



THE OAK K

Lone Oak High School
Issue Number 3
January 29, 1979
Paducah, Kentucky



Theresa Bearden



Kelly Siegfried



Nancy Williams

Bearden, Siegfried, Williams Are Queen Candidates

By: Michelle Hendricks

Theresa Bearden, Kelly Siegfried, and Nancy Williams, seniors, are nominees to be Lone Oak's Basketball Homecoming Queen. The Queen will be chosen at the Lone Oak-Lowes ballgame on February 3.

The class attendants have already been chosen. Representing the Junior Class will be Gayla Lane. The sophomore attendant will be Marsha Dexter, and Kim Tidwell will represent the Freshman Class.

Theresa Bearden, daughter of Mr. and Mrs. Charles A. Bearden, lives at 343 Pepper Lane. Theresa has been active in band, basketball, Tri-Hi-Y, FBLA, Student Council, and President of the Music Club her Junior year.

In her spare time, she enjoys basketball, water skiing, and softball. She plans to be married in August.

Kelly Siegfried, daughter of Mr. and Mrs. Roland Siegfried, lives at 205 Lakeview Drive. Her escort will be Terry Quinlan, son of Mr. and Mrs. Bill Quinlan, 805 Krieb Station Road.

Kelly moved to Paducah her sophomore year from Cincinnati, Ohio. She is a member of Music Club, Quad-State Band, All-State Band, All District Band, Kentucky Summer Wind Ensemble and Quad-State Soloist of the Year.

Kelly currently works at Burger Queen, and after graduation plans to attend college to study music

Nancy Williams, daughter of Mr. and Mrs. John Williams, lives at 270 Andromeda. Her escort will be Charles Bechtold, Old Mayfield Road.

Nancy has been active in FBLA, Phi Alpha Delta Sorority, Music Club, Football Homecoming Attendant, Freshman Cheerleader, and Class Officer her sophomore and senior years. She also enjoys softball, water skiing, and horseback riding.

Nancy works for Purchase Printers and plans to attend college.

The Junior Class nominated Gayla Lane to be the Junior attendant. Gayla and her parents, Mr. and Mrs. R.T. Lane Jr., live at 236 Gillhaven Drive.

At school Gayla is active in DECA, and Art Club, while at

home she spends her time riding her motorcycle. Gayla is a member of Tau Phi Lambda Sorority.

Marsha Dexter of 110 Susan Lane is the Sophomore attendant. Her parents, are Glenn Dexter and Donna Dexter.

Marsha is involved in Biology Club and Phi Alpha Delta Sorority. Her hobbies are showing horses and swimming.

Kim Tidwell, daughter of Mr. and Mrs. Buddy Tidwell is the Freshman attendant. She lives at 135 Petter Avenue.

Kim enjoys swimming, tennis, and playing the piano.

She is active in Swing Choir, Tennis Team, and Vice-President of the Freshman Biology Club.



78-79 Basketball Homecoming Queen Attendants: Junior Gayla Lane, Sophomore Marsha Dexter and Freshman Kim Tidwell.

Cable Television Arrives In Area

By: Donna Groves

Recently a new source of entertainment called Cable Television arrived in the Lone Oak Area. It is an improvement over the normal programming of television, providing this area with channels 2-13 and a Home Box Office station which shows movies, sports events, and specials.

The different channels provide a better variety of programs. Channel 2 is a local station used as a community billboard and also plays F.M. music. Channel 3, broadcasting from Harrisburg, Illinois, is connected with the ABC network and southern Illinois local programs. Atlanta, Georgia provides the area with independent 24-hour programming on Channel 4. Channels 5 and 6 broadcast Paducah local programs and those of the NBC network.

Independent programming is provided on Nashville's Channel 7. Channel 8 from Carbondale, Illinois, shows Southern Illinois local and public broadcasts. Channel 9, a local station provides educational access and colorful F.M. music. Murray gives us Public broadcasting and programming of interest to the Paducah area on Channel 10. Channel 11 is a local station with government access, local weather information and F.M. music. Channel 12 of Cape

Girardeau, Missouri, is connected with the CBS network and Southern Missouri and Illinois local area. Channel 13 provides 24-hour news, financial reports, and sports.

By tuning the television channel selector to Channel 4 and switching the converter box to "premium", a customer may receive the Home Box Office. "Oh, God!", "Heroes", "The World's Greatest Lover", "Coming Home", "Silver Streak", "Big Wednesday", and the Electric Light Orchestra in concert are upcoming events on the Home Box Office.

A customer may receive channels 2-13 alone at a cost of \$5.95 per month. For each additional outlet, such as a second television set, \$1.50 is added to each bill, and for another \$8.95 the Home Box Office converter will be installed. Each customer is entitled to a free installation if he waits until cable TV is installed on his street, or he may call Comcast Cable of Paducah at 442-6382 for an immediate hook-up.



Most Likely To Succeed..

Did They Really ?

By: Michelle Hendricks

Every year superlatives are selected from the senior graduating class. After a little bit of sleuthing, it was discovered that ones chosen "Most Likely To Succeed" really did!

The class of 1975 chose Janwin Overstreet as "Miss Most Likely to Succeed". Since then, Janwin left Paducah to live in Murray, and attend Murray State University.

She is currently a senior and is majoring in Music Education. Janwin hopes to attend the University of Kentucky in Lexington and then teach on the college level.

Patti Boyd was chosen as "Miss Most Likely to Succeed" by the 1974 graduating class. Patti graduated Magna Cumlaude,

from David Lipscomb College in Nashville, Tennessee. She majored in Kindergarten and Elementary Education, and is currently living in Cookeville, Tennessee.

"Miss Most Likely to Succeed" of the class of 1969 was Susan McGuire. Susan studied nine years at the University of Kentucky in Lexington to be a doctor.

She is currently a doctor of internal medicine and psychiatry in Lexington, Kentucky.

In past years, students have done a good job of picking the superlatives. Whoever receives the title of Mr. or Miss "Most Likely To Succeed", has a tough job of upholding this honor.

Factors May Influence College Choice

By: Greta Hipp

A new year has begun and 1979 has brought with it many different outlooks for the future. For many seniors that future will be determined in their college choice. A student should ask himself many questions before he makes a final decision.

One very major factor the student should consider when choosing a college is the TYPE of college education he desires. Liberal arts colleges offer a well-rounded development in the basics, whereas other colleges might specialize in a certain field such as business or music.

The question of expense seems to be the main concern to most. Today, colleges and government offer financial aid programs, grants, and scholarships designed so that practically every student with the desire to attend college may do so. Financial aid is given according to need in addition to academic achievement.

Once the type of college is chosen, the decision of AREA should be considered. Whether the student can cope with the transition of going away to school and living on campus or prefers to attend a local college must be decided by the student after considering the demands of both situations, and discussion with parents and counselor.

Another question the student should ask himself is what SIZE of college to attend. The atmosphere of a large college or university differs greatly from the atmosphere of a small private college. The student should consider whether he functions more efficiently under the more impersonal conditions of a university or the close conditions of a small college. Many students find the small number of students at a small school too restrictive, while others find that being "a number" at a university is too impersonal. This difference makes the question of size a very important one.

There are many other factors which will determine the student's choice, such as the preference for a church-sponsored, state, or private school; for a school that is all-male, all female, or co-ed; for a two-year or four-year college. All these questions require the serious consideration on the part of the student, as the answers will affect the course of his future. Now is the time for the student to come to his conclusion and send in his application so that he may be accepted at the college of his choice.

Good Luck Lone Oak High School Seniors! Hopefully your final decision will be a wise and rewarding one.

You Make The Choice...

Bob Steele: Friend or Foe?

By: Cheryl Housman

Bob Steele is a familiar figure seen by students in the hall. Even though he is friendly with everyone and has a personal greeting for many, one still shudders at the thought of being called in the office for a "strictly business" visit with him. In order to find out exactly what his function is, we decided to talk with him about his responsibilities in his job.

school from the age of 7-16," noted Mr. Steele. "After the age of 16, attendance is up to the individual." There are various reasons for people dropping out of school. Some students decide to work, some marry, some students just lose interest.

Mr. Steele mentioned that the drop out rate is declining because the curriculum has changed. There is more for the student to become involved in.

He explained that the main part of his job is to keep students' records at the Board of Education. These records are kept from the time a student enters school until graduation. They contain information concerning grades, attendance, and test scores. The information is sometimes used by the student later for such things as age verification for Social Security, jobs, or college. Sometimes records may be sent to a college or place of employment if the student requests it.

Skipping school is another "activity" that some students are participating in. This occurs even though school or teachers may not be the problem. There are some cases that problems outside of school persuade individuals to skip.

Mr. Steele may occasionally catch someone skipping, but he does not usually deal with them. They are taken back to their respective schools where the principal and Mr. Steele discuss the circumstances under which the student was caught and why he is skipping.

Besides working with the three McCracken County High Schools, he also works with three middle schools and seven elementary schools.

"Their are various reasons for skipping, but the main thing that contributes to the problem is a driver's license. This is not saying that those students with a driver's license are branded as those who skip school. Those students who are prone to skip find the urge greater with this opportunity," explained Mr. Steele.

Mr. Steele also made the comment that there are children who have special needs. In this situation the Board of Education tries to refer them to a social service or agency that can fill their needs.

"The Kentucky School Law requires that a student must go to

Letter To The Editors

Dear Editors,

We would like to credit Mr. Behrendt, the teachers, band, cheerleaders, team, and the student body for their sincere efforts to improve pep rallies and the school spirit.

We really feel that this effort to improve the pep rallies will encourage more students to attend the games and back the Purple Flash!!

Gratefully,
Seniors
Greta Hipp
Kim Pleasant

Marijuana Survey Taken

By: Gaye Watson and Susan Darnell

Marijuana has become a topic of much discussion among parents, teenagers, and others who are involved or concerned. We've all heard many pro's and con's about this drug. Is pot harmful? Does it lead to the use of harder drugs? Should marijuana be legalized? There has been great controversy over these questions.

We recently took a survey on the extent of marijuana use at LOHS. 50 seniors, 32 juniors, 40 sophomores, and 47 freshmen were polled. The survey went as follows:

Have you ever tried pot?

Seniors - Yes, 50%
Juniors - Yes, 62%
Sophomores - Yes, 75%
Freshmen - Yes, 33%

Do you smoke pot regularly?

Seniors - Yes, 40%
Juniors - Yes, 17%
Sophomores - Yes, 50%
Freshmen - Yes, 20%

Do the majority of your friends smoke pot?

Seniors - Yes, 50%
Juniors - Yes, 50%
Sophomores - Yes, 75%
Freshmen - Yes, 33%

Do you think pot is harmful to the human body?

Seniors - Yes, 75%
Juniors - Yes, 50%
Sophomores - Yes, 75%
Freshmen - Yes, 55%

When asked their reason for smoking marijuana, most all the students commented, "To get high!" or "For fun." Relief from problems was another popular reason. Only ten students in all the four grades stated they tried pot because of pressures from their peers.

Two homerooms from each of the four grades were picked at random to answer the preceding questions.

Guidance From Griffith

By: Penny Wheatley

Now that the second half of this school year has begun, there are many seniors thinking about going to college. Most seniors don't realize just how many scholarships are available. One does not have to be in the top of his class scholastically to apply. Almost any state or private college offers scholarships to those who will apply. Your application must be in by March 1, 1979, so apply now to the college of your choice.

Here are just a few scholarships that are offered each year:

- The Lone Oak Women's Club
- The Lone Oak Elementary PTA
- John Robinson Scholarship
- Paducah Community College Academic Scholarship
- Western Kentucky Board of

Regents

- Draughton's Business College
- Future Business Leaders of America (2 year and 4 year)
- Delta Kappa Gamma
- Tri-Hi-Y
- Western Kentucky Gas State Scholarship for Civil Engineering

Murray State University offers a Presidential Scholarship and an Alumni Scholarship as well as several music scholarships. Various business scholarships are also offered.

You can benefit greatly by applying for a scholarship, as they can aid you financially in going to college. The deadline on the applications is March 1, 1979, so get your application in now.

Chet's Critique

By: Chet Overstreet

The new year has rolled in and with it the movie makers have reeled out several new flicks.

Of the new films, several will make their way to the Paducah area. Coming soon to the Columbia or Arcade Theatres will be "The Boys From Brazil", a movie about the cloning of a high Nazi official to try to raise the Third Reich back to power; "Midnight Express", the true story of Billy Hayes, a young man busted for having drugs in Turkey; and "Force 10 From Navarone" which stars Robert Shaw, Harrison Ford, Barbara Bach, and Franco Nero. Other movies coming in the near future will be "King Of The Gypsies". This story is about a group of Gypsies who are choosing a new king. The Gypsies have their own language, their own code of sex, honor, vengeance, and their own way of choosing a king. Sterling Hayden, Shelly Winters, and Brooke Shields will star in the movie. Another film, "Ice Castles", stars Robby Benson, and Colleen Dewhurst. Sophia Loren, John Cassavetes, and George Kennedy will appear in "Brass Target", a

movie about 250 million dollars in gold which the Germans hid, the Russians want, the Americans stole and for which General Patton may die.

Soon to hit the two Paducah Cinema theatres will be "The Wiz". This is a take off of the original film, "The Wizard of Oz", which starred Judy Garland. The new movie stars Diana Ross as Dorothy who loses her way in a snow storm and then searches for the "Wiz" who is played by Richard Pryor. As in the old film, Dorothy finds a scarecrow, played by Michael Jackson, a tin woodsman, played by Nippy Russell, and a cowardly lion played by Ted Ross. The movie is a musical and should be here soon. Another film, "The Lord of the Rings", should also be here soon. It is based on J.R. Tolkien's book, "The Lord of the Rings", and it is animated. "Magic", another new movie stars Ann-Margaret. It is a terrifying love story about a man and his ventriloquist dummy. The doll has some power over the man or at least the man thinks it does and it can tell the man what to do.

THE OAK K

The OAK K, a Blue Banner newspaper, is edited and managed by a staff of Lone Oak High School students. Advertising space may be bought at the price of \$2 per column inch. Mail subscriptions may be purchased at the annual rate of \$2.50 plus postage.

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Mr. and Mrs. Behrendt posing with a native Hawaiian.

Carol Freeman Is Jr. Rotarian

By: Michelle Hendricks

During January, Carol Freeman left her busy schedule of classes at Lone Oak to attend Rotary Club luncheons at Grief's.

Carol, a senior, was chosen as January's Jr. Rotarian on the basis of her academic achievements.

She attended the Rotary luncheons every Wednesday, listened to the guest speaker, ate lunch, and conversed with area businessmen.

Carol's full schedule of classes consists of Calculus, Physics, English, Physiology, and Journalism. She also finds time to be actively involved in Phi Alpha Delta sorority, Tennis Team, Sports Editor of the Oak K, Vice-President of Physical Science Club, and Varsity Boys Basketball Manager.

After graduation, Carol plans on attending either Vanderbilt or Southwestern in Tennessee to major in pre-law or pre-med.

Carol's thoughts concerning being Jr. Rotarian are: "I felt privileged to represent Lone Oak as a Jr. Rotarian because I think Lone Oak is a great school".



Carol Freeman

Mr. Behrendt Experiences Different Holiday

By: Connie Miller and Shari Murphy

From December 22 to December 31, Mr. Behrendt, his wife Blondell, and his daughter Arletta, were taking a Christmas vacation in Hawaii. While the Behrendts were happily on their way to Hawaii, their luggage was en route to Japan, but finally made it to Hawaii.

Their first stop was Honolulu where they spent the first four days at the Beach Comber Inn. While in Honolulu they visited Pearl Harbor. At the Moana Hotel they attended a show called Tavana's Polynesia where they saw many different Polynesian dances performed. Another of the outstanding shows they saw was a group called the "Society of Seven" at the Outrigger Hotel.

Next they took a tour of the Island of Oahu where they saw the place where the Elvis Presley movie "Blue Hawaii" was made.

From Honolulu they went to Maui for four more days where they stayed at the Maui Surf Hotel. While in Maui they took several tours. One tour was of cane fields and another through the jungle where they ate a "weed salad".

A boat trip was taken to Pineapple Island where they learned of the fruit called "fruit salad". The "fruit salad" is a special kind of fruit that produces different tastes to different individuals, even though they are all eating the same fruit.

Mr. Behrendt stated that he learned many things while in Hawaii. He learned how to snorkel and also learned that the natives only go to the store three times a year. Bananas are 32 cents each in Hawaii whereas in Paducah they are approximately 23 to 25 cents a pound. Mr. Behrendt stated that none of the Hawaiians own their land; they lease it from the government. He also commented, "Hawaii is the cleanest place I've ever been to."

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Phillips Saves Child

By: Carol Freeman
 Senior Jimmy Phillips saved a 3 year-old boy's life using the Heimlich method that he learned in Mr. McGroarty's physiology class. Jimmy's mother was babysitting the youngster

when he began to choke on a piece of candy. His mother's reaction was to slap the child on the back. (This was a previously accepted method, but new research has shown that slapping a choking victim may lodge the particle

deeper in the windpipe.) Realizing that the boy was choking, Jimmy rushed to the child. He put his arms around the child, locked his hands together, and pushed the boy's stomach with a sharp upward thrust. Then the candy was expelled.

What if the victim had been so big that Jimmy couldn't have placed his arms around the person? He should have found a cloth, grasped the victim's tongue, and pulled it until the particle was expelled. This technique is called the Healey method, named after the doctor who discovered it.



Senior Jimmy Phillips squeezes Junior Camilla Calhoun to demonstrate the Heimlich Method of saving a choking victim.

All Staters Are Stated

By: Chet Overstreet

After weeks and weeks of preparation several members of the Lone Oak High School Choir and Band auditioned for positions in the All-State Chorus and All-State Band.

Members of the choir traveled to Murray in November to try-out. Of those who auditioned several students made the All-State Chorus. Junior Terri Taylor and sophomore Susan Edwards were chosen for the soprano section. Susan Minton, junior, was picked for the alto. Seniors David Herring and Budde Garland and junior Eric Hall will participate with the tenors.

The individuals who tried out were required to perform in front of a panel of judges. As many as 250 to 300 students from the entire state will meet in Louisville on March 29 to begin a three practice session and then to perform on March 31.

The students who auditioned for All-State Band were required to perform in front of two judges at Tilghman High School back in November. These judges taped the performances and the best tapes were sent to the All-State Band Chairman who had a panel of judges pick the best of these tapes. From Lone Oak, senior Kelly Siegfried and sophomore Mary Jane Rouse will join the clarinet section and Todd Dowdy, freshman, will be in the alto saxophone section.

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Souder, Bass Preside At Conference

The Lone Oak High School Distributive Education Clubs of America will be attending the Region I DECA conference on Monday, January 29, at the Murray State University. Regional officers Patty Souder and Mark Bass will be presiding at the conference. Forty Lone Oak DECA students will be entering several marketing and merchandising contests. The winners and runner-up will attend the State Conference at Louisville March 9, 10, and 11



Sophomores Ginger Ayers and Marsha Dexter along with Junior Gaye Watson and Senior Greta Hipp model these warm and stylish boots and coats.



Here are four different styles of Leather boots, pull-on mid-calf lace-up full length, dressy off-white mid-calf, and buckled full length.

Susan's Styles

By: Susan Darnell

The idea this winter is keeping warm and dry when the weather isn't! This starts with your feet.

Wearing boots is one of the best solutions for keeping warm and dry. A good pair of boots can be worn almost endlessly if properly cared for before winter's worst months and after each wearing.

Here are a few tips on protecting your leather boots: First, apply animal oil or silicone for a water-repellent. Both work equally well, yet each has its disadvantages. Mink oil if misused will darken light leather and tend to feel sticky. Silicone might overshine leather. So don't over-use either of these.

Here are two alternatives if you're caught in rain or snow. When you get home rub on some Vaseline and your favorite rub or spray. Apply it generously in leakprone, thread-sewn seam areas.

Silicone or mink oil doesn't prevent staining from salt on the roads and sidewalks. But there is a special anti-salt compound sold at many department and shoe stores. If you're caught without, rinse boots immediately with cold water.

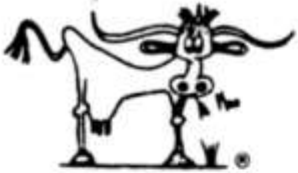
Always allow wet boots to dry slowly at room temperature. Never force-dry leather with a heater or fire. If boots are saturated, stuff them with newspaper or paper towels to absorb moisture.

Here are three tips about cold

weather recreation: First, never wear tight or constricting shoes, boots, or clothes. Allow blood to circulate, otherwise you are more susceptible to frostbite and the cold. Second, when jogging breathe through nose instead of mouth, allowing air to warm before entering lungs. And third, it is best to wear dark clothing out in the snow for it absorbs heat from sun and daylight easier, thus keeping you much warmer.

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Canadian Goose

Hunting...

Where To Go And Why?

By: Shari Murphy and Connie Miller

Football, Basketball, Tennis, Baseball, Track. There is a never-ending line of sports in which one can compete; however, a sport which isn't publicized quite so much is hunting. Hunting is a very competitive sport, although most people hunt simply for pleasure.

Hunting is a year-round sport and many of the students and teachers at Lone Oak High School enjoy this activity. Jim Mizell, who is a history teacher, assistant football coach and baseball coach, prefers duck and goose hunting. Mizell likes to hunt on weekends and during Christmas vacation and he can usually be found at Barkley Lake or in Ballard County. He has found that the best time to hunt is in the early morning or late afternoon and he usually uses a 30-inch full choke 12 gauge with a 3 inch magnum chamber.

Another duck hunter is Freshman Steve Vaughn. Steve likes to hunt on a cloudy day in December and he's usually found in Ballard County or at the Mayfield Creek Bottoms. Steve uses a retriever and usually hunts two to three times a week. He's found that the best gun to use is a Remington 1100 12 gauge.

For duck hunting, the duck blind is a popular accessory. Fancy blinds such as the floating battery are seldom used today. In the Arkansas pinoak bottoms, hunters merely lean against a tree. Uncomplicated stake blinds consist of branches or reeds cut nearby and hoveled into sand or mud in a circle or square. It's natural and it works! Goose hunters in the Midwest often fool the birds simply by pulling wheat straw or other crop stalks over themselves in harvested fields.

Two main rules in waterfowling that should be remembered are:

Rule 1 - Move nothing but your eyes when ducks are working and they'll probably never notice you.

Rule 2 - Wear clothing that blends with surrounding terrain.

Freshman Danny Beyer's specialty is quail. When asked where he likes to hunt, he simply replied, "Everywhere!" He uses a Brittany Spaniel to help him out and he also uses a Remington 1100.

Dane Fulkerson, junior, does quite a bit of quail hunting, too. Dane uses pointers and golden setters to help him hunt. He enjoys hunting during the winter months very early in the morning. He likes to use any type of shotgun that is light and has a short barrel, preferably automatic

Quail Hunting is quite a different story. Learning how to walk past dogs on point and kick up a covey of quail seems to be difficult for many hunters. They tend to get blocked by brush and get out of position. They fland out 20 to 40 feet from the pointing dogs and then stop and wait. What are they waiting for? The dogs have been trained to hold, but the hunters act as though they're hunting over flushing dogs. The hunters must be praying that the birds will fly while they have an open shot and are all set. They need to crash past the dogs and flush the quail, at least partly controlling the situation. Two wildlife management areas in West Kentucky offer good quail and rabbit hunting. The Higginson-Henry area in Union County, two miles east of Morganfield has 5,420 acres. It includes some excellent natural and managed fields. The West Kentucky area in McCracken County has 6,986 acres of mostly flat terrain with lots of old farms.

Of The Month

- Senior Girl: Patty Souder
- Senior Boy: Bruce Tucker
- Junior Girl: Angie Jones
- Junior Boy: Randall Cruse
- Sophomore Girl: Karen Houser
- Sophomore Boy: Mike Hartig
- Freshman Girl: Lisa Thompson
- Freshman Boy: Victor Shelby
- Goof: Lisa Greene
- Flirt: Kim Coleman
- Couple: Michelle Howard & Bobby Dowell
- Speed Demon: Kim Beasley
- Truck: Mickey Heflin's 4 WD
- Song: Le Freak
- Movie: MAGIC

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Carol's Corner

By: Carol Freeman

The Lone Oak Varsity Boys Basketball team has streaked to a 10-4 record. Three of the fourth-ranked Purple Flash losses were close battles to the top three teams

in the region — Mayfield, Tilghman, and St. Mary.

The Oakers, known for their stingy defense average 73 points a game, while allowing their opponents only 63 points a game. They steal the ball and force turnovers an average of 14 times per game.

The starting five consists of four seniors — Bruce Dreher, Ken Hancock, Daryl Hobbs, and Kris Houser — and one junior, Stan Shuemaker.

Dreher, a 6'1½" forward, pumps in 17.9 points a game, while averaging 9 rebounds a game as does Hancock. He listens to fast music to get "psyched up" before a game.

Hancock, a 6'3" center, has a special routine that he does before each game. He refuses to reveal his secret because then it might not work. Hancock tallies 9.8 points per game.

Houser, who is the team captain, chips in 9.6 points and 3 assists per outing. The 5'10" guard stated, "We'll have a great year if we keep playing aggressive defense and keep working as a unit."

Hobbs, a 6'0" forward, contributes 8.4 points and 3 assists per game. He thinks that the team's strongest point is its running game. He also noted, "We get along well and work as a team".

Three reserves — senior Shane Ellington, junior Mark Bickerstaff, and sophomore Wes Hagan — have a combined average of 12.5 points per game. Ellington, a 6'4" center, thinks that depth is the team's strongest point, while Bickerstaff, a 6'1" forward, thinks that quickness is the team's strongest asset. Hagan commented, "I would like more people to fill up the gym because I think that we're an exciting team to watch."

One Out Of Three Ain't Bad

By: Tina Mullen

In the Lady Flash's book, one victory and two losses have been added. The win came against the Ballard Bombers with a score of 55-51. The two teams that topped the Flash were Heath at 46-37 and St. Mary by a score of 61-54.

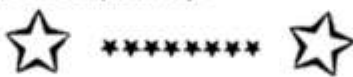
The game against Ballard was a hard fought game. The score was tied after the first quarter and at halftime the Bombers had pulled ahead by four, at 29-25. The third quarter didn't alter much, in that Ballard still led. The fourth quarter, however, changed favorably for Lone Oak and the game ended with the Flash winning by four.

The top scorer for Lone Oak was senior LaDonna Powers with 19 and right behind her was sophomore Kathy Bechtold with 17. The only other Flash in double figures was Theresa Bearden, also a senior, with 11.

The Heath story was a bit different, in that Heath led by at least three or four baskets during most of the ballgame.

In field goal percentage the Flash didn't excell, the high scorer, LaDonna Powers, having only 11 points, but they connected on 15 of 20 free throws for 75 per cent.

In the third game the St. Mary ball club came through with a seven point victory over Lone Oak. There were three Lone Oak players in double figures against the Vikings. They were LaDonna Powers with 16 points and two sophomores, Sheri Smith and Kathy Bechtold with 14 and 11 points respectively.



Super Bowl XXX

Pittsburgh Steelers are champs for the third time. Terry Bradshaw was voted M.V.P. and set a record for passing over 300 yards.



Vikings' Sails Clip The Flash

By: Cheri Edwards

The packed gym and the screaming crowd was not enough inspiration for the Lone Oak Purple Flash to obtain a victory over the St. Mary Vikings. The Vikings slipped by the Flash 74-61 in the final minutes of the game.

The Flash got into foul trouble early in the game sending three of the starting five to the bench. The half-time score ended in a tie at 33 and the Flash pulled ahead in the third quarter by a slim two points, 49-47. They held the lead 53-49 with 6:05 remaining but St. Mary broke ahead and ended with

a slam dunk performed by St. Mary's Donald Vinson.

Both clubs shot well with a percentage of over 50 percent from the field, but St. Mary held the rebounding advantage 25-19.

Kris Houser, a senior, was the top point producer for the Flash accumulating 15 points. Both Senior Daryl Hobbs and Junior Stan Shuemaker followed closely behind with 14. Other scorers included Senior Bruce Dreher with 12, Junior Mark Bickerstaff with four and Senior Ken Hancock who added two points for the Flash.

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Heflin Reigns In Tourney

By: Cheri Edwards

The face of Larry Heflin, coach of Lone Oak boys' tennis team, is seen in Paducah at any sports complex affiliated with usage of some type of racquet or paddle equipment. Not only is he seen, but one knows he is there because of the excellent talent he displays. This talent was once again demonstrated in the 1979 Winter Invitational Racquetball Tournament and Heflin took the winner's spot!

The tournament was open to men all over the world and about

fifty competed. One man travelled from Vermont to enter and the area was represented with many from Carbondale, Cape Girardeau and Paducah. The tournament sponsored three divisions: Mens Open, Mens B, and Mens C. The most advanced division was Mens Open; thus being the one Coach Heflin entered and won.

In the final match, Heflin defeated David Walls from Carbondale, 20-21, 21-19 and 11-2 in a tie-breaker. Coach Heflin has only been playing racquetball for one year and a half. He started playing to keep in shape for tennis, since there are no indoor tennis facilities in Paducah. Heflin now plays racquetball on an average of two times a week.

Coach Heflin has a few of his own views on the racquetball sport and after considering the major points of tennis and racquetball, his favorite is tennis. He likes the variety in the game of tennis as compared to racquetball. An example of such is the ability to put a spin on the ball in tennis, while racquetball, the main objective is to hit the ball hard. Heflin also loves being outdoors in the natural atmosphere. Heflin quoted, "Racquetball is a good way to get in physical condition after only a short period of playing. A lot of beginners are attracted to the sport because it's easier to catch on to".

Larry Heflin has been the boys tennis coach at Lone Oak for seven years and has represented the team and school well during those years. Be looking for him on the courts and in the medium!

Jayvees Stand At 5-2

By: Carol Freeman

Returning from a 4-week layoff with a 3-1 record the JAYVEE squad crushed Heath by 27 points. After losing the services of sophomore Wes Hagan, a starter, because of a leg injury, the Oakers squeaked past Symsonia and fell to Calloway Co.

Lone Oak 52—Heath 25
The Flash hit 66% of their free throws (24-36) to sink the Pirates 52 to 25. Mark Bickerstaff led the Oakers with 18 points, earning 12 points from the charity stripe. Sophomore Joel Dreher scored nine points, while Wes Hagan and junior Ron Overton followed with eight points each. Sophomore Tim Hayden added 3 points.

Lone Oak 31—Symsonia 27
Lone Oak 37—Calloway Co. 50
Overton took 7 charging fouls. However, 13 points despite an injury to his elbow received on one of his trips to the floor.

Flash Receive No Gift

By: Tina Mullen

In afternoon play on the first day of the annual Tilghman Christmas Tourney, Lone Oak was to be pitted against a tough opponent. The team was the Mayfield Cardinals, now with a record of 12-0.

Although the Flash was well prepared and played a good game, the Cards were the ones to continue in the tournament after topping Lone Oak, 72-61.

At the end of the first quarter Lone Oak had fallen behind by eight points, but by halftime they were closing the gap and trailed by only three points. When the Flash tried to catch up in the second half, they went to a man-to-man defense. This, however, ended in Mayfield's Youngblood taking the ball to the basket to score or sending many Cardinals to the foul line. This combination of scoring left Lone Oak without a victory.

The high scoring honors were shared by Seniors Kris Houser

and Shane Ellington and by Junior Stan Shuemaker, all with 13 points. Bruce Dreher and Ken Hancock, both seniors, contributed 10 and 8 points respectively. Senior Daryl Hobbs and sophomore Wes Hagan both added two.

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Flash Cruise To Victory

By: Cheri Edwards

In the Flashes' challenge, Coach Butler felt no sympathy for his alma mater, as Lone Oak truly gave the Symsonia Rough Riders, a **ROUGH RIDE!** Lone Oak jumped to a 21-7 first quarter lead, and after activating the cruise control, coasted to a 77-57 win.

Senior Bruce Dreher set the pace for the Flashes' scoring with 25 points. He was the second leading rebounder of the game by pulling down nine rebounds. Junior Stan Shuemaker followed with 17 points and 10 assists. The leading rebounder senior Ken Hancock grabbed 14 rebounds and was also in double figure scoring with 11 points. Senior Daryl Hobbs obtained double figures by pumping in 10 points and senior Kris Houser added nine. Mark Bickerstaff, a junior, and Shane Ellington, a senior, chipped in four and one points respectively. Lone Oak hit 31 of 58 field goal attempts for 53 percent, and they won the rebounding battle, 46-22.

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