Volume XLIII

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Issue No. 4

Lone Oak High School Paducah, Kentucky

December 9, 1983



Photo by Cuthy Willi

Kathy Batcher (right) and Dan Jones helped paint the window at Tommy



The finished product of the window painted by the Art Club.

Art Club members paint window in annual contest

By Cathy Williams

Club painted a 13 x 7 foot window at Tommy Blair's Auto Dealership.

The window painting contest, sponsored annually be Tommy Blair, is judged by the public. Anyone who is in. Rodger, Chad Heilig and Steve Colvin.

terested in voting may do so the On Saturday, December 4, the Art Dealership on the Beltline.

The art students who were involved in the painting were, Melinda Smith, Dan Jones, Cathy Williams, Holly Bruce, Kathy Batcher, Melinda



Mr. Stephenson gets his birthday wish-to direct the band,

as Field Commander Beth Hughes observes



MICHAEL WOOD

Michael Wood breaks territory sales record

Michael Wood, Lone Oak FFA member, broke both the Lone Oak High School and territory record in the recent magazine sales contest sponsored by the Perfect School Company. Michael, a sophomore at Lone Oak High School, sold 108 orders for a total sales of \$1,305.35. The old high school record was \$708 and the previous territory record was \$1,196.

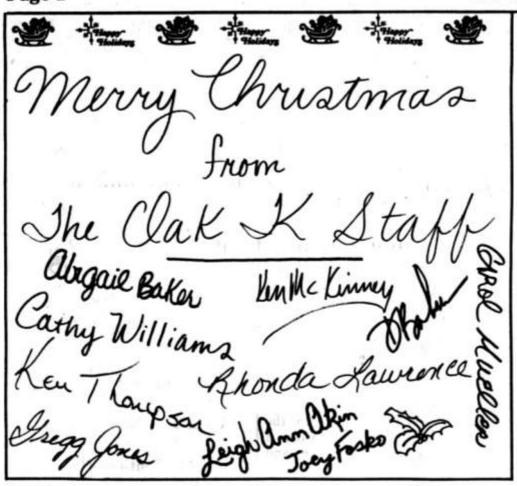
Michael's high sales also helped his organization, Future Farmers of America, win the High School title for selling \$4,317.39 of the total \$10,378.21 sold by the school. Michael won a plaque and several hundred dollars in prizes and premiums for the record breaking sales.

Editorials page 2

Printers Feature Record Review page 4

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Sports page 7 and 8



Wisdom teeth: dirty words in the English language

By Abigail Baker

Recently, I underwent a harrowing experience that will be forever etched into the realm of my mind-1 had my wisdom teeth extracted.

Wednesday, November 23, dawned gloomy and overcast matching exactly my mood and thoughts. Anxiety about my forthcoming dentist appointment was already increasing. The day grew steadily worse as 12:45 p.m. (my scheduled surgery time) drew nearer, and my hunger mounted.

By the time I arrived at the office building, my only wish was to get this necessary inconvenience over with as soon as possible. I waited patiently for my name to be called with four other people who were in the same unpleasant predicament as I.

Finally, my name was called, and I was ushered back to a foreboding room containing a reclining chair and a variety of surgical utensils. My blood pressure was taken, and then I was informed that this surgery would result in a "minimal amount of swelling and pain." The anesthesia was injected, and chuckling quietly to myself, I dozed off to sleep.

The next thing I remember was being told that I was hyperventilating and, while I was having convulsive spasms on the floor, the nurse was politely badgering my mother about payments for the surgery.

Believe it or not I arrived safely home and began preparing for the long weekend to be spent in bed. The first step was getting something to eat. Well, the menu wasn't too extensive, the stitches removed.

so I decided on Campbell's Chicken and Stars soup. My lips and lower jaw were still numb, and after the first spoonful, I was dismayed to look down and find stars along with small pieces of chicken, celery, and carrots dribbling down my shirt. After that, myself, my pain pills, and my ice bags settled down for a restless night of sleep.

Thursday, I awakened to a face so swollen that my chin had completely disappeared into my jaws, and I greatly resembled a hippopotamus. I was treated to a delightful Thanksgiving dinner of lukewarm chicken broth. Friday, I moped around the house and felt sorry for myself, and by Saturday I had acquired a bad case of "cabin fever." I decided to be daring and venture out to the mall.

I discovered that I had deluded myself in thinking that I would draw no extra attention from my swollen, discolored jaws. As I strolled leisurely through the main concourse, I received intent stares from the passers-by. I became so fed up with it, that I almost replied to one "looker," "Didn't your mother teach you that it's not polite to stare at handicapped people?" just to see his reaction.

Sunday morning, I walked in Sunday School class prompting loud guffaws aimed at my appearance, but I held my head up high, braving taunts of "Which one are you Alvin, Simon, or

This whole "wisdom teeth episode" has been a dreadful affair, but I survived; only to pass out cold while having

Is it Santa Claus, or is it 'just' Mom?

Tis the season for a mother's nightmare; that lasts from Thanksgiving all the way until Christmas morning.

Stop and think for a minute what a mom goes through, just to see that her children have visions of sugar plums dancing in their heads. She spends hours at the grocery with her recipe cards buying chocolate, pecans, and cherries, for those special Christmas candies. Sure, we kids help her; we're the ones that stampede into the kitchen so we can watch her chocolate mousse sink and wither. While still demanding dinner on time, we smear our fingers in the bowl of fudge.

Who else but Mom would throw a party of 75 for you at the last possible minute, and then make 30 tiny Christmas stockings for your little brother's homeroom party, all in the same night.

Who else but Mom would risk life and limb to fight the crowds for your little sister's adoptable Cabbage Patch

Doll. Nobody but our Moms would sit up until dawn playing with our gifts and toys, just to make sure they work. and filling them with batteries sure to last through Christmas morning.

Who else but Mom would take such pains in arranging the lights on the tree, making sure that two lights of the same color are not placed within three feet of each other. Who else would run around the house frantically, tying little green and red bows on everything. and draping garland from the furniture

Who else but Mom still makes you leave cookies and milk out for Santa on Christmas Eve, because she still hasn't told you the truth about him and thinks you still believe in Santa. Mothers still insist on reading "Twas The Night Before Christmas" before you go to bed. She still signs the tags on your gifts "From: Santa"

Yes, Virginia, there is a Santa Clausour Moms.

MONDAY, DEC. 12: Review Day: Regular Schedule, All Classes TUESDAY, DEC. 13: Review Day: Regular Schedule, All Classes WEDNESDAY, DEC. 14: 7:50- 8:25.....Regular first hour class 8:30- 8:35..... Homer wm 8:40- 9:15.....Regular second hour class 9:20-10:50....THIRD HOUR CLASS SEMESTER TEST 10:50-12:20....Regular fourth hour class and lunch 12:25-12:50....Regular ffth hour class 12:55- 2:25....SIXTH HOUR CLASS SEMESTER TEST THURSDAY, DEC. 15: 7:50- 8:25.....Regular first hour class 8:30- 8:35..... Homeroom 8:40- 9:15.....Regular third hour class 9:20-10:50....SECOND HOUR CLASS SEMESTER TEST 10:50-12:20.....Regular fourth hour class and lunch 12:25-12:50....Regular sixth hour class 12:55- 2:25....FIFTH HOUR CLASS SEMESTER TEST FRIDAY, DEC. 16: 7:50- 8:25.....Regular second hour class 8:30- 8:35.....Homeroom ...Regular third hour class ..FIRST HOUR CLASS SEMESTER TEST 9:20-10:50 10:50-12:20....Regular fourth hour class and lunch Regular fifth hour class FOURTH HOUR CLASS SEMESTER TEST 12:55- 2:25....

BEWARE...

By Leigh Ann Akin

As the end of the first semester rolls around

I always see a bunch of frowns. But Christmas time should be complete with cheer,

Not full of semester fear.

Semester tests really aren't that bad: That's what I hear from Mom and Dad. But their eyes would open wide to see The tests the teachers prepare for me.

Multiple choice, essay and such, That all seems a little too much. Test, test, test is all I hear. Please, Santa Claus get me out of here!

The Oak K, a Blue Banner newspaper, is edited and managed by a staff of Lone Oak High School students. Advertising space may be bought at the price of \$5 per column inch. Mail subscriptions may be purchased at the annual rate of \$2 plus postage.

EditorRhor	nda Lawrence
Feature Editor K	en McKinney
Sports Editor	Joey Fosko
	Greg Jones
Business Manager	Abigail Baker
Artist	athy Williams
News Editor La	eigh Ann Akin
Photographer K	en Thompson
Ad Manager	Carol Mueller



Photo by Ken Thompson

Mr. Dan Hildenbrandt helps art student Kim Ross with video camera.

Meet the students

What is your ideal Christmas gift?
Mark Ingram—Cars, clothes, women
and your basic cheap thrills.

Tracey Hobgood-Sylvester Stallone wearing a red ribbon.

Gretchen Cooper—An unlimited amount of money.

Alling Yancy—A ten pound case of Fruit Loops.

What is your New Year's resolution?

Jeff Simmons—To pass Calculas and still maintain my mental stability.

Bobby Brookshire—To "party hardy" in 1984.

Ellen Rushing—To be able to lay out by Feb. 1.

Dana Jones-To make a New Year's resolution and keep it.

Mr. Baker—To drive Ken McKinney out of journalism.

Hildenbrandt teaches video art at LOHS

By Cathy Williams

Mr. Dan Hildenbrandt, a participant in the Artist in Residence program (a program funded by the state and local school board that brings professional artists into the schools) is spending 12 weeks teaching Video Art to 13 Lone Oak students.

"Video art," according to Mr. Hildenbrandt, "involves the use of modern video equipment to express yourself creatively." He enjoys teaching it because he finds different ways of looking at things through the students' interpretation. He compared teaching video art to teaching oil painting, "once the students know the basic techniques, and how to operate the equipment, then I can help them to express their ideas through video."

Hildenbrandt graduated from the University of Louisville with a Bachelor of Arts in English and Philosophy and received his Master of Arts in Television at Southern Illinois University. He then became Director of Creative Services for WSIL (Channel 3) in Harrisburg. There he was in charge of commercial production. He remained with WSIL for three years, until he was able to participate in the Artist in Residence program.

He feels that Lone Oak Video Art Students are enthusiastic and interested in learning. He was surprised that even the younger students were coming up with unique and creative ideas.

Ms. Debby Denmon assisted Mr. Hildenbrandt recently for one week during which time she taught processing and printing of black and white

As a member of the Kentucky Arts Council, Ms. Denmon was required to teach at three schools this year: Reidland, Lone Oak and Heath.

and compostion.

film. She also showed her portfolio

which explained techniques of light

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Philly Mignon

"The Cheesesteak"



Patsy Trabucco, Owner

Kentucky Oaks Mall

Winterize your car to protect it from the elements

By Cathy Williams

Here are a few things that every automobile owner should complete before winter arrives.

- 1. Have your car tuned up:
- Drain your cooling system, and refill with fresh coolant;
- Give your car a coat of wax or polish to protect the finish;
- Have battery and charging system checked out;
- During the winter, on a mild day, rinse salt and grime from the underside to prevent rust:
- Replenish windshield washer solution;
- 7. Be sure your tires have deep tread.

Wynn's

Auto Sales

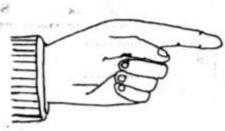
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HERE'S LOOKIN' AT YOU KID.

commenced in the sea are a continued to the continued to



Do you know this person? He is a 5 foot 7 inch senior whose favorite subject is Computer Technology. He has brown eyes. His hobby is collecting Marilyn Monroe memorabilia.

Last month's kid: Mr. Mizell







Abigail Baker works diligently on a page.

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Rhonda Lawrence prepares front page. Spending a day with the

By Rhonda Lawrence

Have you ever wondered about the preparations for printing "The OAK K?" We have encountered many people with questions concerning publication, so we have prepared a "Feature Story" that we hope will help answer some of your questions.

"Layout sheets," sheets of paper, 24 x 18 inches with tiny blue nonphotographic lines, are used to help keep stories straight on the pages and leave proper spacing between stories, ads, pictures, and headlines.

Ads are placed on the pages first. They are drawn on the pages with blue non-photographic pencils in a way where each ad touches stories or pictures. This is proper placement. When they have all been assembled in this style, border tape, a thin black adhesive used to make the dark black lines, is placed around each ad. It is necessary not to leave any gaps between the corners or to have any tape extending off the lines of the ads, because this will appear on the finished

Each staff member is required to write at least two stories each month. They have individual responsibilities to see that every story is written. The Feature Editor is responsible for seeing that a story on special people, groups, and "items of interest" are reported on.

The Photographer makes sure that all pictures have been made and develops the film and prints the pictures. The Sports Editor is responsible for all games played in all sports. Records of ads are filed and "logos" are placed on the pages by the Advertising Manager. All bills for ads, film, and other necessary items are paid for and billed by the Business Manager. Art for cartoons, headlines, and ads are drawn by the artist. The Editor sees that all these jobs are filled and carried

out properly, decides what stories go on each page, and is in charge of the overall printing of the paper under the sponsor's supervision.

All stories have to be typed before turned in on the deadline. They are taken to be typeset on computers, are waxed and arranged on the pages to fit around ads and pictures, leaving adequate room for headlines.

Pictures often must be "cropped" before being placed on pages. Cropping is done by measuring the original size of the picture, then measuring the desired size, and enlarging or reducing the picture.

"Cutlines," or captions, must be placed adjacent to every picture. They are used to explain the picture.

The size of headlines is determined by how important the story is. Sometimes we have to cut them up, and spread out or move closer the letters in the headlines, depending on the amount of space allowed for it.

The majority of the money used to pay for publication comes from advertising. Ads are sold by the staff members at \$5 per column inch. The average cost to publish an eight page paper is \$400, not including film, photographic paper, border tape, pencils, stamps, and numerous other

Two days out of each month are spent at Box Photo Co. to print the paper. At least two member of the staff go the first day, Sometimes it is necessary to stay from 8:00 a.m. until 5:00 p.m., depending on the amount of progress accomplished in the first day. In order for the paper to come out on Friday, it must be completed by 12:00 noon on Thursday.

Although you may not realize it. writing, editing and printing the school newspaper is nerve-racking, mindboggling, and back-breaking work.



Ken McKinney shows frustration after a day at the printers.

Origin of today's Christmas customs dates back years

By Gregg Jones

Immediately after Thanksgiving, people begin their preparations for the Christmas holiday season.

Christmas is the day on which Christians celebrate the birth of Jesus Christ, although no one knows exactly when He was born. The word Christmas comes from the early English phrase Christes Masse, which means Christ's Mass.

Most of the Christmas story comes from the Bible and many of today's customs come from that story. For example, the custom of exchanging Christmas gifts began in memory of the gifts the wise men brought the Christ Child.

Today the most joyous symbol of

gift-giving is Santa Claus and many children look forward to the morning when they can see what Santa has left for them. In most department stores, Santa Claus is found sitting on his throne, in his red and white suit, listening to the Christmas lists of several boys and girls.

Decorating the home with a Christmas tree, lights, mistletoe and holly, and candles is also popular around Christmas time.

Christmas is celebrated much differently in some parts of the world and is not celebrated in some nations. On December 25, there will be many different customs and different ways to celebrate this joyous holiday.

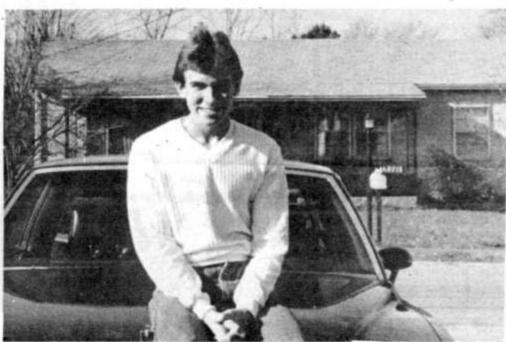


Photo by Leigh Ann Akin

Pictured above is Deron McIntosh, December's Rotarian.

McIntosh chosen as Rotarian

By Ken Thompson

This month the staff of Lone Oak High School has chosen Deron McIntosh as Junior Rotarian.

the school in the weekly meetings at physics, and College Prep English.

the Irvin Cobb Hotel.

He plans to attend Vanderbilt University and study to be a doctor.

Two of Deron's hobbies are tennis Deron has been chosen for his and golf. His major classes this year academic achievements to represent consist of Spanish II, Calculus,

Choir hosts dinner and concert

By Carol Mueller

The choir will host a dinner and two concerts for the holiday season. These are upcoming choir events:

The Madrigal Dinner will be December 9-10 at 6 p.m. in the Lone Oak Cafeteria. The cost will be \$7.50 for adults and \$5 for students and children.

The A'cappella choir concert will be held at the Grace Episcopal Church, December 15 at 8:00 p.m.

The Swing Choir will perform for the Paducah Power System December 16 at the Executive Inn.

Recently students were chosen for the February trip to Lexington to perform in All-State Chorus. These students include: Darall Harris and Kevin Clark, bass; Greg Jones, tenor; and Renee Thompson and Tiffin Beck,



The probability of having four sets of twins out of 256 people is not very high. Nonetheless, this year's freshmen class has managed to defy the odds, averaging one set of twins out of 64 births to the normal one set out of 87 births. The twins are Todd and Tony Shoulta, Kevin and Keith Boggess, Ronald and Ronda Harding, and Mike and David Jones.



PhiAlphaDelta to rock to the Christmas beat

By Leigh Ann Akin

The Lone Oak Chapter of Phi Alpha Delta sorority is having a Christmas dance on December 23. The DJ being featured is from S&W Productions and will play music from 8:30 to 1:00.

The dance is semi-formal and will be held at the Irvin Cobb Ballroom. Admission is \$7 per couple and \$4 per person. Tickets can be purchased at the

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Lone Oak **Trophy House**

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Yearbook Staff exceeds sales quota-sets goals

By Abigail Baker

"The yearbook staff sold more yearhave in the past five years," according to Mrs. Janice Foster, yearbook: spon-

"This year's staff is dedicated and enthusiastic, and we are anticipating a more interesting and creative yearbook than we've had in many years," Mrs.

Foster stated.

"Our aim for the yearbook is to give books in the drive this year than we coverage to people in all the facets of school activities-not just the sports minded or musically inclined, but the people who excel in any aspect of the

"You'll notice that we've added an

'outstanding students' section to what the field is. Too many times only recognize achievers in a certain field of the athletic or musically inclined study. These students were nominated by teachers of the basic required courses. The purpose of the outstanding student nomination is to recognize as many different students students will promote the concept of as possible who excel, regardless of excelling academically."

achieves recognition," said Mrs. Foster.

"Hopefully, recognizing these





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Mrs. Foster advises yearbook staff members.





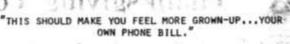




Photo by Ken Thompse Abigail Baker works diligently on a page.

HELPS YOU SAVE ADUCAH, KENTUCKY

Another way of saying thanks for being our customer & friend

554-2571

By Ken McKinney

Ministry's "With Sympathy" can be described in one word...FANTASTIC.

"With Sympathy" is packed full of originality, sophistication, and hate. Undying bitterness runs deep in this album

The potent melodies that cover the mechanized beat are insurmountable. Ministry alternates between blasts of musical brilliance and lyrical genius. Ministry achieves a chilling sound and unique style at the raw edge of technology. "With Sympathy" explodes with talent and cold feelings. It was hard to take the album off the

turntable 🗀 🗷

"Flick of the Switch" by AC/DC is an undoubtedly loud album. Although it is as heavy as Heavy Metal can be, it is a product bursting at the seams with irrelevant information. "Flick of the Switch" is perfectly crafted Heavy Metal that is perfectly melancholy and perfectly redundant.

The album has nothing distinctive. It's a pleasant-to-dull LP that, for all its hard work, is still a bit of a bore.

Upon distribution, "Flick of the Switch" was an immediate success. which signals the most depressing turn to date in the American rock au-



dience's drift towards complete lack of musical taste.

I have three words to describe "Flick of the Switch" and AC/DC: silly, typical, and senseless.

Varsity Boys Lose And Win One

By Joey Fosko

The boys basketball record fell to 0-2 with a 71-55 loss to Ballard Memorial, November 29. Once again, inexperience hurt the Oakers as the Bombers surged to a big first half lead due to numerous Lone Oak turnovers.

Good shooting kept Lone Oak in the game early in the first half. But when the Flash tied the Bombers at 12-12 in the second quarter, the Bombers scored 14 unanswered points to take a 26-12 lead with 3:43 left in the half. The half ended with Ballard leading 28-18.

Ballard extended its lead to 44-29 at the end of the third quarter, due in large part to nine turnovers by the Flash, Lone Oak scored 26 points in the fourth period, but allowed 27.

Stan Norris led the Flash in scoring with 14 points. J.D. Overton scored 13, Mike Clark scored 10, and Mark Seay

added 8 along with his 10 rebounds. The Oakers shot 47 percent (25 of 53) from the field.

Lone Oak's first victory of the season occurred when the Flash downed Reidland 49-47 on Mark Lawrence's three-point play with no time remaining. November 2. The key to the victory was the fact that the Flash outshot the 'Hounds 52-33.

After taking a 26-23 lead at halftime. Lone Oak started to open up a big lead in the third quarter only to see Reidland close the gap and finally take the lead on a tip-in with 12 seconds left in the game. After a timeout, Stan Norris dribbled downcourt looking for a shot. Not open, he passed to Mark Seay, who launched a 15-footer that bounced off the rim to Lawrence, who made the game-winning shot.



Photo by Ken Thompson

Junior Stan Norris goes up for two.

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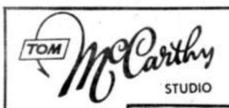
Junior Mark Seay drives toward the basket

Boys Lose First Round In Thanksgiving Tournament

of the St. Mary's Thanksgiving Tournament, held November 24-26.

The teams traded baskets in the first quarter as both hit their first four shots. The Flash stayed close by outrebounding the 'Hounds in the first half 19-10, as Lone Oak scored five times off of offensive rebounds. Despite that edge, Reidland led 25-23 at the half.

Lone Oak started poorly in the second half, committing three early turnovers in the third quarter, as Reidland surged to a 35-25 lead, forcing the Oakers to call a timeout with 3:30 left. But the Oakers came back to within two in the fourth quarter as the Lone Oak press forced several Reidland turnovers. With two minutes left, Seay stole a pass near midcourt. but missed a ten-footer that would have tied the game. The 'Hounds hit some clutch free throws to keep their lead and advance to the semifinals.



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Lori Spillman, Melody Smith, and Dana Johnson try to prevent Reidland from making a shot.

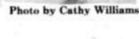




Photo by Leigh Ann Akin

Pictured above are the 1983 football team award winners: Randy Scheer, Best Hitter; Ethan Taylor, Most Valuable Back; Brian Bell, Most Valuable Lineman; and Brent Jones, Richard Byrd Award.

Lady Flash loses first home game to Bombers

By Gregg Jones

The Lone Oak Lady Flash clashed with the Ballard Bombers at Flash Arena, November 29. This was the team's third game and its first home game. Ballard's quick and aggressive play helped the Lady Bombers defeat Lone Oak, 64-33.

Junior guard Dana Johnson led the Oaker scoring with eight points. Lori Spillman, Beth Bell, Ginny Schaffer, and Kim Norris each added 4 points. Cynthia Neihoff had 3 and Amy Grimes and Shelly Livida had 2 points each.

Friday, December 2, the Lady Flash hosted the Reidland Greyhounds. Reidland, led by Selise Ellington's 28 points, demolished the Lady Flash, 59-25.

Reidland came out strong and outscored the Lone Oak girls 18-6 in the first quarter.

"We had three starters that didn't score. We must get some points from somewhere," said Coach Owen following the girls third straight loss.

Dana Johnson led the Oaker scoring with 10 points, Lori Spillman and Ginny Schaffer each had 4. Shelly Livada, Beth Bell, and Kim Norris added 2 points each, and Melanie Burns contributed 1 to the girls score.

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