Seniors honored for achieving outstanding high school career



Valedictorian Susan Bongiolatti

One could say that Valedictorian Susan Bongiolatti has had quite a fulfilling senior year. Her active roles as Co-President of BETA Club, president of Key Club and Student Council, member of Academic Team, Physical Science Club, Art Club, and the LOHS Girls Soccer team seem not to tire her, but only to fuel her ambition. In the midst of this success, she has been awarded National Merit Scholar, two years in All-State Choir, a Governor's Scholar, and the Hugh O'Brien Youth Foundation Ambassador. "I've always been drawn to leadership positions-I guess I like being in the heart of the action."

With such an outstanding record, one wonders how her future can top her reality. She plans on attending Washington University in St. Louis, majoring in psychology with a minor in business or communication. "I hope to complete law school and eventually have my own law firm."

Her interests range from art to drama to the information highway. "Being in the school play renewed my interest in the performing arts, and I've always been an art buff, especially Impressionist artists such as Monet." She also claims to be an Internet junkie. "I love going on-line, talking and meeting new people."

Her advice to younger generations is,
"Learn to manage your time-DON'T
(cont. pg 3)

Shannan Sams has achieved many high positions during her high school career, and being chosen Valedictorian is an exceptional way to end an exceptional high school career. Offices Sams has held include Co-President of BETA Club and vice-president of Key Club. She has been a member of the Biology Club, Physical Science Club, Co-Ed Y, SADD, girls soccer team, Academic Team, and was in Band her freshman year. She was also a Governor's Scholar and chosen to the All-State Academic Team, which only five students in the state were chosen to participate. When asked what she learned from her club experience, she replied, "The community service aspect of it all was incredible. Since high school students are so busy, it is really great when all of us actually get involved to help others. By belonging to all these organizations, I meet a lot of people and explore all kinds of interests."

Though her future is coming up roses, Sams still seems unsatisfied and claims to be in denial. She is going to attend Washington University in St. Louis, the



Valedictorian Shannan Sam

same school Susan (other Valedictorian) is attending. Mr. Baker has inspired Sams to consider a Biology/History double major. "Right now I'm planning to go pre-med, but that could change."

"My greatest inspiration is my mother--I love that woman. She has a backbone



Salutatorian Laura Jarboe

With the closing of the year coming soon, the announcements for salutatorian arrives to demonstrate the high quality of academic and perserverance in the school One of this year's honored and well deserved salutatorians is Laura Jarboe, who claims that her biggest goal throughout high school has been "to do

well enough to be able to get a good college educadtion." Jarboe, who sustains a 3.95 GPA, is a member of the Beta Club, the Academic Team, and the Fellowship of Christain Athletes. She has achieved the National Council of Youth Leadership, Governor's Scholar, Honor Student, Outstanding Student, and was a member of two church sponsored mission trips to the Ronald McDonald House in Memphis. Along with this prolific background, she has played the piano for the past ten years. When talking about receiving this salutatorian title she said,"I didn't set out to be either (salutatorian of valedictorian). I tried my hardest and said 'whatever happens, happens.' She admits to having been nervous about achieving this title but has too much of a competitive nature to give

Jarboe claims that her favorite thing about school was learning new things and that she has grown to love science and math. Her inspiring heroes in life have been her piano teacher, who is 84 years old and still active, and her

Among the top of the senior class, this year's salutatorian: Audra Priddy. Priddy is a bright, energetic character, with a 3.95 GPA, who has somehow not only found time to stay at the top of her class, but also to be a member of FCA. Key Club (Recording Secretary 1994-1995), BETA Club, Choir, and FBLA. She has been awarded Who's Who Among American High School Students 1994, Youth Salute, All-State Chorus 1993-1994. She was a Hope Unlimited Pregnancy Care Center Volunteer and a member of the PCC Community Chorus. On receiving the hard earned Salutatorian title she exclaimed, "I felt proud and honored to achieve salutatorian, but I really wanted to give upduring chemistry -to this day I don't know how I made it."

"I've tried to do the best of my ability, but not let the pressure of grades intimidate me. My goal has been to have a balance of learning, social, and community experiences." Still, this academically and socially prolific girl finds the time to relax with her favorite pastimes such as playing the piano, singing, writing, and drawing. She enjoys

Salutatorian Audra Priddy listening to R.E.M. and collecting old Beatles albums. She intends to attend Murray State University to major in Accounting. She wants to have a successful business career and to be involved with the community.

Priddy says that her hero is her father. The most influential teacher in her life (cont. pg 3)

News: pg 1-3 Juniors special: pg 10 Sophomore stuff: pg 11 Freshman Follies: pg 12 Sports: pg 13-15 Enjoy!!

What's Inside:

Senior wills, polls, and farewells: pg 4-9

BRANDON MULLEN IS THIS YEAR'S FINAL JUNIOR ROTARIAN



JUNIOR ROTARIAN: BRANDON MULLEN

By Molly Harper **Opinion Editor**

The Junior Rotarian of May is Brandon Mullen, son of Chuck and Susan Mullen, "My parents, of course, (have

nfluenced my life) the rest of my family, my freinds, my boss at the C.C. of Paducah, Todd Trimble, really everyone I know has influenced my life in some way or another." Brandon is a four-year member of the golf team, a two-year member of the Beta Club, a four-year Honor student, and an Honor Graduate.

Brandon is going to Texas A&M next fall. He plans to major in history, his favorite subject. He plans to be a criminal lawyer and a District Attorney. His plans for this summer include "work, may play in a couple of golf tournaments... I always try to have fun whether it is playing golf or being around my freinds."

TEACHER TAKES TO THE ROAD



MRS. POTTS FINDS FREEDOM WITH GOLDWINGS AND WILD WIND

by Jason Phelps **News Editor**

It's September 1995, LOHS and its students are settling in to yet another year of mental labor, oppression, and the general duldrum of text books and months spent waiting for bells. While we spend another year looking at the same dozen or so callapsing walls, dreaming of life outside the school's tinted windows, drudging through the halls-for another one hundred eighty days. Mrs. Potts, former LOHS teacher and current active member of the National Goldwing Road Riders, will be racing through California, Washington, Oregon, Maine, along with her husband on a Honda Goldwing Motorcycle. She knew during her high school years that she would have a fulfilling career as a teacher. And, now that she has completed twenty-eight enjoyed years, she is intensely anxious to hit the road.

"The countdown to the end of school is on. I have all sorts of trips planned, and I'm going to have fun. Next year when Mr. Rushing calls me hoping I'll substitute, I can tell him I'm busy.'

SENIOR SCHOLARSHIPS OF '95

by David Carmichael **Opinion Writer**

Lone Oak had many scholarships given this year. The following students received the following scholarships. Congratulations to those that received them!!!

Jason Hibbs- baseball scholarship to PCC (full tuition); Kristie Wilkersonacademic/softball to PCC, academic/ housing/McCracken Co. Superintendents to MSU, academic Salem-Teiko-Academic to SIU; Katie Swearingen-University Academic Scholarship to Mississippi State University, out-of-state fee waiver, music scholarship; Greg Cannon-housing to Murray State, PCC Academic Scholarship; Eric Free- HB Fuller Scholarship; Laura Jarboe-Commonwealth Scholarship to UK, National Science Scholarship; Shannon Hart-UK academic scholarship; Mary Kate Garrott- Army College Fund; Jennifer Scholarship to MSU, Rolla Alumni; Sons

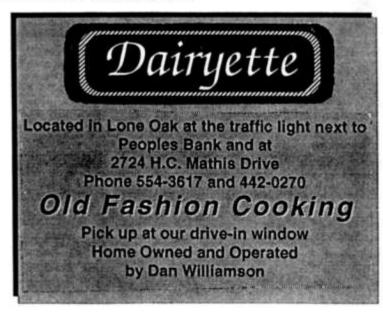
Lang-MSU academic scholarship; Audra Priddy- Tuition & Department Award to MSU; Angela Lovelace-scholarship from Lone Oak First Baptist Church, 2 year housing scholarship from MSU; Janet Mazzochi- MSU Residence Hall Scholarship, HB Fuller Scholarship; Laura Averitt-PCC scholarship; Kathryn Cason-PCC and Westvaco scholarships; Nicki Edwards- full tennis scholarship to Eastern Kentucky University; Sarah Wallis-Bethel College Dean's Scholarship, Bethel College Balladeers choir scholarship, Cumberland Presbyterian scholarship; Covenant Presbyterial scholarship; Mark Moore- scholarship to Lindsey Wilson College for golf/academics, Lambuth University for golf; Tony Englert- full scholarship to PCC; Jeremy Taylorbaseball scholarship to Shawnee Community College; Jason Sykes- University

Congratulations! It's A Girl 2

A round of applause and many wishes for Mrs. Farmer who just had her first baby girl, Ashton McKenzie, May 4.

and Daughters scholarship to University of Missouri; Eileen Johnstonsoftball scholarship to PCC; Tonya Robbins-Lone Oak Church of Christ Scholarship, David Lipscomb University Academic Scholarship; Kent Green- PCC scholarship; Amber Walker- University Scholarship, Superintendent's Scholarship, chemistry Department scholarship to MSU; Heather Hampton-Jackson Purchase Electric Cooperative Scholarship; Blake Parnell- Scholarship from

Lion's Club to attend PCC; James Perry-PCC scholarship; Shannan Sams- Farm Bureau Scholarship; Susan Bongiolatti-National Merit Corporate Scholarship, Youth-Salute-National Council on Youth Leadership Scholarship, Washington University Scholarship; Desiree Vickreysoccer scholarship to Cumberland College; Jenny Suitor- Fellowship scholarship from Lyon College, MCEA scholarship; Brett Ryan- Wake Forest Scholar-



To the Senior Staff, a fond farewell . . .

by Jason Phelps News Editor

Over the last three years, probably one of the few extracurricular activities at Lone Oak that I've been involved in has been journalism. Even though no close associations between myself and persons in the class exist, I consider this group to have been an influential part of my development. Beginning my freshman year, journalism helped me to define myself. Seniors like Sarah Williamson and Beth Carmichael gave me oracular advice they seemed to receive from years of producing the paper. And Julie Shelton, the most intelligent

and wise person that I have called my friend, tried to help me handle myself, I'm afraid I never understood her reasoning until she was gone. I stumbled in Mrs. Campbell's classroom door a mute little freshman, and I like to think I've made significant progress both in maturity and written language.

Mary Kate, I have tremendous faith in your ability to reap success in whatever field in which you choose to have a career. Shannon, with your undeniable spirit, whatever you want will offer itself. Jenny, you gave the newspaper a quality of style and content that will be difficult to continue in your absence.

Ashley, I know you'll prove to everyone who doubted you how strong life has made you. Joel, an example of the McGroarty scholar/athelete. To all of you, I write the following.

I learned by watching how rich high school life could be and how far I was from ever experiencing that life. I learned that conservativism isn't really evil and that life is definitely what you decide to make of it. I listened to a lot of whining and debate, and I learned that the only victims in life are those who choose to be. I saw before me for three years, fifteen or so completely sane intelligent persons mature and begin their lives.

And, I'm a better person for having seen their transition. When I leave this journalism room for the last time in May, I'll be attempting an early start on my life hopefully applying the principles that were so heedfully demonstrated before me. And, I want to say Thank You to those who put up with the radical freshman, the psychotic sophomore, and the strung out junior; and to those who over the years listened, with an open mind, to my soul.



The Oak K Staff

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Mary Kate Garrot Feature Editor

Chrystal Galloway

News Editor Jason Phelps

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Andy man

Mrs. Campbell

The Cuak K is a publication of Lone Cak High School, distributed monthly to all students, family and advertisers.

The newspaper is designed by staff members using the Macintosh desktop publishing system are is printed by the Benton Tribune-Courier, P.O. Box 410, Senton, KY, 42025.

Its purpose is to provide journalism students' expression. Letters to the Editor are to be under 250 words in length and signed by the writer. The Cuk K reserves the right to edit all letters for piscement as long as the meaning is not altered. The newspaper attempts to inform and entertain its readers to a broad, fair and accurate manner on all subjects that affect the audience. Pinal anthority for the content of the newspaper rests in the hands of the principal.

Karioke fever hits Lone Oak

by Molly Harper Opinion Editor

Well, it's down to the last few weeks of school, this is the last issue of the paper, and underclassmen are all gearing up to say tearful goodbyes to their favorite seniors (who can't wait to blow this joint.) Graduation is upon us.

Fortunately, the senior class still has one last opportunity to party down. A few hours after graduation is over, Project Graduation will begin. Registration starts at eleven o'clock. You may bring ONE guest. You must sign a release form stating that you will remain chemical free during the duration of the evening. According to Mr. Rushing, "it's over when it's over" the next morning.

There will be a volleyball tournament, karioke (kerioke, karioki, carioke? You know that machinething you sing into and make a fool of yourself with.), continous movies, line dancing, casino games, a horse race game (don't know how to explain that one), miniature golf, and most importantly lots of food!

Letter to the Editor

Dear Editor:

I read with interest the editorial concerning plagiarism, poor grammar and other assaults upon our language.

Plagiarism is "literary theft" and should not be taken lightly. When using an article from any source, proper credit should be given. Plagiarism is illegal and can be grounds for expulsion from colleges and universities. I am not talking about just reciving an "F" on a paper. I mean being dismissed and being sent home. It has happened in our regional colleges and universities - not just at schools like Harvard and Yale.

Language is important. Words are important, "The pen is mightier than the sword."

Certainly teachers should reward the well-researched composition and not accept a plagiarized paper. I hope that is being done more often than your editorial suggests. It is imperative that we all consider correct English usage and not condone plagiarism in the classroom setting.

Sincerely, Dennis Buckner

Valedictorian, Salutatorian, cont.

Bongiolatti . . .

PROCRASTINATE! Don't be afraid to try new things or reach your goals during high school. Play soccer, audition for the play, take a course for the challenge it presents-victory is sweetest when you've worked hard for it."

Sams ...

of steel and a heart of gold. She is really great." Others Sams feels she owes a great deal to are her friends. "I greatly love and appreciate all my friends who are still here enduring my spasmordic mood swings, there is no possible way I could have survived high school without them."

Her advice to younger generations is, "Always, always challenge yourself whether it is in academics, sports, or art. Never be satisfied with mediocracy. There are lessons that will stay with you forever. Set realistic goals and you just might achieve them."

Priddy . . .

has been Mr. Murphy, who was a great musical influence for her, along with Mr. Werner and Mrs. Thompson. "I don't want anything too extravagant-just a normal family, a steady job, and I really want a BMW."

"Again I would like to thank all of my teachers, counselors, and friends for their support in helping me achieve this honor."

Jarboe . . .

grandmother. Mrs. Campbell, the senior English teacher, has been her influential teacher because, "She showed me that literature is really not that bad." She has always found encouragement with her church, family, and friends who have always provided "support and a sense of belonging."

She intends to attend U.K. where she will major in chemical engineering, which she intends to pursue as a career. In the future, she bopes to be able to find a job where what she is doing is for the good of the community.

Seniors say good-bye; taking with them only memories and hope for the future

by Jenny Suitor Editor-in-Chief

people ever again.

by MK Garrott **Editorial Editor**

There were four of us as freshmen: Joel, Jenny, Ashley and me. The first day of journalism class brought much intimidaton but even more excitement. We were picked on and treated like, well. freshmen. We had arrived, though, and eagerly looked forward to coming to fifth hour.

As sophomores, we added one: Shannon. The UK fan would write many articles on Wildcat basketball and endure much taunting from teasing upperclassmen. We were slowly learning that Mrs. Campbell was not only the class advisor, but our friend as well. She kept us in line on grammar, tact and life.

When we arrived as juniors, one of us was "The Editor." Jenny had been chosen to take over after Sarah Williamson's graduation. None of us were at all confident that we could get along without Sarah, let alone produce a monthly newspaper. But after seven of us attended a workshop at Mizzou, we grew closer, more confident and knew we could do anything-together. We had another new arrival in Sandra, the free spirit who made us all think a little differently.

August 1994 brought all of us back, plus Sarah. She was another who gave us a different perspective on other things. As of January, there were seven seniors and Ashley, Jenny, Joel and I were calling ourselves "The Final Four," being the original students arriving in 1991. Then Ashley chose to go down a different road and left us. We had mixed feelings about her decision but we all missed her (and still do) in our own ways. When it came down to our last couple of issues, Jenny started spreading out the responsibility to underclassmen and we knew the end was drawing

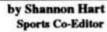
Coming into this "class" four years ago, Ashley, Joel, Jenny and I didn't think it would end up like this. We assumed we would learn

We realize who our friends are and how much we will miss each one of Well, this is it—our senior year is over them. The encouragement, smiles, fun and we are actually graduating. This is times, parties, laughs, and so much more the time when seniors start putting it all our friends gave us will never be forgotin perspective. Each one of us begins to ten. We remember how hard we worked reminisce memories from over the to achieve our goals-whether it was in years-the times we've laughed and sports or academics. The memories of cried. We begin to realize that whether study groups, all nighters, and pressing we want to or not, we are growing up and deadlines or running your heart out in a upon graduation, each one us will take a race, club conventions, and pep rallies different road—and we may not see some make us half glad its over, but half wishing there could just be a little more time to

spend with our friends.

As we look back on the years, we realize how much we are leaving behind, but also taking with us. Graduation is a time of many emotions-confusion, excitement, anxiousness, sadness, and uncertainty. We realize it is finally over. The hard work and dedication have brought us to the end. We have worked so hard to make it to the finish line and we made it, we are finally here. Each one us breathes a sigh of relief. But when each of us stands on that stage and gets

ready to walk across, we realize that each end of that stage means two different things. We are leaving high school behind and entering new challenges and another part of our life. Each one of us will take a deep breath, walk across the stage, taking with us only memories, and enter the next phase. Good luck to every one of you and always remember to stand up for what you believe in-but allow others to do the same. Keep a positive attitude and always plan for the future, live in the present, and remember the past.



Graduation. Turning the tassle. Leaving high school. Leaving your family and home for the first time.

It's so hard to believe that my high school years are over. So many things have happened the past four years. It seems like such a long time ago when I entered LOHS as a freshman, yet with each year time seemed to go by faster and faster.

I've learned a lot about people, friendship, and what's really important. I've had the opportunity to make great friends and be taught by wonderful

Being on the newspaper staff for three years was an experience I'll always treasure. The people, of course, were the best part about it. Mrs. Campbell was always there to teach me, advise me, or just listen to me. Past and present staff members have been some of my closest friends. And what could be better than writing about Kentucky basketball every month?

Then there were those I discussed the Wildcats with. Coach Grimes, although he spent a lot of time criticizing Pitino, also helped me by providing advice for every situation I encountered, whether I wanted to hear it or not. Mr. Toy and Coach McKamey backed me up when I wanted to wage war against Joey Fosko. And I'll never forget my many debates about UK and Michael Jordan and my basketball bets with my classmates, and you know who you are!

Then there are my friends, who have always supported me. They have been willing to sit through my countless gripe essions over the latest crisis in my life. My family is also really important to me. I am so thankful to them for everything

High school sometimes seems so pointless, but you really do learn a lot during these years. Appreciate your friends and family. They are the most important people in your life. Listen to adults' advice. Whether we want to admit it or not, they know more than we do (most of the time). Stick to your beliefs. Others will look up to you for it. And have fun during these last few years you can pass as a "kid"-you have the rest of your life to be an adult.



"newspapering" and get through it like the rest of our classes. Little did we know that four years and Shannon, Sandra and Sarah later, we would also end up as the closest of friends and dread the day of graduation that would separate us for who knew how *Friendship is unnecessary, like philosophy, like art...It has no survival value; rather it is one of those things that give value to survival. C.S. Lewis -30-

> Congratulations, Sandra! Love, Mom and Dad



by Sarah Wallis **Advertising Manager**

My first years of school, I had more friends than I could count. I probably played with a new friend every day. It didn't matter who you were, what you wore, or what your name was, if you could play house, school or farmer and the dale, you were my friend! I had no idea that most of the new friendships I had made wouldn't go farther than that classroom.

When I think back to all of the friends I have had through the years, it depresses me to remember all of the old friendships that slipped away with out my noticing. However, on the bright side, there are those few friendships that have prevailed and those friends made me what I am today. Through all the unimportant tiffs, breakups and all of the other little trials life has put before us, we have been there for each other with undying love and support. We have tasted life and death together without batting an eye.

There is one more obstacle that will determine our strength and loyalty, GRADUATION! This is the true test of friendship. I have faith that no amount of miles or time will keep us from rushing to each other's rescue when one of us needs a shoulder. I may be able to count my best friends on one hand, but at least I can count on them to lend one.

May	1995 The Oak K Senior Wills	5	
<i>I,</i> _	, being of sound mind and body, do	1-12-2011-201	
	hereby leave the following to these people:		

Я

Tammy Atkins-my place in Mrs. Campbell's English class to all juniors, my locker to any future senior.

Kenya Atherton-D and Chrystal-6-pack of Elmer's; Tonya-a bathroom-Bow Wow! LeaAnn and Jennifer Atherton-reputation; Tuna-Death Dreams; Nathan-Prom; Jeremy-gum locker; Dawn and Carmen-everything else.

Laura Averitt-my ability to avoid Saturday school and write research papers to Dave, my parking spot to Nick and my seat in lunch to LaDonna.

B

Heather Barnhill-I leave my undying love to my boyfriend, Mike Robinson, my gym locker to Jeremy Adams, and parking space to Kelly Sanders, she needs one bad.

Angela Brannon-Mandy Lain-I leave my ability to leave school at 10:45 everyday; Sarah Reed I leave all my fun and exciting weekends with all our friends at Lone Oak.

Melanie Brazzell-to my sister I leave everything including my wonderful parking space, my neat locker and my ability to get stuck in the grassy area of the parking lot along wiht all the mud thrown on my car.

Susan Bongiolatti-Paige-the care of Craig (don't get too close!); Papa Murph's gang-a trip (yeah, right!); Craig-well why don't you just come with me?

Jessica Buchar-my V to J18 b/c I heard of his tragic loss; summer memories to Desiree in case she doesn't graduate; my lateness to Chrystal Galloway!

Don't Forget Me!

C

Gregory T. Cannon-to Sara the ability to do nothing all day; Luscomb, my poems; Britain, my seat in lunch, enjoy it!; B. Martin, a clue.

Michelle Cash-Shellie-my parking spot, Jennifer-patience to put up with Chris, Sara-my front row spot in Color Guard, Jami-ability to do split leap because

Kathryn Cason-to Nicky White and Sabrina Olsen, I leave all of my wonderful times at Lone Oak. Learn all you can and try not to get in too much trouble. Suzanne Churchwell-Julie-our talks, Clark and Jeremy-my skipping abilities, Nathan, Alec and the other sophomores all the good times at K-mart and

Jarred-the memories.

Kelly Crawford-Sara Gourley and Scott Bryant—you two can have everything, you two were there for me all year. Thank you both a lot.

Christina Cooper-Jennifer Harton, my wonderful senior year, just don't get married like I did. Shelly Cooper-I leave everything else, have fun kiddo. I love

Jill Claiborne-to Mandy my ability to get along with everybody; to Carrie fond memories of Jose and to Beth the legacy of being the S!!!

 \mathcal{E}

David Ellegood-Casey Hogue: my super soakers to shoot at people. Jon Camp: my mouthwash to wash his mouth out.

Margaret Eller-to my sister Chrissy, I leave all the fun times I had in guard and the ability to overlook the bad things. To Rebecca Holland and Ashley French all the talks we've had and to jackie Doublin our Florida memoried and our great computer class.

Tony Englert-to Nick Stuber I leave my spot on the soccer team, and to Lana Perry I leave the fun times and great memories, but most of all-my love!

F

Jeremy Felker-Rae Anne, Kristie, Constance-my sense humor and basketball skills, Angie my height, Nick my basketball number, and Shae all my love forever.

Eric Free-Brian Harland, some personality and style; Aaron Watkins my place at lunch; Michael Harrison nothing; Ben Upshaw my intelligence-you need it.

G

Mary Kate Garrott-basketball underclassmen-clean water bottles; journalism underclassmen-deadline pressures; Blake-cue card duty; Brooke-ticket to Vegas; Heather-friendship; Byron-senior fun!

Rachel Gates-Weitlauf-to Rebecca Holland, I leave my permanent membership to the Nautilus!

Dustin Goode-I have nothing I want to give away, whatever you wnat get it yourself.

Kent Green-to those deserving, I leave my wood project to burn some Friday night and to everyone I hate I leave my truck

 \mathcal{H}

Heather Hampton-I leave all fun times as a rifle and my watch to Chrissy Eller, to Heather Lacey all the great talks we've had in out science classes, to Russ I leave my ability to work at a computer, to everybody else-have fun!

Shannan Hart-Heather-organized locker, Nikki and Anu-"Fun" times in yearbook, Blake-John Stockton's autograph, Byron-parking spot #330, Andymany golf articles, Brian-my two n's, Jill-bad case of senioritis, Nathan-a UK T-shirt, Brooke-Paducah memories

 \mathcal{H}

Kristy Hopper-The 94-95 Lady Flash B-ball team Good Luck! Especially the seniors!

Kelly Humphrey-Matt-parking #18, Brooke-ticket to Paducah, Nathan-Spring Break Supplies, Ashley-Matt, Constance-scientific calculator, Lindley-tanning bed, Blake-thumbs up, Michael-seat belt.

9

Chrissy Jackson-Jesse Oden my parking place in the hopes that after drivers ed. he will be able to park a car. Advice to all upcoming seniors: make sure you co-op!!!

Laura Jarboe-Andy, threat of death until repayment of my loan; this year's GSP'ers, the frustration of returning to public school; Wendy, my spot in AP English.

K

Joel Kaunisto-Zack some turkey, Kate my clothes, Letia's little brother a ride home, Paige a tackling dummy, Andy softball articles, and Chrystal a backrub and a quarter.

Tony Kent-Jonathan Dickerson, a whole log of Kodiak, because of all the dips. Josh Wooley, the right to ride with my g-father whenever you want to. And to Jason Moore whatever skills you can get (or the ones I gave you).

Kristy Kilcoyne-Nancy Wilson my patience; Cristy Cummings my "demanding job" as Mizell's aide; Brock Hildreth my parking spot; Jasmine all the great memories because she's moving.

M

Maggie Largent-to Carrie my position as soccer team captain, my seat in lunch to Angie, to all my choir friends any hopes of a trip.

Sandra Marshall-title of Hair Color Queen to Emily; love to Marcy; lousy senior attitude to Chrystal; best wishes to Shawna and Ann-Meredith; apologies to everyone; good-bye.

Stacey Martin-my great times in high school to anybody that wants them. And I also would like to thank my parents for being so supporting through my high school years. I'm outta here!

Tauzzia Meriwether-Julie Burnett a great senior year, Angela Lyles all our long talks, and Alec Watts and Nathan Taylor, BE GOOD NEXT YEAR. Josh Miller-#9 to Les, my position to Campus, my imaginary truck to Willow, my sack to Zack, and my list of people I'm better than to Casey. Justin Mouser-All my parking spots to whoever wants them. My good grades to Chad Hunt.

N

Amber Nanney-the sophomore gang, all my great times. Be Carefull. . . Alec! Robbie and Jessika "The Grand Amber" has your name on it! Have fun Nathan and Tuna!

0

Karla Oktela-My ability to be friendly to Dana Sowash; my singing times to all my friends in choir and my love and locker to Ryan Oktela.

Richard J. Ottway-To Rudy, the ability to make Mr. Pope crazy. To David my seat in Ag. To Rudy, David, and Byron, be the best redneck you can.

 \mathcal{P}

James Perry-Zach Wilkins-the hairball that made Paducah fun; Jon Fusco-my lone varsity goal; Jon Camp-my cliff-diving ability; Kyle East (my little bro)-the ability to look like me; Kate Hunter-my craziness; Ashley Womble-a Florida palm tree leaf.

Don Powers-my brother-parking space; Brandy-locker; Rachel-books.

Audra Priddy-my position as choir accompanist to Paige Ruoff-enjoy! The locker that I never used to Aimee and all of my high school memories to Teri Dawes. Have fun!

R

Adam Resnick-My spot in lunch to Jason Luscomb, my great parking spot to Brandon Martin, and a sense of humor to Brian Harland.

Tonya Robbins-Angie M. my roaming locker, D.B. my dinowatch, Zack W. my table manners, Robbie everything else, JBC my car, KM and JB-my I.D.

Robin Roberts-Mr. Wells Saturday School, Melissa Beaver my absences, Jennye Miller my ability to skip and not get caught, next year seniors-good luck.

S

Shannan Sams-to Jessie, Kathy, and Lori, all the carrots in the world; the joys of Beta Convention to to Chrystal and Paige; my unique noises to Kate; to Zach the perfect timing he already posesses; to Whit my wonderful ability to arrive on time and to Jason, Cliff, and Kara, a great 5th hour next year!

Crystal Sanders-Kelly sll my great times in high school, Shakira, Kenya's bedspread, Leigh Anne, a new boyfriend, Bow-wow hot oil treatment, Mandy, spray paint.

Kristen Seabaugh-fun of skipping lunch without getting caught to Amy Kelly and Casey, my ability to smile to Ashley Acord.

Kelly Seward-my "fun" in band to Leigh Ann Mullen and my chair to Kelly Williams, my choir junk to Zach Bishop, beautiful "#16" to Lindsey Fesmire, and lunch table authority to Aaron and Michael.

Jeremy Smallwood-Ryan Martin and Jeb Neff my ability to play basketball and baseball, to Amy Smallwood I leave my ability to sleep in school and still pass, to Patrick and Cliff I leave my great strength and wisdom. Don't waste it.

Mitch Stallons-my section leader position to whichever flute deserves it most, to Nate Hein...will let's just say have fun being yelled at in sixth hour. Heather Stevenson-to Jessie B., Lori J., and Kathy M., our great lunch time fun and discussions, to fellow Life 101 classmates my love and best of luck, to Chrystal G. and Shawna, "a man that loves his women", (as long as it's you), and to Daniel B. don't forget the wedding this summer.

Susan Strekas-to any insane person my AP calculus and chemistry books, my parking spot to one who wants to walk a mile everyday and best wishes to all.

Jenny Suitor-Carrie Rushing the defense line of soccer; Shae Houser my friendship and the pool at Hampton's; Kathy McDaniel, Stephanie Getz, and Shae the girls track team; to Mrs. Campbell and the newspaper staff my best wishes and good luck next year!

Dana Swann-Abby Brazzell my tennis memories, Amy Stewart ability to never be in class yet not take finals, and Chad Kirk all the luck he needs for calculus. Jason Sykes-to all juniors, I leave whatever you could possibly want here at LOHS.

V

Desiree Vickrey-Shawn Dittman my collection of love songs. Play 'em loud! Jonny C. my ability to argue with football players and win. To all the soccer ball kickin' fools, I leave the game, it's the only unity we have with the world. SOCCER RULZ!

W

Sarah Wallis-to my choir buddies-Murph's last nerve, Jamie & the soph gang-all my memories, Susannah-my name, Vince-"the reliant" & Beth-gas money to come see me.

Amber Walker-everything goes to Phillip Kejzlar, have a blast Phil!

Emily Waltmon-I leave my acute sense of intelligence and my ability to always get my way to Shae Houser. And to Sarah Reed I leave her own waitress from prom night, and many laughs just the same. Mandy Lain gets all the parties that don't get things broken.

Kristie Wikerson-my softball number to Jennifer H., my soccer number to Julie S., and all of the memories to Traci, Tonya, Jessie, and Heather.

Senior good-byes continued. . .

by Sandra Marshall Business Manager/Beat Co-Editor

Pick-up trucks are ugly.

Hey, calm down. I'm just trying to get your attention because I'm about to say something really important. It's probably going to be a first, so read carefully.

The end of my high school career is quickly approaching, as it is for the rest of this year's graduating seniors. I've already gotten a rat-hole apartment and I'm searching the streets of our fair city in hopes of finding Satan—I have to get a really good deal on my soul to afford college this fall. This is the last article I will ever write for The Oak K. Unfortunately, however, I don't have much to whine or complain about. People are parking and driving and—generally—being as stupid as ever. For all the angerfilled editorials I ever wrote, nothing about this school has really changed.

In the past two years, I've heard many a countless racial slur uttered in the halls of LOHS. I've had my car door kicked in because I insulted the intelligence and parking ability of some big hairy redneck.

I've had people threaten to beat me up, kill me, and burn their crosses with some lost meaning on my lawn because of a series of rumors that I was of questionable sexuality. I've had an entire sorority come after me because I didn't give them due attention in my article about sororities.

Okay. You guys are a tiny bit judgemental at times. Nothing unusual. As it has been, so it shall be. Bigots and hypocrites exist in their suburban underground all over the world. But you'll never hear me make fun of a redneck or his truck ever again. You won't even catch me in that Ford-Chevy debate. Because, you see, I got stuck in a field in a lot of mud the other day, way way out in the heart of rural Heath. To make a long story short, I buried my VW up past the back bumper. And who came to save me but, lo and behold, some guy I don't even know-sweaty and clad in mudcaked cowboy boots-who just wanted an excuse to get his truck dirty. Someday, I'll find him, marry him, and bear his puppies.

The moral of this story, I suppose, is people are people and Lone Oak will be a much nicer place in the future if everyone here can get along. As a famous comedian—whose name escapes me—once said: There's no point hating someone for the color of their skin or the

kind of clothes they wear. If you really get to know them, you'll find a much better reason than that.

Oh, yeah. That controversial opening statement? I've always been known for writing things that make some group of people mad, so why stop now?

"Set a goal and go for it.

Everybody needs a dream that they can try to make come true. If you ain't dreaming, you ain't living."

Congratulations and Good Luck Class of 1995!

1994-95 Senior Honor Students



Pictured left to right: Standing: Ryan Bivin, Tony Englert, Laura Jarboe, Lonnie Washam, Brandon Mullen, Angie Smith, Hege Haabesland, Janet Mazzochi, Brent Herrington, Aaron Nelson, Eric Free, Adam Resnick, Daniel Barkley. Kneeling: Audra Priddy, Christine Hohenstein, Amber Walker, Kristen Seabaugh, Nicki Edwards, Shannan Sams, Susan Bongiolatti. Sitting: James Perry, Joel Kaunisto, Jenny Suitor, Krisite Wilkerson, and Shannon Hart. Not Pictred: Jamie Gross, Jason Sykes, and Sanda Marshall.

What will you miss most about high school?

"I will miss my wonderful friends the most. We have had some great times that I will never forget."--Amber Walker

"I will miss the interaction with so many people. I know I will keep in touch with close friends, but I will probably lose contact with many people I saw only at school."--Susan Bongiolatti

"Zach Wilkins, Josh Miller, and Joel Kaunisto." -- James Perry

"I will miss the comfort of being around familiar faces."--Kristie Wilkerson

"The friends I have made and the times we have shared."--Jason Sykes

What advice/words of wisdom do you leave?

"AP English is the easiest class you can possibly take; where else can you spend the entire year studying for one test?"--Josh Miller

"Life's trials may be hard to bear, but patience can outlive them."--Lisa Gish

"Just have fun and make the best of it."--Ryan Bivin

"Always be willing to love--without love, true happiness can never be achieved."--Shannan Sams

"Welcome to the monkey house."--Aaron Nelson

"Be yourself, have fun, make plenty of friends and keep them. Before you know it, the end of high school is here, so cherish the memories."--Kristy Hopper

What would you change about your high school years?

"I would take life one day at a time instead of wishing every day would go by faster."--Tonya Robbins

"I would have worked harder for the things I wanted."--Jason Hibbs

"Take more things in stride and cherish the good moments more."--Adam Resnick

"I wish I would have tried harder. Now you realize that it's too late too start over."--Dustin Goode

How have you changed in high school?

"I realized that a lot of people will be with you through joyous times but only a true friend will be there in times of trouble."--Sarah Wallis

Senior Sup



Senior Superlatives: Mr. and Miss LOHS—Joel Senior—Ryan Bivin and Kristen Seabaugh; Mos Susan Bongiolatti; Most Talented—Brent Herri Around—Kyle Humphrey and Tonya Robbins; Kenya Atherton; Friendliest—Brent Adams and Blair and Susie Strekas-Gasperini; Most School Vickery; Most Catching Smile—Michael McWat Hicks and Kelly Ames; Most Athletic—Tony En Polisher—Adam Resnick and Tammy Atkins; M Seabaugh; Class Flirt—Scott Grimes and Tauzz Wheeler and Rachel Gates-Weitlauf.

1994-95 Senior



LOHS Senior Officers: President-Dana Swann; Secretary-- Krister Atherton; and Reporter--Jenny 9

Senior Superlatives



Senior Superlatives: Mr. and Miss LOHS--Joel Kaunisto and Jenny Suitor; Mr. and Miss Senior--Ryan Bivin and Kristen Seabaugh; Most Likely to Succeed--Joel Kaunisto and Susan Bonglolatti; Most Talented--Brent Herrington and Kristie Wilkerson; Best All Around--Kyle Humphrey and Tonya Robbins; Most Dependable--Brandon Mullen and Kenya Atherton; Friendliest--Brent Adams and Karla Oktela; Class Know it All--David Blair and Susie Strekas-Gasperini; Most School Spirit--Brandon Arant and Desiree Vickery; Most Catching Smile--Michael McWaters and Sarah Wallis; Most Attractive--Josh Hicks and Kelly Ames; Most Athletic--Tony Englert and Eileen Johnston; Biggest Apple Polisher--Adam Resnick and Tammy Atkins; Most Fashionable--Jeremy Case and Kristen Seabaugh; Class Flirt--Scott Grimes and Tauzzia Meriwether; Most Unforgettable--Sam Wheeler and Rachel Gates-Weitlauf.

1994-95 Senior Class Officers



LOHS Senior Officers: President--Joel Kaunisto; Vice-President Dana Swann; Secretary-- Kristen Seabaugh: Treasurer--Kenya Atherton; and Reporter--Jenny Suitor.

perlatives



Most Likely to Succeed--Joel Kaunisto and errington and Kristie Wilkerson; Best Allas; Most Dependable--Brandon Mullen and and Karla Oktela; Class Know it All--David hool Spirit--Brandon Arant and Desiree Waters and Sarah Wallis; Most Attractive--Josh Englert and Eileen Johnston; Biggest Apples; Most Fashionable--Jeremy Case and Kristen uzzia Meriwether; Most Unforgettable--Sam

or Class Officers



nt--Joel Kaunisto; Vice-President en Seabaugh: Treasurer--Kenya y Suitor.

Senior Outstanding Students



Pictured left to right: Top row: Joel Kaunisto, Daniel Barkley, Mitch Stallions, Lonnie Washam, Jeremy Felker, Tony Englert, Jason Sykes. Standing: James Perry, Brett Ryan, Brent Adams, Aaron Nelson, Brent Herrington, Adam Resnick, Eric Free, Christine Hohenstein. Third Row: Mary Kate Garrott, Kim Bennett, Katie Swearingen, Janet Mazzochi, Kristie Wilkerson, Kathryn Cason, Sandra Marshall, Eli Knight. Sitting: Kristy Kilcoyne, Jennifer Renfroe, Kristen Seabaugh, Nicki Edwards, Shannon Hart, Laura Jarboe, Jennifer Lang, Hege Habesland. Front row: Josh Miller, Jenny Suitor, Susan Bongiolatti, Amy Williamson, Shannan Sams, and Audra Priddy.

What are your plans after graduation?

Attend Texas A & M--Brandon Mullen

I am majoring in chemisty at MSU--Amber Walker

Going to Lyon College to major in chemical engineering--Jenny Suitor

Washington University in St. Louis--Shannan Sams

David Lipscomb University to become a child psychologist--Tonya Robbins Devote my time to music and become a famous country star--Brent Herrington

Going to Bethel College and majoring in sociology--Sarah Wallis

I am majoring in physical therapy or pre-med at MSU--Janet Mazzochi

Join the army and then go to college--Mary Kate Garrott

Going to Wake Forest--Brett Ryan

Going through the nursing program at MSU--Kelly Ames

Going to WKU to become a nurse anesthetist--Dana Swann

Surprise, Surprise--I'm going to UK; and I can't wait!--Shannon Hart

Going to WKU--Kelly Crawford, Amber Nanney

Going to MTSU and work with video production--Melanie Brazzell

Go to UK and major in accounting--Kristen Seabaugh

Go to MSU and major in accounting--Audra Priddy

I am going to PCC and become an author of children's stories--Tammy Atkins

Attending West Virginia University and major in chemical engineering--Susan Strekas

Attending UK--Hunter Housman



Tonya Robbins and Kelly Crawford try on their caps during the senior meeting.

And they thought the last senior class was bad...

by Chrystal Galloway Features Editor

Dare I utter those seven little letters that drive any teenager into a fit of partying frenzy? In a few short weeks, we will be seniors. Hee hee hee. From now on, we practically own this school. Beware all freshman, we have waited all of our young lives for this experience. Teachers, on the rare occasion that a senior shows up in your class, be nice to them. Attending massive wild and crazy shin-digs saps the energy from a person.

Seriously, my fellow revelers, this is a very important year for us. It's the end of an era. The majority of us, whether we went to Lone Oak or Hendron, were thrown together in a pot of pre-pubescent hormones otherwise know as LOMS. I don't know about you guys, but at the ages of twelve and thirteen is when I believe our personality is formed. No free" cards left.

matter what weirdness my life was dipping into at that point, and all through high-school, I always had to go back to school eventually and see the same kids I went to kindergarden with. High school is the one stable thing in most of our hectic lives.

So, back to the original point, we're going to be seniors next year, and the year after that we are all going to leave. And even though I've never had much class spirit or even that much affection for the whole deal, I have to admit, I'm kind of sad that it's almost over. So, on that note, let's have one wild and crazy senior year. Take advantage of the freedoms, talk your best friend into throwing a huge bash for the whole class, drive to Mexico one balmy September night. Make the most of being young, we only have one year of "get out of jail



Class Officers 94-95; John Pace, President; Paige Ruoff, Vice-President; Deanna Masden, Secretary; Ashely Acord, Treasurer, and Julie Burnett, Reporter...

Polls

What are you looking forward to most as seniors?

Sara Cannon: Being able to actually take a year of easy

Shane Turner: No more of this rat-infested institution. Shawn Dittman: Getting the respect I so rightly deserve, d!@\$#*.

00#00

What was the best part of this year? Paige Ruoff: Scarily enough, Beta Convention.

Craig Jackson: The end part.

00#00

What do you think was the biggest trend of the year?

Jeremy Modglin: Sleeping in U.S. History.

Shawn Dittman: Body piercing.

Being experienced LOHS'ers, any advice or warning to incoming freshman?

Jessica Miller: Wait ten minutes after the bell before attempting to cross the parking lot.

Paige Ruoff: Odd numbered lockers, yep, they are a

Dallin Birch: Don't act like a freshman.

Top Five Ways To Tell That Senior Year Is Going To Rock:

- KIRIS testing is found to be unconstitutional and banned from schools.
- 4. The first freshman you come to falls to his knees and gives you all his money.
- 3. They've changed the school mascot to a circle of Grateful Dead Bears.
- Nine Inch Nails play the Back-to-School dance.
- 1. First day of school we find that Buddy Rushing has dyed his hair purple with blue spikes.

Honor Students



Top row, left to right: Steven Spence, Craig Jackson, Ben Gross, Susannah Hardy, and Kirk Withrow. Middle row: Mary Beth Fagan, Brooke Rivard, Paige Ruoff, Lisa Jalkh, Jeremy Modglin, and Kelly Williams. Bottom row: Tara Shelby, Allison Heath, Stephanie Getz, Julie Burnett, Ashley Acord, and Deanna Masden.

ON THE JUNIOR EXPRESS

What are you looking forward to in being a junior?

ONE YEAR OF SCHOOL LEFT!!!!!! -Becky Cole and Jayson Grace

Outstanding Students



1st row from left: Anu Manchikanti, Shanna Pirtle, Julie Thrasher, Jennifer Atherton, Erin Hubbard

2nd row: Lynnie Jalkh, Zach Miller, Stacy Strong, Gina Yates, Daniele Vincent, Melissa Blair

3rd row: Laura Clausen, Becky Barkley, Blake Vandermeulen, Emily Horman, Chad Morreau, Nikki Key

4th row: Jon Camp, Greg Hosfield, Kyle East, Lee Titsworth

What do you think was the biggest drag about the sophomore school year?

Being in a class with a bunch of annoying freshmen. -Christy Anderson

What was the most influential thing in your life this year? "An American Tragedy" -Andy Harris



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Class Officers



Class Officers(1994-1995): Top row from left; President Katie Hunter, Vice President Anu Manchikanti. Bottom row: Secretary Amy Bowling, Treasurer Jennifer Atherton, Reporter Tiffany Hayes

Honor Students



1st row from left: Julie Thrasher, Nikki Key, Tonya Traylor, Casey Powell, Stacy Strong, Lynnie Jalkh, Crystal Griffith, Jessica Thomas, and Anu Manchikanti

2nd row: Chris Williamson, Ryan Beyer, Sarah Woods, Amy Bowling, Nathan Taylor, Jennifer Atherton, Gina Yates, Stephanie Hamlett, and Michael Priddy

3rd row: Aaron Watkins, Greg Hosfield, Laura Clausen, Grant Clouser, Rebecca Barkley, Michael Powers, Blake Vandermeulen, Andrew Harris, Emily Horman, Lee Titsworth, Jami Kloss, Marty Rudd, Chad Morreau

ANY ADVICE FOR THE FRESHMEN FOLLOWING IN YOUR FOOTSTEPS?

Shut up! Be respectful and no one gets hurt! -Chris Yates

It's Finally Over: "Scum" no Longer!!! Sophomore Respect Awaits!!!



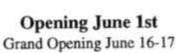
Freshman Officers- Leigh Ann Atherton, Shannon Powell, Lindsey Fesmire, Whitney Nall, and Julie Stewart.



Honor Students: Back Row: Melody Roberts, Matt Upshaw, Brent DuPree, Kyle Slankard, Amanda Mitchell, Angela Smith, Tereza Kejzlar, Ashley Small; Next Row: Kelly Bowie, Katie Oldham, Rebecca King, Whitney Nall, Lindsey Fesmire, Barbie Liles, Emily Rigdon; Next Row: Trey Swacker, Tim Followell, Katie Dracy, Jakcie Allshouse, Courtney Kelly, Tara Collier; Front Row: Justin Young, Michael Nagy, Shelley Skaggs, Jamie O'Hare, Sara Ryan, Leigh Ann Atherton

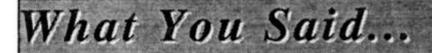


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Outstading Students: Back Row: Kyle Slankard, Brent DuPree, Joey Smotherman, Justin Young, Matt Upshaw, Emily Rigdon; Second Row: Kelly Bowie, Angie Sales, Rebecca King, Lindsey Fesmire, Tereza Kejzlar, Sara Gourley, Tina Cunningham; Third Row: Trey Swacker, Tim Followell, Katie Dracy, Jackie Allshouse, Melody Roberts, Jennifer Willimas; Front Row: Courtney Kelly, Katie Oldham, Mist Freeman, Tara Collier, Sara Ryan.



Was your freshman year all that you expected?

"Yeah, I didn't expect much."- Trey Swacker

"No, too much homework."- Sam Huff

"No, I expected more insults." David Carmichael

n a word, how would you describe this past year?

"Excellent." Courtney Kelly

"Tut." - Justin Young

"OVERMS" Emily Rigdon





Girls and boys tennis teams prepare to prepare to defend titles

by Andy Harris Sports Writer

Defending regional and state titles has become a way of life for Lone Oak's tennis teams. The boys team has a regional title to defend this year while the girls will make a run at their fourth consecutive state championship.

For the boys, the loss of Robby Robertson was supposed to be a devastating blow to their regional title hopes. However, the boys have been sparkling thus far, going undefeated in regional play and 10-1 overall.

"The boys team has shown good improvement during the season," said head coach Larry



Dana Swann practices for an upcoming match.

Heflin. "They are one of four teams that could be regional champs. If they play well they have an excellent chance of defending their regional title."

The girls team, winners of

three straight state titles, are 10-0 to begin the year. "The girls team is doing a good job of getting themselves ready to defend their regional and state titles," said Heflin. "I believe they have an excellent chance to repeat."

Heflin thinks the most valuable players for this year's teams have been Jeremy Williams and Nicki Edwards. Williams is undefeated in singles and doubles and in Heflin's words has "anchored" the boys team. "Nicki has shown the leadership abilities to help this team to accomplish their goals," he said.

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Go Big Flash

Baseball Update

by MK Garrott Editorial Editor

Head baseball coach Jim Mizell is somewhat disappointed with how his team is playing at this point, saying that they are "only playing good enough to win." The Flash, who has won 15 games, is winning, but Mizell wants his players to play more like a team.

"Heading into the district tournament, if we start playing team ball and peak we will be okay," said Mizell.

Lone Oak has been plagued by bad weather this spring, and the team had missed three games at press time, due to rain. Mizell said there are no plans to makeup the games at this time.

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New and improved Lady Flash have high hopes for district tournament

by Andy Harris Sports Writer

The Lone Oak softball team is 9-3 to start this year, a far cry from last year's 5-20 mark. Needless to say, head coach David Pope is, in his words, "fairly well pleased."

Pope doesn't feel that just one player has caused this impressive turnaround. "When this team is playing well, everyone does their job to win," he said. "Kathy and Kim Murphy, Jennifer Lambert, Eileen Johnston, Shae Houser and Angie Smith have all done several things that have helped us win games."

Houser leads the team in hitting with a .600 average, followed by

Kim Murphy's .500 batting average. Kathy Murphy has been the team's all-around best player. As a hitter, she is batting .444 with 18 RBI's, and as a pitcher, she has a 1.33 ERA with 24 strikeouts. Lambert has also been effective pitching, going 3-1 with an ERA of 1.75, striking out 30 of the 80 batters she has faced.

For the Lady Flashes to advance in the postseason, they have to knock off the #1 team in the state, Reidland. "We have to improve defensively (no breakdowns), and we have to get people on base," said Pope of his team's chances in postseason play.

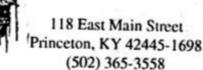
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Good Luck in Regionals, Track!

Track team optimistic going into regionals

by Joel Kaunisto Sports Co-Editor

Heading into the regional track meet, the Lone Oak track teams are optimistic about qualifying for the state meet. To qualify, athletes must finish in the top two places at regionals.

Three new school records were set by the girls track team in the 3200 meter relay, which consisted of Stephanie Getz, Sarah Steele, Jenny Suitor and Angie Smith, the 3200 meter run by Sarah Steele and the 1600 meter run also by Steele.

Shae Houser is looking for her second straight trip to the state meet. Last year Houser qualified in the 100 meter dash and the long jump. Steele is looking to qualify for state for the third straight year. Two years ago, she qualified in the 800 meters and last year in the 1600 meters. Besides Steele and Houser, Kelly Crawford also hopes to go to state in the shot put and discus.

On the boys side, no new records have been set yet, but seniors Josh Miller, James Perry and Jeremy Felker hope to change that and go to state. Miller will compete in the 400 meter dash, Perry the 800 meters and Felker in the long jump, high jump and triple jump.

Miller and Perry, along with Joel

Kaunisto and Ryan Beyer, hope to qualify in the 1600 meter relay.

Said head coach Tony McGroarty "The boys 1600 meter relay is exceptional and of course I would have to include any new records."

This year Lone Oak has also seen its first ever home track meet. The track was constructed during the 1992-93 school year with the first meet taking place there on May 11 of this year.

Said McGroarty of the first meet "What an exciting time, especially for those of us who have a little sweat tied into the project. I am very excited for the future of Lone Oak track."

Although McGroarty is excited about the future of Lone Oak track, he also recognizes the significance of this year's seniors. He said of next year, "It will be extremely difficult. We will lose the greatest group of seniors we have ever had in track. Some of these athletes have been involved for five years since they were in middle school. I will truly miss not only their athletic talents, but more importantly their dedication to themselves and Lone Oak. They have been a pleasure to be associated with. I will long remember their smiles, humor and co-operativeness."

Track Highlights

- Kelly Crawford won two trophies, one in the discus throw and one for the shotput.
- * Sarah Steele won a trophy for her finish in the 800 meter run.
- * Kathy McDaniel won an award for her finish in the 200 meters.
- Jeremy Felker won two awards for his finishes in the long and triple jumps.
- Shae Houser won an award for her finish in the long jump.
- Josh Miller won an award for his finish in the 800 meters and also achieved his personal best time.
- Alan Ramsey also achieved a personal best in the 800 meters.
- * Sarah Cannon had a personal best in the discus.
- * Shae Houser, Kathy McDaniel, Jenny Suitor and Jennifer Shaffer achieved awards in both the 800 meter relay and 400 meter relay.



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Athletes of the Month

Baseball Softba

by Shannon Hart Sports Co-Editor

In his fourth year of varsity baseball, senior pitcher Jason Hibbs has been named Athlete of the Month for May.

Hibbs has a 6-1 record, an ERA of 2.93, and has struck out 45 batters while walking only 12. Coach Jim Mizell called him "a leader of the team, whether he is pitching or not pitching. . .he has a great work ethic."

Hibbs contributes much to the Lone Oak baseball team, not only in terms of statistics, but also in terms of leadership. Hibbs said, "I feel that I bring some consistency to the team. As far as leadership goes, I do my best to set a good example for my teammates to follow."

Hibbs said his strengths are his "ability to place pitches well and my curveball," while his fastball has "improved tremendously" since his freshman year.

Hibbs has high hopes for the Flash during the rest of the season. "This year's team has a lot more talent [than previous teams], but we haven't shown it yet. I hope that we make it to the state tournament."

attending college on a baseball scholar-

by Andy Harris Sports Writer

What a month it has been for junior Shae Houser. Earlier this month, she won track awards for her performances in the long jump, the 400 meter relay, and the 800 meter relay. Now, head coach David Pope has named her softball athlete of the month

In her first year of high school softball, Houser is tearing up opposing pitchers. She is hitting .600 with an on-base percentage of .682. She has also scored 11 runs and stolen eight bases.

Houser's speed has come in handy both in track and softball. However, she realizes speed alone doesn't make a good softball player. "I've improved on the overall basics and my hitting has also improved," she said.

With the addition of Houser, this year's softball team looks to be a threat come tournament time. "I think we have a great chance of foing far in the postseason because of all the talent our team has,"

Hibbs' plans after graduation include Congratulations



Guy

by MK Garrott **Editorial Editor**

Coach McGroarty has chosen senior Jeremy Felker as track Athlete of the Month for May, citing Felker's "conviction, dedication to his goals, and leading by example" as admirable qualities.

Felker, who was also a starter on this year's district-runner-up basketball team, participates in the long jump, triple jump and high jump. In his first year as a track athlete, McGroarty said, "Felker is very coachable and can follow directions well "

"Jeremy has all the ability in the world

as far as track goes. I wish he had at least two more years to participate."

Girl

by Joel Kaunisto Sports Co-Editor

After three years of dedication to the Lone Oak track program, senior Jenny Suitor has been named the girls track Athlete of the Month for the month of

Suitor participates in the 3200 meter run, the 3200 meter relay, the 400 meter relay and the 800 meter relay.

Track coach Tony McGroarty said Suitor is "very coachable and has never refused to do anything the coaches have asked her to do in track and field."

Suitor was a member of the 3200 meter relay team which set a new school record this season with a time of 11:23. Last season she also set a new 3200 meter record which has since been broken.

McGroarty said he named Suitor Athlete of the Month for "not only this year's dedication but also past years'. Anytime we've needed anything done, Jenny's always been there to volunteer. She always does things for the good of the team and is the most caring person I know...She is a living example of how it should be done."



Athletes of the Month: (Top Row) Jeremy Felker, Brad Gordon, Jason Hibbs; (Bottom Row) Jenny Suitor, Dana Swann, Shae House

by David Carmichael **Opinion Writer**

The guy tennis athlete of the month is Brad Gordon. "Brad has the epitomy of what a senior athlete should be," said Coach Heflin. When asked, Gordon said, "I am pleased with the way I have been playing, and it makes me feel good to know that the hard work has paid off." Gordon has worked very hard, improving every aspect of his game. He says he considers his strengths to be his groundstrokes, first serves, and movement. When asked about fellow athlete, Dana Swann, Gordon said, "Dana is a very close friend of mine. By knowing her, I can tell you she is a very determined player, hard worker, and a great team leader. Gordon will play number one singles for the team this year in Regionals. The girl tennis athlete is Dana Swann.

year. For this cause, Heflin says they have an excellent chance of winning not only at Regionals, but also at State. Coach Helfin said that both players have worked hard to make sure their senior year is rewarding. Congratulations, and good luck at Regionals!

"Dana is a very team oriented play who

has an excellent knack for raising the

level of her game in adverse situations,"

said Heflin. Swann is also a team leader.

unselfish, and always concerned about

the team first. When asked about fellow

team member Brad Gordon, Swann said,

"Brad is a great friend of mine and I have

loved being on the tennis team with him.

He is a strong leader and a wonderful

tennis player." She feels her strngths are

her serve, vollies, and overheads. Swann

will play doubles with Abby Brazzle in

Regionals. They were runner-up in

Regionals and semi-finalist at State last





Back Row

Left to Right: Brooke Rivard, Jennifer Renfroe, Tonya Robbins, Kelly Seward, Janet Mazzochi

Front Row

Left to Right: Amber Walker, Kelly Ames, Jessie Moore

Bolts and Strikes

Bolts

"A nother Week and we're gone!"

It's almost summer. 'Nuff said.

The salad bar is back to normal.

The school could fall apart during the summer and the state would HAVE to build us a new one.

The tornado warning was pretty cool

Strikes

"Some of us have to come back next year!"

Summer means humidity

Now that the salad bar is back, we no longer have an excuse to eat Ho-Ho's for lunch.

Knowing our luck, the school would fall apart the first day of school, with us inside.

The tornado warning was the coolest thing to happen at LOHS since 1972.

FBLA triumphant at state conference

On April 20-22, the Lone Oak High School Chapter attended the Future Buisness Leaders of America State Leadership Conference at the Hurstborne Hotel and Convention Center in Louisville, KY. This chapter had ten officers, advisers, members, and guests attending out of approximately twelve hundred participants. Eight members competed in team and individual competitive events. Other activities included dances, workshops, guest speakers, officer elections, and the awards ceremony.

Brooke Rivard recieved Second place in the Buisness Law Contest. Other accomplishments at the state conference were Amy Walker, Janet Mazzochi, Kelly Seward representing LOHS in the Entreprenuership Contest.and Kelly Ames entering the Bulletin Board Contest. The three delegates that represented Lone Oak were Jennifer Renfroe, Jessie Moore, and Tonya Robbins. The sponsors who attended the state conference were Mrs. Joyce Titsworth and Mrs. Glenda Wyatt. The winners at the state conference will advance to national competition in Orlando, FL on June 30- July 3. They will be competing against the winners from the other states.

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