

# THE OAK K

The Official Publication of LOHS ♦ Volume 56, No. 2, October 1996



Casey Powell was crowned 1996 Football Homecoming Queen. See page 6 for more pictures.

## This Issue . . .

### News

- Student Council elections . . . . . 2
- Band . . . . . 3

### Editorials

- Drugs in school? . . . 5

### Features

- TUA . . . . . 8
- Halloween . . . . . 9

### Sports

- Football . . . . . 10

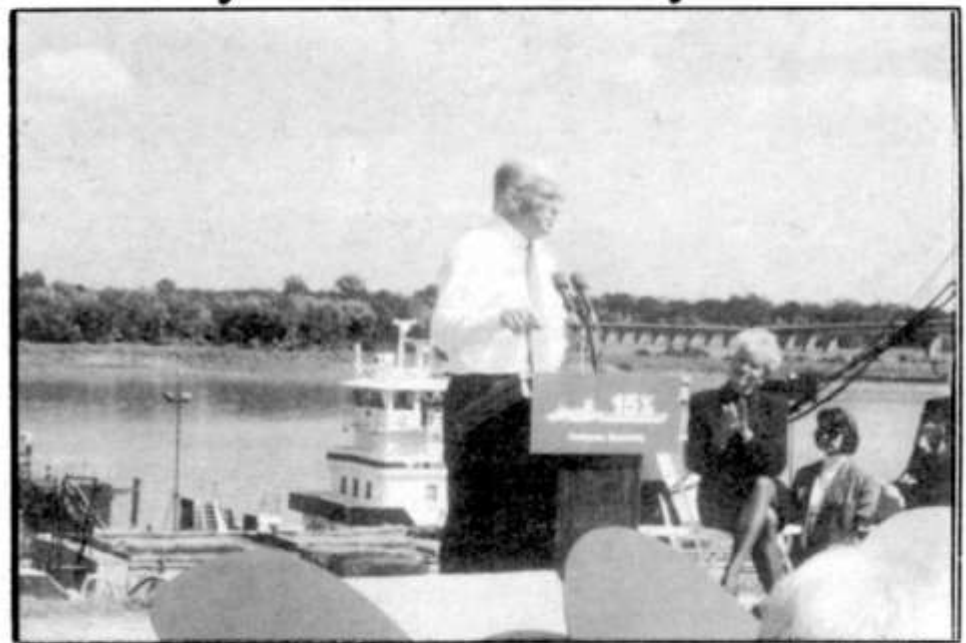
## Kemp and Republican Party vie for Kentucky's votes

J.R. Young  
Features Editor

Now in the interest of equal time, *The Oak K* presents the counter of last month's article on the Clinton rally. The date of Friday, October 11, is one that people may be remembering twenty years from now, or it may simply disappear into oblivion. The deciding factor? Whether or not the man that people met that day turns out to be the next vice president of the United States.

The rally, held at James Marine, was in support of the Republic ticket for President. Jack Kemp, the Vice-Presidential candidate, was the featured speaker. As with most political rallies though, there was a long wait. Anxious supporters passed the time by enjoying the free food supplied by Hillbilly Cooker and listening to the music of Nickel Rose who performed the "Macarena."

After waiting for more than an hour past the noon starting time, Kemp arrived via tugboat at 1:15. Kemp's speech was very regionally focused. Kemp drew cheers when he spoke of the river industry and how Presidential candidate Bob Dole had struck



Jack Kemp, Republican Vice-President candidate Photo by M. Upshaw

down a fuel tax which he said would have cost the local river industry many jobs. He went on to draw cheers when he spoke of Bob Dole and his proposed 15% tax cut to middle class families. Much of which he spoke about rehashed his debate with Al

Gore but was flavored with a local theme. The rally concluded with Kemp entering the crowd and shaking hands with his supporters. Afterwards, most there commented in approval of Kemp's humor-laden speech.

## Youth Salute opens up many opportunities for Lone Oak seniors

by Anu Manchikanti  
Co-Editor-in-Chief

On September 25th and 26th, nine Lone Oak students participated in Youth Salute '96 at Murray State University. Jennifer Atherton, Laura Clausen, Stephanie Hamlett, Nikki Key, Anu Manchikanti, Chad Morreau, Marty Rudd, Julie Thrasher and Lee Titsworth were chosen to attend this leadership conference by application. Applicants had to be in the top ten-percent of their class and elected to some kind of leadership position. One hundred twenty-five students from the Purchase Area were selected.

Youth Salute is a nationwide leadership program, sponsored by the National Council on Youth Leadership, which strives to bring out the brightest high school seniors and hopefully guide them in future endeavors. There was also the opportunity for scholarships and the chance to go on to a statewide version. There will also be a countersession held early next spring at Paducah Community College, which all participants were all invited to attend.

After arriving at the Curris Center on Wednesday and registering, the students first participated in a couple of ice-breaking

exercises. Next, they attended a seminar on goal setting, presented by members of the Student Leadership Development Board. After lunch, the students were able to go to two sessions, including Conflict Management, Event Planning, Relationships and Stress Management. On Relationships, Titsworth said, "...Each group, male and female, had an open opportunity to ask the opposite sex questions from 'Why do women date jerks?' to 'What is the perfect birthday gift?' The advantage of this situation was that everyone answered honestly because there was no fear of embarrassment." Stress Management was a little scary for a few students who discovered just how high their level of stress is. These seminars concluded the first day's activities.

On Thursday, the students first heard a lecture on team building and the importance of cooperation in groups. After a long period of free time, in which students could eat lunch, donate blood or just wander campus, the students came back for one last talk on ethics and values, presented by SLDB President Leigh Ann Faith. The participants looked at a questionnaire that made them think a little about themselves and played a controversial game in which they had to take definite stands on current issues and argued



Participants goof off during free time.

their decisions. The actual conference was concluded in a short wrap-up session, but the leaders were invited back that evening to attend a short awards ceremony.

Atherton was named a top ten participant in the program because of her outstanding accomplishments in school and the community. After being informed of her top ten status, Atherton was required to write an essay on leadership and interviewed by a panel of community leaders. Two of the top ten were chosen to attend the Town Meeting

on Tomorrow, the next level of Youth Salute.

Since there was no Youth Salute program last year, many of the participants felt uninformed about the program going into it. Despite this fact, Atherton said, "Youth Salute was a great experience for me. I gained a better idea of what is required of leaders in today's society, as well as gaining experience in public speaking and interviews." Hopefully the success of this year's program will lead to the continued revivment with an annual conference.



# Night school for LOHS students who want to raise grades

by Emily Riggs  
Staff Writer

The purpose of night school is to give any sophomore, junior or senior a chance to retake a course that they may have failed. Rather than a remedial program, this program is designed to be interventional. Students participate in this program to complete math, science or English in a classroom setting.

Three instructors, Mrs. Underhill, Mr. Sensing and Mr. McGroarty, make up the staff. These instructors were chosen by the

following criteria: use of highly motivational teaching methods, sensitivity to individual learning styles, willingness to expand/modify subject matter, willingness to implement innovative teaching strategies (i.e.: "hands-on" learning, team teaching, community-based instruction, independent research, etc.) and willingness to encourage students to "think in a new way, use new study strategies and develop student self-understanding."

The program also includes a guidance counselor and a building coordinator, both

serving on a part-time basis. The responsibilities of these positions include: individual academic and emotional counseling, providing engaging and motivational speakers, presenting motivational activities, promoting goal setting and career exploration and coordinating night classes.

Teaching is done in small groups. "The small group design allows teachers to be more sensitive to individual learning styles, use more innovative teaching strategies, use cooperative teamwork assignments and provide for more one-on-one instruction."

To receive a half-credit, a student has to meet this criteria: successfully completing both inside and outside class work, exhibiting a cooperative attitude and attending evening class from 5:00 to 8:00 P.M. every Monday for fifteen consecutive weeks, with a maximum of three excused absences.

Night classes started Monday, September 23rd and will last until December 16th. If students are interested in continuing night classes for the second semester, they need to see Mr. Griffith or Mrs. Reeves.

# New Student Council represents the student body

by Lucy Jackson  
Staff Writer

The Student Council is one of the many organizations at LOHS. The purpose of the Student Council is to give students representation in the school. In order to form the council for this year, representatives and alternates were chosen from each English class. Everyone was eligible to run for an officer position by getting twenty people to sign a petition. After these nominations were made, the entire student body then voted to elect the cabinet. Amy Bowling was elected president, Emily Rigdon was chosen as vice president, Nikki Key was elected as recording secretary, Anu Manchikanti was elected as corresponding secretary and Angela Lyles was chosen as treasurer.

Hopefully, this year the student council will achieve what all they are hoping to considering they do have some goals in mind. "We want to make it where the Student Council has more to do with the school. I hope we can get more involved than we have been in the past," stated Bowling, when asked about what she wanted the student council to achieve.

Recently the student council has mainly been involved with football homecoming. The beginning of this month was extremely busy, considering all the preparation for October 11.

The organization would like to purchase something for the new part of the school. Mrs. Hayden is the sponsor. The first Thursday of every month, the student council have their meetings during second flex.



Photo by Anu Manchikanti  
Janie Toy, Reagan Carfield, Elizabeth Rigdon, and Emily Rigdon (vice-president) are hard at work preparing for the Homecoming Dance

## SBDM looks to the future for changes at LO

by Anu Manchikanti  
Co-Editor-in-Chief

Lone Oak's site-based decision making council met on Thursday, October 17. Site-based decision making is a form of school management that involves parents, teachers and administrators, giving all groups the chance to have a voice. The SBDM meets regularly, as do the committees. The meetings follow a sunshine law policy, meaning they are open to all. There is even a set time on the agenda for individuals to address the council.

The council was chosen last year and consists of Principal Wallace Adams, teachers Kay Campbell, Debbie Masden and Gus Wolverton, and parents Susan Blackman and Rick Walter. Interestingly enough, LOHS is the last school in McCracken County to go to SBDM. State law went into effect this year requiring all schools to have site-based councils.

The council has formed several specialized committees to address particular needs, including the curriculum, staff assignment, student assignment, discipline and budget committees. These small committees consist of parents, teachers and non-certified staff.

Topics addressed that have the largest effect on students include semester exams and curriculum. Masden brought up short

term and long term concerns of teachers, such as the significance of construction and the fulfillment of the need for meaningful exams, particularly college bound students. With exemption, semester exams are tied directly to attendance and discipline at this point. The council plans to examine this issue more closely. Adams has told the contractors that any moving into the new building must take place at least three weeks before exams or after Christmas break, avoiding conflicts.

The curriculum committee is looking at Lone Oak's current class offerings and other possibilities for courses. Jim Toy, chairperson, commented, "At each [committee] meeting, we learn more and more what a daunting task we have in front of us." Their short term goals deal mainly with construction, but in the future, they hope to present a curriculum pleasing to all parties. This committee must also work in correlation with several other committees, such as the staff assignment committee. Together, they hope to have the 1997 school year schedule prepared this spring, allowing students to register and change schedules earlier, eliminating many hassles at the beginning of the year.

This new form of school management can bring many much needed changes to LOHS.

**The Oak K**  
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Letters to the editor are to be under 250 words in length and signed by the writer. The Oak K reserves the right to edit all letters for placement as long as the meaning is not altered. The newspaper attempts to inform and entertain its readers in a broad, fair and accurate manner on all subjects that affect the audience. Final authority for the content of the paper rests in the hands of the principal.

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Mrs. Campbell

On the council, Campbell said, "I'm very excited about the opportunity to serve the students and faculty of LOHS. We have so many parents and others who are interested in our school's future." This is an opportunity for anyone with an interest in LOHS to get involved. The next meeting is scheduled for November 18th at 7:00 P.M. in the library. All are welcome to attend.

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# A "Touch of Grey" inspires Academic Team

J.R. Young  
Features Editor

This season, Lone Oak's academic teams have had their ups and downs, but both seem to be on an upswing. After a start of 2-0, the Varsity team went 4-3, while the JV team has faltered from its starting .500 record of 1-1 to a sub .500 record of 3-7.

After a sweep of its first home match, the Varsity team stayed at home for a double-header against St. Mary, which resulted in two losses and an evening of their record at 2-2. Hitting the road, they pulled off a win against Mayfield on their home turf before dropping a game to Murray and again evening their record at 3-3. Heading into their match at Tilghman, hopes were down. Then, they pulled off the sweep by beating both Tilghman and Christian Fellowship. With hopes high, the Varsity team headed to Ballard. With the infinite wisdom and guidance of their newly found mascot, Garcia

the Dancing Grateful Dead Bear, they pulled off another sweep and avenged the defeat St. Mary had dealt them earlier in the season. With three matches left in the season, things are looking optimistic for the Varsity team as they sport their 7-3 record.

Things have not gone as well for the JV team. After starting the season 1-1, the JV team faltered against St. Mary dropping both games of the double header and falling to 1-3. At the Mayfield meet they showed some strength crushing Mayfield, but then falling to Murray and a 2-4 record. Against Tilghman they lost, but pulled off a split by beating Christian Fellowship. The latest match proved a disappointment as they lost both to Ballard and St. Mary and fell to 3-7.

With the Varsity team at a high point led by the faithful Garcia, and the JV searching for their own "Touch of Grey" as inspiration, things are looking good for Lone Oak's academic squads.



The Academic team's mascot

Photo by AM

## LOHS Chamber Choir attends First District

by Ashley Small  
Editorial Editor

On September 30, LOHS's Chamber Choir joined with the voices of all the district schools for an annual event called First District Choir.

For this event, Ms. Durham took LOHS students to Murray State. There they met with other high schools. Under the direction of Dr. Bradley Almquist, these choirs joined as one to sing such songs as "I Have Longed For Thy Saving Health," "Away From the Roll of the Sea," "Highland Mary," along with several others.

When asked about the whole event, Lee Titsworth said, "My favorite part was getting to work with Dr. Almquist." After a full day of practicing together the close to 300 member choir performed a final concert for all the parents.

## The Colonels crush competition

by Estee Cheah  
Staff Writer

Every Saturday for the past month, the Kentucky Colonel Marching Band has been competing against bands from around the region in numerous contests. On Sept 14, the band traveled to Madisonville to compete with some very tough competition. Bands there were some of the best in the state. However, the Colonels did very well. They qualified for the finals and placed sixth out of 12 bands. They also received a superior rating with a score of 83.25 in preliminary and an 82.10 in finals. The superior rating qualifies the Colonels to compete in the KMEA Regional Quarterfinals held in Madisonville on Oct. 26.

The week after that, the band competed close to home in the Heath contest, March for the Gold. Again, the Colonels did an outstanding job. They were first in their class while also receiving the honor of Best Field Commanders, Best Percussion and Best Color Guard. However, they were defeated by the Marshall County Marching

Marshals in the Division two area. The Colonels were second overall though, receiving a superior rating of 86.3.

On September 28, the band departed to Bowling Green in hope of a good performance. They thought they had accomplished this but apparently the judges did not agree, scoring the Colonels with a devastating score of 79.4. Fortunately, the color guard received Best Color Guard and the field commanders were named Best Field Commanders. Lone Oak trailed behind Glasgow and Calloway with a third place finish.

In the Reidland Field of Dreams Contest, the Colonels had their best run-through of the entire season and their score proved this. They beat the Heath Band of Pirates by almost 11 points with a score of 91.45, leading them to a first place finish in the AAA class. The field commanders, color guard and the percussion were also best in their class. Unfortunately, they suffered a painful overall loss again, to Marshall County, this time lacking only 1.03 points to claim the grand champion title.

The week after that, the Colonels will have an open date but will return to compe-

### Club News

**Art Club-** currently planning a trip to Chicago with the Biology Club.

**Biology Club-** is planning a backpacking trip for Nov. 15-17.

**CO-ED-Y Club-** New members are still welcomed until Nov. 15. They will be decorating Lourdes Hospital for Halloween and are about to begin their candy fund raiser.

**DECA-**Members will be attending the National Leadership Conference in Nov.

**FBLA-** Planning on taking a trip to the Nissan plant in December.

**FCA-** There is a prayer meeting every morning at 7:15 in the choir room. Please continue to sell the JCPenny's ads until Nov. 14. Meetings every Friday in the choir room.

**BETA-** H.B. Fuller Baskets and Trick-or-Treat for canned goods Oct. 26 for comm. pts. The Telethon is Nov. 9.

**FFA-** Don't forget the National Convention the second week in November.

**FHA-** On October 24, there will be a pizza and bowling party for all FHA members. For more details see Mrs. Stublefield. Meetings third Wednesday of every month during first flex.

**Physical Science-** Don't forget your dues of five dollars!

**Technology Student Association-** this club is still in the making and more info. should be available in the coming weeks.

**Tennis Club-** Members will soon be raising money with the Tennis Association by a magazine drive.

Compiled by Ashley Small

tion in Caldwell County. This will be their last contest before the Quarterfinals. The Colonels are gearing up to make the remain-

der of their season unforgettable, and they aren't going to let anything stand in their way.

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# Survey reveals alarming teen statistics

by Ashley Small  
Editorial Editor

Something very serious has happened to us as American teenagers. We are faced with and forced to deal with more now than ever before. Maybe we think since we don't live in a very large city and things are relatively calm here that we have in some way escaped the problems that plague the rest of the country.

Recently, I was made aware of some pretty horrific statistics. I'm sure many people will be just as startled to learn that,

according to the Children's Defense Fund 1995 report, every single day in America, 7,742 teenagers will become sexually active, and of those teens, 4,219 will contract a sexually-transmitted disease. Half of those diseases will result in full blown AIDS. Also, every day in America, 2,795 teens will become pregnant, and 1,106 will abort their unborn children!

Now if that isn't enough, each day, 3,610 teenagers will be assaulted, 80 teenagers will be raped and 1,189 are continuously abused daily. An estimated 1,000 teenagers will start drinking, and 500 will begin using drugs

each day. This, for many teens, will be the beginning of a lifetime of addiction that will eventually destroy their lives.

I know these are just statistics to many, but they are also the truth. This truth is what many people have tried to ignore; they have tried to pretend it doesn't exist, or at least not in Paducah. But it isn't just in huge cities that six teens are daily taking their own lives, and ten teenagers will lose their lives to a gun.

What has happened to us? What pushes us to the point where we would kill and rape others or destroy our own bodies? Do we

place such little value on human life that we now accept abortion as a perfectly decent way to rid ourselves of another's life? I know I for one do not hold the answers to such complicated questions. I doubt if any of us really do.

Maybe I did allow myself to live in a bubble, maybe I did chose to keep my eyes shut and stay in the dark but certainly not anymore! No longer is it just in the big cities that these kinds of awful situations occur. Its not only in certain groups that these things take place, its here in Paducah. It's in Lone Oak High School, and it effects us all!

## Now is the time for Generation X to become involved

by Anu Manchikanti  
Co-Editor-in-Chief

November 5th marks D-day in my agenda. Yes folks, election day. Since I'm lucky enough to turn 18 a few weeks before Election day, the question "Who am I going to vote for?" keeps racing through my head. I consider myself well-informed - I read the newspaper every day and watch the news periodically, but I can not seem to make any kind of decision. All this information is just thrown out at the general public. To understand some issues, you have to have followed their paths for months, and others require an equal amount of detailed research. It's just very frustrating for me because I want to be a productive member of society

and vote for the the best person for the job, but since I am in the apparently insignificant, untargeted 18-25 group, I am not given a second glance.

The blame really can't be placed on the politicians. Only forty-percent of this age group is registered to vote, and of those who are registered, only seventy-percent actually do vote. If the overwhelming majority of a group of voters appears to not care, the politicians obviously aren't going to go out of their way to get the votes. So you think, "Big deal - I've got the rest of my life to vote." That's true, but what about now? In this cycle that has been created, the middle-age voters have complete control while the younger voters hardly have a voice in government. Before we know it, we will be

the middle-age voters. There's no reason not to get involved when initially given the chance. If the voters took some kind of interest in the elections, the candidates would reciprocally pay more attention to them. Which brings us back to the original point - how do we get informed and start to be heard?

The constant media blitz nearly makes it impossible to decipher the actual issue. There are of course voter education materials, but since they are often put out by individual parties, these fail to given an unbiased, objective view of the whole situation. I guess that the people in charge don't realize the confusion that can arise, or maybe they

do realize it and don't care because we give the impression that we don't care. The numbers speak for themselves.

So what can we do? First, everyone should register to vote when they turn 18. Next, make a habit of voting. Don't just vote in major elections. Try to become an informed voter, at least on the issues important to you, your family, and your friends. If we want to prove that we are a valid sect of voters, we must show our interest. So if the numbers speak, maybe we should just change what they are saying with an increased voter base and a less apathetic view of it all. And maybe Generation X can be marked by the fact that they were the first to care.

## Is gun control out of control?

by Megan Williams  
Staff Writer

Gun control has been a major issue that has caused many heated debates in Congress. Most members seem to be trying to cut down the number of guns in America, but a new law in Kentucky contradicts this whole idea.

As of October 1st, law abiding citizens in Kentucky may carry a concealed weapon in public areas. However, residents who wish to carry a weapon must complete a two day firearms training course and apply for a license. Then their application may be denied for reasons such as conviction of a felony, two convictions of driving under the influence within the past three years or commitment of alcohol or drug abuse in the past three years. There are also places in which weapons are not allowed such as the courthouse, police station, jail, county/government meetings, businesses that sell alcoholic beverages (except restaurants receiving 50% of sales from food purchases), childcare facilities and churches or synagogues. Firearms are also restricted from places where the carrying of a weapon is prohibited by federal law and areas leased or controlled by a state, city, county or urban-county government where lawfully posted.

All of these restrictions seem to be keeping guns out of the hands of formerly convicted criminals and out of places in which they should not be present, but they do not keep them out of malls, groceries or some restaurants. The idea that the person seated next to me in a restaurant may have a gun with them, bothers me greatly. While they may not be a crazed murderer and begin to randomly shoot the innocent people around them, someone could still be seriously injured or killed. Guns can go off accidentally at any time because their safeties are not flaw proof.

I believe that this new law is endangering more lives than it is protecting, and I strongly disagree with it. I think that we should allow the police to do their job of protecting the public and leave our guns at home.

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# What exactly has the spirit of Halloween come to?

by *Estee Cheah*  
Staff Writer

Ahh.... it's that time of the year again, when young and old disguise themselves in wacky costumes and tell tales of witches and goblins for a good scare. Yes kids, it is the ever-popular, unforgettable season of Halloween. Like many traditions, Halloween has also been through numerous transformation and changes as generations pass from one to the next.

Just a few years ago, Halloween was a time when kids could frolic from one neighbor-

hood to another, trick-or-treating or going to a costume party. Having fun, eating candy and getting sick, yep, those were the good ole days. But as everyone knows, things change as times goes by. These days, kids have to check the candy before they eat it and practically chain their pumpkins to the porch. Now, *that* is ridiculous.

How did such an innocent holiday turn out to be as twisted as it is today? Yes, Halloween is supposedly a night filled with fright and terror, but people are actually turning it into something foolish and ignorant. The extent to which people are taking the spooky

nature of Halloween these days is not a laughing matter anymore.

Does it really feel that great to smash somebody's pumpkin which was just sitting innocently on a porch or kidnap a dog to put it's head in some sick shrine. Think about it, some people might not be very fortunate and having a pumpkin placed on their doorstep is a big deal. Besides, kidnapping poor little Timmy's dog isn't all that cool, especially if his dad is waiting nearby with a shotgun. If ruining someone's spirit of the holiday is what fun is then it couldn't be anymore pointless. Halloween is supposed to be a

time everybody can enjoy, whether it be pigging out with your friends on teeth-rotting candy or bobbing for apples at some party down the street. Having (harmless) fun on Halloween is a tradition and everyone is entitled to celebrate the holiday.

So remember, when Halloween rolls around, be kind to all pumpkins, but most of all, respect other people's property. Halloween is a great thing, take advantage of it, but don't abuse it.

## "Big Brother" finds a new weapon via the Internet

by *L.R. Young*  
Features Editor

I know, I used 1984 as the theme of an editorial last year, but hey—it's a great novel and I figure it can support two editorials in my journalistic career. If you've ever read the book, or seen the infamous commercial that played during the 1984 Super Bowl, 1984 centered around a world where nothing was hidden and the government had an eye on everything. Many have feared the internet as the proverbial "Big Brother," but until this point, that kind of talk has been mostly hot air from technology anarchists. Now it appears that "Big Brother" may be watching, and "Big Brother" is us.

The internet, a rapidly growing and expanding international medium, is beyond even the reach and power of the U.S. Government. A doomsday project started in case of nuclear attack from the Russians—the internet has now landed in the hands of individuals and large corporations. In its brief history, many have speculated that anyone could watch what they were doing on their PCs if they logged on. Until now that has been mostly myth, now, however, the technology has arrived to do just that.

Perhaps the most frightening of these technologies is the transfer of live video across the internet. Lowering prices and more convenient technology have made it very affordable and simple to connect your home camcorder to your home PC. What many people don't know is that the same camera they use to do video conferencing, others are using in very different ways over the internet. The first live cameras on the internet were for nothing more than techno geeks who set them up in their work office

just to show they could. The cameras slowly expanded to the point of being used in large cities such as Seattle and Los Angeles as live weather indicators. Thousands logged on every day to find out the current weather from a slightly more reliable source than Joe Meteorologist. Then came the darkness (hey, that was a good Highlander episode—umm, never mind), and this technology fell into the hands of the commoners (namely you and me). No longer were the cameras being used for novelty effects, people were now hiding these live cameras at places such as bus stops and other sites.

While at first cameras at bus stops may seem hardly a threat to national security, think about these cameras being hidden everywhere! At humankind's very nature is voyeurism. Imagine as more people get the same idea and we find these cameras popping up in parking lots and else where! Forget the television, "Days of Our Lives" pales in comparison to a real life lover's quarrel. The soaps are as good as done, housewives across the nation will log on everyday to see the next chapter in the exciting saga of Joe and Jane Normal! This is barely the start of it though; already sites have been found that use these cameras in more perverse ways.

Our laws give us the rights to film or photograph anything while we're on public property. The question is then, how much more of our privacy do we want to sacrifice? The internet has hardly reached the point I forecasted, but all signs show that it may very well. The debate essentially comes down to, what freedoms are we willing to sacrifice for privacy? Whether you're a Dilbert lover or not, this is one debate that we will all have to eventually decide in the court of public opinion.

## Over-the-counter drugs spark controversy

by *Lucy Jackson*  
Staff Writer

Should school policies ever be altered or perhaps completely not enforced? This is a question that school officials in Fairborn, Ohio have been asked. Their answer was no. Erica Taylor, a 13-year-old honor student, borrowed a packet of Midol from a friend and was suspended because she violated the school's drug policy. The drug policy does not distinguish between legal and illegal or prescription and nonprescription drugs. Nonprescription drugs are only given to students with permission slips from their parents, but they are allowed to be taken at school.

Erica took the over-the-counter pills from a classmate at Baker Junior High simply because she felt bad. She then decided not to take the pills but was still suspended for ten days when the fact that she accepted the medicine was discovered. The school ordered her to either undergo a drug evaluation or possibly face expulsion.

A drug policy is necessary in every school system, although I think it's pretty sad that a policy can be so fixed that separate situations can't even be examined. This girl accepted a medication taken to relieve cramps and headaches. It wasn't as if the drug was illegal or even a prescription. This policy deals with any drug, but in my opinion, that is what makes the policy unfair. Accepting marijuana is completely different than accepting an aspirin, and I don't see why both cases shouldn't be handled differently. If the school system felt that they should punish this girl to prove some point,

I think they could have handled it a little differently and made the punishment less harsh and more fitting.

Erica had perfect attendance last year and made the honor roll each of the past three years. Being an honor student will be virtually impossible with ten days of suspension. Erica can now reduce her suspension by attending drug screening for \$100 with later visits costing \$90. This only adds to the injustice of the entire situation. First of all, I don't think that taking a Midol, or, in this case, accepting one, calls for a drug screening. Second, if a school system is going to suggest a drug screening and reduce a punishment for taking it, I think they should at least provide the funding for it.

In conclusion, I find the situation absurd and feel that separate drug policies dealing with different types of drugs would be more logical. If the policies are going to be completely fixed, I think they should also be more specific. Our student code of conduct states over-the-counter drugs which are being used or sold for the purpose of creating an unnatural effect or are being sold for profit are against the rules and using them wrongly can be punished in several different ways. (It can be considered a level 1-4.) Illegal drugs, drug paraphernalia and controlled substances are all under different rules. I think this allows students to be punished or not punished in a more just manner.

STEVEN C. JACKSON  
ATTORNEY AT LAW

SERIETA G. JAGGERS  
ATTORNEY AT LAW

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# Football Homecoming 1996



Senior court members Lisa Lindley, Heather Hunter, Casey Powell, Carrie Robinson, Nikki Key, Jenny Hughes, Tonya Traylor and Brittany Shelton.

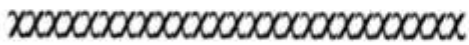


Attendants: Natalie Trussell, freshman; Tereza Kejzlar, junior; and Lori Keeling, sophomore.



1996 Football Homecoming  
Queen

## Casey Powell

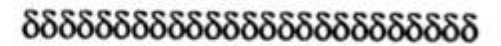


Attendants:

Junior Tereza Kejzlar  
Sophomore Lori Keeling  
Freshman Natalie Trussell

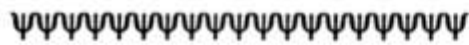
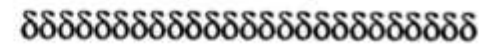


Former queen Paige Ruoff crowns Casey Powell as 1996 Football Homecoming Queen.



*The Queen's Court*

Jenny Hughes  
Heather Hunter  
Nikki Key  
Lisa Lindley  
Carrie Robinson  
Brittany Shelton  
Tonya Traylor



Senior Tonya Traylor shows her spirit during the pep rally.



The band is "swinging" during its halftime show.



# "We're having a great day at Steak-n-Shake. How may I help you?"

## Tales from a disgruntled fast food worker

by Ann-Meredith McNeill  
Coroner

The joys of high school life: a decrepit institute for learning, stink bombs being set off in numerous classes, and those oh-so-lovely after-school jobs. I am a slave, er, employee in a fast food establishment, and I'm sure many readers are as well. I have had my soul-draining job for two, count 'em, two years, so I believe I am more than experienced to tell the horrors of minimum wage. I have waitressed, cooked, prepared meals, worked the drive thru and made billions of hand-dipped milkshakes all the while insued in chaos. If anyone else's job is even similar to mine, they will know that, while the work is relatively easy, the whole soap opera air of the place makes a happy, helpful employee kind of tense and on-edge. Some people don't understand the trauma and stress that go with being degraded, uniformed, and reprimanded at work and that icky restaurant smell that just won't come off after clocking out. Also, customers can be an ordeal sometimes: if I hear "Why do you slice your pickles the long way?" one more time, I might just snap. So for those who do not have to toil over grease fryers or argue with troublesome customers, here's some hints on how to make life a little easier

on your working peers, for you never know when a worker's sanity is going to break and they start knocking off the people in the drive-thru.

First off, tips are vital to those hard-working servers who await a customer's most trivial command. The general public may not realize this but that waitress who runs around like a headless chicken is only making \$2.13 an hour. In addition, those tax people love to get as much money as they legally can off waitresses so this amounts to a check for about fifteen dollars maximum for two weeks worth of work, unless they feel like sacrificing their schoolwork and putting in overtime. I'm serious, I've had friends who danced a jig after receiving a ten dollar check. So be a sport and leave a tip, whether it be 50 cents or five dollars, because there is nothing worse than being stiffed.

Next comes the fast food position closest to my heart-the illustrious drive-thru. Oh, the marvels of technology! Oh, the wonders of eating while driving! Being able to scream your order at a near deaf worker and still receive your fresh, hot (well, some of the time) food is surely a gift from God. Yet the general public has no concept of the diabolical situations that the drive-thru attendant is undergoing. Scenario Number One: you are sitting in a heated car, yelling into that inane little box and waiting for a reply. The person on the other end, who is shivering by the

window, says "Excuse me?" or something of the like. STOP RIGHT THERE!!!!!! When the words "excuse me" are uttered by a drive-thru operator, that does not translate into "Please yell loudly and slowly so your words reverberate through my brain for the next ten minutes." They may not sound very loud to you, but then again, you do not have a headset strapped to your ear. Another thing that really makes the aforementioned employee quiver in her bow-tie is the inability of customers to differentiate the words "French" and "Ranch," as in, dressings for your salads. Now I know this is Western Kentucky, but a little enunciation never hurt anyone, and when the customer drawlingly asks for "Fraaannch," it's hard to tell which one they mean. One would also not believe the length that drive-thruers go to in order to give the customer exactly what they asked for-"Could you grill some cole slaw and put it on my burger?" or "I'd like that steakburger without a bun, please" or "Could I get that to go?" (Hel-lo, it's a drive-thru) or "Give me a strawberry/chocolate/vanilla/cherry/pineapple/butterscotch mix shake." Even worse is when they decide to change their entire order at the window and then complain because it took ten minutes to get their food out.

Who knows what lurks behind the counter, back where the average customer cannot see? I'll tell you, it's a plethora of emotions



in the most extreme manner imaginable. There are constantly people crying, joking, slacking, screaming, freaking out, falling in love, breaking up, pelting each other with cherries and arguing over some of the most ludicrous things I've ever witnessed and/or participated in, and that's not even the start of it.

All I ask is that, in the future, I beg of you, please have mercy on your pitiful low-grade restaurant employees. They work hard and are treated like dirt by all those they encounter, except by their own kind. And from the looks of my fellow employees (who could easily be postal workers in disguise) you might not want to push them too far past their limits.

*It is appointed to man once to die and **Then... JUDGMENT***  
*Are you ready for the...* Hebrews 9:27

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# Aaron Watkins chosen as Choir Member of the Month

by Emily Williams  
Staff Writer

The candidates held their breath, a decision was made, the results are in: It's the brand new Choir Member of the Month! A lucky choir member has just been chosen to represent their department as the cream of the crop. And just who is the recipient of this honorable recognition? Why, it's senior Aaron Watkins!

Chosen for his good nature and hard-working attitude, he truly does seem to embody the characteristics of an ideal choir member. Not only does he have credentials oozing out of every conceivable orifice, but he also sincerely seems to love what he does. And what exactly *does* he do? Well, aside from being praised by teachers and earning the envy of every other choir member, he has taken part in a number of competitions,

scoring him positions on the All State Chorus and First District Chorus. Watkins has been in the Chamber Choir for two years and Concert Choir for one year. In addition to this, he also sings in a Southern Gospel quartet and Youth Choir at his church, Paducah First Baptist, as well. Ms. Durham, the choir director, had this to say about him, "Aaron is a well-rounded student who works hard..."

As far as any plans for the future, Watkins says he would like to continue with singing and possibly perform in a gospel quartet as a career. In light of being named Choir Member of the Month, Aaron had this to say, "I was surprised to be chosen because there are many other talented people in the choir to choose from. I always try to do my best when I sing, and I also try to encourage the other people in choir."



Aaron Watkins, senior

Photo by A. Manchikanti

## Foreign exchange student travels far to attend LOHS

by Emily Riggs  
Staff Writer

Mariska van den Aarsen has come all the way from the Netherlands and is currently a senior here at Lone Oak High School. Van den Aarsen has been in the US for only eight weeks and will be here for the rest of the school year.

She is in the Art Club and enjoys many other activities as well. Horseback riding, swimming, skiing, photography and spending time with her friends are her favorite hobbies.

Being so far away from home, van den Aarsen misses her friends, her family, her food and her horse the most. Like every other teenager that lives here, van den Aarsen feels

that there is not much to do in Paducah. She is now going through what every teenager stuck in Paducah has to deal with until they graduate high school. Everyone can agree with her on that one.

Van den Aarsen likes it here for the most part. She thinks that the attitudes of the teachers towards the students could be better. "Where I live, teachers are almost like our friends." Van den Aarsen also comments, "Where I went to school, you brought your own lunch and got to eat it anytime you wanted."

Beside the fact that she misses being at home, van den Aarsen likes Paducah but is looking forward to her return to the Netherlands.

## TUA probes the darker side of LOHS

Ashley Small  
Editorial Editor

Many of you may not be aware that while *The OAK K* is the school sponsored newspaper, *TUA* is an unauthorized publication that circulates periodically around our school. Some may recognize *TUA* as a publication that began four years ago in middle school. Since then, it has definitely moved on to bigger and better things.

Along with being published monthly, *TUA* went online about six months ago. Most recently, it was featured in *The Net*, a magazine devoted to the sole purpose of reviewing different web sites. At *TUA Online*, you can submit articles, read back issues and take part in interactive features. If anyone is interested in seeing what *TUA* online is like for themselves, you can log on at <http://apex.net/users/jyoung>

If you have ever had the opportunity to read *TUA*, you realize that there are several

differences between it and most school-sponsored papers. One of those is that *TUA* is censored only by its editors, thus giving them much more freedom. *TUA* often covers some pretty controversial issues, and many times articles that are censored from *The OAK K* can be found there.

Also, you don't have to be in the journalism class or even go to LOHS to write for *TUA*. Anyone who has a short story, poem, essay or editorial is welcome to submit their writings to Justin Young or Emily Rigdon.

Each issue costs 50 cents. In the words of *TUA*'s Editor-in-Chief Justin Young, "It is non-profit, we're not in it for the money, and if you have to ask why then you'll never understand."

Due to *TUA*'s increasing popularity, we can expect to see another very interesting year of publication. Look for the first issue to be out sometime towards the end of October.

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# Ashley Lane chosen as this month's Student Spotlight

by Estee Cheah  
Staff Writer

Chosen for Student Spotlight this month is not just someone that was randomly picked for everyday accomplishments but is a perfectionist at what she does and loves every second of it. This person is Ashley Lane, and she is a fantastic dancer. To most people, dancing is what somebody might do when they hear Quad City DJ's "C'mon and Ride It," but to Lane, it is something far more important.

Lane has been dancing for over ten years in tap, ballet and jazz. She has put a lot of hard work and dedication into what she does. But perhaps the reason why she is so great is because she dances for herself and no one else. "I set goals for myself, and I am

the only one that can achieve them. I love to dance and I do it for myself and no one else," said Lane.

She has been taking dance at Beverly Roger's Dance Studio the whole time she has been dancing but has also studied at other places as well, such as The Broadway Dance Center in New York, and universities such as Gaucher College in Baltimore and Hofstra University in Long Island, New York.

When asked who her role models and inspirations were, she answered that they were her dance teacher and her mom, who got her started in dance in the first place. Lane has received numerous awards and honors throughout her career in dance, including many for first place. She not only dances for Beverly's troupe, a superb group

of dancers that compete all around the country, but she also performs solos and duets with super-talented dancer/choreographer, Jason Snow. Her dancing career has taken her to places as varied as from Texas to Russia!

The future looks bright for Lane and by now it is clear why. It is no surprise that she will probably pick a profession in the dance field for later on in life, such as a dance teacher, choreographer or possibly even a dancer on Broadway. For those yet to see her perform, don't miss her at Beverly Roger's annual recital in June at the Tilghman auditorium. As for those who have seen her perform, it is well known that a star has been born.



Sophomore Ashley Lane

## Nathan Taylor Named Junior Rotarian

by Ann-Meredith McNeill  
Coroner

"It was an honor to be chosen," said Nathan Taylor, October's Junior Rotarian. Taylor has led a very active high school life and managed to maintain a 3.8 GPA throughout his four years at Lone Oak. He has participated in the football and baseball teams for four years. He has also been a member of Beta Club for three years and Key Club for two years. When he's not at school or working at the family business, Gentry Motor Company, he enjoys fishing and hunting. Taylor attends church at Lone Oak First Baptist. He wants to go to college and play baseball, though he has yet to decide which school or what major. However, with his academic and sports career thus far, it is certain that he will excel at whatever he chooses to do.



Senior Nathan Taylor



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## The many faces of All Hallows' Eve

by Emily Williams  
Staff Writer

Well, kiddies, it is Halloween once again, and we all know what that means, or do we? For most of us Halloween is a time to don ourselves in death's apparel, steal the candy of helpless elementary school kids and then finish the night off with some good ol' pumpkin smashing (see Estee's editorial.) What I'm sure you all will be fascinated to learn is that Halloween is celebrated in a number of different ways around the globe. After all, not everyone does things the same way we Americans do (I know you're shocked.) For example, in Ireland people go begging for food in a parade headed by a mysterious white robed form with the mask of an animal head. This parade is to honor a god called Muck Olla, and to get free food. The Scottish break every fire hazard law in the book and go frolicking around in fields with lit torches starting bonfires on hillsides that were believed to chase away evil spirits and witches. In Wales, people mark stones and put them in a fire which are recovered in the morning. The catch is, if for some reason your rock is not found it means that you will surely die within the next year. On a much more sane note, the people of England (who called Halloween *Nutcrack Night* or *Snap Apple Night*) simply sit around the fire and tell stories while munching on apples and

nuts. England, interestingly enough, is also credited with starting the tradition of bobbing for apples.

Now, how many of you can honestly say that you knew jack-o-lanterns were named after a miser named Jack who was rejected by both heaven and hell after playing a trick on the devil, and being tight-fisted and mean and therefore subject to roam the earth with only a lantern until Judgement Day? Bet you didn't know, either, that Halloween was, in some countries, a holiday to celebrate the returning of cattle from a summer of grazing in the wild. Sounds pretty dull compared to the exciting, horror-filled extravaganza we know it to be today, huh? Speaking of horror, the Druids (who are regarded as the founders of this holiday) used to sacrifice humans and animals in the hopes of appeasing the blood-hungry appetites of evil spirits and all kinds of other kooky things.

Okay, all right, you're probably wondering why I'm telling you all of this seemingly unimportant stuff that sounds like a history lesson gone morbid. Its very simple: you learn something pretty cool about the ~~baddest~~ holiday around, I meet a deadline, ~~everybody~~ is happy, end of story. Now go ~~dress up~~, boogie down to The Cramps, ~~trick-or-treat~~, or do whatever it is you crazy kids ~~do these~~ days and remember from whence ~~this fine~~ halloween ~~hiktycme~~.

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## How to make your garden grow

Grimes proposes new fieldhouse, weight room

by Andy Harris  
Co-Editor-in-Chief

Have you ever seen thirty football players urinating behind a bush? Maybe you haven't, but it happens every time Lone Oak has a home football game. Why, you may ask? It's because Lone Oak is the only team in western Kentucky without facilities for visiting teams.

It's not just football that has to deal with this problem. Soccer, track and baseball lack these facilities as well. It is simply absurd for any team to be forced to spend halftime sitting in a bus or standing out in the end zone in the freezing cold or rain when they should be indoors.

Another fact that complicates the situation is that renovation to the high school will eliminate the weight room as of December. This is a vital facility for nearly all of Lone Oak's sports teams.

Head football coach Randy Grimes has presented a proposal to the school board for a new field house. It would include dressing rooms for visiting teams and a state of the art weight room.

"This isn't just for football," says Grimes, "it's a multi-purpose facility. The soccer, baseball, and track teams will use it. Even basketball can use it in the off-season."

The football boosters have raised \$175,000 towards this \$225,000 project. The school board has offered \$25 thousand for the school to use as it sees fit. According to Grimes, raising another 25 grand would be like squeezing blood out of a turnip.

Building a new fieldhouse doesn't solve all Lone Oak's problems, though. The gym classes still need an on campus weight room, and many have suggested that this is how the \$25,000 offered by the school board should be spent.

This is a nice solution to the weight room problem, but visiting teams are still being left out in the cold. (No pun intended.) I don't understand why the school board can't spare \$50 thousand for something that obviously benefits everyone involved. The boosters have done more than enough with the amount of money they have raised, and hopefully the school board will step in and do the right thing. If not, Reidland, Heath, Ballard, etc., will continue to water our bushes for years to come.

**Go support the Flash tonight at Hopkinsville**

# Lone Oak pounds Pirates, wins first County Championship since '85

by Andy Harris  
Co-Editor-in-Chief

Heavy rain and cold weather couldn't stop LoneOak in their quest to win their first McCracken County Championship in 11 years. The Purple Flash defense reigned supreme over the lowly Heath Pirates, as Lone Oak rolled, 20-0.

From the opening drive of the game, it was clear that Lone Oak was in command. Jason Moore got it going with a couple of big runs and then plunged in from one yard out for a mud-soaked 7-0 lead only three minutes into the game.

The Flash struck again in the second quarter with a big 15 yard touchdown run by Kyle Sanderson. Then after stuffing a fourth down play by Heath, Moore put the nail in the coffin. He found a hole and scampered 44 yards to paydirt, making the score 20-0. That proved to be all the points Lone Oak would need, as the defense made it stick.

It was quite possibly the best display of defense in Randy Grimes' four year tenure as head coach. Heath's anemic offense never even crossed the 50-yard line.

"This game was about pride," said Grimes. "The seniors will remember this for the rest of their lives."

One senior that won't soon forget this game is Moore. He finished the gamewith 158 yards rushing, nearly all of which came in the first half alone. He also had two touchdown runs, not to mention a TD that was called back because of a holding penalty. Seniors Ryan Beyer and Sanderson combined for 110 yards on the ground on just 17 carries.

The game ball, though, has to go to the defense. The number one goal going into the game was to shut down Heath's passing game and force them to run the ball. The Flash certainly did that. Thanks in large part to the play of Vince Carter and Sanderson, they held the Pirates to an unheard of zero

passing yards.

The running game wasn't much better for winless Heath. They managed only 48 yards rushing against the Flash, who recorded their third shutout of the season.

The Lone Oak offense wasn't that bad either. With the rain coming down, Lone Oak decided to keep it on the ground. No amount of mud could stop them, as the Flash rushed for 284 yards.

Grimes said he worried about turnovers with a wet ball, but that proved not to be a problem. The Flash didn't commit a single turnover in the game. "The players loved it," said Grimes concerning the muddy conditions. "As a coach, I hated every minute of it."

Grimes didn't hate the outcome, however. It was only Lone Oak's third win over Heath in twenty years.

"It was fun to win in a convincing manner," Grimes said.

## Flash football falls in tough district contests

by Jason Carroll  
Sports Editor

### Calloway County 35, Lone Oak 7

Lone Oak fell to 2-2 with a loss to Calloway 35-7. Brandon Bahr led the Purple Flash's passing attack with 6 catches for 73 yards, not to mention 40 yards rushing. Kyle Sanderson ended with 109 yards passing.

Lone Oak ended with just 166 total yards to Calloway's 365. Lone Oak's only score came from Jason Moore with a four yard run followed by a Kyle East kick. Although Lone Oak gave their best effort, Calloway's passing game was ultimately the deciding factor.

### Tilghman 36, Lone Oak 7

Lone Oak committed three costly turnovers in a 36-7 loss to districtrival Tilghman. It only took two minutes for Lone Oak to turn the ball over twice in the second quarter. Both times Tilghman scored touchdowns.

Tilghman scored again in the third quarter, giving them a 20-0 lead. Only adding to the humility, Lone Oak turned the ball over on the next possession with a fumble from a Tilghman blitz. The Tornado scored again on the following drive.

Lone Oak then came back for their only score of the game with a pass to Chad Norton from Kyle Sanderson. But on the next drive Tilghman scored with a 50-yard connection. Lone Oak had a 66-yard drive in the first half but was stopped at the 1-yard line.

Sanderson threw for 117 yards with Nathan Taylor catching 7 passes for 79 yards. Moore, Norton, Kyle Slankard, Ryan Beyer,



Photo by AM McNeil

Kyle Sanderson hands off to Jason Moore against Union County

and Brandon Bahr combined for more than 130 rushing yards.

### Union County 45, Lone Oak 7

Lone Oak came into this game hoping to make the playoffs and continue the streak of win one week, lose the next, since they lost to Tilghman the week before. However, Lone Oak's hopes were crushed with a 45-7 loss to Union County at home. Lone Oak's

defense, which had shut the door on Heath two weeks earlier, allowed Union to gain 472 yards and 18 first downs. An astounding three hundred and seventy three of those yards were rushing. Union also caught two interceptions and shutdown Jason Moore to just twelve yards. But everything didn't go sour for the Purple Flash. As always, Brandon Bahr displayed football brilliance with 135 yards rushing in 25 attempts. And Nathan Taylor caught two passes for 21 yards.

**NewsChannel 6**



## Golf team places tenth in regional tournament

by Andy Harris  
Co-Editor-in-Chief

The Lone Oak golf team finished the season with an impressive 17-5 record, the best it has been in the past ten years. Unfortunately, they struggled with a tenth place finish to the end of the year at regionals.

"I think the players and I felt we would have done a little better, but we are in a tough region," said coach David Pope. He added that the First Region has 25 teams, compared to 10 or 11 for most others.

Lone Oak shot a 329, 15 strokes off their season best. Brett Jones led the way with a 77. Justin Gosa shot a 79, followed by Wes Ragland with an 86, Matt Carter with an 87, and Jeff Heath rounded out the scoring with

a 93. Calloway County won the regional tournament, shooting 299. Brandon Henson won the individual competition with a two-under-par 70.

Pope felt that, as a whole, this was a very good season. He cited the team's hard work and will to win as the main reasons for the success. Lone Oak loses only one senior, Ragland, from this year's team, so they should be considered in the running for a state tournament berth next year.

The key to success next year will be hard work. "Like every sport in this day and time, individual work on their own by the players in the off-season will make them better," states Pope.

And if Lone Oak gets this effort from their players, they will be a contender.

## Taylor's leadership inspires Lone Oak football team



Lone Oak's very own Deion Sanders, Nathan Taylor.

Photo by A. McNeil

by Jason Carroll and Andy Harris  
Sports Writers

There are two things a person can count on seeing at a Lone Oak football game—clean uniforms and Nathan Taylor making receptions. Nathan Taylor's consistency on both sides of the ball this season has kept the Lone Oak football team on track.

Is Nathan Taylor the next Deion Sanders? With a combination of playing skills at defensive end and at receiver, Nathan's not far off.

Through six games this season, Taylor was tied for the region lead in receptions at 18. Not only that, but he has shown leadership on the defensive side of the ball, play-

ing every down at defensive end. Taylor is also member of the special teams, where his main job is holder for kicker Kyle East. "He's on the field as much as anyone," said head coach Randy Grimes on his Sanders-like status.

Nathan Taylor brings leadership to the Lone Oak Purple Flash football team through his great desire to make the big play. Other teams know the ball is going to him, but they can't seem to stop him. Coach Grimes describes him as, "one of the finest, most met." Taylor credits his brother, Jeremy, a former Lone Oak football player, with the inspiration for him to play football.



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## Boys and girls soccer lose tough district games

by Ann-Meredith McNeill  
Coroner

The girls soccer team played against Heath on October 10. The Pirates won out over the Lady Flash, however, just

barely winning with a two to one score. The only score in this game for Lone Oak was made by Brandy Gifford with an assist from Jenny Boles. The girls also played October 16 against arch-enemy Reidland, losing by one goal.

The score ended up 4-3 with all three goals made by Jenny Boles. Although these were both losses, the Lady Flash will not have their spirits dampened with their record being 10-5.

The boys soccer team had a loss on October 16 also, defeated by Tilgham four-one. The only goal was made in the second half by Kyle East, with an assist by Jon Camp. Their record is now 6-9.

Good luck next season Lone Oak soccer teams!

*District Tournament Results*  
Tilghman 4, Lone Oak 1-(Boys)  
Reidland 4, Lone Oak 3-(Girls)



Jon Camp gives his best effort in a losing cause.

photo by L. Jackson



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**1996**

We are proud to announce our  
newest accreditation



ACCREDITATION  
ASSOCIATION  
FOR AMBULATORY  
HEALTH CARE

**1994**

*"Comprehensive  
Multidisciplinary Pain Program"*



AMERICAN  
ACADEMY OF  
PAIN MANAGEMENT

**1995**

*"Accreditation with Commendation"*



**JOINT  
COMMISSION**

# Pain Management Center of Paducah

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*"Meeting Health Needs of Patients Without Regard to Race, Color, Religion, Sex, Age or Natural Origin"*