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"The Official  
Publication of  
LOHS"

# The Oak K

Volume 55

Issue 3

## Lone Oak hosts a successful blood drive

by Anu Manchikanti  
News Writer/Photographer

Each spring, through the Beta Club and Co-Ed Y Club, the Red Cross Bloodmobile visits Lone Oak High School. On April 19, 67 Lone Oak students and teachers bravely volunteered their liquid of life in hopes of helping meet the need and saving lives.

"The blood drive was really successful," said Beta Club sponsor Mrs. Metzger. "The people at Red Cross thought it was a really good blood drive and were impressed with the turnout."

A total of 86 people signed up to give blood, but in the end, 67 were productive donors. Sixteen were deferred because of



Junior Carmen Zacharetti shows that giving blood is not too scary, taking time to smile for a quick shot.

medical reasons. The students had to be 17-years old and healthy, weigh at least 110 pounds, and not have given blood in the past 56 days. Most student donors were seniors. There were 50 first-time donors.

The Red Cross encourages every one who was not able to give blood during this drive to come down to the center at 546 Lone Oak Road and donate. They also hope that the students and teachers will make a habit of giving blood throughout the year, not just during the blood drive. If you wish to give blood, you can do so by going to the center on Mondays from 10-6, Fridays from 9-5, and Saturdays from 8-2. No appointments are required.

## Yeah! Rah! Cheerleaders!

By Tara Shelby  
Opinion Editor

Despite several problems, including a van that broke down and a lot of mud on the practice field, LOHS cheerleaders competed successfully at the KAPO State Girls-at-Large Cheerleading Competition, placing 5th among 30 teams. This competition involved the 30 squads that placed first or second in each region's competition, and was then permitted to go on to compete at state.

Lone Oak's cheerleaders participated in the traditional style of competition that in-

cluded performing one gymnastics cheer, one non-gymnastics cheer, and one pom-pom routine. They received 5th place overall, and Ashley Acord won an academic scholarship that is based mainly on her ACT scores and GPA. The varsity cheerleaders who competed in the competition were seniors: Ashley Acord, Misty Anderson, Julie Burnett, Kara Cook, Amy Kelly, Deanna Masden, and Angela McCune; juniors: Casey Powell, and Dawn Simmons; sophomores: Shannon Powell and Lindsey Fesmire; and freshmen Kelly Adams and Ashley Canup.



LOHS Cheerleaders and sponsors.



Jennifer Hayden and Mark Wilson wait nervously as their time to go draws near.

## What's Inside:

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Double Page - PROM '96

# Rigdon places 1st at Foreign Language Festival

by Shawna R Williams  
Assistant Editor

On Thursday, March 28, Emily Rigdon and Autumn Pate, accompanied by English teacher, Mrs. Underhill, traveled to Murray State University to engage in the Foreign Language Festival with several other schools from around the state. Autumn Pate received honorable mention for reciting the poem entitled "Villancico" in Spanish. Emily Rigdon won first place in the Spanish II written proficiency test. She will now be going on to the state competition at the University of Kentucky on March 11th. Last year she also won 1st place at State for Spanish I written proficiency.

When asked about her response to winning first place, Rigdon exclaimed, "When I saw my name was first on the list, I grabbed this guy beside me that I didn't even know and started shaking him and telling him that I had won."

Spanish, French, Latin, and German were a main feature at the gathering. Written and oral proficiency tests were held. There was also an exhibition hall displaying foreign art and cuisine.

"It was a really good day and a great experience and maybe next year, more people will attend," remarked Mrs. Underhill. So if you're in a foreign language class, just think, it can bring more than just a grade. It can offer travel, competition, excitement and fun.



Foreign Language Festival participants Emily Rigdon and Autumn Pate

## Bands show well at PTHS

Cliff Jenks  
Staff/Sports Writer

On April 1, the LOHS Concert Band traveled to Paducah Tilghman High School to participate in the area's Kentucky Music Educators' Association Concert Festival. The band played "Bonds of Unity" march by Karl L. King, "Greenwillow Portrait" by Mark Williams and "Dorian Overture" by Maurice C. Whitney. In its first year existence, the Concert Band, composed of almost entirely of freshmen and sophomores, performed quite well, receiving from the judges two Excellents, an Excellent plus, and a Superior in sight reading. On the

band's performance, Director James Light said, "The band did very well for its first year, and it performed at the level that I had anticipated."

The next night, April 2, the LOHS Symphonic Band also traveled to Tilghman to participate in the Concert Festival. The band received three Superiors and a Superior plus in the sight reading category playing "Light Cavalry Overture" by F. von Suppe, and "Irish Tune from County Derry" by Percy A. Grainger. "They did exactly what I expected of them, I'm extremely proud of both groups," said Light.

Both bands will be performing at the annual Honors Concert on May 5. All are invited to attend.

## FHA fights for healthier babies

by Ashley Small  
Opinion Writer

Recently some of you may have noticed the newest thing to decorate the halls of LOHS. No, this doesn't have anything to do with the renovating. It's about the sneakers covering our walls. These sneakers represent a great cause called March of Dimes. This organization's purpose is to promote healthier babies.

Mrs. Stubblefield and her Child Development classes are helping to sponsor this great cause. They have done numerous things to prepare for and support this event, including having a guest speaker, Barbara

Watson from the March of Dimes, speak to her classes.

LOHS has set a goal of \$800 dollars to raise for the March of Dimes. Mrs. Stubblefield made an excellent point when she mentioned, "If every student would donate just one dollar to the March of Dimes, we would not only reach our goal we would exceed it." Three clubs have already made contributions to the cause and they are the FHA, FFA and the BETA Club, which made their donation in memory of Jennifer Dowell.

Mrs. Stubblefield added, "The walk will be held on Saturday May 11, and we haven't quite reached our goal yet, so I would just like to challenge every person and club to donate."



Governor's Scholars

These juniors were chosen by application to attend GSP for 5 weeks this summer at either Centre College or Northern Kentucky University. Pictured: Lee Titsworth, Anu Manchikanti, Julie Thrasher, Nikki Key, & Marty Rudd.

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# FBLA members competed on state level

**J.R. Young**  
Circulation Manager

The Lone Oak chapter of FBLA (Future Business Leaders of America) recently attended the Region 1A Leadership Conference at Murray State on March 21. Most members who attended competed in business related contests such as Computer Applications, Accounting I and II, Job Interview, etc. Lone Oak sent nearly twenty people to compete in the wide range of events. In the end, Tim Barnes won second place in Introduction to Business and Justin Young won second in Computer Concepts.

Barnes and Young both competed at the state level April 25-27 in Louisville. Young also attended the State Conference as a voting delegate along with Jenny Little and Callie Wexler, who attended the Regional Conference as delegates. When asked about the club's recent achievements, Mrs. Tittsworth replied, "We're all really proud of Tim and Justin's accomplishments as well as all who competed at Regional. We're looking forward to State." Congratulations to all who participated and good luck to those at State.



Tim Barnes and Justin Young after both placing on the regional level.

## BETA bunny strikes again

**Chrystal Galloway**  
Editor-in-Chief

"I never knew how fast little kids can find eggs" remarked Beta President Paige Ruoff. On Saturday, March 29, the Beta Club sponsored an Easter Egg hunt for all the community children ages preschool through third grade. It was held at Lone Oak Hendron Elementary School playground. Beta Club members got points for bringing in plastic

eggs and candy, as well as hiding the eggs. "It took thirty minutes to hide the eggs and about five minutes for the kids to find them all," said member Anu Manchikanti. The day was overcast, so not many kids showed up. However, that meant that those who went left with a ton of candy. Lee Tittsworth was the much loved Easter Bunny, courtesy of a pink, furry suit from Creatures of Habit.



The BETA Bunny A.K.A. Lee Tittsworth embraces an eager child

## LOHS students attend Enterprise seminar

by **Blake Vandermeulen**  
Sports/Staff Writer

Ten LOHS recently attended the Free Enterprise Seminar at the Cooperative Extension Center. Andy Harris, Lee Tittsworth, Marty Rudd, Jennifer Atherton, Nikki Key, Julie Thrasher, Anu Manchikanti, Stephanie Hamlett, Celeste Clark, and Laura Clausen were selected based on their GPA's and were able to miss two days of school to attend the conference. The other four schools in the county, Heath, Reidland, Paducah Tilghman, and St. Mary, also attended.

The students participated in a wide range of activities, ranging from listening to guest speakers to competing to attend the State Seminar. The students took a series of exams, and those with the top scores will advance to the State Seminar in Lexington over the summer. Jennifer Atherton and Lee Tittsworth won spots at the State Seminar and Stephanie Hamlett was named an alternate. All ten of the students agreed the event was a good time, and they all loved the free food from Subway and Pizza Inn. The only complaint the participants had about the experience was the loads of homework they had to make up when they returned.

**Congratulations to the  
LOHS Choirs for their excellent performance in  
competition!**

## LOHS students actively involved in Earth Day

by **Anu Manchikanti**  
News Writer/Photographer

Eighteen Lone Oak students are scheduled to participate in an observation of Earth Day at the Wildlife Nature Preserve. Here, the students will each take on a special environmental topic and give a speech of about 15-20 minutes to Lone Oak Middle School sixth graders. This observation of Earth Day is sponsored by Lockheed-Martin and McCracken County Schools. Each day during the week of Earth Day, April 22-26, a group of sixth-graders and their high school counterparts attended the workshop. The purpose of this program is to show sixth-graders about the balance of man and nature. The students were scheduled to attend

the event on April 23, but the event was cancelled due to weather. Hopefully, the day will be made-up in May.

The Lone Oak students will instruct in the following areas: **Chris Hughes** - Prairie Grass; **Brandy Gifford** - Turkey Reintroduction; **Julie Thrasher** - Beaver Pond; **Amy Bowling & Julie Stewart** - Water Pollution; **Sarah Steele** - Zebra Mussels; **Lindsey Fesmire & Shelly Skaggs** - Birds of Prey; **Angela Raines & Wendy Wexler** - Wetlands; **Anu Manchikanti, Stephanie Hamlett & Matt Upshaw** - Monitoring Wells; **Anthony Jones & Suzannah Stoll** - Computers; **Paige Ruoff & Nikki Key** - Groundwater Investigation. These students applied for this position by writing a short essay about why the

environment is important to them. They were then selected by Mr. Toy, who is in charge of these volunteers. The students were required to research their topics and prepare the presentations in a manner that would be interesting and hold the students' attention, as well as be extremely informative. "It is a good leadership/helping experience for the high school students," he said.

The first Earth Day was observed on April 22, 1970, with hopes of enlisting positive public feelings for environmental issues. Twenty-five thousand Americans participated in this initial celebration. Now, 26 years later, hundreds of million people are involved in nearly 200 nations, celebrating the day with trash cleanups, parades, and concerts.



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# It All Seems Like Wasted Time

by Shawna R Williams  
Assistant Editor

The latest KERA program and one of the biggest grumbles of the student body is the fifteen minutes of "teacher advisory" once a month at the beginning of block schedule. The purpose, on paper that is, of this session is for students to go to an assigned teacher and be counselled about credits, scheduling, portfolios, correspondence classes, curriculum, tech prep, college programs and scholarships. It's intended to get the freshman and sophomore on the right track and plan their highschool future and to advise the junior and senior about vocational schools, graduation requirements, and job opportunities. "I just try to keep the portfolio updated. And occasionally there have been times when there were things we discussed such as the tech prep program," admitted English teacher, Jim Toy, about what he does with the monthly meetings.

Sounds like a great idea, right? Well, apparently it has been falling behind standards. More students and teachers seem to be complaining about wasted time than praising the illuminating information and time well spent. "I think the amount of time

necessary is limited to inform the students," remarked counsellor, Mr. Dennis Griffith, about the advisory fallacy. Besides the time, training seems to be another problem. The teachers are told the general idea of the program and then left to their own imaginative devices about what and how to tell the students. "The main purpose is probably not being fulfilled. Hopefully that will improve next year after some training sessions. But KERA requires the advisory sessions. Right now we are fulfilling the law but I don't know if we're fulfilling the need," states principal, Wallace Adams, who did not seem overly satisfied with the program. He did, optimistically, go on to say that improvements on the advisory programs are going to be a big priority next year and that there is supposed to be professional development training at the beginning of the year.

Of course, some teachers have really taken the initiative and used the time for everything it was worth. Mrs. Masden, the pre-calculus teacher, was one who really tried to make the time worthwhile. "What I did depended on the grade level of my students. Last year I had juniors and seniors so I tried to inform them about college

applications and scholarships. This year I have freshman and sophomores, so I try to tell them about keeping a resume of all their clubs, awards, offices, honors, and part-time jobs. Information that will be important later. I think of them like their my own children. I think about what they need to know and remind them of the SAT and the ACT, and certain diplomas. I kind of use common sense."

A good point was brought up in the debate of the advisory groups. It is hard for one teacher to be responsible for thirty students that they only meet with once a month for a quarter of an hour at a time. What else can one do besides hand out a folder and take role. There seems to be a need for more communication between the teachers and the counsellors. A good plan would be instead of having thirty students randomly or alphabetically assigned to some anonymous teacher, have a couple of teachers assigned to certain subjects and then the students would be required to choose which of those subjects they would like to participate in. Say, four teachers have a curriculum class, four have a scholarship class, and another four have a vocational information

class. Therefore the teachers would not have to be responsible for a gaggle of students. All they would be responsible for is getting information and up-to-date notices on their certain field. Of course not all the students will need these sessions, but there will be a large percentage that have questions. "It may seem like wasted time, mandated by KERA, but we should be dealing with that percentage," claims Mr. Griffith.

It is obvious that KERA is here to stay, for a while at least. If that's the case, then it's about time that people start taking all those programs that look good on paper and putting them to some sort of good use. These can actually be helpful if done in a responsible and considerate way and not just fulfilling the mandatory. And, if teachers and board members are worried as to how the students are to have the advisory folders, then try the policy of trusting the students instead of underestimating them. Let them be responsible for their futures and their folders.

## Equal rights for students! Teacher evaluations will benefit all.

by Anu Manchikanti  
News Writer/Photographer

Time and time again, students are judged on their performance in classes, through tests, quizzes, and homework assignments, as well as by their conduct. This keeps us in check and gives assurance that we are doing our jobs. Unfortunately, this is a one-way street. It seems as if students are never given the chance to give the chance to evaluate the performance of teachers.

When it comes down to it, the idea makes sense. Who better to voice whether teachers are doing a good or bad job than the students, their only audience? All of my teachers are very reasonable and seem as if they would be interested in a student's perception of their performance. What good teacher wouldn't be interested and want to improve?

Of course, there is always the group of students who hold grudges about grades and other incidents who would take advantage of this option and unfairly grade the teacher because of personal differences. The evaluations would really not be accurate

because of this select group, and there is no way to selectively eliminate this negativity. But if everyone was allowed to evaluate their teachers, the same opinions would probably come up repeatedly. This would have to get it through to administrators that there is a problem with the teacher. Of course, there would have to be a margin of error to account for unfair evaluations. Even though some students may begrudge a teacher, they are still likely to honestly say why they aren't doing well, which would serve an important purpose, giving the principal a student's view.

The reason I am even suggesting this is because I have encountered a few teachers in my high school career that are really unaware of certain aspects of their teaching that alienate, confuse, and irritate students. Maybe if they heard these opinions, they could watch for this and try to avoid it. After all, teachers need students just as much as students need teachers. Why not give us a chance to walk this street?



Construction workers pouring a new concrete sidewalk, one of the many renovations going on at LOHS.



Artwork by Marcus Johnson

## GALLOWAY PLUMBING

615 North 11th Street  
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## April's Jr. Rotarian is Stephanie Getz



By Tara Shelby  
Opinion Editor

This month's Junior Rotarian is Stephanie Getz, the daughter of Pat and Dave Gourieux and Bob and Mary Ann Getz. Born on February 16, 1978, Getz has lived in Paducah for most of her life, but did spend some time in Mayfield.

Getz is a well known athlete on both the soccer and track teams. She says

soccer is her most important activity because, "I have always enjoyed playing sports and being in athletics." Other activities Getz is involved in are Beta Club, Art Club and Lone Oak First Baptist Church's High School Choir. She won the 1994 Jurors' Award in the Regional Art Competition, and she has received an Honorable Mention for the All-Region Soccer Team. During the summer she participated in the Governor's Scholars Program.

Besides being active at school, Getz has also held several interesting jobs including her current position at Mr. Bulky. In the past she has also worked for the Gourmet Galley and Rolling Hills, and before that she employed herself by cleaning houses. In the future she hopes to major in mathematics and be both a math teacher and a real estate agent, after graduating from the University of Kentucky.

Despite an extremely successful high school career, Getz says the thing she likes most about it is "The fact that it is over in less than two months."

## Miller named Band Member of the Month

Cliff Jenks  
Staff/Sports Writer

"I feel very honored to be selected out of so many talented students," was the comment made by senior Jessica Miller after being named April's Band Member of the Month. Miller, a trumpet player, has been a member of the Kentucky Colonel Band for four years, and a section leader in marching band for the past two years. This year, Miller, who plays the first trumpet part in the Symphonic Band, also performed a lengthy solo for Concert Festival in Percy A. Grainger's "Irish Tune from County Derry."

Miller attributes her success in band to, "God-given talent and a desire to stick with it until the end," with Director James Light saying that Miller is a good musician with a great personality. He says she is also very dependable, and that she will be missed when she is gone.



Finally, Miller has some advice to give the band underclassmen, "Band is a time of great fun as well as hard work and dedication. Learn how to incorporate those together and you will have another great year."

## Barnyard triumph *Babe* is no ham in theaters

by J.R. Young  
Circulation Manager

Many were shocked, many were stunned, and everyone else stopped eating bacon that day. What am I talking about? It was the day that a little film named *Babe* stunned the world by being nominated for the Best Picture award at this year's Academy Awards. Many comments rang out such as, "It's just a children's movie!" How wrong we all were, a film that was overlooked at

the box office, turned out to be the surprise of last year.

In case you don't know the premise of *Babe*, it's a film about the many adventures of an orphan pig and the other animals whom inhabit the farm. Oh yeah, did I mention they can talk? Sure, this sounds like the kind of film your parents drag you off to see with your little brother/sister. The thing about *Babe* that shocked everyone was that it seemed more adult than child-like.

Sure, it had cute scenes for little kids (the tenor mice), but the majority of the movie (maybe it was just me) seemed aimed at the adult crowd. Children love the movie for the talking animals and slapstick comedy, but adults will get a greater message out of this film.

The first time I watched *Babe* I really didn't get all the hidden undertones. However, the second time through *Babe* reminded me more of *Animal Farm* than *Milo and Otis*. The film comments, rather subtly, on such topics as religion, racism, prejudice, and the human condition. The trick is that all of these messages are hidden underneath a cute playful Disneyesque storyline. The opening of the film is a narrative in which it tells how pigs in a

slaughter house believe that when they are being taken away to be slaughtered, they are actually going to a Utopia of sorts. This theme pops up again throughout the film. The more I think about the film, the more it reminds me of the George Orwell classic *Animal Farm* in which social commentary is played out through farm animals.

In the end, *Babe* is not the kind of film that will revolutionize film making (a family film that makes money?!). However, all film students should watch this masterpiece to learn how Hollywood can actually make a decent film that people of all ages can enjoy. Perhaps *Babe* is best summed up by its opening line, "This is the tale of an unprejudiced heart..." George Orwell would be proud.

### Top Ten Reasons Not To Go Florida For Spring Break

(To console our friends who didn't go anywhere.)

10. The hurricane season is upon us
9. Sand in ungodly places
8. Waking up and asking yourself, "What did I do?! Where is my wallet?!"
7. Jellyfish, sharks, stingrays, sea urchins, and other assorted sea monsters
6. Disneyworld could burn to the ground
5. Sunburn, windburn, sandburn, and that nasty, red splotchy rash you get when you hit the water too hard (bellyflop burn)
4. Your hotel's name means "Bates Motel" in Spanish.
3. The 8 to 1 senior citizen to teenager ratio
2. Those of you who are under eighteen will have NO night life
1. Everyone you know will be there, so you won't be able to make a fool of yourself in public. Is that really a vacation?



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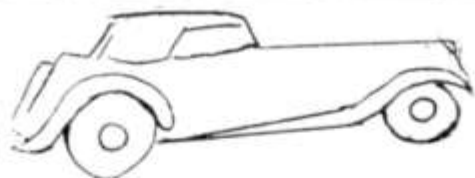
The Queen's Court from left to right: Abby Brazzell, Julie Burnett, Kristie Garrett, Lisa Jalkh, Sarah Steele



Anu Manchikanti, Stephanie Hamlett, Gina Yates, and Nikki Key flash those cute gams at Whitehaven.



Let's see, who



The Queen's Court  
Abby Brazzell  
Julie Burnett  
Lisa Jalkh  
Sarah Steele



Sasiphen Kainmanee and her date, along with Diane Harrington and her date Sean Harmon



King's Court Members: John Pace, Jared Lampey, Harper. Anthony Jones not pictured.



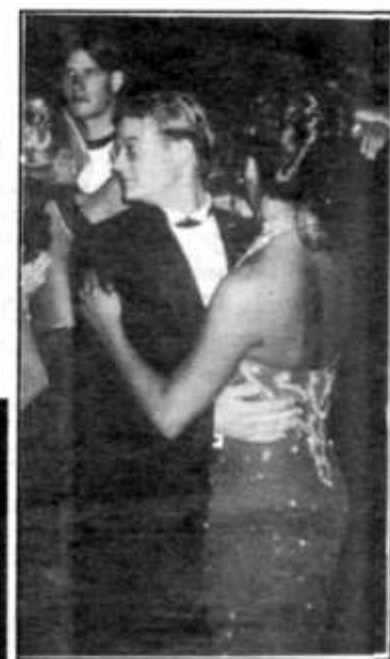
Nikkanti, Stephanie Hamlett, Gina Yates, and Nikki Key cute gams at Whitehaven.



Let's see, who can make up the funniest line for this picture.....



Matt Cooper and Shellie M



King Jacob and date Shannon Powell dance after the ceremony.



Kathy M



Students



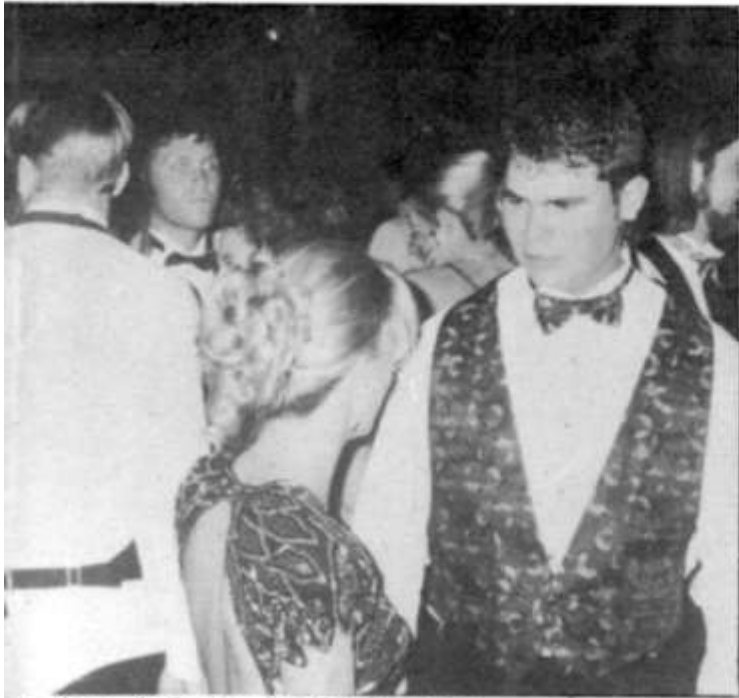
nee and her date, along with Diane Harrington Harmon



King's Court Members: John Pace, Jared Lampey, Nate Hein, Jacob Harper. Anthony Jones not pictured.



Sarah Steele wonders how hard it would be to bump Lisa Jalkh off the court.



make up the funniest line for this picture....

With Me



Oak High School



Matt Cooper and Shellie Mathis

### The King's Court

- Nate Hein
- Anthony Jones
- John Pace
- Jarred Lampe



Kathy McDaniel and Beth Collins look sleek in black dresses and smiles.



King Jacob and date Shannon Powell dance after the ceremony.



Students and their dates pose on the stairs at Lisa Jalkh's Pre-Prom Dinner.



Sarah Steele wonders how hard it would be to bump Lisa Jalkh off the court.



Nate Hein, Jacob



# Thespian endeavour a rousing success!!!

by David Carmichael  
Business/Advertising Manager

On March 28, a select group of LOHS students showed teachers that the drama department of Lone Oak has made some significant improvements in itself and is worthy of praise. The next two nights, they

when Ernest arrives.

The next day, as Henry begins to move his things out of his former home, his family has a change of heart and invites him back. As they all embrace, Henry begins to feel incredibly good... until he remembers he is broke. He spent his last \$17.83 to have himself put away, and now, he has no way to



*Deadly Ernest* cast and crew. (behind couch) Julie Thrasher, Lee Titworth, Chris Hughes (couch) Jackie Allshouse, Autumn Stanley, Anu Manchikanti, Molly Harper, Monica Doyle, Lisa Jalkh, Emily Rigdon, Justin Young (floor) Julie Sims, Erin McGavic, Sara Cannon

showed the student body the same. I speak of the cast and crew members of the LOHS Drama Department's play, *Deadly Ernest*.

The play starred senior Chris Hughes as Henry Gilcrest (who by the way was excellent), a thirty year old man living with relatives that consider him a bum. Henry is a klutz and a louse, to be blunt, and after a few words from Aunt Stella (Lisa Jalkh), his guardian, Aunt Ethel (Julie Thrasher) sends him out of the house, putting his room up for rent to reinforce her decision. As Henry leaves, his path crosses with a Mr. Bumpus (Emily Rigdon, who did a superior job). With his last \$17.83, Henry pays Bumpus to have him put away by "Ernest" after being convinced the only way to rectify the problem of his "aura of destruction." He doesn't know when, but he knows it should be soon

reverse it! A hitman is out to kill him!

Through a twist of fate, Mr. Bumpus and his counter-part (Justin Young) find the ad in the paper about the spare room at Henry's house. In the house, they discover who is now in the house - Henry, the man who gave Bumpus his last \$17.83 to kill him. As Henry discovers that the two are in his house, he runs for his life.

For those of you did not attend the play, I cannot spoil the ending. HEE! HEE! HO! HO! HA! HA! Sorry. For those of you who did go see it, you know how good the ending was. You also know what a great job of acting everyone did. The entire cast did a very good job, and if you see one, I would encourage you to compliment them.

This is the second year of Ms. Underhill's direction of the play. After last year's play, *Rest Assured*, Underhill said that she had



(left to right) Justin Young, Julie Thrasher, Lee Titworth, and Emily Rigdon perform stretches in warm-up for that night's performance.

learned the value of having a calm approach to the upcoming play, and wished more than ever to have an actual auditorium rather than a gymnasium.

In interviewing Underhill, I found that the play was a larger success than even I had thought. Over 200 people attended on Saturday, and over 150 people passed up seeing UK squash UMass to see the LOHS drama department at its best. Underhill seemed very impressed with this year's play. She said the most enjoyable things were working with the students, and having things done before she could even finish asking for it to be started on. Underhill recalled, "I challenged them [the actors] to impress me, seeing I had seen it millions of times... they brought tears to my eyes on Saturday night."

The cast members were very thrilled with their performances, and seemed to have a lot of fun with the play. The lead character, Chris Hughes, reflected on the show: "Being able to create my character with a recipe of support from Beethoven, my girlfriend, and all those case studies of Henry Gilcrest." On questioning about his favorite moment in the play, Justin Young (Sleepy) thought of his "strip show" in the second act of the play. "It was the only time in my life I've

taken off my pants in public and not been prosecuted for indecent exposure." Anu Manchikanti (Margie) thought of the many times during intermissions when cast members danced behind the curtain as the crowd anxiously awaited the start of the next act. Molly Harper best stated the bond between members of the cast in saying, "We've become our own little dysfunctional family."

Ms. Underhill asked me to especially thank everyone. She wanted everyone to know that this play was not only put on by the actors, but also all those who helped, from the front cover of the program by Dallin Birch, to those who helped set up props, to the WLOH staff and *The Oak K* staff for publicity on the announcements.

On behalf of everyone who attended the play, I want to congratulate all of the actors on an excellent job. We can't wait until next year!

WRITERS NOTE: Molly Harper, Justin Young, and Anu Manchikanti had nothing to do with the favorable approach to the play in this article, although they will not return my dog until this goes into print.

## Students showcase talent at PTO meeting

by Staff Writer

Student performers highlighted the March PTO meeting held March 26 in the LOHS cafeteria. The senior choir ensemble's resonant blend of mixed voices with sopranos Lisa Jalkh, Kara Cook, Rachel Steele and Megan Jackson; altos Jessica Miller, Beth Collins and Jamie Mourer; tenors Gabe Watkins and Matt Cooper; and bass voices Brandon Driver, Jeremy Turner and Chad Joiner opened the evening singing the national anthem.

After a brief explanation by LOHS counselors Mrs. Jones and Mr. Griffith concerning KIRIS and CTBS scores, students continued to showcase a variety of talent with play cast

members Chris Hughes and Emily Rigdon acting out a scene from the school play *Deadly Ernest*, directed by Ms. Underhill, English teacher.

Becky Bridge, freshman, recited the FFA Creed. Bridge recently won a superior rating for her performance at the FFA Regional Conference in Murray. FFA is sponsored by Mr. Wood.

Several members of the band, Elizabeth Rigdon, Jackie Allshouse, Julie Sims, Sarah Walker and Autumn Pate, under the direction of Mr. Light, formed a wind ensemble with french horn, bassoon, flute, oboe and clarinet and performed a Mozart piece.

Mrs. Wyatt, business teacher, introduced FBLA members Beth Collins, Mark Wil-

son, Tim Barnes and Justin Young, participants who placed at this year's FBLA Regional Conference. Collins performed a vocal selection from the Broadway musical *Les Miserables*, Wilson entertained the audience with his job interview and comedic talents and Barnes and Young described their respective areas of competition, Introduction to Business and Computer Concepts.

Autumn Pate, one of Mr. Buckner's Spanish II students, concluded the evening's talent by reciting in Spanish a poem which she presented at the Foreign Language Festival competition.

Mr. Chuck Heine, current president of PTO, closed the meeting with his expression of appreciation for a good year and Mr.

Adams provided closing remarks regarding the renovation project which has begun at LOHS.

Mr. Rushing said he was "super proud" of each of the students. "I was so impressed by the willingness of the students to do something when asked. This speaks very highly of them, but it was sad not to see more parents at the meeting."

Mr. Adams echoed Mr. Rushing's praise of the students and disappointment at the lack of parental attendance. "This was probably the best display of student talent we've ever seen at a PTO meeting," said Mr. Adams. "It's unfortunate, though, that more parents weren't there to see these young people perform."

LOHS students ink their way to the wild side.

By Chrystal Galloway  
Editor-in-Chief

These days, while walking through the halls of LOHS, one might believe they are at the Sturgis biker rally or a Rave and not a suburban high school. Okay, so maybe things haven't gotten that crazy yet. However, one might think things are changing because everywhere you look kids are getting splashed with permanent wild colors-sporting skin ink and wearing barbells through their tongues. One would never think they would see something like that in Paducah. So why the sudden craze for exotic body decoration?

One factor is that such services are more available than they were two years ago. Shops such as Smash Alley, In-Skin Tattoos, Flamingo Tanning, and Baby Blue's Tattoos offer body decoration—for a pretty steep price. To get tattooed, one must be eighteen or have a parent with them. Mainstream figures such as models, actors, and sports figures, are showing off their body art. Model Nikki Taylor has a chain of dolphins circling her ankle. Basketball star Dennis Rodman has a few "hoops." Singer Joan Osbourne has a small ring through her nose, and the popularity of the nose ring has escalated possibly because of that factor. The rebirth of the punk scene is also a predominant reason in the urges of young, civilized, middle-class urbanites. Every band out there has either a member with blue hair, a tongue ring, or a tattoo of a "little Mexican cutie," (for all you Buffet fans) if not all of the above.

Many students at LOHS have dared the unknown and sought out these newly popular forms of self expression. Walk down the hallway and one will see mohawks, inked skin, and belly button rings on not only the rebellious punks but also adorning the cheerleaders, jocks, and honor students. "I do weird things when I get bored. So, I decided 'why not get a tattoo.'" commented non-punk Sarah Page.

Senior Amanda Ransom has quite a collection of inked masterpieces, though they are cover-ups for her previous mistakes. One is a tiger on her shoulder, an angel with a panther on her thigh, and a Grateful Dead bear on her leg. "All of my tattoos have a symbolic meaning of what was happening in my life at the time. I love art, and what better way to adorn my body?" She plans on becoming a tattoo artist and moving to Brazil after graduation.

Since decorating one's body is a fad at the moment, many teenagers are rushing out to join the throngs of permanent art. The most important thing to remember is that this tattoo will be yours, forever. (See Shawna's tips for deciding whether or not you REALLY want a tattoo.) Piercing is less permanent, but can do damage to certain nerves if not done properly. Heck, you could get gangrene or AIDS if it isn't done properly. Regardless of the risks, body art is the latest oddity to surf the wave of popular notions. So fare thee well, those searching for yet another expression of the soul, and may your colors remain vibrant and sterling always shine.



Take it from someone who knows about ink.

by Shawna R. Williams  
Assistant Editor

Two summers ago I voluntarily put myself beneath the needle and got a tattoo on my right arm (with mother's permission!). To some it was an act of impetuosity and to others it was outright, obscenely crazy. On the local tattoo artist, Tony Stinnett's, business card, it says, "Tattoos are permanent proof of temporary insanity." To me, well, I absolutely loved it. Even now I'll happen to glance over at my arm and go "Wow, that beautiful piece of art is really all mine!" I even have my next three planned out.

What I would like to discuss here is the fact that there is a lot of thought, consideration, and caretaking that goes into

tattoo-acquiring. When choosing a tattoo artist (some people may not consider this vital factor) shop around a bit. Check out the artist's styles, policies, and most importantly their hygiene techniques. Make sure they have clean, fresh, BRAND NEW needles. It's also a big stress reliever if they have an autoclave which sterilizes the needles. You might even want to watch them give another person a tattoo. If you see the person digging the needle into the canvas' skin, don't use that artist. Make sure he has lots of rubbing alcohol and cotton swabs on hand. Hint, hint, don't let your generous neighbor string a needle with India ink and then wash off the mutilation with a dishrag. Get a professional. Once the tattoo is finished, make sure you grease it down several times a day with neosporin or any similar substitute. Keep it out of direct, harsh sunlight in order to ensure that it doesn't fade in the first few days. And don't forget, it will itch. For the first few weeks it will feel like a hill of red ants is under your skin. But it will pass, so, don't scratch it!

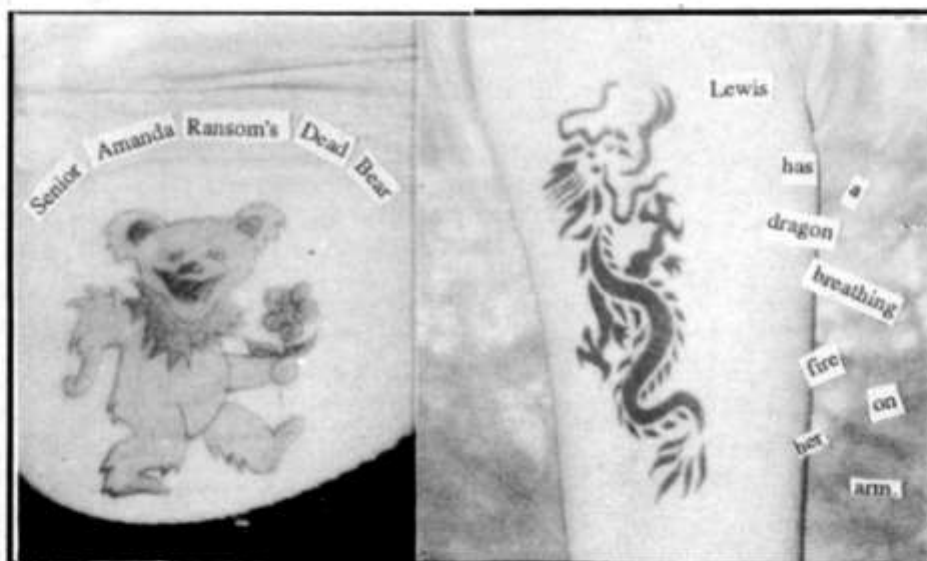
Another consideration is placement. If you're intending on going into law or politics, it would be well taken advice to get one where it could be easily concealed. The stomach or lower back would be a good place. The top of your head would not. Then think about things such as congruity and balance. Get a tattoo in a place that it will look as if it belongs there, as if you were born with it. Another factor that I had never thought of until I read about it, is matching. I was looking through a tattoo magazine when I saw this young woman who was wearing this real cute, floral print dress. Her only problem was that the full arm tattoo she had clashed horribly with her clothes.

But the most important factor to take into consideration when thinking about getting a tattoo is the reason why. I spent months asking myself just why I wanted one and then months more trying to decide on what I wanted. I refused to just go into the parlor and pick one off the wall. I got something that I not only found aesthetically pleasing but had a lot of emotional significance to it. Don't, don't, don't, I repeat don't get a tattoo on the spur of the moment. Take a lot of time and thought to what embodies you. What picture will represent your being, your essence? If you're on spring break having a good 'ol time in Ft. Lauderdale a seashell will make a much better souvenir than a tattoo. When deciding, think about a symbol that has meant something to you all your life. Don't consider a latest fashion. Opinions change and so will your taste. If you don't believe me, think of yourself in fifth or sixth grade and compare that person to the one you are now. Tastes change. Then think of yourself in twenty years hating that huge backpiece of Beavis and Butthead or your ex-boyfriend's name on your chest. Be realistic. But, don't forget to be creative, original, and enjoyable. Last little tip: they don't hurt as bad as you think. I actually enjoyed mine.

If you could get any tattoo you wanted it would be.....

By Ashley Small  
Opinion Writer

- Eric Williams- "A dragon breathing fire across my face." (12)
- Shawn Dittman- "I wouldn't ever get one." (12)
- Jay Overy- "I'd get my initials." (10)
- Alec Watts- "A Black Panther on my hip." (11)
- Kristie Garrett- "A yin yang sunfire around my naval." (12)
- Rae Ann Ragland- "A sunflower on my ankle." (12)
- Charity Lamb- "A dolphin on my leg" (10)
- Meghan Walker- "a butterfly on my ankle" (10)
- Ashley Womble- "a VW sign on my big toe" (11)
- Shannon Powell- "a sun on my toe" (10)
- Amy Newman- "Butterfly on my shoulder or hip" (10)



# Deep thoughts...

by Andy Harris, Blake Vandermeulen, and Cliff Jenks  
Sports Staff

**Mahmoud Abdul-Rauf**—He refused to stand for the National Anthem, we refuse to respect a player making \$2 million a year and feels "oppressed."

**"Little Penny" and "Griffey for President"**—Nike stays a leg up in the ad war.

**Dick Vitale, George Raveling, Quinn Buckner, Al Maguire, Digger Phelps**—Five reasons to hit the mute button.

**New umpire uniforms**—Looks like these clown suits came from the golf section at Dillard's.

**Detroit Red Wings**—Too many Communists, rumor has it that Gorbachev will be their goalie in the playoffs.

**Kenny Perry**—One of three successful Lone Oak High School graduates.

**U.K. Basketball**—It's about time!

**Baltimore Ravens**—Never more.

**Billy Packer**—He's one tough monkey.

**New hockey pucks**—We like it, we love it, but we still hate hockey.

**Magic Johnson**—This guy's so fat, he has to sit in the middle of the plane on team flights for proper weight distribution.

**Michael Irvin**—Ladies and gentlemen, meet the next mayor of Washington, D.C.

**New York Jets**—Here's a set of Jets we wish Reagan would have shipped out of the country.

**Magic Johnson II**—After criticizing teammate Nick Van Exel for bumping an official and receiving a seven game suspension, Magic bumped an official three games later. Magic may re-re-re-retire next week.

**Greg Norman**—The Great White Shark choked on more plankton at The Masters, solidifying his spot as the greatest 54-hole golfer ever.

**Major League Soccer**—The world's most popular sport still can't cut it in the U.S.



Sarah Steele signs letter of intent to Campbell University with parents Bob and Linda Steele and Coaches McGroarty and Thompson.

## Steele signs with Campbell University

by Blake Vandermeulen  
Sports/Staff Writer

LOHS senior Sarah Steele accepted a \$6,000 per year Presidential Scholarship from Campbell University to run track and cross country. The Campbell University campus is located in Buies Creek, North Carolina. Campbell is a Division I College in the Trans America Athletic Conference.

Steele said she was very honored to receive the scholarship and she added, "It will be a lot of hard work, but I am looking forward to it." At Lone Oak, Steele's coaches were Tony McGroarty, Todd Thomas and Gary Raines. In addition to track, Sarah earned varsity letters in soccer and basketball during her athletic career at LOHS.



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# For Lambert, practice makes perfect

by Andy Harris  
Sports Editor

Through five games of the Lone Oak softball season, Jennifer Lambert has started three games and thrown three shutouts. And achieving this consistent level of performance is no fluke, it is all due to her hard work.

"I work six nights a week with a pitching coach along with working at high school practice," said Lambert. "When I hear someone talk about another pitcher, I look at it as a challenge to work even harder."

Is she in the zone? "Not really," she says. "I'm pumped about the games, but I've told myself over and over what I'm going to have to do and trained myself hard so I could do it. Right now is when all the practice pays off."

And has her hard work ever paid off. In the first game of the season, Lambert shutout the defending state champions, Reidland—also the team that beat Lone Oak in the regional finals last year.

"For me to shut out Reidland was great!" said Lambert. "It's hard work paying off. But there's more games to



Jennifer Lambert has worked hard this season to improve her pitching game. (The picture of Elvis is just a good luck charm.)

be played; that was just one."

Not only did she shutout Reidland, but she also outpitched one of the best and most publicized pitchers in the state, Jennifer Wren. With Wren's incredible season last year, many people wonder if Lambert is being overshadowed by her pitching counterpart. "Somewhat," she says. "Jen Wren works hard, and Reidland has some really talented people. But so does Lone Oak. If Jen Wren is the best, she deserves the publicity and the credit. But I feel like we're both working toward the same goal, (state champs), and both doing a lot of hard work to get there." Lone Oak's 5-0 start has many people asking whether they can challenge for a regional and state crown. "We're all working hard and we're determined to stay tough the rest of the season. Each individual has to work harder than they're asked to or expected to. That's the key to having a strong team, everyone giving 110% and working together as a team," says Lambert. And with a player like her leading the way, this may be a team of destiny.

# Teamwork is the key for Flash baseball

by Andy Harris  
Sports Editor

Preseason polls around the area had the Lone Oak baseball team picked among the bottom teams in the region. But with an 9-5 start and a 2-2 record in district play, the Flash have started to gain some respect, even gaining a top twenty ranking in the state of Kentucky.

Two of Lone Oak's biggest wins came against Marshall County and Murray. They trounced Marshall 22-5 thanks to homers by Sean Henley and Reid Metcalf, and upset Murray, one of the top teams in the region. With victories like these, hopefully the Flash will gain the attention they deserve.

According to head coach Jim Mizell, the team has played well at times. No one player has come forward with an outstanding season so far, but they have played well as a team. Their have been several good pitching performances, but he believes the hitting has not developed as quickly as he thought it would.

"Hopefully we will turn into a great team," said Mizell. And with the teamwork and effort they have shown thus far, Lone Oak will likely attain this goal.

## Spring Sports Update

### Baseball

- Lone Oak 7, Tilghman 4
- Lone Oak 8, Fulton City 7
- Grayson County 8, Lone Oak 5
- Lone Oak 11, Ballard 1
- Lone Oak 9, Calloway County 6
- Reidland 2, Lone Oak 0
- Lone Oak 7, Heath 2
- Lone Oak 16-3, Shawnee 9-11
- Livingston County 5, Lone Oak 1
- Lone Oak 7, Murray 6
- Lone Oak 22, Marshall County 5
- Tilghman 9, Lone Oak 1
- Lone Oak 9, Heath 9; delayed
- Lone Oak 3, St. Mary 2

### Tennis

- Boys**
- Lone Oak 8, Charleston 1
- Lone Oak 7, Heath 2
- Lone Oak 5, Heath 4
- Lone Oak 7, Reidland 2
- Lone Oak 5, Henderson County 4
- Baylor 8, Lone Oak 1
- Girls**
- Lone Oak 6, Girls Preparatory School 3
- Baylor 5, Lone Oak 4
- Lone Oak 6, Heath 3
- Lone Oak 7, Heath 2

### Softball

- Lone Oak 1, Reidland 0
- Lone Oak 10, Heath 0
- Lone Oak 4, Marshall County 0

- Lone Oak 5, Heath 3
- Lone Oak 17, St. Mary 2
- Lone Oak 13, Ballard 8

### Track

- At Ballard**
- Boys**--Lone Oak 149, Ballard 116, Reidland 82, Hickman County 47, St. Mary 30, Heath 22
- Discus: Cargill-2nd, Richards-3rd
- Shotput: Cargill-1st
- 100 Meter: Ramage-3rd
- 1600 Meter: Berens-2nd
- 1600 Meter Relay: Lone Oak-1st
- 3200 Meter Relay: Lone Oak-1st
- 400 Meter Relay: Lone Oak-3rd
- 400 Meter: Ramage-1st, Miller-2nd
- 800 Meter: Miller 2nd
- 200 Meter: Ryan Beyer-2nd
- 3200 Meter: Berens-1st
- Girls**--Lone Oak 125, Hickman County 78, Ballard 60, Reidland 54, Heath 44, St. Mary 18
- Discus: Cannon-3rd
- Shotput: Pace-1st, Cannon-3rd
- Long Jump: Houser-2nd
- 400 Meter Relay: Lone Oak-2nd
- 400 Meter: Steele-2nd
- 300 Hurdles: Schaffer-2nd
- 800 Meter: Steele-1st
- 3200 Meter: Steele-2nd
- 100 Hurdles: Schaffer-2nd
- 100 Meter: Houser-1st
- 800 Meter Relay: Lone Oak-1st
- 1600 Meter: Steele-1st

## LOHS softball remains undefeated

by Blake Vandermeulen  
Sports/Staff Writer

The LOHS girls' softball team is off to a 7-0 start this season as they chase a First Region Championship. Head Coach David Pope said this team had very clear goals going into this season. With this hot start, the goal of going to the regional tournament looks like a given and the bigger goal of reaching the state tournament may also be within their grasp.

The first three victories came against Reidland(1-0), Heath(10-0), and Marshall County(4-0), some of the area's finest teams. What made the victories even more impressive was the manner in which they were achieved. The Lady Flash didn't give up a run in any of the three contests.

Pope said the early success has been due to the experience and leadership of several of the team's juniors and seniors. Pope cited Kristie Garrett, Kim Murphy, Kathy Murphy, Jennifer Lambert, Jessie Ballowe, Shanna Pirtle, Dana Sowash and Danielle Vinson as those leaders. Pope said another factor driving this team is they hate to lose.

Junior pitcher Jennifer Lambert has been particularly key to the success as she has hurled a shutout against the top-ranked team in the state—Reidland. She also recorded sixteen strikeouts in her shutout of Marshall County.

If the great pitching and improved defense continues, look for this to be a memorable season for the Lady Flash as they strive towards the state tournament.



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