



Lone Oak High School, Issue 8 Ronnie Goode Selected April's Junior Rotarian

Ronnie Goode has been chosen as April's Junior Rotarian. Ronnie's duties as Junior Rotarian are to attend Rotary meetings at Greif's Restaurant along with businessmen of the area.

Ronnie has been very active in his high school years. He has been involved in Hi-Y, FCA, Track, Football, DECA, Parliamentary Procedure team, and also very active in basketball. He received basketball awards such as best field goal percentage for three years, most valuable player in 1974-75 District Tourney. All Purchase-honorable mention, and he tied high school scoring in one game with 40 points. He was also chosen as Who Who's among American high school students, and was in the Prep All-American Basketball school book.



Ronnie Goode

Mr. Baker Is Teacher Of The Month



Mr. Don Baker

Mr. Don Baker has been chosen as Teacher of the Month for the month of April. Mr. Baker has taught U. S. History and Psychology for two years here at Lone Oak. When asked which subject he likes to teach best, he replied "neither", because he likes to teach both.

Mr. Baker graduated from Murray State University where he received his bachelor degree in History. His hobbies are reading, music, tennis, and golf.

Mr. Baker's advice to students graduating this year is to explore the possible vocational opportunities available to them in light of current unemployment and economic unrest and to choose a vocation to their likes and interest which is most important than that of financial or material advantages.

Lone Oak Athletic Department Receives Weight-Lifting Machine

The school has recently purchased a weight lifting machine called a Marcy Circuit trainer.

The machine was funded by the Athletic Association and cost approximately \$3,000.00. A ballgame was played here at Lone Oak where the coaches played a professional woman's basketball

team the Redheads. The proceeds of this ballgame went toward the purchase of the machine.

This machine is now being used in the Distributive Education building. It is used in Physical Fitness by both boys and girls. There are sixteen stations so

sixteen people can exercise at the same time.

The Marcy Circuit trainer is equal or better to any college or university's equipment.

There will be a class offered next year called Kinesiology. They will use this machine to study body movement.

A'Cappella Choir Departs For St. Louis Choral Festival

This morning at 6:45 the Lone Oak A'Capella Choir boarded three McCracken County school buses for a trip to St. Louis, Missouri. The choir, directed by Mr. George Murphy, is to participate in the Six Flags Over Mid-America Choral Festival.

Entered in Class AA, the choir will be competing against 13 choirs from around the middle part of the United States. There will be only one other Kentucky choir entered in the Class AA, from Elizabethtown, Kentucky. Three other Kentucky choirs are entered in the competition in other classes. They are Louisville, Owensboro, and

Christian County.

A total of 24 other choirs are competing in Class A and AAA. These classes are determined by the enrollment in the high school from which the choirs come from.

Scheduled to arrive at 12:00 noon, the choir is to perform at 4:20 p.m. at the Breckinridge Ramada Inn on Interstate 44. The choir is to present three numbers in their performance. They are: "Hodie, Christus Natus est," by Healey Willan, "She Walks in Beauty," by David Foltz, and "Holy Radiant Light," by Gretchaninoff.

The Festival has attracted

choirs from as far away as Oklahoma City, Baton Rouge, Louisiana, and Minnesota.

During their two-day stay in St. Louis the choir is to visit Six Flags Over Mid-America for approximately five to six hours.

The first place winners in each class will receive a trophy on Saturday, April 26 at Six Flags. After the presentation of the trophies the choir is to begin their return journey. They are scheduled to reach Lone Oak about 7:00 p.m. Saturday night.

Money for the trip was furnished by each student paying a certain amount towards the trip.

Faculty Selects Huey Anderson As April Student Of The Month

The faculty of Lone Oak High School has chosen Huey Anderson as Student-of-the-Month. Huey, a senior, has attended Lone Oak schools for five years and attended Jetton and Andrew Jackson in past years.

In the upcoming play, "Pardon Me, Is This Planet Taken", Huey portrays the High Linjafoon, the emperor of the planet Linjafoon. Huey is also involved in the play as costume crew chief.

Huey is involved in many various clubs at Lone Oak. He is a member of FSA, Thespians, SLACK, Student Council, and FBLA, in which he serves as Historian. In a recent FBLA regional contest held at Murray, Huey was chosen as Mr. FBLA from this region. Those in competition had to take a test and

be interviewed. Huey received a high score and was therefore chosen. On Thursday, April 24, Huey attended the state FBLA contest which was held in Louisville. There were competitors from across the state. Huey is also a library aid for the Lone Oak High School library.

In his spare time, Huey enjoys reading and visiting historic places of interest, such as museums. Drama and quoting Shakespeare also interest Huey.

After graduation, Huey plans to attend Paducah Community College, majoring in accounting. The final two years of Huey's college life will be spent at Western Kentucky University or Morehead State University. After college, Huey plans to take the examination to become a Certified Public Accountant.



Huey Anderson

Cheerleaders Are Selected For 1975-76

The 1975-76 cheerleaders have been chosen! On April 10, twenty girls tried out in the gym at 3:30.

Local cheerleader sponsors acted as judges as the girls did their best to impress them. Each girl was judged on their personal appearance, individual cheer, three basic jumps, acrobatic skills, and a group cheer. Then the ballots were counted. The Varsity squad is made up of Terris Morris, Nancy Etter, Susan Greeno, Kim Morris, Tracy Pleasant, and Joanie Sawyer. The Junior-Varsity squad is made up of Debbie Simmons, Debbie Turner, Terry Freeman, Nancy Hollowell, Teresa Sites, and Kathy Waggoner.

Next year the student body should cooperate with, and really support the new cheerleaders so we can have the best school spirit ever!



1975-76 Varsity Cheerleaders: Left to right, Joanie Sawyer, Nancy Etter, Terris Morris, Kim Morris, Tracy Pleasant, and Susan Greeno.

NEWS-FLASH

May 1	Club meetings
2-3	Play—"Pardon Me, Is This Planet Taken?"
6	FHA Mother-Daughter Banquet
9	FHA Trip
9-10	Swing Choir Concert
16	Band Concert
17	Prom
23	Choir Concert
26	No School
29	Last Day of School, Graduation

The Case For Dissent

By Walter Cronkite

[Editor's Note: Mr. Cronkite is Managing Editor of the CBS Evening News. He has been a reporter for more than thirty years. In 1962, the George Foster Peabody Television News Award saluted, among other Cronkite achievements, his "Twentieth Century" broadcasts [1957-1966]. In 1969 he received the Wm. Allen White Award for Journalistic Merit—never before given to a broadcast newsmen.]

After a few thousand years of so-called civilization, there are so many things wrong with the world that we have made. The mere fact that this species of ours has survived so far seems hardly adequate cause for self-applause nor can we indulge in self-congratulations for our civilization's considerable material and cultural development that has failed to guarantee survival or nurture the bodies and the spirit of all mankind.

If we are to wipe out not only the symptoms, but the causes, of injustice and decay, there must be change. There is scarcely any argument on that. But the question is the form of the change and, as in such critical times in our history, we find conflicts between the seeming intransigence of the established order and the impatience of our youth. Each generation, when it is young, is anxious to get on with the obvious reforms that the establishment of whatever era seems reluctant to institute. With the world's present potential for mass suicide with nuclear weapons, over-crowding, hunger, is there any wonder that that the students of today rebel with an urgency unknown to earlier generations?

There ought to be a better way, and that, I submit, is what the students are saying—there ought to be a better way, not only to settle international disputes, but to provide for the world's underprivileged and to assure peace and well being for all.

Almost everyone agrees with those broad objectives. It is a manner of achieving them—primarily the dispatch with which we get the job done—that separates us, that brings us to this increasing and terrible polarization of our society. It is time that both sides look and listen. Don't stop, there isn't time to stop, but look and listen, one to the other.

As essential as is the need for listening to the other side's arguments, is the necessity for critical self-examination of one's own arguments. It would be helpful if each side recognized its own excesses of speech and action even as it condemns those of the opposition.

It cannot be expected that more fanciful leaders or their disciples are going to follow such rational behavior, nor are they likely to be tolerant of those who do. Fanatics seem to require total commitment and are not loathe to use bully tactics to get it. It is also the essence of their demagoguery that they preach only part of the lesson. Those who are hardened in their position practice and preach repression and their weapon is fear. To rationally examine our alternatives, none of us can yield to fear.

Freedom of speech, press and peaceful assembly, which we all should hold dear, really compromise the freedom of free inquiry—the freedom to study our democratic institutions without fear of harassment by misguided patriots or heckling malcontents, freedom to advocate change without facing trial for heresy. Such study may require throwing off old concepts, shibboleths in the spirit of basic research. We must hear out the dissenters. must seek out and make use of the original thinkers.

We have the future in our power. The twenty-first century is not going to burst upon us in full flower. As we move into the future, the possibilities open to mankind stagger the imagination. Man can mold the new century into anything he wants it to be. But to do that, we must know what we want and we must examine each of our institutions to determine whether they stand up to the challenges of the century ahead.

We of our generation may have to look no further than our own failure to plan for this future, to find the seeds of youth's discontent. Convinced that we are not doing the job, many of you have turned your backs upon us. Even as you should not reject that which is good of our institutions and that accumulated wisdom which we possess, perhaps solely by reason of age, we must not reject those among you who dissent. In youth's rebellion against any unsatisfactory status quo, we must assist—not resist. This does not mean either for youth or for us groveling to coercion, yielding to blackmail, or forgiving violence. It does not mean we can tolerate lawlessness, for the law is the foundation of our freedom.

It does mean that we must not let our revulsion to the transgressions of the militants blind us to the future.

Society is going to change. The only question is whether youth is going to help and, indeed, we need to communicate by word and deed to those coming behind us, the values that we know are constants—right or wrong, truth or falsehood, generosity or selfishness, dedication or cynicism, self-discipline or license.

This country has not lost its ability to respond to challenge. Though all the challenges of today seem frightening in their complexity, there should be no reason for despair. I do not despair that young people are taking a more concerned interest in our affairs than ever before in our history. God bless you all for that.

The more and the greater the challenge, the greater the heroism of thought and of deed and of the courage to surmount them. Just remember this. The more exciting, then, the prospects of the combat; of, how much sweeter, then, the taste of victory.



Just A Couple Of Announcements

Play tickets are now on sale at the following prices:

Advance: Students \$1.50
Adults \$2.00

At the: Students \$2.00
Door Adults \$2.50

Reserved Seats: \$3.00

On April 29, the Girls and Boys Basketball banquet will be held in the cafeteria. Tickets are \$4.00; everyone is invited to attend. Awards will be presented at this time.

Seniors: Senior fees must be paid by next Wednesday if you expect to graduate. Fees may be paid to Mrs. Dempsey.

Juniors: Not all Juniors have picked up their rings. Please do so as soon as possible.

The Lone Oak High School Art Department cordially invites all students and teachers to tour the Lone Oak Art Gallery. Exhibits will be on display all day today in the Art Room.

State For Baseball?

By Mike Cooper

In 1963, behind the excellent pitching of John Beaton, Lone Oak advanced to the finals of the Kentucky State Tournament. They were the runner-up after losing in a close game.

Last year Lone Oak had a record of 16-8. One of these wins included a 15-3 romp over rival Paducah Tilghman. (Tilghman went to state last year and was the runner-up.)

This year, the baseball team is off to a great start. Presently, they are 11-4. We have many star athletes and interestingly, Ronnie Beaton (John Beaton's brother) is pitching. With the team we have this year and our good reputation, we have an excellent chance of going all the way.

What Price Popularity

By Lynn Crutchfield

Each one of us has a desire to be accepted and liked by the people around us. The degree of this desire is what determines whether it is a problem or merely a natural instinct. Few of us could withdraw from the

life we know to retreat into a world where we have only ourselves for companionship. Here at school, groups upon groups of students cluster together. Even between classes it is a rare occurrence to see a lone figure walking toward a classroom. From my observations this trait of gregariousness usually becomes a monster that eats up individual identities.

A desire to be liked is often rewarding; however, it can limit a student's personal growth. Granted, the popular crowd have more opportunities to round out their personalities. But that point in itself shows that people who are not so fortunate as to be popular miss out on

these same opportunities. Rather than miss out on these opportunities, often students will compromise their principles and their individuality, whether the compromise is to drop a class because the instructor is disliked by their group or something as serious as taking drugs.

Admittedly, popularity tends to bring out competitive instincts, but this could backfire also. Why should people be considered popular on the merits of their scholastic achievements or their sports ability? Many students are left out because they are not Lady Beautiful or Lord Handsome, or perhaps because their grade average is not up to par.

They may have quite a pleasing personality but that does not seem to merit being popular. At the same time these who are superstars on the baseball or football teams may have 'zip' personality but their ability in sports carries them through. This seems similar to the gimmicks that rock stars (as well as other entertainers) use to make up for a lack of something elsewhere.

True, security exists in numbers and popularity does pull its possessors into the wonder world of groups, but these groups too often mold a person into someone he'd rather not be. It is much like holding candy in front of a child. The groups beckons the loner with promises.

In essence, they are saying "Come see what we can do for you, the places we can take you, the things we can show you. Oh but don't worry about losing your own uniqueness, that will only be a burden to you."

After all, if you are going to be an individual you will have to make your own decisions and then live up to their consequences. It is so much easier to let us make your choices for you. It may be easier now but who makes the decisions when they are gone?

Yes, we all have the desire to be liked but is there not a point where the desire either takes over or is diminished? It seems to me that this is a personal choice, and an important one that each one of us must make.

Whether to be popular or to be an individual with a mind of our own. It is unwise to covet a possession before you weigh the degree of joy it brings its owner. Are we such gregarious creatures that we accept without question the direction in life someone else chooses for us?



OAK K STAFF

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Students At LOHS Receive Scholarships

Fourteen Lone Oak students have received scholastic and academic awards from universities and academies across the United States.

David Shields received a Coast Guard Academy appointment. He is the son of Mr. and Mrs. David Shields, Sr., of 2848 Maryland Street.

Janwin Overstreet, daughter of Mr. and Mrs. Winfred Overstreet of Route 6, Mayfield-Metropolis Road, was awarded a Presidential Scholarship to Murray State University.

Lisa Barriger received a \$500 Alumni Scholarship and a \$400 Board of Regents Scholarship to Murray State University. She resides with her parents, Mr. and Mrs. Cloyd Barriger of 4205 Minnich Avenue.

Jill Sawyer was awarded a \$400 Board of Regents Scholarship to Murray. Her parents are Mr. and Mrs. John Sawyer of Route 10, Ridgemont.

Ken Herndon also received a \$400 Board of Regents Scholarship to Murray. He is the son of Mr. and Mrs. Alton Herndon of 412 Cumberland Avenue.

Jennifer Ross won a \$1,000 academic scholarship and a \$200 music scholarship to Georgetown University. She is the daughter of Mr. and Mrs. Alton Ross of Route 6, Iowa Street.

Barry Hammons, son of Mr. and Mrs. Harold Hammons, received a \$2,000 scholarship to Georgetown University and a \$100 Senior

Matinee Music Club scholarship. He lives at 280 Mohawk Drive.

Teresa Fuller was awarded a Brigham Young Academic Dean's Scholarship to Brigham University in Utah. She is the daughter of Mr. and Mrs. Robert Fuller of 250 Springwell Lane.

Keith Feather won a \$390 academic scholarship to PCC. He lives with his parents, Mr. and Mrs. Arthur Feather of 298 Springwell Lane.

Cindy Lee was also awarded a \$390 PCC academic scholarship. She resides with her parents, Mr. and Mrs. Clyde Lee of Gum Springs Road.

Philip Read, son of Mrs. Ella Read, received a \$400 Phi Mu Alpha music scholarship to Murray. He lives at 15 Martin Circle.

Mary Jane Farmer was awarded a \$300 Phi Mu Alpha music scholarship to Murray, and a \$20 Junior Matinee Music Club scholarship. She is the daughter of Mr. and Mrs. Ed Farmer of 336 Michigan Avenue.

Lynda Hughes, daughter of Mrs. Patricia Hughes of 227 Iroquois Drive, was awarded a \$150 First District music scholarship to Murray.

Larry Burrows won a \$20 Junior Matinee Music Club scholarship. He is the son of Mr. and Mrs. Walter Burrows of 531 Holly Drive.

Scholarships are still available. Mr. Griffith urges all seniors who wish to apply for scholarships to contact him as soon as possible.

FBLA Members Take Honors During Region 1 Leadership Conference

On April 3, 1975 seventeen members of the Future Business Leaders of America participated in the Third Annual, region 1 Leadership Conference which was held at Murray State University. The members along with several members from Heath, left at 8:20 a.m. They arrived at 9:15, whereupon they registered.

Mindi Moore, Regional Vice-President called the morning session to order. The program consisted of several speeches, officers' reports and business. The students then went to their individual and team contests. Bulletin boards, exhibits, and scrapbooks were also judged.

An Awards Banquet was held at the Student Union Ballroom at 5:00 p.m. Calloway County presented a fashion show after the meal. Presentation of awards was given by the State and Regional Officers. Lone Oak won several awards: Mr. FBLA, Huey Anderson; first in Junior Accounting,

Lisa Barriger; first in Senior Clerk Typing, Teresa Barksdale; second in Business Math, Shawn Sanders, David Edwards, and Bill Kight; runner-up for Plock Scholarship,

Bev Keebler. We are very proud of our members who brought back these top honors.

Next on the agenda was the election of new officers. Diane Bell was elected to the top office of the region, Vice-President. We are extremely pleased with Diane upon receiving this high position.

After lunch the members enjoyed a talent show at the University School Auditorium. A judo demonstration was held later in the afternoon.

Announcements were made and the meeting was adjourned. The group was accompanied by its sponsors: Mrs. Mary North, Mrs. Wylma Rucker, and Mrs. Mary Ann Abell.

Nine of the group will attend State conference in Louisville on April 24-26.

Mrs. Mary North received a plaque from the members for the dedication she has shown to the members of FBLA in past years. She will be retiring this year and we all are sorry to see her leave us. We wish her the best in life!



Tribute To Grass

Lying in the sunshine among the buttercups and dandelions of May, scarcely higher in intelligence than the minute tenants of that mimic wilderness, our earliest recollections are of grass; and when the fitful fever is ended and the foolish wrangle of the market and forum is closed, grass heals over the scar which our descent into the bosom of earth has made, and the carpet of the infant becomes the blanket

of the dead. Grass is the forgiveness of nature—her constant benediction. Fields trampled with battle, saturated with blood, torn with the ruts of cannon, grow green again with grass, and carnage is forgotten. Streets abandoned by traffic become

grass-grown like rural lanes and are obliterated. Forests decay, harvests perish, flowers vanish, but grass is immortal. Beleaguer-

ed by the sullen hosts of Winter, it withdraws into the impregnable fortress of its subterranean vitality and emerges upon the first

solicitation of Spring. Sown by the winds, by wandering birds, propagated by the subtle agriculture of the elements which

are its ministers and servants, it softens the outline of the world. It bears no blazonry of bloom to charm the senses with fragrance

or splendor, but its homely hue is more enchanting than the lily or the rose. It yields no fruit in earth or air, and yet, should its harvest

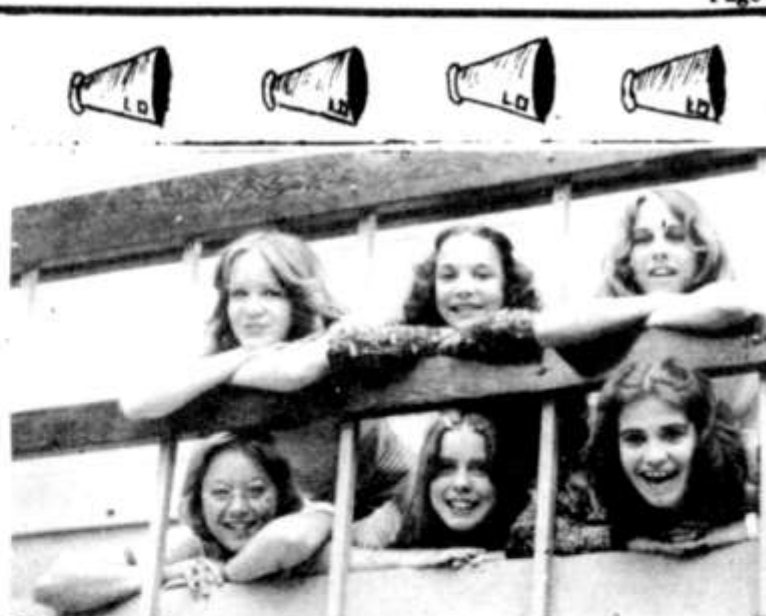
fail for a single year, famine would depopulate the world.

—John J. Ingalls

Colonels Rate Superior In Competition

Saturday, April 5, the Lone Oak Kentucky Colonel Band was rated superior in the 1975 State Concert Contest at Murray State University.

The band performed two numbers: Olympia Hipposium March, arranged by Anderson, and First and Second Movement of Beethoven's Fifth Symphony in C minor. After three weeks of strenuous rehearsal, the band performed for three judges: Mr. Sloan, Mr. Kendeigh, and Mrs. Bryant, at 2:00 on April 5. They received a superior or one rating from the judges. The band was then given the piece of music "Sethbridge Overture" to sight-read. Mr. Brown, adjudicator, also gave the band a superior rating.



1975-76 Junior Varsity Cheerleaders: Top row, Debbie Turner, Teresa Seitz, Terri Freeman; Bottom row, Debbie Simmons, Kathy Waggoner, Nancy Hollowell.

Finally Juniors Receive Class Rings

Juniors received their long-awaited class rings on April 11.

This year's junior class had the opportunity to select more detail

on their rings than past classes have had. The students could choose one of four sizes (tiny, small, medium, or large). They

could choose from a variety of colors, and could also pick the shade (light, regular, and dark). Juniors were also allowed to pick

the design for the side of their rings. Along with the traditional design, they could choose from designs representing nearly every

class, club, or activity. One special design offered this year was the "Spirit of '76." This symbol, appropriate only for this class,

featured a liberty bell and a drummer boy. The juniors also got to choose between a gold or white-gold setting.

Cindy Grimm Chosen FHA State Recreation Leader

Cindy Grimm has been chosen as next year's State Recreation Leader. She was chosen at the State FHA Convention, April 10, 11, and 12. Cindy and three other girls from Lone Oak stayed at the Galt House in Louisville.

Cindy was the only officer chosen for next year in Region One. This year she is serving as Region one song leader and vice-president of the Lone Oak FHA. In June, Cindy will assist in a State Leadership Training meeting, at Hardinsburg, Kentucky.

Denise Belt, Cindy Smith, Cindy Grimm and Tonya Leshon attended the convention. They went to receive their State Degrees. The purpose of the degree is to help the individual grow toward preparation for adulthood. Requirements for the degree include preparation of a plan of work demonstration goals, plans, and activities for growth toward adulthood in home economics, school, community, home, and family, careers, personal development and multiple roles of adults.

Art Students Depict Sea Life In Mural

Jacques Cousteau would be proud of the mural in Mrs. Harris's Biology classroom. The picture, painted by Senior Art student Al Gorman, with assistance from Ken Herndon, depicts a wide spectrum of undersea life.

The idea materialized a few years ago, because the wall had always been blue, perfect for a sea-life mural. Planning for the project was begun last September, and the work got underway last January.

The mural shows, among other things, sea horses, barracudas, sharks, stingrays, and squids.

Mrs. Harris commented that the picture was a good teaching aid and brightened the classroom.

FFA Team Wins Superior Rating

Tony Yates, Ricky Ellington, Terry Phillips, and Philip Wiliford received a superior rating in the welding contest in Region 1 which was composed of 17 weeks. The team received second superior rating. They scored 260 points out of 300. The winning score was 266.

Ricky Ellington was third highest score, Tony Yates and Philip Wiliford was fourth highest score, and Terry Phillips was fifth highest score. They will receive plaques at a banquet which will be given on May 13.

Cub City April



Tri-Hi-Y

Vice President Claudia Stephens called the meeting to order. The opening ritual was performed. Brother Henson, of the Lone Oak Baptist Church, presented a program on the Equal Rights Amendment. The minutes were read by Secretary Cindy Houser. Jamie Litty read the Devotional and Delane Nagel gave the treasurers report. New and old business was discussed. Meeting was adjourned.



Music Club

The Lone Oak Music Club met on April 3. Members of the club were entertained by the Lone Oak Madrigals. The Madrigals, now working on some of the more difficult "pop" songs, presented a program including "Do You Know the Way to San Jose," "Up, Up, and Away," and "Here, There, and Everywhere." An announcement was made concerning a performance to be given for the Lone Oak Women's Club by the Madrigals that evening.



FHA

In the April FHA meeting, plans were made for the Louisville, Kentucky trip that will be made on May 9-10. A Mother and Daughter Banquet was also planned for May 6. A bake sale will be held in the Home Economics room every Tuesday and Friday to pay for the expenses.



Art Club

The Art Club discussed the final preparations for a trip to the St. Louis Art Museum and the St. Louis Zoo. The club netted \$107.05 on the recent concert. The money from the concert will be used to finance the trip. Ten percent of the club's treasury is to be donated to the stage curtain fund. Also discussed was the upcoming Arts and Crafts Fair. The fair, to be given for the school only, is to be held after KEA week. Demonstrations of different art forms will be made. Light refreshments will also be provided.

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Knock Knock.
Who's there?
Duane,
Duane who?
Duane the bathtub, mama, I'm
drowning.

Knock Knock.
Who's there?
Oswald
Oswald who?
Oswald my gum.

Knock Knock.
Who's there?
Chesterfield
Chesterfield who?
Chesterfield my leg, so I slapped
him.

Knock Knock.
Who's there?
Amsterdam
Amsterdam who?
Amsterdam tired of these knock
knocks I could scream.

Nicknames

Atlas- Mark Hammoos
Wiener- Dwayne Winstead
Woodfoot- Keith Montgomery
Chico- Billy Midkiff
Banana Man- Kenny Reeves
Twirley- Sherry Turley
Tundro- Mike Towers
Big A- Mark Edwards
Turner- Charles Hughes
Tarzana- Terris Morris



OF THE MONTH

Car- Jeff Franklin
Saying- "pretty flippie hippie"
Song- Butt Sisters
Food- Dilly Bar
Happening- KEA
Tragedy- Skipping while having
fire drill
Movie- Winnie the Pooh and
Tigger Too
Wolf- Joe Thug
Lamb- Joe Law
Place- The Lake

Support
Spring
ports

Tomorrow

Take me to tomorrow.
Take me there today.
I've had my fill
of sorrow and
living this way.
Take me to tomorrow.
That's where
I'd like to be.
The day after tomorrow
is waiting for me.

John Denver

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Ask Alice

As the summer months approach, everyone is coming up with questions about how to cope with their skin, hair, make-up, and the problems that the summer brings. This month, "Ask Alice" tries to help you find the answers to these problems.

Probably the #1 topic of the summer is getting a tan. Everyone tries to get as deep of a tan as possible, but remember, no two people tan exactly the same way.

All skin types are different, ranging from sun-loving to sensitive, colorings go from light to olive to black. Tanning also depends on where you live. Remember the sun gets hotter

closer to the equator. Rays are powerful high above sea level where there is less atmosphere to filter them out. Where you sun can

also be a factor in determining your tan, whether it's in your backyard, at the pool, or at the beach. Sunlight bouncing off water and sand can catch you off-guard. Take warning: sun is strongest

between the hours of eleven and two o'clock. Limit your exposure. Start with a few minutes the first

day and build up over a week to get sun-conditioned. Take these tips into consideration if you're in search of a "good-looking" tan.

Try a suntan lotion or oil with sunscreen added to block out the burning rays when you're out to get that "much-wanted" tan. When selecting a lotion or oil, choose one that is suitable for your skin type. Be sure to get plenty of protection.

Before you go out in the sun to get that fabulous tan, squeeze a few drops of lemon juice on your hair to lighten it "naturally".

Attention swimmers! Are you tired of runny mascara? Try one that's waterproofed. Keep oil based products like suntan oil away from your lashes—they can make even waterproof mascara run.

After swimming, always remember to rinse chlorine or salt out of your hair, for these harsh substances can damage your hair.

Remember your eyes when sunning. Eyes can get sunburned, eyelids too. Your eyes are very sun-sensitive. Eye drops will help soothe them. When you're outdoors, wear sunglasses that filter out harmful rays.

If your nose is peeling, you need help! Spend part of your summer days in the shade. When in the sun, wear a hat, visor, or a nose protector with added sunscreen to help protect you from the burning rays.

How can you keep your tan from peeling? Use tanning lotions and after-sun creams with built-in moisturizers.

Last, but not least, don't forget your lips when out in the sun. Use a petroleum jelly or a lip gloss made especially for sun-worshippers with a sunscreen added for extra protection.

Hopefully, by following these helpful hints, your summer in the sun will be rewarding and enjoyable. Let the sun be your friend, not your enemy.

Only
24
days
left!

Poetry Corner

THE SEA END

The sea is continuous,
Everlasting falling foam—
Rising lurching breathing
Searching for a home.
Carry me
Along with you waters.
Let me ride the spray.
Then bear me away
To the Sea's End.

J. Presley

SADDEST MOMENT

In this the saddest moment
Torn from your arms by time,
I feel your lips gently speaking.
The kiss is a pantomime.

Torn from your arms!
Ripped down in impatient fury.
Like a tattered faded tapestry
The once lovely weavery falls
From the moss-grown castle walls
Down to the cold floor—
(Guiled threads,
now in shreds)
Important no more.

Emptiness engulfs me now
Distance separates, all is dismay.
Torn from you, where is my peace?
Therefore one moment more—
please stay.

J. Presley

And the Spring arose on the
garden fair,
Like the Spirit of Love felt
everywhere;
And each flower and herb on
Earth's dark breast
Rose from the dreams of its
wintry rest.

Percey B. Shelley

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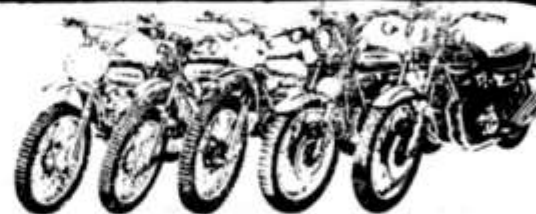
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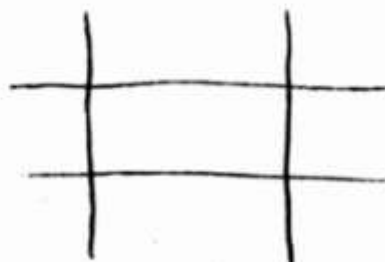
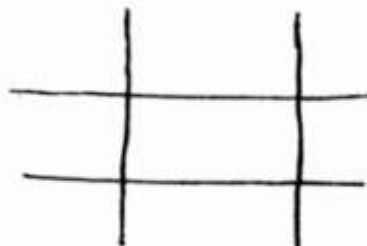
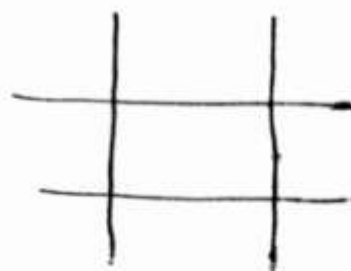
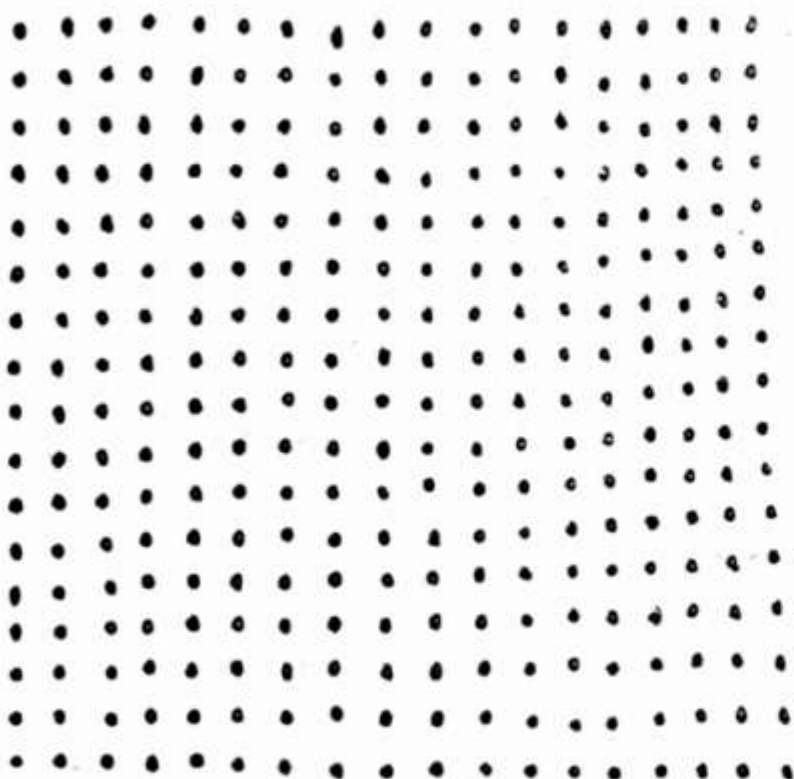
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Junior-Senior Prom Slated For May 17

"Undersea World" is the theme of this year's Junior-Senior Prom to be held Saturday, May 17.

The Banquet will be held in the Lone Oak High School cafeteria from 8:00 p.m. until 10:00 p.m. with entertainment provided by the Lone Oak Madrigals.

The Dance to be held at the Jaycee Civic Center, from 10:00 p.m. until 1:00 a.m., will feature the band "Hard Times".

Sophomores and freshmen may attend if accompanied by a Lone Oak junior or senior. Dates other than those from Lone Oak High School are required to get a permission slip from the office to fill out and return to Mr. Behrendt. Tickets for sophomores, freshmen, and outside dates are \$7.00 and may be purchased in Mr. Behrendt's office. Juniors and seniors do not have to purchase tickets.

SCOREBOARD

HAPPINESS IS...

Getting your Senior class ring.

Going on a picnic to the lake.

Last day of school before KEA.

Asking somebody to Junior-Senior Prom.

Finally being a senior.

Going steady with that special guy.

Graduating.

Sending flowers to your girl.

Being in the play.

The last day of school.

MISERY IS...

Finding out it's not the one you ordered.

It raining.

Having tests in all your classes.

Them turning you down.

Finding out you really don't like him.

You're short one-fourth of a credit.

Not having enough money to pay for them.

Forgetting all of your lines.

Knowing that you will miss everybody next year.

Not having anything to do during the summer.



The Joke Box

Where do old Volkswagens go? To the old Volk's home.

You have hair like a movie star. Rin-Tin-Tin

You're ears are like flowers. Cauliflowers

You tell 'em Pie Face. You've got the crust.

What did the little stream say when the elephant sat down in it? Well I'm dammed!

Roses are red
Violets are blue
Garlic stinks
and do so you.

What's a Boobee?
A little bug that runs up the leg of a bee and Yells BOO! BEE!

How can you lift an elephant?
Put an acorn under him and wait 20 years.

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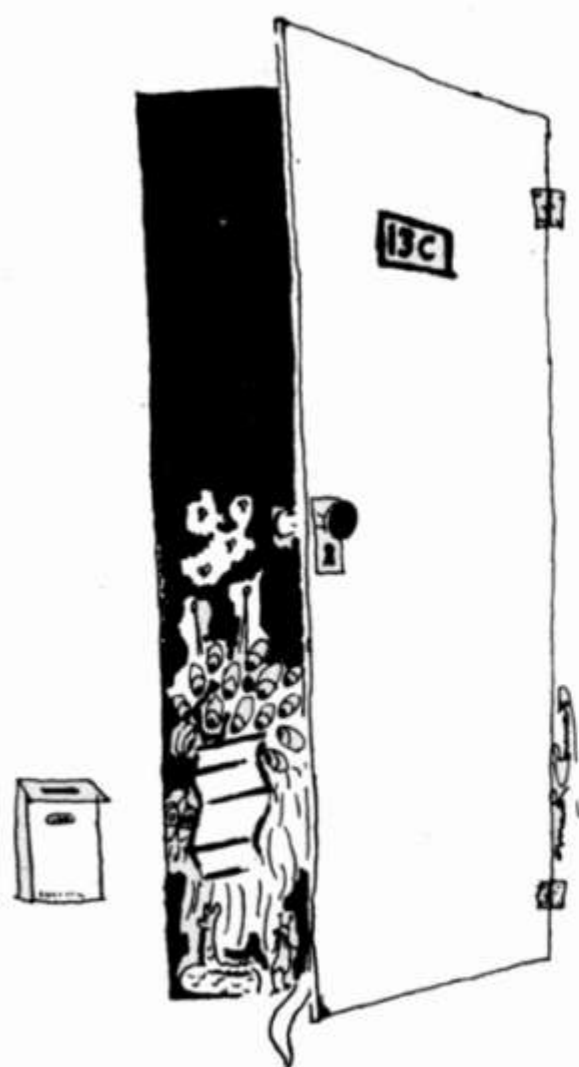
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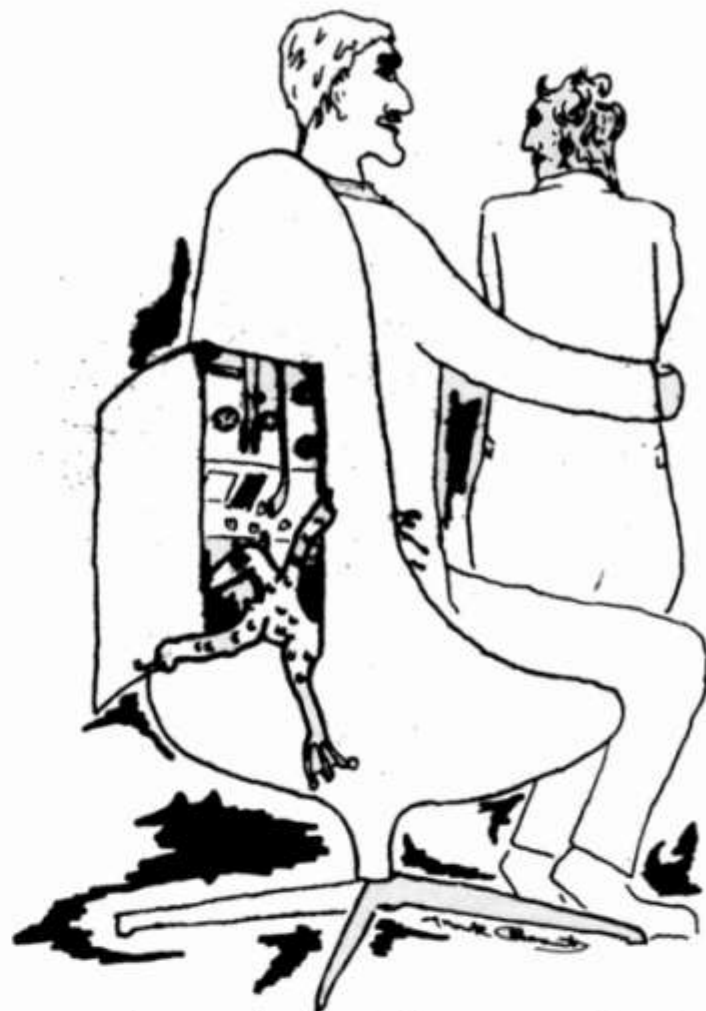
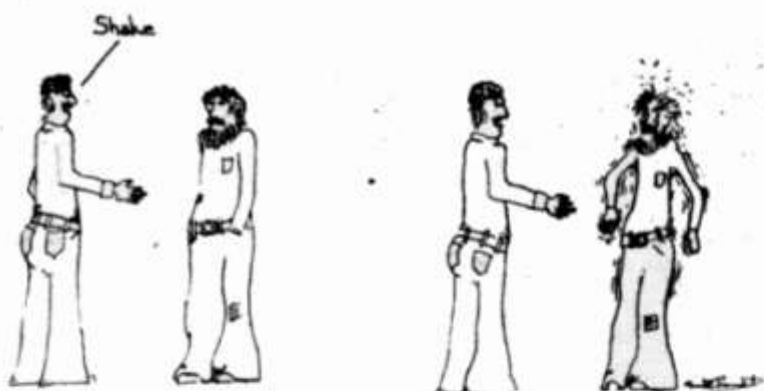
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Red-hot Baseball Team Records 11-4 Record

Lone Oak vs. East Nashville [2]

The Lone Oak Purple Flash baseball team split in two games with East Nashville High School March 26 and 27.

The Nashville nine rolled to a 7-1 victory in the first encounter, but Lone Oak came back the next afternoon to blank the visitors 3-0.

Sophomore Steve Ray gave Oaker hurler Ronnie Beaton all the support he needed with a two-run double in the second inning. The other tally came in the fourth inning when pinch-runner Eddie Hamilton raced home on a catcher's error after Dale Bearden had doubled.

Beaton, went all the way, giving up only two safeties for his first win of the young campaign.

Lone Oak vs. Crittenden County

Lone Oak prevented a win by the Crittenden County Rockets by a score of 4-3. Oaker, Steve Atherton was walked to first after being hit by a pitch, then advanced on to second base on a throwing error by the Rockets' catcher. Hamilton's infield hit pushed Atherton across the plate for a run in the fifth inning. In the sixth, Jimmy Champion hit a double and then stole third base. Kevin Casey, first baseman, doubled and sent Champion across the plate. This left the Flash one run from the lead, with only one out. Steve Atherton, Kelly Don Hollowell, pinch hitter Billy "Chico" Midkiff, and Steve Ray, walked to tally the tying and winning runs with two outs. Hamilton tossed six hits and struck out nine Rockets in the first five innings while Canter pitched one hit and struck out two batters in the final two innings.

Lone Oak vs. St. Mary

The Lone Oak Purple Flash won their fifth baseball game, Tuesday, April 8, against the St. Mary Vikings.

The game began with Liles hitting a homerun to lead off the first inning. No one scored until the fourth inning when Mark Edwards hit a double and Steve Atherton singled and Edwards ran in around the diamond for another run. The Purple Flash was still behind 4-2 going into the seventh inning. In the seventh, Keith Duncan doubled, Kelly Don Hollowell, Jimmy Champion, and Kevin Casey each singled with Edwards driving in the winning runs. This made the winning score 5-4.

Curtis Hamilton was the winning pitcher by striking out five and with no one on the Viking team scoring a home run.

Lone Oak vs. Carlisle County

The Flash burned the Carlisle County Comets with a 10-0 win Friday afternoon.

The Oakers made seven runs in the first inning. Oaker, Kirk Edwards pitched a one-hitter and struck-out seven Comets in the game. Dale Liles opened the first inning of the game with a double. Kevin Casey, Jimmy Champion, and Kelly Don Hollowell also hit doubles.

Keith Duncan and Kenny Reeves furnished singles in the first inning. Keith Montgomery slammed a two-run homer to top a three-run fifth frame.

Duncan, Hollowell, Liles, and Reeves each popped two hits for the Lone Oak Flash. Lone Oak, 7-1,

moves on the Brooks Stadium Monday to take on Paducah Tilghman.

Lone Oak - Heath

Lone Oak and Heath split in two games played on the Lone Oak diamond Saturday, April 19. The Pirates took the first game by a 6-4 score and the Purple Flash came back to gain a 3-2 win in the second encounter.

Lone Oak jumped to a 3-0 lead in the third inning of the first game, only to watch their opponents tally three in the fourth with the aid of three Oaker errors. Lone Oak tied the score in the bottom of the fourth, but Heath came back later to knot the score again to send the contest into extra innings. The deadlock held until Pirate Donnie Morehead cracked a two-out, two-run homer in the ninth inning off Eddie Hamilton, who picked up the loss even though he fanned 10 Bucs in going the distance.

In the second game, Kenny Reeves slammed a two-run homer in the sixth inning with Jimmy Champion aboard to rally the Flash to a 3-2 decision. Lone Oak broke out on top in the first frame on a Jimmy Champion two-bagger scoring Dale Liles. Heath crossed the plate twice in the top of the sixth to forge ahead briefly before Reeves' blast. Billy Midkiff twirled a six-hitter for the Flash, now 9-2, and struck out ten along the way.

Lone Oak - Tilghman

Mark Edwards drove in four runs with three hits and Ronnie Beaton went the distance on the mound as the Lone Oak Baseball Team edged the Tilghman nine 5-4 in a game played at Brooks Stadium, April 18.

Edwards knotted the score 2-2 with a solo home run in the fourth inning, put the Oakers ahead to stay with a RBI single in the fifth, and slammed a two-run homer to assure the win in the exciting final inning. The victory brought the Oakers' record to 8-1.

Lone Oak vs. Reidland

A RBI single by Tony Hayden of Reidland in the seventh inning gave Lone Oak their fourth defeat of the season. The visiting Oakers led at one point 4-1 on the strength of two Dale Liles homers. The Greyhounds came back with two in the fourth, one in the fifth, and four in the seventh to take an 8-7 win, their tenth of the year against eight setbacks.

Curtis Hamilton also smacked a homer for the Flash. Ronnie Beaton was the losing pitcher in going the distance.

Lone Oak vs. Crittenden County

Five costly errors by visiting Crittenden County aided a Lone Oak comeback in a 4-3 win over the Rockets. Crittenden matched Lone Oak's hit output with four.

The Rockets held a 3-0 advantage after 3½ frames, but the Flash scored twice in the fourth without a hit, and sliced the lead to 3-2. The Oakers knotted the score in the sixth and went on to win it in the seventh.

Curtis Hamilton picked up the win, striking out eight while issuing four free passes. The victory gave Lone Oak a record of 11-4.

LOHS Baseball Team Word Search Puzzle

In this puzzle are found the last names of the baseball players on this year's team. They may be found across, down, backward, and diagonally. There are 22 names to be found. The names are: Beaton, Hamilton (2), Midkiff, Edwards (2), Canter, Champion, Casey, Liles, Atherton, Bearden, Grimm, Deluna, Ray, Montgomery, Farlee, Pickering, Hollowell, Duncan, Reeves, and Croley.

F N E R T N A C F K S P C R O L E E E A
F P E T D N K J M D C G F L M K R T T C
I F E Z K L Y A R M Q A N B M S T U V A
K Y U B G S R R S D C E Q I I F Z Y G S
D F E X I K E D W A R D S P R W R E S T
I L S J D W M A K C O V E T G E O S C Y
N O T A E B O C R M L M L S H S K A B D
Z X N H J I G T T L E J I C U D N C X H
O M O X B U T G E Q Y N N K F R E B I Z
W J T L I I N W C F J E G I Y A Q C G P
X A L V M K O D K U D D S L N W O F E B
P K I H K L M V P E L R T M Y D Z L A X
A B M N L E O I H O C A N U L E D P Z N
O T A O G V A F P W M E Q X I P N Q O A
T K H I G G F K S K R B P D L Q O I Q C
L K W E L U T M N X I Y W M E R P N P N
I J Y U R J E E L R A F L G S M R F T U
M D H E L T B J U P T N F Z A K N P R D
A I K F C Z O D Z P N L O H G A F T S Q
H A M I L T O N M A K O C O D E L U N K

With wins over St. Mary and Tilghman

Golf Team Rolls To 7-1 Record

With wins over top-notch Paducah Tilghman and St. Mary teams, the 1975 Lone Oak Golf Team is off and rolling to a very fine year on the links. Coached by Jerry Cruse, this year's team has also recorded wins over Murray, Marshall County and Caldwell County. Below are short resumes of most of the matches.

Lone Oak vs. Caldwell County

Behind sophomore Jimmy Day, the Lone Oak golf team clobbered Caldwell County 146-190. Day had the high score for the round, a 35. Daryl Mullen, Tim Doyle, and Kenny Perry each scored a 37.

Lone Oak vs. St. Mary

A 15-game St. Mary win streak was snapped at the hands of the Oaker golfers as the Lone Oak squad nipped the Vikings 207-210. Daryl Mullen paced the effort with a 37, while Kenny Perry, Jimmy Day, John Felker, and Tim Doyle followed with scores of 41, 42, 42, and 44, respectively. The win was the second for the Oakers against no defeats.

Lone Oak vs. Marshall County

Daryl Mullen earned medalist honors with a par 35 as the Purple Flash golfers rolled to a 151-180 victory over visiting Marshall County. Following Mullen were Tim Doyle with a 38, and Jimmy Day and Kenny Perry with 39s. With the win, Lone Oak's slate stood at 3-0 for the young campaign.

Lone Oak vs. Murray

Murray put up a stiff fight before falling to the Oakers

151-159 at the Rolling Hills Country Club. Kenny Perry finished with a 36 to lead the effort. Daryle Mullen and John Jimmy Day was a stroke back with a 39.

Lone Oak vs. Tilghman

The Blue Tornado golfers ended all dreams of an unbeaten season with a 154-160 win over the Purple Flash golfers. Edward Hely and Richie Mason of Paducah Tilghman each carded 37s to spark the win. Tim Doyle led his teammates with a 38. Jimmy Day shot a 39, Daryle Mullen fired a 41, and Kenny Perry had a 42.

Lone Oak vs. Tilghman & Mayfield

Junior Daryle Mullen carded a one-over-par 36 as the Purple Flash golfers captured a victory in a triangular match with Paducah Tilghman and Mayfield high schools. Jimmy Day was close behind with a 37, while Kenny Perry, Tim Doyle, John Felker, and Danny Mullen each fired 40s. Tilghman finished a stroke behind Lone Oak at 154 and the Cardinals were six strokes off the pace with a 159.

Lone Oak vs. Ballard County

The Lone Oak Golf Team improved their record to 7-1 with a 173-179 win over Ballard Memorial April 22 at the Ballard County Country Club.

Sophomore Jimmy Day led the Flash with a 41, good enough for medalist honors. Mark Page shot a 43, while Tim Doyle and John Paul Felker each carded 45s.

LO Netters Stand 1-1

The Tennis team notched a win over St. Mary's in very convincing style. The Purple Flash netters swept the singles' play with Randy Mitchell and Greg Buchanan winning their sets 8-0. Rocky Turley came out on top 8-2. Philip Foster and David Smithmier each recorded 8-3 wins, and Tony Williams wrapped it up with a 8-6. The match was the first of the season for the Lone Oak squad.

Pope County, Illinois notched the first win over the Lone Oak Tennis Team with a 7-2 victory at Golconda, April 22.

Randy Mitchell and Greg Buchanan were the only Oakers to win their single matches. Randy Mitchell triumphed 8-2, while Greg came away with an 8-6 win. The remaining five singles matches and the two doubles matches were all captured by the Illinoisans. The loss evened the Flash record at 1-1.