

THE OAK

Issue No. 5

Lone Oak High School

Friday, February 11, 1977



The 1977 Basketball Queen Candidates are: Nancy Etter, daughter of Mr. and Mrs. Bill Etter, has attended Lone Oak for eight years and has been involved in Band, Choir, Music Club and Pep Club. Nancy, a cheerleader for three years, was Senior Attendant for the 1976 Football Homecoming. Kim Houser, daughter of Mr. and Mrs. Ted Houser has attended Lone Oak for 12 years and has participated in DECA, Student Council, Pep Club and Powder Puff Football. Kim was reporter of her Junior class. Dawn Mungle, daughter of Mr. and Mrs. Johnny Stearns and Mr. and Mrs. Teddy Mungle, has attended Lone Oak for six years and participated in DECA, Music Club, Student Council, Pep Club, Tri-Hi-Y and is a member of Band Rifle Team.



Barry Hagood and Delane Nagel making preparations for Heart Fund Drive.

WKYX Heart Fund Drive Underway During February

WKYX has again chosen February as the month for their annual high school heart fund drive.

The five McCracken County high schools compete in the contest to see which school can raise the most money for the American Heart Fund Association. The school collecting the most money will receive a free disco

dance with the WKYX disc jockeys hosting the event. Collection for the drive will begin February 1 and will continue through February 20. The amount collected by each school will be tabulated and the school collecting the most money will be given the dance. Co-chairmen for the drive will be Delane Nagel and Barry Hagood.

Queen Candidates Selected

By DONNA PECK

It's Homecoming time again! Yes, the Lone Oak Purple Flash will celebrate their homecoming, Saturday, February 19, as they make their descent on the St. Mary Vikings. The Lady Flash will start the ball bouncig as they clash against the Lady Vikings in the first bout starting at 5:00, while in the second round of action, the 3rd ranked Purple Flash will collide, full force, against the forces of the unranked St. Mary Vikings.

Of course, the highlight of the evening will be the crowing of our 1977 Basketball Queen, by her predecessor, Kathy Steger. The three nominees for basketball queen are: Nancy Etter, Kim Houser, and Dawn Mungle.

Following the games, our queen, her court, and our fantastic basketball teams will be honored with a homecoming dance, to be held in the school cafeteria.

The Senior Class will be sponsoring the dance, with the

theme being, of course, Valentine's Day! The dance will get underway at 9:00 with all of Lone Oak's "Flashers" gettin' down to the tune of "Straw Boss." Tickets for the occasion will be \$5 a couple, and \$3 stag. Tickets will also be sold at the door for \$6. The attire for the evening will be semi-formal; and, as usual, the alumni of Lone Oak will be warmly welcomed.

Basketball Homecoming is sure to be a huge success, so don't miss out, be there!!!

Student Profile

Lisa Summers Rated Top Student Of The Month

By JUDY KATZEL

"I think your senior year is always your best, because you are involved in more things. It makes you feel like you have an important part in the school."

This statement certainly holds true for Student Profile, Lisa Summers, as she divides her time among many school activities. Lisa is President of Beta Club, Secretary of Student Council, Business Manager of the annual and newspaper staffs, and a member of the WKYX Broadcasting and Biology Clubs. Lisa's interests stem beyond school, with her membership in Young Democrats and as Secretary of Tau Phi Lambda.

For Lisa, college is in the present, as well as the future. This year, her mornings are spent at Lone Oak and her afternoons at Paducah Community College, where she studies World Politics and Introduction to Literature. "I enjoy college, because the teachers treat you as an adult, but they also expect you to be mature and accept responsibility." After PCC, Lisa may possibly attend Transylvania University with a major in Pre-Law.



Lisa Summers

In her free moments, Lisa indulges in reading, horse riding and bicycling.

Dunlap: Jr. Rotarian

By DAVID STORY

Icy streets, snow-covered sidewalks, and sub-zero temperatures are only a few of the obstacles that Mitch Dunlap, January's Junior Rotarian, encountered as he made his way to the meetings last month. But as Mitch said, "It was a very honorable and educational experience."

Mitch who has attended Lone Oak schools for the past eleven years has a very active school life, and this is what has brought Mitch to the spotlight. During the day you might find Mitch singing with the A'capella Choir, working frantically on a news story, taking a snapshot for the newspaper or annual, or attending a meeting of the Junior Historians. Any extra time may be spent on English, History, or taking a drive for Driver's Education.

Mitch, who plans to major in music or possibly in communications upon entering college, has not chosen a college as of yet. For now his loyalties belong to the Purple Flash. Mitch commented, "Lone Oak is the best high school in this area!"



Mitch Dunlap

Calendar

- Feb.
- 11 Boys' Game at Symsonia (Away)
 - 14 Valentine's Day
 - 14 Parent-Teacher Night
 - 14 Girls' Game at Hickman (Away)
 - 15 Boys' Game at Livingston (Away)
 - 16 Girls' Game at St. Mary (Away)
 - 22 Regional FFA Meeting
 - 24 Foreign Language Festival at Murray
 - 24 Girls' Game at Calloway (Away)
 - 25 Boys' Game at Carlisle (Away)
- Mar.
- 1-5 District Basketball Tournament
 - 5 Choir and Swing Choir Contests at Murray
 - 7-11 Regional Basketball Tournament

From The Editor...

By DONNA PECK

"It's cold in here!" is getting to be the understatement of the year. Quit your moaning! Believe it or not, we're in the middle of an energy crunch, and it's expected to get worse before it gets better!

In the 105 years that weather data has been compiled in Kentucky, January, 1977, was reported to be the coldest month by the National Weather Service.

Governor Carroll has recommended that all the thermostats be cut back to 65 during the day and 60 at night. So, turn it down, everybody! If you get cold, put on a sweater, wear gloves!

Governor Carroll also added that he will declare an energy emergency in the state if consumers fail to conserve heating fuels. That means that he will have control of all heating fuels and where they are sent. That, he said, would result in forced curtailments.

Although the halls of Lone Oak High School are deprived of the comfort that heat brings, think of yourselves as lucky. Many schools in the north and some even in Kentucky are closed because of the heating problem; therefore, meaning they will probably be having classes this summer while we're at the lake!

Relax! Summer will be here before you know it. In the meantime; bring out the longjohns!

Pardon Draft Evaders?

By LUANNE SMITH and JANICE WHITLOCK

The year is 1969. The Vietnam War is going full strength. You're 18, a male, and you've just received your draft notice. Fear and anxiety are two of the many emotions you feel. You've been brought up in a society that teaches killing is a sin against God and mankind. Now you are told to kill those who go against your country's policies. Is it wrong or is it right? You feel it's wrong but it is no use arguing with the government, so you run. Then you're considered wrong-wrong because thousands of other guys your age have had the same fears and the same background as you, yet they go overseas, risk their lives, and often lose them to protect their government and the nation's people. Is that enough reason to condemn you?

The year is 1977. The war is over but you are still not allowed to live in your native land because

you elected to evade the draft. Jimmy Carter is inaugurated as President of the United States. President Carter's first act in office is to pardon all draft evaders. He has allowed you once again to live in your home land and excuse your running. You still have to live with yourself and those who won't forgive you; those who have lost loved ones or seen their life destroyed or hindered by a crippling bomb or bullet. The dead and crippled could be alive and well today had they known they would be pardoned. You are still healthy though, so why should you be wrong for saving yourself? Human survival is the strongest instinct born in a person. Fear is an inborn trait yet many people associate fear with cowardliness. Were you wrong? Was President Carter wrong for pardoning those people who elected to evade the draft and not consider the lives destroyed needlessly by the war? Think about it!

Pressures Force Conformity

By KIM MITTENDORF

The word "conformity" is defined in the dictionary as actions that agree strictly with the patterns of society. This can be in reference to the types of behavior in several different situations. Many people feel the pressures of our society and usually succumb to the standards set by the modes of conformists.

In America, there is an idealism that a person's highest goal in life should be to "make a million dollars" or work impetuously to provide his household with the highest standard of material living possible. From early life a person is influenced by this way of thinking so he may strive for much greater financial security than he is able to obtain in his present occupation. When a person begins to notice the material possessions of his neighbors as compared to his own, he may feel frustrated or angry with himself, his family, or his friends, if he feels he has not lived up to the advertised standards of living. A person who gives in to these desires for more wealth usually sacrifices his individualism and conforms to his society's beliefs rather than his own.

Even children feel the pressures of conformity in their early educational experiences from both peers and choice of studies. If a

student in grade school becomes seemingly too studious on any one subject, teachers and parents may worry about the child receiving a "well-rounded" education, even though the child's interests and abilities may lie in that field. Children, as a rule, are harder on their peers than adults. They will usually pick out one or two students who are different from themselves and subject them to teasing. In cases like this, the

"different" children have no room to let their own individualism grow and develop. This is ironical in some ways because the leaders and inventors of our country were usually considered strange or different by their peers. So when one of the "different" children is suppressed in his beliefs, our society may be losing the contribution he would have made as an adult.

As mature people we must realize that everyone is not the same and therefore should not be made to act the same. We need to examine our own motives in discriminating against nonconformists and determine whether we do this to make up for weaknesses in our own background. Maybe if society realizes how it is burdening people, the pressures of conformity will diminish.

Plan For College Now!

By MICHAEL COOPER

One of the most important times for seniors is graduation. Being a senior means that his involvement in school related activities will come to an end at graduation. This fact leads many seniors to ask, "What will I do after graduation?" Answers differ on this question. Among the answers are: getting a good job, getting married, or just enjoying themselves. However, a large percentage of seniors plan to attend college after graduation.

These seniors who plan to attend college should start thinking seriously about the matter, now! Many college deadlines for the fall semester are February or March. One should at least have some idea of what field of study they want to pursue; however, their exact major is not very critical at this time. It is a good idea to get all applications for college admittance submitted in the early part of the year. The chances for admittance are much greater when this is done. Also seniors planning to attend college need to take the ACT examination.

Of course, this subject of seniors attending college would be far from complete if the subject of finances were not brought up. It is the desire of many to have a college education but for many, these dreams seem far from actuality because of lack of money.

This problem of finances, although, should not be one to discourage interested students from attending college. Many programs are available to help students meet the high cost of a college education. Three of these are: grants, scholarships, and work study programs. In applying for financial aid, one should consult the director of financial aid for the college he plans to attend. This person will help in obtaining the type program that is desired.

The first program mentioned was grants. Many grants are available from colleges and other such institutions. Also the Basic Grant which is supplied by federal funds is available. The Basic Grant should be the starting point for all those seeking financial aid. Forms for applying for this grant can be obtained from the high school guidance counselor.

The next program is scholarships. Many types of scholarships are available. Colleges, for instance, have many different ones that are given each year. A number of these scholarships are available to all students regardless of their field of study. However, many departmental scholarships are also available. An example might be the history department of a certain college has a scholarship for students interested

in obtaining a degree in history. Also scholarships are awarded by local industry and organizations. An example of these scholarships are the ones given by the PTO.

A third financial aid program is the work-study program. Under this plan, the student is employed while attending the college. The employment provides the necessary income for meeting the cost of the education. Many students prefer this type of financial aid.

All seniors who plan to attend college should be submitting their application forms to the school of their choice within the next few weeks. Also if financial aid is needed, plans should be made now for the upcoming fall semester. If assistance is needed with college registration, the high school guidance counselor would be the person to visit.



Healthful Hints

By DAVID STORY

In the world of dieting, carefully following sensible rules is a must! Believe me, once being very heavy, I know "fads" don't work. These "overnight" ways of losing weight usually result in fatigue, irritation, possible dizziness, and due to frustration, over indulging in the kitchen. Don't depend on diet pills. Most of them don't produce lasting results and some doctors have claimed that they can cause damage to the liver. But remember, if you don't have a strong desire and determination to lose weight, then don't start a diet. It will not work! If you put your mind to it though, you can do it!

The best way to lose weight is with a moderate diet and some moderate exercising. You may be thinking, "I've heard this a million times." But really, if you want lasting results and safe dieting, this is the only way. Be patient! Weight lost slowly is much more likely to stay lost than weight shed quickly.

What should I eat? What's my calorie allotment? The number of calories varies, but for our age group anywhere from 1200 to 1800 a day is considered reasonable. There are many factors involved in determining how many calories you need. Do you work? Are you active in sports? These are only a few things to consider before deciding on the number of calories that would be best for you.

As you diet, after a while you will find it unnecessary to continue calorie counting. By then, you will know about what and how much to eat to lose weight.

One thing that can make dieting easier is to have someone diet with

you. Perhaps your Mom or Dad or your brother or sister would like to lose some weight. It really makes it a lot easier and adds a challenge to each of you. One organization that can be helpful is Weight Watchers. People meet once a week, discuss their trials and troubles of staying on the diet and give each other support. Everyone weighs in at each

meeting and weight loss is recorded as each one moves closer to his or her goal. This helps when you begin losing your willpower and finding it harder and harder to stick with the diet.

Remember, if you have the determination and the willpower, you CAN lose that weight. Good luck to a healthier, happier and more confident you!!!

Oak K Staff

The Oak K is edited and managed by a staff of Lone Oak High School students. Advertising space may be bought at the price of \$2 per column inch. Mail subscriptions may be purchased at an annual rate of \$2 per postage.

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Lisa Read and Judy Katzel

Need A New Appliance?

If one of your appliances is just limping along and you would like to replace it—or if you'd like to have an appliance you don't now have, the demonstration appliances used in home economics classes are now real bargains. When you buy one of these appliances, you help local students have the latest appliances to work with, you help the school to provide it and you help yourself—since the appliance is specially priced. Contact Mrs. Nagel or Mrs. Potts for details. These appliances include electric stoves and refrigerators.



Mrs. Harris

Harris Wins Favorite

By JUDY KATZEL
Amidst a room of clamoring students, one may find February's

Teacher Profile, Mrs. Harris, watering plants or feeding gerbals. Is this a teacher? Of course she's a teacher—and a Biology teacher at that! These ornate furnishings, along with an aquatic wall mural, prove to be helpful in teaching, as well as "sprucing up" the classroom.

If you hear "Don't forget the Student Council meeting this afternoon!" You can be sure that along with the club, Mrs. Harris will be there, in her position as sponsor, guiding the students in their endeavors.

"I think that all the students here are top-notch! This year seems to be better, because there's more spirit and school pride."

A graduate of Heath High School, Mrs. Harris earned her B.S. in Biology and History, and a M.A. in Education at Murray State University. She now makes her home with her husband Ronnie and their poodle, Sissy. Mrs. Harris fills her spare moments with reading and interior decorating.

Two LOHS Band Students To Attend Morehead Clinic

How many band students have the privilege to meet the composer of the music they play? These two students, Lisa Reed and Judy Katzel will get a chance to do just this. They will be attending the Morehead State University Band Clinic.

Students that have been recommended by their band

director will be representing the states of Kentucky, Ohio, Illinois, Indiana and Tennessee. There will be four bands in the clinic. Each student will audition for their place in one of the bands.

The clinic will be held February 17-20. They will rehearse music to perform at a concert on Sunday, February 20.



We've got snowballs too!

Lone Oak Students Survive Artic Blast

By DONNA PECK and BOB ROTHEMEYER

Snow, snow, snow and more snow continued to blanket the countryside and cities of the midwest during all of the month of January. At first, it was fun—sledding at Rolling Hills, building snowmen, and seeing how big of a hill your car could handle. Then, it got to be dull. It was too cold to go outside walking; your

ma wouldn't let you use the car anymore; therefore most people were stuck at home all day, gettin' into the "soaps."

Now, we are faced with the problem of "How are we going to make up all those days without going to school through June and most of July?"

Dr. James Graham, State Superintendent for Public Instruction, said the Southern Association of Universities and Schools has approved a 180-day school year, but is "willing to talk about an additional 15-day cut because of the emergency situation."

Last week the State Board of Education held an emergency session and authorized Graham to approve five disaster days which do not have to be made up. That

action, in combination with an executive order in effect shortened the school year to 165 days.

The state board offered many suggestions but has left it up to the local districts to make the decisions.

The Southern Association of Universities and Schools made "no guarantees" that the Common-

wealth's public schools will retain accreditation, but Graham is "reasonable assured" that the schools won't lose it.

During our snow vacation many people, including Karen Hunt, Scott Spahr and Mrs. Foster caught up on a little rest, and

believe it or not, Janice Whitlock "went into a coma and dreamed of Robert Redford for two weeks."

"Played in the snow" was the reply made by many students, such as Vicky Stubblefield, Bobby Dowell and Kathy Garland when asked how they spent their vacation.

Mrs. Reed, along with Mrs. Beckman, "sewed buttons, rips, and tears." Domestically speaking, Mrs. Helfer embroidered, while her daughter, Kim "ate and ate and ate."

"Going to boy's basketball practice was Carol Freeman's idea of the perfect vacation, only after calling BooBoo."

Now, what was Mr. Behrendt doing the whole 14 days all this mass confusion was going on?? He "was working hard, right here at LOHS, making sure things ran smoothly."



Donna, is that you????



This hill is steeper than I thought.

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Between the covers

Have you ever wanted to participate in an African safari? Thrash through an entanglement of oversized foliage? To boldly go where no man has ever gone before?

Well, now's your chance! This safari takes place in the bush country of the land of Gothics, and your guides are five very experienced, qualified, and popular Gothic novelists. The only weapons you will be allowed to bring are: one good pair of eyes (glasses optional), and two nimble fingers (preferably clean), for turning pages. And, just to help ease your anxiety, we're even going to give you a peek inside the lives of our guides and the lands in which you will be visiting!

First, we meet Victoria Holt, who was born in London (1906), privately educated as a wholesale merchant and married G. P. Hibbert, before becoming a serious writer.

Mrs. Hibbert, who reportedly earns \$300,000 a book, told the Woman's News Service: "I don't care about the critics. I write for the public. It's nicer to be read than to get nice reviews."

"Dickens, Zola, Bronte and nearly all the Victorians have influenced her writings," she says. "I write regularly every day. Research is just a matter of reading old records, letters, etc. I find it stimulating and I never cease to be excited about it."

Mrs. Hibbert, who also writes under the names of: Victoria Holt, Eleanor Burford, Jean Plaidy, Elbur Ford, Kathleen Kellow, and Ellallice Tate, has traveled around the world and plans to go to Australia and the Pacific Islands.

According to the legend six novices living in a Cornish convent strayed from their vows and were turned to stone. The seventh faced something quite different...

When the convent became the mansion of the St. Larston family, Fate beckoned another young virgin.

In **THE LEGEND OF THE SEVENTH VIRGIN**, Kerensa was only a cottage girl, but she had ambition and beauty—and knew how to use them both. In that legend-haunted mansion, as a lady's maid, Kerensa began her perilous journey to womanhood.

"Alice..." moaned the waves in the cove.

"Alice, where art thou?" sang a simple-minded child. And Miss Leigh, governess to the ghostly Alice's daughter, shivered at the sound.

MISTRESS OF MELLYN, a spine-tingling novel is set in a lonely Cornish mansion, where the walls had eyes, and even romance and terror walked hand in hand.

Born September 29, 1927, in Illinois, Elizabeth Peters earned her Ph.D. at the University of Chicago. Under this pseudonym she has written nine novels, four of which are described below. Under the name "Barbara Michaels" she produced such Gothics as: **THE CRYING CHILD**, **GRAY GALLOWS**, and **SONS OF THE WOLF**.

Mrs. Peters presently resides in Potomac, Maryland, where she is working on **THE GHOST IN GREEN VELVET**, and **THE SEA KING'S DAUGHTER**, both of which will be published under the pseudonym, Barbara Michaels.

When an attractive American girl, Jacqueline Kirby, is invited to an English Country mansion, she is confronted with a mystery.

The host and guests are all fanatic supporters of King Richard III and Jacqueline just stands by listening to the jokes become more and more macabre. At last, one is fatal. What exactly were **THE MURDERS OF RICHARD III**?

Vicky Bliss vs. Tony Lawrence. That was the name of the game! The game was a mad chase in Franconia—the prize was a priceless jeweled reliquary that had been hidden for over 400 years, and to Vicky, the love and respect of Tony!

In **BORROWER OF THE NIGHT**, a romantic contest becomes a battle against death, as the secrets of the Schloss Drachenstein castle and its inhabitants unfold.

Castle-like and full of legends, Menfreya was the most romantic of houses. Or so it seemed to Harriet Delvaney, who had been driven from her London home by constant reminders from her father concerning her plainness. At Menfreya she found a last glimmer of hope—Revil, a man she loved. But, in **MENFREYA IN THE MORNING**, Harriet's dreams of romance changed to nightmares of jealousy and fear as a tragedy of long ago seemed about to re-enact itself.

Galloping across the moors on his black horse, Gabriel seemed to Cathy a shining knight coming to end her loneliness. But in **KIRKLAND REVELS**, the great house to which he took his bride, she found terrors worse than solitude. Was it a ghost that was stalking the twisted passageways leaving a trail of death and madness? Or, was it a very human murderer? These are the questions Cathy frantically tries to solve in this tale of mounting suspense.

Jean thought she was the luckiest girl in the world; studying in Rome with six fantastic friends. They called themselves the Seven Sinners, though a less sinful group couldn't be found,—until the day they stumbled upon the grotesque form of Albert-his throat cut. **THE SEVENTH SINNER** seeps the reader into a suspense-filled race against death.

Phyllis A. Whitney was born in Yokohama, Japan, in 1903, and spent the first fifteen years of her life, with her American parents in the Orient before coming to the United States. She graduated from high school in Chicago, Illinois, and soon became involved in a literary career as an authoress and lecturer. She has been a book reviewer and a teacher at several universities. She is married and lives on Staten Island. She does extensive traveling to gather background material for mysteries, adult novels, and children's books, all of which are published under her own name—Phyllis A. Whitney.

When Glen Chandler told Dina that she was his "winter girl" she surrendered her will to him forever.

Dina, being a summer person, did not know that the Chandlers were "winter people" as cold as the ice around High Towers nor did she think that **THE WINTER PEOPLE** could turn her very heart to ice.

THE WINTER PEOPLE, a novel of sheer suspense, holds many totally unexpected surprises as Dina fights for her life of dark forces.

SNOWFIRE follows a young heroine into a storm of conflicting emotions that surrounds Grey-stone, a haunting mansion.

Linda Earle comes to a ski-resort to clear her step-brother of the murder charge of Julian McCage's wife.

A severe blizzard, dangerous encounters and death lead Linda to a discovery she never expected in **SNOWFIRE**.

Dorothy Eden, born in 1912 on a farm in New Zealand, is best-selling author of historical fiction, novels of romance and suspense and many short stories.

Dorothy, having left home before the age of sixteen, took a job in a legal office. She now lives in London in the well-known area of Kensington Square.

Favorite occupations of Dorothy's are theater, trying out new restaurants, walking in the country, autumn and visiting historical houses. She also enjoys visiting old cities and reading, reading, reading.


Ella and her five year old daughter were on a leisurely walk when they came upon an old abandoned house. Ella and her child, both very imaginative, begin to conjure up fantasies of grand parties and fashions. In the midst of their reverie, they hear a horrible throaty scream and see an owl fly from a window.

Just days after the discovery of the house, Ella begins receiving a series of mysterious phone calls which hint that her child is in danger. **AN AFTERNOON WALK** is a successfully persuasive story about real people, full of mounting suspense and surprising denouement.

How was old Lynnford Carstairs to provide for his reckless niece Felicity? Fear of losing the Carstairs' manor house would bring her around. Felicity could have everything, provided she marry a distant relative, Lynn Carstairs with the years.

THE LAUGHING GHOST shares the evil secret of the manor. Who was haunting the estate?

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Jessica Abbott goes to Hampden House, in the Virgin Islands to escape her dreadful past. There she is confronted by Catherine Drew, a woman whose soul purpose is to torment and destroy.

Jessica is irresistibly drawn toward Kingdon Drew and must find the strength to help the man she loves escape the trap that Catherine has set for him. Yet, each day, Catherine seems to mock her in a new way—and win. Until the night of the shell...**COLOMBELLA!**

Everyone in the great house at Bascomb's Point seems to seek bitter revenge against Miranda Heath. Wasn't it natural that she should turn to the sea captain whose romantic, adventurous past was as much a part of her heritage as the legendary ship the **SEA JADE?**

But soon Miranda regrets her impulsive visit, when she finds herself trapped in a loveless marriage with a dour, black-browed Scotsman.

Well, Rosemary Rodgers has done it again! **WICKED LOVING LIES** is another blazing novel of adventure and searing love.

The main characters—Marisa and Dominic Challenger—share the usual love-hate relationship. The setting of the novel varies from a sheltered convent in Spain to a Sultan's harem in Turkey. As for the plot, well, if you are a fan of Mrs. Roger's risqué novels, you won't be disappointed.

A WORLD FULL OF STRANGERS by Joy Cynthia Freeman is a novel in the style of **CAPTAINS AND THE KINGS**. The story spans three generations of a Jewish family in America. It tells of a man faced with anti-Semitism who chooses wealth and power over his religion, and his son who struggles to regain his lost heritage. This is an unforgettable novel about the family in search of the Great American Dream.

Flora Schreiber, once again hits the book charts with her latest, **SYBIL**. A true story that was adapted for television concerns the life of a woman with sixteen different personalities stemming from her battered childhood. Sybil would be herself for a while and then she would "come to" to find herself five days later. The book comes to a close when at the age of forty-two and after ten years of treatment Sybil is restored into the original "one self." Her doctor, (Wilbur), is presently working at the University of Kentucky.

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HUH???

The famed writer, Mary Stewart, was born in 1916, in Durham, England. She attended the University of Durham and received high honors. She taught and lectured at many schools and colleges before her writing career began in 1949. She won the "British Crime Writers Association Award" in 1960 and the "Mystery Writers of America Award" in 1964.

Mrs. Stewart ascribes her success partly to her good visual memory, "almost like a camera," she says. "When I start describing something in a book, I find myself putting down things I didn't know I'd caught. I'm a sponge, a happy thing for a writer to be."

Most people came to the Isle of Skye to climb the jagged hills or fish in the clear streams, but Guenetta came to forget Nicholas, whom she had painfully divorced.

The typical holiday vacation was not typical when Gianetta came face-to-face with a madman in WILDFIRE AT MIDNIGHT.

In AIRS ABOVE THE GROUND, Vanessa March has a mystery to solve concerning her husband; her traveling companion, Tim Lacy, has his own teen-age problems. Their separate missions converge to lead them into the web of secrets haunting a small European circus

The setting is Crete. The time is present, but the forces of THE MOON-SPINNERS are as ageless as mankind.

Nichola Ferris, attractive and on holiday vacation had arrived in Agios Georgios a day ahead of schedule, and followed a bird into the White Mountains.

Hiding out in the hills was a young Englishman, Mark Langley. He was less than pleased to be discovered and sent Nichola packing with orders to stay out of his affairs.

This, Nichola was unable to do, and before long, bizarre events began piling up to an incredible climax among fishing boats of Agios Georgios Bay. Was Mark a "moon-spinner"?

Mary had come from Canada to England, the land of her forebears. As she leaned against a sun-warmed wall, she caught glimpse of the angriest, most threatening man she had ever seen. His name was Connor Winslow and Mary discovered that Con thought Mary was his cousin, supposedly dead of 8 years. Alive, she would be heiress to an inheritance, Con determined to have for himself...

THE IVY TREE is a story of impersonation fraught with the perils of depths without bouyancy of an innocent past.

Meet The Students

By KIM MITTENDORF and JUDY KATZEL

This is a column for you—the students! Students can air their views on current events and issues. Why? Because the students of today are the leaders of tomorrow, and their opinions are worth hearing. So read your fellow-students' opinions, and be ready to express your own!

Interviewer: What was your reaction to Jimmy Carter's walking in the Inaugural Parade?

Sandy Gillespie: It was just another one of his performances. It was a foolish thing to do, because even if he has no desire to protect his own life, he should have considered the country's state if he had been killed.

Interviewer: After becoming 18, which political party would you register under and why?

Sandy: If I am living in Kentucky, I will probably register Democrat. Although, I would vote Republican because of the way the law works in Kentucky. A registered Republican doesn't have as much freedom of choice.

Interviewer: What effect will Gary Gilmore's execution have on future capital punishment cases?

Sandy: If a person in prison feels he will get the publicity that Gilmore got, maybe more will seek the death penalty. It will probably encourage the death penalty.

Interviewer: Do you believe that the threats on Henry Kissinger's life are valid?

Sandy: Of course not, he has done nothing. He has left office now, so no gains will be made by killing him.

Interviewer: Do you think limiting nuclear advancements will discourage future wars?

Charles Walter: Yes, if it is done correctly. Then no country will have an overwhelming edge in nuclear arms.

Interviewer: Do you agree with the pardoning of draft evaders?

Charles: No, they should be made to serve a sentence or be in the military before being pardoned. I can understand not wanting to kill a man but everyone can serve his country in some way.

Interviewer: Do you feel that Jimmy Carter's attempt to "stay close to the people" will work in practice as well as in theory?

Charles: To some degree. He has already demonstrated some closeness to the people by refusing some of the luxuries that come with the office. He also has opened an office to review letters sent in by the people.

Interviewer: What effect will Gary Gilmore's execution have on future capital punishment cases?

Charles: The courts will allow more executions which have been needed to cut off the growing crime rate.

Interviewer: What is your opinion about the loss of several school days because of the bad weather this winter?

Kevin Brown: I don't think we should have to make up the days we missed because it wasn't our fault.

Interviewer: How do you feel about the possible annexation of Lone Oak into the city of Paducah?

Kevin: I feel that they should not annex us because the local government has their hands full now. And besides, all they want is tax money.

Interviewer: How do you respond to President Carter's giving amnesty to the Vietnam War deserters?

Kevin: I don't think he should have done it without pardoning all the other men involved.

Interviewer: What are the achievements you hope to gain in 1977?

Kevin: I want to pass all my classes without making under a C.

Interviewer: What is your reaction to the chaining of Lone Oak High School's parking lot?

Janice Whitlock: The school's responsibility is to the students and what is best for them and some of the things going on in the parking lot are not to the student body's advantage. I can understand it.

Interviewer: Do you have any suggestions concerning the make-up of school days lost to the unusual snowfall this year?

Janice: I think we could go on in-service days and during KEA week and then make up the rest on Saturdays.

Interviewer: Did you watch the inaugural ceremonies on January 20, 1977, for the new President, Jimmy Carter? What were your feelings about it?

Janice: I thought the whole thing was probably pretty exciting to the President. I would like to have been there myself.

Interviewer: What are the achievements you hope to gain in 1977?

Janice: Make better grades than David Story.

LO Honor Students

By BRENDA BLACKMAN

For a few students report cards are considered one of the worst fates that can happen. But, if you are one of the many students who succeeded in making a B average or above, you didn't have any worries concerning grades at the end of the semester. Students who succeeded in this field should be recognized for the time and effort they spent while accomplishing this task and should be congratulated for achieving this honor.

SENIORS

ALL A's
Jeff Dycus, Cindy Cooper, Sheina Cruse, Judy Katzel, Joanie Sawyer, Ljsa Summers, Tim Tillotson, Joy Williams, Lisa Bickerstaff, Cindy Calhoun, Judy Carrigan, Suzie Hampton, Kim Henry, Barbara Jones, Rita Miller, Susan Brady, Mike Cooper, Marcia Jones, Sherry McGowan, Karen Vaughn, Randy Powers, Tammy Stuart, Debbie Turner, Susan Walton, Deborah Grubbs, Shelly Hill.

JUNIORS

ALL A's
Danny Clark, Mitch Dunlap, Lisa Harton, Kevin Kidd, Debbie Latham, David Story, Keith Tillotson, Chris May, Charlene Reeves, Timmy Scheer, David Story, Janice Whitlock.

SOPHOMORES

ALL A's
David Darnell, Patricia King, Christopher Leaver, Bruce Tucker, Robin Steele, Scott Thompson, Stuart Yancy, Tamara Bateman.

FRESHMEN

ALL A's
Patricia Shelton, Cindy Crump, Greg Dunker, Mary Jo Steinkamp, Cheri Simmons, Ben McIntosh, Chet Overstreet, Jennie Park.

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Donnie Gage 'Paints The Town'

By LARRY HAGOOD

For those of you students who walk around the halls with your eyes open, you may have noticed some of the intricate posters that occasionally adorn our walls. Most of these posters are advertisements brought about by a humorous cartoon or caricature. Chances are that most of these posters were created by one of our extremely talented students, Donnie Gage.

Donnie was born in Annapolis, Maryland and moved to Paducah at age nine. He went to the city schools for a few years before coming to Lone Oak in the seventh grade. When asked how he became interested in art work he replied, "I've always had a pencil in my

hand and I started out by simple tracing." Donnie was enrolled in art classes at the Middle School and it didn't take everyone long to discover that he had real ability. He excelled in drawing and painting, but one of his first projects was a giant giraffe made of papier-mache. But it wasn't until the eighth grade that he started to get more than just school-wide recognition. It was during the eighth grade that Donnie entered a poster contest designed to help fight smoking. Much to his surprise, his poster went all the way to the state-wide competition where he received the first-place award. It was around this point in time that Donnie decided to abandon his plans to

follow a medical career and instead chose art. He started drawing caricatures of teachers while still at the Middle School, but it wasn't until he reached LOHS that he began to use them in cartoons.

Donnie enrolled in an Art II class when he was only a freshman. While in this class, he started painting with acrylic paints and turned out his first major painting which he entitled "Creation of Man". As a sophomore, Donnie's activities increased. He painted a mural depicting the different aspects of art. And it is still on the art room wall. He also created and drew much of the decorations for homecoming and the 1975 Prom. While a junior, Donnie started drawing advertisements for the school newspaper. He also began to use several LOHS teachers as subjects of caricatures to be used for his cartoons. Among other things, he started sculpture work with clay, which can often be a long, frustrating experience. Donnie also helped with the graduation decorations last year.

Donnie has also drawn for many various clubs and school organizations. But artwork isn't the only thing in his busy schedule.

Donnie participates in a self-regulated program of martial

arts, which he supplements by light-weight training. He has worked for Troutman's Sign Painting, where he learned how to perform commercial sign painting. Donnie plans to attend Murrury



Jimmy Houser bursts through Donnie's artistic hoop.



"My first wall!"



"It's almost finished."



"Now this is art."

After all those years of drawing and other crafts, you'd think he would take a rest, right? Wrong! He's busier than ever this year. He is presently engaged in drawing school spirit scenes on the paper covering that goes over the hoop our basketball players run through. Donnie also began a monthly publication of his cartoons in our school newspaper, the "Oak K". This series of cartoons has been received quite favorably and praised for their authenticity and imagination. In addition to drawing ads for the newspaper, he drew a series of posters to help publicize the sale of yearbooks.

State University where he will major in art. He hopes to enter an art related career, possibly illustrating textbooks. Donnie wants to make a trip to Europe to study various art forms and great masterpieces. Maybe Lone Oak has another Michelangelo in the making!

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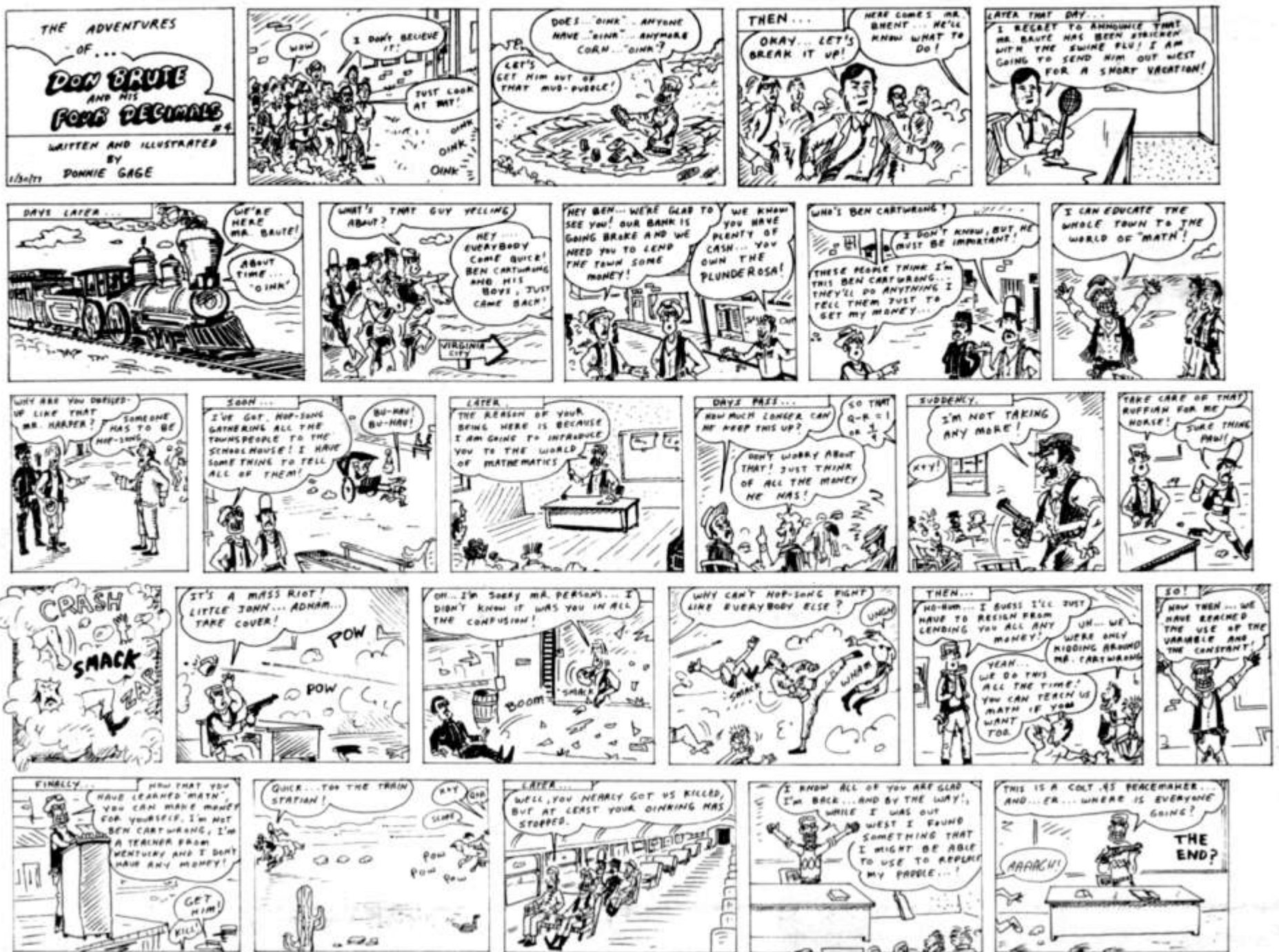
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HOROSCOPE

'Are What The Stars Say True?'



By BARBARA LAMAR

Capricorn [Dec. 22-Jan. 20]
Turn over a new leaf. Forget all those little things that you let bother you before. They can't be all that bad. Start the new year off on a clean slate. Chances are you'll find yourself better liked by all.

Aquarius [Jan. 21-Feb. 19]
February finds your feelings pretty well mixed up between your latest romance and your feelings to be free. There's nothing to worry about, just let your mate know where he or she stands. That should put an end to all your worries.

Pisces [Feb. 20-March 20]
Tired of the same old routine, everything seems so boring. How about a new romance, maybe that

certain someone doesn't realize how you feel about them. Don't be shy, ask them to that dance that's coming up, or try sending them a valentine.

Aries [March 21-April 19]
A little run down, everything happening at one time? Watch out the upcoming weeks are probably going to be a lot worse. You should really try to find some time to get out and do something really wild, to relieve all the pressure.

Taurus [April 20-May 20]
Social life beginning to shape up, that someone who just happened to step into the picture, probably has a pretty good reason, so play it for all it's worth, but always be prepared, because it is very easy to get hurt in any kind of romance.

Gemini [May 21-June 20]
Getting harder and harder to hold back the disagreeable side of your personality. Keep on fighting, just look at it like this, things could be worse. The sooner you can get these feelings out of the way the better. Surely one can't like being so uptight.

Cancer [June 21-July 22]
Not too much to do? Well just don't sit around and try to look busy, lend a helping hand to a friend. If that doesn't seem to appeal to you, try taking in some kind of hobby. Anything is better than nothing at all.

Leo [July 23-Aug. 22]
Thinking back and wondering, how could you have ever had so much fun. It all seems so far away.

Maybe there was some special guy or girl you really cared about. Well it could be you still do. Just wishing never got anything done.

Virgo [Aug. 23-Sept. 22]
Still confused, not sure if you're dating the right person. Well knowing your style, if they aren't, you're going to know soon. But don't let it worry you, as long as you're having a good time that's all that really matters.

Libra [Sept. 23-Oct. 22]
Most of your attention is centered around the interest of your friends. Be on the lookout for some kind of influence on their part. What the issue is over makes no difference, stand up for what you believe in. Everything will turn out for the best.

Scorpio [Oct. 23-Nov. 21]
Had trouble at home? Is the reason mainly because you can't talk with your parents? You feel they don't understand you or your actions. Remember fighting never solves anything. Don't be so set in your ways. Try seeing it from their viewpoint.

Sagittarius [Nov. 22-Dec. 21]
Why be so unsure of yourself? If you would just give yourself half a chance you would see that whatever you're up against isn't all that bad. Just give things time to work out, and you'll see all those problems you thought you had, never really existed.

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Sessions With Sawyer

By JOANIE SAWYER

Girls, even though snow is still inches thick on the ground, the spring clothes are already piling into the stores! And what better way can you think of to get rid of your cold weather blues than to get out and start buying your new spring wardrobe!!

I'm going to give you some ideas of what the great spring looks will be for '77!

Gauchos are still coming on strong for spring. Since you'll be packing your boots away after the snow melts, shoes and socks are the look to be worn with gauchos! They can really dress your outfit down or up, whichever mood you're in! The layered look is great with gauchos. Spring sweaters, blouses, vests, and T-shirts top off your outfit. And the colors? Bright as they can be! Bright, loud reds, greens, yellows, and blues will be replacing pastels this spring.

Dresses are more feminine this spring. Dainty sun-dresses and 'baby doll' dresses look great after the rugged look of winter!

For a more casual look the 'sweat-suit' effect is really sharp! The hooded jacket that ties at the bottom and zips at the front can really sharpen your jeans. Or wear it with matching 'balloon' pants; pants that have elastic or tie at the ankle!

Jewelry will be mostly silver and gold this spring. Dainty bracelets and chains put the finishing touches to all your outfits. Ankle bracelets are making a come-back, also. And the chokers made of colored rope are really sharp.

With the spring of '77 comes denim! I know, so what else is new?! Well the look for jeans is new. It's the lean, skin-tight, fit called the cigarette jean. Denim jackets, vests, jumpsuits, dresses, halters, skirts, and jumpers are all still fantastic buys.

Well, I know it's hard to get excited about Spring while all the slush and snow is still on the ground, but now you've got some fashion ideas to think about if we get snow bound for another week!



Tracy Pleasant, person of the year

Susan Walton thought Tracy Pleasant should be recognized for all the activities she is involved in at Lone Oak.

Mark Hammons Tracy Pleasant, she is a beautiful person.

Gaye Watson- Tracy Pleasant, she is always very outgoing in school activities.

Roger Barnes- Tony Deluna, because of his athletic potential

Angie Jones- Nancy Hollowell, she shows great school spirit.

Tanya Jackson- Tracy Pleasant, she supports the school.

Kim Pleasant- Terri Freeman, she is always doing something for the school.

Tony Deluna- Tracy Pleasant, she is a beautiful person.

Bonnie Smith- Tracy Pleasant, because she's a cheerleader, in student council, pep club, editor of the yearbook, newspaper staff, and does a lot for the school and the school spirit. She is nice to everybody.

Jimmy Houser- Tracy Pleasant, I don't see how she has enough time to do all the things she does for our school.

Students Voice Opinions Of Lone Oak Workers

By Barbara Lamar

Whom would you select as the person of the year from Lone Oak for 1977?

Edd Durst- Tracy Pleasant has undoubtedly contributed more time and energy than anyone else. When it comes down to who has and hasn't contributed, Tracy always has.

Terry Brewer- Tracy Pleasant, she has more school spirit than anybody else.

Brenda Blackman- I think Tracy Pleasant would be the best choice because she has contributed more to Lone Oak than any one person.

Melody Walker- I think Arland Wynn would be a good choice. He is active in most everything, and has school spirit.

Joey Hayden- Tracy Pleasant has helped boost the Lone Oak spirit and she is always helping the school do pictures, and other things.

Why is it that every time you're in a hurry traffic always moves like this?



Dedicated cheerleaders lead team to victory!

Cheerleaders Pep Up

By RESA THOMPSON

Cheerleaders? All they do is jump, yell and scream. Their job isn't hard! Anyone who believes that better take another look. Cheerleaders try to get the fans and the ball team psyched up but it's sometimes hard to do when you have a few fans that think someone will laugh at them if they yell with the cheerleaders.

Have you ever watched the cheerleaders at a basketball game during a time out? Their motions are precise and their gymnastics are great! Can you imagine how much hard work and how much time is spent on learning how to do a back walkover or a back handspring? Think back about four years ago when cheerleading was made up of splits, jumps and two-handed cartwheels. LOHS now has a cheerleader that can do a no-handed cartwheel so you can see a big change in cheerleading throughout the years.

Cheerleaders are supposed to set a good example for the student

body and they need your help to do so.

A few years ago when you would watch the girls while doing a cheer you noticed they ended it with everyone on their own two feet. These days the girls end up standing on someone's shoulders or even building large mounts that are quite dangerous.

Ask yourself these questions and see how long you would last as a cheerleader. (1) Could you wear one of those short skirts to school in zero degree weather? (2) Would you be able to get in front of large crowds and lead them in cheering? (3) Could you take all the cutting remarks of the jealous people? (4) Would you climb as high as they do on some mounts and jump from the top?

Of The Month

Saying- "The roads are too slick to drive."

Song- "Saturday Night" - Earth, Wind, and Fire

Movie- "A Star is Born"

Group- Eagles

Happening- SNOW!!!

Car- Kim Morris' '77 Monte Carlo

Flirt- Steve Ray

Couple- Nancy Etter and David Wilkins

Senior Girl- Debbie Turner

Senior Boy- Jim Houser

Junior Girl- Resa Thompson

Junior Boy- Barry Tidwell

Sophomore Girl- Tamera York

Sophomore Boy- Johnny Lamar

Freshman Girl- Renee Crutcher

Freshman Boy- Greg Austin

Wolf- Donna Peck

Lamb- Mark Hammons

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CLUBBLICITY



FHA CLUB

National FHA week will be held February 13 through 19. The chapter will observe National and Regional events.

Fathers night will not be held February 15. The fathers will be invited to the Mother-Daughter banquet later in the year.



DECA

Two students from Lone Oak DECA Chapter were elected Regional officers at the Region I conference held at Murray State University. Marsha Jarvis was elected Region I Treasurer and Karen Lewis, Region Reporter.

Jerry Bacum, a senior, received first place trophy for Store Layout and Manual. A group of juniors, Terry Dukes, Paul Ritchie, Resa Thompson, Gary Townsley, Diana Cain, Tim Scheer, Janice Whitlock and Butch Midkiff brought home the second place trophy for Parliamentary Procedure. The following students received third place trophies: Show Card Lettering, Terri Kaufman; Radio Commercial Writing, Marsha Jarvis; and Gift Wrapping, Penny Duncan.

A total of 28 members from the Lone Oak DECA Chapter attended the Region I Conference held at Murray State University, Monday, February 7, 1977.



FBLA

Susan Walton, president, called the meeting to order. Joy Williams, secretary, called the roll and read the minutes of the December meeting. The treasurer, Marcia Jones, gave a financial report.

Cindy Johnson reported on the Christmas presents that the club gave Herbie and Jeanette (the little "brother" and "sister") at the pizza party that was held in December.

National FBLA Week will be the second week in February. Publicity ideas were discussed, and Susan Brady moved to have a "Dress-Right Day" in honor of the week. The motion was passed, and the date was set for February 8.

The month of February has been designated "FBLA Scholarship Month." Two scholarships are available: the "Ethel M. Plock Scholarship", which is a two-year, \$100 per year award; and the "Eugene Smith Scholarship", a four-year \$100 per year award. Applicants will compete in a regional contest at Murray, if successful, will compete at the state level. Projects were discussed to raise money for the scholarship fund. The club voted to have a "Gong Show" in a school assembly. Anyone can be a contestant, and a monetary prize will be given to each of the three winners. Karen Vaughn, Edie Hughes, and Sherry McGowan will head the committee for this project.

PHYSICAL SCIENCE CLUB

Our guest speaker for this month was none other than Mr. Billy Sensing. The topic for discussion was Bio-Rhythm. Exactly what is Bio-Rhythm? It is presently believed to be the biological cycle that governs human beings. The cycle consists of three phases which are physical, intellectual, and emotional. A person's bio-rhythm starts at the moment of birth. How does one find his bio-rhythm? By plotting a graph of each of the above phases. This gives one a probability chart of when they are in a positive phase or negative phase. The positive phase tells one when he will probably do well and the negative phase, when he is having his off days. Bio-Rhythm is mainly a probability chart. Next month's meeting will be a discussion of the Science Fair.

BROADCASTING CLUB

Once again Lone Oak High made their appearance on the "Kicks Broadcasting Club. Featured on the show were Arland Wynn and Keith Sullivan; playing jams from groups such as Electric Light Orchestra, and Blood, Sweat and Tears.



The Broadcasting Club airs each Sunday night. Anyone interested in appearing on the show, contact Delane Nagel. If not, be sure to listen!!

Live And Let Die

By JANICE WHITLOCK and LUANNE SMITH

The sounds of footsteps hung heavily in the air as the convict was lead to his death. The silence was intense as the straps were placed over his arms. Time stopped for one short second then...the switch was pulled. A human being has been put to death for committing a capital crime. Is this just? Is it cruel and inhumane? Should our great nation set its standards at the "eye for an eye" level or the sixth commandment: "Thou shalt not kill"? These are just some of the arguments on the controversial issue of capital punishment.

More murderers are sentenced to punishment by death than any

other criminals. Treason and kidnapping are other crimes usually sentenced to capital punishment or life imprisonment. It's the individual state's right to choose whether or not they enforce the law of capital punishment. It's also a difficult decision. Arguments for and against have gone back and forth for years. Most of the arguments used are based on religion. Some are based on human compassion and yet others are based on fear. It is a decision whether to kill or not to kill and also a decision whether to protect innocent people from what some would call "a crazed psycho-path who can't be helped". Both sides of the argument are sound, so you must form your own opinion on the subject. Have you chosen to let live or let die?

Local Groundhog Dies

By JANICE WHITLOCK

Five years ago, February 2, otherwise known as Groundhog Day, local groundhog residents came out only to be asphyxiated by smoke. Other residents, people that is, remember it as the day Lone Oak High School burned.

Many people in the surrounding area awoke to find they had no water. When they looked out their windows, they could see smoke and flames pouring from the school.

If you were in the middle school then, you can remember it as a beginning and an end. It was the end of the high school, temporarily, and the beginning of double shifts for the middle school. Junior high students were starting classes at 7:00 a.m. and high school

students were finally getting home at 7:00 p.m.

Some of the present high school students were asked to remember their feelings when they realized Lone Oak High School was gone:

Luanne Smith—"I remember looking out the window and seeing the flames. Everybody always wished it would happen, but after it did it wasn't funny."

Donna Peck—"I thought, 'Wow, they don't have to go to school and I do.'"

Kim Mittendorf—"All of the kids came to the junior high."

Julie Daniel—"I remember thinking the high school kids were trashy and messy."

Judy Katzel—"I remember things being stolen out of my gym basket."

It was a very unusual experience, but we all held up and learned to appreciate our school.

LOMS Selects Favorites

After the long bout of winter snow and ice, the eighth grade class decided to select their favorites for various categories. For each of the ten categories, a boy and a girl was chosen. Miss LOJHS is Tracy Burton and Mr. LOJHS is David Jackson. Lady Beautiful is Ginger McCown and Lord Handsome is Kelly Canter.

Most Likely To Succeed are Heather Longton and Russell Sloan. Mary Jane Rouse and Brett Hayes were voted Best Dressed. Tammy Turnbow and David McCullough were selected as Most Talented. Miss Pep is Teresa Harwood and Mike Metcalf is Mr. Hustle. Melinda Mancy is Miss Witty and Bud Calhoun is Mr. Wacky. Tammy Stonecipher was chosen as the Friendliest Girl and the Friendliest Boy is Steve Crews. Mr. and Miss Athlete are Kathy Bechtold and Wes Hagan. Susan Darnell was voted as Miss Flirt and Mr. Wolf is Jeff Babb.

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NATURE'S



CORNER

By LISA HARTON

The first step toward success with house plants is liking to have them around. The second step is finding out whether they like having you around. The most important factor in growing indoor plants is choosing the right plants—plants that are right for you and for your environment.

Here are a few of the most popular house plants and some tips on keeping them healthy.

Heart Shaped Philodendron

Although there are many varieties of philodendron, the most popular of all house plants, perhaps, is the heart shaped philodendron. This is, perhaps, the easiest of all plants to grow. It will grow best in ordinary window light—though not direct sunlight—but will grow in shady areas and in artificial light conditions. Let it dry out between waterings. As far as propagation, it works well enough just to snip off ends when they grow too long and stick the cuttings back in the same pot and before long the cutting has sprouted roots and is growing merrily away.

Asparagus Fern

This is a friendly type plant that requires routine attention but not alot of it. They do not grow well in bright light, and require shade. Low humidity won't bother them, but their soil should be kept from drying out completely.

False Aralia

Some people call this plant false aralia because of its kinship to many of the ivy plants. But you certainly wouldn't call it an ivy upon seeing it. This plants grows with a single, bark-covered trunk and leaf-stalks which bare leaves in a palmate manner.

Moderate light is best for false aralia. It likes neither very sunny nor very dark conditions. Water when soil becomes barely dry. If you tend this plant well, it will eventually become 3-5 feet high. A misting once or twice a week will help plants to keep their lower leaves. Stem cuttings can be rooted in water or moist potting soil.

Silver-Veined Fittonia

These interesting plants have 2 to 4 inch oval leaves intricately veined with showy silver marking. The pink-veined fittonia has pink veined with showy silver markings. out from the leaves and give them a ribbed texture.

Light is not a problem for fittonias, they will tolerate dim lighting. Temperatures above fifty-five degrees at all times are necessary or the leaves will begin to drop. It is best to keep them off of cold window sills.

Keep the soil moist, but not soaking wet. Even under the best of conditions fittonias tend to get leggy after a time, so most growers propagate from cuttings.

Baby's Tears

Baby's tears is one of the names given to this vigorous grower because of the tiny, tiny green leaves that grow from its thread-like vines in enormous amount. It quickly covers any ground you plant it on and sends curious little sprouts over the sides of the pot. For this reason it is often used as a hanging plant.

It calls for moderate to shady lighting. Keep watering to keep soil always moist for healthy baby's tears.

Wandering Jew

There are two plants that are practically the same plant and universally called the wandering jew. The tradescantia has green, silver and white striped leaves, and zebрина, purple, silver and white stripes. Both bear inch long oval pointed leaves growing along trailing stems.

Wandering jew should be watered when soil gets dry. But will stand a considerable amount of neglect. Both plants will grow in fairly dim light as well as sunny and will respond to misting or high humidity.

Cuttings root in the same pot or in other pots as soon as you can cut them. I don't know of a better plant, except the heart shaped philodendron to have in a shady room or shady window.

Norfolk Island Pine

Having this little fellow around is like having a Christmas Tree all year around. The smaller it is when you get it, the better it's chances are for growing. Give it bright light and humidity. Water soil when it dries out. If it is fairly large, it may prefer cool temperatures of fifty to fifty-five degrees, but smaller ones can adapt to house temperatures.

Christmas Cactus

Most people recognize this holiday plant when they see it. It has branches that resemble chains of flat, leathery green leaves, that bare brilliant red or orange flowers on their pendant tips.

These are jungle cacti and are not adapted to direct sunlight. Keep in bright light only. Mist often and water when soil is just dry.

This is a plant that requires devotion, and especially if you want to produce the beautiful flowers. Cutting back on its water 3 to 4 days in September and at the same time the plant must get 10 to 14 hours of uninterrupted and total darkness every night—like a closet. If care is taken then the Christmas Cactus will reward you with the flowering of its double flowered buds of brilliant color.



These days, a fellow can't tell what a girl will do next. And if he can, he shouldn't.



By BRENDA BLACKMAN and KAREN HUNT

"Be my Valentine." This is a popular saying seen on many greeting cards on February 14. Valentine's Day is celebrated as a festival of romance and affection. On this day, people send valentines to their sweethearts, friends and family.

The customs connected with the day probably come from an ancient Roman festival which honored the Roman goddess of women and marriage and the god of nature.

Valentine's Day has been celebrated in many different ways throughout the world. In England, young men would secretly leave a basket of gifts on their loved one's doorstep. In Italy, girls stand by their windows watching for a man to pass the house. They believe that the first man they see will become their husband within the year. In Denmark, some persons send pressed snowdrop flowers to special friends on Valentine's Day.

In some places, an unmarried girl would strike her forehead with a folded rose petal. If the petal cracked, the girl knew that her valentine loved her. When a girl finally married, she could no longer take part in Valentine's Day customs.

The Romans celebrated with young men and women choosing partners for their festival by drawing names. Then the partners exchanged gifts. Many such partnerships ended in marriage.

In 496, the festival was changed to Saint Valentine's Day. One Saint Valentine was a Roman priest who was jailed for aiding persecuted Christians. He was later beheaded and a gate in Rome was named after him. Another Saint Valentine was also known to live in Rome.

In the U.S., Valentine's Day became popular during the Civil War. Many Valentines were hand painted. Some had satin, ribbon and lace trimmings. They were elaborately decorated and some cost as much as ten dollars a piece.

As February 14 approaches, the Oak K Staff took the opportunity to ask students at Lone Oak what they wanted most for Valentine's Day.

- Barbara Lamar—a date
Torrie Keeling—a fuzzy, wuzzy bear
Butch Martin—a 350 in my Vega
Karen Lewis—some insulation for the fire truck
Dana House—some new tires
Mr. Hanrahan—a homeroom that'll show up on time

- Lisa, Karen and Brenda—some chocolate cigars!!!!
Ricky Finnell—a Suzuki 125
Phillip Foster—a good car
Marty Rhea—a diamond ring from Arnie
Janette Swansey—a short, good-looking guy
Chuck Spees—another job
Barry Hagood—Well...I wouldn't want it printed
Donna Peck—Money! Money! Money!!!
Chris Carney—A heart with Jaye in the middle
Connie Sanders—a boyfriend
Jennie Park—a year's supply of burned out light bulbs
Nancy Thompson—a toy poodle
Cathy S., Dana S., Pam A., Karen S., Lisa R.,—a tea party
Vickie Stubblefield—another date with S.H.
Bob Roethemeyer—for the Christmas decorations to be taken down in the cafeteria!!!
Mark Schlapbach—a Boston tape
Kim Moore—a Z-28
Dale Grimm—I already have what I want
Mark Hammons—just to graduate
Johnny Lamar—to pass my permit test
Kris Houser—to go to state
David Wilkins—a big Easter Bunny
Todd Doyle—warm weather
Christina Schwegman—a new name
Melony Houser—a new report card
Carolyn Lamar—to be able to go out
Tina Duncan—a good-looking guy
Kim Coleman—"tall, dark and handsome"
Wade McNeill—Regina C.

Rap On Records

By DONNA PECK

BOB SEGER and The Silver Bullet Band was the sound booming from stereos everywhere as the students of L.O.H.S. passed the long cold days of our "extended vacation." The easy-to-listen-to guitar rhythm of Joe Miguelon and the deep, manly voice of Bob Seger in the title song NIGHT MOVES makes one pine for the long, past days of summer.

Most of Bob Seger's songs are easy listening music that just make you want to sit back and relax for awhile. "Mainstreet" has got a nice easy guitar beat accompanied by, of course, Bob Segers fantastic, country-rock voice.

Don't let this mellow music lead you off into space, for the gut-rocking beat of "Sunspot Baby" will definitely shake you out of it and before you know it you'll be stomping your feet to numbers such as "Mary Lou" and "Come to Papa". Bob Seger's NIGHT MOVES is definitely an album to check out.

WANT MARRIAGE TO LAST?

Who are the people most likely to stay married?

According to government statistics, the higher the education and income of the marriage partners, the better the chances for compatibility.

For example, when both husband and wife are college graduates, 90 per cent have been married only once. When both high school graduates 83 per cent stay married. Among husbands and wives who do not graduate from high schools, only 75 per cent stay together.

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Kathy Herndon fights for the rebound

Practice Sessions Prove Valuable To Lady Flash

By RITA MILLER

Practice, practice, practice: that is what the Lady Flash did during the snowy weather and it seems to have been profitable to them.

During January, Lone Oak's Lady Flash took on three strong county rivals and finished the month with a 5-5 record. Heath's Lady Pirates fell to the Lady Flash after a long struggle with the final score 51-50.

After two weeks of snow and practice the girls were ready to play. Reidland's Lady Hounds visited Lone Oak and were in every sense of the word DEFEATED 58-27.

Then came Tilghman??? The Lady Flash led by one in the first quarter and at the half were only down by four points. The Lady Tornadoes came back and defeated Lone Oak 68-53.

In February the Lady Flash are about even with wins and losses. Livingston Central fell to the Lady Flash and the Lady Flash was defeated by the Lowes Lady Devils.

The remainder of February the girls travel to Carlisle Co., Hickman Co., St. Mary, and Calloway Co.

DANIEL'S DIALOGUE

By JULIE DANIEL

The 1976-77 Girl's Basketball team consists of only two seniors. In this interview with these girls and their coach, Mr. Dennis Griffith, we get a more personal side of the leaders of this year's team!

Kara Kenyon a 5'10" forward for the Purple Flash says her favorite shot is a lay-up. She gets mad easily but seldom has foul trouble. When asked what makes her mad, Kara said to be fouled unnecessarily was the worst thing.

Kara enjoys playing Heath and St. Mary better than other teams, because of the rivalry and the good competition. Tilghman is the toughest competition and therefore, the biggest rivalry in Kara's opinion.

When asked about the fan's support and how she felt about the lack of it, Kara said that it was all a big misunderstanding. She said she was out there to play ball. People backing the team is a really good feeling; it inspires a player to work harder but it's not the main thing in the game.

Kara has no plans to go to college and play basketball.

Kathy Herndon, a 5'8 1/2" forward, says her favorite shot is one that goes in. She gets mad when opponents trip her or pull on her shorts, but she too, seldom gets into foul trouble.

Kathy is an outstanding basketball player and has proven it many times. She has also received notices from PCC and Murray State.

Kathy enjoys playing Tilghman and St. Mary because of rivalry and tough competition. Kathy likes a close game provided we win because close games are more exciting.



Is it gonna go in?

When asked about the school support for the team, Kathy said she used to feel left out but doesn't anymore. Support is a good thing to psych a player up. Of course everyone wants to feel like the school is behind them.

Coach Dennis Griffith said he thought the '76-'77 team was capable of the Regionals if we got a good draw. A good draw would be any team opposite Tilghman's bracket.

Coach Griffith said that there hasn't been enough home games to determine a change in school enthusiasm for the team.

The girls practice approximately ten hours a week. When the school was out for snow the girls only missed one day of practice. They work really hard.

When asked about next year's team Coach said he was getting three starters back plus the Jr. High girls. There is a possibility of some freshmen on next year's team. He has high hopes for a great season in '77-'78.

When a close game is played and we win, that makes for one of Coach Griffith's favorite games.

He says it makes the girls play harder and gets them ready for games to be played under pressure.

These female athletes put out a lot of work to have a good basketball team to represent Lone Oak High School.

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THE QUIZ

Grade Yourself
14-16 Excellent
11-13 Very Good
8-10 Fair

THE SPORT

1. Among major-college basketball teams, which of the following has the best winning percentage over the past 50 years?

- a. St. John's
- b. Kentucky
- c. UCLA

2. Which of these schools has produced the most All-American basketball players?

- a. St. John's
- b. Kentucky
- c. UCLA

3. Who holds the major-college scoring record for points in a single basketball game?

- a. Darrell Floyd
- b. Pete Maravich
- c. Frank Selvy

4. Which of these players holds the record for field-goal percentage in a college career?

- a. Lew Alcindor
- b. Bill Walton
- c. Jerry Lucas

5. Which of the following holds the record for rebounds per game in a college career?

- a. Julius Erving
- b. Artis Gilmore
- c. Bill Russell

6. Which of the following college coaches holds the record for career victories?

- a. Ed Diddle
- b. John Wooden
- c. Adolph Rupp

7. Which of the following active college coaches has the best winning percentage?

- a. Jerry Tarkanian
- b. Bobby Knight
- c. Lou Carnesecca

8. How many national championships did UCLA win under coach John Wooden?

- a. 10
- b. 11
- c. 12

9. Which former college player holds the record for most points per game in a National Collegiate Athletic Association tournament series?

- a. Elvin Hayes
- b. Bill Bradley
- c. Austin Carr

10. Who led all major colleges in scoring last season?

- a. Adrian Dantley
- b. Freeman Williams
- c. Marshall Rogers

11. Which one of the following players was not a three-time college All-American?

- a. John Havlicek
- b. Jerry Lucas
- c. Oscar Robertson

12. Match these former All-Americans with the colleges they attended.

- | | |
|--------------|--------|
| George Mikan | Duke |
| Art Heyman | Denver |
| Vince Boryla | DePaul |

13. When Pete Maravich set the NCAA season-scoring record in 1970, whose record did he break?

- a. Frank Selvy
- b. Pete Maravich
- c. Rick Barry

14. What state has produced the most basketball All-Americans?

- a. Pennsylvania
- b. New York
- c. Ohio

15. True or False: Indiana Coach Bobby Knight was the sixth man on the University of San Francisco team which featured Bill Russell and K.C. Jones.

16. Which of these major-league baseball players was a first-string All-American basketball player in college?

- a. Dick Groat
- b. Frank Howard
- c. Ron Reed

Answers:
1-b 2-b 3-c 4-b 5-b 6-c 7-a 8-a 9-c
10-c 11-a 12-Milan-DePaul
Heyman-Duke Boryla-Denver
13-b 14-b 15-False 16-a

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Flashes Fired Up!

By JANIE PARKER

Hello sports fans! It has really been a SLOW month due to bad weather, but the sports editors have really been on the BALL. To catch everyone up on the basketball round-up, we begin with the last few games in December.

Lone Oak vs Tilghman

On December 21, speed, ironically, and not strength decided the winner of the intense rivalry between the Oakers and Tilghman.

Although having high scorers, Wilkins, 19; Deluna, 18; and Tidwell, 16; Lone Oak waged a bruising battle to Tilghman the final score, 75-67.

Tilghman Christmas Tournament

Lone Oak's first game of the Christmas Tournament was a decisive victory over the second-ranked Mayfield Cardinals. Using five different defenses, the Oakers ambushed the Cardinals 87-57.

In the second game, Lone Oak met Marshall County, but was defeated.

Lone Oak vs Fulton

Lone Oak coasted to their ninth win on January 4. All five starters led in double figures to a 81-60 victory over Fulton Co.

Lone Oak vs Heath

The Varsity team breezed to their tenth win to highlight basketball on January 15 at Heath.

The Oakers, then fourth-ranked, assisted by hot-shooting and balanced scoring to romp the Heath Pirates 85-55.



The Beginning...

Lone Oak vs Symsonia

Symsonia overcame a 6-point lead Lone Oak had in the final minute of play to beat the Purple Flash by the score of 68-62. The Purple Flash played the final 3 minutes without the services of four starters.

LONE OAK VS. REIDLAND

Lone Oak used a balanced scoring attack and good defense to shut down Reidland's offensive attack and defeat the visiting Greyhounds by a score of 99-72.

The game was fairly even in the first few minutes of play with Lone Oak holding a slim eight point lead at the end of the first quarter. The Oakers then out-scored Reidland 28-19 to take a 51-31 half-time lead and coast to the victory. The Oakers were led in scoring by Tony Deluna with 22 points followed by David Wilkins and Jimmy Houser 16 and 15 respectively.

LONE OAK VS. HEATH

Lone Oak used excellent defensive pressure and a good floorgame to beat the "Heath Pirates" by the score of 72-55.

Lone Oak jumped into the lead early and never gave it up in the contest. The Oakers were lead by Brent Dreher with 18 points, and David Wilkins and Keith Montgomery, each with 15 points.

Among many "whoopies" and "Ya-Ha's", "WE WON" was just one of the phrases heard in the Lone Oak gymnasium Friday evening, January 28.

Lone Oak's near-flawless floor game enabled them to boost by Paducah Tilghman 81-75 and record their 12th win in 16 outings.

In the first quarter, the score was tied 8 times, but the Oakers stacked on 8 points and pulled off a 21-20 lead. At the end of the first half, a seven point avalanche triggered a 44-36 lead for the Oakers. At the end of the third quarter, Lone Oak possessed an eleven point lead and went on to beat Paducah Tilghman 81-75.



Dreher buckets two!



...The End



Montgomery puts up two

BEAT Symsonia
Lone Oak
To Avenge
Riders' Loss

By BARRY HAGOOD

The Lone Oak Purple Flash will be trying to avenge an earlier loss to Symsonia as they take on the Rough Riders tonight at Symsonia.

Symsonia defeated Lone Oak in their last meeting after the Oakers lost four starters via the foul route. The Rough Riders then came back from a six-point deficit to hand the Oakers their fourth set-back in nineteen games. Symsonia's record is 17-3.

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