

Beta Club challenged to "unlock their potential"

by Jenny Sutor
Editor-in-Chief

Forty Beta Club members "Pictured Paige as President" during their skit and campaign at the National Beta Convention December 2-4. Junior Paige Ruoff ran for State President while the Beta members listened to energetic guest speakers, competed in a talent show, and campaigned for Ruoff. The convention was full of excitement, meeting new people, learning and getting some sleep along the way.

Ruoff gave a campaign speech entitled "That's Paige Ruoff." She ran against ten other candidates for President. Some members participated in a skit following her speech. It was a rendition of "Picture Pages" with Bill Cosby. James Perry played Bill Cosby and Zach Miller played Mortimer, the pen.

While Ruoff was busy campaigning, Eric Free competed in the talent competition. He sang "Voodoo Chile" while playing his



guitar. Neither won, but did very well in expressing their leadership and talent and in representing LOHS.

Members learned a great amount of knowledge from various speakers throughout the weekend. Sarah Clark, the presiding State President encouraged Betas to "put aside problems of the world and take a positive approach." She quoted Helen Keller, who said "Life is either a daring

adventure or nothing." Clark reminded the 3000 member audience that we are tomorrow's leaders and "First of all you CAN have fun without drugs and alcohol and life can be so much better if you have a positive attitude."

The most energetic and encouraging speaker was the keynote speaker, Mr. Randy Kilby of Hendersonville, North Carolina. He told Beta members to stand and asked the question "How do you feel?" He told members to respond "I feel good...oh, I feel so good...uh." Kilby captured the audience with a rhyming chant about what they will learn from Beta Club, such as motivation, realizing your potential, and leadership. Kilby asked the audience how many people could play softball. When not many people raised their hand, he told of a boy who did not have a right arm, yet

he could pitch a softball with his right foot, sometimes striking out the pitcher. He asked the question again and everybody raised their hand.

"Sometimes we feel like we don't have the ability," Kilby said. Beta Club encourages people to excel in other areas besides academics. "Make a difference by unlocking your potential. Failure does come, but if you stretch yourself you can overcome the failure. Win by getting up when you've fallen and you learn because you want to."

Kilby said all of us are "born to win, but conditioned to lose. Some people will not be successful because they quit raising their hand."

Kilby related motivation and pumping yourself up to "revving your engines." He told students they couldn't

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Above picture: The Beta Club prepares to do their skit for Paige.
Bottom picture: Craig Jackson played Paige and James Perry played Bill Cosby in the skit.

LOHS teaches a lesson to elementary D.A.R.E. students

by Jason Phelps
News Editor

On November 18, 1994 a select group of LOHS students participated in the D.A.R.E. program at Lone Oak Elementary. By assisting state troopers in teaching, our students shared their own experiences and advice and brought a different point of view to the program. Classroom presentations and one on one conversation with students concerning peer pressure were the main focuses. Participating students include Kelly Seward, Chad Morreau, Kristi Smith and Mark Wilson.

Seward had this to say about her experience, "It was an opportunity for me to help the kids feel more secure about the pressures they will face in high school. And what they already know about sex and drugs is the scary thing."

The purpose of Drug Abuse Resistance Education has always been to educate students on the dangers of illegal drugs and their legal consequences. It is hoped by law enforcement that by instilling principles of "saying no" starting in elementary school that drug use by high school students will decline.



Mark Wilson, Chad Morreau, Kelly Seward and Kristi Smith stand alongside a state trooper

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"stay in the parking lot of life if they wanted to see life and achieve their goals." He encouraged helping others, which shows success. "Release you brakes, get out of the parking lot and make a difference."

He told of a comedian, Flip Wilson, who went by the name Geraldine, who said, "Baby, what you see is what you get." People will never realize their real potential or be successful if there is not any enthusiasm. He asked his audience the question "Will you unlock that potential? Will you make a difference?"

Kilby related "unlocking potential" to a man named Manual Linger, who passed counterfeit money. He was an artist who painted the exactness of a \$20 bill, which took the same amount of time for him to paint a \$5000 portrait. "Life is full

of choices. There are two philosophies- the \$20 philosophy, where you live for the moment, or allow the canvas of life to become a masterpiece."

"Tomorrow's successes are built on today's commitments. Wishing doesn't get what you want, you have to want success so much that you will pay the price and make the ultimate sacrifice," Kilby said.

Kilby left Beta members with some last advice and a toast. "Don't feel like the speech was for those back home- this is for you." The toast to Beta members was to swear, drink, steal and lie. "Swear to start setting goals in life and making a difference; drink often from the fountain of love and happiness; steal a few moments each day to enrich your life and opportunities; and lie down and become the leader you want to be."

LOHS choir members to sing with Kentucky's best

SATB

Beth Collins
Gabe Watkins

SSA

Jessica Miller
Laura Averitt
Jennifer Vorbeck
Maggie Largent
Susan Bongiolatti

TTBB

Matt Cooper
Chad Joiner



Tryouts for All-State Chorus were October 13, leaving only nine making the final cut from a group of 17. Those nine pictured above are: Laura Averitt, Susan Bongiolatti, Maggie Largent, Beth Collins, Chad Joiner, Matt Cooper, Gabe Watkins, Jennifer Vorbeck, Jessica Miller. All-State is held in Louisville, KY in February.

Jr. Rotarian



Joel Kaunisto, senior

by Sandra Marshall
**Business Manager/Beat
Co-Editor**

Joel Kaunisto has been selected Junior Rotarian for the month of December. He has run track and been on the soccer team for four years; he was captain of the soccer team this year. He was re-

porter of the BETA Club his junior year and vice president his senior year. He has been class president since tenth grade, was vice president of student council his junior year, and this year is publicist of the Key Club.

Joel has been a member of the Journalism staff throughout high school and he was on the Yearbook staff for two years. He is an honor student, has a 3.9 GPA, was selected to attend Governor's Scholars Program and was a Boys State delegate. He has also had perfect attendance for two years.

He has no idea where he wants to go to college—"maybe Western Kentucky University"—but he will probably study something in the vague field of business or, thanks to Coach McGroarty, possibly science.

"I'm interested in the science field because of Coach McGroarty. He's really inspired me to learn about biology."

Joel also felt that one other point should be addressed at the time of his one chance to speak out: "We need an environment more conducive to learning. The conditions of our school are very poor and it's harder to learn when you're wondering if the ceiling's going to cave in." ♦



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by Dan Williamson

Mrs. Rafferty's English class is taking fairy tales and nursery rhymes and changing them to fit modern day language and writing style. This is my attempt at "The Night Before Christmas." It is "The Week Before New Year's Eve" by Molly Harper

*'Twas a week before New Year's and all through the personal habitation,
Not a creature was stirring, all settled for hibernation.
Maternal figure in her P.J's and me in my retainer,
we were trying to act just a little bit saner.*

*Shopping was over,
the presents were stacked under the tree.
The young adults were getting everything,
even those Power Rangers off of TV.*

*Just as I was almost snoozing,
Santa was overhead, just cruising,
through our neighborhood, trying to find just one good kid.*

*He landed on our roof with a thud,
and woke my spouse with her mask of mud,
who shook me out my new found slumber,
to tell me she knew a divorce lawyer's number,
if I didn't go downstairs to see what the noise was all about.*

*I put on my robe and bunny slippers, too,
trekked downstairs, though I didn't know what to do.
I couldn't just whack him with a stupid bunny shoe.*

*Through the kitchen I ran with a cry,
and into the den, which looked like a pig sty,
Santa just waved as I bolted by.*

*"Hello, John," he said with a smile.
I felt I had known him for quite a long while.
I wanted to ask him what had made him so chipper,
when I followed his gaze to my dilapidated slipper.*

*"Don't worry, son, it isn't so funny,
It's okay for a fifty-year-old man to wear bunnies."
he said,
as if all of his elves wore bunnies before bed.*

*'We talked for a while about the state of the world,
while outside the snow floated and swirled.
Santa convinced me to take a nap,
he was so late, Mrs. Claus would probably snap,
and he would sleeping in the reindeer barn again.*

*The next morning, when I awoke,
the house's silence immediately broke,
"Daddy's awake!" the children screamed.
'They had put my wife through the ringer it seemed*

*As the kids played with Jason, Trini, and Zach,
my wife searched around the tree all the way to the back,
"Look, dear," she said. "The tag says 'From Santa', it's
parcel for you."
"More presents?" I asked. "I thought we were through!"*

*As I unwrapped my package, I raised up a shout,
in my excitement, the present fell out.
New bunny slippers with fuzzy blue ears,
they made me so happy, I broke into tears.*

What do you want for Christmas?

We polled several students and asked what they wanted for Christmas this year. Some of the responses were kind of well, strange to say the least. So after each of your quotes, we answered the way we thought that the jolly, fat elf himself would respond.

Jessica Miller- My brother's alien abduction
Santa Says- Beam him up, Rudolph!

Phil Kejzlar- New underwear
Santa Says- How do you feel about red flannel, Phil?

Emily Rigdon- A muzzle
Santa Says- Well, Prancer outgrew his....

Jeremy Modglin- A # 3 from McDonald's for Julie Stewart and an ice scraper for Tereza Kejzlar
Santa Says- You want fries with that?

Jennifer Vorbeck- A Retarded Jessica Doll
Santa Says- Sorry, I don't think I carry that one.

Matt Cooper- I want to be the first male student at Lone Oak to give birth to a child.
Santa Says- You've seen too many Arnold Schwarzenegger movies.

As the weather outside gets chilly....

by **Chrystal Galloway**
Features Editor

The weather outside is starting to get chilly, and soon it will no longer be enjoyable to spend a weekend evening running around the town. Instead of venturing out into a -25 degree windchill, invite your friends or soul mates over for some good 'ol toasty fun. There are many things to do even as Jack Frost is nipping at your window pane, and here are just a few suggestions:

-Get loads of construction paper, glue, scissors, glitter

and other keen art stuff and make homemade Christmas decorations. (Instead of getting your mom a real present, make her a star with your own hands. She'll love it.)

-Invite about eight of your friends over for a Monopoly marathon. Test the bond of true friendship. Or if you are in an egomood, play the game of RISK, an opportunity for anyone to take over the world.

-Have a ball by making homemade Christmas cookies and express your creative side by decorating them with different colored

icings, M&M's, sprinkles, and other assorted yummy stuff.

-Being true to the holiday spirit, invite friends over for Christmas Movie Extravaganza. Instead of renting the classics, rent cool Christmas movies such as *A Christmas Story*, *Scrooged*, *Nightmare Before Christmas*, or *Santa Claus*, with Dudley Morre. Drink eggnog and be merry.

-Decorate your room with old Christmas lights.

-If you and your friends are truly brave, venture out into the winter night, pop a

tape of Christmas music in the car stereo, and drive around town sipping hot chocolate out of a thermos and looking at Christmas lights. Don't forget to drop by Doc Hicks' place!

-If you're feeling in an especially giving mood, why not collect some of your and your siblings old toys and take them to the Spouse Abuse Center?

Heck, why not buy some candy and take that with you, too. This is the season of good will. Let's practice a little.

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Gift buying Do's and Don't's:

Possible presents to get your loved ones:

-**Mom and Dad:** If you're like me and tired of getting your parents gifts they ask for and still hearing them say, "Oh, how nice," why don't you just get them a gift certificate to their favorite restaurant? No, not McBucks, but something nice, like Red Lobster.

-**Siblings over 10:** You know your younger siblings idolize you in your teenage glory, so your pretty much safe getting them anything that you would like. How about a gift certificate to Disk Jockey?

-**Siblings under 10:** Two words: Mighty Morphins.

-**Grandparents:** Decorative house stuff, like blown-glass knickknacks they sell at the mall.

-**Friends:** Female friends will be satisfied with pretty much any hip little jewelry from Claires. If you're a girl, get your male friends cool boxers from Merry Go Round. From what I've gathered, men just don't buy each other gifts, so I s'pose you're excluded. What lucky creatures.

-**Aunts:** Get the whole lot of them earrings. You can easily make them yourself with beads and wire or twine.

-**Uncles:** *Accessorize!* Ties, belts, big warm fuzzy socks. Ok, it's cheesy, but at least its not fruitcake.

-**Cousins:** See "Siblings".

What are your plans for Christmas this year?

Paige Ruoff: Going out every single night like I know I shouldn't.

Craig Jackson: Have dreams of Sugar Plum Fairies dancing in my underwear drawer.

Presents *not* to get for your loved ones-if you still want them to love you.

1. **Soap on a rope-** Who really uses that anyway? If you're not smart enough to hang on to a bar of soap, TAKE A BATH!

2. **Those nasty handmade lime green-fuschia sweaters that your Grandmother has an endless supply of-** I realize that you've probably stocked up on them over the past few years and it would be really easy to pass them off as gifts. But if you want to keep your friends, keep the yarn creations from heck in the back of your drawer where they belong.

3. **Appliances with words "Mr." or "Lil' Miss" on the box.- News Flash-** No one wants to use something called "Mr. Cheesepot!"

4. **Handkerchiefs-** That's why we have Kleenex and sleeves.

5. **REAL multi-colored polyester bellbottoms-** The ones that look like baggy jeans are okay, but nobody wants to look like the long-lost Brady child.

6. **Anything having to do with Barney-** Kill the Purple Pifata!!!!!!!!!!!!!!!!!!!!!!

7. **Fruitcake-** 'Nuff said.



Lone Oak offense paves way to 38 point shellacking of St. Mary

by Andy Harris
Sports Writer

Senior guard Eric Fox scored 27 points and hit three 3-pointers as Lone Oak bombed St. Mary 92-54.

"I felt very good about our initial performance," said coach Steve Dreher. "We began to let down defensively late in the game...Overall I was pleased with the performance of the kids."

Besides the brilliant performance of Fox, the Flash got 14 points from senior

Ryan Bivin and 6 assists from senior point guard Tony Englert. Dreher was also pleased by the performances of junior Chad Kirk and sophomore Donnie Stone. Kirk scored 11 points and grabbed 10 rebounds while Stone tossed in 8. Joe Langston led St. Mary with 17 points.

Lone Oak was on fire, shooting a scorching 65% from the floor and 84% from the stripe. The Flash led throughout the entire game,

as St. Mary was helpless against the offensive onslaught. Lone Oak led 49-20 at halftime, and their biggest advantage was 41 at the end of the third quarter.

The game ball goes to Eric Fox, in only his second game back from an ankle injury. "He answered questions about his health," said Dreher of Fox. "He's much stronger, and that has to make our upcoming opponents scared." **Lone Oak 92-St.Mary 54**
Eric Fox 8-13, 8-8 27; Ryan

Bivin 6-8, 0-0 14; Tony Englert 1-1, 4-4 6; Jeremy Felker 3-3, 0-0 6; Chad Kirk 4-4, 2-2 11; Jake Sanders 0-3, 2-4 2; Kyle Sanderson 4-7, 0-1 8; Donnie Stone 3-6, 0-0 8; Nathan Taylor 3-4, 0-0 6; Jon Cargill 2-3, 0-0 4

Field Goals: 34-52, 3 pointers: 8-20, Free Throws: 16-19, Rebounds: 39 (Kirk 11), Assists: 24 (Englert 6)

Lady Flash struggle against Murray

by Andy Harris
Sports Writer

The Murray Lady Tigers had four players in double figures and held Lone Oak to a dismal 29% shooting, as they defeated Lone Oak 67-41.

"I thought we played very well in spots," said head coach Steve Cobb. "Murray is probably one of the top three or four teams in the region. They are very quick, experienced, and athletic...I

was pleased with our effort and desire to execute."

Sophomore Kelly Sanders led the Lady Flash with 12 points. Junior Sarah Steele had 10 points, 6 rebounds, and 3 steals while Danielle Roberts came off the bench to contribute 6 points and 6 rebounds. Bonnie Payne led Murray in scoring with 17 points.

Despite the team's 0-2 start, Cobb remains optimistic. He believes that because this

year's team is so young and inexperienced, it will take a while before the team comes around. "Our kids all have great attitudes and they realize nothing comes easily. If you want to be the best, you must play...and practice with an intensity usually reserved for games. We just have to keep working hard and good things will happen."

Murray 67, Lone Oak 41
Eileen Johnston 1-12, 3-4 5;

Kelly Sanders 5-8, 2-2 12; Sarah Steele 4-9, 2-4 10; Kristie Garrett 0-5, 1-2 1; Rebecca Holland 2-8, 1-2 5; Danielle Roberts 3-5, 0-0 6; Rae Ann Ragland 1-3, 0-0 2; Constance Edwards 0-1, 0-0 0; Kelly Crawford 0-1, 0-0 0; Kristy Hopper 0-1, 0-0 0; Angie Smith 0-1, 0-1 0

Field Goals: 16-54, Free Throws: 9-15, Rebounds: 26 (Roberts, Steele 6), Assists: 3 (Johnston, Sanders, Roberts)

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Purple Flash compete in McDonald's Classic Girls fall to Ballard in opener

by Joel Kaunisto
Sports Co-Editor

Despite losing their season-opener in the McDonald's Tournament to Ballard Memorial, Lady Flash head coach Steve Cobb remained confident.

Said Cobb, "Believe it or not, I wasn't upset after the game. I told our kids before the game that I wasn't concerned about winning or losing. I wanted them to try to execute the things we work on every day in practice, and that if they played as hard as they could possibly play, I wouldn't be upset."


"Ballard was an experienced team, we were not. The only player we had with a lot of varsity experience picked up her third foul three minutes in the game and didn't return until the second half. But her going out gave us an opportunity to play a lot of different combinations and give people some quality minutes."

The Lady Flash lost 61-44, with Eileen Johnston leading the way with 17 points and Sarah Steele putting in 8.

Cobb said of the game, "We never quit. In the second half we played within two points of Ballard. We were down 15 at halftime and could've folded our tents and gone home, but we were still diving for loose balls, and trying to make things happen. We also ran the break very well at all times. I saw a lot more positive out of this game than negative."

However, Cobb did say, "We need to be more offensive-minded. We have too many unselfish people who aren't even looking for their shot. We are too tentative. This will come with more game experience."

Cobb also added, "We feel very positive about the rest of the season. We have some outstanding young players on this team that will continue to grow and mature as the year goes on. We have been saying since June that it doesn't matter what happens in December. People don't remember that. Rather, it's about improving with each game and being ready at tournament time in March. I have every reason in the world to believe this team will be a factor in March."



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Guys beat Reidland in final

by Shannon Hart
Sports Co-Editor

By defeating both Christian Fellowship and Reidland, the Lone Oak Purple Flash won the McDonald's Classic Tournament for the fourth consecutive year.

Christian Fellowship was Lone Oak's first opponent. The guests held a one-point lead at halftime but the Flash came back to win by eight.

Senior Ryan Bivin led the team in scoring with 24 points, shooting three of five from three-point range, and also had seven rebounds. Senior Jeremy Felker contributed 16 points. Sophomore Donnie Stone led Lone Oak in rebounding with 11, and senior Tony Englert dished off for seven assists and only two turnovers.

Lone Oak faced the Greyhounds in the championship game. The Flash expanded only a four-point lead at halftime to a 17-point victory. Senior Eric Fox, who had missed the previous game due to an ankle injury, had 23 points, 13 of them coming from the free throw line. Bivin had 14 points and Felker chipped in with 9.

Bivin and Felker were each named to the all-tournament team for their outstanding play in both games.

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photos by JS



Left: The Kentucky Colonel Band struts its stuff in the Paducah Holiday Parade.

**NEWS
CHANNEL**



Right: Zach Miller campaigns as Mortimer at the BETA Convention with Kelly Seward and Grant Clouser as support.



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