

January 28, 1983

Lone Oak graduates 34 at mid-term

The following 34 students were graduated at mid-term: Tona Adams, William Michael Ballard, Shelly Botkin, Cindy Casey, Terri Clark, Jennifer Conn, Donna Crane, Brian Dowell, John Duncan, Patrick Englert, Teresa Finnell.

Also, Tracy Gaines, Wesley Donald Gordon, Tammy Haley, Ben Helton, Scott Herndon, Donald Hook, Danny Horn, Eric Horner, Kellie Jacobs, Beth Johnston, Mark Kidd.

And, Kenny Krimple, Brenda Nelson, Tammy Overton, Angie Reese, Jeff Rhoden, Brent Rogers, Bryan Sanderson, Monica Stevens, Frankie Stinson, Joanna Swatzell, Benjie Turner and Lisa Vasseur.



Photo by Keith Thompson

Six seniors win All District Honors

Pictured above are the senior football players named All District this year. From left to right are Steve Felts, punter and offensive tackle; Scott Elkins, half back; Kevin Wheatley, defensive end and offensive back; Kevin Hinkle, linebacker; Tony Cipolla, quarterback and defensive back; and Tommy Farthing, offensive guard. All won All Western Kentucky Conference (All-WKC) honors as well. Football banquet trophy winners are pictured on page 11.

Drinking and driving: Don't mix the two

By Tammy Whitis

Do you know someone who's been drunk behind the wheel? Chances are good that you do.

Studies show that on any given Saturday night one out of every 10 drivers is drunk. Every 23 minutes someone in the United States is killed in an accident involving a drunk driver. In fact, 41 percent of all fatal crashes involve an alcohol-impaired driver, nearly half of them between the ages of 16 and 24.

One 12-ounce can of beer is equal in effect to a six ounce glass of wine, unless of course, the wine has a higher than normal alcoholic content. Most wines are 12 percent alcohol. That one beer is equal to one shot-glass full of whiskey.

How alcohol affects you depends on your body weight, but if you're about 120 pounds, just over two drinks in two hours will seriously affect your driving ability. If you're closer to 100 pounds, less than two drinks could do it.

If you think of cold showers or black coffee as anti-alcohol remedies, you're wrong. They just make the person a more wide awake drunk. It takes the

body about one hour to get rid of just one beer.

The .10 percent blood alcohol level is a critical warning sign for police, the courts and so on. That small one tenth of one percent of alcohol in the blood means that you're too drunk to drive. However, alcohol seems to affect teens faster than adults.

What are the stop signs for drinking? For a 100 pound adult, approximately 3½ drinks in a two-hour period, or for a 120-pound adult about, four drinks means they should not get behind the wheel of a car.

Because of recent legislation, only eight states (Connecticut, Hawaii, Louisiana, New York, Texas, Vermont, West Virginia and Wisconsin) still maintain a legal drinking age of 18. The National Highway Traffic Safety Administration reports more than 8,000 young Americans are killed each year in alcohol related traffic accidents. Another 40,000 are crippled or disfigured. DON'T be one of them—don't drink and drive.

The undeniable fact is drinking and driving don't mix. But sadly there are those who won't look at the facts. "But that couldn't happen to me," some teens think. "I can handle it." The truth is, they can't.

That's because how the body handles the drug alcohol is beyond our voluntary control.

What happened to a few "harmless" beers? Once in the stomach the pure alcohol in them is absorbed directly into the bloodstream through the stomach walls. As most people know, this process occurs quite rapidly. The liver has to filter alcohol out of the blood. It's also eliminated through the pores of the skin and through breathing. But the whole process takes time. In simpler terms—if you drink too much, the alcohol in your blood will build up.

Then what happens depends on many factors. One is the amount of food in the stomach. You've probably heard the expression, "Don't drink on an empty stomach." If there's no food to slow down the absorption, the alcohol will "hit" you faster.

The last word in drinking and driving? Don't mix the two!

Alcohol alone is hazardous enough. But combined with a party atmosphere, a late night, a carload of friends, it could be a ticket to disaster.



Fast times at Lone Oak High

By Lori Keeney

The doors open,
 The kids come in,
 The lockers open,
 Then close again.
 The homework is passed from one to another,
 Excuses are written and signed "John's mother."
 Dirty jokes are told,
 Snickers are heard,
 Step into the library,
 Shhhh, don't utter a word.
 Where's the best place to hide a cheat sheet?
 How many bones are there in human feet?
 Can she really breathe inside those jeans?
 Do you always multiply the means by the extremes?
 Whats the difference in a quiz and a test?
 To understand calculus do you have to be blessed?
 You've skipped a few classes, nothing to fear,
 Into the office, just a slap on the rear.
 Pick up that knife, cut up those kittens,
 No heat in D building, remember your mittens.
 Freshly chewed gum stuck on the hand rail,
 What? You don't know the answer, looks like you fail.
 They complain about the food yet they run to the cafeteria,
 Up the stairs and down the hall for a close up look at bacteria.
 A trip with the parents is unexcused,
 Mr. Stephenson lays down the 'don'ts' and the 'dos'
 He comes on the intercom,
 "It's been a good day."
 They'll cry for the children,
 But for the students, they'll pray!

Some students feel a change is necessary

For many years now there has been much controversy over the figuring of grade point averages and rank in class. Many students feel the system is unfair.

Several students say they feel they are being "ripped off." Phrases like "It's not fair" and "It shouldn't be that way" were often used to describe the way they felt.

The grade point average for the 1983 seniors is based on seven semesters. Grade point average is figured by receiving four points for each A, three points for each B, two points for each C, and one point for each D. The points remain the same regardless of the difficulty of the class the grade was earned in. The average of these grades is figured and anyone with a 3.5 or above is considered an honor student.

The rank in class is based on the grade point average. The student with the highest grade point average is ranked number one and so on down the line.

This system angers many. Is it fair for a student who takes "get by" classes to have a higher rank in

class than those students taking the "advanced" classes such as physics, calculus, and second and third year foreign languages?

The main concern for such an uproar is that when a student applies for a scholarship three main things are considered: ACT scores, grade point average and rank in class. Extra-curricular activities are also considered.

This subject has been brought up many times and as of yet nothing has been done about it. The concern is there but the solution is not. Guidance counselor Phylis Jones believes that something will be done about it in the future, but just when still remains a mystery.

As for the class of 1984, your grade point average will be based on eight semesters. The number of credits required for graduation will remain the same, 18.

And as for the rumor that the seniors of 1984 will not be able to graduate mid-term, that is completely false. The choice will still be there for those who chose to do so and who have the proper grades and credits.

Students make '83 resolutions

By Carol Mueller

It's the beginning of a new year and many Lone Oak High School students are making a new start with resolutions.

Mr. Stephenson's New Years resolution is to lose 10 pounds. Rick Webster wants to have 83 times as much fun than in 1982. Christi White wants to try to stay out of trouble in Mr. McGroarty's biology class. Allan Joiner wants to play in Lone Oak varsity game and score.

Todd Anderson's New Years resolution is to keep Eric Coleman from starting more fires in Advanced

Biology. Renee Thompson wants to get by with studying for no more tests and doing no more homework.

Mr. Norris wants to become more patient with his students. All Michele Neihoff wants this year is to pass Typing I. Lori Spillman wants to succeed in getting Brent Jones and Brenda Childress speaking again. Kevin Yancy wants to play the guitar for Judas Priest on its 1983 concert tour for his resolution. Daniel Shaw's 1983 New Years resolution is to avoid apprehension from all law enforcement officials.

THE OAK K

The Oak K a Blue Banner newspaper is edited and managed by a staff of Lone Oak High School students. Advertising space may be bought at the price of \$5 per column inch. Mail subscriptions may be purchased at the annual rate of \$4 plus postage.

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Student teachers come to Lone Oak

Three students teachers from Murray State University have recently come to Lone Oak High School to do their student teaching. All three are in their senior year at Murray.

Elisabeth Fondau from Paducah is doing her eight weeks of student teaching in both history and English. She is under the direction of both Don Baker for history and Donna Brugger for English.

After completing her training at LOHS and graduating from Murray, she plans to teach in a college or university after two years in graduate school.

Johnathan Noffsinger originally from Fort Campbell, is student teaching under the direction of Gary Crisp and Ron Cowherd. Mr. Noffsinger plans to become a band director at a high school somewhere in the midwest after graduating from Murray State University.

Paul Singleton from Richmond, Kentucky is doing her student teaching in the choral department.

Miss Singleton started her college training at Murray State. She is under the direction of George Murphy from the High Schol and Gale McDermont from the Junior High.

Miss Singleton says she wants to teacher elementary General Music.

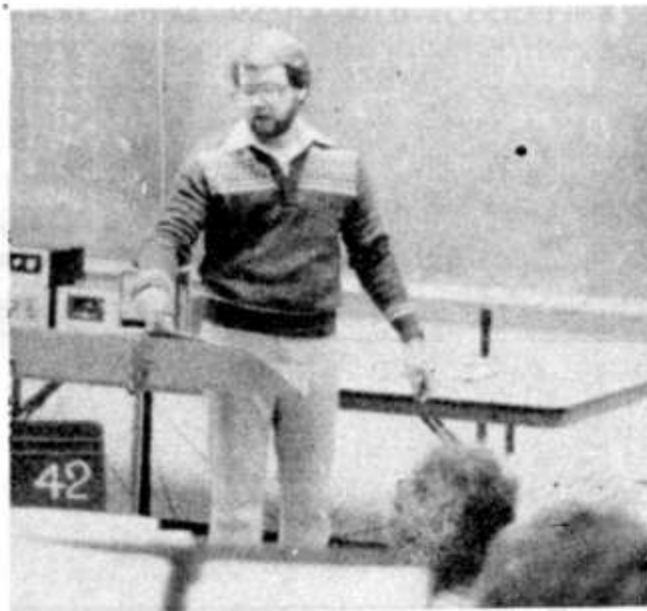


Photo by Ken Thompson

Johnathan Noffsinger, band student teacher.



Photo by Keith Thompson

Elisabeth Fondau, student teacher of history and English.



Photo by Ken Thompson

Senior Tony Cipolla is January's Junior Rotarian.

Cipolla serves as Junior Rotarian

By Rhonda Lawrence

Tony Cipolla was selected for this month's Junior Rotarian. He attended meetings each Wednesday in the month of January.

The luncheons were held at the Irvin Cobb Hotel Ballroom. A guest speaker was present at each meeting.

The faculty of Lone Oak High School select students to serve as Junior Rotarian according to scholastic and academic achievements. The teachers also consider the student's leadership abilities.


Some of Tony's extra-curricular activities include football, baseball, and Pep Club.

After he graduates, Tony hopes to attend the University of Kentucky and study law enforcement. He also hopes to play baseball in college from a scholarship or just as a "walk-on."



Photo by Ken Thompson

Paul Singleton, choir student teacher.



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The working student: Are there

By Stephanie Edwards

To work or not to work. That is a decision that has to be made by many high school students today. Although many of them do work, there are various opinions as to whether or not they should.

Guidance counselors Phyllis Jones and Dennis Griffith stated that most students have one of two reasons for working. One, for their own spending money, such as a car and gas, clothes, etc. Two, and more importantly, because they have to, to help the family. The expense of college is one of the main factors involved in that case, which is most common. Mrs. Jones added that she doesn't think it is a good idea for a student in high school to work. "I feel that it takes away from their grades."

In some cases a job can affect one's grades. However, some students can handle both a job and school work. It all depends on what type of job is held and the type of classes taken.

At Lone Oak High School there is a co-op system. It is a system designed for a student to leave school early to go to work. There are three departments that make up this system: Business, distributive education, and agriculture. A student must be a senior with twelve credits in order to participate in the co-op system. There are certain requirements to be met in each department.



Photo by Keith Thompson

Senior Paul Besold feels that the work experience he is acquiring now at Western Baptist Hospital will definitely help him in his future.

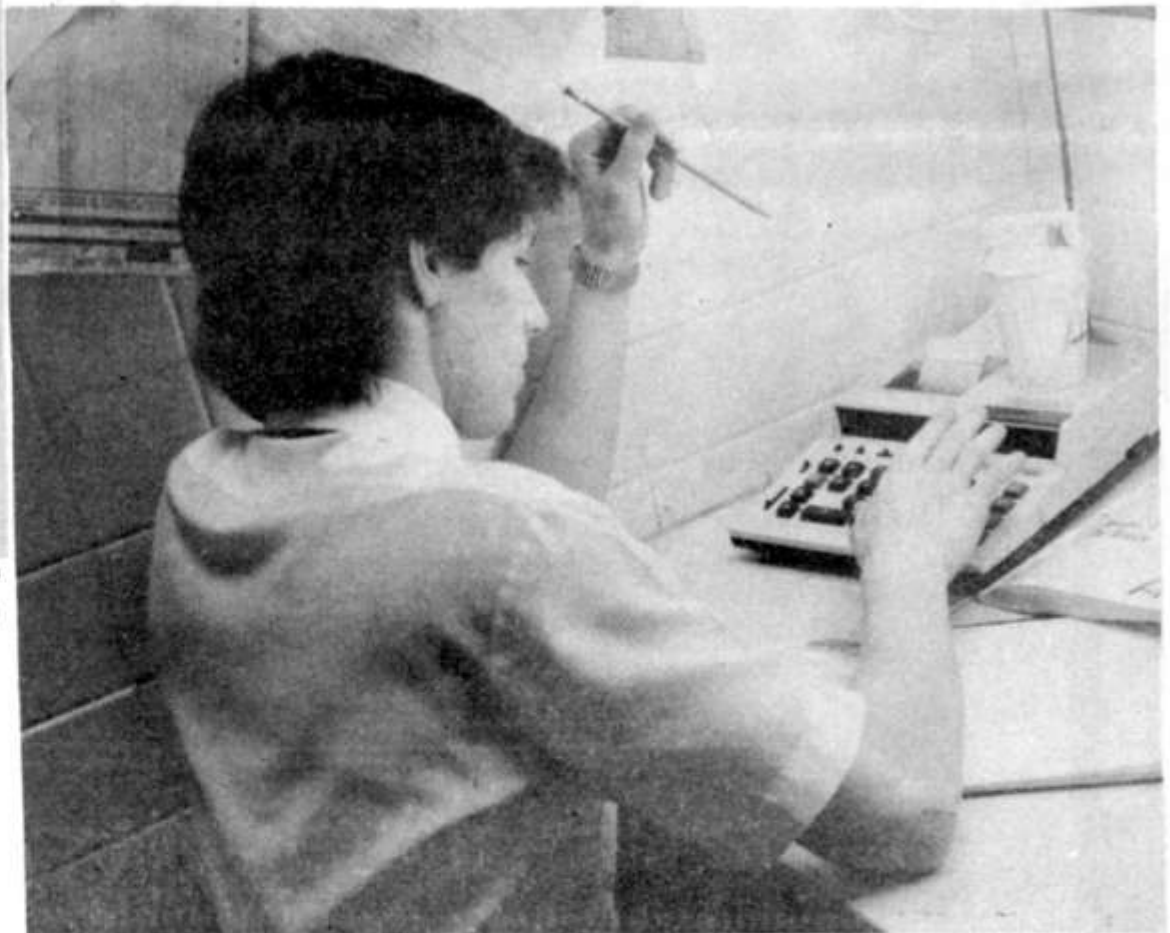


Photo by Keith Thompson

Tommy Renfrew is employed at the Lone Oak McDonalds. He was recently promoted to a swing manager after only six months of working there.

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disadvantages?

Mr. Buddy Rushing, head of the distributive education department, feels that his program provides good training for students. "I believe strongly in the co-op system, it gives students good experience." There are thirty students in this department. The requirements for one to be in DE co-op class are for the students to have taken DE I and II before their senior year.

The agriculture department consists of six co-op students. The sponsor of the agriculture division is Mr. Harold Wood. Like Mr. Rushing, he too thinks that the student co-op program is a good idea and that it gives experience to students.

The third department is business. In charge of the business department is Mrs. Wilma Rucker. "If students want to become a success they have a chance to study and work," commented Mrs. Rucker. "We encourage good work traits." The only requirement for the ten students now in the business co-op division is for them to have had a year of typing.

Senior Jennifer Dodd is one of the forty-six students in the co-op system at Lone Oak. She is in business co-op and works at Albritton's Pharmacy. Jennifer stated that working has no affect on her grades, but it does get tougher near final exams. She feels that her job will help her in the future. "It shows me the conditions I prefer working under, in addition to interesting me in possibly a medical career, from being around the pharmacy."

Scott Overby is also a co-op student, but is in distributive education. He is employed at the Lone Oak Wonder Market. When asked why he works, he stated that it gives him good job experience, along with money. But does it affect his school work? "It's harder to find time to study, but it can be done with planning," added Scott.

Tommy Renfrew's co-op department is business. His place of employment is at McDonald's in Lone Oak. Tommy stated that he enjoys working and six months, he has been promoted to a swing likes the money. After working at McDonalds for

now, may help her in the future.

Boyce Bowerman is employed at two different places: Lone Oak Farm Store and Massac Kountry Kitchen. He works at the farm store during the week after school and at the Kountry Kitchen on weekends. Boyce plans for his earnings to go toward a college education.

Joel Edmondson works at Meis in the men's department. He has worked there for two months and plans to work through college also. Joel stated, "My job doesn't pertain to my field of study, but it will help me in the future because I have learned how to compete and how to deal with people and situations."

Co-op student Lisa Mick has a job at the Lone Oak Middle School in the office. She works from 11:00 to 3:00, which, like Mr. Renfrew, leaves time for her studies. Lisa feels that her job in office work

Susan Housman is a business co-op student. She has worked at Paducah Pharmacy for six years. Her main reason for working is to earn money for college. When asked what she planned to go into she stated, "medical technology."

While the students mentioned above leave school early for work on the co-op system, others have a job after school and/or on the weekends.

For example, Paul Besold works at Western Baptist Hospital on weekends. He works in various departments in the hospital but mainly in physical therapy. Paul sees no change in his grades resulting from his work, especially since he works on weekends.

Another student who works after school is Lee Wylie. She works at the Columbia and Arcade theatres. Lee stated that her main reason for working is to have extra spending money.

Junior Regenia Tracy is employed at Mr. J's mainly for the extra spending money. She works after school and some on the weekends. It has no affect on her grades.

Turner and Wright are unsung heroes

By Lori Keeney

When the Lone Oak fire siren sounds it doesn't phase most people, but to seniors Benji Turner and Scott Wright, it's a call for action.

Benji has been a fire fighter for three years. His interest in the field was sparked by his father and his uncle, who are both volunteer firemen. Benji will graduate mid-term and plans to work in a body shop. He says he will continue volunteer fighting as long as he is able.

Scott Wright started with the Lone Oak Fire Department September 2, 1982. He is still serving his six month trial and training period. According to Scott, no prior knowledge is needed before beginning volunteer work.

After the six month trail period, the captains vote on whether they think the trainee is qualified for the work. If he is accepted he is given a key to the firehouse and made a full fledged member of the volunteer fire department.

After graduation Scott plans to attend Paducah Community College for two years and then go to Murray State. He plans to major in music, but if that doesn't work out, Scott says he'd like to be a registered fireman on a full time basis.

The fire fighters meet on the first and third Thursday of each month to discuss their techniques and equipment.

Senior Cliff McNeeley soon plans to be a member of the Lone Oak-Hendron Volunteer Fire Department.

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Today's many fashions

By Laura Carrico
and Tamara Tucker

Fashions change like the tides, with each year or season bringing in new styles. Whether we think about it or not, the clothes we wear, the styles we go along with, say something about our personalities.

Clothes are like sign-boards. They reveal our class, our values, even our self opinions.

New Wave Fashion

New Wave styles vary greatly, depending on individual preferences. Usually, whatever appears different, unusual, daring, even extreme, speaks for the New Waver. This applies both to dress and hairstyles.

Clothing for girls includes mini skirts, tights, asymmetrical blouses, leather jackets and pants, thin ties, sweat shirts, pointed-toe pumps or flats, and scarves, belts and accessories in leopard spots or any contrasting color.

Guys wear shirts with asymmetrical closings, pants with unusual style or design, leather jackets and pants, thin ties, sweat shirts and T-shirts (sometimes worn torn), coats, pointed-toe dress shoes or tennis shoes, and accessories in tiger stripes or contrasting colors. A popular accessory is dark or colored glasses.

Black is the predominating color, or base color on which an outfit is arranged. Also worn are red, yellow, hot pink, blue, etc., in bold or dark shades, rarely pastel.

A branch of New Wave is called New Romantics.



Total New Wavers are sophomore John Folsom, junior Ken McKinney and senior Laura Carrico. New Wave is one of the fastest growing in popular fashions these days.

Photo by Keith Thompson

In this fashion the styles closely resemble those worn by men in the early seventeenth century. Shirts are loose and billowy as are the trousers which end below the knee; black Hessian boots, are worn. The colors are psychedelic and bright.

Hair styles for both girls and guys are basically short. Flat tops, or closely cropped sides with the front and back longer, are popular styles for guys.

Wearing hair short on the sides and fluffy on top, with the back tapered down the neck, is a popular girls' style.

Many New Wavers follow the styles worn by their favorite groups.

The limits to what one can wear acceptably are almost boundless because of the individual expression New Wavers wish to present.

Individual Styles

Individual styles are exactly that—individual. They are clothes that are comfortable and personal. These might include T-shirts and sweatshirts personalized with names, music groups, places, or favorite cartoon characters. They may range from a favorite flannel shirt and pair of faded jeans to a favorite dress and high-heeled shoes. They may even fit into one of the previous style categories, but they are still individually ours because they identify our personalities, whether it be Preppie or New Waver.

Individual styles conform to the individual. Shown here (left to right) are senior Dan Shaw, junior Rhonda McGregor and senior Lori Keeney. Individual styles are from the heart—they express the wearer's interest and personality.



Photo by Keith Thompson

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The Prairie Look

The Prairie look has gained a lot of prestige this fall and seems to have not set in for a "long winter's nap."

The center, usually, of this look is the prairie skirt—a skirt with a wide ruffle and that often extends to about the middle of the calf. These skirts are often seen worn with the edge of an eyelet petticoat peeking below the hemline.

Prairie-look blouses frequently are ruffled—sometimes with a pilgrim-style collar and sometimes with eyelet lace or double-ruffles down the front. A soft sweater and leg-warmers look good

with prairie skirts, and cowboy boots set the look to perfection.

Prairie styles reflect a sort of old-fashioned quality about the wearer—a return to tradition and the good old western style of femininity. Prairie styles characterize the height of femininity with a sweet look of ruffles galore, eyelet lace, and lot of other soft accents.

The colors of these styles are usually earthy, muted tones of brown, russet, olive, teal, snow-white, and burgundy. Prairie skirts are usually denim or suede but also come in many other colors besides.

highlight individuality

Classic Never Grows Old

Classic clothes are those that just don't go out of style—or if they do, it's not for long.

But the classic look isn't always old-fashioned: the oxford button-down collared shirt is still as classic as Mom's apple pie—it was popular in the 1950's and in recent years has come back as a fashion essential. Classic clothes are often dressy and include a very wide range of all different things. Plains—skirts, shirts, pants, and so on—can be considered classic. And plaids were worn by the Scottish people hundreds of years ago. Tailored suits, with jacket, tie, and/or vest, are very classic and very popular, whether on men or women. This fall and winter tuxedo dressing has almost dominated the fashion scene.

White wing-tipped collar—pleated front shirts black ties, plain or solid cumberbunds, and black pants (and even jackets)—it's tuxedo, and it's as classic as they come. They classic look is elegant: an old Victorian blouse, (or a new one for that matter), straight or pleated skirts, wool pants, etc...Styles that never go out of style.

The materials of classic clothes are as important as the styles themselves. Pendleton, an old and prestigious name in woolens and wool, and a winter essential, has been worn by man since sheep began. Corduroy never goes out of style, nor does oxford cloth or broad cloth. Sweaters are often classic; Angora, Shetland, cabled knit sweaters and especially argyle types. Classic clothes have no real set characteristic colors but black is a very common one because it can be dressed up so many ways—it goes with every color.

Some other fairly basic colors that are considered classic are navy, brown, white, gray, and beige. Classic-dressing people are usually somewhat old-fashioned, tradition minded people—often very romantic and usually perfectionists to a degree. Classic is usually reserved for special occasions or just "once in a while" because of its formal look.



Photo by Keith Thompson

Seniors (left to right) Scott Overby, Tamara Tucker and Lori Pigg wear the classic look. Classic styles are usually quite "dressy"...black tie and straight tie.

The Preppy Scene

The preppy look has been around now for several years and is probably one of today's most popular styles.

Preppy includes a wide range of apparel, from button-down collared oxford cloth shirts to designer jeans and penny loafers. The preppy look has its roots in the 1950's (or even earlier) when button-downs and penny loafers were what "everybody" was wearing. Even the preppy-characteristic color of hot pink was very popular in those days—days when preppy was really the "look of the 50's."

Izod, one of the biggest names in preppy, started in the 1920's and 30's as a shirt for world-famous tennis player Rene Lacoste. Lacoste, who nickname was "the Crock," was the first to wear his "signature" alligator. The shirt later became known as a golf shirt when it was adopted by golf greats like Arnold Palmer and Bing Crosby.

The classic argyle sweater is a really big item in preppy clothes and has been around since at least eh 1900's. The latest look on the preppy horizon is the Polo or Izod style golf shirt worn with a button-down and often a sweater or sweat-shirt as well. Preppy shoes are tasseled penny loafers, top-siders, (in a wide range of colors), and "duck" shoes, and are a vital part of a preppy wardrobe.

Preppy clothes are bright and vibrant—true colors; blue, red, yellow, green, pink, (often green and pink together), purple, and so on. People who dress preppy are usually as vibrant as the colors they wear. They're energetic and outgoing and not afraid to be individuals. Though preppy has its roots "way back in the olden days," it's very much the look to today.



Photo by Tamara Tucker

Junior Keith Thompson, senior Stephanie Edwards and junior Mark Ingram are absolutely preppy. Mark's argyle sweater is a classic also. Preppy is one of the oldest—and most popular—fashion styles of today, and it also has a very promising future.



Photo by Keith Thompson

Seniors Marta Garland and Rhonda Greeno are the Prairie Style. Marta's soft sweater and Rhonda's prairie skirt are totally feminine. Prairie is definitely the style for the winter season!

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Photo by Keith Thompson

Seniors Caroline Atkins and Tammy Burton are as "sporty" as they come! Sporty fashions are some of today's most popular styles—but they're usually seen more in the summer months. Sportswear has a lots of big names too—Esprit, Hang Ten, Campus and so on!

The Sporty Look

The sporty look offers comfortable, fun fashions that are both stylish and affordable. Ensembles include sweat shirts and sweat pants, jogging outfits, mini-skirts with leg-warmers, and sneakers or suede and corduroy boots. Sweatshirts are warm and comfortable, and can be worn alone or over oxford button downs or polo-style shirts. Esprit Sportswear is a popular line, with many creative variations on sweatsuits, jackets, leg-warmers, and leotards.

Sporty clothes are usually in bright, dark, attractive colors, such as purple, turquoise, gold, hot pink, and green. Sporty clothes are more popular in warmer weather, with pastels being the dominant colors.

Yet now there are very few people who dress in one style category all the time. Almost everyone dresses out of two or even all of the style areas, and usually mixing styles from several different groups; and that's what fashion is, wearing the things you feel comfortable in, in order to relay to those around you your personality and your own individuality. Styles may be dictated by the experts but it's you who decides what you will wear.

Clubs plan new year

By Rhonda Lawrence
Art Club

During the Art Club meeting in January, Mrs. Floyd gave a silk-screening program, and told the club about the equipment used for silk-screening. She also showed the process of doing a complete silk-screening project.

FHA HERO

The FHA HERO has been working on projects for Valentines Day. One of the projects will be selling "candy-grams" during homeroom. These will be messages tied to a lolly-pop to send to your favorite Valentine. They will also be selling sweetheart picture frames. A Valentine dinner for FHA members and their guests will be February 7.

At the last meeting Mark Seay was selected FHA sweetheart.

The girls of FHA have been working for the Junior degree and Chapter degree. These are self-improvement projects the student plans for herself and activities she must carry out. She submits the degree to a degree committee for acceptance. If the degree is passed they get either the Junior or Chapter degree depending on how many years they have been in the club. They also get a corresponding key for Junior degree and a scroll for Chapter degree.

Physical Science Club

At the January Physical Science Club meeting a speaker came from the chemistry department of Murray State University. The topic was recombinant DNA. The club members also discussed taking a trip to Vanderbilt University.

Biology Club

The Biology Club has been finishing plans for the winter ecology trip to North Carolina.

FFA Happenings

Sami Crane has been elected as the 1982-83 FFA Sweetheart. This is the second year in a row that Sami has been honored. Mary Ann Wilson was selected as 1st runner-up. Sami will represent Lone Oak FFA in the Regional FFA Sweetheart contest to be held at Murray State University in February.

The Lone Oak FFA delivered Christmas baskets to the needy and elderly during the Christmas season. Members brought fruits and canned goods from home and prepared baskets to deliver.

The Lone Oak FFA is now making plans for the regional FFA contest which will be held in March at Murray State University.

FBLA

The FBLA will be sponsoring a fashion show Feb. 10 at P.C.C. The club members talked about decorating the school for Christmas next year.

Choir sponsors chili supper

By Carol Mueller

The Lone Oak Choir Parents Association will sponsor a chili supper tonight in the school cafeteria before the Lone Oak-Tilghman basketball game. The choir is sponsoring the chili supper to raise money for an upcoming trip to Philadelphia.

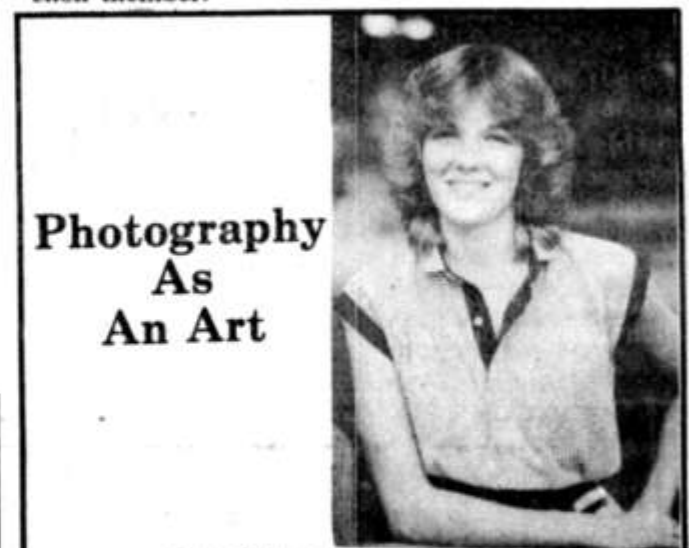
The award winning choir plans to compete in the Liberty Bell Festival of Music held in late April at Philadelphia.

The serving of chili will be from 5 p.m. until around 6 p.m.

Tickets are \$1.75 for students and adults and one dollar for pre-school. The price of the tickets includes chili, hot dog, beverage and dessert.

During the supper the Swing Choir will present a 20 minute program featuring "New York, New York," "Beautiful City," "Ease on Down the Road," and "Oklahoma."

Tickets can be purchased at the door or from any choir member.



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Burton, Habeck lead scorers in Flash victories

By Caroline Atkins

Seniors Tammy Burton and Carol Habeck combined for a total of 69 points to lead the Lady Flash to an overtime victory over Massac County, December 9.

Lone Oak took a 10-0 lead before Massac took over and gained a 19-15 lead at the end of the first quarter. Burton later tied the game at 19 by hitting two freethrows. At halftime Lone Oak led 40-38.

During the fourth quarter the score was tied at 73 with seven seconds left in the game. The Flash failed to score during the remaining seconds and the game went into overtime. Later the score was again tied at 81. Habeck stole the ball with twenty seconds left and hit a layup. Rhonda Hooper hit a freethrow with seconds left to secure the Flash victory.

Burton was high scorer with 35 points and 17 rebounds while Habeck added 34 points and 12 rebounds. Hooper contributed 10 points, Lori Spillman 1 and Marie O'Nan, 4.

Tilghman

Tammy Burton and Carol Habeck tallied for 20 points each while junior Marie O'Nan added 16 points for the Oakers in a 58-45 victory over Tilghman, December 16.

With two seconds left, a twenty-three footer by Burton put the Flash ahead at the end of the first quarter 14-13. Burton scored 10 of her 20 points during the first quarter. Scoring off the fast break put the Flash ahead 31-23 at the half.

During the second half Habeck scored 11 points and vital baskets by O'Nan kept the Flash ahead 43-31 at the end of the third quarter. Lone Oak came away with a 58-43 win.

Senior Rhonda Hooper added 2 points for the Oakers.

LOWES

Lone Oak increased its record to 7-4 by defeating Lowes 66-49, Jan. 7. The Flash paced the game by hitting 56 percent from the field during the first half. At the end of the first quarter the Oakers led 23-12. The halftime score was 41-22, Lone Oak.

The Lady Flash led throughout the second half off several baskets by the team. Tammy Burton led all scorers with 24 points and 14 rebounds. Carol Habeck had 18 points and eight rebounds. Marie O'Nan added 13 points and three assists, while Rhonda Hooper had 3 points. Dana Johnson and Lori Spillman added two points each. Freshmen Shelly Livada scored three points and Krisa Clark hit a freethrow and added four rebounds.

Livingston

"I thought we played pretty good considering it was our first game after the Christmas holidays and that we weren't quite in shape," stated senior Tammy Burton regarding the Lady Flash's 55-50 win over Livingston Central, January 3.

Lone Oak started the game leading but Livingston came back for an 11-10 lead at the end of the first quarter. Marie O'Nan, Carol Habeck, and Rhonda Hooper added baskets for the Flash. During the last seconds of the first half, Burton hit a 20-footer to put the Flash behind by only 24-23 at the half.

Second half action saw Lone Oak coming back to score thirteen points in the third quarter to take a 36-32 lead. Lone Oak finally came away with a 55-50 win over Livingston.

Scoring for the Lady Flash was Burton with 18 points, Habeck with 14, and Hooper with 8. O'Nan, Dana Johnson and Lori Spillman added 8, 5 and 2 points each. The Flash grabbed 45 rebounds and hit 15 freethrows.



(Photo By Keith Thompson)

Senior Rhonda Hooper looks for an opening in the Devil's defense.

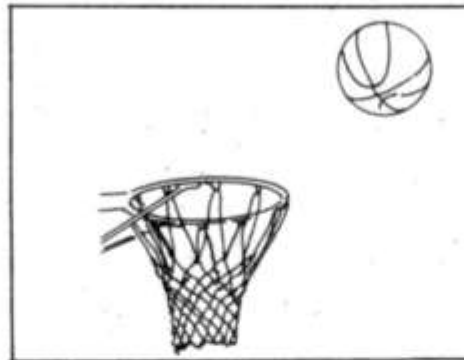


Photo by Keith Thompson

Junior Marie O'Nan goes up for a lay up during the Lowes game.

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Lady Flash improves record to 11-4

St. Mary

By Caroline Atkins

The Lady Flash played St. Mary, January 18, and came away with a 62-59 victory.

The Flash suffered from bad passes and missed shots during the first quarter. At the end of the quarter Lone Oak trailed, 18-10. Minutes before the half several steals put the Oakers ahead 29-27 at the half.

During the second half several three point plays helped the Flash maintain their lead. Lone Oak hit eleven of fifteen from the freethrow line. At the end of the third quarter the score was 47-38, a nine point lead. St. Mary came back during the final minutes but Lone Oak kept control, winning 62-59.

Tammy Burton led the scoring with 27 points, while Carol Habeck added 15 points. Junior Marie O'Nan scored 11 points and Rhonda Hooper added nine points.

Lyon County

The Lady Flash gained their eighth victory for the season as they defeated Lyon County 65-55 on January 10.

Carol Habeck and Tammy Burton, who are both on the Paducah Suns list of leading scorers, led the Flash by scoring 19 and 31 points each.

The Oakers established an early lead at the beginning of the game, later jumping ahead to a 13-4 first quarter lead. Halftime saw the Flash ahead 27-12.

Senior Rhonda Hooper scored eight points, six in the third quarter, before fouling out. At the end of the third quarter the Flash maintained a 46-31 lead. The final score was 65-55.

Guard Marie O'Nan contributed seven points to the game. Burton led the team with 20 rebounds while Habeck grabbed 13.

REIDLAND

The Flash hosted Reidland on January 25 and battled for a 69-68 victory. This game improved Lone Oak's record to 11-4.

Neither team managed to break away with a big lead although the Oaker's had a 65-60 lead with less than two minutes left in the game. The teams were tied at the end of the first quarter at 11, but the Flash led 22-21 at the half.

Both teams fought but Lone Oak came up ahead at the end of the third quarter. With the Oaker's leading 69-66, with six seconds left, a moving violations at the freethrow line was called. Senior Tammy Burton was denied her freethrows and Reidland had the ball. The Greyhounds added two more points before the final buzzer sounded.

Scoring for the Flash was led by Burton with 28 while Carol Habeck and Marie O'Nan added 25 and six points each. Rhonda Hooper and Dana Johnson added three and seven points respectively.

HEATH

The Flash defeated Heath 50-46, on January 14. This marked Lone Oak's ninth win out of 13 games. The Flash led the first quarter 14-10, but Heath managed to tie the game at 23 at halftime. During the third quarter the Flash spurted ahead for a 35-29 lead. Reidland came back during the fourth quarter but the Oaker's held on to win 50-46.

Tammy Burton and Carol Habeck poured in 19 and 16 points each, while Rhonda Hooper scored five and Dana Johnson added four. Melody Smith, Lori Spillman and Amy Grimes contributed two points each.

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The mean and hungry type,
Nothing to Do, Seen 'em here before.
Watching and waiting
Though their looking so calm
They're only out to score.
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What they think will be a good game,
The Flash are wild,
You can tell by the way they pass that ball,
Shooting and scoring,
If you're ready to win
You ain't gonna get to far.

Chorus

Oh, here they come,
Watch out Tilghman,

They'll chew you up,
Oh, here they come,
They're the Purple Flash
Sing Chorus Again

I wouldn't if I were you,
I know what they can do,
They're deadly man,
They could really rip your team apart,
Grabbin a rebound,
The drive is there and winning is in their heart.

Repeat Chorus Twice



Photo by Keith Thompson

Carol Habeck rebounds the ball while junior Lori Spillman lends a helping hand.

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For Your
"Memorable Moments"

Flash plays games in December

By Joe Fosko

Since the last issue of the Oak K, the Purple Flash have played 12 games.

In December the Flash played eight games, winning three and losing five. The wins were over Reidland, Massac County, which stopped a four-game losing streak, and St. Mary, in the first round of the PTHS Christmas Tournament. The losses were to Lyon County, by one point, Caldwell, Tilghman, Livingston Central and Calloway County.

On December 27 the Flash played St. Mary in the first round of the Tilghman Christmas Tournament. The Flash won by a score of 48-46. The Vikings jumped to an early 8-2 lead before three straight baskets by Tony Snelling brought the Flash back. The two teams were tied at the half. In the second half St. Mary got an early lead before a Lone Oak timeout with 2:30 left found the Flash down 37-31. But Lone Oak scored five unanswered points to pull within one at the end of the third quarter. In the fourth quarter, the Flash held a two point lead with

seconds remaining but a Lone Oak foul put a Viking at the free-throw line with :01 remaining. But he missed both free-throws and senior forward Andy Gilland slapped the rebound away at the buzzer. Gilland led all scorers with 24 points and also had 14 rebounds. Snelling scored nine, with nine rebounds and sophomore guards Stan Norris and J. D. Overton scored eight and six respectively. The Flash out-rebounded St. Mary 36-23.

The next night the Flash met Livingston Central in a rematch of the St. Mary Tournament Semi-Finals. The Flash were hampered by foul trouble throughout the game. When Snelling got his third foul early in the second quarter, sophomore J. D. Overton hit two straight baskets to help keep the game from becoming a blowout. The Flash couldn't come back, however, losing 60-56.

Gilland led the Flash in scoring with 14 points. Snelling and Overton added 10 points apiece, and Kevin Wheatley and Norris scored eight points each. Lone Oak shot 49 percent (23-27) from the field and out-rebounded the Cardinals 32-24.

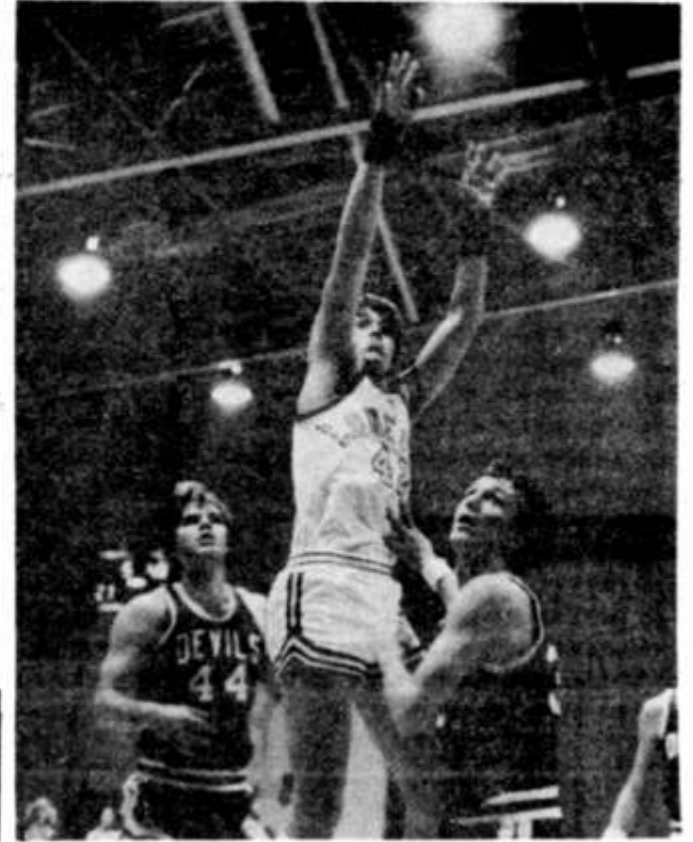


Photo by Keith Thompson

Center Tony Snelling's jump hypnotises several Lowes players.

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 But keep them to yourself and hidden in a private place.
 And even those you have will die and fade away.

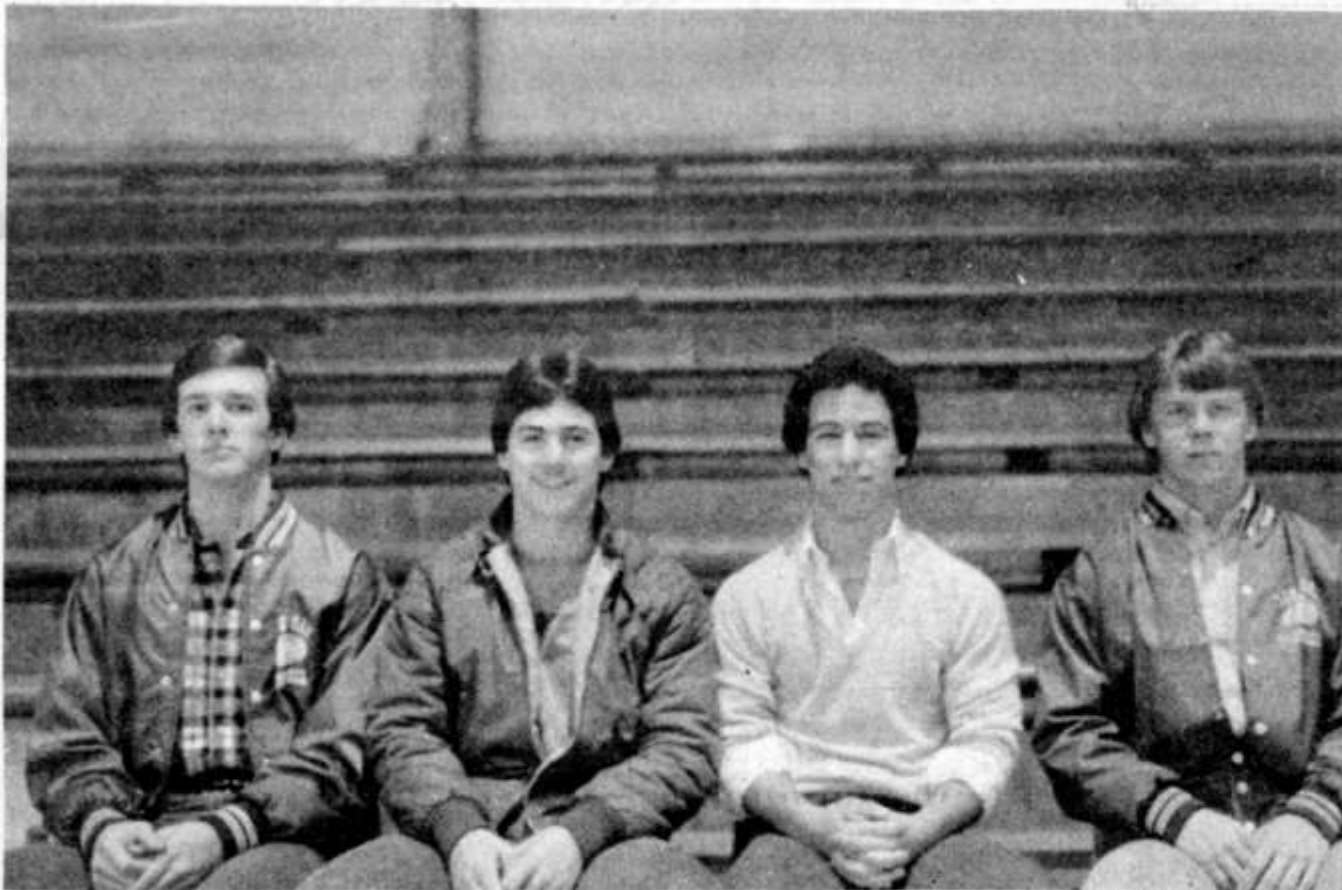


Photo by Keith Thompson

Shown above are the big-trophy winners, from the Football Banquet, Dec. 11. (Left to right) Kevin Wheatley, winner of the Most Valuable Lineman award; Kevin Hinkle, winner of the Best Hitter award; Tony Cipolla, winner of the Most Valuable Back award; and Tommy Farthing, who was presented the Richard Byrd award, all are seniors. At the banquet all seniors were given an honorary award. Tommy Farthing and Kevin Wheatley were given three year "Hard Rock" awards for missing no practices in three years. Two and one-year "Hard Rock" awards were also presented.

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Flash begins New Year with win over Lowes

By Joey Fosko

The Flash's first game of the new year took place on January 7 as the Flash hosted Lowes.

One of the biggest crowds Lone Oak so far this year watched the two teams play to a 21-21 tie at halftime. Third quarter was more of the same, but Lone Oak managed to pull ahead 32-31 at the end. But in the fourth quarter the Flash ran off a 10-2 spurt to pull ahead 42-33 with six minutes left. Good freethrow shooting down the stretch preserved the victory. The final score was 54-43.

Gilland led all scorers with 21 points. Snelling scored 18 and pulled down 13 rebounds. Wheatley and Norris added six and five respectively. The Flash shot 52 percent from the field on 17 of 33 shooting.

On January 11 the Flash traveled to Bardwell to take on the region's number one and the state's third ranked team, the Carlisle County Comets. The Comets proved to be too powerful for the Flash as they hammered out a 73-48 victory. The Comets shot 60 percent from the field.

Gilland led the Flash in scoring with 12. Norris scored 10, and Snelling and Overton score eight each. The Comets' defense forced the Flash to shoot only 43 percent (23 for 53) on the night.

January 14 the Flash returned home to host the Heath Pirates. The winless Pirates played surprisingly tough as they went to the locker room down by

only one at the half. But a spirited second change helped the Flash to dominate the second half. The Flash won 75-58.

Seniors Gilland, Snelling, and Wheatley formed a 1-2-3 punch, combining for 58 points and 29 rebounds. Along with his six assists, Gilland had 24 points and 10 rebounds. Wheatley had 13 points and 11 rebounds. Snelling scored 21 and grabbed eight rebounds. The Flash hit 36 out of 66 shots for 55 percent and outrebounded the Pirates 37-23, which included a 21-7 edge in the second half.

Four nights later the Oakers traveled to St. Mary to take on the Vikings and managed to pull out a 58-56 victory on John Davis' two freethrows with one second left in the game. At the start of the game the Flash looked as if they might blowout the Vikings, taking a 16-8 lead after one quarter. But when Snelling committed his third foul in the second quarter, it turned out to be a dog fight. Lone Oak had apparently sewed up the victory late in the game, but St. Mary fought to tie the game at 56 with 45 seconds left. As Davis attempted a twelve footer, he was fouled and hit the two shots to win the game.

Gilland once again led all scorers with 24 points and had seven rebounds. Wheatley had 10 points. Snelling led the Flash in rebounds with nine. The Flash hit 20-25 freethrows for 80 percent.

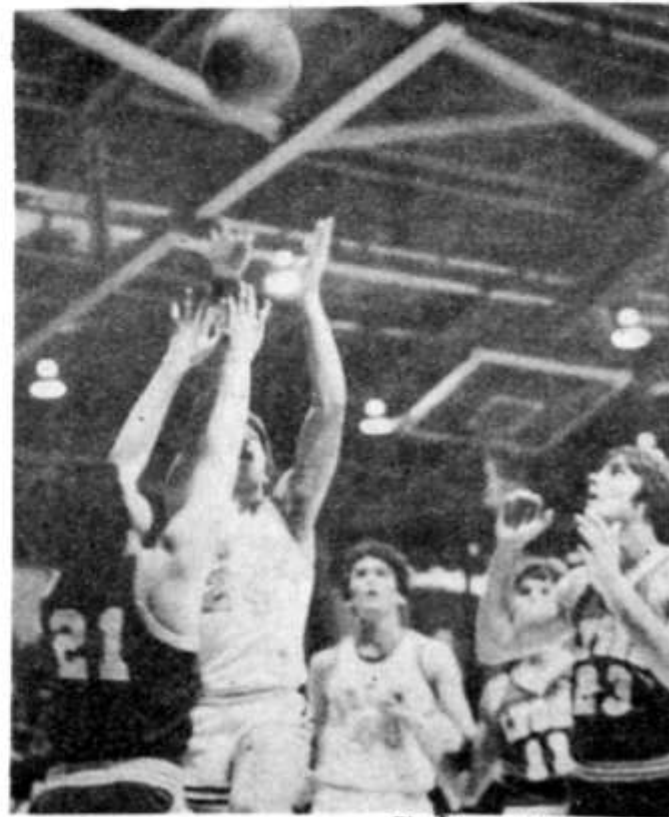


Photo by Keith Thompson
John Davis goes inside for two points against the Lyon's defense.



Andy Gilland jumps over a Lyon player to rebound for the Flash.

Photo by Keith Thompson

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