

March 21, 1983

A change in credits is due for the Class of '87

By Stephanie Edwards

The Class of 1987 will be the first class to face the change in credits from 18 to 20 in order to graduate.

This alteration in the school system will affect the entire state of Kentucky beginning in the 1983-84 school year for the freshman of '83. In addition to the 20 credits that must be obtained, there will be a change in the number of classes to be taken in two subjects; English and math.

For example, it is now arranged so that a student must take a minimum of three English classes in high school. The new requirements state that one must take four credits in the years to come starting with the freshman this coming year. Math will be treated the same; instead of having a minimum of two credits, three will be required. The addition of these two credits will help freshmen to sign up for and pass five classes each of their four years in high school.

The required units of credit are as follows:

- 4 units of English (changed from three)
- 3 units of math (changed from two)
- 2 units of social studies
- 2 units of science
- 1 unit of health and P.E.
- 8 units of electives

The Council on Higher Education has recently passed new requirements for college entrance. As a result, to correspond with the new college requirements, the Kentucky Department of Education has set high school requirements accordingly.

The college board has set new standards for college admittance which will affect the Class of 1987 when they enroll in college. There will be two kinds of college admission: Unqualified admission and qualified admission.



(Photo by Keith Thompson)

It's prom time!

Junior Cindy Debow looks lovely in this ruffled gown. Cindy wears this dress with a crinoline but could also be worn with a hoop. Senior Tony Cipolla wears a tuxedo with a regular-cut coat and a ruffled shirt. For more on prom fashions, see pages 6 and 7.

For unqualified admission to college, a student must complete the courses stated above while in high school, with the exception of 1 unit of health and P.E., which is enforced by the state board.

Also, for unqualified admission, a student must have taken one credit of World Civilization or World History which will be a new requirement.

A student may enter college on a qualified entry, having not completed all of the required high school courses.

There is a possibility of a high school student earning as many as 24 units of credit, which means taking six classes for four years. In order to meet the minimum requirements, one must sign up for five classes at freshman level. Students involved in band and choir may sign up for six classes. Other students may sign up for six classes with permission from the middle school guidance department.

Students that are planning on going to college are encouraged to include in their electives a minimum of two years of a foreign language. The majority of state, regional universities require two years of a foreign language for a Bachelor of Arts Degree. Some colleges require two years for any degree.

Principal Thomas H. Stephenson commented that he believes this change in credits is a good idea. "I think it will be an advantage that students are now required to take 20 credits in that it will offer opportunities for students to be involved in more courses. Hopefully, students will choose wisely."

Instructional supervisor of the McCracken County school systems, Jim West, is also in favor of the new requirements with one exception; he fears that the change may encourage more dropouts.

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Managers Are.....

Perhaps some of the most unrecognized sports persons at Lone Oak High School are managers, yet they are very much an important part of our sports activities.

Is the job they do sincerely appreciated by the team, coaches and students? Without their careful attentiveness and record keeping, many of the accomplishments of the players would go unrecognized. Who else but the managers would keep the statistics?

Although they "play the sport in the shadows," managers are just as much a part of the team as the starting players. They hurt when the team loses a game and provide a shoulder when someone is in despair. They are also happy along with the team when it wins.

Does their job ever end? Football managers must keep track of touchdowns, tackles, passes, fumbles yards and the plays. Basketball managers must record rebounds, steals, assists, freethrows, fouls and the shots. The baseball manager must account for homeruns, singles, doubles and triples, foul balls and keep score. They must attend all practices and ballgames.

We should begin to acknowledge the managers' dedication and tell them how much they are appreciated.

Cheap shots make for cheap advertising

In this issue the Oak K would like to present its views on a seldom mentioned subject—television advertising. Or, to be more specific, the unethical new commercials on television.

We have recently noticed, by watching that "informative" media, television, that the ethics and the standards of T.V. commercials (advertising in general) seem to have changed. It seems only a few short years ago that a company was forbidden, restricted, by a certain decency, to name (much less degrade) its competition. What is happening to advertising and the advertisers?

Probably the most appalling example of this—one company stealing another's business by the use of "cheap shots" or by "putting them down"—that we have viewed, is the new Burger King commercials. Burger King—the number two selling hamburger franchise—has launched an all-out attack on McDonald's—the number one seller. And to what end? To increase sales—in other words, to bring in more money—but has it really become necessary for advertisers to resort to a sort of "brain-wash tactic"

just to make a buck? Burger King isn't the only corporation guilty of this by any means, merely one example—and a very irritating one—of what television advertising is coming.

What ever happened to the "good old days" when a company or product built their reputation on campaigns gained from that now-dying creature, Imagination?

And what effect do these commercials have on us—the viewers? Well, besides being hazardous to the business of the company being put down, they brainwash us—the viewers—into thinking good or bad of a company that may not necessarily be so. In a way a "bad" commercial is like a rumor, "an unverified report," and we all know how rumors tend to spread and be taken for the truth!

There seems to be no real way to stop the "bad" commercials for more of them appear on the tube every day...and, eventually, they probably will even be accepted without a lawsuit. It really leaves very little to be said of that money-hungry world of "big business"; after all, what's a little back-biting between rivals?

Survey reveals senior plans

The survey conducted on the seniors at Lone Oak High School in February, 1983 indicates plans after graduation from high school. The results are as follows:

- 23%—to attend a 2 year college.
- 48%—to attend a 4 year college.
- 5%—to attend a vocational school or some type of training program not connected with immediate

- employment.
- 4%—to get a job with no further education in mind.
- 12%—to work awhile and consider more education later.
- 8%—other.
- 76%—To attend some type of post-secondary institution after graduation.

Oops!

In an earlier issue, due to a reporting error, it was stated that the football team had consecutive winning seasons for the first time. Lone Oak had winning records in 1974 and 1975. The coaches were Mr. Jim Mizell, Mr. Tony McGroarty, and Mr. Tom Fusco.

THE OAK K

The Oak K a Blue Banner newspaper is edited and managed by a staff of Lone Oak High School students. Advertising space may be bought at the price of \$5 per column inch. Mail subscriptions may be purchased at the annual rate of \$4 plus postage.

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Meet the students

By Ken Thompson

The following are responses to questions that were asked of students and faculty recently for the Oak K.

What do you think of President Reagan?

Mark Ingram—Considering all the problems he's had to deal with, I think he's done a halfway decent job. But I'm not sure about some of his spending cuts.

Tamara Tucker—I think he looks like a nice man. He's doing a good job (with the country the way it was when he got it). I also like the way he's always smiling (he reminds me of my grandfather).

Has the economic depression affected you?

Miss Fondaw—Yes. I'm getting lower interest on my meager investments.

Paula Darnell—It has put some members of my family out of work, which mean it's cut-back time for me (money-wise).

Dianne Katterjohn—Not really.

What do you think of the theme for prom? (New York, New York)

Dianne Katterjohn—It's okay! I'm sure the juniors will do a great job.

Carol Mueller—I think Bourbon Street would have been better, but I think the little muggers will look cute standing around.

What are you going to do during spring break?

Tamara Tucker—Probably go to the lake and camp. I hope to get a job and may be working by then.

Mark Ingram—Either go to Florida or lay around the pool.

Miss Fondaw—I'm going to get my wisdom teeth removed. What fun!

What are you going to do this summer?

Mark Ingram—Go to Europe for a couple of weeks, work as a lifeguard, and sleep alot.

Carol Mueller—Layout on the glaciers in Alaska and pan for gold.

Tamara Tucker—I plan to spend alot of time at the lake this summer! I also plan to get a job and make a little money and—maybe—go to Florida.



(Photo by Keith Thompson)

Paul Besold is March's Junior Rotarian.

Besold serves as March's Rotarian

By Keith Thompson

Paul Besold, son of Dr. and Mrs. Albert Besold, has been chosen as March's Junior Rotarian.

As a Junior Rotarian, Paul mets every Wednesday at the Irvin Cobb ballroom for a luncheon and to hear a guest speaker. At the meetings he will learn about the businessmen in the community.

When asked his feelings toward being selected Rotarian, Paul stated "I feel very glad and honored to have been chosen."

Paul's extra-curricular activities include playing tennis, the clarinet and works at Western Baptist Hospital.

Paul holds membership in Physical Science Club, Beta Club and Tennis Club.

Following graduation from Lone Oak, Paul plans to attend Washington University or Northwestern University and major in chemical engineering and then go to medical school.

What Easter Sunday is all about

By Rhonda Lawrence

Easter is a Christian festival that celebrates the resurrection of Christ. It is the most important day of the Christian religion.

The name Easter may have come from Eostre, a Teutonic goddess of spring, or from the Teutonic festival of spring called Eostur. Most Christians observe Easter on a Sunday between March 22 and April 25. Easter's date varies each year but always falls on the first Sunday after the full moon on or after March 21. The first Nicene Council in A.D. 325 set the method of determining the date of Easter.

The story of Easter comes from the Bible. The Gospels tell that the body of Jesus disappeared from his tomb on the third day after His crucifixion. An angel appeared and announced, "He is risen."

Christians everywhere celebrate Easter with great rejoicing. Children collect candy and chocolate bunnies and hunt colored eggs. Many people wear new spring clothes to church on Easter Sunday. The new apparel represents new life.

The origin of why many children believe the Easter bunny brings their eggs probably comes from Germany. One legend says that a poor woman dyed eggs during a famine. She hid the eggs in a nest for her children as an Easter gift. Just as the children discovered the nest, a big rabbit leaped away. The story spread that the rabbit had brought the eggs.

From this legend, many children look for the Easter bunny to come and leave them Easter eggs.



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More fast times at Lone Oak High

They prayed for snow,
It never came.
They need a break,
They'll go insane.
Seniors spend money for this and for that,
\$7.65 for just a gown and a hat.
Research paper due in just 13 days,
Check out at noon and catch some rays.
Asbestos in E building, isn't that great,
They'll be sending you home in a wooden crate.
No date for prom yet, no big deal.
There's plenty of others who know how you feel.
New field for baseball, new coach for track,

Why does this paper turn your hands black?
Sit and pretend you've got your advanced math,
Hope and pray you won't catch his wrath.
Dipping and chewing in the courtyard,
Overdue books, no report card.
How do you know a square is a square?
Forget a postulate and watch his nostrils flare.
Soon they'll be skipping to go to the lake,
How much more are we supposed to take?
Happy are those who made the team,
But practices aren't all peaches and cream
They've got to hold on for 9 more weeks,
School is too boring, it's freedom we seek.

LOHS choir presents second annual Showtime

By Carol Mueller

Showtime will once again be performed by the Lone Oak High School Choirs.

The second annual Showtime will be based on songs of America for the theme, Salute to America. Last year's theme was "On Broadway."

By the time of the show the choir will have put in at least 100 hours of practice at an estimated cost of three to four thousand dollars for costumes, lighting, and equipment.

Mrs. Karen Thomas, who has knowledge and experience in producing shows such as Showtime, will put in many hours assisting Mr. George Murphy, the choral department director.

The curtains will open for Showtime's "Salute to America" March 25 through 27. On Friday and Saturday night the show will start at 7 p.m. at the Jetton Auditorium. There will also be a Sunday Matinee at 3 p.m. March 27.

Some of the songs to be performed by the choir are "New York, New York," "Georgia on my Mind," "One" from Chorus Line, "Fame," from the TV program Fame, "Oklahoma," and a Beach Boys melody.

Tickets can be bought from any choir member for \$3.



Band soloensemble participants were: (left to right) Miki Lynn, John Folsom, Lesa Prince, Amye Peavler, Darrall Harris, Rene Thompson, Mark Ingram, Jimmy Bowland, Shannon Fuller, Laura Carrico, and Jerry Lacorte. Not pictured are Paul Besold, Peter Besold, Jeff Parker, Sheri Knott, Julie Elkins, Jason Bannister, and Ben Black.

(Photo by Ken Thompson)

Band and choir students merit high ratings at Solo/Ensemble festival

By Laura Carrico

The Solo/Ensemble Festival was held at Murray State University March 5. Lone Oak had 25 band and choir participants.

The solos and ensembles were judged and rated on a scale of I to V, superior, excellent, good, fair and poor.

Dalena Hall, a senior, received a superior on her voice solo, "Drink to Me Only With Thine Eyes." A rating of I was also received by senior Miki Lynn on her solo, "Mein Glaubiges Hertz, Frolocke." Junior Tiffin Beck rated a I plus on her solo, "Sea Moods."

Superiors were earned by senior Scott Wright, "The Battle of Jericho," and junior Kevin Clark, "I Love Thee."

Junior Rene Thompson and sophomore Gretchen Cooper both received a II on their solos. Rene sang "Alma Del Core," and Gretchen performed "the Old Woman and the Peddler."

Junior Alling Yancy was rated excellent on his performance of "Beautiful Savior." An excellent was also received by sophomore Keith Harned who sang "Shenandoah."

Senior Paul Besold scored a I on his clarinet solo "Fantasie No. 1." Also scoring a I for a clarinet solo was junior Peter Besold, "Concertino for Clarinet."

"Sonatina" was performed on bass clarinet by senior Jeff Parker, who received a superior rating. Sophomore Rene Thompson rated a I plus on her bass clarinet solo "Concertina in D Minor."

Junior Sheri Knott presented "Orientale" on flute and received a superior rating. Also on flute was freshman Julie Elkins who played "Berceuse" and also received a I.

"Piece Breve" was played on alto saxophone by junior Jimmy Bowland. He rated superior on his performance.

Senior Miki Lynn performed "Andante Catabile" on the euphonium and received a superior rating.

Junior Darrall Harris scored a II plus on his trumpet solo "English Suite." "Melodie," played on alto saxophone by freshman Jason Bannister, merited a score of excellent.

Sophomore Ben Black earned a rating of II on his clarinet solo "Lamento."

Freshman Jerry Lacorte presented "March Slav" on French horn. He scored a II.

"Adagio and Menuetto," a duet for two clarinets, was presented by seniors Paul Besold and Laura Carrico. They received a superior rating.

Mr. Besold and Miss Carrico were joined by Jeff Parker and Peter Besold to perform "Concerto for Four Clarinets," which also received a superior rating.

A I rating was scored by the brass sextet "Scherzino," performed by senior Lesa Prince, trumpet; Darrall Harris, trumpet; sophomore Amye Peavler, French horn; sophomore John Folsom, trombone; junior Mark Ingram, euphonium; and junior Shannon Fuller, tuba.

"I think that if anyone gets a chance to perform at Solo and Ensemble, they should," states Dalena Hall, who serves as choir president. "It's a learning experience."

The vocal solos were judged on intonation, vocal technique, accuracy in rhythm and pitch, posture, choice of music and interpretation.

The wind solos and ensembles were judged on tone, intonation, technique, interpretation, appearance and musical effect.



(Photo by Ken Thompson)

Choir soloists were: (back row, left to right) Alling Yancy, Keith Harned, Scott Wright; (middle row) Candance Parks, Miki Lynn, Tiffin Beck, Kevin Clark; (front row) Gretchen Cooper, Dalena Hall, Rene Thompson.

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Senior basketball players, manager and cheerleaders receive deserved recognition

By Tamara Tucker

This month the Oak K is featuring the seniors of the basketball teams, the senior managers of the teams, and the senior cheerleaders. These people have worked hard this basketball season and deserve to be recognized for a job well-done.

Caroline Atkins has been a manager for the J.V. and Varsity girls' basketball teams for the past two years. Miss Atkins said that being a manager has taught her "the value of working together as a team," as well as "how to get along with the other members of the team." She also said, "Being a manager is something I will never forget. It was a great experience to become friends with the girls and to share in their victories and defeats." Miss Atkins also plans to be a manager for the girls' softball team this spring. After graduation she plans to attend Eastern Kentucky University to study law enforcement.

Chrystie Bachuss was a cheerleader at Heath for three years before coming to cheer at Lone Oak her senior year. Miss Bachuss plans to go into the Air Force in June and later might attend the Air Force Academy. "It (cheerleading) has taught me the meaning of friendship as well as leadership," Miss Bachuss said. "It's something that everyone should go through for the memories as well as the pride to be able to say, 'I am a cheerleader, basketball player, manager, etc...at Lone Oak High School' Miss Bachuss also said she would like to, perhaps, be a cheerleader for the teams at the Air Force Academy.

Tammy Burton (#23) played the positions of guard and forward for the Lady Flash team. "Playing basketball has taught me to be a competitive player," Miss Burton said. "It has also given me the opportunity to work with others. It has taught me to have responsibility and pride in myself as well as my school. But most of all basketball has taught me, the thrill of victory and the agony of defeat." Miss Burton plans to continue her basketball career after high school but she hasn't decided yet which college she will attend. She has played basketball in high school all four years.

John Davis (#24) said, "Playing basketball has meant a lot to me. It's taught me 'team concept'...I have had a lot of fun playing." Davis is not sure yet if he will play basketball in college but he has played all four years in high school. He plays the positions of guard and forward. Davis plans to attend Paducah Community College where he'll study accounting.



(Photo by Keith Thompson)

Tony Snelling, Kevin Wheatley, John Davis, and Andy Gilland. Rhonda Hooper, Chrystie Bachuss, Tammy Burton, Carol Habeck, middle row. Front row, Caroline Atkins, Paula Hoyt, and Lori Webb.

Andy Gilland (#22) has played basketball in high school all four years. He plays the positions of guard and forward. "Basketball has helped me grow up," Gilland said. "I have also had a lot of fun and have gotten to meet a lot of different people." Gilland plans to go to college after graduating from high school and he is considering playing college basketball. He is undecided as yet to which college he will attend.

Carol Habeck (#13) plans to go to college after graduating from Lone Oak to study accounting. She has played basketball for the Lady Flash for four years and played the position of forward. Miss Habeck said of playing basketball, "It has taught me how to work together with other people and how to cope with other people." Miss Habeck plans to attend Paducah Community College and there play basketball next year.

Rhonda Hooper (#24) played the positions of guard, forward, and center. She has played basketball all four years in high school. Miss Hooper plans to go to college in the future to study computer programming and business management. When asked what playing basketball has meant to her, Miss Hooper said, "It has taught me that everyone has to work together to get things done...and also how to work with others. Basketball has meant a lot to me because of the competition and the friends I have made through the seasons."

Paula Hoyt has been a Lady Flash manager for three years. Miss Hoyt says that, for her, basketball "...has brought many rewards, mainly the friendship of the girls on the team. I learned a lot about the sport of basketball itself that I didn't know. Being a manager has made me grow to love the game of

basketball more than any other sport!" Miss Hoyt plans to attend David Lipscomb College in Nashville, Tennessee to study nursing. She would also like to serve as a manager for the girls' team at Lipscomb.

Tony Snelling (#42) would like to get a job or perhaps attend Paducah Community College after graduating from Lone Oak. He said that he may also play basketball at PCC next year but is yet unsure. Snelling played the position of center last season and has played basketball all four years in high school. When asked his feeling on playing basketball in high school, Snelling replied, "It has meant a lot to me. It has taught me to win as well as how to take defeat."

Lori Webb has been a cheerleader all four years in high school at Lone Oak, and, this year, was captain of the varsity squad. Miss Webb said, "It (cheerleading) has taught me to be more cooperative and has helped me to be less shy. It has also been a lot of fun!" Miss Webb said that she would like to be a cheerleader in college but that "it would be very time-consuming..." Miss Webb plans to attend Murray State University after graduating from Lone Oak to study pre-medicine.

Kevin Wheatley (#44) said that basketball "has given me the opportunity to learn how to handle different types of pressures and hopefully has helped me to learn more about the 'game of life.'" Wheatley has played basketball all four years in high school and plays the position of forward. After graduating, Wheatley plans to go to college and study pre-medicine, then go on to medical school. He said he may play basketball in college but "I think I have a better chance to play either football or baseball."

We salute the Baseball and Softball teams.

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(Photo by Keith Thompson)

It's Prom Time! Lone 'New York,

By Tamara Tucker

With Junior-Senior Prom just "around the corner" (April 23), it's time for both guys and girls to start planning what they'll wear for that memorable event!

For girls, buying a prom dress this year won't be so easy. With all the styles and colors of prom dresses available, the decision won't be an easy one!

Hoop-skirted, "Southern Belle" style dresses are always popular and very feminine. This dress style usually comes in pale, pastel colors or in white eyelet lace. Crinoline skirts would be right for those who want the full-skirt effect but are looking for more freedom of movement. Bustle-back dresses are popular too and give a very "old-fashioned" look. But if you really want to be in keeping with this year's prom these, "New York, New York," a "slinky" style dress is for you. "Slinky" simply means that the dress would have a straight skirt (no hoop, crinoline, or bustle) and would probably have spaghetti-strings or some other "shoulder-baring" style at the top. "Slinky" dresses can be any color (as, of course, can be the other styles) but black, white, red and other bright colors are usually predominant.

Seniors Caroline Atkins and Jay Townsley practice their "look" for prom on the big stairs at the Executive Inn. Her dress has a look of the "Old South" with all its flounces and bows. Jay looks handsome in a navy tuxedo with a ruffled shirt and velvet bow-tie.

Tuxedos courtesy of Mr. Penguin

Dresses courtesy of Peggie's of Paducah

Special thanks to the Executive Inn for allowing us to use their facilities for background scenery.

The Pines

900 N. 32nd St.
Phone 442-9304



(Photo by Keith Thompson)

Senior Tammy Burton and junior Brent Jones are all ready for prom! Tammy's dress has an all-lace overlay accented with satin ribbons. Brent's tuxedo is all white and the coat is an utterly debonaire tailcoat.

Oak goes to New York'

Since the guy's tuxedo usually coordinates with his date's dress, his "what-to-wear" problem will probably be much more easily solved. A gray or silver tuxedo goes with any color dress but looks especially good with pink or red. A burgundy tuxedo also accentuates a pink dress well. A white or black tuxedo goes with any color and style of dress. Tuxedos also come in light blue, navy, light and dark green, brown and champagne. The accents of the tuxedo—the cummerbund, the bow-tie or ascot, even the ruffles on the shirt—come in a bright array of colors to coordinate with the dress color. A tail-coat is particularly attractive on a guy—but usually short guys prefer a regular coat. With this year's theme "New York, New York," the basic black tuxedo seems very popular but any color will be perfect if the guy and his date are happy with it.

When shopping for a prom dress or picking out a tuxedo the big thing to remember is, be happy with your choice. Prom is a big night, an expensive night, but a memorable event and you should be sure you like what you're buying (or renting, in the tuxedo case). So, follow your heart, and remember just 34 more planning days till prom!

Senior Stephanie Edwards wears a charming "Southern Belle" dress of white eyelet lace. Her escort, junior Keith Thompson, wears a splash of color in his red cummerbund and bow-tie.



(Photo by Tamara Tucker)



Junior Theodore Peshehonoff and Senior Lori Keeney.

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Senior Tommy Farthing and junior Abigail Baker.

Biology club takes winter ski trip

Over the weekend of February 17-20, 25 members of the Biology club took a trip to Blowing Rock, North Carolina with the intention of learning how to ski and survive in cold temperatures.

Twenty-two members and three sponsors, Mr. McGroarty, Mrs. Brugger and Mr. Wells, left in two vans from LOHS at 12:30 p.m. Thursday and arrived at the Blowing Rock Assembly Grounds around 3:00 a.m. Friday morning.

Friday's events included learning to cross-country ski, learning about the effects of sun and need of water in the higher elevations, skiing up a mountain to a mansion, relaxing in the sun, taking pictures, and generally having a great time. The group agrees that conditions all weekend were perfect, with plenty of snow, clear, crisp weather and beautiful mountainous scenery. After a long day, club members enjoyed a pizza party before resting for the night.

Saturday wasn't as grueling a workout. The group found some nice, rolling hills and practiced some

down-hill skiing on their cross-country skis. By that afternoon, most of the members tried to out do each other with daring feats. If they weren't skiing they could be found lying in the sun on the side of a snowy hill or engaged in a snow fight. That night the daredevils of the afternoon got to try their hand at some real down-hill skiing at Appalachian Ski Mountain. All the down-hill skiers agreed that this was the most exciting time of the whole trip for them.

Most of the members said they hated to see Sunday come because they have to part with their skis and what had become their mountains to go home. The vans arrived back at LOHS at around 8:00 p.m. Sunday filled with a tired but happy group of people. The mood of the trip can be summed up by the comment which Danya Lamont made on the following Monday morning when she said, "I'm still on my skis in the mountains."

Club News For March

By Carol Mueller
Physical Science Club

In this month's meeting Mr. Billy Sensing club sponsor, lectured on educational opportunities, jobs in the future, the importance of education, and the changing attitudes toward education.

Tri-Hi-Y

The Tri-Hi-Y had a bake sale March 12. In its last meeting the club discussed the election of new officers for next year.

FFA

The FFA is planning a trip to Murray for regional contests in speech, March 29. The Parliamentary Procedure team will also attend Murray with its ten team members.

Recent winners at FFA Day were Kenny Harper, who took a superior first place with his treasurers book. The club also received six other superiors and one superior first.

Art Club

At the last meeting the art club viewed slides about art history and talked about the annual Department of Art workshop at Murray.

FHA

The FHA members sold green felt shamrocks for St. Patrick's Day. The club will also sponsor a dinner, March 22, for club members.

DECA

At the last meeting Mr. Rushing brought forth nominations for the election of next year's officers. Several students attended the Region I conference at Murray State (see separate story, page

DECA attends Conference

By Tammy Whitis

The Region 1 DECA Conference was held Monday, March 7, 1983 at Murray State University. There were 21 Lone Oak students in attendance, who spent the whole day at the college.

Sami Craine, Region 1 Historian, was on the program at the opening session and for the awards session. Carla Sweatt won first place in the Apparel and Accessories Competency-based, Supervisory Level. She will be attending State Conference in Louisville, March 27-29, along with other voting delegates. She brought back a trophy for DECA along with one for herself.

Scott Harper won in the Finance and Credit contest and Karen Langston in the Apparel and Accessories, Master Employee Contest.

"It was a real good day for 575 DE and Retailing students," said Mr. Rushing. Those attending from Lone Oak were Scott Overby, Rebecca Throgmorton, Christy White, Kym Scott, Tammy Whitis, Joel Bickerstaff, Chuck Lowery, Will Edd Smith, Sami Craine, Dawn Alexander, Ron Collins, Chris Henson, Jimmy Hart, Carla Sweatt, Tiffany Birch, Craig Dunning, Jana Herzog, Karen Langston, Scott Harper and Glen Finke. Mr. Herrold and Mr. Rushing, advisors, also attended.

TRI-Hi-Y is spotlighted

By Caroline Atkins

Have you ever wondered just what the Tri-Hi-Y club is? The club is among the oldest clubs at Lone Oak High School. Mrs. Gwen Helfer, who serves as sponsor has been the sponsor since 1956. Miss Linda Baker assists Mrs. Helfer.

Tri-Hi-Y clubs are sponsored by the state YMCA. The YMCA encourages the clubs to participate in both school and community services. The purpose of the club is "to create, maintain, and extend, throughout the home, school, and community, high standards of Christian character."

The Tri-Hi-Y activities include raking yards for the elderly, collecting used stamps for the Lone Oak Women's Club, and collecting newspapers for the Easter Seal Center. The club also helps other organizations such as the band and the choir during concerts. They also furnish refreshments for the teachers lounge on holidays as well as decorating the children's ward in the hospitals. Thanksgiving and Christmas baskets are fixed to give to needy families and clothes have been collected for the Friedman Center. The Tri-Hi-Y also gives a one hundred dollar scholarship to one of the club's outstanding seniors. This year the club plans to decorate an Easter egg tree for the office.

The Tri-Hi-Y also has a "Y" week each year. This is a project to publicize the state YMCA. This year club members wore red, white, and blue, baked cookies for the teachers lounge, and wore "Be Y's" buttons.

The Tri-Hi-Y also participates in the Kentucky United Nations Assembly (KUNA) and the Kentucky Youth Assembly (KYA). These are mock forms of government on both the state and international levels. Senior Paula Hoyt is serving as Chief Justice of the Supreme Court at KYA, March 24-26.

Lone Oak's Tri-Hi-Y has a cookout at the beginning of the year for new members, a mother/daughter dinner, and an installation at the end of the year for the new officers.

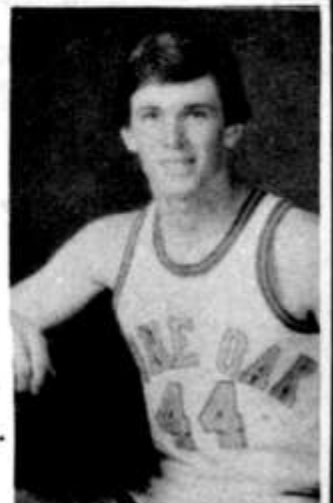
When asked to comment on the club Mrs. Helfer said, "We're always looking for members who enjoy participating in a variety of activities and like fellowship with their friends. We hope more people will join next year."

Tom McCarthy

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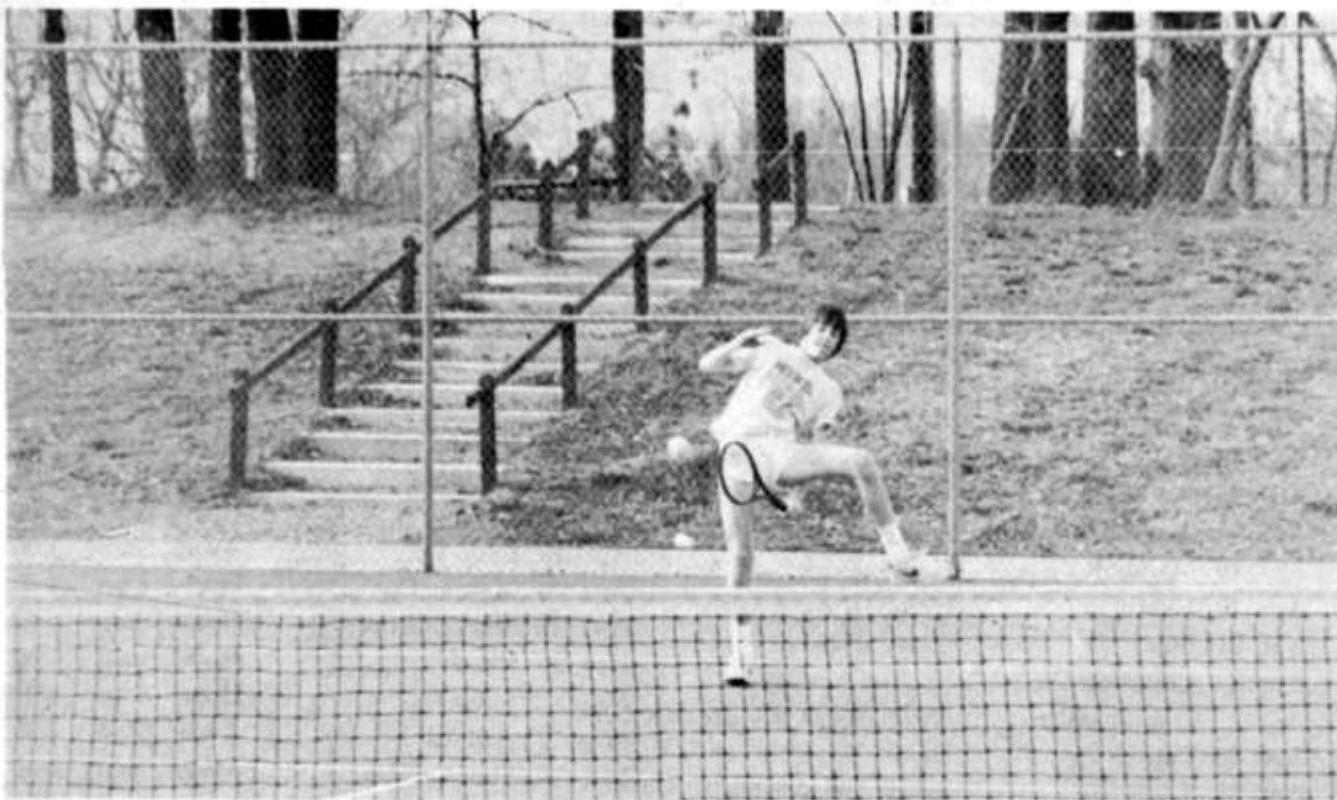
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(Photo by Keith Thompson)



(Photo by Keith Thompson)

Above, Dena Giacone takes advantage of the warm weather by practicing her golf skills while Tyler Prince (left) performs one of his trick-shots during tennis practice.

Spring brings various sports

By Lori Keeney

With the coming of spring, so begins spring sports at Lone Oak. This year in addition to the old favorites baseball, tennis, track and golf, a girls softball team has been established.

The new formed softball team will be under the coaching direction Mr. Steve Speed. Tryouts were to begin March 8, but due to the weather they have been postponed. According to Coach Speed 38 girls have signed up, 20 girls will receive uniforms.

The season will be a mixture of five fast pitch games and seven slow pitch. The regional and state games will also be played slow pitch. The homefield will be Field One at the Lone Oak Ballpark.

"A winning season" were the words expressed by baseball coach Jim Mizell concerning the upcoming season. Coach Mizell has a senior-oriented team returning 20 of 22 players. The only tryouts this spring will be for pitchers. He'll hold tryouts for next year's team after the end of this year's '83 season. The baseball team has a new field this year, located behind Hendron-Lone Oak School. Senior Tony Cipolla hopes the new field will bring the team good luck. Coach Mizell explained that the competition



(Photo by Keith Thompson)

Tammy Burton awaits a pitch from junior Ann Denton. Softball tryouts were held last Monday and Tuesday at Lone Oak ball park.

will be rough. He stated that one team from the district has made it to at least sub-state each year. He believes that they will be playing a lot of the "better teams" this year. The first game is March 28, at Reidland.

Coach Mike Clark has taken on both the boys and girls track teams this year. The turnout this year has been a lot better than in the past few years. He has 30 boys running and 12 girls. He hopes to get some more girls after the softball cuts have been made. Bad weather has also affected the track team. The first track meet is April 12, at St. Mary.

Coach Larry Heflin believes that his tennis teams, both boys and girls, "have an excellent chance for success in the regionals." He has a combined team of 33 players. He explained that "both teams have a good combination of experience and young players." The teams practice everyday after school. They have been running and getting in shape for about four weeks now.

Coach Tom Pandolfi is coaching the boys and girls golf teams this year. Junior Rick Webster feels that the boy's team inexperience in match playing could hinder the team this season, although he feels that his play has improved over last years.

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Spring sports schedules

**1983 LONE OAK HIGH SCHOOL
BASEBALL SCHEDULE
COACH: JIM MIZELL**

Mar 28	Reidland	Away	4:00
Mar 29	Open		
Mar 30	Calloway Co.	Home	4:00
Mar 31	Cairo, Ill	Away	4:15
Apr 1	Ballard Co.	Home	4:00
Apr 4	Tilghman	Home	4:00
Apr 5	Massac Co., Ill.	Home	4:00
Apr 6	Open		
Apr 7	Cairo, Ill.	Home	4:15
Apr 8	Trigg Co.		
Apr 9	Massac Co., Ill.	Away	12:00
Apr 11	Carlisle Co.	Home	4:00
Apr 12	Reidland	Home	4:00
Apr 13	Livingston Co.	Away	4:00
Apr 14	Marshall Co.	Away	4:00
Apr 16	Calloway Co.	Away	4:00
Apr 17	Reidland (JV)	Home	1:00
Apr 18	Mayfield	Away	4:00
Apr 19	Tilghman	Away	4:00
Apr 20	Ballard	Away	4:00
Apr 21	Livingston Co.	Home	4:00
Apr 22	St. Mary	Home	4:00
Apr 23	Trigg Co.	Home	12:00
Apr 25	Marshall Co.	Home	4:00
Apr 26	Carlisle	Away	4:00
Apr 27	Heath	Home	4:00
Apr 28	Mayfield	Home	4:00
Apr 29	St. Mary	Away	4:00
May 3-6	District	Away	1:00
May 9	Vienna	Away	4:00

**1983 LONE OAK HIGH SCHOOL
TENNIS SCHEDULE
COACH: LARRY HEFLIN**

Mar. 29	Cairo	Away	Boys
Mar. 30	Cape	Home	Boys
Apr. 12	Union City	Away	Boys & Girls
Apr. 15	Reidland	Home	Boys & Girls
Apr. 18	Mayfield	Away	Boys & Girls
Apr. 19	Marshall Co.	Home	Boys
Apr. 20	Heath	Home	Boys & Girls
Apr. 21	Cape	Away	Boys
Apr. 23	Christian Co. Hopkinsville	Away	Boys & Girls
Apr. 25	Cairo	Home	Boys
Apr. 26	Tilghman	Away	Boys & Girls
Apr. 27	Murray	Away	Boys & Girls
Apr. 29	Murphysboro	Home	Boys
May 3	Mayfield	Home	Boys & Girls
May 4	Reidland	Home	Boys & Girls
May 5	Marshall Co.	Away	Boys
May 6	Murphysboro	Away	Boys
May 10	Calloway	Away	Boys & Girls
May 12	Tilghman	Home	Boys & Girls
May 14	Christian Co. Hopkinsville	Home	Boys & Girls
May 17	Heath	Away	Boys & Girls
May 18	Murray	Home	Boys & Girls

**1983 LONE OAK HIGH SCHOOL
GIRLS SOFTBALL SCHEDULE
COACH: STEVE SPEED**

Mar. 30	Massac County	Away	Fast	4:00
Apr. 11	Heath	Away	Fast	4:00
Apr. 15	Reidland	Home	Fast	4:00
Apr. 18	Ballard	Home	Slow	4:00
Apr. 19	Lyon Co.	Away	Slow	4:00
Apr. 20	Massac Co.	Home	Fast	4:00
Apr. 25	Marshall Co.	Home	Slow	4:00
Apr. 26	Heath	Home	Fast	4:00
May 2	Lyon Co.	Home	Slow	4:00
May 3	Ballard	Away	Slow	4:00
May 6	Marshall Co.	Away	Slow	4:00
May 9	Reidland	Away	Slow	4:00
May 12	Regional		TBA	Slow
May 13	Regional		TBA	Slow
May 19	State		TBA	Slow
May 20	State		TBA	Slow

**1983 LONE OAK HIGH SCHOOL
GOLF SCHEDULE
COACH: TOM PANDOLFI**

April 1	St. Mary, Tilghman, Mayfield	
April 11	Murray, Heath	Home B,G
April 12	Mayfield	Away B,G
April 13	St. Mary	Away B,G
April 14	Reidland	Calvert City B
April 15	Crittenden Co.	Marion
April 18	Heath, Mayfield	Home B,G
April 19	Marshall	Away B
April 20	Ballard, Heath	Ballard
April 21	Murray	Away B,G
April 22	Marshall County Invitational	
April 25	Marshall, St. Mary, Heath	Home B
April 26	Crittenden	Home
April 27	Reidland, Heath	Home
April 28	Heath	Ballard B,G
May 2	Boys Regional Tournament	
May 3	Girls Regional Tournament	

**1983 LONE OAK HIGH SCHOOL
TRACK SCHEDULE
COACH MIKE CLARK**

Apr. 12	St. Mary
Apr. 19	County Meet (Heath)
Apr. 20	Ballard
Apr. 23	Mayfield Invitational (Boys)
Apr. 26	Calloway Invitational
May 3	Heath
May 5	Carlisle
May 7	Regionals (Calloway)

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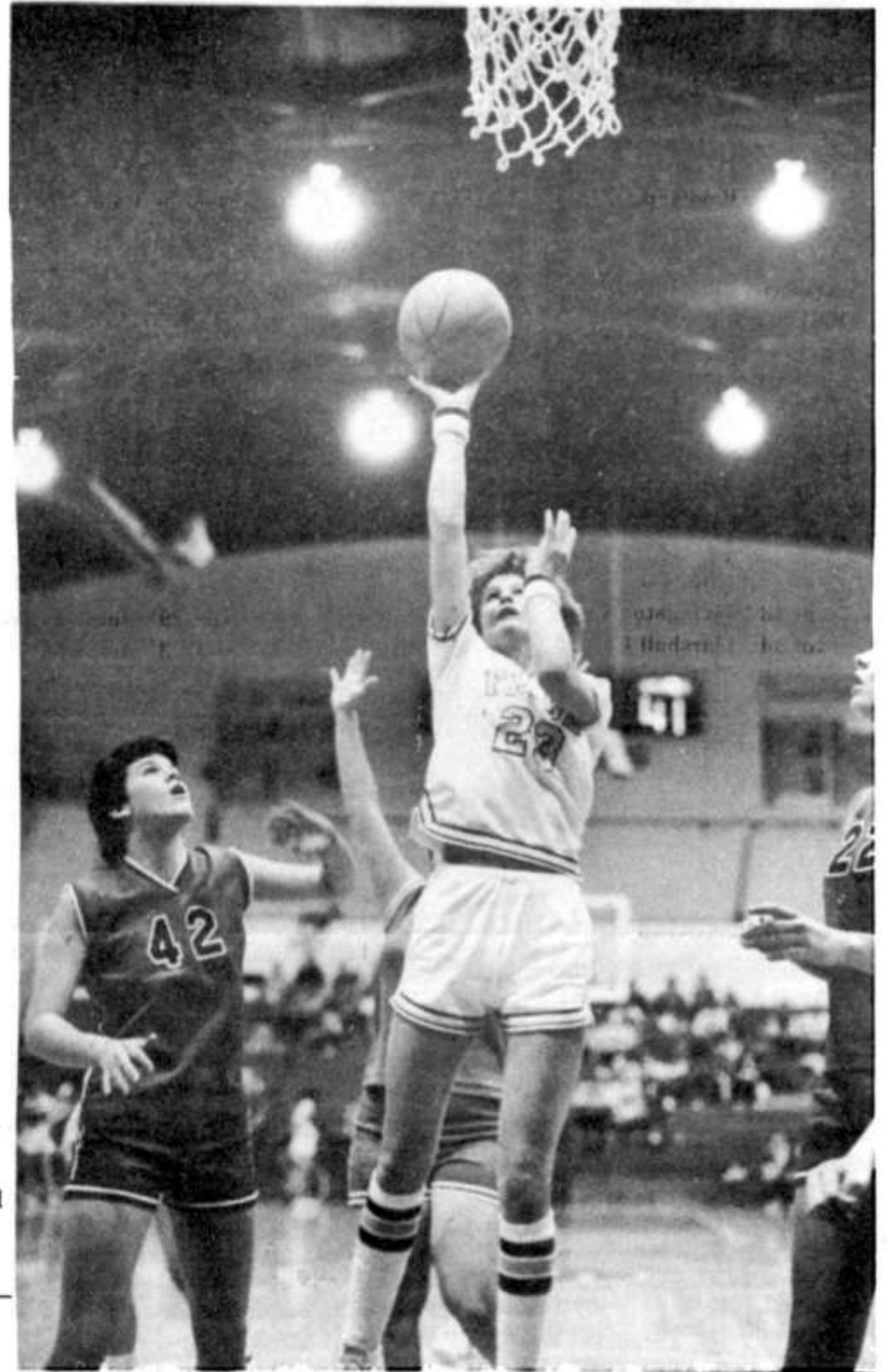
Burton leads scorers in season's closing

By Caroline Atkins

The Lady Flash were defeated by the Reidland Greyhounds 73-72, in over-time action on February 28. The Second District tournament game was held at Paducah Tilghman.

The Flash began the game by running out to a 8-0 lead before Reidland came back into the game. At the end of the first quarter Lone Oak led 19-14. The Flash also led 36-31 at the half. During the third quarter Reidland took a one point lead, 49-48, before tying the game at 67 at the final buzzer. It seemed that the game would go into double overtime before a Reidland player hit a freethrow with two seconds left to give Reidland a 73-72 advantage.

Lone Oak's scoring was led by senior Tammy Burton with 34 points while teammate Carol Habeck added 26. Junior Marie O'Nan contributed 12 points. The Flash's final record was 17-8.



(Photo courtesy of Paducah Sun)

Top Ten of 1983

Top Ten Albums

1. "Business as Usual," Men at Work
2. "Built for Speed," Stray Cats
3. "Get Nervous," Pat Benatar
4. "H2O," Daryl Hall and John Oates
5. "Lionel Richie," Lionel Richie
6. "Coda," Led Zeppelin
7. "Midnight Love," Marvin Gaye
8. "Thriller," Michael Jackson
9. "The Distance," Bob Seger and the Silver Bullet Band
10. "Long After Dark," Tom Petty and the Heartbreakers

Top Ten Singles

1. "Down Under" Men at Work
2. "Maneater," Daryl Hall and John Oates
3. "Baby, Come to Me," Patti Austin
4. "Africa," Toto
5. "Sexual Healing," Marvin Gaye
6. "Mickey," Toni Basil
7. "Dirty Laundry," Don Henley
8. "The Girl is Mine," Michael Jackson
9. "The Other Guy," Little River Band
10. "You Can't Hurry Love," Phil Collins

Top Ten Movies

1. Tootsie
2. 48 hrs.
3. The Verdict
4. Timerider
5. Gandhi
6. The Dark Crystal
7. The Toy
8. Sophie's Choice
9. Best Friends
10. E.T. The Extra-Terrestrial

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Senior guard Tammy Burton goes for two of her 34 points during the district tournament at Tilghman. The Lady Flash lost 73-72 in overtime to Reidland.

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Tim Spears and Tony Cipolla warm-up before practice starts at Lone Oak ball park.



Track team members run during an afternoon practice at the football field.

(Photo by Keith Thompson)

(Photo by Keith Thompson)

Norris pleased with freshmen

By Joey Fosko

"I was surprised at our performance this year. I didn't think we'd do this well," said freshman basketball coach Albert Norris. This year's team finished 7-6.

Coach Norris was pleased with leading scorers Jeff Hayden (8.0), Cary White (7.9), and Jeff Holland (5.2). He was particularly happy with Holland. "I felt Jeff improved as much as anybody on the team did. He didn't play much in eighth grade but he did a real good job this year. Hayden and White did very well, too. I think this team improved as much as any team we've had." Also, Tim Edwards, Charlie Waddell, Troy Duncan, Randy Hooker, and Pat Hollowell drew considerable playing time. The rest of the team included Brent Vasseur, Pete Jordan, Kenny Peck, Robert Simmons, and Dewayne Pullen.

Clark happy with J.V. team

By Joey Fosko

"I thought the JV team did a great job this year," commented coach Mike Clark. "We did very well considering that we had a big disadvantage not being able to play all of our people all the time, having to save them for varsity because of a lot of injuries. In spite of that, the team finished with an 11-8 record.

Coach Clark was pleased by the team's showing. "I was surprised that we scored as much as we did. This year's team scored more points than any team in the last four years. I didn't think we had any scoring threats, but we did." He also liked the team's defensive effort. "I was pleasantly surprised at the way we got after people defensively."

Coach Clark hopes the team's good play carries over to next year. "This team is next year's varsity team, except for Stan Norris. We really are counting on them to work hard next year." What does he think of next year? "Based on what we've seen, we will be small, but we will be competitive, especially if we continue to get after people on defense. I think we could have a good team next year."

This year's leading scorer was sophomore Mark Seay, who scored 10.1 points a game.

Sophomores Troy Dowdy and J.D. Overton were next with 8.3 and 7.7 points a game, respectively, and junior center Mark Lawrence added 6.9 a game. The leading rebounders were Seay and Lawrence. Other members of the team were sophomores Mike Clark, Alan Joiner and Andrew Wilson. Freshmen Jeff Hayden and Jeff Holland rounded out the squad.

Burton, Habeck, and Gilland named to All-Tourney Team

Seniors Tammy Burton, Carol Habeck and Andy Gilland were nominated to the All-Tournament Team during the district tournament at Tilghman High School.

Flash upset by Vikings in Tournament

By Joey Fosko

The St. Mary Vikings defeated the Lone Oak Purple Flash in the Second District tournament first round by a score of 61-52. The Flash ended their season with a 13-14 record.

Lone Oak started out slowly in the first half, eventually trailing 29-24 at halftime. After the Vikings scored the first basket of the second half, the Flash fought back to 31-30 early in the third quarter. The Flash continued to play well in the quarter, leading 43-40 with only one more quarter to go. But after St. Mary star Kerry Boudreaux scored the first five points of the fourth quarter, the Flash couldn't come back.

Senior Andy Gilland, led all scorers with 17 points. Senior center Tony Snelling and sophomore Stan Norris added 12 points each. Lone Oak outbounded the Vikings 36-24.

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