

March 29, 1985

Cheerleaders advance to state competition

By Leigh Ann Akin

"WE ARE INCREDIBLE," according to the Lone Oak varsity cheerleaders. And, their non-gymnastic cheer proved to be so.

The cheerleaders competed in the 1984-85 Region One Boys' Varsity Cheerleader Competition Sunday, March 10, at Calloway County High School. Lone Oak placed first in the second district with Reidland coming in second. Lone Oak then placed second in the region while Marshall County came in first by beating Lone Oak by three-tenths of a point. Both squads advanced to the state competition held at Memorial Coliseum in Lexington March 23, which coincided with the boys' state tournament. There were 32 squads competing.

"Being able to go to state is a dream come true. I've been on cloud nine ever since Sunday. I guess all the sore muscles, bruises, and long practices were worth it," said Rebecca Throgmorton, tri-captain.

"As a second year sponsor, I feel very fortunate to be taking a squad to state. This is a goal that takes some sponsors and squads years to achieve. However, a lot of sponsors don't have the caliber of girls that I have," said Mrs. Lisa Knecht, cheerleading sponsor.

The cheerleaders competed against eight other squads in the region. They were Reidland, Fulton County, Marshall County, Mayfield, Fulton City, Hickman County, Calloway County, and Murray. Each squad performed a gymnastic cheer, non-gymnastic, and a pom-pom routine.

According to Mrs. Knecht, the cheerleaders have been working faithfully since before Christmas on their two cheers and pom-pom routine for competition. Even on snow days, when everyone else was taking the day off, they were in the gym with the basketball team practicing.

"This year's varsity cheerleading squad is an extremely talented group of girls and I hope the upcoming squads will be as devoted and hard working as they have been. This squad is making history at LOHS because no other cheerleading squad before them has ever accomplished as much as they have. I would also like to thank the students that came for all their support," said Mrs. Knecht.



Photo by Ben Black

The Varsity Cheerleaders placed ninth at the state competition in Lexington. Members of the squad include, top row, left to right: Amy Morris, sponsor Mrs. Lisa Knecht, Traci Clark; middle row, Melissa Morehead, Rachelle Throgmorton, Tammy Geary; bottom row, Christi White, Rebecca Throgmorton, Cindy Jenkins.

BULLETIN

Cheerleaders place 9th at state

Last weekend the varsity cheerleaders competed in the state competition. Lone Oak finished among the top ten in ninth place. The first region winners, Marshall County, placed fourteenth. Lexington's Henry Clay finished first with Greenup County second.

McCracken schools receive 5 calamity days

By Leslie McKinney

The Kentucky State Board of Education has granted calamity days to schools which have missed an excess amount of school due to bad weather conditions. The basis for granting these days is that the first 15 missed days be made up before being eligible for calamity days. After that, up to nine calamity days are available.

The reason for having only nine days, at the most, is because some schools missed

up to 24 days. These schools are known to miss this much school or more almost every year, which causes "low academic performance," according to Superintendent of Public Instruction Alice McDonald. School districts wanting calamity days must request them and they are granted individually by McDonald.

The McCracken County school system asked for and received five days, which will not have to be made up.

The other 15 are already in the process of being made up by attending school on Saturday, attending school on days listed as holidays on the school calendar, and going to school three of the five days scheduled for Spring Break (April 9-13). Superintendent Bill Brown said the remaining days would be added to the end of the year.



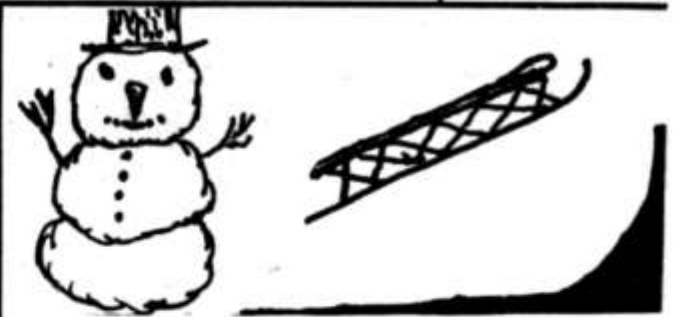
Editorial

Drinking and driving don't mix

One of the most serious traffic safety problems in society today, especially in teens, is the problem of drinking and driving. Alcohol related crashes are the leading killer of young people every year. For instance, in the District of Columbia, out of 87,000 recorded crashes, 64 percent had more than .15 percent alcohol in their blood, (.10 is the legal limit). Overall, twenty-five thousand people were killed in a recent year due to alcohol-related crashes.

Why do we let this happen? Do we not realize the seriousness of the issue? Why do we not wish to interfere with someone's "right" to drink and drive? My rights are being violated out there when some drunk driver crashes into my car and puts me in the hospital!

Teenagers today are becoming more and more aware of the problem through organizations such as Students Against Drunk Driving, and through Driver's Education classes, but it isn't enough. The real test is when you see a friend who has been drinking start to drive away in a car. Will you stop him? You should, or you might not have a friend anymore.



Meet the students

On Monday, March 4, the announcement was made that McCracken County schools would receive five calamity days, leaving nine to be added to the end of the year. Here are a few opinions expressed by the students and faculty of L.O.H.S.:

1. How do you feel about the state granting L.O.H.S. five calamity days?

Tracy Davis, a junior, stated that she wished the state would have granted more, but that "a week less of school always makes you happier!"

As a senior, Amye Peavler expressed her relief that she would not be going to school until mid-June.

Mr. J. D. Cagle, a faculty member, said that he felt we should make up as many of the missed days as possible. He feels that "we should try to find excuses to get an education, not excused to keep from getting one."

2. Do you think school on Saturdays was successful? Why or why not?

Terri Ligon, a sophomore, confessed that she had doubts about how many students would actually come to school. She added that "most of the students left in a good mood."

Freshman Cherie Mullen stated that the attendance was good and it really didn't bother her to be in school on Saturday.

Not everyone was in favor of school on Saturdays. Mr. Cagle feels that school should only be held if the "same attendance rules apply for all students." He feels that a student should not be excused from school to go to work. He added, "Students are not geared emotionally for six days of study."

3. Do you think that the remaining nine days should be added on to the end of the year, or should an effort be made to make them up earlier?

In answer to this question, Tracy Davis replied, "I believe that one more day during the school year should be made up, seeing that June 3 is on a Monday. Why should we end school on a Monday, when we can get out on a Friday?"

Most of those polled seemed to agree with Miss Davis on the subject of how to make up the remaining days. Cherie Mullen added, "I would much rather make them up now and get out earlier."

Movie and Record reviews by Black and Zimmerman

'Missing in Action' missing no action

By Ben Black

Missing in Action: the Beginning is a violent adventure thriller.

Produced by Golan-Globus Productions, famous for Japanese action and adventure films, Missing in Action paints a vivid picture of life in a Vietnamese prison camp.

Unlike the rash of "save our missing soldiers" pictures now bombarding the feature film market, this movie takes a different approach. In most films, the prisoners are rescued by forces from outside the camp. In this film, the prisoners escape with no outside intervention.

Chuck Norris stars as Colonel Braddock, the ranking American officer. He is basically the hero of the story.

While entertaining, Missing in Action was full of violence and cruelty. Some of the atrocities committed against the American prisoners were difficult to watch. This movie was rated "R" strictly because of its graphic violence.

While I sincerely doubt that this film will win any significant awards, Missing in Action: the Beginning is quite entertaining. To one who has a high threshold for violence, this movie might be enjoyable.

Did you know?

the New York Yankees were the last team to win consecutive World Series (in 1977 and 1978)?

that Billie Jean King holds the record for most Wimbledon titles with 20?

that British decathlete Daley Thompson holds the most decathlon records and has won two Summer Olympic gold medals?



10 juniors participate in Free Enterprise Seminar

By Mark Zimmermann

Ten juniors who were selected on the basis of school achievement and academic excellence, attended the RECC Free Enterprise Seminar held at the Jackson Purchase Building during March. Those in attendance included LaDonna Smith, Alan Foster, Tim Edwards, James Hayden, Kris Kelso, Leslie McKinney, Lynn Zimmermann, Juliana

Mobley, Amy Walker, and Julie Brugger.

The students took an exam on the free enterprise and heard various local businessmen speak on free enterprise in Paducah. When asked her opinion on the seminar, Leslie McKinney said "It was fun, and a very rewarding experience that I'm glad I got the opportunity to have..." Kris Kelso also stated that "The participants should be thankful for such a worthwhile event."

Zimmerman reviews rock veterans

By Mark Zimmerman

Fourteen years after the breakup of Creedance Clearwater Revival, John Fogerty has released his debut solo album "Centerfield"

Creedance, in its short tenure, greatly enhanced the stagnant Folk-Rock scene of the 60's and 70's, with

Fogerty the major force of the band. Much like Creedance, Fogerty blends saucy blues, guitar, and an almost Reggae-like rhythm section giving "Centerfield" a timeless sound appealing even in today's gimmick-ridden music industry.

Fogerty's first single, "The Old Man is Down the Road," typifies the Creedance-Fogerty musical approach, with its bluesy leads and hearty vocals. Its good to have back Fogerty's Creedance influenced style of musical Americana, making "Centerfield" a welcome offering from what seems like an old friend.

The newest release from the veteran band, R.E.O. Speedwagon, "Wheels are Turning," can easily be summed up by listening to their previous releases.

While R.E.O. still produces first rate ballads, the band seems to have lost the intensity that made "High Infidelity" such an explosive yet serene hit.

A good example of this is the singles "I Don't Wanna Know" and "Can't Fight this Feeling." While the latter is a great example of a classic love song, "I Don't Wanna Know" seems to have been thrown together for airplay.

"Wheels are Turning" features more excellent vocal arrangements, yet the music (especially the lead breaks) seem rather premature, a disappointing element from such a talented band.



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ALLAN BOX

Biology Club survives winter ski weekend

By Dave Thompson

The Biology Club winter ecology trip started on February 15. At 12:30 the bus pulled out from the Lone Oak High School parking lot.

An educational and exciting trip was in store for all who cared to challenge themselves. Stereos were blasting away and therefore teachers were blasting away. Mrs. Brugger was soon on top of the situation, however, and quickly had the students exactly where they wanted her. After a few hours, the excitement of skipping school wore off and things really started to get crazy. Mr. Tony McGroarty started trying to use all of the 20 rolls of film that he had taken on the trip.

Thirty versions of Gilligans Island, three pile ups, and fifty backrubs later the bus started to liven up once more. It was now night, which was part of the fact that only a few people wondered why they couldn't see the person next to them. However, after noticing that it was difficult to breathe, and that there was the stench of burning rubber in the air, most people started to wonder what was wrong. Fortunately there was nothing to worry about for the driver knew exactly how to drive without any brakes. This would be of no interest, if it hadn't been for the fact that we had started to melt ours a few miles back.

After arriving at the Qual. Inn of Delevan, Wisc., everyone disembarked and made their presence known. Filling the empty hole that was present in most people's stomach was a simple thing to do. Unfortunately, it was at a little unsuspecting pizza place

named Maria's. The day ended with everyone ready for the forthcoming ecological enlightenment.

The next day (Saturday) we were up at 6:00 in the morning, so that the group could get to the Americana Ski Resort by 9:00 for a day of fun, snow, and education.

Saturday started off with cross-country skiing, and some ice skating. After a day of cross-country, time was taken in one of the small towns for the students to spend the green paper that was screaming to be used. The most common item to be purchased was a T-shirt representing not only the weekend, but the very essence of the skiing experience--fun! Saturday

night proved to be a time of trial for all. If one was able to get past the initial stage of putting on the skis, then the only thing standing in the way of total success was THE HILL. To master the downhill a person has to have many qualities. These include nerves of steel, knees of rubber, and a brain of jelly. Arriving safely back at the hotel most people collapsed onto their beds and weren't able to be revived until the next morning.

Sunday was a day to be reckoned with. For those people who weren't in very good shape to go cross-country there was the option of going downhill, or ice skating. Others would have been better off not to have gone at all. One of these people was Mr. McGroarty. His big mistake was in trying to demonstrate why cross-country skis aren't proper for downhill skiing. Unfortunately he came out on the worse end of the lesson with a broken leg. Not to be stopped by this little inconvenience, he then demonstrated his aptitude for self-abuse by refusing to stop skiing. Boys and girls, can you say--macho? I knew you could. The students then dedicated themselves to having a blast in Coach McGroarty's honor. Unfortunately being injured made him incapable of completing his photography responsibilities, so they were



Senior Amy Lynch leads members of the Biology Club up the slopes during the club's recent ski trip.

taken into the capable hands of Mr. Barr. Revenge was short in coming however, and Mr. McGroarty's foot swelled to twice its size, which explained the extra weight in the front of the bus on the way home.

Sunday night was another terror filled evening of downhill, and most people decided that they wanted to punish themselves again. This time the Biology Club went to Alpine Valley ski resort. No longer were the southern beginners afraid of the slopes, for now they were only large white beasts to be mastered. The end of the night came too quickly for most of the adventurous, and some didn't even realize that it was time to go, until the lifts were closed in front of them. The ride back to the hotel was mostly on the quiet side, which reflected the weariness of the newest terrors of the slopes. After arriving back at the hotel, a migration to Maria's was in order (which was the only thing in order for the rest of the night). So, the night closed and the trip started drawing to an end.

Trying to get up the next morning proved to be a test of willpower. With every coerced movement of one's fermented muscles, the brain

yelled out "stop." Getting on the bus proved to be no less problematic because of the distance that had to be covered between the room and the bus. For the first hours of the trip home the activities were at a minimum. However, after eating a large meal, most were ready to stay in the world of the living. A scenic tour of Chicago was led by our own tour guide--Mr. Barr. The rest of the trip was spent either talking to the people around you, or dodging the flashes of insane, red eyed, picture happy, flash monsters.

Although two injuries mared the trip somewhat (the other being the amputation of Pat Hollowell's chin), it was definitely a trip of a lifetime. The winter ecology trip proved to be educational also. Everyone learned that its not wise to try downhill with cross-country skis on, because the mountain will always win.

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U.S. Department of Health & Human Services

Academic team places second in district

By Deanna Coovert

The Lone Oak High School Academic team, sponsored by Mr. Don Baker, competed in the Second District Tournament at Paducah Community College on March 11.

In the first round of competition, Lone Oak was up against Heath, winning 240 to 35. In the semi-finals Lone Oak defeated Reidland 190 to 70. In the finals the team lost to Tilghman 130 to 230.

The members of the Lone Oak team that participated included: Joey Fosko, senior; Jeff Mudd, senior; David Hobbs, sophomore; Darby Holladay, freshman; and Steve Morgan, sophomore.

Joey Fosko led the team

answering twenty toss-up questions in all. Jeff Mudd was next with fourteen toss-up questions.

"I think the team did extremely well. But we seemed overly nervous in the finals against Tilghman. I think we could beat Tilghman in another match. Hopefully we will do well at the Regional Tournament at Murray State in April," says the sponsor, Mr. Baker.

"I was happy that we finished second, but I really wanted to beat Tilghman and finish first. We lost in the first round last year, when we should have won it," says Fosko. "I feel that we have an outside chance to repeat as Regional champs."

Prom plans underway

Plans are underway for the 1985 Lone Oak High School prom. The prom committee has been working hard to make decisions about decorations, theme and souvenirs.

The theme will be "Up Where We Belong," which ties in with the fact that blue and silver balloons will be the main decoration.

For all the people who want something to remember this special night by, Mrs. Brugger and the prom committee have come up with an inexpensive memento: a wooden balloon painted either blue or silver with "Lone Oak prom '85" painted on one side.

The band, Innocent Bystander, comes from Nashville, and is one of the best in the area, according to the booking agent.

Club news

By Kris Kelso

Art Club

At the last meeting, the Art Club continued making plans for their art show and sale. It will be held in the Lone Oak cafeteria on March 30 from 11 a.m. until 4:30 p.m. Proceeds will go to the Art Department.

Biology Club

The Biology Club is planning a backpacking trip to Shawnee National Forest in May. This will be the club's last activity of the year.

FFA

The Lone Oak FFA is making preparations for regional contests in Parliamentary Procedure, Public Speaking, Impromptu Speaking, Proficiency and many other areas.

FHA

The FHA wishes to thank the student body and the faculty for their participation in the Candygram program. Members who plan on running for a chapter office need to turn in their applications.

Why we celebrate April Fools day

By Ben Black

Although this holiday is not listed on the calendar, April Fools' Day is widely celebrated in Western countries.

April Fools' Day, sometimes called All Fools' Day, originated in France, after Charles IX adopted a new calendar in 1564.

On the new calendar, the New Year was celebrated on January 1, just as it is now. On the previous calendar, the New Year was celebrated on April 1.

Even though the New Year had been changed to January 1, some people still celebrated the New Year on April 1. These people were called "April Fools."

Because of this, people began to play harmless practical jokes on each other during the first day of April.

This custom became more and more popular as time passed. By the 1600's, April Fools' Day was celebrated by many of the English.

In Scotland, the victim of the joke is called an "April Gowk." In France, the victim is called an "April Fish."



WE GO WHERE THE NEWS IS.



News Beat
WPSD-TV

Seniors recount basketball experience

By Deanna Coovert

Lone Oak High School senior basketball players, trainers, and cheerleaders play an important part in the basketball season. But what do we really know about them? What are their plans for the future? How have their roles affected them?

Trainers

Mark Zimmermann says, "Being the trainer and manager of the team was a lot of fun. I enjoyed being part of the program." Mark plans to attend either Kentucky Wesleyan or Murray State University. He'd like to play tennis and be a trainer for the PCC basketball team, where he plans to go initially. He would like to continue training in college.

Joey Fosko has enjoyed the experience of being a trainer. "Managing has allowed me to contribute something to the athletic program, which is something I have always wanted to do since I am such a big sports fan," Fosko said. Because of his enthusiasm for sports, he would like to manage basketball in college, but also because "it would be another opportunity to do something exciting." Joey is unsure of his college plans.

Cheerleaders

Rebecca Throgmorton intends to continue cheerleading in college. "You just can't give something up after you've done it for so long," she says. She plans to attend Murray State also. When asked what being a

cheerleader had taught her, she said, "It's helped me as a person to have more confidence in myself and more pride in my school and has given me the quality of leadership."

Christi White would like to go to Western Kentucky University and continue cheerleading once she gets used to college life, which probably won't be her freshman year. "It (cheerleading) has taught me to work with people, to have responsibilities, and to try things that I never thought I could do," Christi says.

Cindy Jenkins is undecided as to whether she will continue cheerleading at Murray State or Transylvania, the colleges she is considering attending. But she has gotten valuable experience as a cheerleader. "I have learned that cooperation and perfect practice are essential to achieving goals. Also, that it takes a special kind of leader to combine the skills of a squad with determination, to push the squad to its full potential." She also feels the squad has been fortunate enough to have such a leader as Mrs. Knecht.

Basketball Players

Dana Johnson feels that by playing basketball she has "learned to work hard and still enjoy playing." It also taught her how to meet a challenge. She hopes to attend Murray State, or one year at PCC, then Murray. She might continue playing basketball while at PCC.

Amy Grimes, who is planning on attending either Washington University or Vanderbilt, feels "it would be a big challenge to be a member of either of their basketball teams," but is undecided if she will or not. In the future she thinks being a basketball player will help her "get along with others and work as part of a team."

Melody Smith hopes to attend PCC and possibly play basketball while there. "I have made some good friends and learned to deal with

losing as well as winning," she said, referring to how she has benefited from her experience as a basketball player. She thinks it will help her better deal with problems she will face in the future.

Stan Norris will be attending PCC on a basketball scholarship. "It (basketball) has helped me earn my scholarship and participate as a member of a team. Stan would like to be an accountant. "It (basketball) has taught me discipline and cooperate with others," he says, when referring to his experience as a basketball player.

J.D. Overton thinks he has benefited from the friendships and fun times he has had while playing basketball. He plans on attending college with the hopes of becoming a geologist.

Andrew Wilson, while being a basketball player, learned "to work as part of a team" and thought it was fun. In the future he feels his experience will "give him knowledge of how to work with others." He plans on attending the University of Kentucky and would like to continue playing basketball. He would like to go into the field of astronomy.

The following people were unable to answer any questions: Wes Jones, trainer, and players Troy Dowdy, Mark Seay, and Mike Clark.

Golf team prepares for season

By Leslie McKinney

The golf team will begin its season with its first match against Caldwell County, April 1.

The outlook for the boys' team is unpredictable. The team plans to meet with some pretty stiff competition. With only two returning seniors, Mike Robertson and Wes Jones, the men will experience one of their toughest years, as stated by their coach, Mr. Bob Baar. The toughest opponent they will face will be Marshall County.

As for the girls, Mr. Baar



*Easter is more
than chasing
eggs*



By Lechelle Yates

When most people think of Easter the first things they think of are rabbits, easter eggs, and chocolate bunnies. But what is the true meaning of Easter?

Easter is the springtime Christian festival which honors the resurrection of Jesus. It takes its name from an Anglo-Saxon goddess, Eostre, who represented light, or spring.

In most Christian churches, Easter marks the end of the forty-day observance of Lent. The Catholic Church and some of the Protestant churches begin to prepare for Easter on Ash Wednesday. From that day until the end of Lent, fasting is prescribed, special services are held, and many pleasures are given up. A Mass on Easter Sunday closes the Lenten season in the Catholic Church and in some Episcopal, or Anglican churches.

The Jewish Passover comes at about the same time as the Christian Easter. It, too, is a time of rejoicing. It is celebrated with feasts, stories, folksongs, and games.

feels they will be a strong power in the region because of weaker competition. The girls' golf team has one returning senior, Rebecca Throgmorton.

Mr. Baar stated that he feels he will have one or two players attending the state tournament. This is one of the goals he would like to accomplish this year.

Other returning underclassmen include Mike Shepard, Chris McCarthy, Brian Cartee, Leslie Ellis, Rachele Throgmorton, Amy Lippert, Jamie Tinsley, and Cherie Mullen.

Citizens
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Experience brightens outlook for softball and baseball

By Joey Fosko

Six returning starters are reason for optimism as the girls softball team starts its third season under coach Steve Speed. However, as many as six underclassmen could be in the starting lineup this year, especially at the key positions of pitcher and shortstop.

Seven positions are set this year, with second base, shortstop, and one outfield spot up for grabs. Freshman Melody Whaley will pitch, with senior Amy Grimes catching. The infield corners are set, with senior Michelle Neihoff at first base and junior Tori Rust at third. Second base is a dogfight between sophomore Ginny Shaffer and junior Melinda Rogers, with Shaffer also competing for the shortstop job with freshman Jenny Tomes and sophomore Ginger Joiner. The outfielders are senior Dana Johnson, juniors Shelly Livada and Melinda Murrin, and sophomore Kim Norris.

Joiner is also looking to play in the outfield.

Speed feels that the girls are just now adjusting to slow-pitch softball, which is played in Kentucky high school play, as opposed to the fast-pitch ball that they have played for years in the Khoury League in the summer. "Our hitters are waiting on the ball better this year than ever. But it is hard to develop pitchers when they never play slow-pitch in the summer."

Lone Oak is in a five-team district, with Ballard Memorial, Heath, Reidland, and St. Mary. Speed considers Reidland as the frontrunner in the district, with Heath "a close second." Defending champ Marshall County, Murray, and Christian County are considered regional favorites.

The Lady Flash begin their season Monday, April 1 with a doubleheader at Lyon County, starting at 4:00.

With five starters returning from last year's district runner-up and regional tournament participant, Purple Flash baseball coach Jim Mizell feels that this year's team could advance far in the state tournament this year. "Barring injuries, we are capable of advancing to the Sub-state (playoffs)."

With the graduation of four of last year's starters, some position changes by members of the lineup have become necessary. Senior J.D. Overton, last season's top hitter, has moved from rightfield to catcher while senior Stan Norris has taken over rightfield, moving from leftfield. Junior Cary White could move from first base to centerfield, while battling for either position with senior Andrew Wilson (at first) and junior Graft Deaton (in center).

Senior Brian Howard and sophomore Mike Troutman return on the left side of the infield, at shortstop and third base, respectively. Sophomore Tim Reynolds will take over second base, and Wilson will probably return at first. Leftfield will be a fight between junior Greg Vaughn and Paducah Tilghman junior transfer Jeff Beach. The designated hitter will be either senior Mike Scheer or sophomore Jeff Coleman.

The starting rotation will consist of Beach, Deaton, Scheer, and Vaughn with Norris, sophomore Todd Walton, and freshman John Beyer coming out of the bullpen.

Mizell feels that St. Mary, Heath, and Paducah Tilghman will be tough to beat in the district tournament. But with a team Mizell expects to win "70 to 75 percent of our games," the Flash should be ready. Lone Oak opens the season on Monday, April 1 at home against Henry County, TN, at 4:00.

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The baseball team prepares for '85 season

Photo by Ben Black

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STUDIO

Tennis teams swing into action

By Leigh Ann Akin

Tennis anyone? Now that spring is here and warm weather is on the way this is a frequently heard phrase. Even more so if you are a member of the Lone Oak tennis team, which is preparing to get its season bouncing.

In early fall the girls' and boys' teams began practicing and playing each other for the top positions. The top six seeds, as a result of a round robin tournament held last fall are, in order, Cathy Thweatt, senior; Stacie Whaley, junior; Dana Shannon, senior; Lechelle Yates, freshman; Shari Brantley, eighth grader, and Leigh Ann Akin, senior. Also, for the boys' team, Chris Dallas, junior; Tim Edwards, junior; Troy Duncan, junior; Tyler Prince, senior; Ben Harwood, junior; and Greg Yates, senior.

With their first match coming soon, practice has begun again for all team members. The boy's team practices on Monday and Wednesday and the girls' team practices on Tuesday and Thursday at the Lone Oak tennis courts. On Friday the top seeds on both teams work out.

The girls' team is trying for their fourth consecutive Regional team title. The girls' team also has back Cathy Thweatt, the regional singles winner. After coming in second last year, the boys' team is trying to win their first team title. Both have teams more than half of their starters returning.

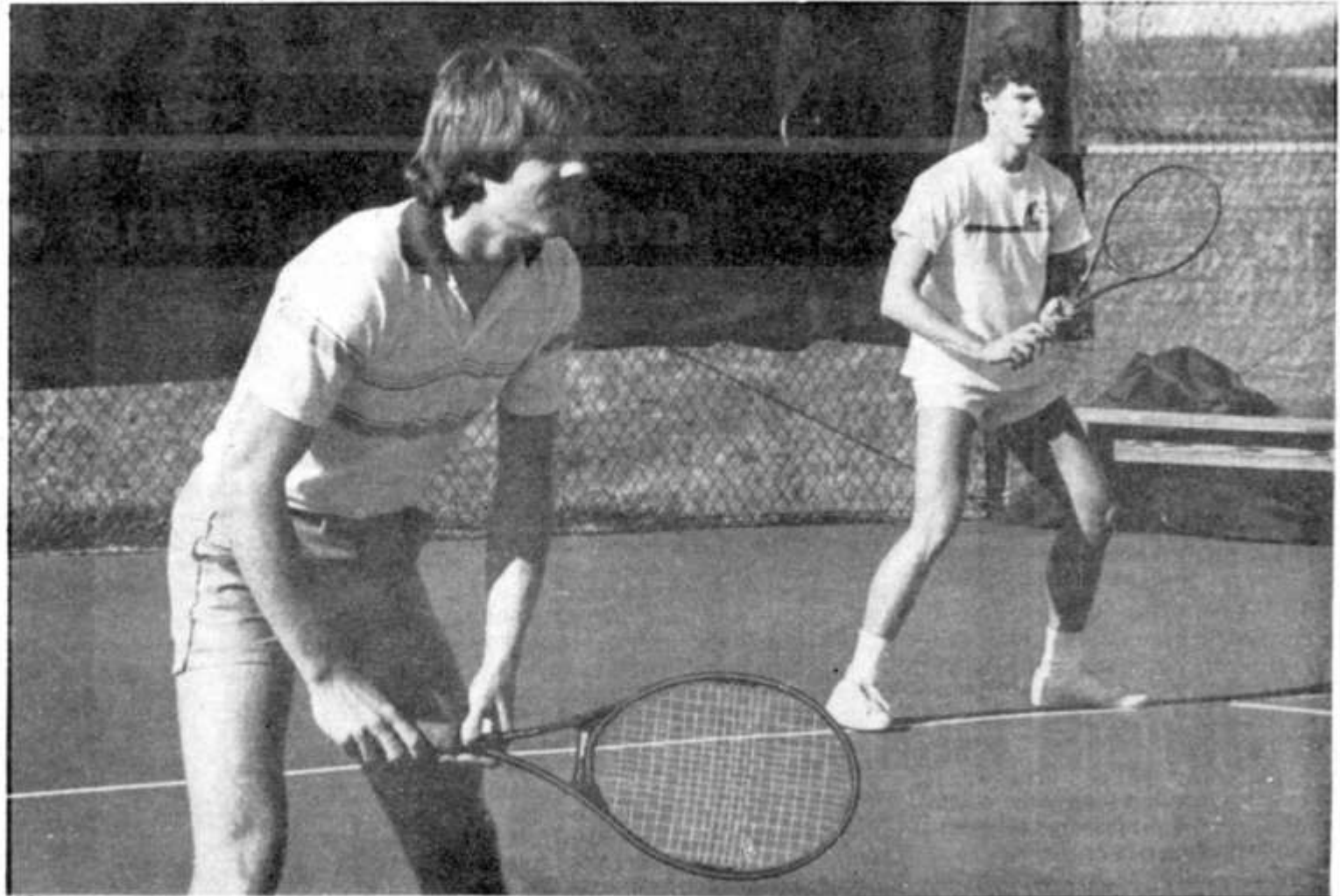


Photo by Ben Black

Junior Tim Edwards and Senior Greg Yates prepare for the upcoming season

Track team off to running start

By Lechelle Yates

On your marks, get set, go! This is a now frequently heard phrase around the gym and the yards of Lone Oak High School as the track team starts its season.

The official beginning of track season is April 4 when the boys' and girls' teams play Heath in a dual match (a match between only two schools). The rest of the schedule is as follows:

April 6--Paducah Tilghman High School Invitational
 April 18--St. Mary
 April 27--Calloway County Invitational
 April 30--County Meet at Heath
 May 2--Marshall County Twilight Invitational
 May 11--Regional Tournament at Tilghman
 May 18--Sub-State at Daviess County
 May 25--State Track Meet

The record for last year's boys' team was 10-2, but the girls only won one of their eight matches.

For the upcoming season Coach Mike Clark is "counting on all of our seniors to be our leaders this year. We also have several underclassmen we're counting on. We'll do okay against the county schools. The traditional track powers in Western Kentucky we won't do well against as a team but have some individuals that will hold their own."

The returning seniors are: girls--Cindy Jenkins, Jana Herzog, Karen Langston, and Laura Dibert; boys--Mike Clark, Troy Dowdy, Jeff McGough, Ethan Taylor, John Myers, Jeff Hamlin, and Dave Thompson.

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