

THE OAK K

The Official Publication of LOHS ♦ Volume 55, No. 9, May 1997



Can you guess what senior this is as a little kid? See pages 8 and 9 for more senior kid shots.

Top seniors honored for their work



Valedictorian Jennifer Atherton

'Sometimes you have to go down the hill and not look back...just go with Jack,'
- from a very intelligent person (CQ)

Jennifer Atherton over the years has always been at the top of her class because of her name; now she finds herself there because of her grades.

Atherton's four years at Lone Oak have been very active ones. She's been a member of symphonic and concert band, marching band, pep band, chamber and concert choir,



Valedictorian Laura Clausen

'In my experience there's no such thing as luck,'

Laura Clausen, one of this year's Valedictorians, certainly makes it easy to understand why she received this honor. On top of maintaining a perfect 4.0 grade point average, Clausen has been a member of the LOHS Choir for three years, the band for the past four years, FCA for two years, Physical Science for two years and "Jammin' for Jesus" for her church drama group.

Clausen has aquired a number of honors



Valedictorian Niki Key

'To the memory, nothing is ever truly lost.'

- Eudora Welty

It is certainly no surprise that Nikki Key has recieved the honor of being one of this year's Valedictorians. With her involvement in such clubs and activities as freshman, sophomore and senior class President, Vice President of Beta Club, secretary of Student Council, secretary of Key Club, Vice-President of Physical Science Club, FBLA reporter (Junior Year), yearbook staff, varsity



Valedictorian Anu Manchikanti

'Life is what happens to you while you're busy making other plans.'

- John Lennon

Anu Manchikanti—just being around her will make you smile. With her optimistic way of thinking and her hard working attitude, it is no wonder she has excelled to the heights of Valedictorian. As if being the co-editor-in chief of *The Oak K*, Beta Club president, Key Club president, Student Council corresponding secretary, a member



Valedictorian Carrie Robinson

'But God demonstrates His love for us in this: While we were still sinners, Christ died for us.'

- Romans 5:8

Even though she's only been at LOHS for two years, Carrie Robinson has certainly made a name for herself, with her great personality and involvement in numerous activities. Of course, the fact that she has kept a perfect 4.0 grade point average and recieved the title of Valedictorian has certainly helped.

Robinson has kept herself busy, being involved in Beta Club, marching and



Valedictorian Julie Thrasher

'Greater love has no man than this, that man lay down his life for his friends.'

- John 15:13

Julie Thrasher may be known for her obsession with Tigger, but she will be remembered for her hard work to become Valedictorian. Many clubs and activities have kept Thrasher busy over her four years. Thrasher has been a member of Beta Club, Key Club, swim team, choir and the cast of the school play. She has even held the offices of treasurer and reporter in Key Club and Beta Club, respectively.



Valedictorian Lee Titsworth

'I can do all things through Christ which strengthens me.'

- Phil. 4:13

Lee Titsworth is best known as that bumbling dork who has to con girls into dating him—in the school play, that is. In real life, Titsworth is a very accomplished student at Lone Oak, and now he's Valedictorian.

Titsworth has been very active in extra curricular activities in school. He's been FCA treasurer and secretary, Biology Club co-president, Beta Club point secretary, PSI



Salutatorian Andy Harris

'Those pretzels are making me thirsty.'

- Seinfeld

Andy Harris is this year's senior class Salutatorian. Harris is probably best known for his articles in this publication, but he has also accomplished many other things in his four years at LOHS, other than rising to the rank of co-editor-in-chief.

Harris is a member of both the Beta and Physical Science clubs. He also has a part time job working at WPSD-TV, so watch

stories continued on page 2

Atherton...

Beta Club, FCA and Student Council. She has also been honored and awarded with numerous choir awards, APES participant, Youth Salute, Junior Rotarian and many more. Atherton said that she has especially enjoyed her involvement with Acteens. She is also one of the first ever recipients of the George Murphy Scholarship.

Atherton's deep devotion to religion can be seen from her favorite music and literature. She loves to listen to southern gospel music and read Christian novels.

Following high school, Atherton plans to attend Campbellsville University or PCC and major in secondary education. She hopes to someday teach math like Mrs. Masden, whom she lists as her most influential teacher. "She is making a difference, and she gives her all," Atherton commented.

- J.R. Young

Robinson...

symphonic Band, Spanish Club, Youth Alive and FCA. She has also received West Tennessee Band Solo and Ensemble Superior ratings, voted Prayer Warrior for FCA, selected as Field Commander, named Outstanding Chemistry and Social Studies student for her Junior year and on the Homecoming Court.

Robinson plans on attending Union University, where she will be majoring in education and minoring in Christian studies. While at Union she will be receiving the Honors Scholarship, Alumni Leadership Scholarship, Music Scholarship and the Competitive ACT Scholarship, all four year scholarships.

Aside from remembering all her friends and all their memories here together at LOHS, Mr. Whitley is the teacher who Robinson says she will remember the most "He makes learning fun and it's obvious he loves what he does."

Robinson lists her favorite movie as *Preacher's Wife*, her favorite song as "Goodbye to Me" by David Robinson and *Life on the Edge* by James Dobson as her favorite book.

Lastly, Robinson says the most important piece of knowledge she has picked up over the past years is simply, "Be yourself!"

- Ashley Small

Harris...

for his name in the credits. He has been honored as a National Merit Finalist and competed at the State Governor's Cup competition in math.

For all this work Harris has been rewarded with a \$24,000 U.S. National Merit Scholarship and a \$2,000 per year scholarship from Litton Industries. Harris plans to put this money to work at UK next year where he will major in chemical engineering before moving on to medical school.

Clausen...

over the past four years. They include: Youth Salute, APES Delegate, All-District Band, Quad State Band, First District and Quad State Chior.

Clausen plans on attending Harding University and majoring in Biology. Eventually, she hopes to become an orthopedic surgeon. She will be receiving the Academic scholarship from Harding University, Bible Bowl Scholarship and the Kentucky Scholarship.

Clausen says that her most influential teacher is "George Murphy because he taught us not only music, but how to survive in the 'real' world."

As for words of wisdom to the underclassmen Clausen adds, "Hang in there! It'll be your turn before you know it."

While all students leave high school having learned different things, Clausen says she will leave with the knowledge that "I can do all things through Him who gives me strength."

- Ashley Small

Thrasher...

All this hard work has not gone unnoticed. Thrasher has been a Governor's Scholar, a National Merit Commended Student and a Youth Salute Delegate. Her hard work in choir has also brought her recognition, as she has been named a First District Choir member for three years and a Quad-State Chorus member for one year.

In the fall, Thrasher will attend St. Louis University on the Dean's Scholarship, where she will major in physical therapy. With her she will take the knowledge she has gained from high school, most importantly, "Life is complicated, and boy are stupid." Thrasher also warns underclassmen to spend as much time as they can with their friends in high school because, "...that's when memories are made."

In her spare time, Thrasher likes to curl up with any volume from the *Chicken Soup for the Soul* series. For those times when she's burned out on reading, after covering *Hamlet* in AP English, Thrasher enjoys watching *Mr. Holland's Opus*. Any one who's a fan of Richard Dreyfuss must be destined for success.

- J.R. Young

Key...

varsity football offensive statistician, varsity baseball statistician, 1997 Bradley House of Brides LOHS Senior Representative.

She has also aquired an extensive list of honors over the past four years, some of which are Governor's Scholar, Girls' State Delegate, 1995 Football Homecoming Junior Attendant, 1996 Football Homecoming Queen Candidate, 1997 Basketball Homecoming Queen, 1997 Prom Queen Candidate, Miss LOHS, Miss Senior, Most Likely to Succeed, Junior Rotarian.

Key plans on attending Murray State University in the fall. She will be majoring in Political Science and attending law school later. She hopes to be a corporate lawyer, possibly in the entertainment field.

As for the most influential teacher Key said, "I honestly couldn't list all the teachers who have helped me achieve this honor. I have been very blessed to have had so many caring teachers throughout my education."

Key says the most important thing she has learned in her high school career is, "...not to ever take anything or anybody for granted because your life can be turned upside down in an instant."

Key says her favorite song is "Unforgettable" by Natllie and Nat King Cole, "I wants to dance with my grandfather to that song at my wedding." Her favorite book is the Bible and her favorite movie is *Gone With the Wind* and *Top Gun*, Deciding to play it safe, when asked who was her favorite newspaper staff member she said, "they're all 'Oak K.'"

- Ashley Small

Titsworth...

teen leader and a Chamber Choir member for three years. Titsworth has also been a Governor's Scholar, All-State Chorus participant, Youth Salute participant, first place winner in Language Arts at District Governor's Cup, participant in the Gifted and Talented Performing Arts Program and APES State Delegate.

Titsworth jokingly named Mrs. Campbell as his favorite *Oak K* staff member. "I am still under her grading scale," he laughed. Titsworth lists his favorite book as The Bible because, as he put it, "How can you not love a book that has the answers to everything?" Anyone who knows Titsworth is also widely aware of the fact that he is obsessed with the film *Dead Poet's Society*. "It holds the answers to almost everything."

As far as after high school, Titsworth plans to enroll this fall at Samford University on an Academic Merit Award scholarship, with an undeclared major. As for influential teachers, Titsworth credits Mr. Whitley for teaching him how to balance science and God; Mr. Toy for showing him that a 99.9% correct answer is 100% wrong; and Mr. Baker for telling him he was wrong and giving him the grade to prove it. As for underclassmen, Titsworth says to always remember, "Going to class might be optional, but leaving is not."

- J.R. Young

Manchikanti...

of the yearbook staff, varsity academic team, Biology Club, FBLA and being involved in the school play wasn't enough, her list of honors and awards is just as lengthy. They include Governor's Scholar; Girl's State Delegate, Honor Student; Outstanding Student; 2nd place, District Governor's Cup, English Composition; 1st place, regional and state Foreign Language Festival, Spanish I, Written Comprehension; and 3rd place Regional Foreign Language Festival, Spanish II, Written Comprehension.

With such a plethora of activities and honors under her belt, Manchikanti plans on heading to New York University this fall. There she will be majoring in journalism. She hopes to be an international correspondent for a major newspaper or magazine, adding that, "A Pulitzer would be nice!"

Manchikanti will be receiving the NYU College of Arts and Sciences Trustee Scholarship (\$8,000 per year) and the Discover Card Tribute Award State Bronze Award (\$1,000).

As for the most influential teachers in her life, Manchikanti said, "Mrs. Campbell, she has shown me that I am a writer and has always inspired me to work hard. Ms. Underhill, she's been more than a teacher to me, practically a sister!"

In the past four years, as Manchikanti has roamed these halls, she says the most important thing she has learned along the way is, "...a lot about who I am and who I want to be. I know that you have to live your life so that you'll be happy, no matter what the majority of people think."

As for words of advice to all underclassmen, "High school flies by. For better or worse, you only get one chance. Don't waste it! Cherish all the times with your friends and make memories that you'll never forget."

- Ashley Small



LOHS senior scholarships of 1997

Estee Cheah
Circulation Manager

Every year, Lone Oak graduates have been fortunate enough to receive numerous scholarships to local and also some out-of-state colleges. The following are scholarship that LOHS graduates earned (the names and scholarships were given on May 6, other scholarships might be added on in a later date.):

Jennifer Atherton, UK Commonwealth, University of KY Commonwealth for \$3,500 over 2 years to PCC, Academic Distinction for full tuition, Ralph J. Walters Valedictorian for \$500, Music Performance Grant of \$1,000, Acteens Sch. of \$250, Church Matching Sch. of \$600 and Kentucky Council on Cooperatives of \$300 to Campbellsville University, Ballard Rural Telephone Co-op of \$500; **LaDonna Atkins**, Marvin D. Mills Minority Sch. for \$5,030 for every four years and James Oliver Sch. for \$500 for one year to MSU, Student Life Sch for \$1,000 for each four years, Tuition Differential Award for \$5,030 for each four years and Board of Trustee Academic Success for \$3,00 for each four years to Oakland University; **Rebecca Barkley**, PJC Academic to PCC; **Andy Berens**, National Merit University Sch. for full tuition and Corporate Sponsered National Merit for \$500 for each four years to UK, Honors Academy Scholarship Pkg. for \$9,000 each four years to UM Rolla, Honors Sch. for \$10,000 each four years to FSU and Camras Sch. for \$12,000 each four years to Illinois Institute of Technology; **Amy Bowling**, PJC to PCC, University Sch. for full tuition and Physics and Astronomy

Sch. for \$500 each four years to MSU; **Susan Burnett**, Partail tuition for four years to UT Martin;

Jessica Carfield, Scholars of Excellence for \$4,400 each four years to Union University; **Jackie Cargill**, PJC Academic to PCC, Pastor's Christian Leadership Sch. for \$2,00 each four years to Georgetown College and Carl Osborne Sch. from LO First Baptist Church; **Jason Carroll**, PJC Academic to PCC; **Celeste Clark**, James Theodore Carter Sch. for \$500 to PCC; **Miram Clark**, James Theodore Carter to PCC; **Laura Clausen**, Partial Sch. and the National Bible Bowl Partial Sch. to Harding University, Kentucky Sch. for a partial for each four years to Oklahoma Christian; **Audrey Cunningham**, Tennis Sch. for full tuition to Union University;

Keith Deaton, Thomas Whitton Sch. for a partial one year and James Glasgow Memorial Sch. for a partial one year to MSU;

Kyle East, Shane Pearson Sch. to school of choice; **Julie Enck**, Donal Lamar Carter Sch. for \$300 a year, Alumni Leadership Sch. for \$500 a year and Charles V. Sch. for \$300 for a year to Union University;

Patrick Fletcher, Harper Industries to PCC; **Megan Green**, Academic Sch. partial for each four years, Dramatics Sch. partial for each four years and LO Church of Christ Organizational Sch. to David Lipscomb U.; **Crystal Griffith**, PJC Academic to PCC; **Stephanie Hamlett**, University Sch. for full four years to MSU, John Millington Sch. for \$2,000 for each four years and Out of State Tuition for full four years to Ole Miss; **Andy Harris**, National Merit University Sch. for full four years to UK, Litton Industries

National Merits Sch. for \$2,000 for four years to school of choice; **Greg Hosfield**, PJC Academic to PCC; **Erin Hubbard**, Partial four years and Rebecca Clendenin Sch. for partial four years to Union University, Partial four years to Gardner-Webb University; **Jason Hurt**, Academic for partial \$2,000 for each four years to Union University;

Nikki Key, Presidential Sch. for full tuition for four years to MSU, Presidential Sch. for partial four years to Rhodes College, John M. Wadell for partial four years and G.R. Biggs for out-of-state tuition for four years to University of Miss.; **Jamie Kloss**, Trustee Sch. for 50% of Tuition, \$4,610 for one year and \$18,440 for four years to KY Wesleyan, Trustee's for partial four years to Southern Missouri U.;

Michelle Lowery, Academic Sch. for \$1,800 each four years to David Lipscomb U.;

Anu Manchikanti, College of Arts and Science Trustee Sch. for \$8,000 for each four years to NYU, University Sch. for half tuition for each four years to Boston University, University Sch. Tuition for full four years, John W. Kerr Sch. for \$1,000 for each four years to MSU, Academic Honors Sch. for \$1,500 for each four years to U of Ill at Urbana-Champaign, Commonwealth Sch. for \$2,500 for each four years to UK, Discover Card Tribule Award (Bronze winner for KY) for \$1,000 for one year to school of choice; **Tim McDaniel**, Dick Fairhurst Sch. for partial 2 years to PCC; **Nathan Miller**, PJC Academic to PCC; **Chad Morreau**, PJC Academic and Lions Club Sch. for \$700 for one year to PCC, Sch. totaling for \$4,250 for one year to Union U.,

Academic Sch. for \$2,000 for one year to Samford U., Sch. totaling for \$6,100 for one year to Georgetown College, Academic Sch for \$3,000 for one year to Bemont U.; **Leigh Ann Mullen**, Harry Hogan to PCC; **Shanna Pirtle**, Founder's Sch for 20% of Tuition and \$18,440 for four years and Academic for partial four years to KY Wesleyan; **Michael Powers**, John Millington for \$4,750 for each four years and Engineering Sch. for \$4,000 for each four years to Ole Miss., Presidential for full tuition for four years to MSU, Presidential for \$5,500 for each four years to Clemson University, Academic for \$4,000 for each four years to Samford University; **Michael Priddy**, PJC Academic to PCC, University Sch. full tuition for each four years and Donald Leitch Sch. for \$1,000 for one year to MSU, Regents Sch. for full tuition for each four years to Western KY U.;

Carrie Robinson, Honor Sch for full four years, Alumni Leadership Sch. for full four years, Music-Instrumental for full four years and Competitive ACT Sch. for full four years to Union University; **Stephanie Robinson**, School Sch. for partial four years and Music Sch. for \$800 for each four years to David Lipscomb U.; **Marty Rudd**, Residence Hall Sch., Superintendent's Sch for partial four years and University Sch. for full four years to MSU, Trustee's Sch. for full four years and Guaranteed Entrance into Med School to U. of Louisville;

Kelly Sanders, Ag Phone-a-Thon Sch. for \$500 for the first year to UK;

Kristy SmSmith Alumni Leadership Sch. for

Continued on page 11

Project Graduation is Senior's final farewell

Emily Williams
Business Manager

Project Graduation has become a tradition here at LOHS and this year the legacy continues. It is the 10th Anniversary of Project Graduation and this year will definitely be one to remember.

The concept of the program is to provide an Alcohol and Chemical-Free alternative for graduates. Although it is school sponsored, parent organized and business financed the party is also *fun* (don't let the idea of partying with teachers and parents throw you off.) A smorgasbord of activities will provide on-the-edge-of-your-seat excitement all night long.

Start off with Karaoke and volleyball early in the evening then slowly ease your way into the Casino to try your luck at Black Jack, Poker and other gambling evils. Finish up the night with an extra large dose of Country Line dancing, but don't forget to

stop by the cafeteria for refreshments (how does Subway, Wendy's, Dip N'Dots, Dominoes and other impressive fast food goodies sound?) The grand finale is an auction at the end of the night in which seniors can win prizes varying from alarm clocks to television sets. Whats not to love about that?

Not keeping with tradition, this year seniors voted to make Project Graduation for *seniors only*. In other words, no friends, relatives, or farm animals allowed!

Project Graduation is the last time the entirety of the graduating class will be together as one. Mr. Toy stresses the fact that, "Everyone is certainly welcome, even if not pre-registered." Aside from being a safe enviroment for partying Project Graduation is ultimately a long-lasting memorable experience for all seniors to remember and cherish forever as their last token of highschool.

CONGRATULATIONS GRADUATES!

Oops! Here are a few more wills. See pages 5-7 for the rest.

Eric Walls—my parking spot (whenever it is!) to Casey Baggitt. David Snell—the ability to skip half a semester's worth of school and only serve 3 days ISD.

Aaron Watkins—all of my Phil Sisto jokes to Trey Swacker. To Phil Sisto, I leave only gospel music legacy. To Matt Hultman and Sam Huff.....well, what can I say? To "Big Dave," I leave the right to make fun of Trey Swacker's "zip up shirts."

Jarrod Williford—my ability to do no homework and still graduate to Martin Athenas, and my Great Gift at Patience to Joni Dykes.

Sarah Woods—my lunch seat next to T.K. (a.k.a. Katie) to all my junior girls that sit at the table next to me. I leave my ability to skip lunch to Tereza Kejzlar. To all the juniors, I leave the priviledges of being a SENIOR!

Michael Wynn—Simon Gamboa my willingness to get to work on time and my one and only (PID) locker to Matty T. and my talent of skipping school to Matt Carter.

Chris Yates—the locker I never had to Steven St. Clair, the best teachers that money can't buy to Tim Followay (you figure it out). My ability to goof off and get away with it to Jay Vincent.

PSI educates students about the safer side of affection

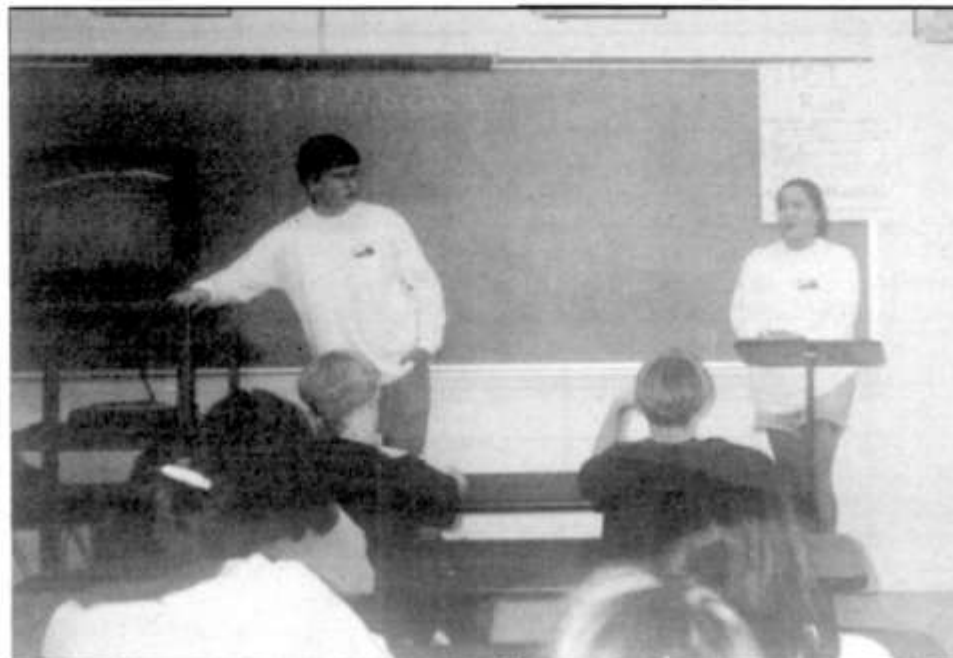
Estee Cheah
Circulation Manager

These days, STD's and HIV are common consequences of unsafe sex. Even though these consequences are well known, they are sometimes ignored. Teens especially do not pay much attention to these consequences and to make them realize exactly how dangerous premarital sex is, but PSI has the solution.

PSI is the abbreviation for the program Postponing Sexual Involvement. Students at LOHS are actively involved in educating LOMS 7th graders about the great risks of becoming sexually active.

PSI members are seniors Lee Titsworth, Jason Hurt, Chad Morreau, Daniel Bailey, Clint Hudson, Julie Enck, Erin Hubbard, Kristy Smith, Emily Johnson; and juniors Ryan Morreau, Jon Cargill, David Carmichael, Sara Ryan and Sarah Warmack.

PSI leaders have been working once a



David Carmichael and Sara Ryan leading a class

Photo by L. Jackson

week with the seventh graders at designated times during their science classes. The main objective of the lesson is to say no to sex. They also explain why saying no is a smart thing to do and how sex before marriage can put a person at risk of STD's and pregnancy. The point they stress is that they are not implying that sex is a bad thing or not to one day become sexually active at all, but to hold off until marriage.

"The great thing about PSI is that we aren't saying to never become sexually active. We're just saying wait until you're married because you never know what's out there," said Lee Titsworth.

This program has been very educational and has answered many of the questions that the middle schooler might have asked. Along with learning through lectures from the PSI leaders, there are also videos to watch. Usually the students are very attentive and listen intently to what the leaders have to say, which makes the program worthwhile.

FBLA receives award for largest increase in membership



FBLA members arriving at the conference

J.R. Young
Features Editor

This year's Kentucky FBLA State Conference was held May 5-7 in Louisville. Eight students from LOHS, along with Mrs. Harper, represented our school at the conference. They came away quite successful.

Casey Brantley (9) placed 5th overall in his written exam on Introduction to Business. The Entrepreneurship team of Erin Hubbard (12), Matt Upshaw (11) and Justin Young (11) finished in the top eight after advancing to the finals. The first round consisted of a team exam. In the finals, the

team was given a problem and had to give a ten minute presentation on their solution to the problem. Mark Wilson (12) also advanced to the finals in his competition, Job Interview, after progressing past two preliminary rounds. Tonya Zacheretti (11), Shannon Powell (11) and Angela Smith (11) also attended as voting delegates. The entire LOHS chapter was presented with an award for having the largest membership increase in Region 1.

When asked how he felt when going on stage to receive his award, Casey Brantley commented, "I just wanted it to be over with. I really had to go to the bathroom."

Choir performs at state festival

Megan Williams
Staff Writer

On May 7th and 8th, the LOHS Chamber Choir performed at the Kentucky Music Educator's State Choir Festival at Atherton High School in Louisville.

Lone Oak was only one of the 32 high school choirs that performed. The choir

sang three songs, "Harvester's Song," "Ubi Caritas" and "Cantate Domino." Each choir was judged on their performance, and Lone Oak received a proficient rating from one judge and the highest ranking of distinguished from another.

"They performed the three pieces better than they ever have before at the festival," said choir director Mrs. Durham.

Vandermeulen chosen as Jr. Rotarian

Lucy Jackson
Staff Writer

The last student of the 96-97 school year to be chosen as Jr. Rotarian is an excellent representative of the student body. The honor has been awarded to Blake Vandermeulen, and there is not much of a question why.

Vandermeulen not only is an honor student, but also an extremely hard worker at The Parlor. Although he wouldn't consider work really a hobby or an interest, it does consume a large portion of his time. Even though he obviously is a very busy guy, Vandermeulen does find time for a little relaxation, and when he does, he enjoys playing golf for a little money with an *Oak K* staff member who shall remain nameless.

A few of his favorite things include Pearl Jam, Michael Jordan and the *Star Wars Trilogy*. As for his great influences, Vandermeulen lists his friends Cliff Jenks, Andy Harris and Jason Carroll (a.k.a. Boþ), probably because he has been around them the most.

As for life after high school, Vandermeulen will be attending PCC on a full scholarship.



Blake Vandermeulen

After that, he plans on transferring to the University of Illinois where he wants to study accounting and then possibly go to law school. With such self motivation and work ethic, surely he'll be very successful what ever he chooses to pursue.

Salutes the
Class of '97
LOHS

Paducah Benton Calvert City Murray Mayfield

Senior Wills

A-D

LaDonna Atkins— my fabulousness to Nikki Noonan - (keep it real, girl!) & my wittiness to my cous - Matt! I'm outta here!!

Daniel Bailey— one bottle of hair dye to Mr. Rushing. Advice for all underclassmen, don't fight a moose. And of course my seat in choir to Travis Smith.

Andy Berens— my track ability, to the team; my "sound" mind and body for next year's Anatomy class; and my procrastination to... well, I'll get around to it.

Robert Beyer— my good luck to anyone who needs it

Christy Bowman— John Bowman and Martin Athenas my good times at Lone Oak, my parking spots, and last but not least, all the homework. Sorry guys!

Susan Burnett— my height to Jody Surheinrich, my boxers to Charlie Stevenson, and all my great times to Angela Rubenacker and Jeremy Neihoff.

Jessica Carfield— Sarah W.-yearbook and NKOTB, Shannon- napkins, Julie S.-Typing lessons, Sara R.- Barbies, Travis- Trials of life, Jennifer- Leonardo, Lisa-fat, Freshman guys-tutoring and Judgement House, Reagan-Incognito.

Jackie Cargill— my locker in the farthest place from any class to my brother Jon Cargill because it was only used for about 2 months. This was the only possession I received as a senior

Joleen Carnine— that my seat in Mrs. Campbell's class be left to Leigh Ann Byrd, Good luck! My parking spot to Jerome Sakezyn. And all the fun to the Juniors of M.S.!

Shannon Christopher— to Jessica Peck, I leave my green wall papered locker and boring books. To Kelly Smith, I leave you my seat in Coach McKamey's history class.

Celeste Clark— my two years in Mr. Neel's classes to all the unsuspecting, poor future history/ English students. Mr. Light's psychology class goes to anyone who is interested in "social learning experiences."

Becki Cole— Chad Futrell my boring books & locker, and Jeremy, Jeff, and Chad the right to be able to leave whenever and not get caught.

Amanda Crouch— my office aide position to Anthony Hughes; lunch table to Tim Davis, make new friends; and my ability to drive Mr. Blankenship crazy to Michael Crouch. Have fun you guys!!

Audrey Cunningham— Carbonel and the sophomore chicks-"Style", LOHS tennis team- "Shawnee Hot Dawg" ('nough said), 6th hour art- my ability to be special, Bethany & Jess- all the educational discussions (watch for the cats when jogging Bethany), Junior girls- Katie, everyone else- MY APPENDIX!

Jennifer Davis— I leave all my good times to Kristie McKendree and Jenny Fulton. To Joe Dumbacher I leave my favorite parking space. Have fun your Senior year!

Matt Davis— all of my skills to Brandon Bahr. I leave my brother anything that is worthless. I leave some game to Chode.

Keith Deaton— my suds to Ashley Grimm, my sense of humor to Tim Burrows, and all my great memories of the past year and a half to Melanie Vinson.

Erica DeRossett— Valerie, Heather, & Charity boring cosmetology. Keep in touch you guys. Rebecca K. 3rd hour freshman class. Leigh Ann B. our friendship. Don't forget about May 27th, 7:00pm

Jon Dickerson— my sense of humor, which I will split up and give to all the tight wads in this school that need one and some clippers to Chode.

Dianna Dumbacher— my locker- Robert Reynolds; my good grades- Joe Dumbacher; my friendliness and writing skills- Melissa Franklin; and my optimistic attitude to Patrick Downs. To Sarah Settles- best of luck.

E-H

Julie Enck— Shannon- my book. Sara, Whitney, & Lindsey- my choir folder, seat & dress. Shannon- even better flex conversations. Reagan- my PSI spot. Sarah- my awesome times at LOHS. I love you guys!

Troy English— my school books that I never used to Casey Hogue.

Sariah Estes— Les and Shelby the 3:00 mornings, Kris Capps the papers in my locker, Travis Smith my boldness to skip, & "The Mackin Hackers" all the Hacks left on the roof.

Patrick Fletcher— the demise of the generation to Bahr, Nate-Dog, and Slank who I hope will keep things in order. To Elton- Jonny and his crew, see you at four-twenty.

Stephanie Hamlett— Crystal B.- all the jokes we learned in psychology, Mario- All of my books to help w/ his "studies." To everyone else, all of my good times and memories at LOHS.

Jill Hamlin— everything to my boyfriend Matty. Have fun next year. Seniors Rule! I love ya!

More Senior Wills

H-Continued

Cari Harned—my seat in lunch-Brandy, leopard dress-Angie, leaving-Adam, partying-Lisa, Amanda and Leslie, J.T.'s aide-Danny, bonfires-Christine and all my love to Regan.

Diane Harrington—Lori, my grades; Shelly, my color wheel; Brandy, the parking place I never had; and B.G. and Johnny B, all the memories in the salmonella kitchen.

Emily Horman—all my classes to my friend Kelly Buie, may your senior year be as easy as mine. Good luck! And to Gordanna, I leave all my class notes.

Greg Hosfield—so that Barney Rubble never visits your cave without his own fruit, I hope everyone will remember Howard the Duck and keep him close.

Erin Hubbard—Shannon Miller, my space in PSI; Adrian and Valerie, no more rides to school; Reagan Carfield, Easter Pageant memories; Shawn Yarbrough, my new favorite sophomore!

Jason Hurt—flex time fun to Lucy, Jen, Jordan, Sarah, Kim, Amanda & "Roach"; Reagan-have it all, since we're so compatible; Lisa—"I hate you"; upcoming seniors—"Don't worry, but don't procrastinate."

J-L

Nichole James—my seat in choir to Frances Owen, my choir folder to Andrea Parker, my books to Angi Sales and all my memories to April Stearns.

Phillip Kejzar—those cowboy trips to Bahr and Trussel, same game to Chode and the swamp to Clooney.

Cindy Kullk—Rigdon, that ability to know whose car it is; Upshaw, my physics grade; Watkins, slides to trip on; Oldham and Barnes, appointments during Spanish; and Ulric, my brain.

Josh Long—my study habits to Bahr, my game to Carl and my basketball skilz to Mitch Bird.

Jason Luscombe—Timothy Thompson, my great resource of common sense; I leave my grades in Mr. Heflin's class to John Hughes; and my two jobs, to Josh Luscombe (he needs to learn to work!).

M

Anu Manchikanti—Emily, the privileges of goofing off as a senior; Ashley and Justin, all the early and late days and skipping classes on deadline day; Lucy, three speedy years; Josh, Travis, David and Sunil, coolness in your own right.

Tim McDaniel—all of my fund times, off-road and hunting adventures, to Mike Kaufman; to Kim, I leave my memories—you already have my heart.

Ann-Meredith McNeill—Emily-the Art Room Goddess tiara, my charming misanthropic attitude and a new sunroof; Stephanie-my wit, wisdom, fashion sense and keen ability to put up with moronic classmates; Josh Reeves-a neverending supply of gum and mints.

Kendra Medley—to Gayen, my ability to stay out of trouble; to Jenny Z, the locker-maybe it will stay clean now; to Tina, my parking space; Christina and Angela, you can fight over my books. And some sisterly advice to the five of you, keep the attitude.

Reid Metcalf—a straight jacket to Jason Thompson, my bot' nless pit to Ashley Grimm and a Buck to Cam.

Jason Moore—give all my running back skills to Brandon Bahr, because he runs like a little girl.

Leigh Ann Mullen—the leaks to Michael Nagy; asbestos to Jonathan Light; spacious library to Amanda Mitchell; smoky bathrooms to all construction workers—we appreciate all your hard work.

N-P

Trent Nichols—my parking spot to Charlie, my locker and portfolios to Chevy, my place in ag to Matty, my spot in English class to Simon. And finally, to Garrett Telle and all my other friends, I leave my wonderful attitude towards school, my willingness and ability to learn, and all my great and terrible memories I have of this place.

Jesse Oden—my locker Bula Jean 13 to Suzanne Dyson and my ability to coordinate an outfit to Buddy Mays.

Missy Perry—to all the underclassmen, I leave all of my wonderful memories and hope that their senior year is as GROOVY as mine was! Peace.

Shanna Pirtle—my softball memories to Emily Riggs and Lucy Jackson. Have fun. I leave my locker to Sara Harned. It's not much, but you can have it anyway.

Casey Powell—my great times at LO to Amy, Tonya, Michelle & Shane; my cheerleading abilities to Lindsey & Shanon; my Dutch and Lela response to Leslie. To everyone else, a great year!

Michael Powers—the blue bulls to Tim Burrows, my papers to Cameron Metcalf and my football # to Justin Denton "Sloth."

Michael Priddy—Tim Followell, my chess skills; Daric Giles, my skills on the basketball court; Frankel, hard classes I dropped; and all coolness to Laura Morris, Brittany Hogan, Kelly Buie, Leigh Ann Summers and Mike Davis.

Even More Senior Wills!

R-S

Marty Rudd—Autumn, \$240 worth a puddin'; Andrea, peppermints; Erin, the Purple Flash; Ashley, my sophomore flags; Jackie, tomatoes; Josh, mean purple people; Becky, spare change; Tim, some friends.

LeAnne Rushing—everything to Habib. Good luck with the camel business because nobody cares.

Joe Saladino—my driving skills to Trussell and Slank, some Nicotrol patches to Vince for Florida next year, party throwing skills to Bahr, and Chode everything else.

Brittany Shelton—all my "great" and "wonderful" memories to all who follow me, but especially to my sister, Bethany, I leave Lone Oak and its mess.

Jeff Sigler- I wish to give Jonathan Frankel the locker I never had. Also, Russel Eason may have all my debts to the school, and Jay Vincent shall have my good luck with women.

Dawn Simmons—my clothes and shoes to Amy and Tonya. My best cheerleading year to Shannon and Lindsey. My Too Short CD to Ashley Canup.

Kristy Smith—all fun times at Lone Oak High to my dear sister Kelly Smith.

Dana Sowash—Angela Rubenacker, my vote as "Friendliest" in Senior Superlatives. Sara Harned and Lori Larrison, all the great memories of softball practices and games. Sondra Manley, my ability to easily make friends—you're a sweetheart!

Donnie Stone—I leave Clooney (Carl Walter) my guns. I leave Gosa a P.H.D. I leave Cash (Daniel Cashon) my mad hops.

Eric Stuber—all my high school memories to Sara Gourley. And to all underclassmen Physics students, I leave Mr. Sensing, a great teacher, that helped me through my high school career. Thank you.

T-V

Dawn Thompson—Buddie Mayes, the breakfast table and a Nautica hat; to Nicki Newman, the will to stop fighting and getting into trouble; Adonis Jackson, the Upward Bound life (have fun.) To everyone in the annual staff, a very fun and exciting next year.

Tanaka Townsley—my ability of staying out of trouble to Nicki Newman, and Buddie Mayes, and the rest of what I learned, I'm taking with me.

Tonya Traylor—our memories of Minnesota to Sarah, Kristy and Mark; Louisville to Jamie and Emily; other "DECA ROCKS" memories to next year's members, and happiness to everyone.

David Troutman—leave my skills at hockey to Grant Gagnon, and I leave my laziness and great sense of humor to Barbie Liles.

Brent Turner—everything to nobody and nothing to anybody. Any vestiges of my former presence at LOHS may be distributed among the student body with my blessing.

Danielle Vinson—Sara H., the outfield is yours. Joni D., Alanna M. and Tessa R., take care of "D." Charlie S., Scooter J. and Becky B., my luck towards everything you do in FFA.

Jennifer Vorbeck—to Francis, I leave all of the great memories at All-State, I hope you wear tights. To Lea Ann Atherton, I leave my chair in band, don't forget! To whoever wants to put up with Mr. Light, I leave you my field commander



3021 Lone Oak Road
Paducah, KY 42001

(502) 554-7832
1-800-554-7832
(out-of-state)

Enrolling for classes now!

SAT/ACT Strategy Courses

Raise your ACT score by a minimum of 3 points or SAT score by 100 points. You need good grades now, good scores on the entrance exams, and good study habits throughout your college career. Sylvan Learning Center can help you achieve all three now.

2856 Lone Oak Road
(502) 554-4111

Maximum 10 students per class.
Individualized instruction available.



SYLVAN LEARNING CENTER®

Better grades are just the beginning.™

Reading • Writing • Math • SAT/ACT • Study Skills • Algebra



Care, Convenience & Savings for You.

BYRON M. FORBUS, RPh.
OWNER/MANAGER

84 Plantation Drive
Paducah, KY 42001

Store: (502) 554-5696
Toll Free: (800) 884-5696

Although we've come to the end of the road . . .



Take me to my leader!!! Senior class officers--back: Amy Stewart, Nikki Key, Tonya Traylor, Amanda Crouch; front: Dana Sowash



A Step Above the Rest. Outstanding students--1st row: Michael Priddy, Marty Rudd, Carrie Robinsons, Stacey Strong, Becky Barkley, Kelly Sanders; 2nd row: Jennifer Atherton, Mashanna Edwards, Susan Burnett, Andy Harris, Cliff Jenks, Jami Kloss; 3rd row: Amanda Crouch, Amy Stewart, Jason Hurt, Chad Morreau, Anu Manchikanti and Erin Hubbard.



The Ones to Watch. Senior Superlatives--1st row: Kyle Sanderson, Jason Hurt, Daniel Bailey, Kyle East, Zack Miller, Donnie Stone, Joe Saladino; 2nd row: Casey Powell, Ann-Meredith McNeill, Jennifer Vorbeck, Sarah Woods, Audrey Cunningham, Julie Thrasher; 3rd row: Nathan Taylor, Angela Lyles, Rudy Ottway, Becki Cole, Jesse Oden, Amy Stewart, Sarah Phelps, Jon Camp; 4th row: Michael Powers, Nikki Key, Amanda Crouch, Dana Sowash, Tonya Traylor, Chad Morreau.

Senior honor students

- | | | |
|--------------------|---------------------|------------------|
| Jennifer Atherton | Nathan Taylor | Cindy Kulik |
| Laura Clausen | Tonya Traylor | Sara Woods |
| Nikki Key | Amy Bowling | Ryan Beyer |
| Anu Manchikanti | Rebecca Barkley | Bob |
| Julie Thrasher | Chad Morreau | Jessica Carfield |
| Carrie Robinson | Andy Berens | Leigh Ann Mullen |
| Lee Titsworth | Greg Hosfield | Tim McDaniel |
| Andrew T. Harris | Celeste Clark | Emily Horman |
| Michael Priddy | Lynnie Jaikh | Mike Richards |
| Marty Rudd | Patrick Fletcher | Rudy Ottway |
| Stephanie Hamlett | Stephanie Robinsons | Jackie Cargill |
| Clifford Jenks | Aaron Watkins | Crystal Griffith |
| Gina Yates | Chris Williamson | Tiffany Hayes |
| Susan Burnett | Jami Kloss | Renea Cummins |
| Blake Vandermeulen | Chris Koeltzow | Diane Harrington |
| Kelly Sanders | Amy Stewart | Jessica Thomas |
| Michael Powers | Grant Clouser | |

In one word, high school has been. . .

"Different." -Amy Stewart "Unforgettable." -Angela Lyles

"Memories." -Jantie Lyles

"Erratic." - Michelle Lowery & Cari Harned





Recognize your classmates in the days of elementary school?



Look how these girls have changed! Pictured on the left as freshmen and the right as seniors.



Lee Titworth and Grant Clouser take their positions as Roman warriors on an observation of the Ides of March in Mr. Toy's sophomore English class. (No pun intended!)

- What is your best memory of high school?
- When our cheerleading squad made 1st in the state. -Dawn Simmons
- My sophomore year, bombing the middle-schoolers who were standing outside with water balloons and guns. -Jennifer Lambert
- How do you plan on spending your last summer before adulthood?
- I'm going to Louisiana to see my boyfriend, and hopefully we're going to PARTY in New Orleans! -Tonya Traylor
- Having fun with my friends before we go our separate ways in the fall. -Amy Stewart
- I am going to Yosemite National Park for three weeks. -Grant Clouser

This is the beginning of the rest of our lives...

Anu Manchikanti
Co-Editor-in-Chief

If you always do what you've always done, then you'll always get what you've always gotten.

Everyone has always told me that change is a good thing—it's additive, it's inherent, it's inevitable. And I guess they're right. When I look back to the girl that walked into Lone Oak High School as a little freshman, it's a totally different person than I am now.

High school has been a true learning experience, at the least. I guess it's kind of trite to say, but we've all grown up. Mainly because we had to. When we were 14, we never worried about anything really substantial. But now, we're adults, facing reality.

I'd like to say that all the difficult things I faced in high school made me a stronger person, but I can't. As one of my good friends always says, I lead an enchanted life. But just because it's enchanted, doesn't mean I haven't learned anything.

My junior year was the big one. I think that's when I finally became the person I am today. I don't know what happened, but all of a sudden I became a distinct individual, one with opinions (sometimes very loud opinions) and definite goals. And that wasn't always cool with people who were used to the old me. So I guess one of my biggest lessons in high school has been you can't ever be too sure of anything.

Life is what happens to you while you're busy making other plans.

To all my dear friends, I love you guys and always will. As we go our separate ways, I hope we all remember those lessons we've learned and use them to help us in the future.

Nikki, I'll never forget meeting you that first day of 6th grade and all the escapades we've had through the years. (The end of an era, eh?) Steph, who'd have thought that 5th grade reading would make it this far? (This summer's going to take it really far!) Julie, "life is complicated." Renea, sometimes, when I think I can't smile, I just have to see you, and I prove myself wrong. Thanks for being you. Crystal, you know you can count on me to hear you, even if others are too silly to listen. Gina, you've always been the one we can all count on to be totally honest, no matter what. I know it's a quality that will mean a lot to you in the future.

Lee, well, it's twelve years later, and we're still sitting together on the bus (in a symbolic sense, at least). Grant, there aren't many people that I'd trust with my life in their hands as I dangle off of a really high cliff. Thanks for being so, so, well, so Grantlike. (Don't let Gary out anymore.) Emily, you're one of the most special, funniest, wackiest individuals I know. Always be yourself, and don't ever change. (And don't stress next year, either!)

Even if we grow apart and lead our separate lives, I hope we all remember both the

good times and the bad times, whatever times that defined us as the weird individuals we are today. Don't forget my Beatles quote above (surprise, surprise). Life is now, not tomorrow, not yesterday. Make the most of everyday because you don't get a second chance at life.

Journalism is the first draft of history.

To my fellow *Oak Kers*, working with you guys has been one of the most fun experiences I have ever had. I have faith in everyone next year and know that you'll do great.

Ashley and Justin, I guess I've gotta pass the torch onto you now. Ashley, you've quickly become one of my best friends. I hope we keep in touch and know you can somehow put up with Justin, who has already caught on to my skipping ways and the wrath of my blue pen. Emily W., you are one of the most talented writers and intelligent thinkers that I have ever met. Megan, you're cool in your own quiet way. Emily R., I love how you never back down from a fight, and you always go for what you believe. Estee, keep on writing those voice-filled articles about band and etc. Lucy, don't go falling in love with the wrong people without me to guide you! Always look on the bright side, and if you have trouble finding it, call me.

Finally, Mrs. C—I can't thank you enough. You are the person who has most encouraged me to go for my goals and shoot for my

dreams. When I see the word "good" on an article after you've proofread it, I know that that's what it is. I feel confident about what I'm supposed to do with the rest of my life. Thanks for all your advice and help and everything. I hope you know that you've truly made a difference in my life.

And in the end...

High school is a place to learn and grow. Not to speak metaphorically, but it's the bridge between childhood and adulthood. The best times of our lives? Somehow I doubt it. The best is definitely yet to come.

So thanks to everyone who has made a difference in my life. Thanks to all the teachers who were willing to go over things more than once and take us on backpacking trips and to conventions and competitions. A special thanks to Mrs. Reeves for being there when I really needed her.

Good luck to all my classmates. Although we might not see each other for awhile, I guess we are the only ones who will really ever know what exactly happened to us here. The next few months might seem kind of scary, but we are each about to embark on the biggest adventure of our lives. High school's just kind of been like taking baby steps. We've been doing it by ourselves, but we know that there's always someone to catch us. It's time for us to toddle our own separate ways. So, good luck to everyone. I wish you all the best. God bless you all.

Time marches on, and so do we

Andy Harris
Co-Editor-in-Chief

After four years of high school and three years of Journalism, I still can't think of what to say for my senior goodbye. I've spent my entire career as a journalist trying to avoid work, and look what it's gotten me—a position as co-editor-in-chief. Even my last editorial I will ever write was turned in late. Nothing changes.

Well, I have to write something to fill up this space, so, here goes nothing.

Things sure have changed over the past four years. I started out as an imposing four foot-eleven inch freshman who was too afraid to talk to anyone. I think I've grown a few inches since then, opened up a little and made a few friends in the process (and ticked some people off, too).

But all in all, these four years have been a great experience for me. And one thing that has made it that way has been journalism. From my sophomore year with Mary Kate and Shannon Hart, to last year with Cliff and

Blake and finally this year with Bob and Big "J"-Lone Wolf-Mousse-Skipper Young, it's (with an apostrophe) been awesome. Working my way up from a lowly sports writer to co-editor-in-chief, there have been many fun times along the way. I will always look back on times such as Cliff telling Chrystal not to "get her panties in a wad" and the Big Dave song as fond memories.

Other classes, specifically Anatomy, have been great, too. Thanks to Matey McGroarty, we got to enjoy moments like cat dissection. I'll never forget Cari twisting the head off her cat and then holding it in her palm. And calculator programs like "Deathcave," "Leisure Suit Bob," and "Drug War" made boring classes worth it.

But now these days are gone forever, and it's time to move on with my life. I'm going off to the University of Kentucky in the fall, and all these days will be but a fading memory. So, to everyone out there: live life to the fullest, but leave a little time to goof off, too.

Powell is Choir member of the month

Emily Riggs
Staff Writer

For the month of May, Erin Powell has been chosen as choir member of the month. She has been chosen for All-State Choir for the last two years. Beyond her ability to sing, Powell also is a member of the symphonic band. Powell has received a distinguished rating on a solo at KMEA Solo and Ensemble Festival. Majoring in vocal music, Powell plans to pursue a career in the music industry. At school Powell says that Mrs. Durham has had the most influence on her and at home, of course her parents. With Powell's determination and great love for music, we're sure to see her name in the spotlight.



Choir member of the month Erin Powell

A word of advice from seniors to underclassmen....

"Never get more than one scoop of brocolli at lunch (inside joke.)" -Tonya Traylor

"Study" -Angela Lyles

"High school flies by, so make the best of it and study!" -Jamie Lyles

"Read 'Howl' by Allen Ginsburg and *On the Road* by Jack Kerouac." -Jennifer Lambert

"Doing good in high school is important but take it lightly and have fun." -Grant Clouser

Later, LOHS

Hit the road Bob and don't ya' come back, no more, no more . . .

Jason "Bob" Carroll
Sports Authority

This is it. My senior good-bye. And I want to get this out of the way. I will miss no one, and I'm sure you won't miss me either. As for those few people who have influenced my life, thanks a lot. I'm not going to do anything stupid in this article like will my love to someone. I'm not that stupid. But I will give my thanks and my criticism to some of you fatuous people that I will never see again, hopefully.

I'd like to start with some thanks and appreciation to some people for influencing my life and making me the person that I have become. I'd like to start with a guy I met in eighth grade, Robert Beyer. All the way from "yo mama" jokes, to you admitting that you shared underwear with your brother,

you have been one of the most intriguing people I have met. Your wild sense of humor has made me laugh for the past five years, and I hope you never change.

However, it has been in my senior year that I have become this person I am. This is due mostly to three guys who have become good friends of mine: Andy Harris, Cliff Jenks and certainly Blake Vandermeulen. These three "wild and crazy guys" have changed my outlook on school and people in general in such ways as never letting someone shine your shoes and then betting them. Cliff I have known the least of the three, but we have a common circular interest. To the Blake-man, I must say I have a great deal of respect. Through our common interests in sports to the fact that we are the two laziest people alive, Blake has become a great friend of mine. And then there is Andrew. Many

people only know Andy as the super-genius that he is, but few people know how crazy he can be. I have to say Andy has the most of my respect. It amazes me how he can do his school work and still be his cool Harris self.

Last but not least is Chris "Juan" Williamson. Always the quiet one who laughs at all the jokes, Chris is a true friend. He is someone I feel would do anything for me, I'll never forget your friendship, Chris. Don't let the Army change you.

There are others, such as Mike Richards, Rudy Ottway, Ryan Beyer, and Michael Wynn who have helped me through these terrible years of high school, but there is only so much room. I can truly say I'm lucky to call these people friends.

And finally, the journalism class that I joined in hopes of spreading my creativity. I couldn't have made it through this class

without the colorful humor of J.R. His wit always came through to calm a busy journalism day. Anu's smile, Ashley's stories of construction workers, Estee's continuous questions on how to do something, Megan, well she never said much, and the other freshmen's constant chatter all made the day worthwhile. As for E. Riggs, have fun with the sports page, (ha, ha, ha). Thank you Mrs. Campbell for giving me the freedom to write freely and standing up for my articles.

Overall, high school hasn't been that bad.

Bob's Words of Wisdom:

Never pay more than five dollars for a shoe shine.

Before going on a blind date, ask about the size of their nose.

Ann's Wild and crazy ride through high school

Ann-Meredith McNeill
Coroner

It's here, finally, the moment I've been waiting for the last four years!!!! I figured the last month of school I'd be in such a state of bliss that I'd be dancing through the hall and maybe actually be nice to people (there's a thought!) But now that my impending graduation draws nearer, I'm filled with all kinds of conflicting emotions. I have to say, for the majority of my time spent in LOHS, I was either a) bored, b) in the process of being tormented or made fun of, c) stuck in a book, or d) being stared at uncertainly by my peers. This place has caused me a lot of pain and misery the past four years, but it's also made me a stronger person and brought a few new friends into my life.

As a freshman, I had a group of about six or so friends, now all but two have dropped out. Luckily, I found Emily, Shawna and

Chrystal to help lighten the experience and be there for me when I needed someone to sob to. So we were (and still may be considered) weird, so we were different, so what? That was no reason for some unenlightened people to viciously rip down our self worth. I guess I can understand that people need to make themselves feel superior by ridiculing me, and I'm not bitter, but I believe their karma will catch them one day when they are the outsiders and that's enough for me. I just hope that all those people have since opened their minds and accepted the fact that people are different.

I'm really sad that I have to leave everyone- Emily and I won't be laughing maniacally in the halls, driving Mrs. Hayden crazy, and discussing our respective men along with everyone else; Stephanie and I won't be having anymore deep discussions in Art; I won't be hassling Josh for gum everyday; I won't get to see Lucy being crazy in Journalism. I'll also miss all the teachers

who helped me along the way-Mr. Toy, Mr. Werner, Mrs. Campbell, Ms. Underhill (I never had you in class, but without you I could have never gone to Europe), and Mrs. Hayden, who I can't believe hasn't strangled me yet. I know I've exasperated you to our breaking point, but I'm glad we got to be friends this year.

Basically, high school has been one long psychology course. I've seen people's inanity, cruelty and pretentiousness, but I've also seen their caring, brilliant, vulnerable, humorous side. To all those freaks out there who can't imagine a fate worse than high school-hang in there, it will be over before you even realize it.



Senior scholarships, continued from page 3

Kristy Smith, Alumni Leadership Sch. for \$1,000 for one year to Union University; **Dana Sowash**, CRV for \$2,000 for each four years, Competitive ACT for \$2,000 for each four years and Top %15 for \$2,000 for each four years to Union University; **Autumn Stanley**, Leadership Award for \$4,000 for four years to U. of Evansville; **Eric Stuber**, Hurley Construction Sch. for \$900 partial; **Julie Thrasher**, Dean's Sch. for partial tuition and room and board for four years to St. Louis University, Dean's Sch. for partial tuition for each four years to Bradley University, Academic Excellence for partial tuition for each four years to U. of Evansville; **Lee Titsworth**, Academic Merit Award for \$2,000 for each four years to Samford University, Barkley Award for \$10,000 for each four years to Ohio Wesleyan,

Faculty Award for \$8,000 for each four years to Transylvania U., Academic Sch. for \$6,000 for each four years to Mercer University, Faculty Sch. for \$2,500 for each four years to UK; **Tonya Traylor**, PJC Academic and Elmer and Eleanor Andersen Global Sch. for \$2,500 for one year to PCC; **Brent Turner**, PJC Academic to PCC, Distinguished Scholar for partial each four years to U. of Missouri-Rolla; **Blake Vandermeulen**, PJC Academic to PCC; **Stacy Veatch**, Westvaco Sch. to PCC, Academic Sch. for four years to Union University; **Danielle Vinson**, McCracken County Conservation District for \$1,000 for one year to school of choice; **Aaron Watkins**, Lone Oak Lions to PCC; **Gina Yates**, PJC Academic to PCC.

Finally- the oldest, the coolest, the smartest



Junior Class Officers; Jennifer Dunn, Angela Rubenaker, Amy Newman, Ashley Emery, Andrea Parker

If you could sum up your entire junior year in one word, what would it be?

Tereza Kejzlar - Crazy!

Charley Stevenson - Killer!

Jenny Zamora - Da Bomb!

Ashley Emery - Boring!

What do you look forward to most about being a senior?

Allan Ramsey - Skipping class alot and alot and alot.

Sarah Warmack - Being closer to graduating.

Ryan Lichtenburg - Not having to go to Spanish class.



The three coolest juniors on the newspaper staff are Justin Young, Emily Williams, and Ashley Small. (Nevermind that they are the only juniors on the newspaper staff.)

Most memorable highschool experiences thus far...

Autumn Pate - My most memorable moment was the day that I was elected State Beta Vice President. It was great because I got to see everybody freak out and half the conference room cheered for me when I was inducted.

David Charmichael - Being hit by a car.

Danny Wood - The school play.

Gayen Medley - My whole junior year was da bomb!

Amy Newman - My most embarrassing and most memorable experience had to be when I fell down the steps. It was not as if I tripped, either, it was like I rolled. It was awful!



The Outstanding Juniors of 1996-97. Back row: Ashley Grimm, Katie Oldham, Autumn Pate, Suzannah Stoll, Erin Wilson, Kyle Slankard; 3rd row: Kelly Buie, Kim Adams, Julie Sims, Jackie Allshouse, Patrick Carter; 2nd row: Julie Stewart, Ashley Small, Jamie O'Hara, Kim Telley, Front row: Trey Swacker, Tim Followell, Lindsey Fesmire, Brandy Gifford, Matt Upshaw.



The Honor Juniors of 1996-97. Back row: Rebecca King, Katie Oldham, Autumn Pate, Suzannah Stoll, Brent Dupree, Kyle Slankard; 3rd row: Kelly Buie, Emily Rigdon, Julie Sims, Jackie Allshouse, LeeAnn Atherton; 2nd row: Sara Ryan, Melody Roberts, Jeannie Richards, Whitney Nall, Lindsey Fesmire; Front row: Trey Swacker, Kevin Brant, Tim Followell, Justin Young, Matt Upshaw

Class of 1999 Two Down, Two to Go

Mrs. McClure's Fifth Grade Class

Perfect Sophomore Boy has the.....

Hair of: Ben Thompson
 Eyes of: Jon Walker
 Lips of: Erik Fowler
 Personality of: Bryan Garner
 Legs of: Michael Plewke
 Sense of Humor of: Derek Harris
 Intelligence of: Les Miller
 Wit of: Jon Mizell
 Style of: Carl Walter
 Voice of: Tim Burrows
 Smile of: Nathan East
 Body of: Robert Downs
 Friendliness of: Josh Watkins
 School Spirit of: B.J. Ivitts
 Athletic ability of: Jonathan Shelby
 Talent of: Travis Smith



Do you recognize any of these fifth graders?

Back row: Paul Stout, Jimmy Prime, Kelvin Jeffords, Amy Hundley, Jessie Young, Carrie Sisto, Jason Ramage, Estee Cheah and Jennifer Karnes. Middle Row: Mrs. McClure, Tim Griffith, Jason Barnhill, Emily Dean, Nathan Churchwell, Ben Thompson, Jon Greer, Julie Brody, Nola Gochman, and Amy Maguire. Front row: Wesley Boyarski, Lesley Tucker, Infant Wayne, Andrea Hamm, Heather Chapman, Callie Wexler and Bryan Garner.

Perfect Sophomore Girl has the.....

Hair of: Becky Bridge
 Eyes of: Jennifer Hibbs
 Lips of: Kim Starks
 Legs of: Carrie Parnell
 Body of: Sondra Manley
 Personality of: Kim Chopra
 Sense of Humor of: Leslie Sither & Jessica Fortney
 Intelligence of: Angela DeJarnett
 Talent of: Ashley Lane
 Wit of: Lori Harrington
 Style of: Heather Cook
 Walk of: Jana Doss
 Smile of: Ashley Canup
 Friendliness of: Janie Toy
 School Spirit of: Frances Owen
 Athletic ability of: Courtney Pace

What is the Most Memorable Thing that happened to you during your Sophomore Year?

Karen Robinson-- Being a member of the Lone Oak Winter Guard and winning state champs!

Stacey Taylor-- Seeing Miss Saigon and becoming friends with so many people.

Cartney Mitchell-- Being at The [Smashing] Pumpkins Concert.

Estee Cheah-- Sorority Rush and that cute Hardee's uniform I had to wear.

Natalie Taylor-- Going to Prom and spending the greatest times with Ant'ny.



Sophomore class officers; Back row: Elizabeth Rigdon, Jennifer Hibbs, Melanie Vinson. Front row: Heather Cook and Ashley Canup.



Sophomore Honor Students; 1st row: Tracy Smith, Estee Cheah, Stacey Taylor, Sarah Amundson, Lorne Keeling, Heather Cook, Elizabeth Rigdon. 2nd row: Natalie Taylor, Sarah Stoll, Leigh Ann Summers, Josh Maguire, Bryan Garner, Will Mills, Primit Patel. 3rd row: Shane Hook, Michael Plewke, Cartney Mitchell, Tim Burrows, Carl Walters, Les Miller, Blake Weeks. 4th row: Robert Downs, Jenny Little, Wesley Boyarski, Lori Larrison, Michelle Williams, Jessica Fortney, Stacie Thrasher, Beth Bragg. 5th row: Ben Thompson, Jeff Heath, Jason Thompson, David Hamm, Julie Berens, Nikki Patterson, Jenni Pierce, Sarah Steele. 6th row: Jason Ramage, Matt Hopper, Angela DeJarnett, Carrie Sisto, Nola Gochman, Tracy Werner, Cheryl Rothwell, Julie Brody, Amy Holloway.



Outstanding Sophomore Students; 1st row: Jodi Oster, Melanie Vinson, Tracy Smith, Michelle Williams, Lori Larrison, Jada Goodwin. 2nd row: Michael Moss, Dianna Hicks, Leigh Ann Summers, Bryan Garner, Will Mills. 3rd row: Carrie Parnell, Michael Crouch, Ben Thompson, Tim Burrows, Carl Walter, Les Miller. 4th row: John Walker, Robert Downs, Jason Thompson, Nikki Patterson, Sarah Steele, Beth Bragg. 5th row: Jeff Heath, Rebecca Herrington, Tracy Jones, Cheryl Rothwell, Julie Brody, Amy Holloway.

These are days we'll remember - The Freshman Class

Freshman Class Officers

- President - Emily Riggs
- Vice-President - Bethany Wright
- Secretary - Lindsay Culp
- Treasurer - Natalie Trussell
- Reporter - Valarie Hubbard



Emily Riggs, Christa McLain, Jordan Mills, Lucy Jackson, Jennifer Connor, Beth Mason and Natalie Trussell spend time bonding over dinner at El Chico's.



Jennie Thomason, Megan Williams, Bethany Wright, Meghan Heine, Kelly Smith, Charlee Sales and Lindsay Culp take time from celebrating a birthday to smile for the camera.



Freshman Oak K Staff members: Emily Riggs, Megan Williams, and Lucy Jackson

What was the worst thing about your freshman year?

- Natasha Stevenson - "All the construction that started when we arrived."
- Michael Fortney - "Getting grounded for three months."
- Jennifer Connor - "Getting knocked around in the halls."
- Aaron Nickols - "Passing out at band camp from exhaustion and dehydration."

What was the best thing about your freshman year?

- Ryan Dunn - "The girls!"
- Lindsay Culp - "All the cheese times I had with Meghan and the gang during flex."
- Brian Shelby - "Getting out of school for tennis trips."
- Valerie Hawks - "The freedom in comparison to middle school and meeting all kinds of new people."

What will you remember the most?

- Jennie Thomason - "When Allison Golden was continually hit in the head with a basketball in flex."
- Mandy Langston - "The time Valarie was in the bathroom, and she started shaking the stall she thought I was in, and the door opened, and there was Mrs. Mungle!"



Parker's Drive-In

2921 Lone Oak Rd. 554-7602

Large

Hamburger, Cheeseburger or Chili Cheese Dog With Fries **\$2.69** - tax

Starnes BBQ Sandwich & By The Pound

Only three more years to go!

Tennis team looks forward to regionals and state

Megan Williams
Staff Writer

The tennis season is coming to an end, but Lone Oak is still playing as strong as ever. Although they have lost to some very good out of state teams, Lone Oak has not been defeated by a team in their region.

The varsity team is ending their season with matches against Heath and Mayfield. Both the boys' and girls' teams defeated Heath with the boys winning 6-1 and the girls, 6-0. Ben Thompson (10) and Joey

Sloan (12) won their singles matches with scores of 8-3. Lea Ann Atherton (11) won with a score of 8-0. The teams had another victory against Mayfield, with the boys winning 8-1 and the girls, 9-0. Doubles team, Jennifer Hayden (10) and Amy Newman (11) defeated their opponents 8-1. Matt Upshaw (11) and Primit Patel (10) also won in doubles 8-4.

The JV team finished up their season with matches against Reidland and St. Mary. The boys had a 9-0 win with both Matt Hopper (10) and Collin Roof (9) winning 8-

0. The girls won 6-3 with Jodi Oster (10) and Megan Williams (9) having scores of 8-0. After defeating Reidland, the JV played St. Mary. While the boys won 7-2, the girls lost 5-4 losing all three of the doubles matches.

"It's been a good season. I have seen improvement in our players in all aspects of the game. We have lost to outstanding teams outside our region, but remain undefeated in regional play," said coach Larry Heflin.

Now that the regular season matches are

over, Lone Oak faces its two greatest challenges: the regional and state tournaments. Their undefeated record against teams in the region prove that they have an excellent chance of winning the regional team championship, but the loss of experienced seniors has hurt their chances of winning state.

"I think that we would definitely be under dogs in that hunt (state tournament). With great play we should finish in the top five," said Coach Heflin.



Lone Oak baseball improves as season comes to an end

Lucy Jackson
Staff Writer

With one third of the season left, the Lone Oak Purple Flash is working towards a winning record. Their record so far is 8-12, but the Flash has ten more games to play before the end of the season and the district tournament.

Since the beginning of the season, the team has improved overall, not only defensively but also offensively. Coach Mizell said he was disappointed with the overall record, but he also pointed out that the team has played the hardest schedule that they have in his 25 years at LOHS. Mizell named Reed Metcalf as leading the team in all categories at this time.

"We are playing better defense and the team's hitting is coming along, but our pitching is still not where I want it to be," said Mizell when asked what the team's strengths as well as weaknesses are.



Lone Oak track team rocks

Ashley Small
Editorial Editor

The Lone Oak track team has been doing an outstanding job so far this season, and when they brought home 17 first place honors on Thursday, May 1st, it only added to the fact. This track meet was against Reidland, Heath, Hickman County and Ballard Memorial.

The ribbons went to: Penny Davis-- Girl's 3200 Meter Relay; Blake Weeks, "Wild Bill" Jason Hill, Allan Ramsey, and Ulrich Kulk--Boy's 3200 M Relay; Les Mille--400 M Dash; Bethany Wright--1600 M; Jennifer Dunn, Candice Dupree, Andrea Parker, Scooter Angelly--Girl's 800 M Relay; Allan Ramsey, Robert Beyer, Jason Hill, Andy Berens--Boy's 1600 M Relay and Andy Berens --3200 M Run.

Cargill and Pace both won the Shot Put events. Pace also took home a blue ribbon in the Discus Throw.

Softball hopes to end season with a better record

Emily Riggs
Staff Writer

Lone Oak defeated Graves County (5-2), with no errors and defeated Tilghman (6-3) all in one night. Shanna Pirtle was 2/3, had an RBI, a double and a stolen base. Jennifer

inching. Lori Larrison was 2/4, with 2 RBI's. Lambert, the starting pitcher, hit a triple, had an RBI, seventeen strike outs and was 2/3. Dana Sowash was 2/4 and scored once.

For Tuesday, May 6th, Lone Oak played the team they had prepared for all season: Reidland. Unfortunately, Lone Oak was



Lambert pitched the game, ending with fourteen strike outs. Danielle Vinson scored twice, had an RBI and was 2/2. Kristen Hogan also scored twice and was 2/3. Lone Oak's next opponent was Tilghman, following the Graves County game.

During the Tilghman game, Lone Oak jumped on the opposition from the start; Tilghman did not even score until the fourth

defeated in both games of the double-header.

The first game started off slow. Lori Larrison and Raven Dunn both hit singles to start off the game, but Lone Oak was shut down in the 5th inning when Reidland scored 6 runs.

With ten games left for the season, Lone Oak hopes to make their record 17-8, instead of 7-8.

R. DONALD HEINE, D.M.D.
ORAL AND
MAXILLOFACIAL SURGERY

BAYLEY SQUARE
SUITE #5
2850 LONE OAK ROAD
PADUCAH, KENTUCKY 42002

TELEPHONE
(502) 554-2026

SUN FIT TANNING

3921 Lone Oak Road
554-4096

"Best Tan in Town"
4 level tanning, starting at \$2.75

**CHRONIC PAIN
PERSISTENT PAIN
INTRACTABLE PAIN**

*It's not hopeless...
You are not helpless...
It's not in your head...
You are not alone...*



**MULTIDISCIPLINARY MANAGEMENT
MAY OFFER NEW HOPE!**

MANAGING

- * Back and neck pain
- * Headaches
- * Pinched nerves
- * Muscle pain
- * Other pain problems

**LAXMAIAH MANCHIKANTI, M.D.
MEDICAL DIRECTOR**

American Board of Anesthesiology with Sub-Specialty in
Pain Management - American Board of Pain Medicine
American Academy of Pain Management

CYRUS E. BAKHIT, M.D.

American Board of Internal Medicine
American Board of Pain Medicine
American Academy of Pain Management

Patricia (Trish) Burks, LPT

Physical Therapy - Clinical Director

Bert Fellows, MA

Psychological Services

PROCEDURES

- * Epidurals
- * Nerve blocks
- * Nerve freezing
- * Radio frequency
- * Physical therapy
- * Psychotherapy

2831 Lone Oak Road - Paducah, KY 42003

Fax: (502) 554-8987

(502) 554-8373

Most insurance accepted

ACCREDITED
WITH COORDINATION



Joint Commission
on Accreditation of Healthcare Organizations



American Academy of
Pain Management



Accredited by
Accreditation Association
for Ambulatory
Health Care, Inc.

PAIN MANAGEMENT CENTER OF PADUCAH

"Meeting the health needs of patients without regard to race, color, religion, sex, age, or national origin."