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The Oak K

Lone Oak High School
225 College Ave.
Paducah, KY 42001

Sept. 1992
Vol. 52, Issue 1

Fifty-two years of continual Lone Oak pride and tradition.

Hillary Clinton visits West Ky. Vo-Tech to discuss technical training

by: SARAH WILLIAMSON
Editor-in chief

The Democratic presidential nominee's wife Hillary Clinton toured West Kentucky State Vo-Tech School of Paducah September 22, 1992. Her main focus was to investigate the progress of technical education of America today.

Running almost one hour late, Mrs. Clinton arrived to first visit the cosmetology class. Her booming voice echoed throughout the room. "Hi, I'm Hillary Clinton. How are you?"

She complimented the equipment in the cosmetol-

ogy class and commented on her unfamiliarity or a particular permanent wave technique.

Mrs. Clinton was then escorted to the carpentry class to view the playhouse built by the students.

After touring the playhouse, she was available for a short press conference.

According to Mrs. Clinton, only 30 percent of students obtain a college degree.

She said her husband will concentrate on more technical training to open more students. If elected, Clinton will require high school graduates to at least obtain a

two year degree in technical training.

Mrs. Clinton said, "We need a real education president...education (on Clinton's agenda) will be a number one priority, beyond the economy."

Clinton is also looking to establish trust funds for scholarships for those wanting to attend college, but do not have financial means.

Mrs. Clinton also said, "We need to motivate our young people...we need education for life long skills."

"This election needs to be about real people and real people's problems," said Mrs. Clinton.



People listen intently as Hillary Clinton expresses her views of vocational training at West Kentucky State Vocational School.

Seniors participate in Youth Salute, "Winners' Seminar"



Youth Salute participants are: (back row) Andy Stubblefield, Garland Crawford, Aaron Wilson, Bret Morris, Holly Holland, Heather Williams and Carole Harder (featured speaker at "Winners' Seminar"). (front row) Julie Grogan, Johnna Waggoner, Jennifer Clouser, Leah Garrett, Jennifer Oster and Sarah Williamson.

by: SARAH WILLIAMSON
Editor-in-Chief

Twelve seniors from LOHS were selected to participate in the 1992 Paducah Area Youth Leadership Council's "Youth Salute" program. The students were nominated based on applications with a minimum GPA of 3.0 and leadership abilities.

The seniors were: Jennifer Clouser, Garland Crawford, Leah Garrett, Julie Grogan, Holly Holland, Bret Morris, Jennifer Oster, Andy Stubblefield, Johnna

Waggoner, Heather Williams, Sarah Williamson and Aaron Wilson.

Grogan was one of ten semi-finalists chosen from the 289 participants. She was eligible to compete for scholarships totaling \$2500. "It was a positive experience," said Grogan.

Participants were photographed by McCarthy's Studio with portrait salutes displayed at Kentucky Oaks Mall during the summer. The students were also recognized by WDDJ-97FM.

A leadership conference

sponsored by Murray State University was held Aug. 8, 1992. Students were awarded a \$50 scholarship by McCarthy's Studio to attend the two day "Winners' Seminar" featuring Carole Harder.

The seminar emphasized the importance of self-esteem and positive attitudes in young people of today.

Jennifer Oster said, "It was great getting to meet all those people. I really made some good friends."

The Oak K salutes you!

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Features pp. 5-8 McCracken Co. gets new superintendent.

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Where did they go Students lose identity for 1992-93 school year

Staff Editorial

No more senior hall. No more freshman hall. No more seeing friends at their locker between classes.

What happened to the unity of the classes through such a simple thing as specialized halls? Simple answer- alphabetization. Students with about the same name are grouped in the same hall and aren't

located next to the person behind or in front of them alphabetically. Go figure.

The reason for this abrupt change is that bookbags, books and other assorted items were on top of the lockers. It looked less than pretty for banquets and luncheons.

How many banquets are there during the year? At the most there are six. The

majority of those are for sports, and the sportsmen's bags are usually the ones on top of the lockers.

Most students as underclassmen could not wait to get to the big senior hall and share a locker with a great friend. Granted, now students don't have to share lockers and have more room.

But there is a certain

unity about each of the halls. It was relatively easy to locate friends whom you don't have classes or lunch with.

The band students have their lockers in "E" building. That's convenient? Sure, if you have a deadly weapon to get past the people.

Many students' lockers are inconveniently located

in comparison to their classes. Those students ended up switching lockers anyway with a friend.

The alphabetization deal was a good effort, but it has broken the unity of all four classes. The class of 1993 really misses its hall, and so does the class of 1994, and class of 1995. The class of 1996 doesn't know what it's missing,

but surely they would like the idea.

"Two bits! This is dumb! Is this a pep rally? I want to go to third hour."

Staff Editorial

That doesn't sound like an explosive pep rally. That sounds like a tense time when everyone gets together to make fun of everyone and roll their eyes about the same kind of assembly every season.

Complaints filled the air about how dull the event

was after the first pep rally of the year.

Instead of a structured pep rally, a less organized one would allow the students and players to be more enthused.

All the students could see the football players better if they were on the floor with the cheerlead-

The pep rally could be more productive if the students, especially football players and cheerleaders led and MCed the cheers.

What about other sports? The girls tennis team was recognized at the first one of the season, but what about the soccer teams?

Positive recognition results in winning teams, no matter what the score.

If the students sat together on one side of the gym, the reception to the cheers and activities would be more exciting, and the school would be unified in support of the team.

Allowing the students to

be wild for fifteen minutes wouldn't hurt anything. It is doubtful if a fight would break out. If people are stupid enough to fight, they do so after school. Teachers can supervise the crowd, as they do during all assemblies.

The spirit from the students can be brought out

through some simple revisions in the pep rally. With cooperation from everyone, the pep rallies can be more enjoyable, productive and can let the teams know the entire school believes and supports them.



The Oak K Staff

Editor-in-Chief: Sarah Williamson

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The Oak K is produced monthly by publications students at Lone Oak High School, 225 College Ave., Paducah, Ky. 42001. Its purpose is to provide experience for journalism student expression. Letters to the editor must be signed and under 250 words in length. The Oak K reserves the right to edit letters. The Oak K is printed by the Benton Tribune Courier, and advertising is five dollars per column inch.

The Oak K General Policy

The Oak K is a newspaper produced by the Lone Oak High School journalism department. The entire student body, the primary audience of readers, receives the paper free of charge to encourage readership and to ensure the showcasing of student journalistic work.

Secondary audiences that receive the paper include faculty, local community, other school journalism programs throughout the country and organizations that promote the development of scholastic journalism.

The newspaper attempts to inform and entertain its audience in a broad, fair and accurate manner on all subjects that affect readers. The publication seeks also to provide a forum for the opinion of students, the staff of the paper and the faculty to encourage an exchange of ideas and opinions on issues of prominence to the readers.

Letters

The staff encourages letters as they constitute a constructive avenue for student opinion, but the writer must sign the letter to be considered for publication. Due to space limitations, not all letters can be published, and the staff reserves the right to edit all letters for placement in the paper as long as the meaning is not altered.

Editorials

Each issue of The Oak K will contain at least one staff editorial. It is the consensus of the staff, therefore it will be unsigned.

Corrections

Only major mistakes will be corrected, not misspellings.

Editors' Comments

Sarah Sez:

Editorial Comment

You can make a difference
"How can I get involved?"
There's nothing to do in Paducah!" "I'm bored."

Talk about some of my pet peeves. UGH!!!

Some people want to get involved in school activities, but don't know how.

Listen to the announcements to know important dates. Of course I know it's hard when everyone is talking during Channel 1. Teachers take heed-make your classes be quiet during announcements.

Try to get involved in something you're interested in doing. Don't join an activity because "everyone" else is. Join because it appeals to you.

By getting involved in school and community functions of the entire program. That is, if you're willing to work. Nothing bothers me more than when people pay dues to a club and do no work so they can put it on college resumes.

I've met some of my closest friends through participation in activities.

Being a member of programs keeps boredom away. Like my mother always says, "Grab a comode brush if

you're bored." There are always things to do.

Our generation has not been taught how to entertain itself, so it turns into negative time-production.

Therefore, by becoming involved, each person can make a little difference.

What is the difference?

"There is very little difference in people, but that little difference makes a big difference."

The little difference is attitude.

The big difference is whether it is positive or negative."

-Stone

**IN
YOUR
FACE**

Smell s Like a Gerbil

Editorial Comment

Beth Carmichael, Assit. Ed.

Everyone in this world has an attitude. Whether it is good or not is another situation. But when a person has a bad attitude, that smells sike a gerbil to me. People have the opportunity to change their attitude.

Challenging yourself could be the answer. Try these things to give yourself a positive attitude.

1. Smile every day. Make someone around you say "Hi!" with a smile by exchanging the same.

2. Don't dodge eyes in the hall. Meet people straight in the eyes, and tell them "Hello!"

3. Tell yourself every morning, "Today is going to be a wonderful day."

4. Challenge yourself academically. Use those long words from vocabulary in proper context. Use adjectives fluently to describe how you feel.

5. Compliment two people every day. Look them in the eyes when you do. When you are complimented, smile and say "Thank you."

LOHS FFA places second for second year in a row

by: **GINA DOUGHTY**
Circulation Manager

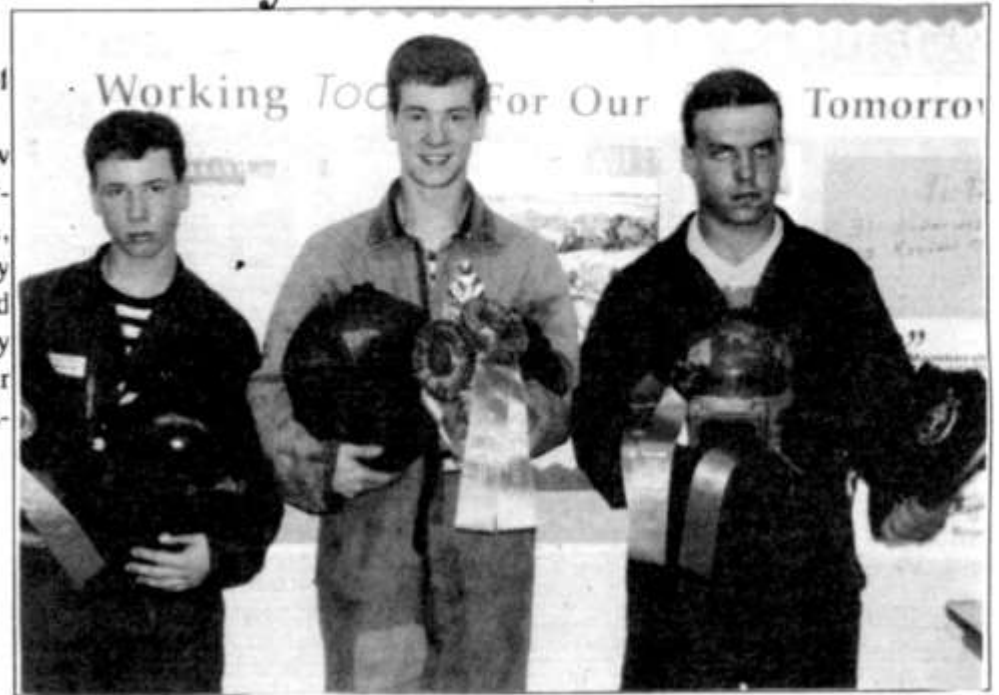
The LOHS Agriculture Department - FFA has won the state Welding Championship for the second year in a row. The team defeated Fleming County by a victory margin of 64

points for the state title. The victory was the fourth state title since 1985. Members of the team were Gary Blair, David Blair and Mike Gholson.

Lone Oak member Blair also won the state individual welding championship by receiving the highest

score in the state of Kentucky.

Lone Oak will now represent the purchase region, McCracken County Public Schools and the state of Kentucky at the Mid-South Fair in Memphis, Tennessee later this year.



FOR THE RECORD

LOHS gets long-awaited new track at Flash Field



by **SHANNON HART**
Circulation Manager

When students went to the first home football game of the year, they saw an addition had been made to Flash Field. A new track had been built around it.

Football coach Tony Roth said that for several years, concerned people have pushed for a track at Lone Oak. The track team has had to practice at Tilghman's track in the past. The track was approved by former superintendent Larry Harper, and the building of it was put into motion. Funds came from the board.

Now that Lone Oak has

its own track, members of the team will have a place of their own to compete and train. Coach Roth said that the track will "decrease our liability by getting our students off the streets." He also thinks it will increase the aesthetic look of the football field.

One of the main purposes of the track is to allow more concentrated practice, and to give the athletes the opportunity to practice on a facility that is the same one which will be competed on.

Coach Roth said, "The key to any success in a sport is having the equipment and facilities."

Beat Business

by **MARY ELLEN WEBER**

Advertising Manager

The art class is participating in an art contest sponsored by the Women's Club. Their projects will be judged at the district level by the Women's Club on Oct. 9.

The district winners will then be sent for state judging. The state winner will receive \$25.

They are also entering a Christmas Card competition sponsored by the Homeless and Housing Coalition of Kentucky. The winner of this contest will receive \$100.

by **SHANNON HART**

Circulation Manager

The choir is getting off to its usual busy and bustling start. Seventeen students are going to the All-State auditions in September. At the end of the month, the All-State Choir members

will be selected. The choir is also beginning to work on its Christmas music. This year, combined with Livingston Central High School, they are performing Handel's Messiah with a full orchestra. The concert will be at First Baptist Church.

by **JENNY SUITOR**
Features Editor

A new source of information is coming to Lone Oak library. It is the Ebsco CD-ROM. The CD-ROM is a computer that allows viewers to have access to articles from over 370 general magazines. It also includes magrill book reviews created by Salem press. These reviews provide summaries of classic literature and current bestsellers.



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Cool

Seniors attend mock government sessions at Boys' and Girls' State



Boys' and Girls' State participants are: Holly Holland, Sarah Williamson, Aaron Wilson, Bret Morris and David Amundson.

by MARY ELLEN WEBER

Advertising Manager

Five Lone Oak seniors attended either Girls' State or Boys' State. Holly Holland and Sarah Williamson went to Girls' State, and David Amundson, Bret Morris and Aaron Wilson attended Boys' State.

Girls' State was held at Western Kentucky University from June 7-12. Morehead State hosted Boys' State from May 29-6.

In both Boys' State and Girls' State the students con-

ducted a mock state government. They had a political rallies and later elected people for the office of governor and for the offices in the state senate and the state house of representatives.

They then proceeded to create and pass bills. "I was really surprised at the way we worked together and passed the bills," said Williamson.

The purpose of this process was to inform the students about state government.

"I understand the way the government works better

now than I did before I went to Boys' State," said Morris.

"I learned a lot about the government," said Wilson.

The boys did not completely enjoy their experience at boys state.

"It was too structured," said Amundson.

"We had to get up at 4:30 a.m. every morning. I didn't like that much at all," said Morris.

The girls, however both said they had fun. Holland said, "I met lots of great people and had fun."

Three seniors go to college for one month for GSP



GSP seniors are: Julie Grogan, Casey Mungle and David Amundson

by: ASHLEY DILLWORTH
Chief Photographer

Three seniors, David Amundson, Julie Grogan and Casey Mungle attended Governor Scholar for five weeks this summer.

Amundson, who studied at Centre College in Danville, Ky. majored in Russian. He studied a different subject each week such as literature, politics and art. When asked how he liked it he said, "It was great."

Mungle attended Murray State University. His major was math and he also took a

class on computers and journalism. Most of his extra time was spent scuba diving and playing volleyball. Tennis, softball and basketball were also popular sports. Mungle said, "I thought it was great. I wished I could stay longer."

Grogan also attended MSU. Her major was music, and her minor was biology. She played tennis and volleyball in her spare time. She sang and accompanied a choir, taught an aerobics class and ran track. Grogan said, "I loved it. It was a lot of fun and there were a lot of neat people."

Junior Rotarian

by: Jason Phelps
Beat Editor

The Junior Rotarian for the month of September is Julie Grogan. A Junior Rotarian is a senior selected by the faculty to represent Lone Oak at the Rotary Club, an association for business people in Paducah.

The Rotary Luncheon is held each Wednesday at the Irving Cobb Hotel. At the first luncheon Grogan attended, there was a presentation about the new quilter's building. Grogan said that the meeting gave her "a chance to branch out and be around new and interesting people."

Grogan is interested in tennis, soccer, running, piano



Julie Grogan, senior

and choir. She attends Lone Oak Church of Christ. Grogan plans to attend David Lipscomb College and major in elementary education.

Tennis team finally grabs state championship

by: MARY KATE GARROTT
News Editor

After settling four times for second and third place finishes the LOHS tennis team has finally clutched the Overall Team title.

The tournament, held

June 4-6 at the University of Kentucky Tennis Complex, based the winning system on points earned from each match. Singles competitors Nicki Edwards and Rebecca Holland earned three points each.

The doubles teams of

Julie Grogan and Caroline Steele, and Cherie Little and Millie Lynn accumulated seven points combined for the winning sum of 13 points. The second and third place finishers, Russell High School and Sacred Heart, ended up with 12 and 11 points, respectively.

A regional tournament was held first to determine who was sent to state. Two singles players and two doubles teams are sent from each region.

food for thought

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McCracken Co. gets new superintendent beginning 1992-93

by: MARY KATE GARROTT
News Editor

There's a new man sitting at that big desk in the superintendent's office in the Board of Education. He's the McCracken County Schools new chief executive, Clinton D. Kirk.

Kirk, whose position as superintendent officially began July 1, 1992, is originally from western Kentucky. He attended Murray State University and the University of Kentucky and is in his 23rd year of education. Prior to accepting his new job, Kirk was superintendent for four years at Harrobsburg Independent Schools, near Lexington, Ky. he is married with a son, Chad, a freshman

at LOHS. Kirk said he quickly noticed how well McCracken County Schools were previously run. He said much of this is "due to former superintendent Larry Harper," who retired over the summer.

"McCracken County is still growing," said Kirk. That is one reason for the dramatic student increase this year at LOHS. Last year at the beginning of school, there were 753 students. This year it jumped to 832. Much of that is due to the 237 freshmen this year, compared to the senior class of 175.

Kirk said McCracken County Schools are known to be "solid and high performing," two factors people moving to this area look for

when choosing a school.

"Superintendents are supposed to know a little about a lot of things," said Kirk. He said much of his new job is ceremonial, but he also makes budget decisions and has hired five new staff members and has acquired two new board members. Kirk said the board is "the link between parents and professionals."

The school principals now answer to Kirk instead of the assistant superintendent. He said that the KERA is letting schools make many of their own decisions, instead of coming to the superintendent.



Mr. Dale Kirk explains the job description of a superintendent.

Meyer-Heuser exchanges for third program

by: MARY KATE GARROTT
News Editor

Anne Meyer Heuser, this year's foreign exchange student, comes to us from Göttingen, Germany. She is a sixteen-year-old senior, and

French for three and Latin for two. In Germany they go to school on Saturday.

Outside school, she likes to listen to Genesis, REM and Lenny Kravitz, among others. Meyer-Heuser also enjoys playing tennis and "traveling, of course." She has also attended exchange programs in France and England.

"I think it is a new chance for the people in the Eastern part and I hope all Germans learned from the past and take this chance," Meyer-Heuser said. Since the wall fell, there has been more traffic in her town because people want to live and work in the west, where more money is made.

In Göttingen, Meyer-Heuser has a sister and both parents are teachers. She has written and sent pictures from this area, but says she "doesn't miss them yet, perhaps some friends."

Meyer-Heuser's host parents are Larry and Redeana Jones and their daughter Courtney, who have hosted exchange students before.



Anne Meyer-Heuser, senior

came to America on August 21, 1992, and will stay the entire year.

She said school at LOHS is very different from hers at home. It finishes at 1 p.m. and they don't eat lunch at school. Everyday has a different schedule, and the teachers, not students, change classes. Meyer-Heuser has studied English for five years,

In Germany, there are no speed limits, but eighteen is the legal driving age. Also, Germans are allowed to drink alcohol after their sixteenth birthday.

Meyer-Heuser lives ten miles west from the "ex-border" of the former Germanys and has visited where the Berlin Wall once stood. There are still remains lying on the ground.

There's power in positive thinking

Do you expect this to be a great school year for you? If you do, it probably will be a great year; if you don't, this year will also meet your expectations.

Often times your expectations make the difference in whether you succeed or fail.

This anonymous poem emphasizes this fact:

The ones who think, "Can't do it,"
are those who never will.
For they start out defeated;
each can't becomes a nil.
But one who thinks, "I'll do it,"
has half the battle won.
The state of mind that wills it
can help one get things done.
It's not the strong or smartest
who know how to begin.
But rather those with a spirit
who start and do and win.


The power of positive thinking is not a new concept, but it is one that is not emphasized as much as it should be.

Imagine the change in the world if people would use this power to develop their potentials to the fullest. How many people are living mediocre lives when they could be so much more?

We are what we think. Put the power of positive thinking to work for you and this will be the best year of your life.

YOU ARE WHAT YOU THINK

SELF-ESTEEM = LIKING YOURSELF
ATTITUDE = THE WAY YOU THINK



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Could AZT be causing more harm than help?

by SHANNON HART
Circulation Manager

Ryan White. Kimberly Bergalis. Alison Gertz. All these names are familiar as people who have died of AIDS. But did they die of AIDS, or were their deaths caused by the drug AZT?

AZT is usually the first drug treatment given to AIDS or HIV-positive patients. Magic Johnson and Arthur Ashe are both taking AZT. The U.S. Government claims that AZT prolongs the lives of people in-

fectured with HIV, and that clinical trials back up this contention.

But is AZT really helpful to AIDS patients?

The AZT drug helped AIDS-infected Alison Gertz at first. But when the drug started to lose its effectiveness, Gertz became extremely ill. Doctors tried for weeks to find a medicine combination that would relieve her of pain.

Ryan White died after five years of struggle. Gertz died after four. Kimberly

Bergalis died within two.

Compare this with gay activist Michael Callen, who has been HIV-positive for an entire decade. Callen has never taken AZT.

Callen has even written a book on the subject, called *Surviving AIDS*, in which he claims the only long-range AIDS survivors are those who do not take AZT.

Two other books have been written on the questionable AZT. In *Good Intentions: How Big Business and the Medical Establishment Are Cor-*

rupting the Fight Against AIDS, author Bruce Nussbaum says AZT is merely a marketing tool.

Poison by Prescription: The AZT Story, written by independent scholar John Lauritsen, is another book detailing suspicions of the drug.

More and more people are beginning to wonder if AZT is really medicine that will help people with AIDS and HIV virus live longer lives.

by SHANNON HART
Circulation Manager

"If I can get this, so can you."

This is the message Alison Gertz sent to everyone before she found out she had AIDS. She was an unlikely AIDS victim.

Up to the time of her hospital stay, Gertz had the life that everyone on the Upper East Side. She had a steady boyfriend she'd been with for years. But one fatal mistake six years earlier destroyed it all.

Gertz spent one night with a man whom she later found out was HIV positive soon after her diagnosis. A friend later confirmed he di-

Acquired Immune Deficiency
Hey, it can

Alison Gertz,

She, too, thought she

AIDS is the sixth le

Calendar for Oct.
Tues. 13-State Golf Tourn.
Mon. 19-In-Service
Tues. 20-First 9 Weeks ends
Sat. 24-ACT at PCC
March For Gold
Band Contest HHS
Mon. 26-District Soccer
Tues. 27-Report cards
Sat. 31-Halloween

"IF YOU LOVE YOURSELF, THEN YOU CAN GIVE LOVE AWAY. YOU CAN NOT GIVE AWAY SOMETHING YOU DO NOT OWN."

Did You Know...

- ...that AIDS is the sixth leading cause of death among 15- to 24-year-olds.
- ...that during the past three years, the cumulative number of 13- to 24-year-olds with AIDS increased 77 percent.
- ...that nearly half of the afflicted teenagers come from just six places: New York, New Jersey, Texas, California, Florida, and Puerto Rico.
- ...AIDS strikes nine times as many men as women in the United States. But among 13- to 24-year-olds, the male-female ratio is just four to one.
- ...Heterosexual contact, which accounts for just 6 percent of America's adult AIDS cases, has generated twice that proportion (12 percent) of the cases among young people.

(Information taken from the August 3, 1992 issue of *Newsweek*)

MODELING CLASSES AND COMMERCIAL ACTING

BY GINA VICKREY -
"Counselor of Fashions And commercials For Universal Studio", Producer of Calendars"

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Gertz and her parents became AIDS activists, with her mother leading an organization called Concerned Parents for AIDS Research. She felt they would be more likely to listen to her rather than to the doctors.

Gertz said, "You know, I've stopped saying, 'Why me?' It was her duty to warn that it can happen to normal people. It can happen to anyone."

Fame is something most AIDS patients don't acquire. She was on numerous talk shows and on *After Something to Live For: The Alison Gertz Story* was a success. It received 180,251 calls in only twenty-four hours.

Maybe you feel the issue of AIDS is being overblown. But the most important and frightening thing

by SHANNON HART
Circulation Manager

"If I can get this, so can you."

This is the message Alison Gertz sent to everyone before her death. She was a heterosexual who'd never used IV drugs when she found out she had AIDS. She was an unlikely AIDS victim, but one just the same.

Up to the time of her hospital stay, Gertz had the life that any girl could envy. She had wealthy parents she lived with in Manhattan's Upper East Side. She had a steady boyfriend she'd been seeing for three years. She was pretty and pampered. She had everything. But one fatal mistake six years earlier destroyed it all.

Gertz spent one night with a man whom she later found out to be bisexual. She suspected it was he who had given her the disease soon after her diagnosis. A friend later confirmed he died two years earlier of AIDS.

Acquired Immuned Deficiency Syndrome

Hey, it can happen to you!

Alison Gertz, 26, died Aug. 8, 1992, from
AIDS

She, too, thought she was immune to this dread
disease.

AIDS is the sixth leading killer among teenagers.

Gertz and her parents became AIDS activists, with Gertz lecturing at high schools and her parents being active members of an organization called Concerned Parents for AIDS Research. She wanted to go public with her story to notify young people of the dangers of AIDS. She felt they would be more likely to listen to her rather than their parents or the media.

Gertz said, "You know, I've stopped saying, 'Why me?' because I know 'Why me'. Look what I'm doing. No one else is doing it." It was her duty to warn that it **can** happen to normal young people who are not gay, drug users or recipients of blood transfusions. It can happen to anyone.

Fame is something most AIDS patients don't acquire. But Gertz did. The media immediately swallowed up her story, sympathetic and interested. She was on numerous talk shows and on the covers of magazines. A film of her life story was even aired last March. After *Something to Live For: The Alison Gertz Story* was shown in the spring of 1992, an AIDS hotline received a record number of 180,251 calls in only twenty-four hours.

Maybe you feel the issue of AIDS is being overblown, and chances are, if you're careful, you won't have to worry about getting this disease. But the most important and frightening thing about Alison Gertz's story is that she probably thought so, too.

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AIDS Deficiency Syndrome

happen to you!

26, died Aug. 8, 1992, from AIDS

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Leading killer among teenagers.

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What Gertz did. The media immediately swallowed up her story, sympathetic e covers of magazines. A film of her life story was even aired last March. hown in the spring of 1992, an AIDS hotline received a record number of

and chances are, if you're careful, you won't have to worry about getting about Alison Gertz's story is that she probably thought so, too.

Editorially Speaking . . . Society's views may be affecting spread of HIV

by: SARAH WILLIAMSON EDITOR-IN-CHIEF

Like many teenagers, I, too, occasionally watch *Beverly Hills 90210*, all those other *90210* wanna-be shows and daytime soap operas. The more I watch the various episodes, the angrier I become.

Does anybody on these shows say the word condom or HIV? I haven't heard those two words thrown around in casual banter, especially when all these two-second couples discuss their sex lives.

As far as I'm aware, *The Young and the Restless* is the only daytime soap opera that has dealt with the threat of AIDS in heterosexuals. That heterosexual is a seventeen year-old girl.

What about adults? On most of these shows, the adults have traded partners with everyone else on the show. It's almost like a game.

Do you ever see them discussing how many partners they've had or how they've tested or even if they've been tested?

Well, I guess they can't name all their partners-it would take the entire hour. But it appalls me how they say after

they've had sex, "Oh, yeah, I'm HIV negative."

"Gee, thanks for revealing that after you slept with me," is what the other person should be thinking.

I know these shows are fictional, but it is "just natural" to hop into bed with anyone. There is no practical discussion of AIDS and contraceptives.

Do people think it is offensive to hear that on TV? I think it's offensive not to hear discussions.

Frankly, I'd rather see condom commercials than commercials for Monistat-7, Summer's Eve and Stayfree.

My complaint about soap operas and similaar shows is that they need to promote AIDS awareness in everyday life. These shows are watched by millions, and can have negative and positive effects on impressionable people.

The shows should say, "Hey, if you're going to have sex with someone, you need to know his or her history and discuss precautions."

Soap operas and shows alike can set examples for the public, and in due time can have positive effects on peoples decisions, and eventually their lives.

BETH CARMICHAEL Assistant Editor

AIDS. The word implies to us hurt, illness and death. Coverage is complete on news broadcasts about conditions of victims or new scientific findings.

AIDS at the present time is not on the rise or decrease. Thus we can assume that people are becoming at least a little more precautious and responsible about their actions. However, arguments rise constantly indiscussing the attitude of others towards the disease and its victims.

Many people have died of AIDS, and many more will before a cure is found. Money is spent overwhelmingly in this country on research for AIDS. Yet, why is there not as much spent on research for other diseases such as cancer? The funding situation will stand to question for a long time.

Another view of situations includes Hollywood. At the award ceremonies many actors wore red ribbons for AIDS awareness. Yet what is shown on national TV? Soap operas and prime time shows are full of people acting very "unaware" of AIDS.

Prevention is the only cure for AIDS. Our society should look upon itself and strive to be a proper roll model for teens and other young adults.

Television is becoming very unrealistic and may be what is harming our youth.



Patronize The OAK K Advertisers

New teachers take on extra-curriculars as well as classroom



The new teachers are: Mr. Nall, Mrs. Rafferty, Mrs. Sims and Mr. Franklin. (not pictured are Mrs. Thurston and Mrs. Bennefield)

by: JENNY SUITOR
Features Editor

From coaching basketball and football and sponsoring cheerleaders, the six new faculty members seem to have their hands full at LOHS.

Mrs. Pam Rafferty, who finished Mrs. Foster's classes last year, is now teaching one sophomore and four junior classes of English. She is

also the new varsity cheerleader sponsor.

Rafferty went to Paducah Tighman and then to Murray State to get her Bachelor of Science degree, majors in English, speech and sociology and a minor in history. She is getting her masters in history and English.

Rafferty had an inspiring teacher in high school and

hopes to share her excitement about education with her students. She is married and has one child. Rafferty loves to swim, needlepoint, read and scuba dive.

As coach of freshman girls basketball, nine-eleven year basketball league, and little league baseball, Mr. Michael Nall, the freshman English teacher, is a very busy person.

Nall previously farmed about 1000 acres of corn, wheat, and soybeans, but now hopes that by becoming a teacher he can make a "positive difference in each of my students" and hopes that his teaching will help them become solid and successful students.

Nall has an English major, a Bachelor of Science degree, and a minor in speech communications. He made the Dean's list at MSU his last four semesters. He was the only member of his immediate family to graduate

from college.

Married, Nall has two children, Wesley, 12 and Kyle, 10. This is his first year in teaching.

Mr. Allen Franklin, who Teaches pre-calculus, and AP Calculus, and consumer math, is also the new freshman football coach. He has taught math and coached football at four different schools besides LOHS and has been a principal at Reidland High School and Rockwood School District in St. Louis, Mo.

Franklin graduated from MSU with two Bachelor of Science degrees in math and business and a masters degree in education administration, went to a 30 hour graduate mathematics program at Kansas State University and has taken computer programming courses at the University of Missouri at Rolla.

He likes woodworking and remodeling houses. Franklin is married to a sec-

ond grade teacher at Hendron Lone Oak and has a daughter living in Newton, Ia.

As the junior varsity cheerleading sponsor, Mrs. Joan Sims teaches math, science, English and social studies. She went into teaching because her youngest brother is Down's Syndrome.

Sims has gained valuable insight from him and has geared her career toward helping those with special needs.

Sims is certified to teach K-6 and special education K-12. She went to Rend Lake College, Southern Illinois University and Cumberland College.

Her hobbies include pencil drawing, painting with watercolors, doing calligraphy, exercising and walking. She recently married her high school sweetheart.

Mrs. Cieta Bennefield teaches algebra and consumer math. She is also coaching eighth grade girls basketball, which she feels

they will have a great season.

Bennefield went to Ambassador College and MSU for her Bachelor of Science degree. Bennefield has a double major in math and business education.

In college she played basketball, volleyball and softball. She is married and has a son Dylan. Her hobbies include sports, boating, fishing, reading and computers.

Mrs. Christina Thurston teaches ICP, biology and general science. She previously taught chemistry in Owensboro, Ky.

Thurston went to MSU and has two Bachelor of Science degrees and a double major in chemistry and biology. She is currently working on her masters degree at MSU.

Thurston, who grew up on a farm, likes gardening and traveling. She is married.

Cyclists bike for recreation, sport during warm weather

by: JASON PHELPS
Beat/Opinion Editor

During the week of July 19-25, while most people were lying on the beach relaxing under the hot summer sun in Florida or on the couch watching MTV, LOHS English teacher, Jim Toy, was cycling through 494 miles of Iowa flatland.

He participated in the twentieth Register's Annual Great Bicycle Ride Across Iowa. On each of the seven days in the event, the riders

traveled from 50 to 89 miles.

Toy drives his car only when necessary. He drove only 521 miles in his car during the months of June, July and, August while putting 1998 on his bicycle. He has cycled 113 miles in one day. 'Cycling presents physical challenge and is environmentally positive.'

Aug. 5-8, Eddie Church, a LOHS senior, participated in his first Junior Nationals bike competition. He completed a

30-mile heat to qualify for the road race. He cycled nine five mile loops in the race before being pulled by race officials because he was lapped by other riders. Another LOHS senior, Matt Morse, finished seven laps before being pulled. He and Church finished in the top half.

This year was Morse's third Junior Nationals competition. He is now training for the triathlon.

Church began cycling one and one-half years ago because his unstable knees prevented him from excelling at other sports. In his short racing career, he has had many top finishes and 12 top ten performances.

"Last year my goal was to made it to the Junior Nationals...I hope to make it to the Senior Nationals by 1995."



Mr. Jim Toy places the front wheel of his bike's tire in the Mississippi River for traditional purposes for RAGBRAI.

Crawford, Doughty spend summer training at boot camp for the army

by: BETH CARMICHAEL
Assistant Editor

Spending the summer shooting M-16's, learning to read maps, enduring obstacle courses and doing military drills at bootcamp took up most of seniors, Garland Crawford and Robbie Doughty's summers.

Crawford gave up attending Governor Scholar Program

and Boys' State to participate in this step towards his future. He listed in the 807th MASH unit of the Army Reserves. He chose to enlist to get in shape and aid college tuition.

Crawford hopes to play a role in the medical field, and to do this he will attend a field medical class in San Antonio, Tex., next June for ten weeks.

After training he will be promoted to a qualified Emergency Medical Technician (EMT), and later a paramedic. He will be stationed in Paducah for six years in reserves and for two years in the individual ready reserves.

Crawford would like to obtain rank in the army and continue excelling in medi-

cal experience. He said, "It (bootcamp) gave me more self-confidence and challenged me to work well among a diverse group of people."

Doughty enlisted in the army because of helping finance college, and partly because of his family's involvement in the army. He is enlisted with the United

States Army Reserve, 344th Medical Company out of Marion, IL.

Each Private in Doughty's Platoon had specific responsibilities. He focused on the overall appearance of the soldiers in the platoon and their area.

After graduation Doughty will report to Fort Sam Houston in San Antonio,

Tex., for advanced individual training as a Medical Specialist. He plans to attend college to become an EMT. Doughty said, "In college I will participate in the ROTC and have set a goal to become Air Assault qualified by the end of my freshman year."

Golightly, Griffith travel for basketball special privileges during summer

by: **GARLAND CRAWFORD**
Co-Sports Editor

For most people Australia is best described as the land of kangaroos, koala bears, a distinct accent or another shrimp on the barby. But for junior, Chris Golightly this summer in Australia meant basketball.

Golightly spent 16 days touring the land down under with the Stars and Strips team. Golightly, who was the youngest member of the team, was accompanied by nine other players from six states and their coach. The team played a total of 13 games and managed to walk away with 13 wins.

Although the trip was a lot of work, it wasn't without its share of fun. Aside from the new experiences and people that the team came in contact with, there was also a three day layover in Hawaii.

"They were just exhibition matches, but we did our best to insure we would win," Golightly commented. "It

by: **ASHLEY DILLWORTH**
Chief Photographer

Playing basketball may not be unusual for John Griffith, but playing with the Kentucky Junior All Star team is. Griffith was selected by coaches in the region to play this summer with some of the top juniors and seniors from

various counties in Kentucky.

The group played teams from all over Kentucky first. After playing teams here, they traveled to Nevada and California. The opposing teams were composed of taller players and harder competitors. Even so, the group won half of the games they played. The team had time to relax

though, usually playing one or two games a day.

While in California, Griffith hit the beaches or malls and in Nevada he tried his luck with the casinos.

Griffith said the highlight of his trip was "getting to play the number one junior in the nation, Felipe Lopez," who is from New York.



John Griffith and Chris Golightly

Robertson ranks first in Kentucky, top 50 in nation

by: **GARLAND CRAWFORD**
Co-Sports Editor

Most students look forward to the summer as a time to let down their guard and just relax. However, junior Robby Robertson was busy with bigger and better challenges.

Robertson spent his summer preparing for and competing in two national tennis competitions. At the Clay Court Nationals, which were held in Nashville, Tenn., he

walked away with a total of four wins. More impressive is the fact that one of those wins come from the defeat of the seventh ranked player in the nation.

After clay courts, Robertson moved on to the Hard Court Nationals where he was the only player from Kentucky. Robertson represented the state well by collecting a total of two wins before he was bumped from the tournament.

All his hard work and extra effort has not gone unnoticed.

Robertson, who first began playing tennis at a country club clinic at the age of eight, is now the number one ranked player in the state and is ranked among the top 50 in the nation in the 16 and under division.

"I like to think of myself as a consistent player," Robertson said. "Consistent groundstrokes and a backcourt game help me to keep the game going the way I want it to."

FOOTBALL SCORES

OPPONENT: Ballard
SCORE: 7-0 (Lone Oak)

OPPONENT: Crittenden
SCORE: 20-13 (Lone Oak)

OPPONENT: Heath
SCORE: 28-7 (Heath)

OPPONENT: Calloway
SCORE: 8-7 (Calloway)

OPPONENT: Ft. Campbell
Score: 40-8
(Ft. Campbell)



GOLF SCORES

BOYS

Opponent: Murray
Score: 157-185
(Murray)
Low Scorer: Mark Moore (45)

Opponent: Westwood
Tournament
Score: 348 (Finished 7 of 11 teams)
Low Scorer: Mark Moore (79)

Opponent: Marshall
Score: 155-184
(Marshall)
Low Scorer: Brandon Mullin (41)

Opponent: Ballard
Score: 185-173 (Lone Oak)

Low Scorer: Mark Moore, Matt Eller and Scott Lutin (42)

Opponent: Murray and Calloway
Score: 150-165-173 (Murray)
Low Scorer: Brandon Mullin (40)

Opponent: Graves
Score: 186-173 (Lone Oak)
Low Scorer: Mark Moore (38)

Opponent: Heath and Tilghman
Score: 181-180-161 (Tilghman)
Low Scorer: Mark Moore and Matt Eller (42)

Opponent: Mayfield
Score: 154-159 (Mayfield)
Low Scorer: Kinsey (38)

GIRLS SOCCER SCORES

Lone Oak 1
St. Mary 3
scoring: Caroline Steele (unassisted)

Lone Oak 0
Marshall 7

Lone Oak 0
Reidland 10

Lone Oak 0
St. Mary 2

Lone Oak 1
Heath 2
scoring: Lorie Jett

and Felker (39)

Opponent: Livingston and St. Mary
Score: 215-176-188 (Lone Oak)
Low Scorer: Matt Eller (40)

Opponent: Crittenden
Score: 160-169 (Lone Oak)
Low Scorer: Brandon Mullin (38)

GIRLS

Opponent: Marshall
Score: 171-183 (Marshall)
Low Scorer: Lisa Carlson and Rae Ann Ragland (42)

Opponent: Marshall
Score: 212-241 (Marshall)
Low Scorer: Lisa

(unassisted)

BOYS SOCCER SCORES

Lone Oak 5
Christian Co. 3
scoring: David Ellegood 2, Josh Miller, Ricky Contreras, Brad Robertson

Lone Oak 0
Marshall Co. 4

Lone Oak 3
St. Mary 0
scoring: Dennis Crutcher (Kyle Humphrey), Chris

Carlson (56)

Opponent: Murray and Calloway
Score: 224-253-225 (Murray)
Low Scorer: Lisa Carlson (53)

Opponent: Heath
Score: 171-186 (Heath)
Low Scorer: Rae Ann Ragland (53)

Opponent: Mayfield
Score: 140-164 (Mayfield)
Low Scorer: Rae Ann Ragland (51)

Lacey (unassisted), Brad Robertson (Josh Miller)

Lone Oak 2
Reidland 3
scoring: Brent Crutcher (unassisted), Tony Englert (Anthony Fusco)

Lone Oak 2
St. Mary 1 OT
scoring: Brad Robertson (unassisted), David Ellegood (Patrick Hook)

Lone Oak 1
Heath 2
scoring: Chris Lacey (Josh Miller)

Lone Oak 0
Tilghman 3



Soccer teams kick the school year off with a positive start

by: JOEL KAUNISTO
Co-Sports Editor

There are only five starters returning from last year's 5-7-2 soccer team. But second year head coach Greg Vickrey doesn't seem to be worried. Seven seniors graduated from last year, six of them starting.

"I think we have the potential to be an above

.500 team," said Vickrey.

This year's team is much younger than last year's with seven sophomores. The team also has more overall speed.

The game plan this year is much the same as for last year: stressing ball control and trying to wear the other team out. The scoring will be

more balanced among team members after losing Brian Mudd who set several school records last year.

This year's team will be led by seniors Anthony Fusco, Chris Lacey, Brad Robertson and freshman goalkeeper Nate Hein.

by: JOEL KAUNISTO
Co-Sports Editor

This is the first year for the girls soccer team at LOHS. Tony McGroarty is the head coach and Mike Williams is the assistant coach.

Williams has coached soccer for about ten years in the area. He coached the boys team at LOHS when it was

started in 1987. It is the first year of coaching soccer for McGroarty.

There are 26 girls on the team, which makes it the largest girls soccer team in the area.

The team is led by seniors Amanda Mills and Jennifer Clouser, junior Caroline Steele, sophomore Desiree Vickrey, freshman Sarah Steele and eighth grader

Wendy Reeter.

"I just want the girls to have fun and learn this year," said Williams.

Hot



LOHS football team practices hard for each of its games

Find words to complete expressions

Hidden in the puzzle are the words to complete the common expressions given below. Find the words and complete the expressions. Example: Blind as a Bat

C	H	U	R	C	H	M	O	U	S	E	K	T	S	K
U	W	R	U	H	C	U	R	O	C	K	T	H	P	C
C	O	P	I	N	L	L	X	P	L	A	N	G	I	A
U	T	C	C	I	C	E	W	I	N	C	E	I	H	T
M	O	L	A	S	S	A	S	G	A	T	E	N	W	I
B	A	R	N	M	R	P	S	F	I	I	B	B	O	B
E	S	G	R	R	R	E	E	K	L	U	E	R	N	B
R	T	F	O	X	V	A	I	L	S	R	S	A	S	A
U	O	W	A	I	T	H	P	A	P	F	U	E	S	R
T	L	C	E	H	D	O	O	R	K	N	O	B	A	K
C	W	H	E	L	A	G	U	K	S	U	M	O	R	C
I	T	R	O	C	E	S	R	O	H	K	I	N	G	A
P	O	G	A	B	L	K	L	W	D	R	I	B	R	J
S	U	P	A	N	C	A	K	E	B	A	T	E	E	B

You know it's going to be a long year when....

- Your geometry book doesn't have answers in the back.
- Your assigned seat is next to a person who doesn't use shower to shower each day.
- You get two tardies the first week.
- Your undetectable cheating system has been detected.
- The latest gossip is about you.
- You are continually going to your old locker.
- You make an E on your first test.
- The school lunches start tasting good.
- You break your nose the first week in p.e.
- Your job as a CETA worker is to mow the yard--with the weed-eater.
- You arrive at a parade and the instrument bus never shows.
- You finally get the car to drive to school and you find out that it is Labor Day.
- All of the teachers remember what good students your sisters were.
- Your first lesson in chemistry states that if a football is thrown fast enough, it can go through a window without breaking the glass. Yet it is humanly impossible to throw an object at such a speed.

We see exactly what we are looking for. Some people look at a rose bush and see only the thorns. Every person has faults and if we look for them, we find them. When we look at the world in a mean, selfish way, how mean and selfish it is! But when we look at it in a friendly, generous spirit, what wonderful people we find. But no matter where you search, you will not find beauty unless you carry it with you.

- blind as a _____
- nutty as a _____
- good as _____
- quiet as a _____
- slow as _____
- slick as _____
- smooth as _____
- rough as a _____
- messy as a _____
- big as the _____
- pretty as a _____
- hard as a _____
- quick as a _____
- black as _____
- wild as a _____
- busy as a _____
- light as a _____
- sharp as a _____
- heavy as _____
- smart as a _____
- free as a _____
- wise as an _____
- sick as a _____
- skinny as a _____
- fat as a _____
- ugly as _____
- grouchy as a _____
- high as a _____
- white as _____
- tough as _____
- hairy as an _____
- flat as a _____
- cool as a _____
- clumsy as a _____
- stubborn as a _____
- straight as an _____
- happy as a _____
- sly as a _____
- poor as a _____
- rich as a _____
- neat as a _____
- warm as _____
- thick as _____
- easy as _____
- green as _____
- dead as a _____
- red as a _____

Football Homecoming 1992

Brandi Cornwell Queen



Upper left: Students support the Flash at the bon fire Thurs. night before the big game.

Upper right: Amy Burnette, Beth Carmichael, Mary Weber and Kristy Hopper show their school spirit by dressing as guys.

Lower left: Mr. Toy and some of his students mourn in black for "Mourning Day."

Lower right: Chris Russell and other students finish destroying the wrecked car for the bonfire.



The 1992 Football Homecoming Court is: (back row) Sarah Williamson, Christie Skaggs, Laura Holland, Melissa Burnette, Marcie Lewis (Front row) Brandi Cornwell, Sarah Steele, Sarah Wallis, Jancy Collins and Angie Turner



First person accounts of two *Oak K* staffers who attended their first press conference

by **SARAH WILLIAMSON**
Editor-in-Chief

"Which way is she coming in?" What's taking her so long? What is the deal with these bees?" These were typical comments from most of the press members at the welcoming of Hillary Clinton at West Kentucky State Vo-Tech.

I felt like a child waiting for Santa Claus. Slowly sinking in the mud and wet grass, Ashley Dillworth, *The Oak K* photographer and I talked to each other while soaking in the atmosphere.

Area, T.V. and radio personnel surrounded us with their monstrous cameras, interesting comments, and press passes. I'm sure they wish they had a dollar for each one they've been given, but Ashley and I thought they had given us a piece of gold.

That cheaply made piece of plastic is just about the most professional thing we've received in a long time. I know that sounds dumb... but!

All of the press was taken throughout the path of the West Kentucky Vo-Tech School before Hillary Clinton arrived. We were told to move swiftly to get into the doors with her presence.

While waiting almost an hour with Ashley checking my watch, receiving my notes and swatting insects, the police cars and other escort cars finally arrived.

The secret service men jumped out of the cars and walked in front of Mrs. Clinton. There were four or so men and two women. The security was relatively tight, but I was expecting more checks and precautions.

Mrs. Clinton soon got out of her car in a stunning blue dress. She is much sweeter looking in person, and her hair is very shiny and pretty.

Her smile lit up the crowd with an honest greeting and a sincere handshake.

Swiftly, Mrs. Clinton, the secret service men and the press moved into the cosmetology room. She made an effort to speak to every member and teacher of the class. Mrs. Clinton com-

mented on the "nice equipment" and how she had never seen a particular style of permanent wave.

It was hard to squeeze through all the members of the press into the small space, but tenacious Ashley maneuvered to the front. I stayed back because I figured the "big time" news people should get in the front. I am only a seventeen-year-old high-schooler.

We practically ran down the stairs to the carpentry room. Mrs. Clinton literally toured the playhouse. It looks like a miniature house. Most children would be so envious of this great creation.

At the short press conference, she answered questions about education, sexism and family values.

Experiencing a real-life press conference taught me some valuable things. To be a journalist, one needs to be aggressive, accurate and efficient. One should also wear comfortable shoes, clothes and expect the unexpected.

by **ASHLEY DILLWORTH**
Chief Photographer

It was so exciting. My very first time. I had so much fun, I want to do it again.

Oh, the wonder of discovering what a real press conference is like.

Yes, that's right. A press conference. I, the chief photographer of a high school paper was able to go to a press conference to interview Hillary Clinton on Sept. 2, 1992 who was to tour the West Kentucky Vo-Tech school and answer questions.

Sarah Williamson, *The Oak K* editor-in-chief, and I anxiously awaited fifth hour on that exciting day to go and experience what it's really

like to rub noses with the poor and famous (poor because journalists don't make much money). Reporters from TV stations and radio stations from all over came to have the chance to interview Mrs. Clinton.

After waiting for an hour and a half, standing in five inches of mud and guck and listening to the excited chattering of people surrounding us, Mrs. Clinton finally arrived and greeted the citizens gathered outside.

Finally Clinton was ready for her tour. Our first stop was the cosmetology room. It was very hard for me to keep up with the taller, more experienced photographers as we hurried through the school

halls, but somehow I managed to wedge myself in the front of the press group. Next we flocked to the carpentry shop and someone commented on my legs being too short to keep up. Even so, I again was able to get right in the front of the group to snap pictures.

I was impressed with Mrs. Clinton. She had a lot to say in a short amount of time. I found that she wasn't extremely personal but she wasn't oblivious to the people around her either. She answered the questions thrown out by the reporters and even though I never got to ask one, I had an extremely good time and am impatiently waiting for my next press conference.

College- start planning now

by **GINA DOUGHTY**
Circulation Manager

If you're thinking about going to college, the sooner you start to plan, the better. Mrs. Jones, one of the LOHS guidance counselors said that one should begin his/her resume for scholarships at least by their junior year.

Most college applications cost around \$15 each. So, it's not worth wasting your money on filling out several applications when you're only going to one college. Instead, think about where you want to go early in your high school career, find out their requirements, then strive to meet them.

It is best to take your ACT and/or SAT both your junior and senior year.

day; or (c) you've already worn it three times this week. That's what favorite shirts are for! Your old stand-bys in classic cuts and colors always make the grade for fall anyway.

Simply said, make your own fashion statement unique and personal and you'll never go wrong. (Unless you pair up animal prints and golf plaids, or the colors charreusse and mustard...)

Mrs. Jones said, "It is a fact that the scores on one's ACT's are 20% higher for Juniors who take the test in April than for Seniors who take it in November."

To get into any college, your GPA has to be at least a 2.0 and you must score at least a 14 on your ACT or be automatically rejected. Even if one is lucky enough to get a sports scholarship, four-year college will only accept scorers of a 17 or better.

Although getting good scores on your ACT and SAT will help you a great deal, these are only entrance exams, and what will help you once you are in college is pure drive, ambition and hard work.

Not only are entrance scores important, but things like GPA, teacher recommendations and extra-curricular activities are seriously looked at by colleges.

"Colleges are wanting well-rounded students with a good attitude. One should keep a good relationship with their teachers so they can be rated as dependable individuals with strong leadership qualities," said Mrs. Campbell, senior English teacher at LOHS.

One can never begin to plan for his/her future early enough, so the sooner you start to plan ahead, the easier and better your future will be when you get there.

Fall fashion bulletin-speak your mind

FALL FASHION FALLS TO PERSONAL CHOICE

by **LAURA DENISON**
Contributing Writer

Fall dictates (once again) the requisites of fashion, in a fashion that is very familiar. What's in: Western styles, vests, denim, plaids and tartans, the colors plum, mustard, hunter green, etc.. Sounds kind of like last fall, and the last fall, doesn't it?

The "experts" seem to be running out of new ideas, so my suggestion is make yourself fashion expert for a day and decide what fashions you like, based on your personal likes and dislikes, not those of some distant fashion mag with a glossy cover and impossible-to-recreate fashions. So, while Calvin Klein and Seventeen dish up the same-old, same-old for fall,

try out these simple tips for a look that is truly unique.

1. Shop out of town or in less-frequented shops. Don't just buy namebrand clothes from namebrand stores in a namebrand mall. (If you do, you'll probably come to school on Monday and see twelve other girls wearing the same shirt as you because the Limited had a sale.) It's alright to buy some of the styles that the proliferation of magazines and catalogs collecting on the coffee table suggests is "the perfect look for you," but try not to make those your only choices.

2. Buy clothes in interchangeable colors and prints so that those two details don't automatically decide what shirt goes with which skirt goes with which shoes. Don't lead yourself into a color-matching nightmare by buying "one in each of fall's

resplendent hues" and then discovering when you get home that nothing you have bought matches anything in your closet (except your black shoes, of course). The same goes for accessories. (And always accessorize to the fullest extent of your budget!)

3. Be unique, but natural - yourself. Flamboyance is okay, but tacky is not. Let your clothes express your mood, your interest or even what you stand up for. Don't be afraid to wear your dad's pink and purple tie-dyed peace symbol shirt or an outfit of all black just because someone will notice. Isn't that the point of fashion - to make people notice?

4. Never let anyone talk you out of wearing your favorite shirt because (a) they think it's tacky; (b) they want to wear one just like it that

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