



The Oak K

December 1991

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Volume 51

Lone Oak High School
225 College Ave.

Paducah, KY 42001

Fifty-one years of covering news around you!

Spanish Students Become Teachers

by JEFF WEBBER

Should you take a stroll through the playgrounds only to be greeted with nine-year-olds babbling in foreign tongues - don't be frightened. It's not some form of possession. They're only speaking Spanish.

Members of Mr. Buckner's Spanish III class have, for the past few months, been going to the elementary school to tutor third graders in Ms. Meridith's, Ms. Hurley's, Mrs. Wilson's, Mrs. Bryan's and Mrs. Sultor's classes in Spanish.

Sarah Adams, David Amundsen, Rosa Castellanos, Robbie Chopra, Julie Grogan, Sean Herzog, Tracy Jones, Mike Keeney, Wendi

Newman, Zayda Torres and Jeff Webber are all involved in the program.

Designed to provide knowledge of certain basic pieces of information such as greetings, days of the week, animals, the weather and numbers, and to raise early interest in foreign language study, the program seems to be working well.

Says Mike Keeney, "The kids really seem to enjoy it. We've been doing this every Monday afternoon for a few weeks now and they're picking it up pretty well. Well, for third-graders anyway."

The tutorials are to continue through the end of the year.



Eager third graders await instructions from David Amundson and Sean Herzog, two of Mr. Buckner's students participating in Spanish tutoring each Monday after school.

Betas Place at Convention

by ASHLEY DILLWORTH

The annual Beta Club Convention was held this year on December 6, 7 and 8 in Louisville, Kentucky. Members who attended, along with Mr. Rushing and Mrs. Brugger, stayed at the Galt House.

Those competing in the academic team competition were John Cason, Chad Peterson, Blair Tolar and Don Presley. Presley also competed in Social Studies.

Melissa Korte, Kelley Speer and Julie Grogan

showed what they could do best in a talent competition, coming in third place out of 33 entries. Grogan also ran for state secretary while Speer competed in the creative writing section and Korte competed in English.

Scott Covert competed in an oratory competition. Macie Jones came in third in spelling, Chad Peterson competed in science and Blair Tolar in math.

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Needle Park Policies Backfire

by HOLLY HOLLAND

There is a good chance that if you watch one prime time television show, you will see something about drug use whether it is in the show itself or on the commercials. Because of television messages, the "Just Say No" campaign and word of mouth, there shouldn't be anyone in this country ignorant to the downside of drug use.

Everybody also knows that drugs are illegal. What would happen to our society in the United States if they were legalized? Maybe it would be similar to the atmosphere around the

Platzspitz in Zurich, Switzerland.

The Platzspitz, also known as Needle Park, is a place where anybody can go and do whatever drug they choose without having to worry about being arrested. Although drugs are illegal in Switzerland, Needle Park is tolerated by the city government because they believe that people involved with drugs are sick and in need of support and help. Therefore, the government supplies free counseling, condoms, sterile syringes and medical aid. On an average day, 7800 syringes are given out. Addicts can

also obtain chemicals to dissolve the drugs and they may even get instructions on how to shoot up correctly.

Zurich's policy, which was supposed to reduce the number of addicts in the park, has backfired terribly. There are from 100-300 addicts that live at the park around the clock, and on weekends, the crowd may grow to 4000 or more.

Because a heavy user spends an average of \$400 for heroin or \$140 for cocaine each day, crime has escalated drastically in the surrounding areas. Another growing problem is

the AIDS virus. About 20 percent of the heavy users are already infected and the numbers are growing.

Instead of cutting down on drug abuse, Zurich has inadvertently made it even easier to the addicts to get the drugs they want.

Would you want to live in this kind of environment? This could be America if drugs were legalized. Legalization of drugs is not an option in solving the drug problem in our country. Continued efforts in education would have a better long term effect.

(Information condensed from Reader's Digest.)



MERRY CHRISTMAS

FROM THE OAK K STAFF

Editor: Sarah Williamson
Beth Carmichael
Scott Coovert
Garland Crawford
Holly Holland
Kim Caron
Jennifer Wehrmeyer
Ashley Dillworth
Mary Kate Garrett
Tracy Linzy

Laura Denison
Joel Kaunisto
Andy Sanderson
Julie Shelton
Jenny Sutor
Brittiany Waiter
Jeff Webber
Mary Weber
Advisor: Mrs. Campbell

Farewell to Jeff

One of The Oak K's staff members, Jeff Webber, is moving to Memphis, TN, over Christmas vacation. This is a letter to Jeff from his friend and editor.

To Jeff,

I'd like to take this opportunity to bid you a warm farewell. You have added such an interesting edge to my life. I'm going to miss all your interesting quotes, controversial talks and your overall uniqueness. By just being around you, I've become a more literate person.

Even though we haven't been the best of friends, you've imprinted something vivid in my mind. Never forget our fun (?) in 8th

grade journalism and the few special years between.

Your incredible gift for creativity and writing has given The Oak K a certain boost. Please send us an occasional column.

Good luck in Memphis and make the most of the brain God gave you. Hopefully I can sometime drive to see you instead of walking to Memphis in my blue suede shoes.

Miss you lots,
Sarah

I'd also like to say thank you staff members and Mrs. Campbell for all your hard work and dedication. These past four issues have been the best. Couldn't have done it without you! Thanks a million.

Classics: A Novel Idea

by LAURA DENISON

Read a classic? One of those old, moldy books that sound like they're written in a different language? Me? No way, uh-uh.

This is probably the response you might receive if you asked some students to read a classic novel (or any novel, in many cases). Teachers of English are probably very familiar with this response, and everybody's parents are.

But have you ever wondered why? I can assure you that they are written in English. Many people assume (wrongly) that classic novels are always

difficult, unable to be understood and have no bearing on the present.

Well, this is a classic case (no pun intended) of judging a book by its cover. The best selling book in the entire world has a plain black cover and a simple name - The Bible. This book can hardly be said to have no bearing on the present, and there are many who profess to understand it.

The same can be applied to other novels, especially classics. Simply because the cover may appear boring does not mean that the novel is. And with the aid

of a dictionary, classics are understandable. The meaning or theme of the story depends entirely upon your interpretation.

If you think that classic novels have no bearing on the present, you should read 1984, written by George Orwell in 1949. This novel is his interpretation of what life would be like in the future. It requires no large stretch of the imagination to believe that his predictions could occur (or have, to some extent), that "the Party" (as he called it) could keep complete control over man's

thoughts and actions. 1984 is one of many classics that are not only understandable, but interesting and often enlightening.

Perhaps now you will try reading a classic - (or maybe even two). Mrs. Campbell, room D-204, has a list of recommended novels for high school students to read that she would be very happy to share with you if you just ask.

Most importantly, don't judge a book by its cover!!

THINK!

Remember the Real Meaning of Christmas

"We've taken the Christ out of Christmas." You've heard this said so many times, but it is worth repeating. I had to think twice about allowing a religious drawing (as well as this editorial) in this issue of the school paper. Would a student feel his civil rights had been

"violated" because a Christian reference had been published in the school paper?

The whole situation is ludicrous! Just what kind of "civil" rights would be held in esteem without the Christian ethic so deeply engrained in our society and culture? Just what

kind of civil liberties would Americans enjoy if our country had not been founded on Christian morals?

Christmas was established to celebrate the birth of Jesus Christ. The extraneous trappings and figures of Christmas like Santa Claus and Frosty

the Snowman add to the fun of this joyful season of gift-giving first established by the Three Kings. So let's not put down one tradition or another. Keep in mind the real meaning of Christmas!

Have a safe and happy holiday season and a very Merry Christmas.

Mrs. Campbell

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Behind the Lunchroom Counter



LOHS students serve up a lunch from the local feeding trough!!

by BETH CARMICHAEL

"What's for lunch?" This question may perhaps be the most popular question at LOHS. Because of the closed campus situation due to insurance reasons, students choose between bringing lunch from home, not eating or having lunch in the cafeteria. Day in, day out negative comments are made about the school lunch. Yet, an average of 480 full lunches are sold each day in the cafeteria. 65% of the student body buys lunch from the cafeteria and crispy steak is one of the best selling lunches. The

top sales days start with pasta bar, chicken nuggets, crispy steak and pizza.

Many students do not know what the school cafeteria operates on. So here are some facts:

The Federal Government requires all school lunch programs to contain the following:

- * 2 oz. meat (including peanut butter, eggs, and cheese)

- * a combined amount of 3/4 c. of vegetables and fruit.

- * at least 1 serving of bread and a 1/2 pint of milk

See Lunch, pg. 12

Labeling Damages Images

by SARAH WILLIAMSON

"Why are you wearing that- have you turned prep?" "You're going out with him? He's a dumb jock." Comments such as these really bother me. It's a favorite sub-conscious custom called labeling. Although it is a common practice of teenagers, as well as adults, the result can be harsh.

Often adolescents brand their peers by what kind of clothing they wear, car

they drive and sports or organizations in which they partake. Adults group their colleagues and acquaintances by almost the same trivial ways.

Many people, especially teenagers, find it hard to express their true colors. So, everyone almost expects to be labeled. This is awkward for some and in particular those marked "not cool."

A person's outer shell is the first and sometimes lasting impression of

someone. This is a shame, because inside the person may be expressing a totally different message. Sometimes people dress in different styles just because they feel like it, or the outfit may be the only thing clean and ironed.

Teens who are good athletes may succeed also in the classroom. Not all "hippies" are on LSD and go undergarmentless. "Brains" usually don't have their

head crammed in a book 24 hours a day.

Labeling divides a school and causes a lack of spirit and unity. What's inside a person's head and heart should stereotype him, not superficial things.

So, before you label someone a certain name, take another look at him, and there just might be something else to that person besides what is on the exterior.

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New Face Helps LOHS Students

by KIM CARON

Have you seen a mysterious man driving a 300 ZX to LOHS? Don't worry, he's not casing the joint. He's merely driving to work. It is Mr. Gene King, the McCracken County psychometrist.

King is skilled in the interpretation of psychological tests. He is also certified in psychology, which is the science of the mind and

behavior.

Students are able to talk with Mr. King about problems they might be having. "It is best to see me after school, but if you need me, I'll make time," said King. King does mostly IQ testing and exams of this kind.

King attended Murray State, where he graduated with a masters degree in December of 1971. Before working in McCracken

County, King worked with the Henderson County school system for six years.

"I really enjoy working with students and with the school board. I guess that is one reason I have stayed with it for 20 years," stated King.

Students wishing to make an appointment with Mr. King may check in the office for further information.



Mr. King, school psychometrist

Crook or Klansman?

by MARY WEBER

The Louisiana gubernatorial run-off was held Saturday, Nov. 16. The two candidates were David Duke and Edwin Edwards. Edwards won by a 61-39 percent margin, but it was not as easy as it seems.

It was a campaign of racist politics. Duke, a former Ku Klux Klan member and neo-Nazi, claimed to have reformed his ways. Later, however, a top adviser, Bob Hawks, quit, saying Duke's reforms were phony. It was also discovered that the church Duke claimed to attend did not even exist. Because of his former Klan involvement, more than eighty percent of the

registered black voters, an astounding number, turned out and voted against him.

Not everyone dislikes Duke, however. He has many supporters across the nation. He now has a fund-raising base of more than 20,000 contributors stretching across 49 states. He just announced his candidacy this month for the 1992 presidential race.

The newly re-elected governor, Edwin Edwards' previous administrations were stained by corruption. This, however, did not seem to be too much of a problem for his campaign. He was lucky that most people focused on Duke's past instead of his own.

Many people said that neither candidate was good, but from the result of the election, it can be assumed that people would rather be governed by a crook than by a racist.



... Of The Month

Song: "It's So Hard To Say Good-Bye to Yesterday"
 Food: Leftovers
 Movie: The Addam's Family and My Girl
 Group: Nirvana
 Car: Amy's and Brittany's Bugs
 Assignment: Senior Portfolios

School Lunch: Stop Sign Pizza
 Club: Study Hall
 Teacher: Coach Roth (Good Job!!)
 T-Shirt Slogan: I'm a Senior! Deal with it!!
 Bumper Sticker: If you don't like my driving, call my parents at --- ----.

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Drug Talk Causes Sigh of Relief



Detectives Danny Midgett and Jimmy Green and Sheriff Howard Walker talked recently with students regarding recent drug-related arrests of several LOHS students.

by LAURA DENISON and JOEL KAUNISTO

On November 21, three law enforcement officers graced LOHS with their presence to talk to each class. Relax. They weren't here to arrest anyone, but to inform students about the drug problems in our school and to dispel the many rumors circulating after the arrest of three LOHS students for drug-related offenses.

Detective Jimmy Dale Green broke the ice with an introduction that dispelled all rumors as to the number of students on "the list." Many students were convinced by hearsay that

the number was anywhere from 100 to 300, while Detective Green assured them that the number was far less: around 15 to 20 at most.

Detective Danny Midgett discussed selling drugs. He also warned students that drugs would lead them down a path that would end in an emergency room, a morgue or jail.

The third and final speaker was the well-known Sheriff Howard Walker who concluded the meeting by discussing the harsh realities of drug use.

As a result of this meeting, students are better informed as to the severity of the various consequences of drug use.

New Location Provides New Opportunities

by BETH CARMICHAEL

The McCracken County 4-H Teen Club is proud to announce that they have a new meeting building located on Olivet Church Road. It is the new McCracken Co. Cooperative Extension Service building. New offices for each agent are a new attraction, as well as spacious bathrooms, kitchens, a conference room and a meeting room able to

seat up to 100 people.

The Homemakers of Paducah also added a new wing to the construction containing a small kitchen and meeting room.

Open House was held November 1, yet, all are welcome to come see the building in its newly decorated state.

The Teen Club has donated a Directory that is in the front hall to be

used for providing information and notice of current events.

The meetings of the 4-H Teens are every first Monday of each month at 6:30 PM in the new building. Programs for Community Involvement, Teen Development and Community Pride are constantly being discussed and acted upon by the group. All McCracken Co. teens are welcome to attend.

If you wish to be put on the mailing list for the McCracken County 4-H Teen Club, please contact Scott Coovert or Beth Carmichael. All Lone Oak students are encouraged to become involved!



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Just Sittin' Around the House

by JEFF WEBBER

So I'm watching television the other day and it occurs to me just how funny the English language has gotten. Our language, particularly as it is spoken here in the United States, is full of some of the most ignorant idioms and phrases the world has ever known.

I just saw a commercial offering more bargains than I could "shake a stick at." Taken literally, this store claims to have a greater number of low prices than would be in my abilities to wiggle a tree fragment at. Okay. And how many is that? How many is just enough to shake a tree fragment at? My guess is

twelve. No particular reason, I just like the sound of it. Nice, even, two digit number. It's got a one and a two. Subtract five from twelve and you get seven and seven's my lucky number. So, I'll say twelve.

And how about this one: "sitting around."

"Whatcha doin' Bob?"

"Oh I'm just sittin' around the house."

Sitting around what? Do you realize how Bob would have to be shaped in order to be able to sit around his house? He'd need a customized toilet. Can you picture that? Those of us that know Bob would rather move on. I think. Bob would.

A little off the subject here, but since I am watching television, this question keeps coming to mind. When did USA network become the MacGyver channel? I mean hey - it's a decent show and all but geez.... How many times can you be expected to stand watching the guy save the world with detergent, a swiss knife and some bobby-pins? It's like the A-Team. Remember that show? Remember how invariably each episode the bad guys would capture B.A., Face, Hannibal and Murdock and lock them up in a shed full of dynamite and power tools?

Back to the subject though.

Then Andrew Curry on MTV promises me a video coming up by "the one and only" Prince. Is that why celebrities are so special? There's only one of each of them. And I thought they had twelve clones just like the rest of us.

Yup, English is stupid.



How to have an environmental Christmas

by SARAH WILLIAMSON

-Buy a live Christmas tree you can plant later or buy an artificial tree.

-Use alternative wrapping paper like newspaper, old calendars or old maps. Or use paper made from recycled paper.

-Instead of using ribbons or bows to decorate packages, try using a scarf, belt, etc.

-Give plants, seeds or herbs to spice the home with cheer.

(Ideas taken from Good Housekeeping.)

AIDS: The Cold Facts

by MARY KATE GARROTT

1. You can get AIDS from heterosexual sex, not only homosexual sex. Medical estimates indicate that there's a 20-60% chance that a heterosexual guy who has AIDS will pass the infection on to his steady sexual partner within two years.

2. You can get AIDS the first time you have sex. The more times you have unprotected sex, the greater the chance you'll contract HIV, the virus

that causes AIDS. However, lots of reports have been made of women who got AIDS from just one experience with an infected partner.

3. Unless he/she is a virgin, your partner could have contracted the disease from any one of their previous partners. (There's also an outside chance that your partner could've gotten it from a blood transfusion, or an infected needle.) So, actually, everytime you sleep with someone, you're

"sleeping with" every sexual partner he's ever had.

4. As far as known, no one has a natural immunity to AIDS.

5. 20% of people who have contacted AIDS, got it as adolescents or young adults.

6. It can take 10 or more years to develop symptoms of this disease, so most infected people look just like you and me.

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Do You Remember Christmas Past?



A little tyke enjoys Christmas Past (Don't worry Kim! We won't tell everyone it's you.)

by TRACY LINZY and JENNIFER WEHRMEYER

Although it may seem fuzzy now, somewhere, in the very back corner of alot of peoples minds, they remember Christmas. Not this new and improved Christmas, which starts around Halloween, but the one when we were little, which started around the first of December. Our parents would bundle us up and take us downtown, since this era was known as "pre-mall." Downtown would be decorated, complete with Santas on every corner and

Christmas music sped in. You would duck into the warm store where you were greeted and treated like a guest.

Do you remember the toys we used to get for Christmas? Barbies and Tonka Trucks and Big Wheels, Star Wars figures and Stompers. There were red tricycles and Holly Hobble and Strawberry Shortcake everywhere! Do you remember Seaweeds? The little mermaid dolls that came with sponge lily pads.

See Past, pg. 12

Beauty and Beast Rates 5 Stars

by JEFF WEBBER

I went to the theatre. I had a five dollar bill in my hand, ready to see Cape Fear. I'm a huge Martin Scorsese fan and I was ready. Ready to see violence, ready to see turmoil, ready to see troubled people do troubling things: you know, a Martin Scorsese movie. Instead, I saw a Disney movie.

You see, Cape Fear had sold out and my friends

insisted we stay and see Beauty and the Beast instead. To my surprise, it was pretty great.

I went in expecting another All Dogs Go To Heaven, Fievel Goes West annoying kiddie-fest chock full of lost little girls and singing rodents kind of thing, and instead it was pretty enjoyable.

There are musical numbers, sure, but they weren't bad. One of them in particular was pretty darn funny. Belle's (Beauty's) aspiring beau, a French fellow whose name I can't really spell, had a great song featuring lyrics such as "and every last

inch of me's covered with hair!" and others about "persecuting harmless crack pots." He was a pretty great parody of your typical male chauvinist idiot.

And then there were the talking household implements, like Pierre, the Candlestick and Chip, the teacup. They were pretty classic.

And the animation! They looked like Disney characters had wandered onto landscapes done by classic artists. Maybe they had.

All in all - a terrific movie. Even if it is a cartoon, it is a cartoon

based on a classic story, loved by all ages. Never before has Disney made a movie with specific elements geared at so many age groups. I loved it. Four Stars.

And the best thing - Dom DeLuise's voice is not in this movie.

NOTICE: If you do any sort of volunteer work, we would like to hear from you. Write down what type of volunteer work you do and where, and bring this information to Room D-204 as soon as possible (no later than January 6). Thank you.

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LOHS, Livingston Choirs Perform for Holidays

by ANDY SANDERSON

On December 10th the LOHS Chorus and Livingston Central High School Chorus held a Christmas concert at First Baptist Church in Paducah. The concert was open to the public and a nominal fee was charged for the festive event.

Thirty-two traditional Christmas songs were performed for the audience. A brass and percussion ensemble accompanied the choir. Soloists also performed for the guests.

The concert was an enchanting and successful event.



LOHS students selected for All State Choir are: Row 1 - Amy Burnette, Jill Davis, and Carrie Cummings. Row 2 - Heather Bowman, Brett Morris, Janey Collins, Adrienne Gleason and Tabitha Wright. Not pictured are Brent Pittman and Kelly Speer.

Junior Rotarian

by SCOTT COOVERT

Melissa Korte, daughter of Don and Martha Korte, has been chosen to serve as Junior Rotarian for the month of December. Korte has been involved in the yearbook staff for three years and is currently serving as an editor.

Korte has also been an LOHS cheerleader for four years. Korte has been involved in such prestigious programs as: Golden 100, Girls State, Kentucky Youth Seminar and Youth Salute. Korte also enjoys dancing, golf and working with crafts.

Korte has not yet decided where she will attend school or in what



Melissa Korte, senior

she will major. When informed of her selection Korte had this to say, "I am honored that I was chosen for this, and I'm looking forward to it."

Did You Know...

by JENNY SUITOR

...that the average number of Americans injured by clothing each year is 112.00.

...that 1500 homes could be heated daily by the steam and flame that is spewed by King Kong at Florida.

...58 percent of American teenagers do volunteer work.

...around 1095 of our beaches are closing because of bacteria from sewage.

...that Arnold Schwarzenegger took steroids years ago to build bigger muscles.

...that Prince's fan club costs \$30.

...that the United Kingdom has a Declaration of the right to liberty, privacy, education and work of people with the HIV virus and AIDS.

...that Magic Johnson has the HIV virus.

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Cheerleaders Keep Up School Spirit



LOHS cheerleaders show their spirit after the Flash's victory over Owensboro Catholic on the coldest night they've cheered this year!

by GARLAND CRAWFORD

"Purple, gold and a little white!"

This has become a popular yell from the sidelines, where fourteen dedicated students work to keep up the school spirit and inspire the emotions necessary for victory. Everyone knows that those fourteen students are the LOHS cheerleaders, but few people ever wonder, much less ask, just how they came to that position.

In May of last year, five judges selected this year's squad based on individual talents and overall performance.

The 1991-92 varsity squad members are: Sarah Adams, Jodie Anderson, Carrie Cummings, Jill Davis, Renee Denton, Shannon Hayes, Ansley Hunter, Melissa Korte, Jennifer McIntosh, Minde Meece, Brittany Rushing, Stacey Spence, Ellen Sweatt and Johnna Waggoner.

The junior varsity squad members are: Amy Burnette, Megan Hazelton, Maggie Largent, Tauzzia Meriwether, Kristen

Seabaugh, Kelley Speer and Amber Walker.

During the summer, the girls attended camp at Murray State University for a week and also practiced a week before school and a week after school. Once school started, practice began three times a week after school. This does not include football or basketball games which may number up to four in a single week.

Most cheerleaders begin preparing at an early age. All have taken some form of gymnastics and many have also taken some form of dance.

"The work is hard," comments senior Jill Davis, "but I couldn't imagine doing anything else."

With a season that lasts twelve months and with the athletic ability and dedication of any athlete, cheerleading is as demanding as any extra-curricular activity. All that the cheerleaders do for the school is appreciated by students, faculty, and especially by athletes.

Snow Creme Recipe

by ANDY SANDERSON

When winter comes around, it seems snowball fights, sledding, decorating the tree and hot chocolate have become tradition. Another important part of Christmas is food and what a better way to start off with than dessert? Try an old favorite - Snow Creme.

Ingredients for this

recipe are:

- Snow (not yellow!)
- 1 can evaporated milk
- 2 cups sugar
- 1 tsp. vanilla extract

Directions: Combine milk, sugar and vanilla. Add as much snow as needed to reach ice cream consistency. Eat quickly and keep remainder in freezer.

Academic Team Wins

by JEFF WEBBER

The LOHS varsity academic team set out this year with high hopes and two chief goals: to win the second district West Kentucky Academic Bowl, and to reach the state finale of Kentucky's annual Governor's Cup academic competition. The team, consisting of seniors Jason Jones (captain), Mike Keeney, John Cason, Eric Roberts, Blair Tolar and Aaron Clarkson, has already

accomplished the first of these goals, having swept past Heath and Tilghman to claim the district title at 28-19 and 24-20.

Although defeated in regional play, but did put up quite a fight against perennial powerhouse Graves County. It is this kind of playing that they hope can carry them all the way to the state level at Governor's Cup.

Held each January, Governor's Cup was set up

by former governor Martha Lane Collins to promote academic excellence and growth in such categories as English, mathematics, science, social studies and quick recall (academic team).

Despite strong showings in the last several years, the current team has yet to win the district title in quick recall; this, they feel, is liable to change.

With the current team See Academic, pg. 12



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Lady Flash Sets High Goals

by JOEL KAUNISTO

With almost all of their players returning this year, the LOHS girls basketball team hopes to improve over last year. This year they plan to have balanced scoring and emphasize effort more.

This year's starters are as follows: seniors Angie Jones, Leslie Larrison, Shannon Wallis, Chrissy Whitelock and sophmores Melanie Sims and Caroline Steele. The other varsity members are senior Gwen Hughes, Junior Tracy Jones, sophomore Robyn Midyett and freshmen Kara Fox and Eileen Johnston.

Playing on the junior varsity team are sophomores Robyn Midyett, Kisha Peck, Susan Knott, Tara Wilkinson, Jennifer Bristoe

and Lee Ann Larrison.

The freshman team members are: Kelly Crawford, Eileen Johnston, Kara Fox, Tara Stamper, Kristi Hopper and Desiree Vickrey.

As for expectations, head coach Mike Clark remarked, "The girls have set two goals for this year: to win fourteen games and to go to the regional tournament." He also said that this year's team can be a lot better and that they've worked enough to achieve their goals.

Along with coach Clark, who is in his sixth year as head coach, Tim Whitley and Karen Jarrell are assistant coaches this year.

With determination and experienced players, this year's team should do well.



Gwyn Hughes works around defender Angie Jones to get a shot to Chrissy Whitelock during practice.

Colonel Band Marches Through Christmas

by BETH CARMICHAEL

From 4th and Broadway you could feel the drum cadence on 2nd vibrating the buildings as the Lone Oak Kentucky Colonel Band marched its last time, for the marching season ended in the Paducah Christmas Parade.

The color guard dressed in Holiday costumes, as toys, presents and Christmas trees. The band

played a medley of songs while the guard gave candy to the little ones watching. The crowd on 4th applauded the performance.

Get well soon, Heather! We miss you!!



LOHS Hosts Invitational

by GARLAND CRAWFORD

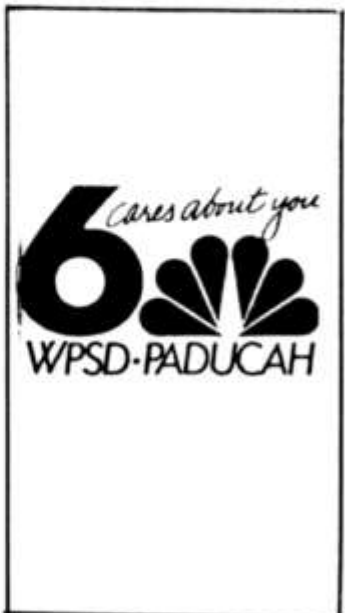
On December 6th, 7th, and 8th, the LOHS boys basketball team not only hosted its first annual invitational tournament, but also placed first in its rankings.

The tournament consisted of four teams from Ballard, Reidland, Fulton and Lone Oak and was played in a round robin style. Lone Oak won all three games they played scoring a

total of 201 points, while only allowing 184 points to be scored against them.

Three players from LOHS were named to the All-Tournament Team. They were: Matt Wallis, John Griffith and Jack Meece.

"It was great to start the season with a win!" second year head coach Roy McKamey exclaimed. "The boys have worked hard and it's good for them to see their work pay off."



Lunch

A variety of choices are possible which would meet the minimum nutritional guidelines. The country line and sandwich line extend the choices for meeting these guidelines.

Many may wonder where the money goes. Forty-three cents per plate sold goes for labor. Thirteen cents per plate is for paper goods. In a randomly chosen month, \$14,803 was made and \$14,649 was used for labor, mechanical work and food. The government lacks in sending cheese, and other government food items; therefore, the cafeteria must provide those lacking. Mrs. Bea Koster commented, "The more students who eat, the better the food can be. It gives us more to work with."

Cafeteria personnel encourage students to eat the lunches provided.

Academic

enjoying its fourth consecutive year of playing together, they feel they have evolved into quite a formidable set of opponents to face, and their coach is not one to argue with success.

Says varsity coach Mr. Toy, "This is the payoff season for our seniors: they have really worked for this. Practices at seven in the morning, up to twenty or thirty matches a season, they have really worked hard over the last four years. This (the West Kentucky Academic Bowl) was their first big goal of the season. Governor's Cup is next in February."

HANG TOUGH! STAY IN SCHOOL.

Maybe you think school is too hard. Or too boring. But don't quit! If you walk away this time, chances are you'll be ducking challenges for the rest of your life.

If you want to prove something, stay in school.



SSG JOHNATHAN HOFFMAN

442-2949

ARMY. BE ALL YOU CAN BE.

AS WE SEE IT

THE ORIGINAL OAK K GENERIC GREETING CARD

TO: FROM:

TIMING: on time early (hah!) late real late

OCCASION:

- My condolences on the dissolving of your union, Comrade Gorbachev
- Carroll Hubbard congratulates you on getting out of bed this morning
- Happy Easter
- Happy Thanksgiving
- Happy Groundhog's Day
- Happy Right-Handed Men Named Lefty Day
- You have been selected for jury duty
- Happy Birthday, Ancient One
- Happy Hannukah
- We regret to inform you that your son Mervin was killed in a bizarre paving accident
- You may already be a winner!
- Dear Grandma, I'm fine, school's fine, the dog's fine...
- It'll grow back

MERRY CHRISTMAS!!!

WHAT'S NEW?

Past

Who would forget when Cabbage Patch Dolls first came out. The lines and confusion in the stores made headlines.

Today's kids play with Plexi-Blocks while we had Lincoln Logs and Legos. Snoopy and Winnie the Pooh were also favorites.

Youngsters now still sit on Santa's lap. And more likely dream of sugarplums, candy canes, reindeer and of jolly old Saint Nick, who pulls up in his Mercedes with gift certificates for all and to all a good night!