

WLOH media invents new way of delivering news



Ashley Rudolph and Chrissy Jackson review student clips while Jason Schaefer looks at notes.
Photo by Ashley Dillworth

by Jenny Suitor Editor-in-Chief

WLOH presented LOHS with a new idea and way of announcing news. The media class gives the announcements everyday with energy and personality with a professional look. The class consists of Ashlee Rudolph, Jared Jackson, Chrissy Jackson, Chris McGee, Angela Raines, Christal King, and Jason Schaefer, with Mrs. Thurston as advisor.

Ideas and combined efforts helped to develop WLOH over

the last two years. The media class met several times over the summer and decided on set and background choices. They gained knowledge of how to use the equipment and learned the announcement format. Local businesses donated several items, which are credited each morning and the faculty has donated "some great ideas to improve our announcements on a daily basis. We are always looking for new and improved ways to present the announcements."

The staff is responsible for

suggesting, taping, and editing the segments of students and activities shown before the news program. When the announcement portion is taped, it is a combined effort of organizer, reporter, cameraperson, sound, titlemaker, and editor to get the program completed. All staff members also work on personal projects such as questionnaires, special programs, and interviews.

The first part of the announcements is done the day before. The student clips are edited, the menu and pledge are added and music is dubbed over the clips. The second part includes getting the announcements organized, the captions typed in, the reporter reviews the announcements, camera is positioned, and announcements are

actually taped.

The media is "constantly seeking suggestions for improving the quality of the announcements by surveying students via questionnaires and seeking funds to improve equipment and background options." Thurston said "The reporters take their work very seriously and work very hard to produce quality announcements. Criticism should target areas reporters should improve on and not be judgemental or extremely negative."

The WLOH staff encourages teachers and staff to turn in any announcements or taped footage they have concerning club, sports, or classroom activities. "We report only those activities and announcements we are informed about."



Angela Raines and Jared Jackson prepare to deliver news.
Photo by Ashley Dillworth

What's Inside:

News: Nina replica and Coach McGroarty's anatomy classes get involved in interesting activities

Features: school play; student and new teachers

Sports: Flashes pound Hounds; new girl's basketball coach

Editorials: jobs and school don't mix; remembering the "good days"

Sexual Harassment: Is it happening to you? Look inside and find out some facts and statistics.

Key Club contributes to local community

by Mary Ellen Weber
Business Manager

LOHS Key Club members met at Noble Park Sunday, October 10, with paint and paintbrushes in hand. Their mission - paint a community building which desperately needed a facelift.

This was the first service for the Key Club this year, and they plan on doing several other projects. They hope to do some work with the Spouse Abuse Center, nursing homes, and the Boys' and Girls' Club. They also sponsor the basketball homecoming dance, so they are



Shannan Sams, Susan Bongiolatti, and Joel Kaunisto paint happily.
Photo provided by Shannan Sams.

going to be very busy this year.

One Key Club member, Jessica Maddox, said, "Doing these projects gives high school kids a sense of responsibility to the community."

The students had fun while painting the building at Noble Park, and invite more students to get involved. Coach McGroarty, the sponsor of the Key Club, said, "The leadership of the Key Club this year is the best since we started the club. We challenge all students to get involved in the community and join the Key Club."

Schools receive new computer labs

by Jason Phelps
Opinion Editor

As part of phase two of the McCracken county board of education's five year technology plan, over the summer LOHS received two Compaq computer labs worth \$110,000. Reidland and Heath high schools each received one lab bringing the total technology expenditures to \$250,000.

The computers were purchased by Earlene Turner, Director of Professional Development at the board of education. "Our goal is that by 1996 every teacher in

McCracken county will have a computer work station, a computer for every six students and one dot matrix printer per classroom."

Mrs. Farmer, a business teacher at LOHS, said this about her new classroom/computer lab. "The new labs are great! Having access to the latest technology will help our students become better prepared for college and the workplace."



Students learn to use the new computers in Mrs. Farmer's class.
Photo by K.

Applications don't have to be a hassle

by Jenny Suito
Editor-in-Chief

College applications can be a huge hassle and take up much of your time. They can be confusing, but there are some key things that need to be considered when filling out the applications and when planning what to take and do in high school. These applications are a very crucial part of getting accepted to the colleges you are planning on attending.

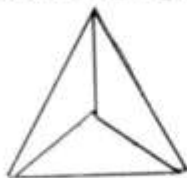
Following are some tips in filling out college applications.

In high school, take challenging courses. Colleges are more impressed by a student indicating they are not afraid of higher level courses and like to take harder classes. They don't necessarily base their decision on if you are making high grades in these classes. Colleges would rather see a student challenging himself than sailing by in easy classes.

Get involved in as many extracurricular activities as you can. These show that a student likes to learn new and different things. If elections are held for class, club, or other officers, then run. This represents leadership abilities. Colleges are impressed by the number of activities and things such as band, choir, newspaper, yearbook, and clubs students are involved in.

College applications usually
Continued on page 14.

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Medical program gives anatomy students opportunity

by Jennifer Grimes
Staff Writer

The Shadow Program gives students interested in the medical field a chance to experience it first hand. A group of students from Coach McGoarty's

Anatomy and Physiology classes will be following or "shadowing" doctors that practice in the fields that the individual students are interested in pursuing. The program is open to high school students in the Purchase area,

and it will take place at both Lourdes and Western Baptist hospitals.

Kissha Peck and Letia Miller plan on attending in the department of physical therapy. Melanie Simms is interested in

obstetrics, and Don Presley is looking into cardiac surgery. Melanie Simms says, "This is a great opportunity for those wanting to enter a health-related field."

McGroarty's anatomy class projects take on human life forms

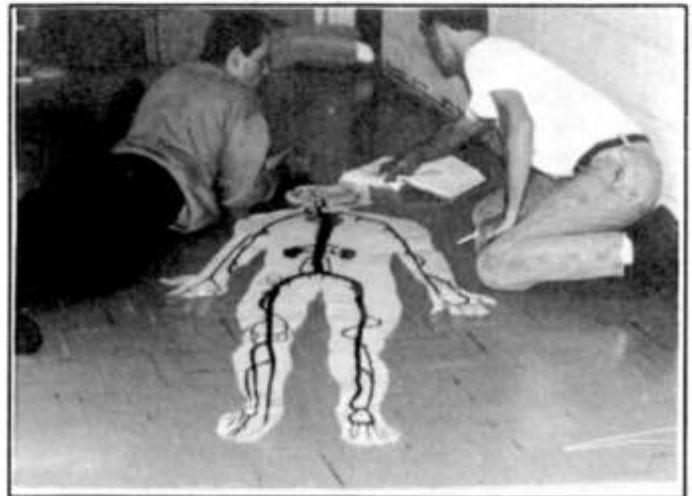
by Jennifer Grimes
Staff Writer

Coach McGoarty's Anatomy and Physiology classes are currently involved in several projects. The sixth hour class has decided to make a game with a similar format to Trivial Pursuit. This game will be extremely large, taking up much of the classroom floor. The students will be in charge of making the game board and the question cards as well as the game pieces. Coach McGoarty wants it to be extremely sturdy so that it may

be used in years to come.

Both classes are currently making cadavers. These are life-size human cut-outs with different systems of the body drawn on by different groups of students. Fifth hour is thinking of taking things a step farther. They will be taking what they learn by working on their cadavers and turning it into book form. The book will be in text form and will have a hard cover.

Good luck to both classes as they work on their projects.



Students work on their cadavers in anatomy.

Photo by A.D.

The Nina comes back from history of 1492; visits Paducah

by Chrystal Galloway

The people of Paducah enjoyed a bit of history in October with a visit from a replica of the Nina, which was docked at the

foot of Broadway Oct. 10 thru Oct. 17. The boat was open for tours in honor of Columbus Day, celebrated Oct. 11.

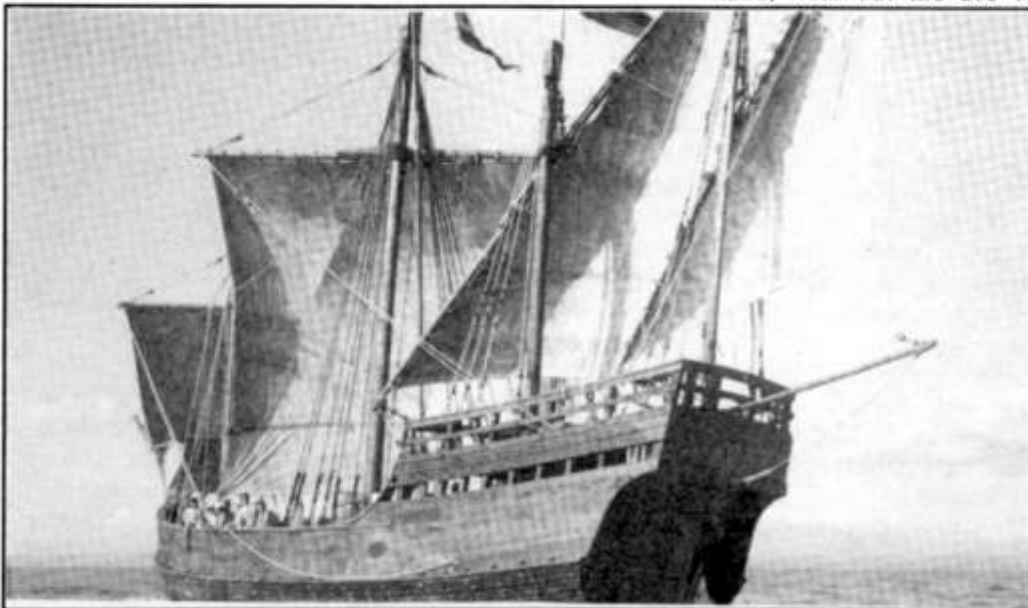
The replica was designed by John Sarsfield and Jonathon

Nance and built in Brazil with the aid of the Columbus Foundation. It was used in the movie "1492" starring Gerard Depardieu, which aired last year. The boat was built entirely by hand, with out the use of

powertools. It has been called "the most historically correct Columbus replica ever built." Shawna Williams said, "Seeing that wartorn boat made me realize what these people went through."

The real Nina sailed along with the Pinta and the Santa Maria on Columbus' first voyage across the Atlantic.

The Santa Maria sank in Haiti and the Pinta's final resting place is unknown. The Nina later made her way with the grand fleet on Columbus' Second Voyage to Hispanola. There he made her the flagship for a voyage to Cuba. The Nina was the only ship to survive a hurricane on West Indian waters in 1495. She was later captured and stripped of arms and crew. Her last recorded voyage was under Columbus in 1501. It is said that she was always his favorite boat.



Around Town

by M.K. Garrett
Editorial Editor

I remember sitting in my Algebra I class one day as a freshman. I was talking to Jennifer Clauser, then a junior. I remember her telling me that it would all fly by, that one day I would look up and I'd be a junior, too. I thought she was out of her mind. High school? Fly by? I thought I'd never be a junior. But here I am. This is something I cannot understand. What have I done for the past two years? Where did they go? How did I get here? Can it really be? My junior class is the next group of leaders at LOHS? Not possible!

I remember moving here in third grade. Kelly Humphrey was the first friend that I made. I remember having to stay in during recess in fourth grade because Mrs. Bostrom thought my cursive handwriting needed work. In fifth grade, I missed the word Florida and was out of the spelling bee. On the first day of sixth grade, I remember following Kristen Seabaugh to my first hour because I knew she was in it and I didn't know how to get there. I remember meeting and becoming

best friends with Ashley Dillworth and having our 13th birthdays together in seventh grade. At our dance, I remember Chris Timmons standing on the chairs dancing. During eighth grade, I remember The War and talking with Kristy Hopper for the first time - what an experience! I remember Brad Gordon wearing floral print tights in Mr. Tidwell's gym class and doing those stupid crunches. Mr. King's constitution test was a killer and I remember in lunch right before the test Maggie Largent saying she was going to write the Amendments on her shoe. I remember throwing up the night before the first day of high school - knowing I would get lost. As a sophomore, I remember meeting and becoming best friends with Shannon Hart, and seeing her room for the first time. You haven't experienced a UK fan until you've seen her walls. I remember the end of our sophomore year thinking it's half over - only two years left.

Memories are what save us. We can hold on to them and be as young as we want. Especially when we're tired of being juniors and don't want to have to be mature. Right now, I'm not typing this on a computer. I'm in third grade and Miss Carroll is teaching me how to write in cursive. -30-

Learn to use your blinkers, please!

by Jenny Suito
Editor-in-Chief

I'm driving along, minding my own business, and suddenly, I find myself slamming on my brakes to avoid causing a major catastrophe. The driver of the car I nicely avoided hitting by risking my own life conveniently forgot a simple task - turning their blinker on.

Now, for those of you who aren't sure what a blinker is, it is a nifty little light that indicates which way you plan to turn. It is very simply turned on by flipping a switch attached to the steering wheel.

It really bothers me that people don't use them. Blinkers actually help ensure

the safety of other drivers so they know when to slow down when they are expecting to turn. Of course, there are people who casually forget their blinker is on and make the drivers behind them guess where they are going to turn, but that's a different story.

The point is, when you are getting ready to turn, learn to use your blinker so you don't cause a ten car pile-up or some other kind of accident. It really is elementary and only takes about an eighth of a second to turn on (down for left and up for right) and most of the time, it automatically turns itself off. Amazingly simple.



The Oak K
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Its purpose is to provide experience for journalism students' expression. Letters to the editor are to be signed and under 250 words in length. The Oak K reserves the right to edit all letters for placement as long as the meaning is not altered. The newspaper attempts to inform and entertain its audience in a broad, fair and accurate manner on all subjects that affect the readers. Final authority for the content of the newspaper rests in the hands of the staff, the adviser and the principal.

I agree with my parents - down with jobs during school!

by Chrystal Galloway

I guess I should consider myself lucky. My parents forbid me to hold a job during the school year. "Which is more important, young lady, a scholarship or car?" the maternal unit keeps bickering. Duh. What would any normal soon-to-be-license-holding teenager say? This has worked out, though, because since I'm not allowed to work, they have to pay for my car. (He he he.)

I did have a job this summer, and I swear I almost went nuts. I was the long haired freak who would jump out of the Paradise

Snow building to chase small children into the road. It was hard balancing my boyfriend, friends and family while working seven hours a day, six days a week. Even though it was stressful at times, that hundred and fifty bucks every Saturday was hard to give up. (Okay, about ten bucks after taxes.)

The one thing I'm glad I don't have to deal with is choosing between work and school. I may be a nut, but I am one of those geeks who does think that education is more important than \$4.25 an hour, even if it means agreeing with my parents. This is

the weekday schedule of one of my dearest friends: 7 a.m. Roll out of bed after closing the night before, didn't get to sleep until about 3:30. 7:40 a.m. Show up at school, sleep through a few tests, beg a teacher to let him turn his research paper in tomorrow. 2:30 p.m. Go home, flop on the couch to take a nap before work. 5 a.m. Must be at the workplace, serve nasty greasy food, deal with people who hate you, stay on the feet constantly, look forward to closing, only done that four times this week. 2 a.m. Get off work, drive home in the car that this wondrous job pays for. Doze off

at the wheel, jerk himself awake. 2:30 a.m. Try to do homework, only two weeks in the nine weeks left. That 3.5 GPA has fallen to a 1.75 since.....The Job. 3:30 a.m. Falls asleep with Hemmingway slipping off of his lap, if the report isn't in tomorrow, it's a zero. Dreams of the social life he's lost.

Now what does that paycheck go for? To pay for his car insurance and gas money so he can drive back and forth to work so he can earn more money to pay for car insurance and gas money so he can drive back and forth to work.....

This is my parking lot, too!

by Sandra Marshall
Staff Writer

Ahem. I would like to begin my very first editorial ever by saying this: Yes, I am well aware that I can neither park nor back up—at least not without killing my engine close to twelve different times, so you can all stop staring now. My deepest heartfelt apologies go out to Eileen and whoever drives the black Firebird. Automobile-equipped students of Lone Oak High School, you have nothing to fear; I can never actually hit your cars because my insurance doesn't cover damage inflicted upon my own vehicle.

Which, of course, also means that when you, courteous Lone Oakians that you are, park (not

momentarily pause to pick up a friend, but turn off the ignition, get out of the car and park!) your large pick-up trucks in the middle of the road, mere inches from my bumper, that I cannot back into you several times.

What's more, considering the excessive age of my car, I can't even back into the mob of individual pedestrians who congregate behind me when I'm trying to exit my office-assigned parking space. I have just one question for you, or the small group of you who continue to stand rooted to the concrete, oblivious to the fact that moving vehicle is coming toward you—sputtering and dying repeatedly, true; but nonetheless coming

toward you. Does it not occur to you to GET OUT OF THE WAY???

By the end of the standard school day, of having my sandaled foot stomped on by large people wearing metal-toed cowboy boots (ouch!), human life means very little to me. After all, if I ran over, squashed and killed every person who walked on me throughout the day. . . Well, we wouldn't have those overly-crowded halls upstairs, now would we?

But enough of my fantasies of "If only I had a large Buick-like car that could maim people without making the bumper fall off"; I must get back to the as yet unmentioned question at hand:

Why do people behave like such idiots on the student parking lot?

I suppose the answer to this question (and many others) can be best summed-up by John Irby's brilliant statement: "Huh? Well, uh. . . I don't remember that, but, uh, okay. . ."

Of course. Nobody remembers anything because nobody is paying the least bit of attention to anything, except possibly digging their Redman Chew out of the fish tackle box in the floorboard. Which brings about another important observation: Have you ever noticed that as soon as you get behind the wheel of a car, everyone else in the entire world becomes a moron except you?

Coincidence? I think not!

Community betrays teenagers trust

by Jennifer Grimes
Staff Writer

Bob Noble Park used to be a place of enjoyment for the entire community. It still is to some extent, but what was the point of closing off the loop that allowed people to drive around the park more than once? Just as many young people cruise the park on Friday and Saturday nights,

It's just a real pain to have to drive up the street to Starnes' Barbecue or Cardinal Point to turn around and go back. The community shouldn't be trying to run the young people out. It should be trying to bring younger people into our city so that it can prosper and grow into something to be proud about.

Not necessarily the truth

Josh Peyton, 18, died over the weekend after apparently trying to swallow a live chicken. Although asphyxiation appears to be the cause of death, an autopsy was ordered. Peyton's mother, who called 911 after discovering her son, says this about his death, "He looked so dazed, and was dying laughing. He was just too stupid."

The mother who asked her

name be withheld went on to say that she believed her son was on LSD and believed the chicken was cooked.

According to The National Drug Education Association, which polled 250,000 students between the sixth and twelfth grades, the use of hallucinogenic drugs is up 6%. When you are on LSD, you don't know what you will do.

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Seniors! Somalia!

The Basic Story of Somalia

A dictator is overthrown leaving thugs who attempt to control the country by controlling the food supply. Without food, the people of Somalia were forced to leave their rural homes and seek more populated areas. The dwindling supplies in these areas rapidly deteriorated and the world was faced with a media blitz of children with waists the size of a baseball bats. The United States, leader of the free world, and the only remaining super power formed a coalition of nations to come to the assistance of this starving African nation.

What Seniors Think

The seniors of LOHS are overwhelmingly of the opinion that all troops should be brought home immediately. The majority feel that since the humanitarian mission has been completed, U.S. withdrawal should be eminent. Any idea of nation-building has been rejected.

What I Think of Somalia

by Jason Phelps, Opinion Editor

The United States has a responsibility to insure that the people of Somalia are no longer threatened by hunger. By withdrawing immediately not only do thugs return and force the people back into starvation, but anywhere else in the world where U.S. policy is disliked, the thugs simply slaughter several Americans and hope we will pull out our foces.

Those who question our involvement in Somalia based upon the idea that starving people in the U.S. should be a higher priority, are wrong. The federal government has an annual budget of almost one trillion dollars. Hundreds of billions are wasted each year on everything from SDI to NASA. The reason that people in this country are hungry is not because the government is strapped for cash, but because the government is corrupt.

I support President Clinton's plan to withdraw American forces from Somalia by March 31. To abandon a job, half completed, is disasterous.

Senior Poll Results

How do you feel about Somalia?

Bring home all troops immediately 73%

Stay until the job has been completed 27%

How is Clinton Handling Somalia?

36% favorable

69% unfavorable

What is your opinion of the performance of President Clinton?

44% favorable

56% unfavorable

Great Pumpkin Race

Winners from LOHS

Sarah Steele- 1st place womens 5K

Jenny Suitor- 1st place ages 16-19 5K

Shane Pearson- 1st place 16-19 5K

Tony Englert- 2nd place 16-19 5K

LOHS team- 1st place team 5K

Another View

by Ashley Dillworth
Chief Photographer

It started out as help. Just send a few soldiers over to Somalia to help the poor, defenseless, people get some food and protection. Everyone saw the pictures and commercials of the Somalian children crying for food. Everyone saw how skinny and unhealthy these undernourished people are. The United States felt it was necessary to help these people. Now these same uncivilized people we were helping have turned against us and are beating and killing American soldiers. Why? And why does the President of the United States, who is supposed to make the right decisions for a whole nation, keep sending more and more soldiers to be killed for people in a different country?!? It is not something I understand.

American soldiers have been shot down, captured and brutally murdered. All because they are trying to help the underprivileged people. These people have ceased to appreciate our help and we

still won't leave their country. It was stated in an article in the USA Today that President Clinton wants to save face. If this is so, I believe saving lives is quite a bit more important.

We have starving, unhealthy people here, in the U.S. Why do we not use our money, time and soldiers to help our own people? Our soldiers wouldn't be losing their lives trying to feed our poor and we wouldn't stand for it either. There are many causes we need to be worrying about in our home country rather than sending our men to be killed in some other country.

We can protest this uncivilized act. We can protest Clinton sending our men and women to their untimely demise. All we have to do is write our Congress man. Tell him we need to become worried about our own people and quit this nonsense.

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Are Beavis and Butthead destroying society? As if the show isn't bad enough

by Chrystal Galloway
Staff Writer

I was just beginning to feel some sort of respect for our generation. I was truly under the impression that we were going to make this world a better place for our children. Then my dreams were ruthlessly shattered. Along came...**The Beavis and Butthead Clones!** (Pause for horrified gasp.)

For those of you without cable, Beavis and Butthead is an animated half-hour series on MTV. The show basically consists of two prepubescent boys, Beavis and Butthead, sitting on a couch critiquing videos with such brilliant observations such as, "This sucks."

Obviously Emmy material.

Truthfully, the show isn't half bad. It's undoubtedly the most realistic show on television today. Sometimes it's even funny in a "lack of braincells" kind of way. After a stressful day, it's relaxing to watch a show where the main characters are two mindless yet conniving idiots who

spend their time wandering aimlessly around TV Land getting into trouble. To me, this is entertainment.

There is one catch. This seemingly harmless cartoon has spawned a monster. The creation of...**The Beavis and Butthead Clones!** (Once again, pause for horrified gasp.)

You know the type I'm talking about, we all know someone. It could be your little brother, your boyfriend (you poor dear,) or as in my case, the freshman who sits beside you in typing. Fifty-five minutes out of my school day is spent cringing, groaning and writhing in my chair, desperately trying to keep a grasp on whatever sanity I have left. If I ever before I die hear, "Heh heh, heh heh. That was cool," or "Fire! Fire! Heh heh. Fire!" from his mouth again I swear I will turn around and slap him silly.

I'm not normally a violent person, but I just can't take it anymore. I may have to deal with this in an uncivilized man-

ner. I am just so baffled as to why anyone would choose to idolize two complete morons like Beavis and Butthead. So being the curious and nosy little chick I am, I decided to investigate.

The one less brainwashed of the cult wished to remain anonymous, I wonder why.

I started the interview by asking simple questions.

Q: "Do you think the Beavis and Butthead Phenomena will last?"

A: "I think that they'll be around for a few generations at least. They are so good at being role models for young boys."

Q: "In what ways do you think the show has influenced you?"

A: "I can tell the way I speak has changed, what I say, 'That's cool' and such. Also, the music I like has changed, they play a lot of good videos I've never seen."

Q: "So, what type of people do you see in the high-clone-risk group?"

A: "Mostly people who have little or no personality. Kids who have a need to fit in are most likely to fall into the clone

crowd."

Q: "Ok, time for the big question, why?"

A: "The reason I think so many teenagers are into Beavis and Butthead is that they are allowed to be stupid, crude, and politically incorrect. They don't have to deal with peers, parents or cops. You know, the things we all want to escape from."

Even though the clone I talked to seemed bright and articulate, I couldn't help but notice that "programmed" look in his eyes. When I asked the dork in my typing class why he likes Beavis and Butthead, he gave me an exasperated look and haughtily replied, "Because they're cool!"

As we now see, Beavis and Butthead Clones come in many different styles, depending on the amount of braincells left. We realize that these types are worthy of our pity. We must help the lost and confused. Maybe I should start a self-help group, Buttheads Anonymous. The freshman in my typing class definitely deserves free membership.

New teacher, Mrs. Masden, is welcomed to LOHS

by Julie Shelton
Feature Queen/Advertising manager

"... I felt like the newest freshman at school." These are the words of Mrs. Masden, our new math teacher, describing her first day at LOHS. "Having come in after school started, I felt more like a sub than a real teacher."

Masden came to LOHS a couple of weeks ago to take Mr. Parson's place as essential math and pre-algebra teacher. She and her family moved to Paducah last summer; previously, she had

been teaching at Montgomery County High School in Mt. Sterling, KY. There she taught everything from remedial math to college calculus and she was also math coordinator for the school district.

Masden attended UK where she received her bachelor's degree. She continued her education at Purdu where she earned her master's degree.

She loves reading, camping and boating, "Anything my girl's are doing," (who, by the way, are Mandy and Deanna Masden,

who are attending LOHS this year). "I just like doing things with my family," says Masden. If she could be anywhere in the world she would be at Lake Cumberland State Park. "If I could do anything I wanted, I would travel and see how people live. If I had had to make a living in something besides teaching, I probably would have gone into medicine."

Masden really likes LOHS, and she is especially impressed with our attendance. She owes a large part of that to our agendas.

"There's something about the agenda books that works for your school. It amazes me that the students carry them and keep up with them." She is also impressed by our morning announcements. Her biggest pet peeve is, "Students wasting their time and their lives."

Please help make Mrs. Masden feel welcome. "I looking forward to being here for several years, teaching a variety of classes and meeting lots of students," says Masden.



Lizzie Borden comes to Lone Oak

by Sandra Marshall
Staff Writer

Many people have already heard bits and pieces of the story of Lizzie Borden, a young woman accused of murdering her father and his wife in nineteenth century Massachusetts; and those who haven't soon will.

This year, the drama department of Lone Oak High School has selected *Lizzie Borden of Fall River* as this year's school play. Rehearsals for the play began the first week of October and opening night for teachers and other staff members will be Thursday, November 11. There will be two shows open to the public on November 12 and 13. Tickets will go on sale two weeks before the show and can be purchased from any cast member for two dollars for students or four dollars for adults.

Directed by Mr. Toy and based on the historical murder mystery, this play has the potential to be the best one yet.



Letia Miller and Nick Curtis show off their acting skills. photo by A.D.

Junior Rotarian



Ashley Gholson

by Gina Doughty
Features Queen/
Circulation Manager

The Junior Rotarian for the month of October is Ashley Gholson. Gholson is the daughter of William and Barbara Gholson. She admits that her parents have been the greatest influence on her life.

Gholson is a Governor's Scholar, Who's Who among American High School Students and a member of the All-State Choir. She attended Youth Salute and has been an honor student throughout her high school career. She has maintained the second highest GPA of her class and is in Chamber Choir.

In her spare time she enjoys music, reading, bowling, golf, tennis and hiking. She also has a part-time job at Daytime Mom's Daycare Center. It is surprising that she has time to study.

Gholson says of her experience, "It is a great honor. I was able to meet and talk with a lot of influential people in the community."

Franklin given new student teacher



Ms. Stuckenberg photo by A.D.

by Ashley Dillworth
Chief Photographer

"I have known I wanted to be a teacher since I was five years old." That is what Jada Stuckenberg, student teacher for Mr. Franklin, said about her decision to teach. When she was five, her older sister would teach her how to do homework. From that point on Stuckenberg wanted to learn how to show someone else how to learn.

Stuckenberg, who is studying at Murray State University, is majoring in Mathematics and minoring in English. She is involved in the community program, SHARE. It's a program in which people perform community service and receive food each month. Along with student

teaching, she also tutors students. "I am a firm believer of one-on-one instruction is necessary for certain students." Stuckenberg also spends her time working. Student teachers have to pay tuition like anyone else.

One of Stuckenberg's most important goals is to be a positive influence on all of my students' education. "There is nothing like the feeling of knowing when a student finally understands," she said.

"A joke around the education department at MSU is that we [students] go to college and learn how not to teach by observing some of our professors." However most of Stuckenberg's professors did influence her. Some of her best high school and college teachers have been innovative, interesting, generally concerned and tough. They made her take responsibility for her own

education. She wants to be able to do the same for her students. "If a student does not take control of his/her learning, then there is no opportunity for success," said Stuckenberg. She wants to teach students how to teach themselves.

Stuckenberg believes that her students respond to her in a positive way. There are times when she senses a negative response from a student. On the whole, though, she is pleased with her students' attitudes.

In her spare time, Stuckenberg likes to sew, read, work on some form of arts and crafts, walk and travel.


Brad S. Mills.
D.M.D., M.S.
Orthodontist
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 Paducah, Kentucky 42001
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Aides deserve class credits

by Gina Doughty

Features Queen

This being my first year as a teacher's aide, I have come to realize all of the work and preparation that teachers must go through. Planning lessons, stapling, writing and marking X's in red on a zillion papers all while trying to remain proper and organized is a tough job. It is a good thing teachers have aides.

During sixth period I run left and right and forget where the time has gone. Sometimes I feel I am working for the English Dept. rather than an individual. Sometimes I think to myself *Why am I doing this for free when I could be getting a credit or even paid for this?* I run around the school and type, assemble, grade and record tests for nothing.

I'm really not complaining about having to do work. I am learning valuable lessons. I like to do these things. However, I feel that I should get some sort of credit for doing

this. I get credit for learning to do other things in school.

A student at Marshall County High School, Siddhartha Cox, tells me of the system in relation to aiding teachers at her high school.

"Not just anyone is allowed to be a teacher's aide. You have to be an outstanding student whom a teacher nominates for the job of aiding that department. We get a business/education-type credit for our undivided assistance," says Cox.

At MCHS the student is chosen by the teacher in order to be his/her aide.

"My credit is listed as 'teacher assistance' and it is actually much like a business course," says Cox.

I think that getting a credit for being an aide should be recommended to the school board. It would also encourage students to do well in class so that they can be chosen to be an aide the next year.

Teenagers should know better! Why pull the scene?

by Shannon Hart
Sports Co-Editor

Recently, there has been a lot of controversy concerning a scene in the newly-released movie The Program. In the particular scene, several members of a college football team lie down on the line in the middle of a road. Cars zoom past honking, and in the meantime the players are laughing and making fun of any teammate that doesn't join in.

Teenagers have copied this act, resulting in injuries

and even death in one case. The scene was pulled, and the edited version started playing in theatres on October 22.

This is a useless thing to do. The movie is rated R; therefore, anyone under 16 or so shouldn't be seeing the movie. Children are the most impressionable viewers, and they won't be seeing it anyway because of the rating.

Anyone over the age of 16 should be sensible enough to know that lying down in the middle of a

road is a foolish and suicidal thing to do. If they don't know that, there is evidently something wrong with their mind, regardless of the scene in The Program.

One teenager who reenacted this scene was intoxicated at the time, which accounts for his lack of judgement. Under normal circumstances, he would have had the sense to realize this was a dumb thing to do.

If critics think this scene is the only thing that drove these teenagers to do this,

then what about all the murder scenes and other criminal acts portrayed at the theatres and on television? Shouldn't all these scenes be banned, too? Can't they influence viewers just as well?

People have got to stop blaming TV and movies for everything wrong in our society. Anyone who realistically thinks that lying in the street is risk-free has a serious problem, regardless of what they watch.

SEXUAL HARASSMENT

SEXUAL HARASSMENT IN THE WORKPLACE: IS ANYONE SAFE?

by Sandra Marshall
Staff Writer

Many people still consider the term "sexual harassment" to be just some vague legal implication that doesn't apply to them and that will never have any place in their lives. Still more associate the idea of such harassment in the work place with powerful executives and the secretaries who later sue them for millions of dollars and make front page headlines.

However, a recent survey of employed students at Lone Oak and other area high schools re-

veals that the problem may strike closer to home than many people think.

Of the students who responded, 53 percent of working females reported having been subjected to at least one incident of sexual harassment at their places of employment. Of these, 42 percent reported harassment by a boss, ranging from inappropriate comments to attempted rape. Another 42 percent reported customer harassment, but only 14 percent claimed harassment by a fellow employee.

For males, the numbers were

much lower, with only 14 percent of those surveyed reporting harassment at all. The perpetrators of these acts were almost invariably customers, with the exception of one boss's wife.

Other results of the survey show that females who work in restaurants are the most likely to experience some sort of sexual harassment, followed by those who work for small businesses. Employees of department stores, family-owned businesses, and places such as grocery stores seem to have the lowest potential for harassment.

The difference in the amounts of reported harassment may be accounted for by the famous male-female Double Standard; that is, that what many females may take as blatant harassment may seem to males to be nothing more than a little harmless flirting. If these are the attitudes exhibited by the masses, it might also explain why much of the reported harassment, abuse and violence against women is by guys who claim to have "not meant anything by it."

Seniors polled on sexual harassment

One hundred thirty-one LOHS seniors were polled during English class to find out their views and experiences on sexual harassment. Of these 131 seniors, 16% of males have been sexually harassed once and 16% had been repeatedly harassed. (Total harassed-32%). 68% of males have never been sexually harassed. 30% of females polled have been sexually harassed once. 26% of females have been repeatedly harassed. (Total harassed--56%). 44% of females reported to have never been sexually harassed.

24% of those who had been sexually harassed said that it had occurred at school. 24% of female seniors at LOHS have been harassed at work and 16% have been harassed at both school and work. 36% of these people have also experienced being sexually harassed at other places.

Of students who had been sexually harassed, 5% of the harassers were reported to have been teachers/faculty members. 40% of the sexual harassment was done by peers. 23% of polled seniors reported to have been harassed by employees/employers. 16% have been harassed by other people.

Everyday millions
sexually harassed. Ev
American let it go un
too far? Where v

**What's hap-
pening to you?**

**If you suspect that
you are being sexu-
ally harassed,
contact a teacher
or guidance coun-
selor. It's not flirt-
ing, it's illegal.**

HARASSMENT! PROBLEM?

What would you do?
Based on a true story.

Harassment on 225
College Avenue?

by M.K. Garrott
Editorial Editor

NOTE: ALL NAMES HAVE BEEN CHANGED TO PROTECT STUDENTS' PRIVACY. STATISTICS TAKEN FROM SEVENTEEN MAGAZINE, MAY 1993.

These are the facts: who — Ron, a 15-year-old sophomore guy, the typical high school stud, popular, cool, good looking; Melinda, a 15-year-old sophomore girl, pretty, well dressed, liked by fellow students; and an observer, Terry; where — outside between the main building

ons of Americans are
Everyday millions of
unreported. How far is
e will it all stop?

and laughs even more, which only encourages Ron. Melinda honestly tries to get away, obviously getting aggravated with the behavior. She screams for him to let her go, while he is now pushing himself up closer to her, from behind. He is laughing, thinking how much fun he's having.

Terry realizes right away what is happening - Sexual Harassment. Then she thinks again, Melinda was laughing and smiling, not exactly fighting him off. Until he started to get really aggressive. So what should be done? Is it sexual harassment or not? If it is, should it be reported? Who's the judge?

Cases like this happen every day at every high school across America and possibly LOHS. Most go unreported. Surveys reveal that 92 percent of the 12-16 year olds that responded feel harassed by classmates. Eighty-nine percent of the time it takes the form of suggestive looks, gestures or comments while 83 percent of the time students experience touching, pinching or grabbing. Twenty-seven percent have felt pressure to do something sexual while 10 percent have been forced to do something sexual.

If this happens to you here at school, report it. Mr. Rushing says, "Any kind of sexual harassment should be reported. The student should come to the guidance counselors, who in turn will report it to the proper law authorities, or in extreme cases, the Department of Health and Human Services." Sexual harassment is an offense and violates your rights, not to mention the hands-off policy imposed upon the students of the McCracken County Schools. Sexual harassment can be stopped, but it is in the hands of the victims.

and the E building; when — a month ago, after 2nd hour.

This is the case: several students are walking between the buildings to 3rd hour. the observer, Terry, is leaving the main building through the doors by the back stairway. Terry is behind the guy, Ron, who is following the girl, Melinda. When all are outside, Ron begins making remarks - cute little one liners - to Melinda about her physical appearance, obviously pleasing to him. She turns and smiles and giggles at him. Terry witnesses all this. Then, Ron (who is carrying no books) begins to run his hands along Melinda's sides, from her ribs to her hips. She squeals

By Chrystal Galloway

Because of the recent Channel One features and other media coverage, students at LOHS are becoming more aware of what constitutes sexual harassment. Sexual harassment in and out of the schools may be nothing new in our society, but students can now be aware of what it is and ways to stop it.

In a school atmosphere, there should be a sense of trust between teacher and student. How can this be accomplished if the student is scared of his or her teacher? Nationally, four times as many girls than boys are sexually harassed. However, boys can feel just as degraded as girls when they experience sexual harassment.

There are two distinct ways teachers can sexually harass their students. If teachers talk about their sex lives or if they make suggestive comments toward their students, these things are wrong.

Another type of sexual harassment has little to do with sexual behavior, but more to do with prejudice against someone because they are either male or female. If a gym coach tells the boys that they "throw like girls," or if a teacher always gives a harsher punishment to boys instead of girls, this is also considered sexual harassment. If a male teacher makes degrading remarks that women cannot drive, play sports, or exercise as well as men, this is also wrong.

The law defines sexual harassment in two ways. The first, known as *quid pro quo* harass-

ment, is obvious and shameful: A teacher tells a student, "If you do this sexual favor for me, I will give you an A. If you do not, then you fail." The second kind of harassment is harder to

prove and much more common. It's called hostile environment, and that means that the atmosphere at school is so uncomfortable that the equal treatment of sexes is impossible.

The U.S. Supreme Court has ruled that students have the right to be protected against sexual harassment. If you believe that a teacher's actions could be considered harassing, then speak out. There are steps to take if you feel you are being sexually harassed: Tell your parents and tell the principal or your guidance counselor that you believe you are being subjected to sexual harassment and that you want the situation investigated.

Hopefully, the day will come when there is no more sexual harassment. All people-students and teachers alike must be aware of their rights to be protected and of their responsibility not to infringe upon the rights of others.

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Not the mall . . . AGAIN!

by Chrystal Galloway

Beat Editor

Gee, isn't the nightlife of Paducah simply thrilling? You know, danger around every corner, excitement around every cow, enough to drive a girl crazy. Let's see, for most teenagers of Paducah the average weekend consists of the mall, the movies, the great diety of hangouts Noble Park, or drinking. Eek! Is this what our superwaycool highschool memories are to consist of? I plan to save thee, brothers and sisters. These ideas are good for a group of friends or a soul mate.

-Have a David Lynch-movie party. Rent every David Lynch movie ever made, pop some popcorn, make numerous chocolate

treats, and veg out.

-Take all of your friends out one night into the middle of nowhere and play the age-old game of Truth.

-Spend a Saturday downtown checking out the antique stores and pawn shops for the perfect Christmas presents.

-While downtown, buy oodles of cheap bead necklaces, go to a friend's house, unstring the beads, make friendship necklaces and trade them.

-Play poker with your Halloween candy and eat until you fall into a diabetic coma.

-Go on a real picnic with French bread, a block of cheese, a summer sausage and a bottle of sparkling apple cider. *Night or day, inside or*

out.

-Start collecting memories. Take your friends, a camera, 8 rolls of film, and spend a good afternoon in as many cheesy poses you can think of.

-Get really dressed up on a Saturday night and all go out to a very expensive restaurant, ordering only water and breadsticks. Don't forget to make a reservation.

-Make a pot of hot chocolate, spend the night with a group of people you don't know that well and take turns telling each other your life stories, sparing no details.

-For the sake of redneck humor, go cow tipping. Something to tell the grandkids.

-Go rollerskating, bowling or any other sport with really

keen footwear.

-Play freeze tag in a cemetery at midnight, every one wearing mostly black.

-Call every person you have ever wanted to date, wait for someone to pick up the receiver and don't say anything. Let them make a fool out of themselves.

-Go serenading.

-Invite all the gang over and experience the wonders of Rit-Dye; your hair, your clothes, or your favorite backpack.

-Visit the local playground, L.O.E. has a nice one. Run around and be a kid again, just don't break your arm on the monkey bars.

Bumpersticker of the Month:

"My other car is a broom."

FBLA

FBLA has decided to select a Teacher of the Month. The club will be voting at each meeting on a different department. The teacher who receives the most votes will be invited to attend their next FBLA meeting and will receive a certificate. He or she will also be recognized on the morning announcements.

Region 1 Conference is at Murry State University, March 10, 1994. To be eligible to attend, members must have 150 points. Those points are achieved by attending club meetings, selling soft drinks at basketball games, committee work, participating in fund-raisers, or bringing refreshments to club meetings.

BETA

The Beta Club is busy getting ready for the state competition December 2-5 in Louisville. Members interested in going

should pay their eighty dollars to Mrs. Thompson by November 5. Spaces are filling quickly, so get your money in as soon as possible. Shannon Sams will be running for the office of Vice President. A group from Lone Oak will also compete in the talent competition. The club is also doing a service project for the month of October. Members will be Trick-or-Treating for canned goods to donate to a local charity organization.

Hey all you outspoken types, if there is something you think belongs on this page, be it a review of some sort, creative writing, quotes, or anything that you, the student body, feel needs to be on this page, put your name and telephone number into Mrs. Campbell's mailbox and I will get a hold of you. What do you have to lose?



The Student Council Officers are: President, Adrienne Gleason; Vice President, Joel Kaunisto; Recording Secretary, Kelly Speer; Corresp. Secretary, Janey Collins; and Treasurer, Lee Ann Larrison. Kelly Speer not pictured. Photo taken by Ashley Dillworth.

COLLEGE FAIR

Executive Inn
November 9th
6:30 - 9:00

Information on many colleges will be available.

Grimes ecstatic over Flash's pounding of Hounds

by Shannon Hart
Sports Co-Editor

"It's exciting, baby!"

Quarterback SheRon Minter wasn't the only one ecstatic over Lone Oak's win over Reidland on October 15. It was the Flash's first win of the season.

When the game had ended, the scoreboard read Lone Oak 35, Reidland 16. It was Lone Oak's best offensive display all year, and it left the Greyhounds still searching for that first elusive win.

Junior Scott Slankard scored the first touchdown with 5:36 left in the first quarter. He ran 84 yards for the score, and newcomer Alan Harwick made the field goal. Slankard would then score again in the second quarter.

With that, the score was 15-0 Lone Oak, and the Flash fans started hoping for a victory. But Reidland would score nine points of their own before halftime, and everyone realized Lone Oak didn't have it in the bag just yet.

"I think pride was on the line," said head coach Randy Grimes.

"You have to give credit to Reidland."

At 3:00 in the third quarter, Lone Oak fans started to sweat when Reidland put seven points on the board, making the score 16-15 in their favor.

"There was no doubt in anybody's mind that we were going to score [again]," Coach Grimes said, "as long as we were consistent."

With 7:20 left in the game, Harwick struck again with a touchdown and field goal. Four minutes later, Minter intercepted a Reidland pass and scored another touchdown, making the score 28-16.

The Flash still weren't done. "We play four quarters, 48 minutes," Coach Grimes said. "We're not going to celebrate until the game's over." Minter intercepted again with 29 seconds left, and 10 seconds later, senior Macy Booker scored the last touchdown of the night. The field goal was made and when the clock read 0:00, Lone Oak had stomped the 'Hounds.

"It feels pretty good," Slankard said of the team's first win, "but



Craig Peeler carries the ball while Blake Thompson blocks a Reidland defender.

Photo by Jenny Suitor

hopefully it will not be our last. I plan to make it to the playoffs and winning there, too."

"Words can't describe it," said Coach Grimes after the game, in a voice that was nearly gone from the night's battle. "It's important for the seniors. Don't ask me how it feels, ask them. I'm going to be retiring here.

"The problem at Lone Oak was that they had too many coaches in the past. But I'm here to stay, and in four years you're going to see us win

the state championship."

Later, in a jubilant locker room, amidst players celebrating, Coach Grimes told his team, "I believe in this program."

"This victory was big for us," he said later. As far as for what the future holds, "there's no telling what's out there. I can't say it will happen next year, but people better start watching out . . . This is the place to be, this is the school to be at."

Rae Ann Ragland goes to state in golf

by Shannon Hart
Sports Co-Editor

When it was time to pick the five best golfers in the region to attend state, sophomore Rae Ann Ragland was chosen. She has been playing golf for six years.

Ragland, who also plays basketball and softball, worked extremely hard on her overall game and practiced constantly to prepare herself for this honor. This year, her best score for nine holes was 44 and 98 for eighteen holes.

Ragland is not sure how she finished at state, but said, "Next year I hope to finish higher."

The top two teams from the region are also chosen to attend state, and Ragland said, "Next year the whole team is going to work at our game and hopefully we as a team will be going."

"I think I learned a whole lot and [going to state] makes me want to improve my golf game," said Ragland. "It was a learning experience, I had fun, and I hope to be going next year."

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Wait till next year

by Mary Ellen Weber
Business Manager

Okay. The Braves lost. They won 104 games in the regular season, just barely beating the Giants, and they couldn't make it to the World Series. The Phillies are going instead.

I'm having a terrible time believing it really happened, but Greg Maddux got hurt and that was that. They might as well have given the game to the Phillies right then.

I am a sick person. I've gone through this day telling myself to accept it and get on with life, but I just can't. You see, I take this really hard, too hard in fact. After Bill Pecota made the last out, you would have thought someone died at my house. I think I'm still in shock.

I think I might get over it if there weren't constant reminders of it. I mean it certainly does not help when someone comes up to me saying, "Phillies won, Phillies won!" It makes me sick to my stomach. Maybe I need to go to a psychologist.

I read somewhere that the Braves would lose because of the Cub factor. A team must

have three former Cubs to be affected by this virus. I had thought of this before, but I could only think of two former Cubs on the Braves - Maddux (the awesome pitcher) and Damon Berryhill (the pretty darn good catcher). But then Mike Royko told me in his column. Even I, the biggest Braves fan on the face of the earth, didn't realize that relief pitcher Jay Howell spent a brief time in a Cubs uniform. Sad, oh so sad.

I believe in this theory only because I am a baseball fan, and we baseball fans are incredibly superstitious. I saw the Cub factor kill the Pirates last year when Frank Cabrera knocked in Sid Bream with two outs in the bottom of the ninth to win the National League Championship Series for the Braves. The Pirates had three former Cubs on their team.

Whether Maddux, Berryhill, and Howell jinxed the Braves or not, I'm depressed. It will take me a while to get over this, but I've gotten over their post-season losses before. I'll survive this one, too, I suppose. Just wait till next year! Chop Chop!!

Girls soccer team heads into regional tournament

by Joel Kaunisto
Sports Co-Editor

With a record of 1-9-1 going into the regional tournament, this season has been less than spectacular for the girls soccer team.

Head coach Tony McGroarty and assistant coach Mike Williams still have some hope with a first round game versus Reidland, one of the top teams in the region.

Williams feels the keys to do-

ing well are "denying their strikers the ball on the defensive end and having a fast front line." Williams also feels keeping possession of the ball, getting breakaways and attitude are important, too.

Added Williams, "The Lone Oak girls team has some of the better athletes in the area. If they can ever come together as a team

continued on page 20

Shannon Speaks: Be Like Mike? No thanks!

by Shannon Hart
Sports Co-Editor

On October 6, the lives of Bulls fans were shattered by Michael Jordan's unexpected announcement of retirement. Fans, young and old alike, cried over their hero's departure from the game of basketball. One writer thanked Jordan for reinventing the game of basketball, and even Larry Bird said, "He is God disguised as Michael Jordan." Many articles chronicling the event refer to him as the world's best professional athlete ever.

I'm sorry, all you Jordan fans, but I beg to differ with these statements. Reinventing the game of basketball? God in disguise? The world's best athlete in all of professional sports EVER? When articles and commentaries are made by, say, 30-year-old reporters, how many athletes have they actually witnessed in their lifetimes? They haven't seen all the great athletes, only read about them. What justification do they have to make a judgement of that magnitude?

What about Babe Ruth, Muhammed Ali, Wilt Chamberlain, Joe Montana, Martina Navratilova? What about athletes in sports that don't get much coverage, such as golf? They don't get the acknowledgment

they deserve.

Besides that, sure, Jordan was a wonderful scorer and a great defensive player. But is he really an all-around player? How many rebounds did he average? How many assists? Is he a team player?

In an interview last year, when talking about the Bulls, Jordan referred to the team as 'I'. "...I feel like I'm in total control. Whatever's going to happen out there, it's not going to happen until I start it...I can see the other team looking at me, and they know what I'm going to have to do, and their job is to stop me, and my job is to make sure they don't stop me." Apparently he's never heard the old adage, "There's no 'I' in 'team.'" And in my opinion, someone who does not give his teammates the credit they deserve isn't the world's best anything.

Just because his face is plastered on television and everywhere else, and just because he is portrayed as the only basketball player worth watching, doesn't mean he's worthy of the title "World's Best Pro Athlete Ever." It is absolutely impossible to pick one professional athlete out of all sports in all of time and say, "He's the best ever." Especially when he's not.

Galloway
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Coach Cobb looking forward to great season in girls basketball

by Shannon Hart
Sports Co-Editor

When the varsity girls basketball team tips the season off, there will be a new face roaming the sidelines. Larry Hopper resigned to take the assistant principal position at Reidland, and Steve Cobb was hired to continue the tradition.

Cobb has nine years coaching experience in both basketball and football. Seven of those years were spent at Webster County, and the last two years Cobb served as defensive coordinator of the Lone Oak football team.

"I see a lot of potential with the girl's program," said Cobb. "Certainly there's a lot of work that needs to be done, but I foresee us as a force to be reck-

oned with beginning this year and for many years to come."

As for the practices, Cobb said they are going, "excellent!" but you might get a different response from the players. "They [the girls] are the ones you'll find moaning and groaning as they walk down the halls," Cobb said. "Some of them are sore in places they didn't realize they had."

On this year's prospects, Cobb said, "We want to be competitive with every team on the schedule. This includes perennial powerhouses Marshall and Graves County. A winning season is another realistic prospect, as is a first district championship. Last year's team proved anything is possible once

you make the regional tournament."

Cobb's first order of business is to make sure his team knows the basics. "I believe in order for a team—any team in any sport—to be successful, they must first master the basic fundamentals of the game. Our style of play will be aggressive, hard-nosed, in-your-face defense. We want to create chaos on the floor and try to capitalize on every mistake our opponents make.

"Offensively, we will look to run every chance we get. If the break is not there, we'll set it up. We'll probe the defense for a weakness and then exploit that weakness until the opponent adjusts. We want to dictate the tempo of every game if at all

possible."

Cobb was very impressed with last year's team. "They get beat 62-18 by Mayfield during the regular season, then defeat them 57-55 in the opening round of the regional. That takes a great deal of character.

"We want to build the type of team people want to come out and support, an intelligent one that is unafraid to dive for loose balls, play harassing man-to-man defense, and basically get after the opponent with unrelenting effort for the entire 32 minutes. Once we are able to initiate this style of play with some degree of regularity, great things are going to happen to the ladies in purple and gold."

Athletes of the month

by Shannon Hart
Sports Co-Editor

With soccer season coming to a close, senior Jennifer Bristoe is the last Athlete of the Month for the sport.

This was Bristoe's first year to play soccer for Lone Oak. "I decided to play because it looked like it would be fun," she said.

"We've really worked hard this year," said Bristoe. "We tried our best to win every night out."

Bristoe plays many different sports besides soccer. She has been a member of the track team since she was in the seventh grade, and she plays softball and basketball. She is also a member of DECA.

Bristoe said, "Soccer and basketball are very similar. The major difference between the two is one you use your feet and one you use your hands. I couldn't say which one I prefer because I really enjoy playing both of

them."

Coach Mike Williams said of Bristoe, "She has speed and endurance and sheer determination. She's not afraid of anyone."

On being chosen Athlete of the Month, Bristoe said, "I would just like to say 'thank you!' I feel honored to be considered Athlete of the Month since there are so many good athletes in this

by Joel Kaunisto
Sports Co-Editor

In only his second year of varsity soccer, junior David Ellegood, the October Athlete of the Month, has contributed a lot to the team.

According to head coach Greg Vickrey, he adds "speed and a lot of patience."

So far this year he's scored 10 goals, including a hat trick (three goals in one game) against Lyon County, and has four assists.

Vickrey also says of Ellegood, "He's come along pretty good.



Seniors Jennifer Bristoe and Brent Scowden, and junior David Ellegood
Photo by Ashley Dillworth

He really gets in there and tries to score. We've changed the line up this year and maybe it's more suited to his style of play."

Not only is senior Brent Scowden leading the football team in tackles with 98, but he also lines up at fullback to aid the Flash's running attack. That's why head coach Randy Grimes

named him Athlete of the Month.

Said Grimes, "It's his first season at linebacker. He's become more confident at the position and has improved his aggressiveness."

Grimes also said, "Brent's a very dedicated player...With his work ethic he will be a role model to people who will play the position in the future."

Boys soccer team heads into district tournament

by Joel Kaunisto
Sports Co-Editor

Although this year's boys soccer team has only a 6-10-1 record, head coach Greg Vickrey still seems optimistic going into the district tournament.

He has good reason to be, with the team beating Lyon County 12-2 to set a new school scoring record and a very impressive game against Calloway County which ended in a tie to finish the season.

Said Vickrey of the season so far, "We haven't played up to expectations but we seem to be improving the last couple of games. The older players are playing together and the younger players are coming in and doing well."

Vickrey believes the keys to doing well in the tournament are "everyone has to believe the youngest guy on the field is as good as any of the older guys and playing our game-



Junior Shane Pearson tries to take the ball away from a Lyon County player in recent soccer action at home.

keep the ball on the ground and play good, solid defense."

The district tournament starts October 25, with host Lone Oak playing St. Mary. The winner then plays Tilghman, which has been

ranked in the top 20 in the state.

Vickrey feels there has not been a clear choice for most valuable player, although several players have done well. Some of the players he did

mention were Tcny Englert, who has 13 goals and 7 assists, David Ellegood, Patrick Hook, who has 7 goals and 11 assists, Shane Pearson, Joel Kaunisto and Josh Miller.

Word up is....
BRIGHT'S



Z. CAVARICCI
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Paducah, Kentucky 42002

The secret of their success

by Shannon Hart
Sports Co-Editor

As of October 20, the Lone Oak freshman football team had a record of 6-1, including four shutouts. One reason for the team's success is that compared to last year, this season's team has twelve additional players.

"We have a group of young men with better than average talent combined with desire and a big heart that stretches from shoulder to shoulder," said head coach Allen Franklin.

The team has played five freshmen only games and two combination freshmen-sophomore games. Up until the seventh week of the season, they were undefeated, outscoring their opponents by 70 to 26.

Coach Franklin has been a freshman coach the past two years. Mike Crawford is the defensive coordinator while Coach Franklin is the offensive coordinator.

"When a math teaching job

opened at Lone Oak, I applied for the job and was hired," said Coach Franklin. "About a month later, the freshman football coaching job became available. I applied for it and here we are today."

One of the team's best qualities is its balance. "Being a member of the team is like being a member of a family," said Coach Franklin. "There is no most valuable player. They are all members of the family and are all of the same value. We would not have a strong team with a really good record if it were not for the effort and hard work of each team member.

"This group of young men are laying the foundation for really good things to happen in the football program at Lone Oak," Coach Franklin said. "I sincerely feel that we will see this group of young men traveling to Louisville to participate in the Kentucky state football playoffs before they graduate."

Class Officers



← Seniors

Senior class officers: President-Aaron Harper; Vice-President-Ansley Hunter; Secretary-Rebecca Lovelace (not pictured);Treasurer-Lee Ann Larrison; Reporter-Tara Green

Juniors →

Junior class officers: President-Joel Kaunisto; Vice-President-Dana Swann; Secretary-Tauzzia Meriwether; Treasurer-Kenya Atherton(not pictured)



← Sophomores

Sophomore class officers: President-Stephanie Getz; Vice-President-Allison Heath; Treasurer-Paige Rouff



Freshmen →

Freshmen class officers: President-Nikki Key; Vice-President-Katie Hunter; Secretary-Anu Manchikanti; Treasurer-Dana Sowash; Reporter-Emily Johnson



continued**Cont. from pg. 2
College applications**

include an essay question. Students are urged to take these questions seriously and always edit your work several times. Mistakes in grammar or spelling can lower your chances of getting accepted. Don't try to impress by writing on difficult subjects. Instead, choose a topic you're familiar and comfortable with.

There are some mistakes in filling out a college application. Confusing and mixing up different applications and messiness of the applications lower the chances of getting accepted into a college. Fill out all information and as accurate as possible and make a copy of the application before you turn it in.

**Cont. from pg. 14
Girl's soccer**

they could be a dominant force in girls soccer."

This year's team was led in scoring by Wendy Reeter and in assists by Adrienne Gleeson. As for most valuable players Williams named several- seniors Janey Collins, Jennifer Bristoe and Gleeson, junior Susan Bongiolatti, sophomores Carrie Rushing and Sarah Steele and Reeter, a freshman.

Spanish III teaches students new way to communicate

by Jenny Sutor
Editor-In-Chief

The elementary classrooms are learning how to be bilingual once again.

The Spanish III students will be teaching primary students Spanish once a week. The class consists of John Listar, Ryan Bivin, Tony Englert, Angie Smith, Shannan Sams, Kelley Speer, Hunter Housman, Susan Bongiolatti and Amy Williamson.

"In order to teach effectively, the

students have to know the material well," Mr. Buckner said. Buckner hopes the students will benefit from teaching by the "experience of sharing their knowledge of another way to communicate and also working with others toward a common goal."

Buckner said, "I feel this is a learning experience for the Spanish III high school students as well as the

elementary students they teach."

How do the students feel about the teaching? Well, Buckner said "they seem excited and want to do a good job." The elementary students will learn another language and a beginning of an appreciation towards another language and culture. The Spanish III students start teaching November 1.

Lizzie Borden of Fall River cast

Lizzie Borden - Letia Miller

Andrew Borden - Craig Jackson

Emma Borden - Janey Collins

Mrs. Churchill - Julie Shelton

Amy Robsart - Tywatha

Massengill

Sousa - Patrick Fletcher

Rev. Jubb - Mike Kilpatrick

Carlotta - Sandra Marshall

Harrington - Andy Walker

Jenning - Nick Curtis

Marshal - Tony Kent

Alice - Audra Hall

Vinnie - Cathy Morgan

Bridget - Karen Davis

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Faculty's newest faces at LOHS

New teachers (Top-L-R): Mrs. Helen Mungle, Miss Teresa Underhill, (Bottom-L-R) Mr. Randy Grimes, Mr. Courtney Neel and (pictured left) Mrs. Deborah Masden

The Etiquette of Cow Tipping and House Rolling Revealed

by **Laura Denison**
Contributing Writer

Yes, fruit and cereal lovers, it's that time of year again. I realize that by the time you have the privilege of reading this short treatise, this special day, my favorite holiday, will already be past. But I'm writing anyway.

Witches, pumpkins, a

full moon, rolling your friends' houses with toilet paper and the tipping of farm animals (have you guessed yet?)—Halloween.

Following are a few rules of, shall we say, etiquette, that apply for year-round rolling and tipping activities.

1). Never roll your chemistry teacher. He'll

KNOW who did it.

2). Never attempt to acquire the rolling material (preferably Charmin) from a public place (such as Whitehaven or Lourdes Hospital).

3). Always carry mase amounts of doughnuts and coffee with which to, shall we say, persuade your friendly

neighborhood policemen to look the other way.

4). Never use "used" toilet paper. I need not say more.

5). Finally, the one you've all been waiting for—the animal rights stand on tipping. Well, here goes—DON'T DO IT!! Any questions?

A Jolly Green Frog

A jolly green frog,
His heart pulsating wildly,
Suddenly crushed by a semi-
Screaming in terror,
But no one heard,

-Author Unknown

1993-94 LOHS Girls Basketball Teams

Varsity

Jennifer Bristoe
Melanie Sims
Caroline Steele
Kissha Peck
Robyn Midgett
Susan Knott
Tara Wilkinson
Lee Ann Larrison
Eileen Johnston
Kelly Crawford
Sarah Steele
Rebecca Holland
Kristie Garrett
Rae Ann Ragland

Junior Varsity

Kristy Hopper
Angie Smith
Kelly Crawford
Rae Ann Ragland
Sarah Steele
Rebecca Holland
Carrie Anderson
Sarah Phelps
Danielle Roberts
Susan Burnette
Kelly Sanders
Gina Halstead

The Elephant in the Room

There's an elephant in the room.

It is large and squatting, so it's hard to get around it.

Yet we squeeze by with, "How are you?" and "I'm fine."

And a thousand other forms of trivial chatter.

We talk about the weather.

We talk about work. We talk about everything - except the elephant in the room.

There's an elephant in the room.

We all know it's there.

We are thinking about the elephant as we talk together. It is constantly on our minds.

For you see, it is a very big elephant. It has hurt us all.

But we do not talk about the elephant in the room.

Oh please, say her name.

Oh please, say "Heather" again.

Oh please, let's talk about the elephant in the room.

For if we talk about her accident, Perhaps we can talk about her life?

Can I say "Heather" to you and not have you look away?

For if I cannot, then you are leaving me Alone...

In a room...

With an elephant...

-adapted from Terry Kettering

Will the real Chelsea please step forward?

by Mary Ellen Weber
Business Manager

I looked at the headline on the front page of *The Paducah Sun* - "Clinton arrives in Paducah." Further investigation into the article revealed that the President had spent the preceding night at the Executive Inn, was to speak at area high schools (including Lone Oak) today, and give a final speech at PCC at about six PM.

I already knew all of these facts, and I further knew that Clinton was here to sell a plan that he claimed would help our economy. In fact, everyone with any sense at all knew that the plan would eventually kill Martin Marietta.

"Now why does that man have to go and ruin an otherwise perfectly good day?" I thought.

I was running a little late so I dropped the paper, grabbed my books, and rushed out the door.

When I got to school the media were already gathering. Clinton was to speak at eight o'clock. There

was Jason Phelps, an avid Clinton supporter, talking to the local news.

"I think this shows how much he cares for the youth of our country..." I overheard him say. YUCK!

Some local residents were standing around hoping to catch a glimpse of the President as he walked by on his way into the school. They were making it very difficult for me to get inside. As I passed them someone yelled, "Hey, there's Chelsea Clinton!"

Curiosity getting the better of me, I turned around. Where was she? I wanted to see if she looked better in person.

An excited hand grabbed my arm. I turned my head to see that the hand belonged to a woman who looked to be about thirty years old.

"Can I have your auto-

graph, Chelsea? My daughter really admires you," she said. "By the way, did you get your hair straightened? You really went from one extreme to the other didn't you? And you're really kind of skinny. The TV cameras make you look so porky!"

Thinking she was kidding, I laughed and said, "Don't even tell me I look like Chelsea Clinton." This thought really disturbed me.

"Come on Chelsea, don't be like that. Please sign this," said the woman emphatically.

"This woman must be nuts," I thought.

"Ma'am, I'm not Chelsea Clinton, (thank God). I'm Mary Ellen Weber. I wouldn't be Chelsea for all the money in the world because if I were she, I'd have to be a Democrat." I said calmly but firmly.

She replied by saying, "You are Chelsea Clinton, and I defy

you to prove otherwise."

I showed her my driver's licence, my St. Mary's Dance card, and my school books, but the deranged woman refused to be convinced.

By this time I was really upset. Did I really look like Chelsea Clinton? I wouldn't mind so much if I were mistaken for one of the Gore girls; they are all pretty. But Chelsea?! She's only thirteen years old. I know I look a bit young for seventeen, but really!

A crowd was gathering, and I could hear a helicopter in the distance. I figured it was time to escape, but the only way this woman would let me go was if I signed her paper. So I signed it, hoping I spelled Chelsea right, and ran.

Well, I thought, looking on the bright side, the day can't get much worse, and at least they didn't think I was Millie Bush!

by Mary Ellen Weber
Business Manager

I am 1893;
I am 1993.
I am children;
I am parents.
I am a hot summer day;
I am a cool October night.
I am playful childishness;
I am concentration and strategy
I am soft green grass;
I am hard brown dirt.
I am a crushing collision;
I am swift and graceful.
I am hope;
I am hopelessness.
I am cheers;
I am boos.
I am fans
I am players.
I am exuberant joy;
I am desperate heartbreak.
I am baseball.

1993-94 Freshmen Girls' Basketball Team

Sarah Phelps
Susan Burnette
Danielle Roberts
Kelly Sanders
Gina Halstead
Jackie Cargill
Danielle Vinson
LeAnne Rushing
Linley Gay
Sarah Woods
Tiffany Hayes
Chrissie Powers

Go
BIG
FLASH

Headlines are cool! Heh huh huh, huh, um, heh

by Letia Miller
Contributing Writer

In my opinion, my parent's decision to move to England was not the best decision they have ever made. I was forced to leave all my friends and to begin a new life in a completely different country. At least I didn't have to learn a new language.

On my first day of school, I woke up straining to push the feeling of dread off my chest. My parents did their best to cheer me up, but to no avail. I was determined to hate this new school and this new life. I choked my breakfast down and grabbed my bag, opened the door, and set out towards my new school, a few blocks away.

On the way to school, I passed by Buckingham Palace to watch the changing of the guard. While I was standing there, a man with a black derby hat and a monocle rushed over to me.

"My word! Princess Di, what are you doing out here? and why are you dressed like that? You shall be hurt if you stand out here much longer! Come with me, your majesty!"

He grabbed my hand and rushed me into an awaiting car. We hurried inside the palace, horns honking and people shouting after our departing vehicles. During this time, my mind began to race. What am I going to do? I haven't the slightest idea how to behave like a princess!

"Don't open your mouth, Diana, it's not lady-like. And cross your legs! My word, where have your manners slipped off to?" snapped the gentlemen with the black

derby. I quickly corrected myself and played the role of a princess.

They escorted me into the palace's front hall, and a rush of servants and harried attendants greeted me. One took off my coat, another took my bag, and one began assessing me.

"Goodness Alfred!" chastised the woman to the man in the black hat. "The queen mother will hear about this, I assure you."

"Oh, hush up, you old hen! Mind your own manners. The important thing is, she's safe."

A young maid took my hand and escorted me up the stairs as the two attendants argued over my fate.

"Shhhh! Don't say a word, please!" she pleaded. "Do I look familiar to you?"

I sat for a moment and gathered my thoughts. "Yes," I decided, "You look like... Princess Diana, actually."

"Well, I am. And I'm so thankful you were found instead of me. This morning I woke up and decided to leave. I'm sick of palace life! I sneaked out and found this maid's outfit to disguise myself. As soon as this working day is over, I'm outta here!"

"But what about me? What do I do?"

"Oh, I don't know... develop an affected accent, stick your schnoz in the air, and cross your legs. It's easy. I'm just bored with dinners and diplomats, attendants and ambassadors. I want freedom! I want to chew tobacco! I want to romp in the mud! I want to go line dancing! I want to chew the fat in

cheap saloons! I want to watch made-for-TV movies! I want to visit Graceland! I'm headed for America! I'm off! So long! Have fun!" and with that, she ran off.

I sat down on a nearby couch lost in a state of confusion. I rubbed my temples, trying to prevent an oncoming headache. Then Alfred came running into the room. "You have a dinner at 5:00 sharp with the Duke of Earl. Tinnette will escort you to your chambers to select an appropriate garment."

Tinnette took me to a huge room with velvet draperies adorning the beautiful windows looking out onto Hyde Park. She threw open the enormous doors to the wardrobe and quickly selected a gown of fine silk. "It fits you perfectly," she said decidedly.

I was left alone to ready myself for the upcoming dinner. I practiced my "affected accent" and reviewed all my table manners. Alfred came in and looked me over. "You look fine. Now come along, we mustn't be late."

Dinner went fine, except I think I ate the escargot with the wrong fork. I sneaked off to find a telephone to call my parents, who were probably worried about me.

"Mom! I'm at Buckingham Palace! Princess Di ran off and now I have to take her place!"

"Dear, if you are running away from home, just come right out an say so!" she sobbed. "I've never done anything to you except try to

be a good mother!"

Dad took the phone away from her and proceeded to tell me that I should come back home and that I was grounded for upsetting my mother. I hung up; there was no use in arguing.

I wandered about the palace, exploring every room. The riches of this palace astounded me. How could anyone get tired of living in such a beautiful, comfortable place!?

I could. After a week, I began to want to climb the walls. There was no one to talk to, no one to play cards with even. Also, why hasn't anyone questioned my identity? I figured out that no one really cared about who Princess Di is, it's what she is. A job.

When I went to bed that night, I heard somebody tapping at the window. It was the real Di. I let her in and listened to her adventures in the honky-tonks of America. It wasn't as great as she thought it would be. Especially the made-for-TV movies. She told me that she greatly appreciated the help I gave her and that I would be welcome into the palace any time. Then she gave me 100 pounds and helped me sneak out of the palace. I walked home and went inside to a tearful greeting. They promised me that we would move back to America because Mom figured out that she hated English weather, and Dad missed Monday Night Football.

The Oak K staff

