

# "Take me to your leader"

by Chrystal Galloway and Shawna Williams  
Editor-in-Chief Assistant Editor

Recently, our very own principal, Wallace Adams, was offered the County Coroner's position in McCracken County. This came as a surprise to many students who were unaware that our principal was qualified to pronounce people dead, we thought he was only pronounced people expelled. We, the journalism students, wondered what other neat stuff we didn't know about our mysterious principal. He has had a ton of education and experience, from preaching to law enforcement. Many would be amazed at the accomplishments and other refinements of Adams' life during his 34-year involvement with Lone Oak High School.

After graduating from LOHS in 1957, Adams went on to receive his Associates of Arts degree from Bethel Baptist College, a Bachelor of Science degree at Austin Peay in Clarksville with a major in History and a minor in English, and he also has a Masters degree plus 30 hours in school administration from Murray. He began his eminent career at Lone Oak when he became a history teacher in 1961. He later moved on to driver's education, then to assistant principal, and finally, he became principal of LOHS in 1987. During his evenings and weekends, Adams has had time to dabble in different careers. For twenty years, he spent his night hours being Deputy Sheriff for the McCracken Co. Sheriff's Department. For the last eight years he was chief investigator for those outside city limits. This is what led to his being offered the coroner's position. He has had some experience with his job in the sheriff's office, but never fear, it was "...Never a serious consideration", says Adams. As for other career experiences, he has preached at Delmont in Cadiz, Ky, for six years. For the past nineteen years, he has been preaching at Cane Creek in Wickliffe, Ky.

So much for school and work, you say, what about the juicy personal stuff? Adams has been married to his present wife, Peggy, for sixteen years. They have six children between them, four girls and two boys, the youngest is twenty-four and the oldest thirty-six. Of course, they all graduated from Lone Oak. He also has nine grandchildren. If he had one wish, it would be for "...good health



Wallace Adams, principal.

and long life for me and my family." When he's not at school these days, he spends time at his small farm out in the country. It's his favorite getaway, along with his cabin at the lake. His favorite TV show is Wheel of Fortune, and he likes to listen to country and gospel music. However, his favorite past time is yard decoration and yard work. Adams says, "I like to mow and bush hog, where it's quiet and just me."

On his long career in education and his time as principal, Adams had this to say, "(I've) been at it a long time. Due to KERA, a lot has changed over the years. Tragically it takes the principal away from students and teachers and makes him more of an office manager. It's a real struggle to maintain a good relationship with the students and staff." On how teenagers have changed over the years, he said, "I think they are more involved in their education, they are more mature. More so than in the eighties. They devote more time to their studies."

Though Adams has been in administration for quite some time, don't plan on him letting go anytime soon. "My goal is to see the new building from start to finish. I'm the one who has to push that through. I have an obligation to students and staff."

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## Colonels "Spring" into AAA Competition

Cliff Jenks  
Staff/Sports Writer

The Lone Oak Kentucky Colonel Band has done an "about face" from last year. The band has decreased in size from AAAA to AAA and is now practicing four days a week after school. The Colonels are featuring music from Aaron Copland's *Appalachian Spring*. In each contest they have attended, the Colonels have received a rating of superior. On the band's success, Director James Light said, "I think the main reasons for this year's accomplishments are the fact that the band is an all volunteer group and the kids really want to be there."

On September 16, the band competed in the Marshall County Starfest. Lone Oak outscored the nearest band in Class AAA by almost eight points, and beat the nearest competition in the entire contest by over four points. Because the band had the highest score in Classes AAA and AAAA, the Colonels were crowned Division II Grand Champions at Marshall. Field Commander Jennifer Vorbeck won

best field commander in Class AAA, and both the color guard and percussion won Class AAA and finished second overall.

The following Saturday Lone Oak competed in the Heath March for the Gold. The Colonels made it two in a row, beating Marshall County by .25 points and the band took home another Grand Champion trophy. In Class AAA, Lone Oak beat Reidland by over seven points. Scoring a 96, Vorbeck won another Class AAA best field commander. The color guard scored an outstanding 95, winning the class by fourteen points and tied Marshall County overall. The percussion section won the class with an 85.

On September 30, the band travelled to Bowling Green to meet some of the stiffest AAA competition in the state. Although Lone Oak finished fourth out of five in AAA, the three bands that scored higher are considered the best in the state. The band, field commander, percussion and color guard all received superior



The band competes at Heath's "March for the Gold."

ratings.

On October 7, The Colonels went to the Reidland Field of Dreams marching contest. In a sub-par performance the band won Class AAA by seven points, with a score of 91.2. Jennifer Vorbeck won Class AAA with an 88.5. The percussion section was tied for the second highest score in the contest with an 84. The color guard, scoring a 94 out of 100, not only won first place Class AAA, but had the highest score overall,

beating Murray by two points and Marshall County by four. The Colonels were defeated by Marshall County by .75 points for the Grand Champion trophy.

Lone Oak took the week of October 14 off to prepare for the State Marching Contest Semifinals in Hopkinsville. Due to deadline restrictions, the *Oak K* was not able to cover this event. It will, however, be covered in the November issue.

## The Oak K Staff

### The Oak K

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The *Oak K* is a publication of Lone Oak High School, distributed monthly to all students, faculty, and advertisers.

The newspaper is designed by staff member using the Macintosh desktop publishing system and is printed by the Benton Tribune-Courier, P.O. Box 410, Benton, KY 42035.

Letters to the editor are to be under 250 words in length and signed by the writer. The *Oak K* reserves the right to edit all letters for placement as long as the meaning is not altered. The newspaper attempts to inform and entertain its readers in a broad, fair and accurate manner on all subjects that affect the audience. Final authority for the content of the paper rests in the hands of the principal.

## Choir Goes to First District

by Blake Vandermeulen  
Sports Writer

The annual First District Choir Concert was recently held at Murray State University. First District Choir is a select group of students chosen by teacher recommendation. Of the thirteen first district schools, ten sent students to the concert. Schools were allowed to send 15% of their choir members to the one day event. There were a total of 240 students of whom 30 were Chamber Choir members from Lone Oak High School.

Dr. Bradly Almquist, the choir director at Murray St., was the director of the choir. Musical settings of Robert Frost poetry by Randall Thompson was the selection chosen for this year's concert. Mr. Murphy said he felt this was one that was very meaningful to all the students, especially the selections "The Road Not Taken" and "Choose Something Like a Star".

The Participants practiced all day and then held a concert open to the public that evening. When asked about the trip, Laura Clausen said, "There were a lot of cute guys from other choirs there."

Participants from LOHS include, 12th grade- Gabe Watkins, Brandon Driver, Beth Collins, Jessica Miller, Lisa Jalkh, Shane Turner, Chad Joiner, Matt Cooper, Kara Cook, 11th grade- Kristy Smith, Julie Thrasher, Stephanie Robinson, Laura Clausen, Nichole James, Amanda Crouch, Crystal Williford, Jessica Thomas, Aaron Watkins, Jason Hurt, Chad Morreau, Danial Bailey, Jennifer Vorbeck, Jennifer Atherton, Heather Debord, Lee Titsworth, Jon Camp, 10th grade- Lindsey Fesmire, Melody Roberts, Jeannie Richards.

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## Entrance Exams a Must for the College-bound Student

by Anu Manchikanti  
News Writer/Photographer

Any student planning to attend college, whether it be Harvard or PCC, must take either the ACT or SAT. These college entrance exams help colleges decide which students are candidates for their school. Keep in mind that test scores are not the deciding factor in admission to college, but a combination of test scores, grade-point average, performance in high school, activities, and teacher recommendations is. Applications for all college entrance exams are available in the guidance office. Be sure to get applications at least one to two months ahead of time in order to send the forms in by the deadline.

The American College Test, commonly known as the ACT, is a test of achievement, offered five times a year. It consists of four sections: English, Math, Reading, and Science Reasoning. There are 75 questions on the 50-minute English test, ranging from analogies to grammar. The 60-minute math test consists of 60 questions, utilizing the principles of basic math, geometry, and algebra. The 35-minute reading section is made up of four passages with 40 analytical

**There is no penalty for guessing on the ACT, so don't leave a single answer blank.**

questions. The 35-minute science test does not actually test your knowledge, but your ability to analyze data and use it to draw conclusions. The ACT is graded on a scale of 1 to 36, 36 as the maximum. The score sheet you receive a few weeks after the test will show the composite test score, as well as scores and subscores for each section. There is no penalty for guessing on the ACT, so don't leave a single answer blank. It is best to make educated guesses by eliminating any answers that you know are incorrect. Studies show that the best time to take the ACT is the spring of your junior year. If you are not happy with the score, you can retake the test in June or the next October. Taking the ACT before this time will not hurt. In fact, it will most likely help. Remember, you've got to take

the ACT by December of your senior year to make the college application deadlines. When they request scores, colleges will generally accept your highest composite score.

The Scholastic Aptitude Test I, known by most as the SAT, is a test of ability, offered seven times a year. It consists of seven sections: three verbal, three math, and an experimental. The verbal sections, divided into two 30-minute and one 15-minute blocks, consist of multiple choice questions, categorized as sentence completions, analogies, and critical reading. The math sections, also divided into two 30-minute and one 15-minute blocks, consist of arithmetic, algebra, and geometry, quantitative comparisons, and grid-ins. The 30-minute experimental section is not graded. It could be either math or verbal. However, the test does not indicate which section is experimental, and it is almost impossible to distinguish it from the others, so don't try. The sections scores range from 200 to 800. Combined, these make up the composite score. There is a penalty for incorrect answers on the SAT. A fraction of a point is taken away for incorrect answers. But if you can eliminate one or more answers, it is best to go ahead and make the educated guess. The SAT should be taken late in your junior year, if at all. The Preliminary SAT, or PSAT, is also known as the National Merit Scholarship Qualifying Test. It is a shorter version of the SAT, with the exact same type of questions. These test scores are not looked at by colleges but can help high scorers earn substantial scholarships. Only juniors are eligible for the 6,900 National Merit Scholarships, but it is a good idea to take the PSAT as a sophomore if you have a 3.5 G.P.A. or higher and are taking Algebra II. You should also take the PSAT if you're interested in the Governor's Scholar Program. The PSAT is offered only once a year.

The SAT II Subject tests measure your knowledge on particular subjects, such as English, History, Math, Biology, Spanish, French, etc. All these test take one hour and consist entirely of multiple-choice questions. Some colleges feel that they can measure your ability better by these specialized tests. Most colleges do not require subject tests, but check with an

### 1995-96 Test Dates (and Deadlines)

<b>ACT</b>	<b>SAT</b>
October 28 (Sept. 29)	October 14 (Sept. 15)
December 9 (Nov. 10)	November 4 (Sept. 29)
February 3 (Jan. 5)	December 2 (Oct. 27)
April 13 (Mar. 15)	January 27 (Dec. 21)
June 8 (May 10)	March 23 (Feb. 16)
<b>PSAT</b>	May 4 (Mar. 29)
October 24 (Inquire in the guidance office)	June 1 (Apr. 26)

admissions officer to be sure.

Most college accept either ACT or SAT I scores, but the most widely taken test and accepted score is the ACT. It's a good idea to take the SAT I if you wish to attend an Ivy League school. Often ACT and SAT I scores are interchangeable for admission. Check with an admissions officer at your school before you assume, though. For instance, Murray requires all its students to take the ACT for statistical purposes. Most schools have a minimum ACT requirement. There is no ACT requirement for the general programs at PCC, but to enter the Physical Therapy Assistant program, you must get a 19.

It's recommended that you get a good night's sleep before the test, but don't sleep longer than you normally do. This causes you to be tired during

the test. Cramming all night will most likely lower your score, so get a head start! You should really start preparing a month before the test, by doing practice tests and mastering principles. Eat breakfast on the day of the test. It's also a good idea to do a few practice drills the morning of the test to get your brain working. You don't want the first two sections of the test to be your warm-ups. Prepare yourself for the test, set reasonable goals, and you won't be disappointed.

### Average ACT Scores

Murray - 21  
Western - 21  
U of L - 21  
SIU - 22  
SEMO - 22  
UK - 24

## Student Council Full of Plans

by Cliff Jenks  
Staff/Sports Writer

LOHS student council officers have recently been elected. The council officers are President- Patrick Kaufman (12), Vice President- Amy Bowling (11), Recording Secretary- Nikki Key (11), Corresponding Secretary- Jennifer Atherton (11), and Treasurer- Chad Kirk (12).

On October 10th, Kaufman called a meeting, probably the first of many this year. There are several things the student council discussed and wants to get changed. The council wants to change Second Chance Saturday, allowing students to bring up their C's to B's and their B's to A's because they feel it lowers the quality of education at LOHS. They also want to purchase a trophy case. Another topic was changing the time of the

announcements so that more students have a chance to see them. The council also wants to increase the number of college days for seniors. "We can only accomplish what we set out to do," said Kaufman.



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## Overachievers Not Wanted!

### Staff Editorial

In an intellectually competitive world, American students seem to be falling behind. Our academic standards have plummeted compared to every other first world nation leaving us in a country full of graduates who have had, at best, a mediocre education. Many American high schools are lowering their expectations to accommodate today's lazier students. Kentucky seems to be no exception. Thanks to KERA's programs, such as Second Chance Saturday, students of lesser academic abilities (people who don't care about their education) are able to receive undue high grades. Not only does this not prepare students for the real world, BUT it lowers the worth of higher grades for the more deserving students.

KERA's purpose is to provide an

equal opportunity for the education of all Kentucky students. Unfortunately, being equal doesn't necessarily mean that schools with lower standards are brought to the same level as schools with high standards. It means that the standards of more prominent schools are lowered to match those of lesser schools. Hint: who's the loser? Each year Lone Oak receives a certain amount of funds that the administration must use before the end of the school year or the funds go back to the state, never to be seen by the school again. The problem with this funding is that the money has to be used on programs for students of less caliber. None of the money is used on higher academics. The Academic Team, the Beta Club, materials for AP classes, the newspaper, and the yearbook are all funded by teacher and students, or the community. On the other hand the student programs that do receive

funding are the programs that coddle students who do not have the desire nor the initiative to strive for higher grades and prestige.

Programs, such as Second Chance Saturday, are prime examples of the academic wet-nursing that the puerile majority receive in order for them to graduate, while the more astute students are deprived of the excellent education that they deserve. It is a form of self-deprecation and self-destruction in which a society deliberately lowers the standards of achievements for the sake of the imbecilic masses who do not lift a finger to help themselves. It seems to the staff that Second Chance Saturday is only allowed for students who hardly do anything all year long and then are capable of sacrificing three Saturday hours in order to earn up to twenty points and no one is the wiser. Then, for example, there is an English major

with a 3.5 average who needs that perfect A in order to get into that Ivy League College and become a wonderful example to society. This hypothetical attendant gets into a difficult class, such as physics or calculus, struggles with it all the time yet still cannot achieve his or her usual perfect grade, despite all the effort he or she put into it. Yet, this student, who obviously cares about his or her hypothetical grade is not allowed the same opportunities. Why should these students even bother to work so hard and so long, lose all their sleep, and grow all those ACT grey hairs when the apathetic do-nothings sitting next to them don't even lift their heads all year long. However, these are the students who are favored and get most of the breaks and most of the advantages. They get all the big, red, bullseye loopholes pointed out to them while the rest struggle to survive.

## The Juice is Loose!!

Cliff Jenks  
Sports Staff Writer

Now that the O.J. Simpson trial is over, and the jurors have reached a not guilty verdict, many people are wondering if the trial should have been televised. In other trials receiving national attention, such as the Susan Smith trial, judges are not allowing the proceedings to be televised because of the large number of distractions the media brings.

I think those who say that the Simpson trial was turned into a fiasco are incorrect. The jurors had no idea what was happening in the media regarding the trial, so their judgement was not altered. Although there a lot of things happening outside of the courtroom. I think that the trial being on television was an extremely educational experience. I learned things by watching the trial that I definitely couldn't have learned by reading a law book because the trial was explained in terms anyone could understand. Take for instance, the DNA evidence. Most people, including myself, knew little about

blood evidence until the trial.

The educational value of the Simpson trial was tremendous because the public gets to see what happens in their

The only drawback to the O.J. trial was the fact that lawyers on both sides played to the camera in the courtroom, causing the trial to be overdramatic and more like a soap opera than a murder trial. This made the trial last longer than it should have.



Now where do you think the two gloves came from?

## Change the Channel, Please!

Blake Vandermuellen  
Sports Writer

\$8 million. This figure represents the estimated cost of the ongoing O.J. Simpson circus people living in California (excuse me, California taxpayers) will be responsible for.

With the trial coming to an end, most people are wondering if this astronomical cost was necessary. A large portion of the money spent on the more than one year trial can be attributed to the fact it has been televised.

With every important decision made

by Judge Lance Ito, or each rebuttal argument made by defense attorney Johnnie Cochran, the effects of the camera in the courtroom have been very noticeable. All of the parties involved have played to the camera during every phase of the trial. This was a trial that could have easily been over in between ten and fifteen weeks.

Many people who have followed the trial from the beginning say this cost is justifiable because they have learned so much about our legal system. Are we now going to jeopardize a defendant's right to a speedy trial just so housewives can watch the trial on E! Entertainment TV?

Besides, why don't we just give the defendant an untelevised speedy trial and spend the \$8 million educating those in the public who want to know about our court system. After everything that has happened in Judge Ito's courtroom, I hope judges across the country have learned their lesson and will keep the camera out of the courtroom.



## "Where did you punkers come from, anyway?"

**Chrystal Galloway**  
Editor-in-Chief

Back in the day, the "different crowd" consisted of rebellious, open-minded teenagers with a flair for freakishness and a craving for a taste of insanity. Yes, we hung out at Denny's, among other places, and prided ourselves on trashing the system along with experimenting in mind-enhancement. We would spend the midnight hours not only smoking cigarettes, but we did things like read. As teenagers we would discuss Joyce, Kerouac, Ginsberg, Tolkien, Plath, and other great literary minds that happened to tickle our fancy. That was probably one of my favorite features of our little group, the fact that our minds strove to expand broader than those of our peers. We were talented writers, artists, and thinkers—you know, the "deep" kids. This is how our little group began, listening to weird music, reading obscure dark poetry, and writing stories about death, drugs, and teen angst. Man, those were the good old days.

With the incredible popularity of Nirvana and other such bands, this hybrid of alternative/punk/surfer/hippie/gothic lifestyle was embraced by a swarm of pre-teen suburbanites looking for somewhere to belong. However, the old-school crowd seems

to have mutated into today's proverbial Frankenstein's monster. About the only thing that remains true of a once glorious but small empire is some of the music and a need to shock. For the most part, kids that think they are part of this original society are sorely lacking in the characteristics of its former members. Nowadays, these "punkers"

**With the incredible popularity of Nirvana and other such bands, this hybrid of alterno/punk/surfer/hippie/gothic lifestyle was embraced by a swarm of pre-teen suburbanites looking for somewhere to belong.**

pride themselves on being stupid. God forbid you have a future or stability in your life, this makes you uncool. I'll admit, at one stage in your life (puberty), it's normal to experience urges of melodrama such as "I wish I had a drug addiction" or "No one understands me, I'm going to kill myself". Most of us, however, got over that tragic runaway stuff when we were thirteen.

This tale of bandwagon lifestyles has been repeated a few times in the past century. For example, the "Beat" Generation began in the 1930's when Jack Kerouac along with Ginsberg, Burroughs, and other writers influenced by the Lost Generation became disillusioned with the society they lived in. What began as a literary and philosophical movement was ultimately

molested by a bunch of teenagers who considered themselves "beat". That's when, in the late forties, *On the Road* was published and everyone started wearing black and hanging out in jazz clubs. The same thing occurred when in the early sixties a group of radical minds decided that their government was a farce and began a revolution to

change it. What was intended to unite a generation into revolution was used, once again by bandwagon types, as an excuse to get high and have sex.

I wonder if those oh-so-cool new wave punkers know that the lead singer of Bad Religion is a Rhodes Scholar (that means he's really smart). Also, Henry Rollins is much more than a screaming musician, but a very talented poet and short story writer.

I know it may not seem like it now, and I wasn't quite aware of it when I was fourteen, but there is life after high school. This means someday that arrest record will count and people won't hire high school dropouts. So for all you punkers who think life will be one big anarchy after another, grow up. I'm not suggesting that these kids stop wearing oversized offensive cloth-

ing, being melodramatic angst-types, or threatening to revolt and burn down the school; because hey, without that kind of stuff my high school life wouldn't have been nearly so much fun. However, they should use a little common sense. The majority of those "confused teenagers" have only one goal, which is to get out of Paducah. How do these kids expect to get out of here unless they succeed in school and go to college? Well, they could hitchhike around the country, exploring the vast blue highways, meeting new and interesting people like themselves. Or, when they are two days out of town, broke, hungry and probably either been mugged or beat up (or worse if she's a girl), maybe they'll realize just how "cool" this kind of life is.

The most important things anyone can realize in high school are that whatever you do, do it for yourself, and at some point you'll realize that it's time to start doing things that are best for you instead of what you feel like doing at the time. That's a big step in growing up, when you start to take responsibility for yourself and your future. Trust me, it is not a sin against humanity to be happy during adolescence. Stability may sound boring, but it gives you the strength of soul to address the *real* problems in your life.



## What a Tangled "Web" We Weave.

by J.R. Young  
Circulation Manager

The "internet" has become the buzz word for the nineties. Not since television has a new form of media been so heralded and hyped. But is the internet all it is hyped up to be? Is the internet the Shangri-La the news media says it is? Will the internet change all life as we know it? The answers to all these questions and several others that surround the internet are at best, iffy. There are no cut and dry answers. Instead, the answers form a tightly strung web of replies that almost equal the web of computers that comprises the internet.

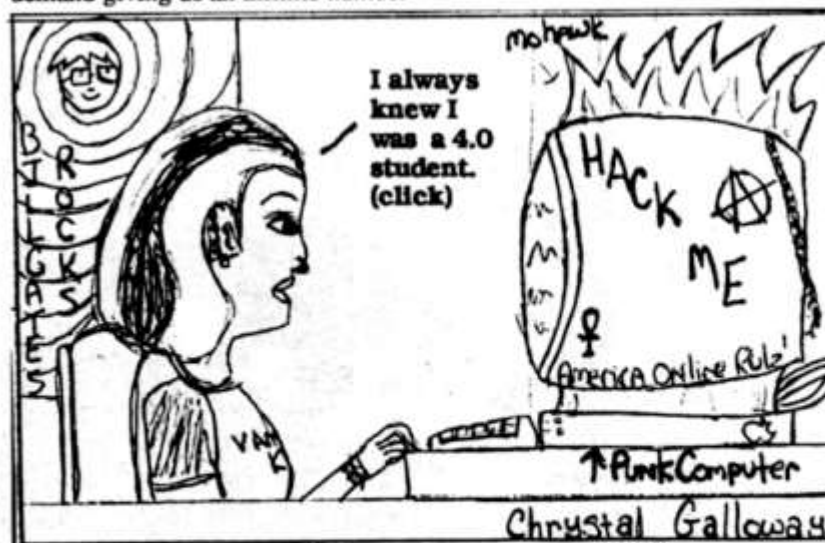
The question on many peoples' minds is what can the internet do for them? The answer is a lot right now, and almost anything in the future. As of right now the internet allows you to

find information on almost any subject, no matter how insignificant. It permits you to shop at home for almost any purchase, and it even enables you to discuss any subject with others around the world who are just as interested as you! In fact, about the only thing the internet has failed to bring us yet are movies that we can download and watch. The speed of modems (a computer device that allows one to connect with other computers) is the only thing holding the internet back from what it could someday become.

So what is the internet supposed to become? Well most computer "nerds" will tell you that someday all we have to do is stay in our homes and conduct all transactions through cyberspace (another term used to describe the

internet). I can't say if this will happen, but I see it being at least a generation away. For right now what it is going to allow us to do is watch movies on demand giving us an infinite number

of channels to watch world wide. It will allow us to shop from home, the software is being developed right now that will allow you to interact with a  
(CONTINUED ON PAGE 12)



# Double, double, toil, and trouble -

Chrystal Galloway  
Editor-in-Chief

Molly Harper  
Editorial Editor

There are so many wonderful things about Halloween that I don't even have a clue where to begin. When I was younger, the best part about Halloween was by far the incredible amount of chocolate. However, now that I'm older and don't have to rely on adults or holidays to satisfy my sweet tooth, I can focus on the true meaning of Halloween: devil worship. Alright, hold back your crosses, I'm just kidding - really. It's true that as we grow older we are expected to give up childish notions of ghosts and ghouls and live in a constant state of reality. Hey, that's no fun! Everyone has the right to dress up on Halloween. Yes, some people will tell

'Tis the season for ghosts, ghouls, and candy. Spirits hover in the lore. We, the teen types, are more busy trying to decide what creep

you to grow up, and it is also very painful when people refuse to give you candy and say you are too old for this nonsense, but I've found a way around that. Take your siblings or cousins with you! Look like your mom made you dress up and lug the rugrats around the neighborhood and rake in the sweets. Even if you don't have a sweet tooth, Halloween is a night to get lost in cryptic fantasy, whether you dress up and go to a party, go trick-or-treating, check out some haunted houses (real or fun), sit around and tell ghost stories, or simply rent scary old classics. However, I warn you not to steal little kids' candy - they might grow up to be another Michael Myers.



## Halloween Polls

*What were you afraid of as a child?*

Jennifer Williams (12)- Spiders

Teri Dawes (12)- Snakes, bugs, Freddy Krueger, and failure

Shannon Settles (12)- Nothing, except for being left in the store.

Lee Titsworth (11) - Wearing yellow

Jeremy Modglin (12)- Sunday School

Shawna Williams (12)-The little Troll in Stephen King's "Cat's Eye"

Cody Birch (11)-Puberty, enough said.

Emily Williams (10) -Being abducted by aliens

Zack Miller (11)- Vanessa Huxtable from the Cosby Show

Chrystal Galloway (12) - The monsters in my pool at night, especially the green ones.

*What are you afraid of now?*

Shannon Settles (12)- Sterility and mass murder happening in Paducah.

Lee Titsworth (11) - Heights and wearing yellow.

Paige Ruoff (12) - Stairs

Lisa Jalkfi (12) - Failure

Wendy Wexler (12) - Standardized tests

Molly Harper (12)- Crossing my eyes and getting them stuck....and spiders.

Tara Shelby (12) - Nosy reporters

Autumn Pate (10)- Tall people

Shawna Williams (12) - A husband

*Have you ever thought your house was haunted?*

Wendy Wexler (12) - Yes, something lived in the pipes of my basement.

Heather Woodley (12)- Yes, my

sister's a witch.

Jeremy Modglin (12) - No, but Coach House Gifts is haunted. Shelves fall on people, lights go on and off by themselves, vacuums refuse to turn off.

*What was your favorite costume?*

Paige Ruoff (12) - Snoopy

Lisa Jalkfi (12) - Catwoman

Teri Dawes (12) - Barbie

Heather Woodley (12) - Pilgrim

Shannnen Settles (12)-Dracula's Bride

Jeremy Modglin (12) - Cookie Monster

Chrystal Galloway (12) - Barbarella

Shawna Williams (12)- Medusa

Mrs. Campbell (Eng.) -Matt Dillon (from Gunsmoke)

*Did you ever have a ghostly/supernatural experience?(i.e. Aliens*

*steal all of your candy.)*

Cody Birch (11) - Once I was walking down the hall and someone tapped me on the shoulder, when I looked no one was there!

Matt Darr (10)-I was at a friend's house and a rocking chair started to rock by itself!

*Do you plan on celebrating Halloween this year?*

*If so, where will you be and what will you wear?*

Cody Birch (12) - Yes, I don't know what I'm going to wear, but I hear Lee Titsworth's going in drag.

Paige Ruoff (12)- Yes, I'm going to be Princess Leia!

Emily Rigdon (10)-I'm going to terrorize my neighborhood and break things. I'm going as a cop!

Faith and Matt Darr (11 and 10) -In Dayton, at a party, as the living dead.



ble - fire burn and cauldron bubble  
 over in the chill, October air while little children plan their quest for chocolate ga-  
 what creepy, gothic, sparkly thing to wear to the coolest theme parties of the year.

## Tales from the Dark Side

Shawna R Williams  
 Assistant Editor/Coroner

It was a dark and dreary evening when out from the stifling fog came the... Granted, Vincent Price flicks and Rod Serling reruns have their invaluable place in history and American culture, there are a few spooky stories out there that, on paper, are the epitome of blood-curdling horror. Oh sure, you could go pick up the latest Stephen King, Anne Rice, or Dean R. Koontz, but why not go back to the era when terror was a genre of class, eloquence, and insanity?

For those who want the original flavor: (No, I'm not going to mention M. Shelley's Frankenstein. I don't relish a mob of psychotic English students chasing me with their torches and pitchforks.)

1. **Dracula**-Bram Stoker - Read the gothic tale of two lovers and the bloodsucker who will have them separated at any cost. This is where it all began, kiddies. There are details of death, diablerie, passion, and lost love that you just cannot get out of an hour and a half of cinema tape. The legend of the vampire as we know him today started with the real Count Dracula who

used to hang his prisoners' heads onto stakes and when he had enough they were used for a gate around his humble castle. Then Bram Stoker stole the character and disguised him in this cloak of "archetypal evil" folklore.

2. **Dr. Jekyll and Mr. Hyde**-Robert Louis Stevenson -(Yes, this is also the guy who wrote *A Child's Garden of Verses*). Please listen for a moment: this is not just a book about a funny little doctor who drinks a bubbling potion and INSTANTANEOUSLY becomes this creepy, crawly, green and hairy freak with a really bad temper. "*Dr. Jekyll and Mr. Hyde* was hailed from many pulpits as an example of the cesspools lurking in the most respected citizen's mind, and the consequences of not keeping said cesspools well plumbed with prayer and piety."-Stephen King.

3. Any folklore you could find about North America, predating the nineteenth century should be worth your while. My two favorite types are the Ozark ghost tales and the East coast witches and sacrificial ghouls stories. Learn about what made your ancestors' blood run cold and blue, what they were obsessed with the most, and what they

didn't always want the local minister to know

4. Have you ever read the original *Grimm's Fairy Tales*? Walt Disney did not speak the entire truth when Cinderella's stepsisters were forgiven and all lived happily ever after. According to the oh-so-lovely original, they were boiled alive. These stories were not given birth in order to entertain



children. The ones that were *mild* enough for the youngsters were told to them in order to frighten them from doing things like running off into the woods or kissing little frogs.

5. **Bedside Book of Death**-Robert Wilkins -A rather tongue-in-cheek, macabre book filled to the coffin brim with interesting little anecdotes, stories, myths, legends, lyrics, limericks and embalming recipes for the more distinguished death-fanatic. Learn what the South Americans did with their

dearly deceased and what the Europeans did with their not-so-deceased-loved-ones-but-buried-anyway.

6. Then there is the demi-god of tales of terror: H.P. Lovecraft. His most popular series, in the deep chambers of the literary underground, is the **Cthulhu** series, about a plethora of hibernating aliens and spirits awaiting their return upon the physical earth. The majority of what you'll find of Lovecraft's work are his short story collections such as the **Doom of Sarnath**. After you have indulged into the master's mind, ask yourself, "Is the **Necronomicon** a real book? If not, then what is that archaic looking book that yours truly stumbled onto and hid in the dark recesses of her bedchamber?"

So as the month of the spooks creaks on, curl up into some corner of attic dust and spider webs and let the skeletal fingers of the morbid writer grip you by the neck and never let go. It is possible to get into the mood of All Hallow's Eve without your poor pupils being sucked out by the evil radiation rays of your alien T.V.



## Happy Halloween

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• Don't know what to be for Halloween? Here are a few easy ideas:

- **Any character from a fairy tale:** For instance, how about you and your friends dressing up as characters from *Alice in Wonderland*? The Mad Hatter, the Queen of Hearts, or little White Rabbits. Hey, I want to be the caterpillar! Are hookahs considered paraphernalia?
- **Disco Queen/King:** Definitely an easy and fun costume. Find the brightest colored clothing you can find, pouff your hair big-time, wear tacky gold jewelry, and really big platforms. *Go Disco Inferno!*
- **"Huggy Bear" from Starsky and Hutch:** It's really easy to impersonate big-time slime such as drug lords and solicitors of ladies charms. All you really need is purple satin slacks, a bright orange paisley shirt, a white rabbit fur coat (down to your ankles), a lot of gold chains, and most importantly, a large leopard skin hat with a huge feather sticking out of the top.
- **God or Goddess:** This is a very fun costume to wear, as well as realistic, because it is a good excuse to inflate your ego for an evening. The best way to achieve this look is to buy a can of gold hairspray-stuff and cover your whole body with it. Don't worry, it will wash off. Add a white toga and you're done.
- **Wicca priest or priestess:** With this costume one has a lot of leeway, because no one really knows what they look like. You can go for the black, sparkly look or go with the "one with the Earth Mother" look. Either way, you are sure to have a bewitching time.

## Boys and girls soccer teams turn in impressive seasons

by J.R. Young  
Circulation Manager

Wow! That's about the only way to describe this year's Lone Oak boys and girls soccer teams. The girls finished the regular season with a jaw-dropping record of 9-4-1, winning second place in the district. The girls finished the season winning two of their last three games.

On October 10 the girls beat Tilghman 2-0. Two days later they managed to win again in a close one with Heath that ended 5-4. Then on the 14th, the last game of the regular season, the Lady Flash fell to their archrivals Reidland 5-1.

The boys finished up strong, winning their last game to give them a 7-8 record



Nathan Trussell and Les Miller pursue a Heath player in a recent game.  
Photo by A. M.



Sarah Steele defends a Heath player in a 5-4 Lone Oak victory. Photo by A. M.

and finish second in the district.

On October 5 the boys won a hard fought two goal win over Christian Fellowship, 3-1. Five days later the boys fell to the Blue Tornadoes of Tilghman, 2-0. This was followed by a second shutout at the hands of Heath, 5-0. However, the Oakers finished the season

with a bang, doubling up Reidland 4-2.

The girls lost their first game of the district tournament 1-0 to St. Mary. The boys also fell in the first round, 7-3 to Heath. Both teams should be proud of this season. The girls turned in one of their best records ever and the boys beat Reidland for the first time.

## LOHS golf shows well at regionals

by Blake Vandermeulen  
Sports Writer

### Boys

The LOHS boys golf team ended their season finishing seventh in the 23 team regional tournament held at Paducah Country Club. Mayfield won the team competition with a four man total of 319 while the Flash were just 16 strokes back at 335.

Wes Ragland led the way for the Flash with an 82 as he finished just five strokes behind regional champion Chris Ramey of Paducah Tilghman. Justin Gosa was second on the team with an 86 while Brett Jones was just one stroke behind at 87. Derek Brandt rounded out the scoring for the Flash with a 90.

The boys ended the season with a 14-10 record in match play.

**1995 Nine Hole Scoring Averages:** Justin Gosa-40.0, Matt Carter-40.7, Brett Jones-41.7, Wes Ragland-43.0, Derek Brandt-43.5, Steve Spence-45.1

### Girls

Rae Ann Ragland led the LOHS girls with a 97 in the regional tournament held at Princeton Country Club. The girls team finished ninth with a 432 in the eleven team tournament that was

won by Caldwell County's 362 on its home course. Allison Heath finished second on the team with a 99 while Jennie Throgmorton of Heath took first overall with a 74.

The girls finished the season with a 4-7 record.

**1995 Nine Hole Scoring Averages:** Rae Ann Ragland-48.8, Allison Heath-50.6

## Lone Oak football team suffers tough losses, falls to 4-4

by Andy Harris  
Sports Editor

### Heath 27, Lone Oak 21

Lone Oak lost a heartbreaker against crosstown rival Heath, 27-21.

After taking a 13-0 lead in the first quarter, the Flash stumbled. Heath dominated the next three quarters, scoring 27 straight points. Marshall Van Hook then scored a 14 yard touchdown to cut the Pirate lead to 27-21 with 1:23 remaining in the game. Next, Lone Oak recovered an onside kick and drove all the way to the Heath 20 yard line before time ran out.

Kyle Sanderson threw for 167 yards in the loss, including a 57 yard bomb to Donnie Stone. Jason Moore and Van Hook combined for 137 yards rushing and two touchdowns.

### Tilghman 42, Lone Oak 21

Paducah Tilghman held off the Flash 42-21, extending Lone Oak's losing streak to the Tornadoes to 18 games.

After spotting Tilghman a 21-0 lead, Lone Oak fought back in the second quarter. Two Sanderson touchdown passes to Stone made the score 21-14 at halftime. With



Craig Peeler drops back to pass as Marshall Van Hook blocks.

the score 27-21 in the fourth quarter, Lone Oak recovered an onside kick. The Flash had driven to Tilghman's 30 yard line, when Sanderson fumbled and Josh Blackmon returned it 62 yards for a Tornado touchdown to seal the victory.

On the bright side for Lone Oak, Sanderson had a career game, completing 12 of 20 passes for 158 yards and three touchdowns. Stone caught seven passes for 116 yards.

### Union County 16, Lone Oak 14

Union County handed Lone Oak its fourth straight loss, holding on in a nailbiter, 16-14.

Despite a dominant first half defensive performance in which Union gained only 31 yards, the Flash couldn't muster any offense. After Van Hook scored to cut the Union lead to 16-14, the Flash committed three consecutive penalties to seal their fate.

Jeremy Neihoff led Lone Oak with 78 yards rushing and a touchdown, while Van Hook also added a TD for the Flash.

### Lone Oak 35, Fulton City 0

Craig Peeler dominated the 35-0 thrashing of Fulton City from the outset. Peeler took the opening kickoff 75 yards for a touchdown, threw a 68 yard TD pass to Jared Lampe, and ran five yards for another score as the Flash improved to 4-4 on the season.

Moore carried the ball ten times for 95 yards and two touchdowns. The Flash dominated both offensively and defensively, outgaining Fulton 309 to 138 in total yards. "This is the first game we put four quarters together," said head coach Randy Grimes.



## Richards establishes himself as a leader on and off the field

by Blake Vandermeulen  
Sports Writer

When was the last time an offensive lineman won the MVP award in the NFL? Well, LOHS Athlete of the Month may not be quite as prestigious, but Chris Richards has had the same kind of amazing season it would take for a professional lineman to win MVP.

Chris is a senior who plays tackle on both offense and defense. Coach Grimes said Chris is one of the most consistent players he has ever coached.

He averages an astounding 80% efficiency on offense and is one of the leading tacklers on defense.

Grimes had this to say when asked for the reason for Chris's great amount of success this season, "Chris worked incredibly hard this past offseason and increased his strength tremendously." Grimes said Chris's real value to the team can't only be measured in tackles or efficiency ratings because he is such a leader on and off the field.

An honor student, Richards said the high point of the season for him came after the 19-0 victory over Reidland and the following losses to Heath and Tilghman were the most disappointing parts of the season to date. Chris hopes to attend the University of Kentucky next fall if no football scholarship opportunities come his way.

By the way, no offensive lineman has ever been named MVP in the NFL.



Athlete of the Month  
Chris Richards

## Baseball network strikes out with fans

by Andy Harris  
Sports Writer

I love the new expanded baseball playoffs; I hate The Baseball Network.

"Oh boy!" I exclaimed, when I heard that eight teams would make the playoffs instead of four. Twice as much baseball on TV, what an incredible idea.

Little did I know that the conniving little executives at NBC were plotting the destruction of our wonderful game. While three other interesting games are going on around the country, we are forced to watch the stinking Reds and Dodgers. Who cares about them? I want the Braves!!!

It isn't enough that The Baseball

Network wrecked the regular season by broadcasting Cardinals games, now we can't even watch all the playoff series. Even worse, after the Reds/Dodgers game was finished, they didn't even show the finale of the Indians/Red Sox extra-inning thriller.

The fans always get the rotten end of the deal when it comes to baseball. It

would be easy for The "So-Called" Baseball Network to televise two games during the day and two at night. If one game is a blowout, they could switch to the most exciting game.

I suppose it's appropriate that the one time baseball actually got around to having the playoffs that they found a way to ruin it.

## Collins and Hein receive soccer honors

Andy Harris  
Sports Editor

In just her first year of playing defense, Beth Collins has been named the girls soccer Athlete of the Month for October. The senior, a right fullback who in past years has played midfield positions, made the switch to defense this year. Although she was named Athlete of the Month, Collins says she still needs to improve on her speed and kicking with her left foot.

Collins was one of the main reasons the Lady Flash finished the season with an impressive 9-4-1 record. "The team did great this year," said Collins. "The seniors all gave 100% and there are many skilled underclassmen. Our team was very supportive of one



Athlete of the Month Beth Collins

another and we worked well together on the field."

Cliff Jenks  
Sports/Staff Writer


Nate Hein is the boys soccer Athlete of the Month for October. Hein, a starter at goal for four years has been responsible for giving the Flash an opportunity to win in many games during his tenure at goal.

Hein credits much of his success to the Flash defense who "made me look good." "I think we were doing well this season. This was the best team that LOHS has ever had."


Hein said of being named Athlete of the Month, "It's a good way to end my senior year of soccer."



Athlete of the Month Nate Hein



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## Lone Oak High School Clubs Make A Difference In Community

By Tara Shelby  
Opinion Editor

This month two clubs have been especially active in community volunteer work. They are the Beta Club and the Key Club.

These organizations worked together this Halloween to collect canned goods for the Paducah Cooperative Ministries. It took place on October 21 at 9:00. Club members met here, in the Lone Oak High School parking lot, and then proceeded to go door-to-door on the search for kind hearted donaters possessing a large number of canned

goods. Many people were very generous with their food items, and the drive was a success. "People were extremely generous. Some cleaned their cabinets out for us," says Anu Manchikanti, president of Key Club and the treasurer of Beta.

Another special project of the Beta Club is throwing a Halloween party for Mrs. Sykes' special education class. Members provided candy and supplies for the celebration that took place on October 26, and a few good-natured

benefactors dressed-up in costumes and entertained the children. "It's really exciting for the little kids to see teenagers in their classroom," says Paige Ruoff, Beta Club president. "The members enjoy it also."

Some future projects of the Beta Club include providing treats for teachers during National Educators' Week (Nov. 13-17), attending the Telethon (Nov. 11), and raking leaves for elderly shut-ins.

Another main project of Key Club is

sending volunteers to Lone Oak Elementary School. These students spend their afternoons at the Head-Start preschool, supervising and playing with the disadvantaged nursery schoolers. These children's parents are often unable to afford private nursery schools, so this opportunity is a wonderful alternative.

The Key Club is also responsible for raising and lowering the flag each morning and afternoon, preparing for the basketball homecoming, and running food and clothing drives.

## Art Students Place In Competition

By Ashley Small  
Opinion Writer

So far this year, the Art Department at L.O.H.S. has been extremely busy. The 1st District Kentucky Federation of Women's Clubs sponsored an art competition. The Art Department was allowed to send five art entries and all of the five took a place in the competition. The students are: Dallin Birch- drawing, 1st place; Shannon Settles- print making, 1st place; Alan Ramsy- basket weaving, 1st place; Missy Perry- photography, 2nd place; Grant Clouser- pottery 2nd place.

L.O.H.S. Art Department also helped sponsor a reception for 16 area high schools at Yeiser Art Center, the theme

being African art. Lone Oak art students supplied the art used as the center piece. There was a plethora of art work featured at the reception. It varied from beaded jewelry to wood carvings, but all of it incorporated African art in one way or another. Prior to the reception the students studied African art, so that they would have a better understanding of the art work they were going to create.

Another event that the Art Department will be involved in is an art competition called "Teen Spirit," anyone in the school interested can enter there own original piece of artwork. If you would like more information, contact Ms. Hayden, before the November 1st deadline.



Dallin Birch, Shannon Settles, Allan Ramsey, Grant Clouser, and Missy Perry

## Paige Ruoff Selected as Junior Rotarian for October

by Shawna R Williams  
assistant editor

Academically acclaimed and respected (not to mention cute and sunny), Paige Ruoff, 17 year old senior, has been awarded Junior Rotarian of the month. Ruoff is a member of the First Baptist Church, Key Club, FCA, FBLA, and the Physical Science Club. She is the president of the Beta Club, a Teen Leader in the PSI Program, and she works evenings at the Christian Outreach Center of her church. "I've had to do quite a bit of community service for all the clubs, but it's been a really great experience to share with my friends."

She attended the GSP program over the summer at Northern KY University.

She is lettered on the Varsity Academic Team and was the Commended Student for the National Merit Scholarship Program. When asked why she thinks she was chosen as the Junior Rotarian, she blamed it all on her leadership, activities, and academic achievements.

Ruoff grew up all her life in the same house in "Suburbia de Lone Oak" with her parents Nancy Walker-Ruoff and Robert Alan Ruoff, and her cat Tigger. Her favorite tune to whistle to is "I Will" by the Beatles while she drives around in her peachy car, the "bee-autiful" VW that sits out in the front row of the parking lot. (I hope you don't have any enemies, Paige.)

Her other interesting hobbies include playing the piano and miming for church. She intends to go to either U.K. or Mississippi St. to major in veterinary medicine. In ten or twenty years she hopes to see herself as a happy vet with three kids, lots of cats, and several German cars.

"I've done well in school, but I've also had a lot of friends, experienced lots of things, and had lots of fun. I guess it would be okay to just make good grades, lead in clubs, and do interesting things; but I know it's wonderful to do those things in the company of the greatest friends in the world. Those who have been dearest to me have made it all worth while."



Paige Ruoff, Jr. Rotarian



# Academic Teams Continue Winning

by J.R. Young  
Circulation Manager

Guess what, we have two teams at our school with seven and three records! The question may arise, who? The varsity and junior varsity academic teams! After five weeks through the season, both teams are currently holding 7-3 records with seventy percent winning percentages. Each team has two more road matches left with both finishing up the season at home against Graves and Christian Fellowship. Good luck academic team!

### Varsity

9/11 Lone Oak 19
Heath 16
Lone Oak 21
Crittenden 20
9/18 Lone Oak 18
Hickman 24
Lone Oak 16
St. Mary 10
9/25 Lone Oak 24
Mayfield 14
Lone Oak 16
Murray 23
10/2 Lone Oak 24
Chr. Fellowship 13
Lone Oak 13
Tilghman 24
10/9 Lone Oak 28
Ballard 17
Lone Oak 27
St. Mary 22

### Junior Varsity

Lone Oak 10
Heath 20
Lone Oak 23
Crittenden 7
Lone Oak 14
Hickman 11
Lone Oak 18
St. Mary 7
Lone Oak 21
Mayfield 14
Lone Oak 11
Murray 19
Lone Oak 25
Chr. Fellowship 4
Lone Oak 5
Tilghman 11
Lone Oak 18
Ballard 8
Lone Oak 28
St. Mary 8



Coaches: Ms. Underhill and Mr. Toy



Varsity-Seated: Patrick Kaufman, Paige Rouff, Crystal Galloway, Anu Manchankanti Standing: Lee Titworth, Zack Miller, Brent Turner, Cliff Jenks



Junior Varsity-Seated: Justin Young, Aaron Birch, Barbie Liles, Trey Swacker Standing: Janie Toy, Ben Thompson



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## Surprise Ending is not Enough to Save Seven

by Tara Shelby  
Opinion Editor

This month's most extraordinary movie is *Seven* starring Brad Pitt as a young, over-eager New York City detective. It is based on a psychotic killer who chooses his victims according to the seven sins listed in books, such as *Paradise Lost* and *Canterbury Tales*. These sins are gluttony, greed, pride, lust, envy, wrath, and sloth.

The acting is excellent, but the plot is lacking in originality and credibility. It starts off as your ordinary torture and kill type of movie. It goes on to show the victims' grotesque autopsies, complete with an un-

real amount of blood, and a few vital body organs. Then the good guys chase the bad guys around for about twenty minutes, before returning to one of the many crime scenes.

Not only was this movie incredibly gross, but it also gets a bit monotonous. By the time you get to the fourth or fifth dead body, the redundancy is apparent. The only redeeming feature of this movie is the surprise ending (It's actually a surprise!). For five minutes or so there is enough suspense and drama that the movie almost worth seeing. On a scale of 1 to 10, I rate it at about a 5.

**Con't from page 5**

potential purchase in a 3D environment. You will be able to find any fact about anything right from the comfort of your own home. All of this is expected to occur in our life time.

So what's the problem? There are several major concerns raised by all of this. The number one problem that is currently being addressed by congress and police is the distribution of pornography, especially child pornography. Since the internet is world wide, there really is no way to control this. However, there are several major on-line services that provide access to the internet but restrict pornography from children. A second major complaint is that in the not too

far future we will all be communicating across computers and therefore for all practical purposes become homebound. I can't say much about this apprehension, because it is one I hold, too.

The internet is perhaps the greatest invention since the television. It will allow us to interact and communicate with others around the world like never before. The internet could become a great tool such as the television, or create a new breed of couch potatoes (err, desk potatoes). However, I suppose similar concerns were raised with the advent of television. The internet is the future, just what kind has yet to be seen.

**Halloween Puzzler**

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| spirits        | goblins    | tombstone     |
| tremble        | gargoyle   | evil          |
| bones          | witchcraft | crypts        |
| shake          | sacrifice  | haunted house |
| Igor           | scary      | ogre          |
| Spinal         | Freddy     | full moon     |
| boo            | pumpkins   | Jack-O-Latern |
| vandalism      | princess   | scream        |
| demons         | leaves     | goon          |
| chocolate      | costumes   | Dracula       |
| axe murderers  | candles    | Frankenstein  |
| ouija          | graveyards | T.P.          |
| skeletons      | creeps     | midnight      |
| stab           | ick        | doom          |
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| eek            | gore       | zombie        |

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