

The Oak K



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*Fifty-one years of
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Lone Oak High School
225 College Ave.
Paducah, KY 42001

Seniors Take Performance Tests

by MARY ELLEN WEBER

One hundred seniors, randomly selected by the state, took Senior Performance Tests on March 25. There were four sessions with twenty-five different students in each session. Each session was given a different test.

The seniors worked in groups to solve problems such as calculating the rate at which an object goes down a slide. In other tests, maps and microscopes were used. After they solved the problem, they had to write a short paper explaining what they did to solve it.

The tests are a result of the new Kentucky Education Reform Act. The results of the tests will eventually be used to rate and determine funding for all Kentucky high schools.

"These tests evaluate

students in creativity, writing abilities and how well they work in groups," says Mr. Griffith, guidance counselor. "They are more accurate than the CTBS tests because the testing conditions are better." The tests also evaluate students in more areas than does the CTBS.

This year's seniors will set a baseline by how well they perform on the test. Future seniors' performances will be compared to this year's scores.

Because the state will rate the schools by the test scores, it is important that students do their best and show what they have been taught.

It seems that the tests are here to stay. "These senior tests might lead to similar tests for other grades in the future," says Mr. Griffith.



Randomly selected seniors were tested on various performance tasks on Wednesday, March 25.

Lone Oak Places at FLF Language Festival

by Andy Sanderson

LOHS came away big winners at the Foreign Language Festival held on March 26th at Murray State University. Following is a list of successful LOHS competitors and their respective category:

Spanish III - 1st place, Julie Grogan; 2nd place, Aimee Kakascik.

Spanish II - 1st place, Adrienne Gleeson; 2nd place, Johnna Waggoner; 3rd place, Scott Lutin.

Spanish I - 1st place, Shannon Sams; 2nd place, Susan Bongialotti.

Spanish I Oral Test - 1st place, Laura Denison.

Listening - 1st place, Don Presley.

Art - 1st place, Sandra Marshall.

Group Games - Shannon Sams and Amy Wilkerson.

Students who won firsts in individual contests will go on to compete at the state festival in Lexington in May.



FBLA Region I competition winners from LOHS are: Aaron Harper, Natalie Meadows, Jennifer McIntosh, Kari Atkinson, Scott Coovert, Jamie McDaniel and Jason Womack.

The Oak K

Responsibility = Environmental Respect

by SARAH WILLIAMSON

In commemoration of Earth Day, (officially Apr. 22, but celebrated on Apr. 25) many people become especially "environmentally aware" by recycling a few products, taking a bike to work and eating less meat. These efforts are to be commended but should be observed year round.

Seventeen magazine conducted a survey to research exactly why people don't recycle. (The respondents could give more than one answer.) Fifty-seven percent say they have no room for storage. Rodents and other invading creatures are responsible for 43 percent. Thirty-one percent are bothered by

odor. Fifteen percent find separation too hard, while another fifteen percent say bins are too small.

These are the weakest excuses I've ever heard! How hard is it to separate glass, plastic, aluminum, paper and newspaper? It isn't hard and takes a nominal amount of time. It certainly isn't too difficult for an able-bodied, licensed driver to go to Kroger to deposit plastic and aluminum in the front bins. Easter Seal accepts paper and will even pick it up for you. The Paducah Sun has it's recycling bins open on Wed. - Thurs. from 8:00 AM to 3:30 PM The Bush Beer distributorship takes aluminum, and they pay you per pound.

The community offers

such generous opportunities for items to be properly disposed. Everyone should take advantage of these circumstance. Area Krogers have ceased accepting glass because of inundation. There is not enough money to recycle the glass because not enough recycled products are being purchased by consumers.

Buying these types of items is almost as important as recycling itself. There are many products available to consumers which can be re-recycled. DuPont, Coca Cola and Stuart Hall are just a few of the manufacturers who offer this merchandise.

Doing simple things can make a difference. Just

think before acting. Insted of buying aerosal hairspray, buy Vidal Sassoon's Air Spray. It gives the same effect as an aerosal except air used instead of CFC's. By not being environmentally conscious as the TV commercial says, "You're throwing it all away." Selfishness results from apathy about the environment.

I'm not telling you to "live off the land," to not drive any vehicle that produces any pollution and to go into total hysteria and isolation, but do be considerate of Mother Earth. I don't know about some people, but I would like my children to be able to exist on Earth without living in bubbles. Earth has given us all life. Can't we give it something in return?

Rent Blasts from the Past for Entertainment

by JENNIFER WEHRMEYER

Five bucks just to go see a two hour movie? Why not just stay at home and rent some not-so-recent video favorites?

1. **GREASE** - Starring Olivia Newton-John and John Travolta. The sweet and sometimes sassy story of good girl Sandy who falls for bad dude Danny and they both try to change for

each other with some help from their friends. D, G, F, S, C, A.

2. **HEATHERS** - Starring Wynona Ryder, Shannon Doughtery and Christian Slater. The biting and sometimes scary story of a very snobby clique of girls who share the name Heather, except for Veronica (Wynona Ryder) who falls for psycho Jason (Christian Slater) and

together, they make murder a fun thing to do on a date. D, NP, G, C, L.

3. **A NIGHTMARE ON ELM STREET** - Starring Robert Englund. Before all the sequels were made, this is the original Picasso. It's a thrill a minute and the best Nightmare that ever haunted teenagers' dreams. D, NP, G, H, L.

4. **ADVENTURES IN BABYSITTING** - Starring Elizabeth Shue, Keith Coogan. A funny story of a "retired" babysitter who gets called out of retirement to babysit for the Andersons, every babysitter's nightmare. After a series of terrible, yet hilarious events occur, the night is somehow saved by, who else...the babysitter. D, E, G, A, F, C.

5. **THE NAKED GUN** - Starring Leslie Nielson and Prissilla Presley. Words can't describe this hilarious slapstick comedy of a clumsy cop who, although never does anything right, always manages to? Make sense? Probably not, but neither does the movie! Oh yeah, watch the credits! D, G, F, C, A, E.

KEY

D - WATCH WITH A DATE
E - WATCH WITH YOUR LITTLE SISTER
G - WATCH WITH A GROUP OF FRIENDS
NP - NO PARENTS ALLOWED
A - WATCH IT ALONE
L - DON'T WATCH ALONE
F - FUN FOR THE WHOLE FAMILY
C - COMEDY
S - SAPPY LOVE STORY

The Oak K

Editor: Sarah Williamson
Staff Writers: Beth Carmichael, Kim Caron, Scott Coovert, Garland Crawford, Laura Denison, Ashley Dillworth, Mary Kate Garrett, Holly Holland, Joel Kaunisto, Tracy Linzy, Andy Sanderson, Julie Shelton, Jenny Suitor, Mary Ellen Weber and Jennifer Wehrmeyer
Artist: Jason Neihoff
Advisor: Mrs. Campbell

Jenkins Boxes to Championship

by SCOTT COOVERT

Muhammed Ali? Mike Tyson? Not yet, but Lone Oak's very own Clay Jenkins is well on his way. On March 19, Jenkins competed in Lexington in his 147 Welter Weight Division where he captured the championship by knocking out his final competitor in one minute, 23 seconds.

Jenkins belongs to "Bad

Intentions," a boxing group of five that practices every Monday, Wednesday, and Friday at a private gym in Reidland. This group has spawned the return of the Golden Gloves program to Paducah for the first time since 1988.

Jenkins says, "I have a very competitive nature. I like the competition, but I fear losing." His favorite accomplishment has been

"sparring with and actually hitting Brad Baker who is a great boxer." Jenkins feels he has worked hard and is confident in his boxing. His trainer feels that Jenkins will make Paducah proud because he is so prepared.

Jenkins will now move on in competition in Jacksonville, Tennessee, where he will attempt, hopefully successfully, to capture another championship.



Clay Jenkins, sophomore

Our Lives, Our Bodies, Their Research

by LAURA DENISON

A friend and I were discussing heart disease the other day (not our everyday kind of subject, but she's studying it in her biology class) and whether the aspirin-a-day theory could really help. So, she did a little research and found that in 1988, a study of 22,071 male doctors revealed that aspirin does reduce the chance of heart attacks. She told me about it and asked whether I thought that it would be good for women to take an aspirin a day to try to prevent heart disease also.

How would we know? The study included 22,071 men, and not one woman. Heart disease has no

gender bias; it kills an almost equal number of males and females each year. So why are the medical researchers so biased?

These researchers attempt to justify the discrimination by saying that female hormonal changes could "complicate" the research and that there could be a risk to the fetus for a woman who didn't know that she was pregnant. Sounds to me like they're afraid of a little extra work (pregnancy tests and the determination of exactly how much effect, if any, hormonal changes would have on the research's results). And we can't

forget that women aren't the only ones who have hormones. Basically, researchers are saying that men's hormones are "normal" and have no effect on research, but women's are too complicated.

Diane Curtis, a founder and member of Women's Health Action and Mobilization (WHAM), says it plainly and bluntly: "Saying that women's bodies are complicated is saying that there is a norm out there and that norm is the male body. It's such blatant sexism."

And it's not just studies that test a hypothesis like those on aspirin and heart disease or the effects of coffee on the risk of strokes, both of which have been researched solely

using men so far. Treatments and medicines developed for all sorts of ailments are tested on men, but are also used by women and are often marketed toward women. And, as *Newsweek* said, "what's good for the gander can be harmful, even fatal, for the goose."

Ironically, it might be beneficial to men's health to find out what it is in women's hormonal systems that helps protect them somewhat from certain problems, such as heart disease. Also, finding out why women are more likely than men to die from a first heart attack could bring forth a way to prevent sudden death from heart attacks for both sexes.

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LOHS FFA Wins Region I Competition



LOHS FFA Regional Championship Welding Team: (l to r) David Blair, Mike Gholson, Keith Byrd and Gary Blair - Arc Welding Champions. David Blair was also Regional Champion Individual Welder. Pictured on right is Martin Wilson, Oxy-Acetylene Gas Welding champion.



Pictured above are members of LOHS FFA Regional "FFA Day" winners and Superior winners.

The LOHS FFA has completed the 1991-92 Regional Contest year with a total of 31 Superior ratings out of 33 contests entered. LOHS also won the regional championship 1st place superior in 12 regional contests.

First place championship winners are: **David Blair**, Arc Welding; **Gary Blair**, **Keith Byrd**, **Mike Gholson** and **David Blair**, Arc Team Welding; **Martin Wilson**, Oxy-acetylene Welding; **Gary Shaffer**, Lawn and Turf Impromptu Speaking; **Kevin Jacobs**, FFA Quiz; **Josh Moore**, **Mike Smith** and **Greg Koch**, Talent; **Jamie Gross**,

Tobacco Essay and Secretary Book; **Roger Reeves**, Treasurer's Book; **Ryan Wood**, Home/Farmstead and Beef Proficiency; **Bobby Adams**, Agricultural Processing.

LOHS FFA also won the National Welding Contest.

Ryan Wood, a 1991 LOHS graduate was elected to serve the state of Kentucky as its Vice-President of the 12,000 member organization.

The LOHS FFA was awarded the Gold Emblem rating in Kentucky which is the highest rating the organization can receive in the state.

Choir Continues Winning Tradition

by ANDY SANDERSON

Since 1960 LOHS has consistently received superior scores at Regional Festivals and International Conventions across the country. The professional talent of the choir has allowed them to participate in prestigious performances at Carnegie Hall and the Lincoln Center in New York.

This year, plans involve sending various students on a European musical tour.

LOHS choir will be continuing the tradition of superior ratings at the KMEA Regional Festival held at Paducah Tilghman this year. Along with 17 different performance groups, LOHS choir will be competing for top honors.

The selections that the choir will perform are: "Bread of Tears" and "Salvation is Created." Three different groups will be entered: SATB mixed voices, SSAA girls group and an all soprano chorus.



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Mystery Students

by: JENNY SUITOR

This freshman:

born on: April 5, 1977

favorite class: typing

favorite song: "Tears in Heaven"

favorite food: pizza

favorite saying: "Say huh?!"

This sophomore:

born on: June 17, 1975

favorite class: English

favorite song: "Anymore" and "The Whiskey Ain't Working"

favorite food: mashed potatoes

favorite saying: "Sha"- "As if"

This junior:

born on: January 22, 1975

favorite class: band

favorite song: "Bohemian Rhapsody"

favorite food: pork chops

favorite saying: "I'm too Sexy for this School"

This senior:

born on: January 3, 1974

favorite class: gym

favorite song: "O.P.P"

favorite food: pizza

favorite saying: "Not"

freshman: Blake Parnell,
sophomore: Neil Daves,
junior: Bret Morris, senior:
Brian Mudd

Juniors Attend APES

by HOLLY HOLLAND

Some Lone Oak High School juniors had the privilege to attend this year's American Private Enterprise System (APES) conference held here in Paducah on March 18 and 25.

The ten juniors involved were Lori Adams, David Amundson, Shane Beaubien, Garland Crawford, Julie Grogan, Carrie Herrington, Holly Holland, Laura Holland, Casey Mungle and Johnna Waggoner.

Approximately 40 juniors attended in all with representatives from Lone Oak as well as Heath, Reidland and St. Mary.

The two sessions of the conference exposed the students to different parts of the economic system. The speakers varied from Roberta Morse, part-owner

of Whaler's Catch, to Scott Wilson from the Chamber of Commerce and were all very interesting.

Following each topic a test was given. At the end of the session the combined scores for each student's tests were figured. The students with the top four scores were recognized and received a small monetary reward. After the second session the top four people overall were announced and are now eligible to go to Lexington for a state conference.

Casey Mungle from Lone Oak was one of the high scorers and will be going to Lexington this summer. If he does well there he can be eligible to receive a scholarship.



Christie Carroll and Heather Furlong listen intently to instructions on voter registration. Clerks from the county courthouse came to LOHS March 23rd to register 18-year-olds for the right to vote.

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Chad Peterson, senior

Junior Rotarian

by ASHLEY DILLWORTH

Many students do not receive the honor of being selected as Jr. Rotarian. Chad Peterson has been, though, for the month of April.

Peterson participates in the Paducah Soccer Club, Band, LOHS soccer, Physical Science Club and Beta Club. Outside of this, his hobbies include soccer, reading, bike riding and hiking.

Some of Peterson's

future goals are to attend the University of Louisville, majoring in Biology and Pre-Medicine.

"I plan to attend college and medical school. Following the completion of my education, I will enter one of the many opportunities in the medical field," replies Peterson. He resides at 125 Patricia Circle and attends Lone Oak First Baptist Church.

Bury the Past Today

by KIM CARON

Junior English students under the direction of student teacher, Christa Hoskins, plan to bury a time capsule on the school grounds before spring break. The students will bury items memorable to the junior class such as movie stubs, newspapers (school and local), dance tickets, class picture, a prom key chain, etc.

The time capsule will stay underground for 20 years and plans are to exhume it at the twentieth class reunion. The students feel it will be exciting to see everything in the future that was a part of their past.

The idea came to the class after reading *Our Town* by Thornton Wilder. "The class discussed what they would like to find in a time capsule and we decided to make one," says Hoskins. "The students are really looking forward to the idea and seem to enjoy having a time capsule."

Twilight's Child Opens Reader's Eye

by LAURA DENISON

V. C. Andrews has done it again! Her fourteenth book, *Twilight's Child*, (third in the Longchamp series) is as spellbinding as the first. Following *Dawn* and *Secrets of the Morning*, it furthers the tale begun in those two bestsellers of a young girl with a strange background who is full of dreams and hopes for the future.

Dawn, the main character of all three novels, is once again the brave heroine that readers have grown to love, facing the many obstacles put before her, such as running the

Cutler's Cove Hotel as well as caring for a very young daughter. Her siblings, Clara Sue and Phillip, are as trouble-making as ever, but Dawn learns how to deal with them with the iron will she uses in running the hotel. But trouble comes when Michael Sutton, the father of Dawn's daughter, returns asking for money, and also when Fern, Dawn's adopted younger sister, returns to make trouble for Dawn and her husband Jimmy, whom Dawn once thought was her brother but who really was not.

Now, if you are extremely confused but somewhat interested, I suggest that you read the latest from V. C. Andrews (and maybe even her previous two novels) to get the whole story. *Twilight's Child* is definitely a real page-turner, full of unexpected twists. A-

P.S. -- V.C. Andrews fans can look forward to the next installment in the series, *Night Whispers*.

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Baseball Begins with a Clean Slide

by GARLAND CRAWFORD

It's more than just a sport, it's the American past-time. And why should Lone Oak be any different from any other other place in the nation. It's springtime and that means baseball.

Lone Oak Purple Flash Baseball is looking forward to an expectant season. Losing only a third baseman and a catcher from last year's team, head coach Jim Mizell should be

feeling pretty confident about his team. Also returning for the Purple Flash are three of last year's starting pitchers: Billy Bagwell, Aaron Gibson and Chad Kinsey. Last year's overall record was 25 wins and 7 losses.

"I feel optimistic about our defense and scoring abilities," comments Mizell, "but our pitching will be a major factor in determining our overall season."



Freshman Brent Saffer shows his own unique style of pitching for the LOHS baseball team during a recent practice.

Spring Sports Schedules

BASEBALL SCHEDULE

April-		
14	Murray	A
15	Union City	H
16	Heath	A
17	Graves	A
18	Jackson	A
20	Marshall	H
21	Marshall	A
22	Tilghman	H
23	Mayfield	A
27	Graves	H
28	St. Mary	A
29	Massac	A
30	St. Mary	A
May-		
01	Ballard	A
04	Vienna	H
05	Livingston	A
06	Carlisle	A
08	Massac	H
11	Mayfield	H
12	Livingston	H
13	Calloway	A
15	Ballard	H
16	Henderson	A
19-21	Dist. Tourn.	
26-29	Regional Tourn.	

SOFTBALL SCHEDULE

April-		
14	Reidland	A
15	St. Mary	A
16	Murray	H
17	Ballard	H
20	Marshall	A
21	Tilghman	H
22	Mayfield	H
27	Graves	H
28	Tilghman	A
29	St. Mary	H
30	Murray	A
May-		
01	Calloway	H
04	Ballard	A
05	Reidland	H
06	Marshall	H
07	Heath	A
08	Calloway	A
11	Graves	A
18	District Tournament	

Go Flash!!

TENNIS SCHEDULE

April-		
14	Mayfield	H
15	Reidland	H
16	Murray	H
20	Marshall	H
21	Calloway	A
22	Cape	H
22	St. Mary	A
23-25	Nashville Tournament	
27	Heath	A
28	Graves	H
28	Christian	A
29	P.M.S.	
May-		
1	Evansville	A
4	Tilghman	
5	Cape	A
6	Mayfield	A
7	Reidland	H
7	Graves	A
8	E Town	A
9	E Town Tournament	
11	Henderson	A
11	St. Mary	H
12	Murray	A
13	Marshall	A
14	Calloway	H
15	Heath	H
16	Lone Oak Team Tourn	
18	Chrisitan	H
20-23	Regionals	
30-31	County Tournament	

Softball Team Goes for Five in a Row

by JOEL KAUNISTO

This year's softball team is trying to accomplish a very impressive feat. Lone Oak has won the district title four years in a row and came in third in the regionals last year.

Winning the district for a fifth time is very possible with 12 returning players. Among them are the senior leaders- Angie Jones, Leslie Larrison, Chrissy Whitelock and Shannon Wallis. The strong points of this year's team are batting, quick reflexes and a love to play softball according to head Coach Phyllis Jones.

Last year the team won about 50 percent of their games during the regular season but obviously that is not an indicator of talent. During the regular season, Coach Jones tries out players in different positions to see where they play best.

This year's team expects to win and have fun while playing but they may do better than they expect.

Congratulations

to
Matt Wallis
 who was
 chosen for the
Paducah Sun 1991-1992
All-Purchase Basketball Team
 and to
John Griffith
 Honorable Mention

WE'RE

NO. 1

Big Macs, T-shirts, Two-stepping Add Up to Perfect Prom

by GARLAND CRAWFORD

It's that magic season again! Flowers are blooming, birds are returning, and everyone is asking the same question: "Who are you going to prom with?"

More important, however, than whom you go with is where you go and how you get there. This is a major factor in what determines if your date has a good time. While most guys take it pretty easy about the whole thing and will go along with just about anything, those same guys have their own idea about what makes a "perfect prom".

Leaving the house in the most comfortable pair of jeans you own and a nice t-shirt, the first stop would be at McDonalds for a four

course meal at the nicest table on the playground. Then an early evening drive through beautiful downtown Lone Oak to include a luxury stop at Minit Mart. From there, onward in the family chariot to make your appearance at the dance. Once there, you will dance a quick two-step and rush home to catch the last part of Saturday Night Live. Since most people will have been up all day getting ready, you'll probably fall asleep on the couch right in the middle of Cajun Man.

Although the "perfect prom" lacks romance, taste, and is completely void of any class, there should be enough money left at the end of the night to allow for another date within a matter of days.



Ellen Sweatt and Millie Lynn, staff members for the school yearbook, work as they try to meet deadlines for getting the yearbook ready for print. All students are reminded to bring in pictures of their Spring Break vacations for publication in the yearbook. Turn them in as soon as possible to Mrs. Rafferty, Room D-207.

Good Work!

LO Students Try Out for Governor's Scholars

by MARY KATE GARROTT

On February 1, 1992, Janey Collins, Erik Wicker, Adrienne Gleeson, Kelley Speer, Letia Miller, and Jenny Beyer went to Murray State University to audition for the Governor's School for the Arts (G.S.A.) They all did well enough to proceed to the Kentucky Center for the Arts in Louisville on March 14 to audition again.

The results of the Louisville auditions have not been revealed as of this printing; however, the winners qualify to attend the Governor's School for the Arts, which is a three week program at Bellarmine College in Louisville this summer.

The aforementioned LOHS students competed in the areas of vocal and drama.

important but chivalrous guys are also a must in this day and age.

Going stag in a group could prove to be just as much fun. It's up to your individual choice.

Have a fun prom night this year and expect your guy to be Prince Charming for at least one night.

Girl Talk

Prom Manners Desired for Every Date

by BETH CARMICHAEL

Prom. What does the word really mean? It is taken from the word promenade in which guests of a formal ballroom party would walk around in formations to meet everyone in attendance. Prom has gone down the ages developing into a banquet and dance to becoming an evening of fulfilled events.

On this special night schools sponsor a ceremony and dance usually held in the school gym or a community center.

Groups of friends or couples have supper together, attend the ceremony and/or dance

and then attend prom parties, or any other fun activity until the traditionally late, or should I say, early morning curfew is set. A new trend is ending the date by having breakfast together.

So, girls who do you take or go with to an event like this?

If you ask someone ask a really special boyfriend or a good friend. In other words someone you can be comfortable with. You should both behave in the most mannerly way. You are going to look sophisticated so, why not act it?

It should be as any other date. Having fun is