit with the public? Well, since the film *Titanic* was such a hit, Bruns believes the that the exhibit "will be a blockbuster,," too.

Web sites for the high schooler

Sunil Manchikanti
Staff Writer /Circulation manager

School's back in session, and so are all the pressures that come with it. Tests, reports, college searches, scholarship searches, and more. Fortunately, the internet succeeds in making our lives much easier. There are many web sites out there that are useful for any high schooler. Here are just a few:

☞ <http://www.act.org>, <http://www.collegeboard.org/>

The ever important standardized tests. These sites provide information about the ACT and SAT. You can also register online using these sites.

☞ <http://www.collegeview.com/>

This site is an excellent tool for searching out potential colleges; it also provides information about many popular careers.

☞ <http://www.fastweb.org/>

This search tool is useful when you're looking for scholarship opportunities. You create a profile on the site, and it will search its database for scholarships that you might be qualified for.

☞ <http://www.ipl.org/>

The Internet Public Library is an incredibly useful site. It has links to many useful research tools and also has a section containing career guides. It's definitely worth looking into.

☞ <http://www.odci.gov/cia/publications/factbook/>

When you need statistics on nearly any country in the world, this is the place to look. This site provides population, geographic and ethnic information. You'll also find economic and political information about these countries.

Flash soccer kicks off with success

Tracee Werner
Feature/News Editor

The LOHS soccer teams are very excited to be the first to play on LOHS' very own soccer field this season. Players can take pride in their hard work because they painted the fences and helped lay sod on the infield of the softball field.

Both the girls and the boys have had very good starts to their seasons. The girls have had four wins and three losses. The boys have had six

wins and one loss. (See score box below.)

This year's returning head coaches are Steve Angelly and Tony McGroarty. Assisting Angelly and McGroarty are Rick Fort and Fred Miller. Captains for the boys' team are seniors Les Miller and Cartney Mitchell. The girls' team's captains are sophomore Sara Angelly and senior Tracee Werner with alternate, senior Courtney Pace.

Be sure to come out and support the teams in their remaining games.

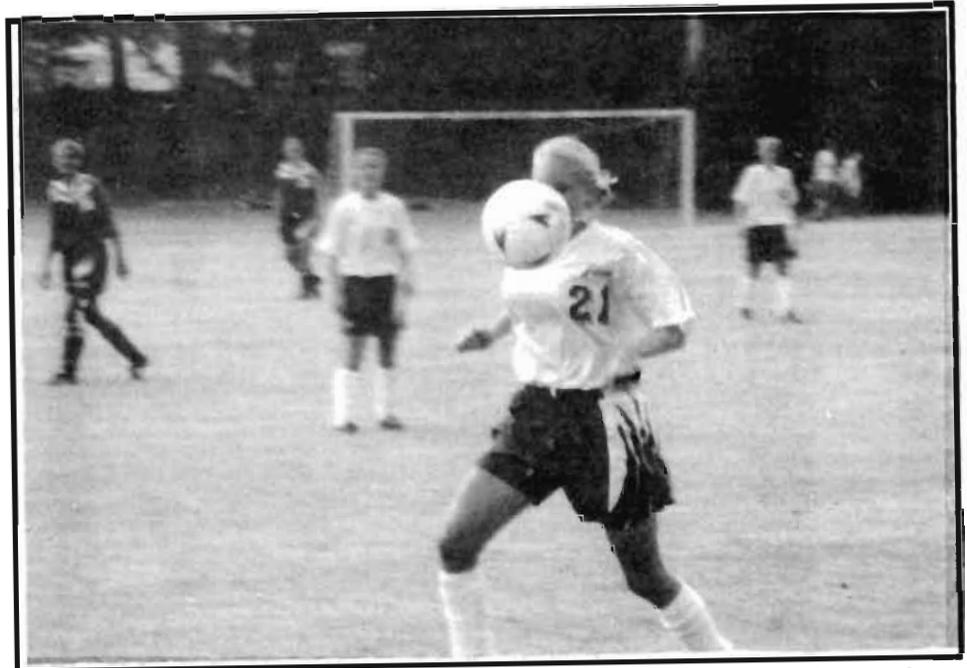


Photo by L. Jackson

Sophomore Leigh Ann Collins (#21) gets into position to score one for the Flash.



Photo by T. Werner

Fire engines roll onto the field as the Purple Flash set the goals on fire.

Boys Soccer Results

Record: 6 Wins, 1 Loss

Graves-W, 5-0
Ch. Fellowship- W, 7-0
Tilghman- W, 2-1
 L, 2-1
Reidland- W, 4-1
Heath-W, 6-0
St. Mary- W, 4-2

Girls Soccer Results

Record: 4 Wins, 3 Losses

Graves- W, 4-1
Heath- W, 3-1
St. Mary- W, 4-1
Tilghman- L, 2-1
 L, 2-0
Reidland- L, 2-0
Lyon Co.- W, 9-0

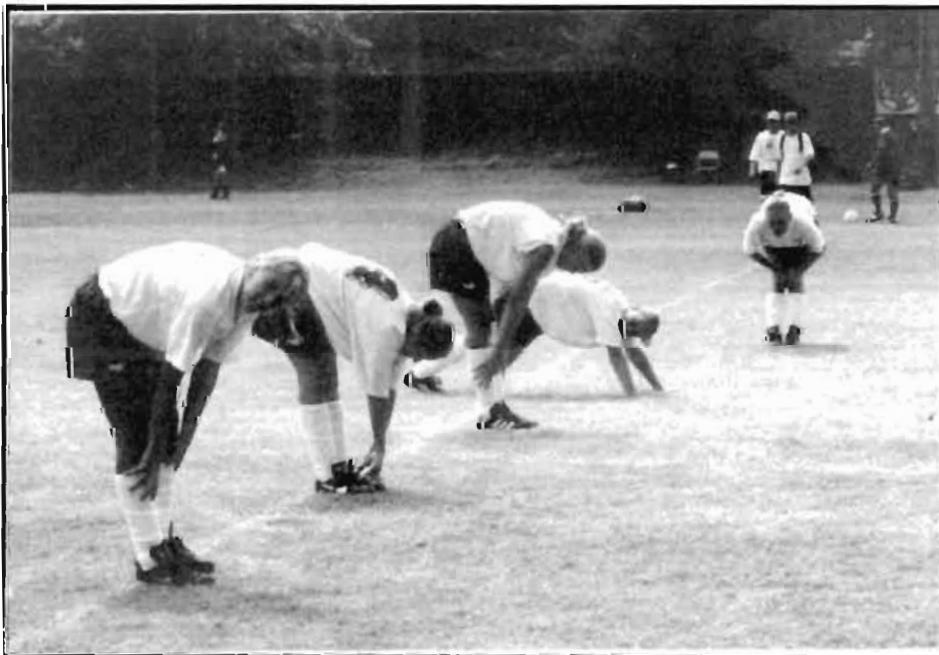


Photo by L. Jackson

These girls (from left) Lindsay Culp, Meghan Helne, Jessica Miller, Candice Dupree and Amanda Dycus know that stretching is half the battle.

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Flash strikes for third straight title

Jacob Mitchell
Sports Editor

The Lone Oak Purple Flash football season got off on the right foot on Friday, August 28 with a convincing win over their cross-county rivals, the Reidland Greyhounds, 22-0.

The game started with a bang. On the first play of the night, senior Nathan East returned the opening kick-off 80 yards for a touchdown. That was all the Flash would need as the stifling defense stopped every Greyhound attempt for a touchdown. Nathan East provided another score in the fourth quarter to ice it and freshman Eric Garner ran another touchdown to the end zone in the third as the Flash completely dominated the Hounds.

The following Friday, September 4, the Flash fought for their third straight county championship as they faced the Pirates of Heath.

Senior Jeremy Puckett ran for a touchdown and East provided more heroics as the home opener proved

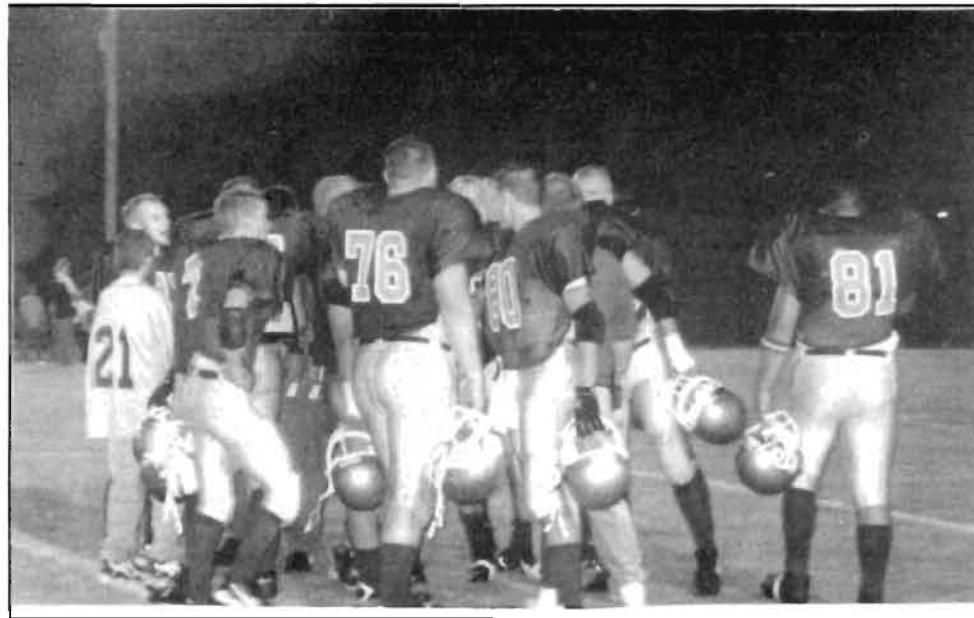


Photo by T. Werner

Coach Neel huddles the guys up for the plan of attack against Madisonville.

victorious, 24-12. Eric Garner also ran for a touchdown.

The victory meant a third straight McCracken County championship.

"I felt great about it, I hate losing to Reidland or Heath in anything" said

head coach Courtney Neel.

The tides turned the following week as the Flash hosted Madisonville.

A powerful Maroon offense blew by the Lone Oak defense and 28 first half points buried the Flash en route to a 49-10 victory.

1998 Flash Football

Results:

Reidland 8/28 W, 22-0
Heath 9/4 W, 24-12
N. Hopkins 9/11 L, 10-49
Calloway 9/18 L, 13-7

Remaining Games:

9/25 @ Hopkins Central*
10/2 vs. Paducah Tilghman*
10/9 vs. Union County*
10/16 vs. Fulton City
10/23 @ Hopkinsville*
10/30 @ Murray

* = District game

Lone Oak tennis teams look to ace another winning year

Blake Owen
Staff Writer



Metra Mitchell goes for a volley at a fall tennis practice. Photo By M Williams

It's fall again and with fall comes many things. The leaves change color, it starts getting colder, and the annual Lone Oak Tennis Association has its round robin tennis tournament. As with every year Coach Heflin will take 45 boys and girls and get them back into the spirit of tennis.

In a round robin each player plays every other player. After all the players have played each other their results will determine their rankings for the upcoming season.

After last year's boys' and girls' regional tournament victories and the girls' second place win at state, this year's team should carry on the tradition of Lone Oak Tennis' dynasty. The girls' team is expected to do well this year, although losing two seniors. The boys team as well lost two of their seniors. Coach Poore's reply is, "The boys have a lot of work to do to get to state this year."

Hopefully both our teams will do very well this year. Look for more championships in their futures.

Football Word Search

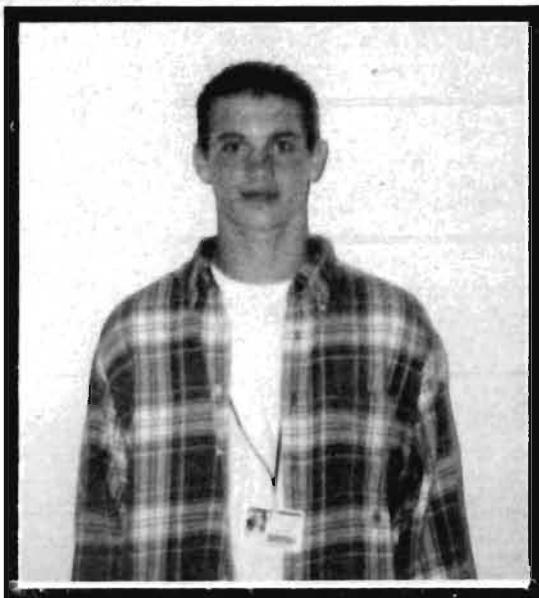
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J I P M T A C K L E D J R U M E
C C N P L O O J F C E D D K I Q
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U O C M M O F V O Q F N Z U I A
N O Q C J A C B Q S M X V K L R
G L Z X T L N O X A I C C C O T
N N F Q J P V X E F L N T A E E
W G W H R M O S H E M G R B K R
O A H O S A C A T T D A R G P B
D V C L D S G C P Y O L N N U A
H E L M E T M K N Z U F K I H C
C B D J L T S D B H B J H N O K
U B L P S M C R O K P R O N E D
O H U D D E E I I R H D L J R C
T H G S E L B M U F Z T Y R K J

Word Bank

Quarterback	Touchdown	Safety
First Down	Lineman	Fumble
Flag	Tackle	Huddle
Official	Helmet	Receiver
Goal Post	Sack	Running Back

Go Big Flash!

Athlete of the Month Senior, Nathan East



Chosen by:
Coach Neel
(football coach)

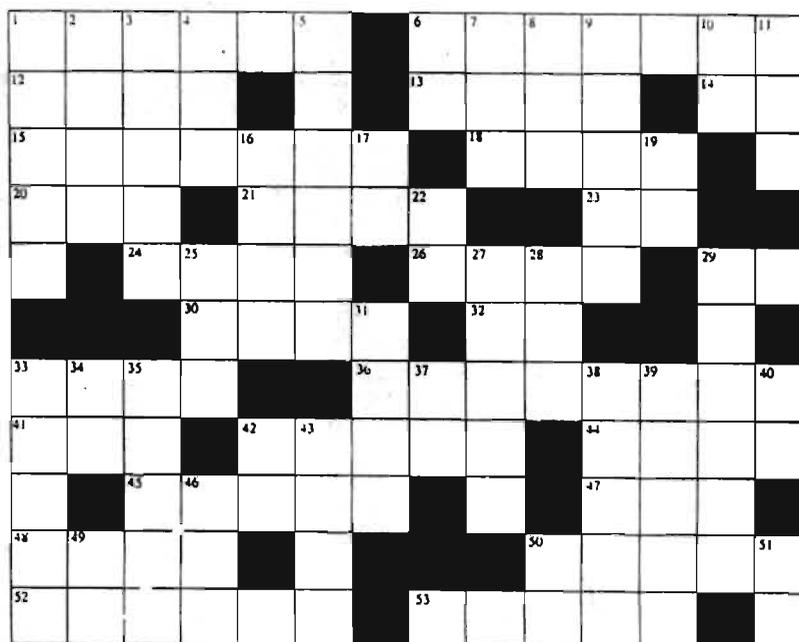
Other activities:
Track, Biology
Club

Highlight:
East scored on the first
play in the regular
season game against
Reidland off a kick-off
return for an 80 yard
touch down.

"I'm honored to be Athlete of the Month, but I give most of my credit to the big hosses on the offensive line."

East plays wide receiver and corner back. He has had 3 touch downs so far this year.

Crossword Puzzle



- | | | | |
|-------------------------------|---------------------------------|----------------------------|------------------------------|
| ACROSS | 29. Us (Nom. case) | DOWN | 27. Read in English |
| 1. Composition assignments | 30. Change from solid to liquid | 1. Wipe out | 28. Building block of life |
| 6. Required class | 32. Not off | 2. Soil layers | 29. Car movers |
| 12. Grows underground | 33. Spoiled child | 3. Heavy with moisture | 31. Russian news agency |
| 13. Paul _____ | 36. _____ Placement | 4. Consumed by mouth | 33. Signals to end class |
| 14. Objective case of I | 41. Mistake | 5. High-pitched | 34. Reading _____ (initials) |
| 15. Equations needed | 42. Used in crafts | 6. Sound of surprise | 35. Smell |
| 18. _____ Cameron | 44. Margarine | 7. Pen fluid | 37. Detective (initials) |
| 20. Sink downward | 45. Unobstructs | 8. Winter sport | 38. Writings in class |
| 21. Directs toward | 47. Sesame plant | 9. Late | 39. Cuts |
| 23. First tone of music scale | 48. Physically disabled | 10. Pacers star (initials) | 40. To complete |
| 24. Shout | 50. Cola brand | 11. Affirmative | 42. Exercise class |
| 26. _____ 500 | 52. Geometry concern | 16. Compressed bundle | 43. Picnic ruiners |
| | 53. Gathering of students. | 17. Exist | 46. _____ rally |
| | | 19. Boxing term | 49. Word of delight |
| | | 22. Spanish affirmative | 50. Married to Ma |
| | | 25. Emergency helper | 51. Not out |

Answers will be printed in next month's issue

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