

THE OAK K

ISSUE NO. 4

LONE OAK HIGH SCHOOL

Friday, December 17, 1976

'Understanding Our Folk Heritage' Theme For Annual Folklore Festival

By CATHY SEAY
and BRENDA BLACKMAN

"Understanding our Folk Heritage" was the theme for our second annual Folklore Festival. Folklore students and Mrs. Brugger worked very hard organizing all of the projects.

making pottery, and churning butter.

One of the main exhibits that got attention was the old folks games. Tug-O-War was the main attraction. Other games were sack races, drop the hankerchief, and ribbon races. The toys in the front

students with his folk instruments.

Kent Canter and Rob Echols did their own project of showing and telling about the Kentucky Long Rifle. Kyle Croley also told stories from Admiral Eugene Paro's manuscript, "To Catch A Crawdad- Adventures of Knee Pants



Mrs. Annie Pepper has an attentive audience as she tells about her early days in Lone Oak and of Pepper's Mill.

Students had a day off from their studies as they observed the various exhibits. The displays included antique farm tools, household utensils, and demonstrations of the Colonial way to wash clothes. Other exhibits were the celebration of an old fashioned Christmas, dipping candles, making lye soap, macrame, crocheting, quilting, pulling taffy,

hall were provided by the Market House Museum.

Students also got to listen to different speakers. Mrs. Anne Pepper told the history of Lone Oak. Other speakers were Paul Wood, Kathy Wood, Jeanne Bowling, Mrs. Bertha Wenzel, Mrs. Edwin McNeil, Garvice Douglas, and L.M. Faith. W.E. Bell got special attention from the

Boys at the Turn of the Century."

To end the Folklore Festival, the dancers from Ruth Johnson's school came to show the students various dances from the "Waltz" to the "Hustle".

Several students found out that the "Ole-days" weren't as bad as they thought they were.



Bertha Wenzel sings Paducah Riverboat Folk songs.



Kent Canter and Rob Echols demonstrate the shooting of antique firearms.



Many students participated in the Folklore Day games. Shown here is a tug-of-war game which seemed to have stolen the show.

CALENDAR

Dec. 17	Madrigal Dinner	January 7	Boys vs Crittenden
Dec. 18	Madrigal Dinner	January 7	Semester Ends
Dec. 19	Band Christmas Concert	January 13	Girls vs. Lyon Co.
Dec. 20	Choir Concert	January 14	Girls vs. Heath Boys vs. Heath
Dec. 21	Boys vs PTHS (a)	January 18	Girls vs. St. Mary Boys vs. St. Mary
Dec. 22	Christmas vacation begins	January 21	Boys vs. Symsonia
Dec. 28-31	Tilghman Christmas Tournament	January 25	Girls vs. Reidland Boys vs. Reidland
January 3	Return to school	January 28	Girls vs. PTHS (H) Boys vs. PTHS
January 6	Girls vs. Ballard		

From The Principal

Season Greetings

I pray that each of you will have the Merriest Christmas and Happiest New Year of your life, and that you wish the same to all people around the world who are not so fortunate as we.

We Americans take so many things for granted—such as the freedom to travel where we want, to worship where we want, and

many other freedoms too numerous to mention.

Let all of us give to each other the gifts of patience, self-discipline, the desire to learn and love for all.

Have a Merry Christmas and Happy New Year.

Mr. Behrendt

From The Editor

By DONNA PECK

In this more permissive day and time when Americans, young and old, are exercising their "freedom of choice." I don't think that it is a high estimate to say that 90 per cent of America's teenagers have been confronted with the choice of whether or not to smoke marijuana. With this being one of the major decisions of growing up these days teenagers should know more about marijuana. Much of the information needed to know by teens is buried in the medical literature. Frequently, if he does find it, he can't understand the terminology. If solving the marijuana dilemma were a legal problem only, society would most likely have had an answer long ago. Demanding a scientific evaluation on the other hand not only poses different rules and different dimensions, it prolongs the time needed for a conclusion.

Several studies on marijuana use in other countries—notably India, have indicted addiction, physical degradation and psychiatric disorders as consequences of long term marijuana use, was a statement made by Dr. David Smith, the founder of the Haight-Ashbury Clinic. He continues to say that the studies were of hashish...which is more potent drug formed from the residue of marijuana. But reports say that the pot entering the United States these days is increasingly more potent. Dr. Smith also stated that social and cultural factors are important determinants in the effects of marijuana use. This statement is supported by the difference between Jamaican and American users. The Jamaican subjects reported no increase in appetite, no alteration of time sense, no enhancement of hearing after marijuana use. This leads me to agree with the reasoning that cross cultural comparisons are risky.

The only extensive studies of long-term use of marijuana have been conducted in Jamaica, Costa Rica and Greece. There were no evidence of chromosomal abnormalities. The only apparent physiological differences between the users and the vital organs were moderate: decreases in lung function and slight alterations in hemoglobin levels among subjects. This was the result of the Jamaican study, but both of these changes could result from tobacco use.

Studies in both Costa Rica and Greece indicated that there were no physical deterioration or mental abnormalities of the brains of marijuana user. Unpleasant psychological symptoms did develop in many of the users, however, when they were given doses of tetrahydrocannabinol (THC) higher than their normal tolerance levels.

All three countries produced relative similar results, but it seems puzzling to me why only an average of 39 marijuana users were studied in each country. Furthermore, I don't think the findings should be over interpreted to indicate that there are no hazards. These findings have been derived from studies on a small group of carefully selected users, rare consequences such as brain atrophy or psychosis might not have been detected if they did occur. The subjects were also laborers and farmers in cultures where intellectual impairment would be difficult to detect with standard U.S. tests.

What I do think though is that legislators need to recognize that marijuana is in widespread use now, and that does pose some important problems. With there being 40 million plus marijuana smokers in the United States what should the court system do every time someone is busted for possession? Last year, 450,000 citizens were arrested and jailed by the DE (Drug Enforcement Administration). Personally, it is my opinion that they need not threaten young people with imprisonment to discourage our use of marijuana. If they continue to do so it will only result in the continued filling of America's jails with young marijuana users while the real criminals walk the streets, free. Similar opinions resulted in Keith Stroup's founding of NORML, the National Organization for the Reform of Marijuana Laws, in 1970. Eight states now support the decriminalization of Cannabis sativa.

A survey conducted on the number of marijuana smokers at LOHS conducted that out of 601 students responding to the survey, 298 had experimented with marijuana and of these 298, 78 are regular smokers, meaning they smoke pot approximately six days out of a given week. The students who had never experimented with marijuana numbered 303. Among these 601 students, 233 think pot should be legalized and 167 are undecided. Drugs other than marijuana had been experimented with by 253 students. Only 22 students using them regularly. According to the survey, the Junior class seemed to have the highest rate of marijuana users.

In my opinion, the only conclusive way to determine whether deleterious effects are associated with longterm marijuana use would be a large-scale prospective study. The National Institute on Drug Abuse is working with its consultants to design such a study, but it will be at least a year before they have developed a comprehensive plan. Such a study would probably require at least a \$2-million increase in NIDA'S budget for marijuana research so Congress would probably have to approve the plan. It will thus be at least 2 years before such a study could begin and at least five more years before any results could be obtained.

A Christmas Carol

If Jesus Christ should come again,
On Christmas day, on Christmas day,
To bother the minds of gentlemen
On Christmas day in the morning?

The first one said as he passed by,
As he passed by, as he passed by,
"I see three thieves a-hanging high,
This Christmas day in the morning."

The second one said, "What sinful men!
What sinful men, what sinful men!
Hanging is too good for them,
On Christmas day in the morning."

The third one said, "Oh stay your word!
Stay your word, oh stay your word!
Do you not see that one's the Lord,
This Christmas day in the morning?"

"I know him by his weary head,
His weary head, his weary head."
Whereat they all fell sore adread,
That Christmas day in the morning.

"How sad this is we all avow,
Yes indeed, we all avow!
But what shall we do about it now,
On Christmas day in the morning?"

PRIMUS
I'll run away as fast as I may,
As fast as I may, as fast as I may,

And pretend I haven't been out all day,
On Christmas day in the morning."

SECUNDUS
"I'll buy Him a shroud that's spick and span,
Spick and Span, spick and span,
For I was always a generous man,
On Christmas day in the morning."

TERTIUS
"But what if we should cut Him down,
Cut Him down, cut Him down?"

SECUNDUS ET PRIMUS
"You fool, do you want to arouse the town,
On Christmas day in the morning?"

"My speech was rash," the third one said,
The third one said, the third one said,
"We're surer of God when we know He's dead,
On any day in the morning."

They knelt in the snow and prayed and bowed,
Prayed and bowed, prayed and bowed,
And the two dead thieves laughed out aloud
On Christmas day in the morning.

As Jesus Christ was hanging high,
Hanging high, hanging high,
He saw three Christians, passing by,
On Christmas day in the morning.

By STEPHEN VINCENT BENET



A book review on the Bible? Why not? Perhaps it is a bit "off-color" and a trifle uncomfortable to think about, but nevertheless, this religious book holds the most moving Christmas story ever written! And, what could be more powerful than the way it actually happened?

The most picturesque scenes of the birth of Jesus Christ are drawn in Luke, chapter 2, and Matthew, chapter 1. The pompous air and the descriptive language creates an unforgettable Christmas sensation..

ONCE UPON A CHRISTMAS is a collection of stories by Pearl S. Buck in which she dramatizes the spirit of Christmas as it appears in humanity at this special time of the year. The tales are varied for the interests of both adults and children.

Do you find yourself somewhat lacking in enthusiasm for Christmas this year? There is nothing like a heartwarming Christmas story to bring out the old yuletide spirit in all of us. THE HOMECOMING by Earl Hamner Jr. is just that.

The head of the Spencer family, Clay, has failed to arrive home, although it is Christmas Eve. The oldest son, Clay-Boy, goes to search for his father in the snowbound Virginia Hills while his mother and seven brothers and sisters wait at home. The book tells of his adventures that night and ends happily of course.

Even if you have seen it already on television, this story is worth re-living through the book.

A CERTAIN STAR pertains to a man who has lost touch with his wife and children but through the magic of the Christmas Star he regains his family.

THE CHRISTMAS AWAY FROM HOME relates an enchanting story about a holiday celebrated in a foreign atmosphere

without any of the usual festivities the author was accustomed to. But this particular Christmas became one she long remembered and cherished as an inspiration.

While Mary and Joseph, in Nazareth, quietly shared the secret of her destiny, in distant corners of the earth three different men urged their camels toward an unknown destination.

As Melchior, Gasper and Balthazar follow the star, Norah Lofts creates an imaginative background in HOW FAR TO BETHLEHEM? for the birth of Christ in unforgettable human terms. The Holy Family, the wise men, the shepherds, the innkeeper and his wife—all come alive in this reverent novel.

Oak K Staff

The Oak K is edited and managed by a staff of Lone Oak High School students. Advertising space may be bought at the price of \$2 per column inch. Mail subscriptions may be purchased at an annual rate of \$2 per postage.

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Kris Houser

Houser Chosen Profile

By JUDY KATZEL

"Congratulations, Kris Houser! You've been voted December's Student Profile!" Kris, slightly stunned, replied, "I think it is a great honor!"

Kris, who has attended Lone Oak for ten years, now finds himself as President of the Sophomore Class, a member of Fellowship of Christian Athletics and the golf team, and a Junior Varsity basketball player.

College seems a distant prospect for Kris, but when asked to make a comment on the furthering of his education, he replied, "I'll probably go two years to PCC, and then to U.K., but I really hate to speculate that far in the future."

Presently, Kris spends his time fishing, hunting, playing baseball

and basketball, and occasionally, a moment is spared for Typing, Health, English II, Biology, and Geometry!

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Local Young Democrats Support Jimmy Carter In Presidential Election

By LISA SUMMERS

On the Monday night before the presidential election, did you happen to be dragged from your favorite T.V. show by some nose person on the phone who was inquiring if you were voting and for whom? If so, you can blame it on some of your fellow classmates because this was just one of the many activities performed by the members of the Paducah-McCracken County Young Democrats.

An active club with a growing membership like the Young Democrats must have a driving force behind it. The driving force of the Young Democrats at this time is president, Bobby Clark, a 1976 Lone Oak graduate. He has led the club in all their activities, the most recent being their participation in the presidential election. Young Democrats spent their days canvassing neighborhoods door to door and their nights working at Democrat Headquar-

ters. It was not all work and no play however, they also participated in the all night celebration party following Jimmy Carter's victory.

Club meetings are usually held the first Monday of each month at Bonanza Steak House. Often a local political figure such Johnny Boatwright or Dolly McNutt will speak.

Anyone who is interested in learning more about and participating in politics is invited to join the Young Democrats. If you would like more information on the club contact one of these Lone Oak members: Kim Harper, Kim Helfer, Bob Roethemeyer, Lisa Summers, or president-Bobby Clark.

Red Cross Youth Hold Meeting

By SUSAN WALTON

The McCracken County Red Cross Youth Group had their second organizing meeting of the year on December 7 at 3:30 p.m. They plan to meet once a month from now until May.

Mr. Tony Markgraf, owner of Kingsway Skateland and head of the Red Cross Youth, explained some of the purposes and projects of the coming year. The youths hope to gain self-satisfaction by helping others. They will try to assist the Red Cross, have fund raising projects, contact elders in the community, and participate in many other service projects.

Temporary officers were elected for a period of 60 days by 17 prospective members. The officers are president, Bill Justice; vice-president, Sandy Story; secretary, Robin Herzog; treasurer, Bob Wade; standing committee chairman, John Archer; and social chairman, David Hays.

McCracken County schools represented were Jetton Junior High, Lone Oak High, Reidland High, St. Mary High, and Tilghman High. The group is to be made up from as many interested junior high and high school students in the county as possible. Each school will elect three voting delegates.

The first activity of the year will be caroling at each of Paducah's nursing homes. Anyone interested should come to the Red Cross headquarters on Tuesday, December 21, at 6:00 p.m.

Those attending the meeting from Lone Oak were Tammy Johnson, Marcia Jones, Kim Mittendorf, Lisa Summers, and Susan Walton.

Miss Pleasant Is Jr. Rotarian

By KIM MORRIS

Tracy Pleasant was chosen Junior Rotarian to represent Lone Oak High School for the month of December. Every Wednesday the Rotary Club meets at Grief's Restaurant for lunch and discusses ways to aid the community. The first meeting that Tracy attended was December 1, 1976. She met and talked to members of the Rotary Club and other Junior Rotarians from area high schools.

When asked how she felt to be this month's Junior Rotarian, Tracy's reply was, "I was honored. I have heard much about the Rotary Club and I am excited to be able to attend some of the meetings." Tracy is leading a very active Senior year. She is the

Editor of the Oak Leaves Annual, President of the Pep Club, Treasurer of the Student Council, Vice-President of the Biology Club, and is a Varsity Cheerleader. Some of her hobbies are water skiing, softball, and cheerleading.



Tracy Pleasant

Every man/ woman is not equal to every other.

But each must be free in equal measure to become-with the help of God-what he or she is capable of being.

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Mr. Hanrahan

Hanrahan Teacher Profile

By JUDY KATZEL

"It's only because I like you!" This statement is commonly heard in the room of December's Teacher Profile, Mr. George Hanrahan—especially when a student is sulking over a low grade!

From behind his cluttered desk, Mr. Hanrahan lectures on the subjects of United States History and Civics. He holds a BS degree from Murray State University, with majors in History and Political Science, and a MA in United States History.

His easy going and relaxed manner was very apparent as he spoke of his sponsorship of Hi-Y and of teaching in general. "I enjoy my job, because I like to talk to young people."

In his spare time, Mr. Hanrahan enjoys hunting, being outdoors, and spending time with his family.

The students of Lone Oak appreciate having a teacher such as Mr. Hanrahan, who strives to make his classes interesting and appealing!

Hunting Season Opens Paul Harvey Addresses Large Paducah Audience

By JULIE DANIEL

Have you been wondering about the gun shots you've been hearing lately? It's not the outbreak of World War III. It's a sign of the opening of hunting season. With the passing of Fall and returning of winter more and more men put on their bright orange coats and hats and go out with their faithful companion, the dog, and their trusty weapon, the gun!

On December 4, deer began to run for their lives. During deer season there are certain days that hunters can kill does and certain days that they can kill bucks. To get a deer the hunter will select a likely spot for deer and climb a tree and wait and wait in hopes that one will pass by so he can shoot it with either a gun or bow and arrow. Deer meat is cut up into steaks and is called venison. It's delicious!

Quail and pheasant hunting is very popular, too. This is when man's best friend, the dog, comes into the picture. There are several different types of hunting dogs that prove useful during hunting seasons. A hunter without a dog would run up on a covey in a field and the birds would scatter and he wouldn't get a good aim and more than likely would miss the birds altogether. The dog can pick up the scent and point a covey to enable the hunter to flush the birds and get a good aim;



Dr. Holladay and "Deb"

therefore, killing a bird most of the time.

I bet you never really wondered how that big juicy duck got on your table at Christmas. Well, if your Mom didn't buy it at the grocery store, your father or brother have probably been out sitting in the freezing cold near water waiting for a flock of ducks to land all day. Many times a hunter will use a blind to camouflage himself. Decoys are also used to attract ducks to land. A decoy is a plastic replica of a duck. It really works!

Although hunters freeze, get tired, and sometimes don't get anything you can bet they've really had a good time!

By KIM MITTENDORF
Paul Harvey, the well-known radio and television commentator, traveled to Paducah in the latter part of November to speak to an audience of about 1,000 people at Paducah Tilghman High School auditorium.

The Associated General Contractors of Western Kentucky sponsored this appearance by Harvey and were pleased with the show of interest by those persons attending the speech.

Paul Harvey, distinguished by his intense, informative style of announcing, commented that he first began his career by imitating other radio announcers so well that "you couldn't tell the difference between me and them". But after a radio station program director told him to be himself, Harvey developed his unique style

of announcing which he retains today in his commentaries.

Harvey believes the major factor which inspired him in his success was that he grew up in the depression of the 1930's. He further explained, "Those of us who lived that time will be running scared all of our lives."

The great repertoire, from which Paul Harvey's staff takes suitable program material, includes newspapers, wire services, and tips from friends each day in a Chicago office. Accuracy is a goal Harvey likes to consistently reach although he doesn't claim to be infallible. His prediction almost 20 years ago that Elvis Presley would not "last one year" scratches an almost clean slate of reporting and observing news events perfectly.

Politics is an important part of Harvey's broadcasts, but he refuses to endorse any candidate. He feels hopeful about today's politicians and views, "I think there is a new breed of politicians made of those who have learned

something from such incidents as the New York financial crisis."

Harvey's broadcast programs are unique in the use of ad-lib and live commercials. He says, "I use everything I advertise and I believe in the products." He does exclude from his advertisers such products as alcoholic beverages.

Paul Harvey calls upon his years of experience to proclaim to young people now to "Become a second banana." "There is a growing need for capable second lieutenants."

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Biology Club Takes Field Trip

The Biology Club journeyed forth recently on its annual trip through the Land Between the Lakes wilderness. The five mile jaunt proved tiring, but it was well worth the effort. The trip gave the hikers a chance to see and feel nature at its glorious best.

After a brief bus ride, we arrived at the Interpretive Center, which consisted of a small museum and an office where we obtained travel guides. The wildlife museum contained various stuffed animals as well as a look at life in the Lakeland as it was eighty or more years ago. We began meandering a short distance from the Center and soon came across the beginning of the "Honker Lake" trail, which we followed for the rest of the outing. The hike was far from just walking, however. Mark Hammons and Larry Hagood were seen going into fits of crazed delirium and wander through the woods making strange sounds and chasing innocent animals. The cause of this illness has not yet been determined. The sane members of the troupe gathered biological specimens and enjoyed the wondrous sights. The trail wound up steep hills and through small valleys; however,

this did not deter the brave club members. Such awesome dangers as rickety bridges and unknown, bottomless pits loomed large. After much slipping and sliding and grunts and groans, the fearless pioneers wound their way to the silk overlook where we enjoyed the delicacies always served in a basic sack lunch. It was an enjoyable experience and well worth the sore legs and worn shoes!

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Classes Elect 'Favorites'

By DAVID STORY

Ballots were cast recently electing class "favorites" from the junior, sophomore, and freshman classes. Those elected were:

Since all these people are quite well liked, we decided to give the students an "insight" on what the class favorites are like. Roy, in his first year at Lone

"I think the school spirit at LOHS is better than that of the surrounding schools," was Kris's response when asked what he thought our school's greatest asset is. Kris is a student with many interests in sports including football, baseball, basketball, golf and about anything else. Kris's school activities include FCA, the golf team, and the basketball team.

Who can be seen cheerleading, managing the baseball team or playing softball in the summer? That's right, Kathy Garland. Kathy is a girl who is really involved in school functions. They include DECA, Music Club, Pep Club, and the Junior Varsity Cheerleading Squad. Kathy enjoys attending Lone Oak and commented, "I think that Lone Oak is the best school around." In the future Kathy hopes to become an airline stewardess.

Tanya, more of the outdoor type, enjoys swimming, bicycles and above all cheerleading. She is a member of the Tri-Hi-Y, Pep Club, and the Freshman Cheerleading Squad. Tanya has high hopes for the future and intends to pursue a career as a dental hygienist. Tanya, in her first year at Lone Oak, commented, "I like this school better than the Middle School. We enjoy a lot of freedom."

Motorcycles, football, and basketball are what interest freshman Dane Fulkerson most. Dane is a member of the freshman football and basketball teams, FCA, and the student council. He hopes to attend the University of Kentucky. When asked how he felt about Lone Oak as a whole, he replied, "It's like a second home to me. I really like it."

Oak, said, "I really like Lone Oak because I feel as though I've always known everyone here." Roy's interests include football, basketball, and baseball. He is also a member of FCA and hopes upon graduation to go to college on an athletic scholarship.

Julie is a student with outstanding talents in the field of music. Julie has played the piano for several years, and is a member of the Band and Music Club. Julie is also a student with a lot of school spirit. She is a member of the Pep Club and commented, "I wouldn't attend any other school but Lone Oak."



Junior Class Favorites: Roy Bohannon and Julie Folsom

Juniors, Roy Bohannon, and Julie Folsom; Sophomores, Kris Houser and Kathy Garland; and Freshmen, Dane Fulkerson and Tanya Jackson.



Sophomore Class Favorites: Kathy Garland and Kris Houser



Freshman Class Favorites: Tanya Jackson and Dane Fulkerson

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There are only 10 basic metric measurements which most people will use in everyday life and they are listed below:

- *kilometer--about 0.6 mile.
- *meter--about 1.1 yards.
- *centimeter--about 0.4 inch.
- *millimeter--about 0.04 inch.
- *liter--about 1.06 quarts.
- *milliliter--about one-fifth of a teaspoon.
- *kilogram--about 2.2 pounds
- *gram--about the weight of a small paper clip.
- *hectare--about 2.25 acres.
- *metric ton--about 1.1 short tons.

Numerous metric brochures, charts and reports are available for nominal fees from the Superintendent of Documents, Government Printing Office, Washington, D.C. 20402. A list of publications and prices may be obtained by writing and requesting the "Weights and Measures" list.

Sessions With Sawyer

It's really getting close to Christmas, and I bet you're wondering what to get all of those dozens of people on your list without scraping the bottom of your piggybank! Well, I've got a few ideas that don't cost much at all, but really mean a lot to the receiver, because they're specially made-by-you!

One suggestion is a decoupage trashcan! Just go through magazines and cut out pictures, words, phrases; anything that pertains to the person you're giving it to. Glue them on the trash can, covering it completely. After the glue has dried, spray it with shellac. That's one way to make someone think of you when they empty the trash!

If you're good with a needle and thread, make someone a personalized pillow for his car or room! A simple way to make one is to buy two washcloths, felt for the letters, and fringe. Cut letters or a design out of the felt and sew onto one of the washcloths. Sew the fringe on, then sew three sides of the washcloths together. Stuff the pillow, and then sew the last seam of the cloths.

Play Santa Claus and make someone special a Christmas stocking! Red felt is great to make

them with. Be creative and sew bunches of sequins and buttons on. Embroider the name or sew letters on it. Then bake bunches of Christmas cookies and candies to fill it to the brim!

For that best friend or special guy, write a book! A great way to say you care is by writing it down. Start with a 'nothing' book-just a book with blank pages. Fill it with your favorite songs, poems and quotations. Even compose some of your own! In a special section write some of the crazy things you've done together-memories you'll both want to keep. It's a great gift that will be treasured forever.

A gift that can really mean a lot may not be more than a promise written on a piece of paper! Such as promising Mom or Dad to cook supper one night a week for a year, make your bed every day, be home on time on Saturday night, a free car wash once a month, or breakfast in bed every Sunday!

I hope I've given you a few ideas to keep you from robbing a bank in order to do your Christmas shopping! Now your only problem is finding the time in your busy holiday schedule to put these ideas to work!

3 Paducah Burger Chefs

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Madrigals Host Dinner



Laura Peavler keeps the Madrigal guest register.

The Madrigals eagerly await their performance for tonight and tomorrow night. Their performance will begin at 6:30. The singers are as follows: Seated: Terri Taylor, Jack Vaughn, Janie Parker, David Stephens, Alan Jewell, Beth Hawkins, Budde Garland, Mendy Weitlauf. Standing: Myleda Hall, Richard Summers, Cindy Morris, Mike Cooper, David Merring, Judy Katzel, Barry Elliot, Denise Adams.



By LISA HARTON

Along with all the festive activities the Christmas season brings, the Choir Department will present their annual 'Madrigal Dinner' tonight and tomorrow night in the high school cafeteria.

Hors D'oeuvres will be served from 6:30 to 7:00 both nights. At 7:00 the Maitre d' will announce dinner and admit guests into the dining hall. The Madrigals will promenade to the tune of 'Deck the Halls' into a semicircle around the seated diners. They then will make their way to the head table. After singing 'Here We Come A Wassailing' and 'My Masters Be Merry', selected senior Madrigals will make toasts to the Christmas season with the wassail cup. The fourth fanfare 'The Boar's Head Carol' is sung as the Maitre d' brings the Boar's head to the head table and dinner is served to the guests. 'Oh Bring Me Some Figgy Pudding', the final fanfare is sung at the end of the meal, at which time the Maitre d's bring forth two flaming fig puddings. After dessert the Madrigals will present a 30 minute program of sacred Christmas music.

The Maitre d's of the evening will be Arland Wynn and Steve Joyce. Hospitality Hostess is Lisa Harton and the Hostess in charge of Hors D'oeuvres are Nancy Adams and Joy Williams. Ticket chairman is Janice Whitlock and keeping the guest register will be Laura Peavler.

Waitresses are: Alesia Bear-den, Kim Coleman, Susan Greeno, Tammie Henson, Ronnica Jeffrey, Angela McCullough, Karen Meadows, Kim Morris, Tana Overstreet, Belinda Riley, Connie Sanders, Joanie Sawyer, Nancy

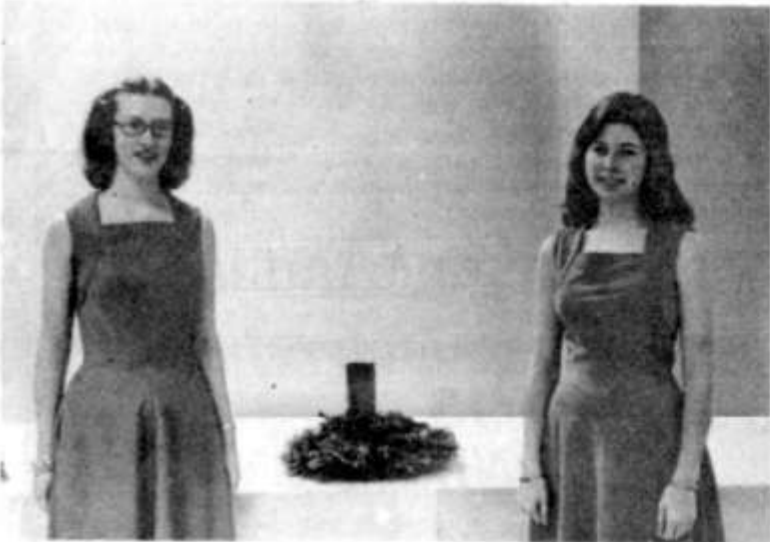
Thompson, JoAnne Wheeler, Alice Whitfield, Cindy Williams, Tina Reed, Julie Pirtle, and Jana Vandry.

Walters are: Kevin Criswell, Greg Dunker, Mitch Dunlap, Mark Edwards, Jeff Lawrence, Chet Overstreet, Marvin Quertermous,

Jeff Reeves, Dennis Sanders, Robin Steele, Fred Watkins,

Micky Watson and David Yancy. Madrigal singers are: Sopranos: Myleda Hall, Cindy Morris, Janie Parker, and Terri Taylor;

Altos: Denise Adams, Judy Katzel, Beth Hawkins, and Mendy Weitlauf; Tenors: Alan Jewell, Budde Garland, David Herring, and Barry Elliot; Bases: Mike Cooper, David Stephens, Richard Summers, and Jack Vaughn.



Nancy Adams and Joy Williams, serving the hor d'oeuvres.



Maitre d's Steve Joyce and Arland Wynn, along with hostess Lisa Harton, await arriving guests.



The energetic waiters and waitresses prepare to serve the meal.

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DANIEL'S DIALOGUE

By JULIE DANIEL

Mixing business with pleasure I interviewed four varsity basketball players so that you might get to see their own personal views on this year's team, and a little about themselves. After the interviews were completed I found the consensus was this year's team will go to state.

Tony DeLuna a 6'3", 195 lb. senior is playing center on this year's basketball team. During Tony's high school years the most points he's ever scored in any one game is twenty-six. He likes to shoot outside.

Fouling is something Tony knows about and is learning to control. When asked about his foul trouble, Tony said that he gets mad when players start pushing on him and he loses his temper. Tony is a very aggressive player.

The crowd plays a big part in psyching Tony up for the game. He said during practice when there are no fans he doesn't seem to do as well.

Tony has been playing basketball since he was in sixth grade and played intramural ball. His favorite years so far are eighth and ninth when we were undefeated but Tony says this year will top them all. In his opinion our team will go to state.

Tony attended Cooper White-side Elementary school in a predominately black neighborhood. He was constantly having to take up for himself against other kids. This probably has much to do with Tony's aggressiveness on the court. Tony was always big for his age and his elementary teachers

called him "Big Ox."

Tony would like to further his basketball career with an athletic scholarship in college.

Jimmy Houser plays guard this year for the Purple Flash. He is a 6' 145 lb. senior. When asked how far our team will go Jim said, "We can go as far as we want to go; We've just got to have the determination. We've got to want it, to win." To conclude the statement Jimmy said he thought that the team would go all the way this year if they just kept improving and didn't get too over-confident.

Jimmy's personal record for points scored in one game is twenty-six, and his favorite shot is top of the key. The only time during a game that Jimmy hears the crowd is when he's taking the ball out and when he's shooting foul shots.

While on the court Jim said he thinks about what to do to help the team out and keep them going. Jimmy seldom gets into foul trouble. He said that he never lets his emotions show; that when the going gets rough, he doesn't lose his temper and is better able to keep his teammates calm.

In Jim's opinion, Lone Oak isn't liked by too many people outside the school. Lone Oak is known for being mean and aggressive in athletics. He likes the idea of not being a favorite; he says it makes him work harder and it makes Lone Oak a more original school.

Jimmy said the toughest team he plays against is Tilghman and his most hated game was when we clashed with Symsonia last year at Symsonia.

Jim has no plans of playing ball in college. He just wants to go to school for the learning and not the game.

Brent Dreher is a 6 foot 2 inches 175 lb. junior playing forward this year. He has been playing

basketball since he was nine years old.

In Brent's sophomore year he left Lone Oak in January to have a back operation. It involved taking a bone from his hip and putting it in his back. Brent had an unstable vertebrae and the operation to correct it was called a spinal fusion. Brent returned to school exactly a year later as a sophomore and resumed his classes where he left off.

Brent likes a close game. He says it can bring out the best in a player, but prefers winning by a large margin.

The maximum points Brent has ever scored in one game is fourteen and with his usual humor said his favorite shot is one that goes in.

Brent thinks this year we will go to state. He says the team gets along well with each other and with a good team effort we can make it this year.

This is Brent's first year to start Varsity and one of his biggest goals is to play basketball for a college.

Keith Montgomery a 6 foot 175 lb. senior plays forward for Lone Oak this year. When Keith is on the court he keeps his mind on the game; he thinks about winning and doing his best while playing. Keith's maximum is 30 points in one game his sophomore year against Reidland. His favorite shot is a fast lay up. Keith has been playing basketball since he was ten years old. Now that he's playing for the high school he says the team practices two or two and a half hours a day. At times he gets tired when Coach Norris runs them a lot.

Usually Keith doesn't get into foul trouble. He doesn't lose his temper easily, but when someone fouls him unnecessarily he does tend to get mad and hit them back. He likes to play physical.

The only time Keith hears the crowd during the game is when he shoots foul shots. Fans have the biggest effect on him when the team is warming up before the game. He said it was really good to know a lot of people are behind the team.

Keith says the toughest team he's been up against is Tilghman. He dislikes playing Cairo Camelot more than any other team because it's really not a game. They are too easy.

Keith feels there is a good possibility our team will go to state this year. They are hard workers and if they keep it up we might win it!

Keith said he doesn't intend to go to college after graduation or carry on with his basketball career.

Colonels Receive Trophies

By LUANNE SMITH

The Kentucky Colonels received first place in the Princeton Christmas Parade, Dec. 4. Second place in the senior band class went to the Lyon County marching band. Awards were given for the winning floats, Junior High bands and Senior High bands.

This was the Colonel band's fourth first place trophy so far this year. They have also received

three second place trophies and one third place.

The Colonels will perform their annual Christmas concert, December 19, at three o'clock in the Lone Oak Gymnasium. They will select music from the old favorites and some new arrangements such as: "Sleigh Ride," "Home for Christmas," "Fa La La and All That," "Toboggan" "Winter Wonderland" and several other choice songs.

Webb Has High Hopes

By BARBARA LAMAR

This year's Freshman basketball team started their season with a 40-29 victory over Hickman County. Coach Webb has high hopes for his team to have a successful year. He feels as though they will improve as the season progresses.

Stan Shoemaker is the high point man on the team. For the first three games he has a total of

60 points, for an average of 20 points per game.

In the Hickman County game Shoemaker scored 29 points, while Ronnie Overton and Randal Cruse pulled down 8 rebounds each. In the Calloway County game, Shoemaker scored 18 points, in a 57-54 loss. Coach pointed out that a better free-throw percentage would have won the game! Against Livingston County Shoemaker scored 13 points.

LOMS Teams Have Debut

By JANICE WHITLOCK

At the Middle School, a group of ladies known as the "Lady Flash" made their way in an athletic debut in an all-out war against Metropolis. The seventh graders fought but lost their first game with a score of 37 to 8. The eighth

graders put up a real struggle, but slipped to a 27 to 21 loss.

The seventh and eighth grade boys played St. Thomas More and were victorious in their first game of the season. The seventh graders won with a 25 to 19 final score. The eighth graders won by the same six point margin of 36 to 30.

Choir To Present Annual Candlelight Concert Dec. 20

The Lone Oak High School Choir will present its ninth annual Candlelight Christmas Concert at 7:00 P.M. in the sanctuary of Lone Oak Baptist Church. The evening will begin with the acolytes lighting the candles, Mickey Watson and Dennis Sanders, after which the Madrigals will present four numbers. "Ding Dong Merrily on High" Arr. C. Wood; "Sing Noel", Arr. W.A.F.; "Glory Be to God", Jean Berge; and "Winds Through the Olive Trees" P. Christiansen, soloist. Janie Parker. After the Madrigal portion of the program the Choir will make its candlelight procession to the tune of "Angels We Have Heard on High." After the choir is in place in the choir loft, they will present their concert of Christmas music. The program is as follows:

- | | |
|------------------------------------|---------------|
| Cantate Domino | Croce-Martens |
| Hodie Christus Natus est | Nanino |
| Listen to the Lambs | Dett |
| Solo, Janie Parker | |
| The Glory Manger | Schroth |
| Solo, Myleda Hall | |
| Go Tell it on the Mountain | Work |
| Solo, Terri Taylor & Mickey Watson | |
| Sing We Now of Christmas | Arr. Simeone |
| Joy To the World | |
| It Came Upon a Midnight Clear | |
| Hark The Herald Angels Sing | |
| O Little Town of Bethlehem | |
| The First Noel | |
| The Angels Song | Tschesnokov |
| Glory to God in The Highest | Whitford |
| Hallelujah Chorus | Handel |

The Hallelujah Chorus will be sung by the choir and former choir members who may be in the audience. After the Hallelujah Chorus the Choir will make its Candlelight recessional and the acolytes will extinguish the candles signifying the end of the concert.

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FFA

The chapter held the Courier-Journal Essay Contest. First place was taken by Stephanie Cates, Eric Hall came in second, and James Feast came in third. Stephanie will represent the chapter at the Regional Contest.

The Chapter held a Greenhand Initiation during the December meeting. Fourteen Freshmen were initiated. The initiation rules called for them to have their right hand to be dyed green. They were as follows: Alan Baker, Tim Broyles, Stephanie Cates, James Feast, Robert Habeck, Eric Hall, Jeff Kern, Scott Leady, Bruce McFall, Paul McGowan, Tanya Myatt, Ricky Nelson, Robert Sheerer, and Alan Stubblefield.

In the December meeting the chapter voted to distribute Christmas baskets to the needy in the area.

The Chapter donated \$47 to the Telethon of Stars.



MUSIC CLUB

The Music Club really had a treat this month for their program. Mitch Dunlap and Fred Watkins filled the bandroom with music as they sang and played their guitars. Some of their selections were "Beth", "Lying Eyes", "Tin Man" and "Daisy Jane".

BETA CLUB

The Beta Club held its first meeting of this year in November and elected its new officers. They are President, Lisa Summers; Vice President, Greta Hipp; Secretary, Janet Henley; and Treasurer, Joy Williams. At the last meeting it was decided that the Beta Club and those students of L.O.H.S. who wish to, would sponsor a tea for the Senior Citizens. The tea was held December 12. The various committees that were formed made the tea success. The club then decided to have door prizes this year to be given away by Santa Claus.

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TRI-HI-Y

KUNA was held in late November and both Hi-Y and Tri-Hi-Y attended. The convention was held at Lexington, Ky.

KUNA (Kentucky United Nation Assembly) is a mock convention similar to the United Nations. All delegates from Kentucky High Schools meet and discuss bills and carry on a convention like that of the United Nation. The purpose of this convention is to help high school students become more aware of the United Nations and how it works.

In the past few weeks Tri-Hi-Y has been busy with many charity projects. The roadblock set up for Cystic Fibrosis collected a total of \$423.00. Luanne Smith gave a report on K.U.N.A. Girls interested in Japanese penpals turned in their names and plans for Christmas baskets were made.

JUNIOR HISTORIANS

In the fourth meeting of the Junior Historians, the president, Cookie Franklin reported the chili supper was a success. The area clubs raised over \$400 to pay on the mortgage of the Alben Barkley museum.

It was also decided that the club would sponsor the Christmas Open House at the museum. We will also make Christmas decorations that will be sold.

ART CLUB

The December Art Club guest was Russell Walker, a junior at LOHS, and Mrs. Floyd, the art teacher. Russell brought a portion of his Indian pottery collection and gave the history of these acquisitions and their approximate worth. Russell answered questions about his pottery from club members. Mrs. Floyd demonstrated various techniques of throwing pottery on the potter's wheel, explaining the different types of clay and their different stages of finishing. Also shown were many tools for creating your own custom pottery.

F H A



Rick Farlee
FHA Sweetheart

"Sleigh Bells Ring, Are you Listening?" This is just one of the many Christmas songs which will be sung as the FHA girls Christmas carol, December 16, for the local Convalescent Centers. The annual event of taking a Christmas basket to a family will be followed by a Christmas party at school.

It's FHA Sweetheart time again, and at our last meeting Rick Farlee was selected as our 1976-77 Sweetheart. Rick will be honored at some later activities.

Prizes were passed out to the girls who sold magazines and I might add, girls you did a fine job this year selling magazines.

Congratulations are in order to Cindy Chambers, Bobbie Dowdy, and Sheina Cruse, who received FHA pins and degree symbols, for completing work on degrees last year.



THESPIANS

"Once upon a time, on Christmas Eve, a little child wandered up and down the streets of a village. The snow was falling thick and fast...his tiny feet were cold and blue...he smiled as he peeped into the windows gay with Christmas."

Thespian troupe 2469, of Lone Oak High School, set the mood for their production of "Christmas Windows" with those opening lines. This Christmas play was presented at the Lone Oak Methodist Church on the night of December 14.

This story of a tiny child looking for love and comfort on the eve of Christ's birth, will also be performed for the entire school on December.

PHYSICAL SCIENCE CLUB

The meeting began with the announcement that Sun Audio would bring their equipment and demonstrate it at the next club meeting. Members who wanted to practice enlarging prints were asked to sign up with Randy Doores. Next week members who signed up to work at the ball games will be shown how to operate the television equipment. This year, the Murray Science is associated with the National Science year. There are six divisions which are biology, chemistry, physics, geography, mathematics, and earth science. dents receiving recognition at the Science Fair has a chance of receiving scholarships. On March 27 and 28 there is a seminar at the University of Louisville. The seminar is for those 135 students and their teachers who wrote a good research paper pertaining to an area in science. The trip is all expense paid. A field trip is being planned for the members of the club to Murray. The students will be attending a seminar called Earth to Mars in '77.



FBLA

On December 2, the F.B.L.A. Club held its fourth meeting. Mary Vowell gave a brief report of the point system and a new committee for the bulletin board was formed. The club voted to have a pizza party on Monday, December 13, and take fruit bought from the band and cookies to the Medco Nursing Home as a service project. We will donate \$10.00 to the Beta Club for the Senior Citizens Tea on Sunday, December 12. We will also donate money to buy Christmas presents for our little "brother" and "sister", Herbie and Jeanette. The meeting was adjourned and cookies and Cokes were served.

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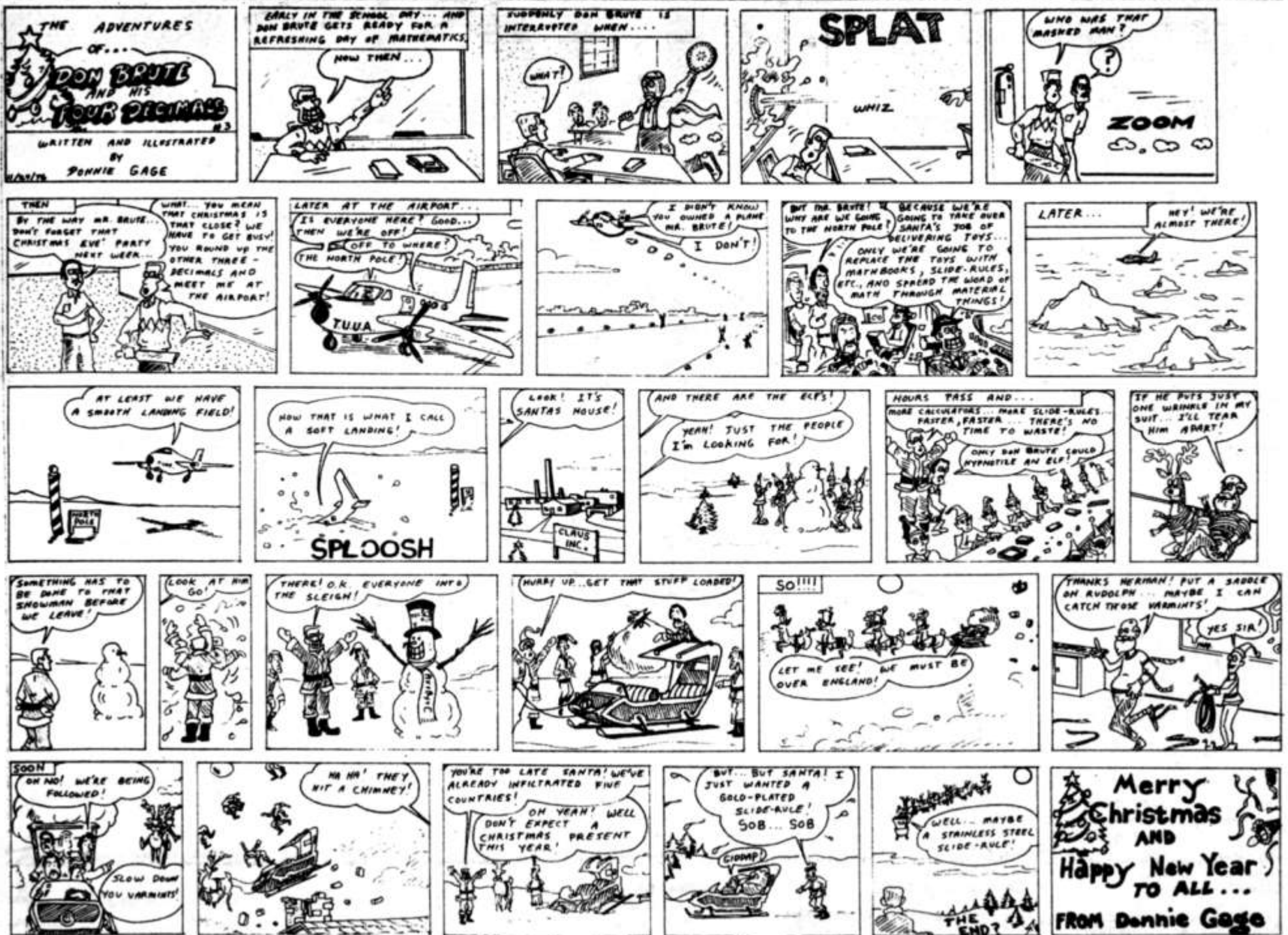
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OF THE MONTH
 Saying "Hey, he's alright!"
 Song-Livin' Thing by ELO
 Group-Boston
 Movie-"The Ritz"

Happening-Winning the St. Mary
 Thanksgiving Tournament!!
 Car-Mrs. Foster's '76 Cutlass
 Flirt-Resa Thompson
 Senior Man-Keith Montgomery
 Senior Woman-Kara Kenyon
 Junior Guy-Kent Canter
 Junior Girl-Luanne Smith
 Sophomore boy-Johnny Lamar
 Sophomore girl-Kim Moore
 Freshman boy-Allen Stubblefield
 Freshman girl-Tina Duncan



HOROSCOPE

'Are What The Stars Say True?'

By BARBARA LAMAR

CAPRICORN-Last month didn't amount to much, things could be a lot better if you would set your mind on one thing and do something about it.

AQUARIUS-This month you'll find yourself not wanting to get out of the house, which is not unusual for you. So make some good use of it, if it's just to get some rest.

PISCES-Don't neglect your social life, it might not matter to you. But how about the other people who are involved. Think about them instead of yourself.

ARIES-Too much work, and too many decisions. Don't let them get you down. You can work them out with a little time to spare to party over the holidays.

TAURUS-With the Christmas vacation and the dances, plan ahead so you are sure not to be short handed, and end up sitting home. This should be your best Christmas ever.

GEMINI-You've gotten to the point where you feel like nobody could not care less what happens to you. I'm sure if you really take things for what they are, you'll see your wrong.

CANCER-It seems that almost everything is working out for the best, but make sure you don't let things get out of hand.

LEO-Your love life has gotten you in a state of confusion. You thought you knew what you wanted but now you're not sure. Just sit back; something is bound to happen.

VIRGO-Down in the dumps? Don't be, there is no reason for it. It's foolish doubts, so just put any negative ideas you have about yourself out of the picture.

LIBRA-Last month wasn't everything you would have liked it to be. If you could have been better if you had put out some effort.

SCORPIO-This month has put you in a state of confusion; everything is happening at once. Keep up the good work; it will be worth it in the long run.

SAGITTARIUS-It's your birthday, so live it up. Why not, it only comes once a year. Go ahead and make the best of it.

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L. O. Purple Flash Capture Tourney; Record 7-1 Season

By JANIE PARKER
By BARRY HAGOOD

After capturing the victory in the St. Mary Thanksgiving Tournament championship, the Purple Flash still holds a prosperous season. Lone Oak opened their 76-77 basketball season on the hardwood at home on November 19. For the first win of the season, the Oakers overturned Obion Central by a final score of 84-62.

Dazzling their opponents with an array of defenses and a highscoring offense, the Lone Oak Purple Flash basketball team captured their first tournament victory in three years by winning the annual St. Mary Thanksgiving Tournament.

In the championship game against Symsonia, the Oaker's offense was unstoppable as the Flash blew out to a 17 point lead at one time before they had to hold on for a 58-54 victory after a late Rough Rider rally. The Purple Flash threatened to make a rout of the game before the Riders became fired up after losing 6'4" Senior James Whitmore. A clutch freethrow by Kris Houser and put back by Keith Montgomery sealed the victory for the Oakers. High scorer for the Flash was Barry Tidwell.

Lone Oak reached the championship game by defeating fourth ranked Lowes 81-73 and by crushing St. Mary 71-64. The Purple Flash was led throughout the tournament by the strong rebounding of Tony DeLuna and Brent Dreher and by the outside shooting of Jimmy Houser and David Wilkins.

Two weeks later, the Purple Flash traveled to Reidland and carried home what was called the "best effort" of the year, the fifth straight win. The Oakers buried the Greyhounds, 101-65.

The winning streak of the Oakers was a good one, but the Purple Flash suffered their first loss to the Ballard Bombers on December 7. Despite the high scores of 22 for DeLuna, 18 for Tidwell, 13 for Montgomery and 10 for Houser, the Flash were defeated by a slim score of 70-65.

On December 9 the Oakers returned to action at home and breezed to their sixth win in seven starts. The sixth ranked Lone Oak crushed the Lyon Co. Lyons, 84-61.

The Purple Flash upped their record to 7-1 with an easy win over Brookport, smashing the Bulldogs by a score of 77-52.



Standing: Missy Reed, Theresa Bearden, Cheri Edwards, Kathy Herndon, Terri Burton, Kara Kenyon, Lesa Elliott, Kim Moore, LaDonna Powers, Shari Murphy, Coach Dennis Griffith. Kneeling: Rita Miller, Manager, Becky Buchanan, Lori Turley, Terri Wyatt, Lisa Downey and Sherri Archer, Manager. Absent were Cheri Simmons and Penny Pullen, Manager.

'Lady Flash' Makes Debut

By RITA MILLER

Slowly but surely the Lady Flash are coming on strong. This year the girls' basketball team consist of two seniors, Kathy Herndon and Kara Kenyon, both starting as forwards; two juniors, Terri Burton and Lesa Elliott playing center and forward. Theresa Bearden, Kim Moore, LaDonna owers, Terri Wyatt, Cheri Edwards, Becky Buchanan, Lori Turley, and Shari Murphy are sophomore players while Cheri Simmons, Lisa Downey and Missy Reed are the freshman.

So far this year the girls have a 3-3 record while they are tied with St. Mary for fifth place in the pre-season poll. Coach Griffith says that this year is a rebuilding year for the team after losing five starting seniors last yaer. He still has a lot of confidence in the girls this year and says they are improving at almost every game.

After losing their first three games the Lady Flash decided to start really putting it to them and came back with three straight wins over Calloway Co. Reidland and Ballard.

LONE OAK (64)--Herndon 13, Kenyon 17, Moore 10, Power 2, Burton 12, Elliot 1, Bearden 4, Edwards 5.
47% from the freethrow line.

Quarter Scores

Lone Oak-9-27-43-64
Reidland-13-21-29-43

REIDLAND (43)--Bennett 16, Sturma 2, Robinson 8, Mannon 9, Sellars 2, Burnett 6.

55% from the freethrow line.

LONE OAK (74)--Kenyon 13, Burton 8, Moore 28, Herndon 15, Elliot 6, Bearden 4.

54% from the freethrow line.

Quarter Scores

Lone Oak-14-31-48-74.5
Calloway Co.-15-34-54-71.

CALLOWAY CO. (71)--Ross 3, Imes 10, Wyatt 6, M. McKensie 15, P. McKensie 8, Todd 7, Pinner 8, Willie 4, R. Overby 2, P. Overby 8.
47% from the freethrow line.

LONE OAK (63)--Herndon 25, Kenyon 8, Burton 16, Moore 13.
54% from the freethrow line.

Quarter Scores

Lone Oak-10-28-37-63
Ballard-9-23-?-61

BALLARD(61)--Harrington 9, Lemons, K. 15, Buchanan, T. 25, Hook 8, Beardsley 2.
61% from the freethrow line.



The mighty Flash displays their first place trophy at the Thanksgiving Tourney.



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Oakers Honored At Banquet

By LARRY HAGOOD

Six Oakers were honored at the annual Lone Oak Football Banquet recently. This year's team was praised for their outstanding attitude and hustle at all times. Charles Bearden was the emcee of this year's grid fete.

Shelby Austin, a senior, won the Mr. Hustle award. This award goes to the player who never stops hustling, whether in practice or a game. Austin led the team in tackles with 52.

Dale Bearden was the top award winner this year. He received the Richard Byrd award for sportsmanship and excellent attitude. He was also presented with the Offensive Back award. Bearden set records in yards gained in one season (1,336) and most points in one game (24).

The Offensive Lineman award went to Bill Crissman. He occupied the left tackle slot this year and was selected as a member of the All-WKC squad and was an honorable mention All-State tackle.

Senior Tony DeLuna was awarded the Defensive Lineman award this year. DeLuna was also on the WKC squad and an honorable mention All-State tackle. He also played offensive end.

The Linebacker award went to Mark Hammons. Hammons set two records this year at Lone Oak, one which for key blocks in one game with 12 and the most key blocks in one year with a total of 47. Mark was also second in tackles with 44.

And last but not least, Steve Ray picked up the Defensive Back trophy. Steve also holds two Oaker records, one for kicking 16 extra points in one season and the other for the most interceptions in a year with seven.

Freshmen laurels went to Richard Murphy, Offensive Back;

Todd Morris, Defensive Back; John Nichols, Offensive Lineman; and John Matthews, Defensive Lineman.

Scott Hartig collected the Linebacker trophy and Most Valuable Player award. Rod Yewell won the freshman sportsmanship award.



Four Lone Oak '76 football players received WKC All-State Honorable Mention. They are from left to right: Tony DeLuna, Larry Hagood, Dale Bearden, Bill Crissman.

Seniors Receive WKC Honorable Mention

Four Lone Oak Football players were honored recently by being chosen for the list of All-State Honorable Mention. This was the most ever for a Lone Oak squad.

Dale Bearden received recognition at his half-back position. Bearden's records this year at Lone Oak included yards rushing in one year, (1,336) and most yards in one game with 315. Bearden was also a co-captain on this year's squad. He was also on the All-WKC squad for the second year in a row.

Bill Crissman won Honorable Mention from his left tackle spot. Bill at 5'10", 185 lbs., was on the WKC squad for this year. This was Crissman's first year as a starter.

Also on the Honorable Mention was Tony DeLuna who was recognized for his play on defense

at a tackle position. DeLuna, at 6'3" 190 lbs., was on of the lighter players at this position in the area. He was also on the WKC squad for two years.

Larry Hagood, a 5'10" 175 lb. guard was singled out for his play this year. Hagood, was the other co-captain on the '76 team, set a school record this year for most quarterback sacks in one season with 10. He was also on the All-WKC squad for two years at his left guard slot.



Trophy winners for the 1976 football season are, Backrow: Bill Crissman, Tony DeLuna, Shelby Austin. Front row: Mark Hammons, Dale Bearden, Steve Ray.

"What Will You Be Doing Over The Holidays?"

By RICHARD SUMMERS and MITCH DUNLAP

The biggest holiday of the school year is upon us. Many of us will be doing a variety of things over the Christmas vacation. We asked some fellow students what they would be doing over the Christmas holiday.

Bruce Dreher--"Play with my toys."

Kathy Garland--"Going to Beachwood Lake."

Joanie Colson--"Going shopping for guys."

Beth Denton--"Going out with Santa Claus."

Kim Pleasant--"Try to get H. Q."

Sammy Houser--"Going to Lesa's house."

Brent Dreher--"Practice basketball."

Ron Coleman--"Watch basketball practice!"

Susan Walton--"Nothing"

Lisa Summers--"Going to Hornbeak."

Keith Little--"Going shopping for girls!"

Philip Foster--"Celebrating Christmas!"

What Would You Like For Christmas?

With the Christmas season approaching, gifts will be exchanged left and right. We asked several people, at random, what they would like more than anything else for Christmas. Here's what they had to say:
Luanne Smith: "A '77 silver T top Corvette!"
Joy Williams: "A great big kiss from Santa Claus!"
Bambi Lynn: "About 2 feet of snow!"
Terry Quinlan: "A trip to Europe!"
Brent Dreher: "A trip to the State Tournament!"
Maggie Brindley: "A date with a 'certain' Santa Claus!"

Cindy Johnson: "To make above 50 on any of Mr. Mizell's tests!"
Mr. Buckner: "An all expense paid trip to Spain, France and Germany!"

Kim Mittendorf: "A white angora cat!"

Paul Barnhill: "Lots and Lots and Lots of money!"

Chris May: "A gold record!"
Kitty Goode: "Danny!"

Theresa Lawrence: "A date with Linus or the blanket!"

Colleen Burgen: "A St. Bernard!"
Alesia Berden: "A certain gift from a certain person!"

Cathy Seay: "A little baby boy tender love (one that grows up!)"

A story is told of a woman who complained that her burdens were too heavy to bear.

One night she had a vivid dream, in which the Lord appeared and relieved her of her cross. He led her into a large field filled with many crosses of every conceivable size and shape. Her Lord said, "Everyone must bear a cross and bear it alone. Since your cross is more than you can bear, go and choose you one you think is not too burdensome, yet worthy of your strength and courage." The woman went into the field of crosses, and searched diligently for the cross she thought she could bear. At last she chose one and said to her Lord, "I

have found the cross I can bear. It is neither too heavy nor too light." So her Lord gave it to her and when she picked it up, lo, it was her own cross, the very one she had returned to the Lord.

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Lone Oak Draws Mayfield In Christmas Tournament

By JULIE DANIEL

If you haven't planned your Christmas vacation Paducah Tilghman has probably planned it for you. They are hosting an Invitational Tournament, December 28 through the 31. The eight teams involved are: Reidland, Mayfield, Marshall, Ballard, Lowes, Symsonia, and of course Tilghman and Lone Oak.

In the Christmas Tournament drawing Lone Oak drew Mayfield. Coach said Mayfield or Tilghman would be our toughest competition. Coach said that Mayfield has big boys and we'd have a size factor to contend with. If Tilghman and Lone Oak come down to the finals, Coach Norris said we'd have to play against the Tornadoes' quickness.

This may look hard to overcome but Coach Norris said we have just as good a chance to win the

tourney as any other team involved. Mayfield and Tilghman have their toughest competition to worry about too...The Purple Flash!

Coach Hopper thought that if we could have drawn Ballard it would have been a nice way to get to the finals. He said Lone Oak has a fair chance of winning if we played basketball and not whatever it was

we played against Ballard the other night. In his opinion our toughest competition would be Tilghman. To beat the Blue, Coach Hopper said we would have to hit

the boards stronger. Defense will also be a key factor in the game. He commented that if we could hold them to fifty-five points we could beat them.

When December 28 rolls in, the Purple Flash will be rolling out to win their second Invitational Tournament of the year. Be there!!!

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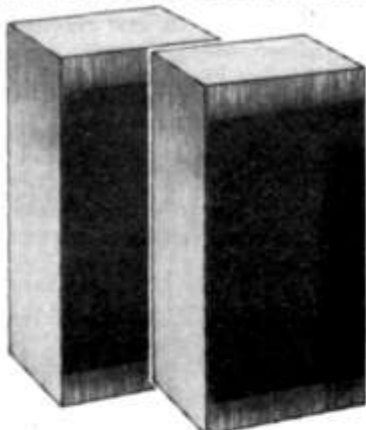
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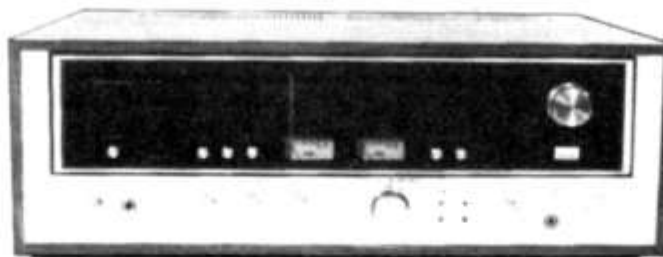
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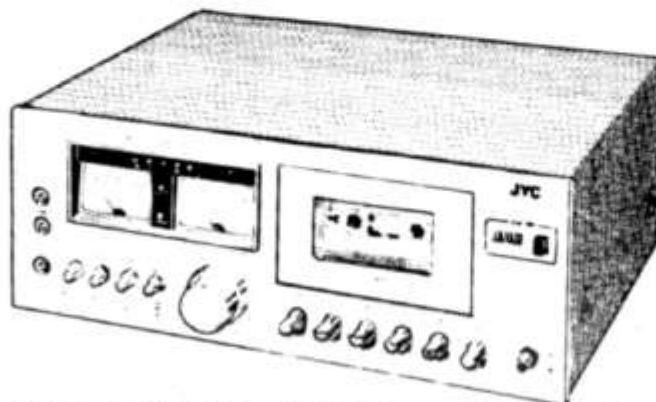
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