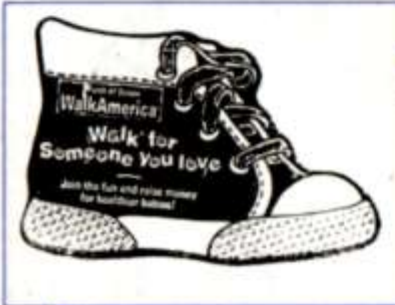


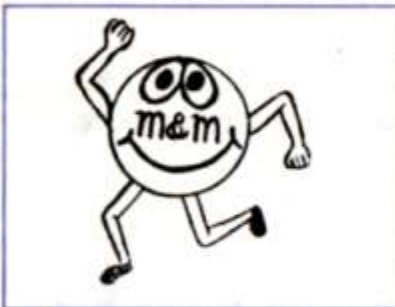
"Don't worry, be happy!"

## INSIDE...

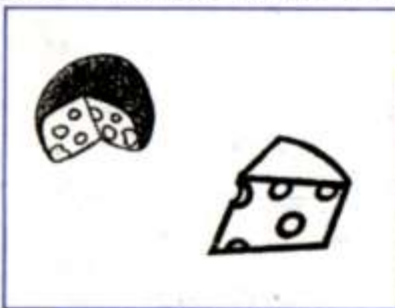
**NEWS**  
help break through for  
babies ..... 2



**EDITORIALS**  
does the color matter? .. 4



**FEATURES**  
cheese to the rescue .... 9



**SPORTS**  
almost perfect ..... 10



## Students donate the gift of life

**Suzannah Stoll**  
*Coroner*

Many students flocked to the library on April 1 to donate the gift of life: blood. This event was sponsored by the LOHS Beta Club. Several Beta members assisted the nurses throughout the day.

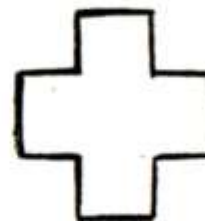
While many students were hesitant to stick out their arm, the Red Cross had 101 donors all together and 57 first time donors. Pints upon pints were taken-eighty-three units to be exact.

There were several students who were unable to donate blood because of low iron counts, low/high blood pressure and certain medications. A few students lay around on the floor to regain their composure after a fainting spell took over their body. No need for them to feel sick; there were soft drinks and

Debbie snacks to replenish the body. "The Red Cross volunteers were quite impressed with the Lone Oak students' willingness to participate and help others for a worthwhile cause," said Mrs. Metzger.

This was a successful blood drive and the turnout was tremendous. If you are seventeen or older, the Red Cross encourages you to come by their Paducah headquarters.

**Paducah Red Cross**  
546 Lone Oak Road  
Paducah, KY 42003  
442-9141



Lori Larrison (11) gives blood Photo by S. Stoll

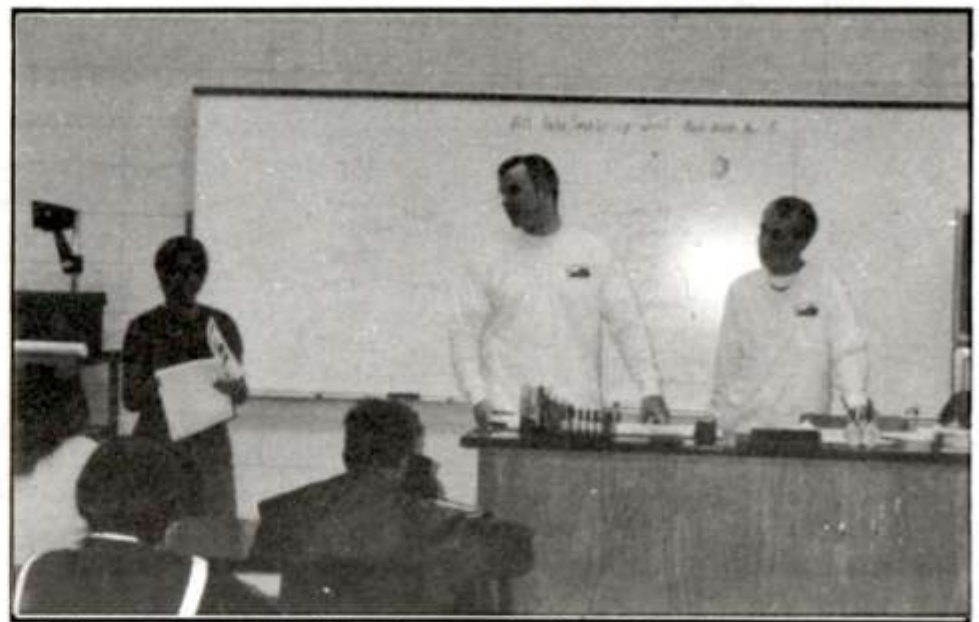
## PSI encourages teen abstinence

**Sara Ryan**  
*Circulation Manager*

Sex. It's a word that will usually catch a teenager's attention. It's also something that teenagers find themselves doing and possibly regretting later. That's why there is a program called PSI.

PSI, short for Postponing Sexual Involvement, is a program sponsored by the Purchase District Health Department that teaches young teenagers how to abstain from sex until they are ready to handle the responsibilities that often result.

Juniors and seniors from LOHS are selected by Mrs. Reeves to be involved in the program. After several hours of training the teen leaders present the program to seventh grade science classes at LOMS. The entire program is broken into five sessions. In these sessions the younger teens discuss reasons why teens are choosing to become sexually involved at such a young age, the pressure



Julie Stewart, Jon Cargill and Scott Bryant teach a class of 7th graders Photo by S. Ryan

the media has on teens and their beliefs about sex, and how to say "no" when faced with the pressure of having sex.

The PSI program was started four years ago and since then has gained state-wide attention. Statistics have shown a de-

crease in the number of teens becoming sexually active since the beginning of the program. They're following the PSI motto, "get a life first, wait to have sex." "Teaching PSI has been a great learning experience," said two year leader, Jon Cargill

# Come on and buy some shoes

Emily Williams  
Editorial Editor

This year Lone Oak's very own parenting class is sponsoring a fundraiser for the March of Dimes Walk America. This year there are 35 participants who are working to raise their goal of \$3000 by collecting donations at school and also running a booth at the Kentucky Oaks Mall. All money raised goes directly to the March of Dimes Birth Defects Foundation and aids birth

defects research, neonatal intensive care and polio vaccinations.

"We will collect until the first week of May. We hope every student and faculty member will buy a shoe!" said Mrs. Stubblefield.

If you would like to buy a shoe the cost is one dollar and they will be on sale outside of the cafeteria. Last year the team was 8th in the region for fundraising and placed 1st for their T-shirt design. They hope to do as well or better this time around so help out and buy a shoe!



## Students rock *la casa* at Foreign Language Festival

Megan Williams  
News Editor

On March 26, about 100 students headed to Murray for the Foreign Language Festival which proved to be a very successful day. The day was full of different events that tested the listening, pronunciation and written skills of the students. LOHS was very successful having seven first place finishes, five second place finishes and five third place finishes.

"It was a good learning experience because we were able to

work with other foreign language students," said **Corey O'Brien** (10).

First Place

**Amy Chapman** (9)- Spanish I  
Written Proficiency

**Kim Chopra** (11)- Spanish II  
Extemporaneous Prose

**Jeff Heath** (11)- Spanish II  
Written Proficiency

**Rebecca Eason** (10)- Spanish Oil  
Painting

**William Mills** (11)- German II  
Written Proficiency and Grammar;  
Vocabulary and Culture

**Nola Goehman** (11)- French II  
Dessert

Second Place

**Monty Breneman** (10)-  
Spanish II Oral Proficiency

**Julie Berens** (11)- Spanish III  
Written Proficiency

**Josh McGuire** (11), **Tim**  
**Followell** (12) and **Trey**

**Swacker** (12)- French III Drama

**Beth Mason** (10)- German

Main Dish

**Christa McLain** (10), **Jennifer**

**Hibbs** (11) and **Sally Sloan**

(10)- German construction model

Third Place

**Tracy Smith** (11)- Spanish II Oral  
Proficiency

**Monty Breneman** (10)- Spanish II  
Extemporaneous Prose

**Michael Plewke** (11), **Carl Walter**

(11), **Justin Denton** (11), **Kelly**  
**Adams** (11) and **Nathan East** (11)-  
Spanish II Construction Model

**Rachel Gearhart** (10)- Spanish I  
Extemporaneous Prose

**Becky Clausen** (10)- French I  
Costume

## Earth Day -- it's a great day!

Lucy Jackson  
Feature Editor

On April 22nd, ten selected students from LOHS headed to the Information Age Park to help with a program for middle schoolers on Earth Day. Brandy Gifford, Lindsay Fesmire, Shelley Skaggs, Matt Upshaw, Matt Humphrey, Joe Smotherman, Vince Carter, Suzannah Stoll, Julie Stewart and Tereza Kejzlar represented Lone Oak, with Mr. Toy as the sponsor. Ballard Memorial, Heath and

Reidland all sent high school students to assist throughout the day. Ten stations were set up and the high schoolers explained their station by giving presentations to the youngsters from the around the area. The high school students had received training prior to the presentations from a supervisor. There were five groups of kids in the morning and five in the afternoon that went to each station. The purpose of the activities, which lasted throughout the day, was to promote environmental awareness.

The Oak K is a publication of Lone Oak High School, distributed monthly to all students, faculty and advertisers.

The newspaper is designed by staff members, using the Macintosh desktop publishing system, and printed by the Benton Tribune Courier, P.O. Box 410, Benton, KY 42035.

Letters to the editor are to be under 250 words in length and signed by the writer. The Oak K reserves the right to edit all letters for placement as long as the meaning is not altered. The newspaper attempts to inform and entertain its readers in a board, fair and accurate manner or all subjects that effect the audience. Final authority for the content of the paper rests in the hands of the principal.

### The Oak K

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Features Editor	Lucy Jackson
Sports Editor	Emily Riggs
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## Watch out for those violent femmes

Lucy Jackson

Features Editor



You're female. You're about to come to a door. Some guy you sat by in the fifth grade kindly steps in front of you to open it. Are you offended? If you aren't, does that make you old fashioned or conservative? Does that confine you to child bearing and the kitchen?

In the 90's we are in a society that is in the process of liberating every individual. Of course discrimination is ever present in this same society and many people are very aware that it exists. It seems as though we often find ourselves being extremely protective, if not a little paranoid, that we are being treated as less or un-

equal. Sometimes we are, and in those cases we should be upset and should stand up for the equality we are all promised, but there are some things that people take way too seriously in the attempt to be "liberated."

There may be a very fine line between what is acceptable and what is not, but we should try our best to distinguish between what falls on which side. For example, we should be able to look at a situation and differentiate between what is sexism and what is nothing more than common courtesy. Unfortunately, I often see this line completely disregarded in the name of feminism.

I realize that we all have different opinions about the roles of men and women in everyday life, but in some cases things are simply taken too far. I consider myself a feminist, but not a femi-nazi and I think that a male being polite or courteous to a female in no way makes that man a

sexist, or makes that woman lost, helpless and at the mercy of the man.

Although it isn't unreasonable to believe that men feeling obligated to open doors and pay for dinner stems from the fact that our culture was

*'Extreme feminism has removed women from the pedestal on which they were worshipped and made them equal to the lowest common denominator--the male.'*

-- Mr. Whitley

sexist, and will always be to a certain extent, there are REAL problems that come from this sexism and they are all too often pushed to the side. People start to forget the real reasons the feminist movement started, and see it as a bunch of growling women sharpening their claws and prepar-

ing to sink them into any unsuspecting male.

The feminist movement is belittled by people picking at things that aren't significant situations. It gives feminism a bad name, especially to people who need to be educated about it most. Instead, these people never even see the positive side of feminism and what it really is to begin with.

So girls, keep fighting the power. Stand up for your rights and do what's necessary to keep them, but keep in mind what will have a positive effect in the feminist movement and what makes a person a feminist to begin with. Just because you walk through a door that's being held by a man, which keep in mind shouldn't be your enemy, doesn't make you any less of a woman.

## If you can't say anything nice...

Estee Cheah

Business Manager



Since the outbreak of school violence schools from all around are looking to tighten the security on campuses to ensure the safety of students. Bolting the doors and chaining the gates were the easy part. After all, it really isn't the outsiders the schools are concerned about; it's the students themselves.

Both at the shootings of Heath and Jonesboro, the accused students had made threats to their classmates before the attacks. Because both cases started with verbal threats the schools have decided to stop it there before it could get any further.

Recently, the Paducah Independent Board of Education approved the first reading of a policy that removes students from school immediately for making verbal or written threats. The policy was passed by a 4-1 vote. However, the policy must be approved a second time before it becomes official.

Although this action was taken by the Paducah Independent Board, many other school boards are also taking into consideration policies much like this. A school, regardless of what policy it goes by, will undoubtedly look into a threat more seriously no matter if it is valid or not.

The policy has its good and bad. The good is that the school is only trying to protect each and every one of its students. Personally, I don't see anything wrong with that. The new policies will heighten everyone's awareness of what can and can't be said.

The bad is that reporting threats could turn into a he-said she-said game. This could result in students getting seriously punished for something that might not be completely true. If the threat is serious enough, law enforcement could also be notified.

Another bad thing is that people can often say things they don't mean when they are angry or upset. These threats will not be overlooked. Basically it all boils down to the old motto: if you can't say something nice, don't say anything at all.

## Build me a better Wal-mart, woman!

Justin Young

Co-Editor-in-Chief



The mall is every little girl's wonderland and every guy's, regardless of age, personal Hell. Why do guys hate the mall so much? You would have to be a girl to ask.

The concept of a mall is ingenious. A collection of merchants grouped into one convenient location. You have your shopping, entertainment and eating all together. So why wouldn't guys see the wonderment in it all?

Someday follow a guy through the mall. Where does he go? To the music store, video game store, arcade, maybe the mandatory stoppage to The Gap and then to Taco John's (wait, they're gone)—make that Long John's Silver (LJS), because only guys can truly appreciate the Pirate motif.

So there's the problem, guys shopping interests could be satisfied by the electronics department of Dillard's. Better yet, imagine a Super Wal-Mart with a LJS supplemented in place of McDonald's! Then you have sporting goods too! It would be great, wander from deer decapitating tools to the latest best-seller list with one store. It would solve all of life's problems...women could simply stand at the cash registers and pick out their husbands-to-be as they checked out. They could catch a glimpse of their looks, how wealthy they were when they opened their wallets and even get an idea of their sensitivity by whether they bought a copy of *Dog Fancy* versus *Cat Fancy*.

Now, I know Emily "Red" Williams has already sang the praises of Super Wal-Mart once, but she praised a flawed store. With these minor additions, man would once again be happy, and the mall—well, the mall would fall into those other forgotten fads of women, such as feminism.

# Promise Keepers -- they just rock!

**Ashley Small**

Co-Editor-in Chief



After one of last month's editorials titled "Promise Keepers pose threat to liberated women" I was immersed in the opinion's of my fellow students and teachers. Some agreed with the opinion's expressed in the article, but the overwhelming majority was stunned and extremely disappointed in the manner in which Promise Keepers was incorrectly represented.

I personally don't feel I am an "unliberated" woman. I feel equal and secure in the company of or in competition with my male counterparts. And I

am also a very strong supporter of Promise Keepers. Now some might find that to be a contradiction in terms after the previous editorial, but if you believe that, you don't understand the true meaning of Promise Keepers.

Promise Keepers are men who love their wives, love their children, love their community and most importantly love God! If you feel threatened by that, I'm sorry! I happen to feel relieved that there are men out there with that kind of character. I mean, we live in a country which permits men to become "dead-beat dads," adulterous husbands and not take any interest in their families. Promise Keepers is not a movement to stick women back in the kitchen. It is an organization which, according to Promise Keepers official website, views "one of the primary goals of the conferences and resource materials is to deepen men's

commitment to respecting and honoring women." These men want to respect women! Correct me here, but shouldn't most "liberated" women be leaping for joy right about now?

Now as one might imagine, since '...one of the primary goals of the conferences and resource materials is to deepen men's commitment to respecting and honoring women.'

Promise Keepers is a Christian organization, they base their beliefs on the Bible. This happens to be another sore subject for many "liberated" women who don't like the part in the Bible that discusses women obeying their husbands. Groups such as the National Organization of Women (NOW) like to bring that verse up often. But if they

would read a little further they would find this, "And you husbands show the same kind of love to your wives as Christ showed to the church when he died for her." Eph.5:25

Yes, that right to the point of death, willing to give everything they have for her. But you don't hear much about that verse when misinformed individuals are bashing Promise Keepers.

I have found that it is easy for people to shout out their opinions about all the things they don't agree with instead of realizing that just because they don't happen to share the views of a group doesn't make it wrong. Promise Keepers are men who have done nothing but heal broken marriages, break down racial barriers and offer their time and help to the community. So until all you "liberated" individuals out there are willing to do the same, there isn't much room left to talk.

## Letter to the Editors

Dear Editors,

I'm writing in response to the editorial printed last month about the Promise Keepers posing threat to "liberated women." After reading this editorial, I was completely shocked and startled by the lack of research that went into it. Clearly if the author would have picked up a Bible, in which the entire Promise Keeper Rally is based upon, then you may find the reasoning for the group. The Promise Keepers are a group of men who devote themselves to their family by a strong commitment to God. They are not out to confine women to the house, regulating them to menial jobs. The Promise Keep-

ers are simply out to obey God's word to the fullest. As it states in Ephesians 5:22, "Wives, submit to your husbands as to the Lord. For the husband is the head of the house just as Christ is the head of the church." But the Bible also states later in Ephesians that "Husbands, love your wives, just as Christ loved the church." As clearly established, husbands are supposed to be the leaders of the house, but this does not take away from the love a husband feels for his wife. It should also not take away the love the wife feels for God. This later idea was conveniently omitted from the article so as one would believe a truly incorrect view of the Promise Keepers and all they stand for.

--Scott Bryant (12)

## "What M & M's do you think taste different and, why?"



Meghan Heine (10) -- "The brown are the best. They have more of a chocolate taste."



Valerie Hawks (10) -- "Blue. Just because you expect them to, and when you expect it, they just do."

Rachel Wattler (10) -- "I think the pastel ones taste different. They just look like they would and I think the candy shell is sweeter."



## The color does not matter!

**Kelly Reeves**  
Staff Writer



M&M's. They melt in your mouth, not in your hand. Well, this is true for most people. Some, however feel the need to stand and cogitate the differing tastes of the red, blue, and green M&M's, which results in a big multicolored mess in the palm of their hand.

Is there really a difference in the tastes of the different colors of M&M's? In short, no. No matter how you look at them, they're all little candy coated bits of chocolate with red, blue, green, brown, orange, or yellow dye adorning their shell. So why do people choose to ponder so deeply into the little candies? I can't count the number of times I have reached my hand into a friend's bag of M&M's and they've said disgustedly, "Eat

the yellow ones because I don't like them. They taste gross." This then leaves me wondering, "You mean there's a difference?"

To prove my point that M&M's taste the same, regardless of color. I bought a bag of regular M&M's from Super Valu and surveyed my 5th hour class to see if, by the mere taste of the candies, they could guess the color of M&M. I had them close their eyes, stick out their hand and pop the M&M in their mouths. They then sat there a minute pondering the taste and finally would tell me what color they thought it was. The shocking results... only 1 out of 10 people surveyed could distinguish between the differing colors of the candies. Tough odds, wouldn't you say?

For you who continuously pick out the M&M's that taste different from the other ones, maybe I can divert your attention to other questions like, would they taste different if they were square? Why are they M&M's and not W&W's? What does the first M stand for? Why are there two M's not just one? Why...



## The school year in review: *What a long strange trip it's been...*



Heath students lost their friends, LOHS students lost their and sense of security and a community lost its small town feel.

### 21st Century Bound

LOHS went high-tech as the school went online. Students now have access to the Internet and email access through the Web. The library also got a face lift with a much needed injection of techie toys.



Da champs...The Lady Flash won first place in the district basketball tournament. The guys team took second place.



Renovation ended this year for LOHS. Two years after it began, students finally arrived at a new school. The piles of dirt, open air classrooms and the infamous uneven step in the hallway are now merely memories. (L to R: the front of the school sans doors; a classroom under work; the fabled step)



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*The King's Court*



Left to right: Brandon Bahr, Vince Carter, Justin Gosa, Kyle Slankard and Simon Gamboa



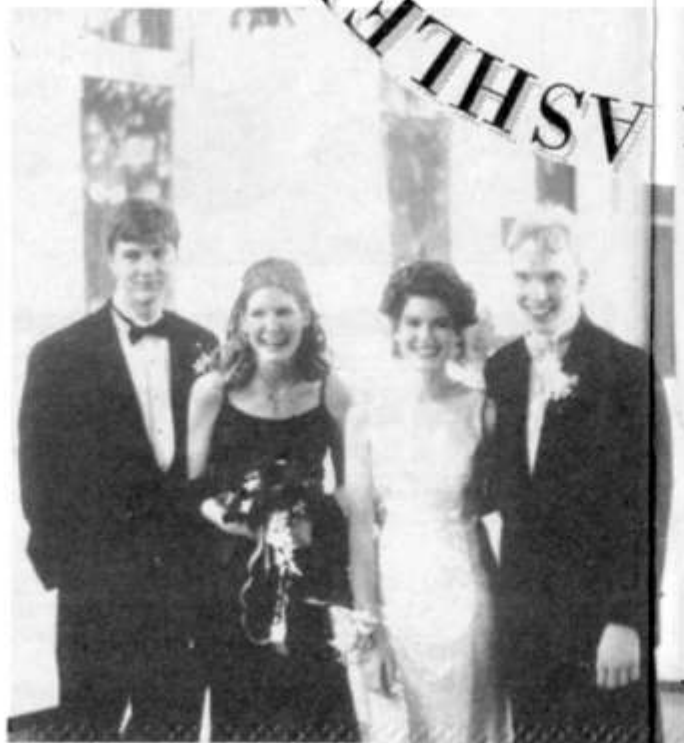
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PROM KING & QUEEN  
\*EMERY\* VINCE  
\*ASHLEY\* CARTER &



# YOU LOVED ME"

7



NG & QUEEN \* VINCE CARTER & A



## The Queen's Court



Left to right: Ashley Emery, Amy Newman, Tereza Kejzlar, Lindsey Fesmire and Jennifer Dunn



## Remedies for the nocturnal noise-maker in you

**Kelly Reeves**  
Staff Writer

Most LOHS students have bad sleeping habits. Inevitably. How can we students have good ones with the projects due the next morning, the 8:00-10:00 sports practices, meets, and games, the semester tests at 7:45 in the morning and the normal teenage stresses on top of all that?

Most of us are too pooped to pop after all that studying and physical activity. However, some have a very serious condition called insomnia that prevents them from sleeping until odd hours of the morning or getting up at even stranger hours.

Insomnia is a condition that not many people sympathize with.

Luckily, though, experts take it very seriously. As well they should. Sleep is vital. Insomniacs are more likely to have auto accidents than normal sleepers. They're less likely to advance in their careers and it's no wonder.

Sleep loss cuts back on concentration, analytical thinking, and creativity. According to the September article on insomnia in Health magazine, "Insomnia may even weaken the immune system and increase the risk of major depression."

If you're suffering from insomnia you need to see a doctor ASAP! However if your schedule won't permit for a while, here's a few conditions that may be causing your discomfort:

★*Periodic limb movement (people are continuously awakened by their*

*flailing limbs)*

★*Restless leg syndrome (legs feel so antsy that the would-be sleeper can't get comfy)*

★*Sleep apnea (the closing off of upper airways during sleep which rouses the person as many as 100 times an hour)*

★*Your daily rhythms may run too fast or too slow. You may sleep the right amount at the wrong times.*

If that trip to the doctor doesn't exactly fit into your financial budget either, here are some at-home remedies you might like to try:

★*Bedtimes and wake-up times should be strictly enforced. No napping after school or at school!*

★*Caffeine, alcohol, and nicotine are off-limits.*

★*Meditation is strongly encouraged.*

*Just relax and meditate.*

★*Herbal solutions with humble chamomile, exotic passionflower, or valerian extract are proving to help catch those zzzz's. Valerian is available in capsules or can be brewed into teas. However, I'd recommend the pills. (The stuff tastes bad!)*

★*Prescription sleeping pills like Dalmane or Ambien are a big help, if taken right. Unisom, Sominax, and Nytol offer a low-cost alternative to the expensive prescription products.*

★*Melatonin is naturally produced by your body. The pills are good for short term usage.*

★*The strongest medicine is EXERCISE. It improves quality and quantity of sleep and has no annoying or harmful side effects and no chance of an overdose!*

## Three cheers for Mr. Wolverton

**Megan Williams**  
News Editor

A former teacher of the month has made such an impact on students that he has been selected again. Mr. Wolverton has been selected as teacher of the month for April.

Mr. Wolverton teaches Chemistry, ICP and Algebra I. He has taught at Lone Oak for three years, but previously taught at Hickman County High School for five.

"My favorite thing about teaching is watching eyes light up when students understand," said

Wolverton.

When he was in high school, Wolverton enjoyed "cruising" with his friends. Now he enjoys reading and playing golf. He decided to become a teacher because "Elvis already had his thing going and there wasn't much left to choose from."

As many already know, Wolverton will not be returning to LOHS next year. He hopes to continue teaching after leaving LOHS.

"It's tremendously satisfying to know that students appreciate the effort their teachers make," said Wolverton on being selected as teacher of the month.



## Allshouse is "all good"!

**Ashley Small**  
Co-Editor-in-Chief

With a 4.0 G.P.A., National Merit Scholar, symphonic and marching band section leader and a member of the Varsity Academic team under her belt, is it any wonder Jackie Allshouse has been chosen as April's Jr. Rotarian?

Allshouse has been an active part of LOHS' student body throughout her four years here. She is currently Beta Club secretary, Key Club secretary and some may have spotted her lighting up the stage in "It Happens Every Summer," her fourth school play to participate in.

As if Allshouse doesn't stay busy

enough at school, she also enjoys "...playing the piano, clarinet and just doing general drama stuff." When she looks back at her high school days, she says she'll remember "the fourth hour Aides of the Round Table."

Allshouse's future plans are to go to the University of Kentucky, major in Chemistry and then become a corporate lawyer. Ten years from now, she sees herself "practicing law with a

giant chemical corporation, like Lockheed-Martin or Allied Signal."

As for her favorite quote, "There are three types of people in the world: those who can count and those who can't." Now that's definitely one to think about!



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# Cheese...need I say more

Jacob Mitchell  
Sports Writer



American. Swiss. Velveeta? Yes, in case you're wondering, I'm talking about the food of all foods, cheese.

Whether you realize it or not, cheese is a big part of everyone's day. A good just-home-from-school snack? Cheese and crackers. A great accent to any meal? Macaroni and cheese. The original diet food? Cottage cheese. I think you get the point.

First, you must realize the variety of cheeses. There are so many from around the world that it would be impossible to count. American, swiss, cheddar, mozzarella, bleu, monterey jack, brie and even goat. There's shredded cheese, parmesan, E.Z. cheese, cheez whiz and the delightful melted form.

Then think of all the foods that involve cheese: cheesecake, cheeseburgers, cheese balls, cheese

nips, Chee-tos, and even cheese sticks. Would our life be complete without that wholesome, healthy, creamy dairy product? And what would the Green Bay Packer's fans wear on their head if there were no cheese?

In honor of this decadent food product, I have ventured out to get the student's voice on what they like the best. And remember, when your looking for a snack, it's *cheese to the rescue*.

- Mozzarella.....8
- American.....8
- Colby Jack.....4
- Gub'ment.....2
- E.Z. cheese.....5
- Goat.....3
- Cottage cheese...4
- Cheez Whiz.....4
- Swiss.....1
- Cheddar.....1



# Grease is still the word!

Sara Ryan  
Circulation Manager

Hundreds of people of all ages flocked to Kentucky Oaks Theaters recently to catch the premiere of the re-release of *Grease*. The movie was first released twenty years ago and has since then been one of the most seen movies of all time.

*Grease*, starring Olivia Newton-John and John Travolta, is set in the 1950's when Elvis was king and poodle skirts were a girl's best friend.

Just in case you are in the dark and have never seen this movie, here's a quick run down. It's their senior year and the Pink Ladies, along with the T-Birds, are ready to rule Rydell High School. After spending a summer at the beach together, Sandy an' Danny

(Newton-John and Travolta) are dreading her move back to Australia. Much to Danny's surprise, Sandy moves to Rydell and is shocked to find Danny and the personality he has when he is around his friends. The movie moves through the rest of the gang's senior year and finally to the long awaited graduation day!

With singing and dancing most members of the male gender don't particularly enjoy this flick. Most girls, however, find the upbeat happy tunes fun and enjoyable.

The re-release of *Grease* is such a big deal because an entire generation of dance loving girls have not been able to view it on the "big screen."

If you haven't caught the flick yet, hustle on out to the theater now, or wait another twenty years.



# Creative ideas for

## Mom's Day

Estee Cheah  
Business Editor

Mother's Day is fast approaching and you still have no clue as to what to get your mother. You've smelled so many bags of potpourri, you go into a nervous twitch every time you even get remotely close to anything that smells like French Vanilla. Mother's Day is an excellent day to score extra brownie points and let your creativity soar. Here are some great ways to surprise Mom:

**Breakfast in Bed:** Wake up a couple of hours before mom and get ready to scramble some eggs, toast some bread, and fry some bacon. Serve it on a platter with a couple of freshly picked flowers and a card.

**A Scrapbook:** This project will require some time and thought. Grab your markers and glitter pens and let your creativity take charge by compiling a scrapbook complete with pictures and i.d. bracelets.

**Take her out:** She complains you never spend time with her. Well now is the time to prove her wrong. Treat her to lunch and a movie.

## LOHS PERFECT TEACHER

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<p><b>FEMALE:</b></p> <p>hair- Ms. Morefield</p> <p>eyes- Ms. Sims</p> <p>smile- Ms. Sweatt</p> <p>athletic ability- Mrs. Durham</p> <p>personality- Mrs. Harper</p> <p>spunk- Mrs. Reeves</p> <p>charm- Mrs. Wyatt</p> <p>style- Mrs. Titsworth</p> <p>sarcasm- Mrs. Campbell</p> <p>sweetness- Mrs. Madden</p> <p>cuteness- Ms. Underhill</p> <p>brains- Mrs. Thompson</p> <p>organization - Mrs. Reed</p>	<p><b>MALE:</b></p> <p>hair- Mr. Franklin</p> <p>eyes- Coach Wallace</p> <p>smile- Coach Clark</p> <p>athletic ability- Coach Heflin</p> <p>personality- Coach McGroarty</p> <p>spunk- Mr. Toy</p> <p>wit- Mr. Whitley</p> <p>style- Coach Cobb</p> <p>sarcasm- Mr. Baker</p> <p>sweetness- Mr. Nail</p> <p>cuteness- Coach Poore</p> <p>brains- Mr. Wolverton</p> <p>organization- Mr. Fioe</p>
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# Oakers in the mix for regional crown

Jacob Mitchell  
Sports Writer

The Lone Oak varsity baseball team, expected to be a top contender for the region title next year, is already off to a fantastic start for the '98 season. Without

a single senior on the roster, the Flash's lineup is full of juniors who are expected to be in the running as one of the premier teams in the region next year. However, the Flash refuse to wait with outstanding play and onslaughts of offense.

The Flash played their first four games at home, although several of those were rained out.

The team, as of press time, had a record of ten wins and three losses. Those losses came to Reidland, Marshall

and Graves County.

The Flash play their fina home game on May 15 against Ballard at 4:30. Be sure to come support your players, and congratulate them on a successful season.



Photo by J. Mitchell

Catcher Michael Plewke and pitcher Sandy McDaniel have a "mound meeting" in a game against Graves County.

## Baseball schedule for May

Date	Opponent	Location	Time
May 2	Marshall Co.	Away	2:00
4	Vienna	Home	4:30
5	Reidland	Home	4:30
6	Marion	Away	4:30
7	PTHS	Away	4:30
9	Henderson Co.	Away	1:00
11	Murray	Home	5:00
12	Calloway Co.	Home	6:30
14	Graves Co.	Away	4:30
15	Ballard	Home	4:30
16	Fulton	Away	12:00

# Lady Flash softball fights for shot at title

Kelly Reeves  
Staff Writer

The Lady Flash softball team has started the season with a respectable record. They have played some very tough opponents but managed to easily beat most of them. As of press time, the team had a record of 7-7 for the season.

## Lady Flash Softball Box Scores

Opponent	Result
St. Mary	5-0 W
Ballard	2-5 L
Livingston	8-3 W
Madisonville	15-6 W
Fulton City	8-0 W
Reidland	3-10 L
Marshall Co.	4-2 W
Heath	12-2 W
Massac	5-6 L
Louisville M.	3-7 L
Clarksville NE	2-4 L
Christian	3-7 L
Caldwell	1-2 L
Caldwell	2-0 W
PTHS	3-2 W
PTHS	5-3 W



PICTURED

Sara Harned, the softball team's lone senior, is pictured here throwing the ball in practice.

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