

The Oak K

December, 1990

Issue 4, Volume 50



Valuable Law Library Donated to High School

Over 200 new law books were graciously donated recently to LOHS to establish a law library. Tracey McClain, a senior enrolled in Business Law, her father, Mr. Kent McClain, a law book salesman, and Mr. Tom Osbourne, Commonwealth Attorney for Kentucky, are responsible for this valuable gift that can benefit all students.

These legal volumes for state and federal law include the American

Jurisprudence and the United States Code Service. These texts have documented current studies, court rules and regulations and detailed topics from A to Z.

Mrs. Daralea Harper, Business Law teacher commented, "A big LOHS thanks goes to these two gentlemen for their active participation through their time and expense in contributing to the educational excellence of tomorrow's youth."



Tracey McClain, senior, and Mrs. Daralea Harper, business teacher, consult a law volume as Mr. Wallace Adams, principal, and Mrs. Terri Gipson, librarian, stand in front of the new law library recently donated to LOHS.

Betas Convene in Louisville

by Lori Spear

The most prominent thing on LOHS junior Eric Roberts' mind for the last few weeks has been how long the pink bunny on the Duracell commercial lasts and lasts and lasts..... Roberts also wondered if that bunny could win him the state presidency of the National Beta Club at the statewide convention December 7-9.

The exquisite Galt House was the site of devoted campaigning and glib political smiles as Roberts ran against several other

candidates for the office of state president. He was allowed to campaign only during specified times and gave a speech to over 3,000 Beta members. Following his speech, LOHS students acted out a one minute skit supporting Roberts' campaign. Saturday morning gave the students from all across Kentucky the opportunity to vote for whom they felt could best represent them to the National Beta Club. (Due to a printing deadline for *The Oak K*, it is not possible to report whether or not

Roberts won the election.)

Twenty-six Beta Club members from LOHS attended the convention along with chaperones Donna Brugger and assistant principal Mr. Rushing. These students participated in a variety of competitive events as follows:

QUIZBOWL: Eric Roberts, John Cason, Clay Wagner, Garland Crawford

MATH: Blair Tolar, Scott Kopetz

ENGLISH: Jennifer Moore

SCIENCE: Jim Kerins

ORATORY: Lori Spear

TALENT: Tim Black, Brian Eller, Chris Gish, Rodney Hook, Aaron Meredith (they performed "Love Story" by Tesla)

ART: Chris Holland

CREATIVE WRITING: Scottie Coovert

SPELLING: Matt Lockett



MERRY CHRISTMAS!

Traditions Disguise True Meanings

Although Thanksgiving and Christmas are family-oriented holidays, their true meanings have been distorted by "tradition" over the last few decades.

Yes, it is a wonderful thing that families get together and eat dinner on Thanksgiving Day. Kids come home from college and relatives travel from far away just to eat a meal with their family. The element that is not so wonderful, though, is the tradition of overeating. It seems that the only important part of the day anymore is the food (and, of course, the football game!). Although the food is delicious, it should not be the main focus of the day.

As for Christmas, the mad rage that everyone goes into while shopping is ridiculous. It is an American tradition to exchange presents, but shouldn't those presents mean something to both the giver and the receiver? I daresay that the gifts under many Christmas trees do not mean anything except more bills to pay in January.

Surely our families are worth taking the time and effort to simply say "Thanks, I appreciate you" and buying each person something very meaningful, if you choose to exchange gifts at all, which certainly is not necessary to have a happy holiday.

--Lori K. Spear

Editorially Speaking

To Concerned Student:

Apparently you have been misinformed... the Phi Alpha Delta Sorority is not a school sponsored organization. The sorority is meant to serve the community and not fellow students. Also, looks and income have no concern to us when it comes to being in the sorority. If you want to complain, the people from the Phi Alpha Delta Sorority (rich, poor, ugly and beautiful) suggest that you form your own sorority.

Signed,
Unconcerned Members

Dear Editor:

I would like to comment on the "Perfect Senior Boy and Girl" article in your November 1990 issue. I don't think that two juniors should be allowed to choose who they think the "perfect senior" is. The whole thing is kind of shallow because no one has the same concept of "perfect." To be fair though, there should be a senior class consensus to decide on the students that possess "perfect" characteristics. I know that I am about to go off on a tangent, but hey, it's a CONTINUED ON PAGE 8

Help the Homeless

By Beth Carmichael

Imagine sitting on the sidewalk alone with the coldness of the air blustering up the street. Wrapping up in the leftovers of yesterday's paper is a comfort.

In this day and age, there are many things we take for granted. How many of us stop to think how wonderful it is to have a home? For many families and children in the United States, the privilege has been taken away from them.

Many deserted children are from broken homes, so they move on to the desolate streets as an escape. Some homeless families are results of unemployment and lack of government aid.

The government spends billions of dollars per year to keep the criminals

of this country alive. What a waste. Is it worth all of our tax dollars to keep the murderers alive? Why are these monies not spent for the poor innocent family that lives in a cardboard box opposite the White House?

Likewise, the government insists on using money for weapons. It seems ironic that a wealthy country like the United States is not able to provide for its own. Instead of helping the poor homeless citizens, the government provides room and board for the murderers.

Could this be a purpose for crime? If a person has nothing but the street, no food and no money, committing a crime and being put in jail could seem like a step up for him.

What can we do as citizens of this country to help our "leaders" give government aid to these people?

While they sit up in Washington worrying about the crime wave, have they ever stopped to consider just why these people may be committing crime?

One solution to the apathy of this country is to write the senators that represent Kentucky and tell them how we feel. Also, electing representatives that are concerned about such issues will increase the probability of some action taking place.

It's sad to see people in our own hometown walking the streets. We have homeless right here in Paducah. It is hard to imagine the number of

homeless in New York or Washington D.C.

Please take the time to write our senators about this issue. It could benefit the life of a homeless person.

Stakk

Williamson
Beth Carmichael
Mrs. Campbell
Lori Spear
Heather Bond
Robert Baker
David Boyer
Chloe (CMT) Hunt

Ten Practical Gifts to Give Anyone

by Sarah Williamson

As the Christmas season approaches, everyone is purchasing gifts for various people. Experts say the United States is nearing a recession. Buying inexpensive and practical presents is often necessary as well as appreciated.

These are ten useful items that can be given:

1. Personalized giftbaskets that may contain fruit, cheese, pasta and herbal selections for the health-conscious person. Also toiletry items, such as perfume, make cute gift ideas. These are easy to make, or various shops and specialty stores can customize the baskets.

2. For those who are under stress or stand on their feet all day, body and foot massagers are perfect. Various types and brands are available at different prices.

3. Video cassettes ranging from do-it-yourself techniques, exercise, sports activities and

classic movies are special gifts.

4. Magazine subscriptions and books make perfect gifts. These are especially nice when considering a person's hobbies or lifestyle.

5. CD's or cassettes (whichever the person prefers) are relatively inexpensive.

6. Picture frames in common sizes are always needed to display favorite pictures.

7. Christmas ornaments are perfect keepsakes for each year.

8. Unusual pet items are on the market, such as bandanas to put around a dog's or cat's neck. The ones in the Christmas motif are especially festive.

9. If a person lives far away, send him a photo album or a video cassette tape that captures the everyday life of the family.

10. If all else fails and everything in the store is gone, give money or gift certificates to choice stores or for long distance phone calls.



Mr. Dennis Griffith, counselor, stands with Outstanding Seniors Mark Chumbler and Lori Spear who were recently honored by the Lone Oak Optimist Club at their breakfast club meeting in November.

Band and Choir Entertain During the Holidays

by Beth Carmichael

The LOHS band and choir departments are preparing for various concerts and activities during the month of December for the upcoming holidays.

The Kentucky Colonel Band is planning a Christmas concert on Sunday, December 16 beginning at 2:00 p.m. with no charge for admission. The concert will feature the 6th grade band, the LOMS Cadet Band, the Kentucky Colonel Concert Band and the LOHS Color Guard Chorus.

The LOHS Choir is also busy this December. On the 5th, the Swing Choir will perform for Hendron-Lone

Oak Elementary schools. On Dec. 8, the madrigal group will entertain the Retired Teachers, and on the 10th they will entertain the the Lone Oak Lions Club. There will be a Chamber Choir Concert on December 13th at 7 p.m. at Grace Episcopal Church. Also on their busy schedule, the group will perform at the Off Price Mall on the 15th.

Bob's DRIVE IN
home of the **fiesta BURGER**

2921 Lone Oak Road
2429 Bridge Street

Junior Rotarian

by Beth Carmichael

Bo Rushing was chosen as the Junior Rotarian for the month of December. Some of Bo's interests include being a DJ and listening to music. Bo plans on attending PCC and transferring to the University of Kentucky. He plans to major in either Biology or History.

Bo stated "I hope to learn more about the Rotary and more about Paducah area businesses and the business leaders themselves."



Bo Rushing.



ANESTHESIOLOGY OF PADUCAH, P.S.C.

2610 BROADWAY
PADUCAH, KENTUCKY 42001

VRATISLAV V. KEJZLAR, M.D.
JOEL LILLEVIG, M.D.
WILLIAM J. PITMAN, II, M.D.
DENNIS R. RICHESON, M.D.

TELEPHONE
502-442-8228



Kay Via and Shannon Poole work in art class on the holiday window designs that are "decking the halls" of LOHS.

Salvation Army Helps Needy

by Heather Bond

The Salvation Army helps people who are less fortunate than others. They really help the most at Christmas time. There are many families who can't afford to buy their children things for Christmas and the Salvation Army helps out.

The Salvation Army has things donated to them from anyone who is willing to help. They raise money through volunteers who solicit donations during the busy shopping season. From the things they get and the money they raise, they fix fruit baskets for

families and buy toys for children.

The Salvation Army also sets up Christmas trees inside of some stores. The trees are "decorated" with children's names. Anyone who wants to help a child have a merrier Christmas can pick a name off the tree, and buy that child a gift. The name tag also tells the child's shoe size, clothing size and age.

With all these public services the Salvation Army helps families who usually wouldn't get anything for Christmas to receive special gifts and to let them know someone cares.

If You Ask Me . . .

by David Beyer

This year, the Christmas season may fall during a very bad time for everyone. Economists are saying there is going to be an economic recession. This means the price of everything will be going up. What does that mean? Well, it means fewer Christmas presents than usual for one thing. If it gets too bad and money gets really short, it may mean Christmas shoppers will be looking for smaller trees and telling you that it doesn't matter what presents you receive for Christmas. "Remember," they'll say, "it's the thought that counts." But what do we enjoy most about the Christmas season anyway, the presents or the family togetherness? Figure it out for yourself.

Even though people will be receiving smaller and fewer gifts this year, we shouldn't feel too sorry



David Beyer

for ourselves. Before we complain too much, we should remember the soldiers in the Persian Gulf have already spent Thanksgiving in the desert and now they'll be spending another holiday season in the sand.

If the soldiers in the Gulf can take it, so can the people back here in the good ole' U.S. of A. Doing without a few presents for Christmas won't be nearly as hard as spending the holidays in a sandstorm. So let's help our relatives out a little. Leave a few things off your Christmas list and remember how good we've really got it here. Here's a Christmas tip, though. Leave off the new game from Nintendo. Have you heard about it? The player looks like he's playing the game, but actually he just sits in front of the T.V. and watches. It's called "Milli Vanilli."



Gourmet Galley

Gifts and Everything for the Cook
2008 Broadway
Paducah, KY 42001
442-2254

R. DONALD HEINE, D.M.D.
ORAL AND MAXILLOFACIAL SURGERY

TELEPHONE
(502) 554-2026



BAYLEY SQUARE
SUITE #5
2850 LONE OAK ROAD
PADUCAH, KENTUCKY 42003

Teacher Wish List

MRS. GHOLSON: A pair of chartreuse heels
MR. WIZELL: A Jane Fonda workout tape
MR. WELLS: A stuffed "Wilma" doll
MR. BAKER: A Mr. Coffee for his room
MR. TOY: An electric can crusher
MR. ROTH: A baggy pair of shorts (preferably Umbros)

MRS. HAYDEN: Five extra hall passes
MRS. REED: Mrs. Adler back
MRS. JERRELL: A computer to keep track of attendance
MRS. GIPSON & MR. CLARK: Healed arms!
MR. WHITLEY: A fireproof tie for chemistry lab
MR. WALLACE: A girlfriend for the holidays
MR. PARSONS: A plaid car cover



3021 Lone Oak Road
Paducah, KY 42001

(502) 554-7832

Walking Wounded: A New Fad?

by Lori Spear

Along with the earthquake mania this year at LOHS has come a rash of wounded people, students as well as faculty.

It seems that someone has acquired a new injury every few weeks of this school year. Is it something in the air, the prevailing warm weather, or maybe even the earthquake frenzy?

Senior Jennifer Moore attributes her badly sprained ankle to "going too fast and skipping a step" while hurrying down the staircase at her house. She also suffered torn ligaments and was required to walk with crutches and keep her ankle wrapped in a bandage. Because of the bandage, she found it easier to wear shorts instead of pants, even in the cool fall weather.

Cindy Hooker, also a senior, fell during her Advanced P.E. class and suffered a sprained ankle that also required crutches.

"Very underestimated" is

how senior Craig Herzog describes Tim King's wrestling skills after a playful wrestling match between the two buddies resulted in Herzog's ripped knee cartilage and ligaments. Herzog's injury required a full-length leg cast for four weeks and he still wears a brace for certain activities. "We used to fight all the time, but after my injury we both retired!" commented Herzog.

LOHS librarian Terri Gipson gleaned a radial neck fracture in the radial bone in her arm when she fell while skating. She fell on purpose, in order to avoid running over her daughter, who had fallen directly in front of her. Her punishment came in the form of an arm sling that she had to wear for five weeks.

Biology teacher and basketball coach Mike Clark also injured his arm recently. He pulled the tendons loose from the bone while lifting a heavy item. This required three hours of surgery which left



Mrs. Terri Gipson and Mr. Mike Clark show off their slings of misfortune.

permanent scars.

Football is a dangerous sport for junior Keith Byrd, sophomore Tommy Massa and senior Jay Whalen. Byrd broke his arm in the beginning of a game but continued playing through the entire game. When Byrd finally reported to the hospital, he was confined to a cast for five weeks. Massa separated his collar bone from his AC joint and Whalen suffered from a sprained ligament. Whalen

had surgery and then wore a knee brace. He finally underwent physical therapy for two weeks and then graduated to a sports brace.

Pinkys have been the specialty of senior Steve Brown and freshman Kelly Speer. Brown broke his pinky in two places and had to have a pin placed in it. Speer broke her pinky doing a back handspring at gymnastics and had to wear a cast.

Perfect Junior

by Heather Bond and	<u>CLOTHES OF:</u>
Christina McCune	Jodie Anderson
<u>HAIR OF:</u>	Jot McCloud
Ashley Ellis	<u>COMPLEXION OF:</u>
Todd Wagner	Jenny Stephon
<u>EYES OF:</u>	Matt Wallis
Jessica Housman	<u>MOUTH OF:</u>
Ricky Brookshire	Ellen Sweatt
<u>PERSONALITY OF:</u>	Keith Ballard
Christi Carroll	<u>SMILE OF:</u>
John Cason	Jennifer McIntosh
<u>VOICE OF:</u>	Brian Griffith
Carrie Hopper	<u>WALK OF:</u>
Jason Burchard	Kari Atkinson
<u>BRAINS OF:</u>	Scott Coovert
Melissa Korte	<u>LEGS OF:</u>
Mike Keeney	Teresa Hillebrand
	Keith Eads

For more than a century, Citizens Bank has been dedicated to the highest standards of performance. And for equally as long, we have acknowledged that same level of achievement in education. So to all of those who give their heart and soul to the performance of excellence, we salute you.

Citizens
BANK AND TRUST COMPANY

P. O. BOX 2420 • PADUCAH, KY 42001 • 502/575-5100 • MEMBER FDIC

Expect Excellence

Lady Flash Opens with Bang

by Robert Weber

The LOHS Lady Flash opened at home on November 26 against St. Mary. A good crowd filled the Lone Oak gymnasium to witness the Flash thrash the Vikings 70-40.

The game and the Oaker's season started on a good note when senior Deanna Willet scored the first points soon after the opening tip-off. Following Willet's lead, the rest of the Lady Flash lit up the scoreboard with a lightning quick attack, jumping up on the Vikings 10-0. They never looked back.

The entire remainder of the game went much the same way as the first nine minutes. Leading scorers Caroline Steele (14) and Shannon Wallis (10) led the Lady Flash's upbeat attack that had the Vikings begging for mercy by

halftime, when the score stood 35-18.

Quick and undaunted scoring was not all that the Lady Flash succeeded in this night. Lone Oak dominated the boards with Angie Jones hauling in six rebounds, which led the team. Also, the Oaker's relentless defense

continually disrupted the Viking's game plan. Quick handed Steele and Leslie Larrison both robbed the opposition with seven steals apiece.

Larrison also won fame with her last second three point bomb that capped off the Oaker's impressive opener. Needless to say,

the Lady Flash looked good in every aspect, fouls being the only exception. In the words of senior starter Cindy Hooker, "We did good!"

Go Team!



May The Force be with you, Shannon!

Basketball Schedule

GIRLS

4-	Heath	H
7-	Lyon Co.	H
11-	Ballard	A
14-	Tilghman	H
15-	St. Mary	A
18-	Reidland	H
28-	Carlisle Co.	A

BOYS

4-	Heath	H
8-	Carlisle Co.	A
11-	Ballard	A
15-	St. Mary	A
18-	Reidland	H
19-	Crittendon	H
22-	Calloway	A
25-	Hickman	H
29-	Tilghman	A

Janet's Hairstyling

3415 Lovelaceville Rd.

554-3598

Patronize

The Oak K

Advertisers!

SINCE 1934
Pay Less DRUGS

LOW DISCOUNT PRESCRIPTIONS

DOWNTOWN
319 BROADWAY

MIDTOWN
2323 BROADWAY

LONE OAK
2340 LONE OAK RD.

OFF-PRICE MALL KY. OAKS MALL

2200 IRVIN COBB DRIVE

Health & Beauty Aids
HIGHWAY 60 WEST

* Sun '90

Peoples

First National Bank and Trust

Paducah, Kentucky

(502) 441-1200

McCracken County's Only National Bank

Nine Convenient Locations

A Subsidiary of Peoples First Corporation

Member FDIC

Flash Skin Cats

by Robert Weber

The LOHS boys varsity basketball team opened the season on November 28th in the St. Mary Holiday Tournament, and it was not pretty. That is, of course, if you are a Trigg County Wildcat fan.

One side of the St. Mary gym was packed with Lone Oak faithful who turned out to witness the Flash's first game under Coach McKamey. Trigg drew first blood on their first possession with a three point bucket. But from then on, it was all Lone Oak! Matt Wallis scored the Oakers' first ten points as they ran to an early lead of 17-3. Wallis ended up with 16 points, which led the team.

Lone Oak's quick defense, led by Jon Griffith's seven steals, pestered the Trigg offense all over the court. And Wallis and Jack Meece led the Oakers' attack on the boards. By the end of the first half, Lone Oak had run Trigg ragged and held a commanding 37-16 lead.

When the two teams returned to the court, Lone Oak picked up where they left off. Several non-starters came in and bolstered Lone Oak's attack by banging in three three-

pointers. The Flash hit a total of four of these bonus bombs.

The rest of the game drug on, for the Wildcats at least. For the Flash and their supporters, the remainder of the game(?) was filled with exciting shoot 'em up basketball. At the final buzzer, the Lone Oak fans swarmed the victorious players and coaches, as the scoreboard displayed the lopsided 75-38 score.



The 1990-91 Boys' Varsity Basketball team - 1st row: Greg Shelton, Brady Thompson, Chad Kelley, Jon Griffith, Pierre Middleton. 2nd row: Ricky Anderson, Chris Williams, Matt Wallis, Paul Thurman, Mark Chumbler, Jack Meece (nice shoes). Not pictured: Keith Byrd.

Nineties Jump into Action

by Chris Holland

It's the end of the first year of the new decade, and it looks like the nineties are going to be a decade to look forward to. So far this year many world changes have occurred in the fields of sports, politics and society.

In January, the San Francisco Forty-Niners took the Super Bowl. Then, in June, the Detroit Pistons won the NBA Playoffs. Finally, in October, the Cincinnati Reds took the victory at the World Series.

April 20 was a landmark in environmental awareness. Earth Day 1990 was the spark that lit off the highest amount of action towards recycling, animal rights and ozone protection this century.

While some people protect the environment, others are protecting themselves from the environment. Iben Browning's projection of a possible earthquake December 3 struck panic into the hearts of the people of the Heartland.

During August, East and

West Germany signed under the name of one Germany, while during November Margaret Thatcher resigned as British Prime Minister. Throughout the fall, Saddam Hussein has been the Iraqi thorn in our economy's side as we send our troops to protect foreign oil.

CONGRATULATIONS to Mr. and Mrs. Don Richards upon the birth of Tiffany Dawn, a 7 lb., 6 oz. bundle of joy born on November 17, 1990! Mrs. Richards is a special education teacher at LOHS.



GENE BOAZ
PHOTOGRAPHY

*The style you've grown to love,
the class you've come to expect.*

Cares about you
6
WPSD-PADUCAH

Riverport Bowl
3465 Wayne Sullivan Drive
Paducah, KY

444-7817

Happy Holidays!
and
Best Wishes
for the
coming year!

Winter Poses Driving Hazards

by Sarah Williamson

As winter season is almost here, the threat of deer and slick, icy roads is very dangerous and very real.

All vehicles should have blankets, flashlights, batteries and most of the items that are in an

earthquake kit. These items should be available in case of any emergency.

Deer cross roads mainly at dawn and dusk. Use the bright headlights on the car at night, except when there is oncoming traffic. Always obey the exact speed limit. When deer are hit

at high rates of speed, they are more likely to damage the car and the passengers. Deer are extremely hard to see and are often unavoidable.

When driving in a snow storm, slow down to a safe speed limit. If it is impossible to see through

the windshield, pull over and allow the storm to pass. Avoid driving in heavy storms, as ice makes roadways unpredictable and dangerous.

By using caution and common sense, unnecessary accidents and injuries can be avoided.

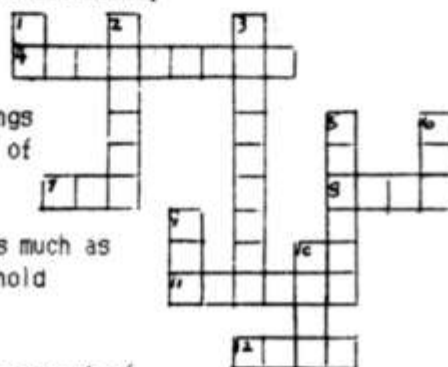


Kay Via proudly displays a trophy E.A.T. received for their recycling efforts from the Coalition for Health Concerns. Via attended their regional conference held at Ken Lake Resort last month.

Solve the puzzle, then take the words from the puzzle and fill in the blanks below to form the staff's Christmas message to you!!

Across:

1. First word in the dictionary
4. December 25
7. Also: added to
8. 365 days
11. Desires, longings
12. In the company of



Down:

2. Supplied with as much as container will hold
3. Gladness
5. Full of joy
6. To the number or amount of
7. Once upon _ time
9. Opposite of old
10. Excelling all others

Letters, continued

free country. If you think about it, the only thing that the article represents is a generic popularity poll. Some of the people picked were selected because of their social status. I won't apologize because my hair hasn't been bleached out or if I don't look down on everyone outside the "Barbie Brigade." What happened to individualism? Why is everyone so worried about how they look or how high their hair is? I might as

well throw something in on sorority too. This massive clique is an example of how many guys and girls are singled out. They choose the ones who are up to their standards and leave the rest to rot in the dumpster. I'm not jealous because I wasn't put through five weeks of rush just to be labeled "COOL." I am not the only one who feels this way and I think people need to start taking a stand.

An Individual

Dear Editor:

I am writing in regards to "An Open Letter" from a "Concerned Student" which appeared in the last edition of The Oak K.

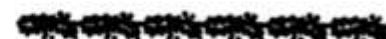
As principal, I feel I should respond to the letter to correct information concerning sororities at Lone Oak High School.

Lone Oak High School does not sponsor, support or allow to meet at the school or during school

time any sororities. One of our reasons for not doing any of the above is the practice you stated in your letter.

All clubs and organizations sponsored by Lone Oak High School are open to all students to join.

Sincerely,
Wallace Adams
Principal



HAPPY NEW YEAR!

