

# Mofield To Challenge Graduates

## 1969 Class Is Largest In History



Dr. Ray Mofield, head of communications at MSU will be speaker for graduation on May 22.



Reverend Otto Spangler presented the Baccalaureate sermon on Sunday, May 18.

Dr. Ray Mofield, Head of the Communications Department at Murray State University, will deliver the 1969 commencement address for the largest graduating class in the history of Lone Oak High School. One hundred seventy-four seniors will receive their diplomas in the ceremony Thursday, May 22, at eight o'clock.

The invocation will be given by the Reverend Warren Phillips, pastor of the Lone Oak Methodist Church. The A Cappella Choir will sing "The Road Not Taken"

and "Choose Something Like A Star." Traditional processional and recessional music will be played by the band. The class will be led by the junior ushers, Mike Morris and Ray Bagwell.

Other junior ushers will be Gary Gray, Stuart Huff, Mike Hayes, Jeff Given, John Ezzell, Louis Hartwell, Ronald Charlton, and David Cunningham.

The honor students for the class of '69—those finishing within the top ten percent of the class academically—are Barbara Ezzell, Don Presley, Diane Ward,

Phyllis Riley, Judy Alderson, Connie Brown, Dan Kauffman, Susan McGuire, John McIntosh, Ann Parks, Carol Wilkes, Connie Pittman, Jacque Bauer, David Baker, Kathy Wetton, Pat Housman, Melinda Puckett, Tena Green, Wayne Hendon, Linda Gillespie and Natalie Wurth.

The benediction will be delivered by Father White of Saint Thomas More.

The diplomas will be presented by the principal, Mr. Dexter, Mrs. Mary North and Mr. Garvice Douglas, senior sponsors.

# THE OAK 'K'

Vol. XXVII, No. 7 Lone Oak High School, Paducah, Kentucky May 19, 1969

## Vickie Stayton Is Rated Superior At State Speech

Vickie Stayton won a superior in prose reading at the annual state wide competition of Kentucky High School Speech League on April 17-19 at Lexington. Oteka Chenault, Jane Dunbar, Linda Gillespie, Jill Thompson and Patti Williams also participated in the state competition.

The competition, which began Thursday, lasted for three days. The categories which Lone Oak entered were poetry, prose, and radio broadcasting. Judging was conducted by the Kentucky Speech League officials. At times the number of superiors and excellents was limited to heighten the competition and the honor of receiving them.

Finals were conducted Friday and Saturday. Lone Oak, however, was not in attendance on Saturday.

Mrs. Jones, speech and physical education instructor, accompanied the group to Lexington. She is also the sponsor of the Speech League at Lone Oak.

## Honor Roll List Led By Sophs For Fifth Term

The sophomore class had the highest number of students eligible for the honor roll this six weeks as reported by the names turned in.

There were four sophomores who made all A's. They were: Marcia Champion, Bobbie Fuller, Nancy Hayden and Patti Williams.

Jenetta Arnold, Gail Ayers, Karen Cathey, Donna Corder, Carol Cruse, Rene Evenson, Arthur Feather, Johnny Hoffman, Vicki Jones, Tommy Lawrence and Linda Maddux used their study hall time to study.

Other sophomores who were on the ball were: Pam McLeod, Susan Moore, Blair Northington, Pat Parks, Roger Ragland, Melissa Schell, Marilyn Seay, Rhonda Stults, Jill Thompson, Debbie Vidrine and Kathy Yates.

In the senior class there were two industrious students making all A's. They were: Ann Parks and Connie Pittman.

See Honor Roll, Page 2



Barbara Ezzell, valedictorian for 1969 class, will give address at class night.



Don Presley earns the title of salutatorian for senior class.

## R. L. Summers Is Elected Mr. FBLA At Convention

R. L. Summers, senior at Lone Oak High School, was elected Mr. FBLA, from all county high schools. He was elected during the FBLA Convention which was held April 3, at Heath High School.

Lone Oak received awards at the convention, which was entered by contestants from other county schools. In the shorthand competition, Paula Morgan Green, senior, won first place and received a trophy and a pin. Also entering from Lone Oak were Lynn Hicks and Jana Neihoff. Jana won a certificate for second place.

Lone Oak had several business students entering the spelling contest. Lynn Hicks won first place and received a trophy. Winning second place was Suzanne Hibbs. Other seniors entering were Jana Neihoff, Paula Lane, and Connie Brown. Also entering were: Debbie Burnett, Kathy Yates and Rhonda Tucker.

Carol Cruse won first place in the typing division of the convention. Also entering was Nancy Seay.

Bertie Jennings, Suzanne Hibbs and Debbie Murphey won 2nd place as a team in the math

division of the convention. Other entries were Marcie Troutman, R. L. Summers, Ann Sowell, Ann Parks and Connie Brown.

During the convention Miss FBLA was elected. Entering in this event from our school was Peggy Scheer, who placed 2nd, and Patsy Stokes.

## Final Flash!

- May
- 13—Industrial Arts Exhibit
  - 15-16—Senior Practice
  - 16—Band Concert
  - 18—Baccalaureate
  - 20—Class Night
  - 22—Commencement
  - 23—Jr. High Commencement
  - 26—School Ends

## FLASH HEADLINE AFTER DEADLINE

Those winning spots on the cheerleader varsity squad for 1969-70 are: Patti Bailey, Debby Lowrey, Lita Duncan, Debbie Boyd, and Karen Cathey.

For B-Team: Debbie McDougal, Kathy Buchanan, Jane Ann Morris, Theresa Mullinax, and Nancy Alexander.

## Class Forecasts With Illusion

Barbara Ezzell and Don Presley lead the senior class academically as valedictorian and salutatorian. They will give addresses at Class Night, Tuesday, May 20. At this time the seniors will be presented informally. Identification of activities, wills and prophecies of the graduates will be read. Scholarships and awards will be presented.

The theme "Illusions of the Future" will be the background for the presentation of the senior class. Ronnie Smith will present the seniors who will be masters of ceremonies. They will, in turn, present the graduates.

Usherettes for the occasion will be Lola Hargrove, Carolyn Bunger, Patti Bailey, Robin Lentz, Janet Borgerding, Nancy Ashburn, Diane Dye, Nancy Lawrence, Cathy Bass, Debby Lowrey, Debbie Smith, Debbie Manning, Kathy Miller, Margaret Shoulta, Bart Vance, Vonna Tyree, Pat Mitchell, Brenda Gatlin, Kathy Dallas, Jennie Barriger, Valerie Irby, Pat Reed, Julie Sanderson, Malissa Wilkins and Kathy Winkle.

The program is to be in the gym and will begin at eight o'clock. Parents, students and the public are invited.

## Spangler Presents Sermon

The commencement sermon was presented at Baccalaureate Services at the Lone Oak Baptist Church, Sunday evening, May 18, by the Reverend Otto Spangler. The A Cappella Choir presented the music for the service.

The procession of the graduating seniors was led by the faculty dressed in caps and gowns.

The invocation was given by the Reverend Isaac McDonald of the Lone Oak Baptist Church and the benediction was delivered by

Brother Jim Cannon of the Lone Oak Church of Christ. The Reverend Spangler is the Rev. Associate, of the Kentucky Baptist Convention representing the Western Area of Kentucky's Baptist Student Union.

Ushers for the Baccalaureate service were: Tommy Lawrence, Ken Easley, Arthur Feather, Robert Williams, Jimmy Walter, John Crawford, Kim Blackburn, Jimmy Ross, Richard Ragland, Blair Northington and Robert Poat.

Moments of happiness  
broken only by routine.  
Plans include friends  
the future is forseen.  
One last breath is taken  
and then . . . graduation.

## Senior Superlatives Elected And 'Oscars' Are Presented

The 1969 'Oscars' of Lone Oak High School were awarded on April 21. A panel of approximately 170 judges submitted nominations from the bleachers and cast their votes by rising to the occasion to elect Senior Superlatives.

The titles of Miss and Mr. L.O.H.S. were awarded to Billie Lane and John McIntosh.

Susan McGuire and Dan Kauffman were chosen as the Girl and Boy Most Likely To Succeed.

Lisa Tate and Scott Waggoner

must be in the know concerning clothes since they were named the Best Dressed Girl and Boy.

The seniors' choice for the Most Popular Girl and Boy was Carol Wilkes and Talley Bailey.

New nicknames for Paula Lane and Steve Ward would be Lady Beautiful and Lord Handsome.

Linda Gillespie and Dwayne Burnette were selected as the Most Talented Girl and Boy.

Jan McKinney and Steve Roussel, who participated in every ballgame this year, naturally deserve the titles of Miss Pep and Mr. Athlete.

Some of the stunts pulled by Janet Daniels and Charles Hatchett qualify them for the titles of Miss Wacky and Mr. Witty.

Jacque Bauer and Freddie Harned were chosen as Miss and Mr. Personality, to bring the hour of competition to an end.

## Farewell Letter To Students

School is almost out and this means fun and vacation for most of you. We have had a good school year but a few of you have wasted the year. It will be harder for you next year but you can do it.

We have one of the finest schools in Kentucky. I have visited and attended many schools, even overseas, and I know we have one of the best. You live in a wonderful community. Fine jobs are available, good churches, beautiful homes and the finest country in the world to live in.

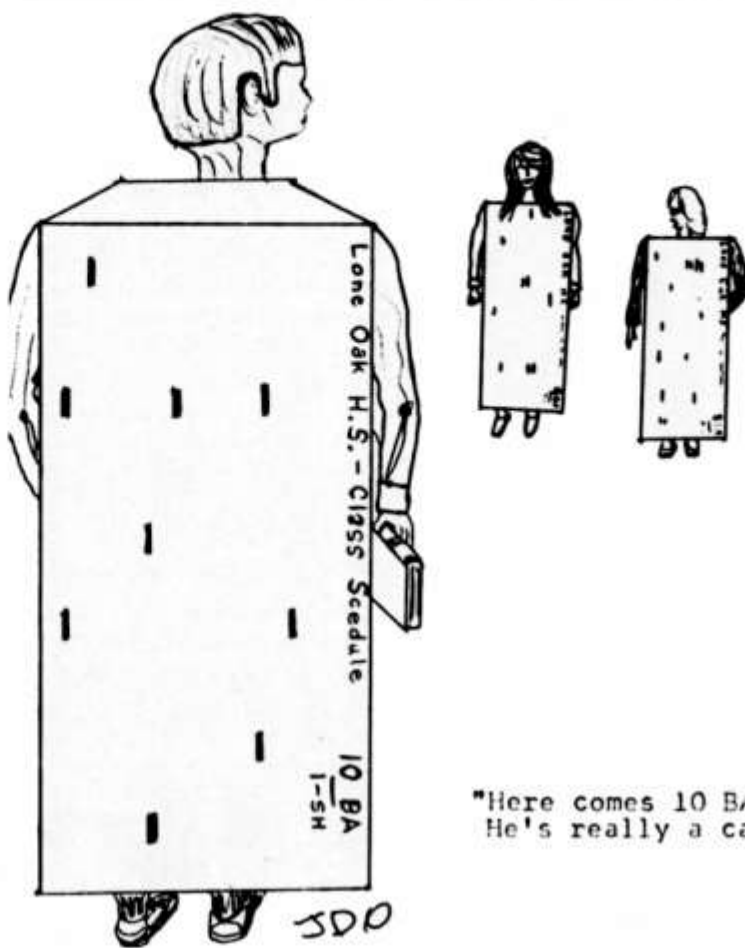
The thing that worries me is that we are not thankful enough for all these things. If we were, the things that are happening would not happen. Too many of our good people (especially students) are letting these people continue to do these things. The

good students should speak up and help the ones that need help. To the graduating class, I would like to say congratulations and best wishes all through life. And you are always welcome at LOHS.

Please be careful this summer because there are so many ways you could get hurt. Anytime during the summer you would like to talk to me or check on your schedule just come by the school. I'll be here.

I would like to thank all the students who worked hard, cooperated and had the right attitude during this school year. You are the ones that make teaching the best profession in the world. Some try to hurt but thank God there are more of the others. Let's look forward to an even better year next year.

Glenn E. Dexter



## WHY?

Dan Kauffman

This to myself I now do own  
That in this cosmos, I alone  
Know who and what I really am  
(My public life is but a sham.)  
The world at large can only see  
Those things I want them to of me.

Tho by my actions I'm confused  
By their reactions I'm bemused.  
The reason why, is that I must,  
I've found that humans you can't trust.

And so my life's a hidden land  
Which you "could never understand."

## Trackmen

John Sarles

Fear  
Bone shriveling fear  
Death on cinders  
To men.  
Running  
Heart pounding run  
Breath intake  
Exhausted.  
Wind  
Cold clear wind  
Icy cutting  
Burn.  
Throb  
Endless hard throb  
Life in blood  
Death.

### Honor Roll, from Page 1

Jacque Bauer, Barbara Ezzell, Pat Housman, John McIntosh, Susan McGuire, Don Presley, Todd Singley, Diane Ward and Carol Wilkes worked hard to keep their grades up.

Other seniors burning the midnight oil were: Nancy Adams, Connie Brown, Mike Conrad, Diana Duckworth, Paula Morgan Green, Suzanne Hibbs, Nancy Leath, Jan McKinney, Rod Martin, Gary Mitchell, Jean Renfroe, John Sarles and Natalie Wurth.

Four juniors dug into the books and came up with all A's. They were: Jennie Barriger, John Ezzell, Alan Nagel and Sharron Ritchie.

Janet Borgerding, Cindy Carter, Thomas Deboe, Jenna Hodges, and Valerie Irby put their study hours to good use and made the A and B listing.

Connie Gaines was the only freshman to make all A's.

A few freshmen were able to squeeze in a little more study time before falling asleep. They were: Freddie Beckman, Steve Dreher, John James, David LeDoux, Rene McGuire, Karla Turley and Pam Williams.

## Night Murder

Debbie Misere

As spring draws near, I am reminded of an incident that happened several years ago on one of those really "tough" not "tuff" camping trips we all are forced to take once or twice in our life. It was around midnight when I first noticed some strange happenings. The night had taken a sudden turn for the worse. The once-clear skies filled with stars, began to evolve into a thunderous, lightning streaked, black blanket of clouds.

Horrifyingly I remembered I was alone somewhere in the forest of the high Rocky Mountains, for the rest of the campers had gone into town.

In an attempt to forget some of the things which run through one's mind when he is alone, I reached for the radio, but it was gone. While deciding to leave the tent and look for the radio, I heard a noise as if someone were walking through the bushes. The noise came closer. I went out into the hot misty air of the storm. As the lightning flashed brighter, I saw an image of a tall man in the bushes. I noticed he was walking fast and looking behind him, as if someone were following. On seeing me, he sprang from the bushes with vengeance on his face and blood in his eyes. I saw the instrument of destruction in his hand as he jumped with a scream of triumph on his victim and murdered — the mosquito!

## Perfect Freshman

The perfect freshman boy would have the:

Eyes of Mark Dixon  
Hair of Terry Newberry  
Personality of Tony Page  
Complexion of Rocky Massey  
Clothes of Pete Hughes  
Brains of Ricky Kaufman  
Voice of Andy Carfield  
Smile of Tony Dallas

## Cream Of Wheat Or Old Oatmeal?

Jacque Bauer

If breakfast happens to agree with you, more power to you. But for most teenagers the thought of eating anything that early in the morning, much less breakfast foods, is sickening.

The next morning your mother insists that oatmeal will make you grow up big and strong, try a little chocolate syrup on it. It is bound to improve it because oatmeal can't get much worse.

Some people shake cinnamon in the water before boiling the oats. This will bring about a taste similar to "Apple Jacks" without the crunch.

Your mother might be fond of putting vanilla in the oatmeal and stirring it quickly just before taking it off the burner. Then if it is cold by the time you get ready to choke it down, close your eyes and pretend it is vanilla ice cream.

If at the age of 25, after eating 873 bowls you're still a runt, forget the oatmeal and try "Cream of Wheat."

## What Benefit Is Criticism?

There is a growing tendency among teenagers to criticize all things material and aesthetic that touch their lives. At Lone Oak, unrelenting complaints are hurled daily at the cafeteria, the principal, the grading system, the buildings, the faculty, school spirit, and even homework — either too much, ("they expect me to do everything!") or too little, ("Haven't cracked a book all year — I'm not learning a thing.") The gripes are probably centered around one of several things.

One could begin with the mistaken belief that criticism indicates intelligence. "If I know what's wrong — then I must know more than they do." Nonsense. Nothing exists that can't be taken apart by the petty picker. A fair appraisal involves much more than the obvious might indicate. It involves thinking, as well as talking. This qualification limits the candidates for critical comments to a small minority of the population.

Another reason for the constant picking apart of our school could be "siate-li-ness." This category is composed of those individuals that have been out of Lone Oak — maybe as far as Louisville or even New Jersey! These people have returned — surprised to find that Lone Oak's 800 students are not supervised in the same ways as in larger eastern schools, or smaller private schools. Perhaps these people should travel a little farther before boring others with their "worldly" opinions.

Whatever the excuse for complaints, (and they must be classified as "excuses"), there are far too many floating around. Whiners and gripers have no place in the world of now. The desperate need is for valid, workable solutions. Only by these can problems that exist be solved.

## Got The Dream; Not The Guts

Recently, television again gave us the opportunity to view "Gypsy," the story of Gypsy Rose Lee. The film was mediocre, even stooping to sloppy sentimentality at times, but the whole 2½ hours were made worthwhile by one line from Mama Rose. That line was her intolerant dismissal of people who have, "Got the dream, but not the guts."

We can all recognize something of ourselves in that statement — the ideas we dismiss because of their novelty — our goals laid aside because of their seeming distance — or even something as mundane as the clothes we wear. We tend to take the easiest way in our life's travels. If the easiest route involves sacrificing hopes and dreams, we tiptoe right ahead.

Perhaps one reason for our hesitancy to pursue our dreams is a fear of failure. What we don't acknowledge is that not trying is a failure itself!

This isn't a plea for redoubled efforts to make the mile in 25 seconds, or for positive plans to be president, or even for coming to school in a satin pants-dress.

This is a challenge. Decide what you want. Study it in the lights of reason, not in the flickering candle of self-doubt, or the blinding glare of smug satisfaction. When you have decided what you want, go after it! It is only by following this course that your dreams can become your reality.

## Shoplifting Pros Are Caught

There is an increasing problem of shoplifting among teenagers today. To combat this problem, department stores are hiring teen detectives. The best device a teen detective can use is his eyes. Straight surveillance is what he depends on, and with teens becoming more and more professional, his job is becoming increasingly difficult.

According to policemen and security officers of the stores, teen detectives are given careful clues as to what gives a shoplifter away. If a shoplifter is a first-offender, he gives himself away by his own nervousness. But of course there are more pros than amateurs.

Dressed like any other teenager, these "agents" walk around the store as though they are shopping. They circulate mainly in the cosmetic departments as well as the skirt and sweater departments because these are the items usually stolen.

On the technical side, there are the usual two-way mirrors, closed circuit televisions and inter-department communications.

Sometimes teen detectives work in pairs — girl and boy — shopping together and all the time keeping their eyes on suspects.

Those caught stealing are in big trouble, because if the store decides to prosecute, the possible punishment is severe and the disgrace always takes too long to live down.

So think the next time you plan on "picking something up." Someone may be watching. Besides — it's stealing!!

## THE OAK 'K'



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### STAFF

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The 1969-70 Student Council officers are: L. to R. Patti Williams, Jenna Hodges, Don Perry, Malissa Wilkens and Robin Lentz.

## Presenting The Class Of '69

As students are guided through their high school years by teachers, the 1969 graduating procession will be led in royal purple caps and gowns by the faculty.

The members of the graduating class of 1969 are as follows:

### GIRLS

Nancy Sue Adams, Judy Marie Alderson, Janice Lee Allen, Jacque Lynn Bauer, Glynda Ann Beard, Samuella Benton, Brenda Kaye Boaz, Christy Lyn Boren, Barbara Lynn Borgerding, Connie Christine Brown, Gwen Allison Capizzano, Lillian Willett Champy, Nancy Carol Cook, Patricia Lee Cooper, Melvina Sue Cruse, Janet Carolyn Daniels, Diana Lee Duckworth, Mary Jane Edwards, Vickie Elizabeth Elrod, Barbara Ann Ezzell, Martha June Fields, Karon Kaye Floyd, Pamela Jean Garland, Linda Susan Gillespie, Tena Michele Green, Gracie Allen Hamilton, Vickie Ann Hendricks, Cynthia Suzanne Hibbs, Beverly Lynn Hicks, Patricia Lynn Housman, Bertha Irene Jennings, Billie Rae Lane, Paula Gail Lane, Nancy Jo Leath, Donna Carole McElrath Lindsey, Susan Kay McGuire, Janet Faye McKinney, Susan Elizabeth Melber, Deborah Carol Misere, Paula Morgan Green, Jana Dawn Neihoff, Margaret Ann Nicely, Patricia Mae O'Brien, Nancy Faye Owen, Teresa Diane Padgett, Phyllis Ann Parks, Connie Lou Pittman, Nancy Hope Powell, Melinda Lou Puckett, Jean Anne Renfroe, Brenda Joyce Rice, Phyllis Ann Riley, Jane Ann Richie, Shelia Kathleen Robinson, Peggy Jean Scheer, Betty Carol Smith, Earnestine Elenora Smith, Rebecca Jo Starnes, Patsy Ann Stokes, Lisa Kaye Tate, Dorothy Mae Thomas, Barbara Jean Thompson, Marcelyn Troutman, Rhonda Marlene Tucker, Minnett Underwood, Belinda Kay Vanvactor, Joyce Strong Walker, Nevelyn June Walker, Rayetta Walls, Diane Kay Ward, Ruth Ann Watkins Nelson, Susan Weatherington, Kathy Marie Wetton, Carol Ann Wilkes, Janice Natalie Wurth, Glenda Lavonne Yates, Freda Ellen York.

### BOYS

Jerry Don Adams, Goldie B. Ashcraft, Kenneth Hugh Atherton, John Dance Austin, Jacob Talley Bailey, David Alan Baker, George Randolph Bowling, Stephen Farley Brandon, Dwayne Wyatt Burnette, Allen Carmichael, Kenneth Eugene Carroll, Steven Edwin Clark, Michael Llewellyn Conrad, John Martin Cox, Fred Cuff, Robert Mack Dalby, Larry Gene Davis, Robert Michael Doane, Louis Ray Downey, Gary Dale Duncan, Gene Paul Edwards, David Fred Fielder, David Franklin, Kenneth Nesler Garnett, Daryl B. Gish, Robert Wayne Gross, Donald Thomas Hamlin, Freddie Eugene Harned, Charles Douglas Harrall, Charles Kendall Hatchett, Billy Gold Henderson, Billy Wayne Hendon, Jr., Paul Holder, Donald Wade Hooper, Mark Hauser, Hollis Eston Hughes, II, Bradley Earl Johnson, Dewey Charles Johnson, Roy David Jones, Ed-

ward Arlie Jones, Christoph Jungjohann, Daniel William Kaufman, Jr., Jerel Wayne Kaufman, Edward Eugene Keeling, Stephen Ray Koster, Carl Dean Larrison, Gary Lewis Lawrence, Gene R. Leeper, Charles Glen Lockett, Michael Patrick McBride, James Williams McCartney, John David McClure, Ralph Edward McElrath, John Paul McIntosh, Stanley McMurtrie, Jr., Roger Dale McNeil, Rod Hart Martin, William Arthur Minter, Gary Wayne Mitchell, Glen Allen Moore, David Alan Morgan, William David Nichols, Craig M. Northington, Jimmy Dale Owens, Harrel Gene Otey, James Kevin Parks, Phillip Lon Phillips, Cletus Edward Poat, Dickie Wayne Powers, Don Allen Presley, Kenneth Roy Rambo, Robert Alan Reeder, Dennis Wayne Riley, Monty Hale Riley, Joseph L. Ripley, Jr., Charlie Herman Ritchie, Steven Ray Roussel, John Allen Samsil, William Edwin Sanderson, John Kenneth Sarles, Wayne Morris Shelton, Todd M. Singley, Paul Allan Spann, Bailey E. Spears, Jr., Michael Lee Steger, James Wilson Story, Richard Rosco Stubblefield, III, Robert L. Summers, Jerry Thompson, David Glenn Turner, Ralph Scott Waggoner, Michael Reed Wampler, Stephen Douglas Ward, Herbert Keith Wicker, Robert M. Williford, Gary Lynn Wyatt, Steven Linn Yarbrough.

## Seven Members Represent Choir At State Concert

Seven A Cappella Choir members were participants in the All-State Choral Concert, held at Louisville on April 11. Gary Mitchell was the only senior to attend. Tracey Morris, Pat Parker, Clyde Benton and Mike Goodman represented the junior class. Keith Watson and Pat Parks, both sophomores, also attended. Mr. Robert Baar, Music professor at Murray State University, directed the concert.

When asked their impression of All-State, some of the replies were, "tremendous," "really groovy" and "just great." Mike Goodman answered, "I have never experienced anything quite like it before."

Prior to the concert, a great deal of practice was put in, to prepare for the program. One of the requirements was that they memorize their music. However, they all agreed that the time and effort put forth were well worth the experience.

Each believed that the atmosphere was very special throughout the period of practices and the concert. They felt that it made them want to work, but at the same time, they enjoyed it immensely.

## Donald Perry Placed In Executive Post By All-School Student Council Election

Donald Perry was elected 1969-70 president of the Student Council on Friday, April 25. Others elected to office were: Patti Williams, vice-president; Malissa Wilkins, recording secretary; Robin Lentz, corresponding secretary; and Jenna Hodges, treasurer.

The campaigning was not as hectic this year because three of the positions had only one candidate. Each of the candidates spoke to the student body on Wednesday, April 23.

## Superiors Won By Six Entries In Music Event

Lone Oak received six superior ratings at the Regional Music Festival, held April 26, at Murray State University.

Those receiving superior ratings were: Jeff Given, junior; Kay Metcalf, sophomore; David LeDoux, Bruce Kennedy, and Bruce Hayden represented the freshman class.

The junior brass sextet had five freshmen and one eighth grade participant, Bruce Kennedy, David LeDoux, Norris Sherril, Karla Turley, Andy Champion and Mike Walls. They received a superior rating.

Susan McGuire and Wayne Shelton, both seniors, and Tony Daniels, sophomore, all received excellent ratings in their solo numbers. Two other participants in the festival were Dale Prince and Debbie Turley.

A brass choir, composed of 13 Lone Oak High School members received an excellent rating. Those participating in this group were: Ricky Anderson, Steve Anderson, Johnny Hoffman and David Hughes.

Other members were: Tommy Hughes, Kay Metcalf, Don Presley, Dale Prince, Wayne Shelton, Norris Sherril, Richard Thomas, Jimmy Walter and Jimmy Womble.

Wayne Shelton, Dale Prince, Kay Metcalf, Jimmy Walter, Steve Anderson and Jimmy Womble also participated in a senior brass sextet and received an excellent rating.

Jerry Don Adams, Patti Bailey, Glynda Beard, Diane Carter, Kenny Garnett, Jeff Given, Tena Green, Molly Griffith, Donna Hatley, Tara Northington, Marilyn Seay and Ernestine Smith made up the clarinet choir which rated excellent.

There were twenty-four high schools and junior high schools participating. The judges at the contest were qualified musicians from MSU and other state universities. Band directors from area schools were also instrumental judges.

## Band To Present Formal Concert Friday, 7:30

The annual spring band concert was presented May 16, in the gym at 7:30. The decorations suggested spring with flowers and greenery. The bands were dressed in formal attire.

The marching and concert bands presented programs of both classical and modern music. Movie and television theme songs were played.

Middle School band members acted as ushers and usherettes. The bands were under the direction of Thomas Berry and William Nettleton.

Following the concert, there was a tea in the cafeteria honoring the graduating senior members.

The candidates for president were Donald Perry and Jeff Given. Donald, a junior honor student, has been vice-president of the Student Council this year. He also served the Beta Club as parliamentarian. Donald is in the Physical Science Club and active in track.

Jeff, also a junior, has been a member of the Math and Music Clubs. One of Jeff's many activities is Marching Band. In his junior year, Jeff has shown his leadership in the Student Council and his scholarship in the Beta Club.

Patti Williams was the only candidate for vice-president. Her two years at Lone Oak have been spent in a variety of activities. She was in Tri-Hi-Y as a freshman and is in the Drama Club this year. Patti is active in NFL serving as recording secretary. Patti was a Student Council representative when she was a freshman.

Kristy Hillier and Malissa Wilkins were both running for recording secretary. Kristy was the only freshman seeking an office in this election. She has spent her freshman year at Lone Oak as a member of the Drama Club and Student Council. Kristy is making plans for attending a national Girl Scout workshop in Kansas this summer.

Malissa, who also ran for recording secretary, is a junior. She serves the A Cappella Choir as pianist. Malissa will be vice-president of the Tri-Hi-Y next year. In past years she has served the club as vice-president and chaplain. The Beta Club, student council, and annual staff are among Malissa's activities. She will serve on the Governor's cabinet of KYA next year.

Robin Lentz, an unopposed candidate for corresponding secretary, is a junior. She is the secretary of Tri-Hi-Y, and the historian of the Beta Club. Robin is a member of the 1969-70 KYA cabinet. She has been chosen as one of the twelve Kentucky representatives to the YMCA Conference on national affairs this summer in Georgia.

The candidate for treasurer was Jenna Hodges. Her active schedule includes participation in student council, Marching Band, the Oak 'K' staff, the annual staff, Beta Club and Tri-Hi-Y. As a junior, Jenna was vice-president of Quill and Scroll and state treasurer of KYA. Next year she will be president of Tri-Hi-Y and on the KYA cabinet.

The new officers were honored at the student council picnic on May 10. The picnic was held at Noble Park on Saturday afternoon.

## Choir Holds Annual Concert

The Lone Oak High School Choral Music Department presented its annual Spring Concert on April 29 at 7:00 p.m. in the gym.

The Girls' Chorus sang "Come In" and "How Excellent Thy Name." Both numbers were performed at the Choral Festival in Murray, where the Girls' Chorus earned an "excellent" rating. The Boys' Chorus performed "Stopping By The Woods On A Snowy Evening."

The A Cappella Choir opened

its part of the concert with "The Battle Hymn of the Republic." The choir then performed their two contest pieces, "The Omnipotence" by Schubert, featuring as the soprano soloist, Cherry Dunning; and "How They So Softly Rest" by Willan.

The other numbers presented by the choir were: "Build The More Stately Mansions," "Russian Picnic," "The Eyes of All," "From Grief to Glory" and "Evensong." The choir is directed by Mr. George Murphy.



The representatives to Boys' and Girls' State are: L. to R. Dale Perry, Kathy Dallas, Bill Hayden. Back row: Alan Nagel, James Maguire, David Sisk, John Ezzell, Jimmy Hickman, Phillip Mason, and Steve Webb. Not pictured, Thomas Deboe and John Powell.

## One Girl -- Ten Boys Selected For Trip To Girl-Boys' State

One Lone Oak girl and ten Lone Oak boys have been chosen to attend Boys' and Girls' State this summer.

Kathy Dallas will attend Girls' State June 16-21. Kathy was chosen because of her outstanding record of scholarship and leadership at Lone Oak High School.

Those attending Boys' State will be Thomas Deboe, John

Ezzell, Bill Hayden, Jimmy Hickman, and Phillip Mason.

Also chosen to represent Lone Oak were James Maguire, Alan Nagel, Dale Perry, John Powell and David Sisk.

Boys' State is held each year for outstanding high school juniors at Eastern Kentucky University in Richmond, Kentucky. It will be held June 8-13.

## Foodpower Conference Held

Friday and Saturday, April 4 and 5, there was a Purchase Area Youthpower Food Conference. Four Lone Oak girls attended. They were Cindy Carter, Gayle Hall, Teresa Harned and Pam Ridings. The purpose was to encourage better eating habits and acquaint teenagers with the

numerous careers in the food industry. There was a planned program and several guest speakers. There was a dance Friday night plus other activities. After a short session Saturday afternoon, it was time to leave. Everyone left knowing more about foods and careers in the food industry.

## School MIDDLE School

The Lone Oak Middle School held their annual Talent Show April 24. The show consisted of all junior high talent. The show was repeated on Thursday night, May 1, for the parents. Also, April 24 was Sloppy Day. Students and teachers wore everything from beads to cow bells. The motto for that day was "Be Sloppy."

Two speech students, Mark Feather and Charla Hooper, attended State Speech Tournament in Lexington.

The spring band concert was given April 28, featuring the Lone Oak Middle School Cadet Band under the direction of Mr. Nettleton.

The Home Economics, Industrial Arts and Science depart-

ments were featured at the annual Exhibit Day held on May 11.

Graduation is coming up for the junior high. Exercises will be held May 23, at 8:00 p.m.

Out of an enrollment of 479, 100 students made the A and B honor roll which is 21% of the student body. Those making all A's in the Middle School were: 8th grade—Mark Feather, Stan Spees, Don Eaker and Geoffery Nagel. 7th grade—Gabe Hobbs, Teresa Lanham, Kim Clark, Jan Dew, Patti Boyd, Allan Sanders and Dale Perry.

Judy Doyle received a superior rating at the Regional Music Festival at Murray for a french horn solo.



Industrial Arts Exhibits

## Handiwork Shows Finesse

Projects ranging from leather key cases to grandfather clocks were on display at the annual Industrial Arts Department exhibit, May 13. The exhibit consisted of projects constructed by students over the past school year.

The Industrial Arts Department as we know it now was initiated by Mr. Doores, nine years ago. Prior to that time there was one shop class. Today, the department includes three courses.

General Shop, which covers four areas: drawing, leather, metal, and wood, is a first year course. In the advanced drawing course, 32 mechanical drawings and one complete set of house plans are turned in by each student during the school year. Outside authorities are often brought in to lecture to the mechanical drawing class.

Name—Mike Goodman  
Grade—Junior  
Favorite Song—"Dizzy"  
Favorite Movie—"Romeo and Juliet"  
Favorite Color—cherry red  
Ambition—membership in "Sunshine and Health" Club.

In the advanced woodworking course one large project such as a stereo, grandfather clock, or gun cabinet is made during the year by each student. The most outstanding wood project of the year is awarded a gold hammer as a prize.

At the present time there are approximately 110 students taking Industrial Arts courses. Most of the students are boys, but the mechanical drawing course is available to both boys and girls. All students are encouraged to take Industrial Arts. Mr. Doores says, "It gives an excellent insight to industry and all students can profit by it in many fields."

Mr. Ron Hall is now student teaching in the department.

An extreme enlargement is being planned for the Industrial Arts Department in the near future. When the department is enlarged the general shop course will probably be moved to the Lone Oak Middle School, and a graphic arts course will be added to our curriculum. The graphic arts course will also cover journalism, where the Oak 'K', will be printed on a printing press.

## Student Rules For Success

Susan Weatherington

There are certain rules one must follow to become the kind of quality student that is admired and trusted at Lone Oak. The following list was composed to aid the success-minded student on his journey along the road of knowledge.

1. On entering the classroom, students must leave the door wide open.
2. Those having no business in a room should remain as long as possible, this tends to excite the teacher tremendously.
3. Upon entering the principal's office always take his chair at once, this provides a healthy student-principal relationship.
4. Talk loud or whistle, especially when a teacher is talking, if this has not the desired effect, start singing the first verse of Steppenwolf's "Magic Carpet Ride."
5. If two or more teachers are carrying on a conversation, you should not wait until they are through—just "jump right in," as they are particularly fond of speaking to more than one person at a time.
6. While in the classroom, put your feet on the person's chair in front of you, then keep time to a favorite record—this will be great assistance to the person who is writing.
7. Another helpful hint along the same line—stick your feet in the aisle, it limbers up the muscles of the people who fall over you.
8. While in the office, feel free to use the private phone as long as possible, for it takes a long time to say nothing.
9. Should you need to borrow money, ask your friends. They really don't need it, but they just brought it for lending purposes. Also, never pay it back, the shock may prove fatal.
10. If eating candy, always throw the wrappers on the floor—give your school that "lived in" look.

## Wicker's Watch

Keith Wicker

"Goodbye Cream" is the last album from the fantastic British trio, the Cream. Although the group had only one hit single in the United States, "Sunshine of Your Love," their albums have been tremendous sellers. Their musicianship shines through on this record as never before.

The first side is composed of two songs, the first, "I'm So Glad," and the second, "Politician." These two songs were recorded at a live performance but even so, the audience doesn't get in the way. Audience reaction is confined to applause at the end of each number. The production on live albums is usually bad but, except for a little distortion in the bass, the Cream came across quite well.

"Sitting On Top of the World," the first song on the second side, is also live. It ends with the words "Eric Clapton" and duely so, since by the end of this song

you have listened to more than twenty minutes of Clapton's guitar.

The last three songs were cut in the studio. "Badge" is perhaps the most commercial track on the album. "Doing That Scrapeyard Thing" contains some very comical lyrics, and "What a Bringdown" is the best song written, so far, by Ginger Baker (the group's drummer). But alas, that is all. No more will Cream make music. They have parted to go their different musical directions. Eric Clapton (guitarist) intends to get deeper into blues guitar and direct movies. Jack Bruce (bass) wants to produce records and Ginger Baker (drummer) will probably start a jazz group. The Cream bids farewell with their best album.

And just as the Cream bid farewell, so do I. I hope that Wicker's Watch has helped with your record selection.

Name—Sheila Robinson  
Grade—Senior  
Favorite song—"Sweet Cherry Wine"  
Favorite movie—"Romeo and Juliet"  
Favorite color—Blue  
Ambition—To be a psychologist  
  
Name—Pam Grim  
Grade—Sophomore  
Favorite color—Pink  
Favorite saying—Oh, dear!  
Ambition—Air line stewardess

Name: Jennie Barriger  
Grade: 11  
Favorite Color: Pink  
Favorite Song: "Sweet Creme Lady"  
Favorite Place: M. D.'s Mustang  
  
Name: Mary Carmichael  
Grade: 9  
Favorite Place: Civic Center  
Favorite Color: Blue

## May Clublicity

Needle threaders are the "in" thing. The Beta Club is selling the threaders as their money making project of the year. The club hopes to buy something for the school with the money.

Carlisle County and Reidland placed first and second respectively at the 10th annual tournament sponsored by the Math Club on April 25. 12 schools participated in the Math Club's yearly event.

The Future Teachers of America honored all the teachers on April 17 by presenting them with an apple during Teacher Appreciation Week. The girls also supplied cookies for the teachers' lounge.

Mr. Johnson, sponsor of the Art Club said, "I would like to take some students to the art show at Murray State University." At this time no certain date has been set.

The graduating seniors of the Tri-Hi-Y were honored at their Mother-Daughter Banquet. At

that time one senior girl was presented with a \$150.00 scholarship. The new officers of the club will be installed at the next meeting.

Lt. Goad, Safety Supervisor from the Shawnee Steam Plant, talked to the Physical Science Club on the Tennessee Valley Authority.

All new Student Council officers and teachers were honored at a potluck picnic sponsored by the Student Council. The picnic was held at Noble Park, May 10.

Gene Edwards, Scott Waggoner, Wayne Hendon, and Eddie Ellis represented the Hi-Y at the annual KYA convention in Louisville. Mock legislative activities composed the convention. When the boys were not in legislative sessions they were campaigning for Eddie Ellis who was running for Lt. Governor of KYA. Mr. Ellis accompanied the boys to Louisville.

## Is It True?

Karen Floyd

Is it true George Washington never smiled because of his bridge?

If athletes get athlete's foot, can astronauts get mistle-toe? Can a nervous frog give you worry warts?

Do professional kissers just give lip-service?

Before New York started growing, was Fifth Avenue a half-pint?

Could a city's water shortage drive people to drink?

Show me an unpaid phone bill and I'll show you a deadline.

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- Eyes of Jane Ann Morris
- Voice of Nancy Alexander
- Complexion of Jane Dunbar
- Smile of Melanie Moss
- Figure of Tara Northington
- Legs of Sally Skiba
- Clothes of Jennifer Palmer
- Personality of Debbie Hendricks
- Brains of Pam Williams

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# Chatty Kathy

Kathy Wetton

Congratulations go to Mr. Johnson and his decorating committee for the Junior-Senior Prom, which was held on May 2 at the Jaycee Civic Center. The civic center was turned into a sea-floor scene by Pam Ridings, Cathy Bass, Debby Lowrey, Debbie Smith, Pat Parker, Margaret Shoulta and Ellen Price. Also decorating were: Tracey Morris, Kathy Stanley, Cindy Parker, Steve James, Janet Borgerding, Donna Ligon, Brenda Gatlin and Phil Phillips. Others helping with the transformation were: Sammie Benton, Jeanine Metzger, Mike Goodman, Carolyn Thompson, Arlene Zagata, Patti Bailey, Ronnie Smith, David Hughes, Craig Northington and Pam Garland.

Judy Alderson has been awarded a Presidential scholarship to Eastern Kentucky University. The \$130 per semester will aid Judy with her major in home economics.

If you have a parent that's a teacher—go with them to KEA next year. Patti Bailey did and she won a \$100 certificate to any store in Louisville. Patti was attending a style show with her mother and won the certificate offered by the Retail Merchants in Louisville.

Lone Oak was honored by having ten seniors chosen to the 1969 edition of *Who's Who in American High Schools*. They are: Judy Alderson, Jacque Bauer, Wayne Hendon, Dan Kauffman, and Rod Martin. Also chosen were: Susan McGuire, John McIntosh, Don Presley, John Sarles and Diane Ward.

Gary Mitchell, senior, has been awarded a \$600, 4-year music scholarship to David Lipscomb College in Nashville. Gary will major in music there in the fall.

Did you know that a Lone Oak junior is going to make his television debut in June? Phillip Mason will play a 12-string guitar on "The Hour" on channel 3 on June 3. He will be ac-

companied by three of his brothers who will also play guitars and sing. They do mostly country and western and pop music. Phillip is also applying for a job as a stock musician to do background guitar for RCA recording company this summer in Nashville.

Charlie Ritchie, Daryl Gish and Robert Edwards won the state bowling championship. The contest was held in Louisville where the boys won the 3-man team trophy.

Barbara Ezzell was chosen by the Murray Alumni Association to receive a \$500.00 scholarship. She will enter Murray in the fall and major in math.

Lone Oak took four out of five of the newly elected Candy Stripper offices. Judy Nelson was selected as the President for 1969-70. Kathy Dallas will serve as her vice-president. Jenna Hodges will act as treasurer and Jennie Barriger is the new corresponding secretary. There are 19 members from Lone Oak in the Candy Stripper organization.

Robin Lentz and Jenna Hodges have been chosen to attend the YMCA Conference on National Affairs this summer. Twelve students from each state will attend the conference July 10-13 in Stone Mountain, Georgia.



MRS. RUTH POWELL

## Staff's Selection Is Mrs. Powell May's Favorite

For 11 years, there has always been someone at Lone Oak on whom students and teachers could depend for small and large errands. This is Mrs. Ruth Powell, Lone Oak's very capable secretary and bookkeeper. Mrs. Powell is always there to hand out white, blue and even pink slips, to find lost record books and to help locate misplaced pupils. Mrs. Powell, the official aspirin dispenser, also qualifies as the official school "nurse."

A fact unknown to most of the students at Lone Oak is that Mrs. Powell was born in Clovis, New Mexico. Then she moved to Princeton, Kentucky, where she graduated from Butler High School. Mrs. Powell then worked as a secretary for the Insurance Adjuster's office in Princeton. She later accepted a job as bookkeeper with the Appliance Company at the small sum of \$6.00 a week. Prior to her move to Paducah she was secretary for the Caldwell County Extension Service.

In 1942, Mrs. Powell moved to Paducah with her husband, Bill Powell. Mr. Powell is the Sun-Democrat's Roving Editor. The Powell's present home address is 603 Oaklawn Drive in Lone Oak. Here, she worked for the McCracken County Extension Service. In the 57-58 school year, Mrs. Powell came to work at Lone Oak.

Mrs. Powell has two daughters, Dana Wilson graduated from Lone Oak in 1964, and Nancy is presently a senior.

When Mrs. Powell was asked how she liked working in the office she replied, "I enjoy the work, and watching freshmen going on to be seniors. Sometimes you think they will never make it. I can see why teachers don't take higher paying jobs with the education they have. There is something about being around young people that keeps you interested in everything that goes on."

Although Mrs. Powell is not a teacher, we all think of her as one of the most important members of the school. Mrs. Powell deserves the Teacher of the Month Award not only because she is the school's secretary, but simply because she is Mrs. Powell—the lady in the office who greets you with a smile and solves so many problems.

## Psychedelirium Tremens

Jane Goodsell

Remember when HIPPY meant big in the hips,

And a TRIP involved travel in cars, planes, and ships?

When POT was a vessel for cooking things in,

And HOOKED was what Grandmother's rug might have been?

When FIX was a verb that meant mend or repair,

And BE-IN meant simply existing somewhere?

When NEAT meant well organized, tidy and clean,

And GRASS was a ground-cover, normally green?

When lights and not people were SWITCHED ON AND OFF,

And the PILL was something you might take for a cough?

When CAMP meant to quarter outdoors in a tent,

And POP was what the weasel went?

When GROOVY meant furrowed with channels and hollows,

And BIRDS were winged creatures like robins and swallows?

When FUZZ was a substance that's fluffy like lint,

And BREAD came from bakeries, not from the mint?

When SQUARE meant a 90-degree angle formed,

And COOL was temperature, not quite warm?

When ROLL meant a bun, and ROCK was a stone,

And HANG-UP was something you did to a phone?

When CHICKEN meant poultry, and BAG meant a sack,

And JUNK, trashy cast-offs and old bric-a-brac?

When JAM was preserves that you spread on your bread,

And CRAZY meant balmy, not right in the head?

When CAT was a feline, a kitten grown up,

And TEA was a liquid you drank from a cup?

When SWINGER was someone who swung in a swing,

And a PAD was a soft sort of cushiony thing?

When WAY OUT meant distance, far, far away,

And a man couldn't sue you for calling him GAY?

When DIG meant to shovel and spade in the dirt,

And PUT-ON was something you did to a shirt?

When TOUGH described meat too unyielding to chew,

And MAKING A SCENE was a rude thing to do?

Words once so sensible, sober and serious,

Are making the FREAK SCENE like PSYCHEDELIRIOUS.

It's GROOVY, MAN GROOVY, but English it's not,

Me thinks that the language has gone straight to POT.

Reprinted from McCall's Magazine

## PRISM

Prism . . .  
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Impressions shaken,  
broken down,  
pushed through  
crystal bars  
and turned into reality.  
Hanging clusters  
of crystal  
in hall of mirrors.  
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back and forth—  
each time broken down  
and bent  
anew;  
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sequences of reflections,  
refractions.  
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in kaleidoscope fashion . . .  
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and never seen again.

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## What Type Girl Has Personality

Jacque Bauer

If you were to be classified as a "type" of girl by your personality, which type would best describe the real you?

Type 1 — Sweet and Feminine. A girl who is small in stature and soft spoken. She looks lovely in pastels.

Type 2 — Sporty. One who wears tailored clothes with gold or silver jewelry. Separates with suede jackets complement her personality.

Type 3 — Queenly. Someone who is feminine, gracious, and poised with eloquent taste. Her

white gloves pronounce her 'a true lady'.

Type 4 — Sophisticated. She is very well bred, poised, and likes extremes in fashion. A tall, slender model of beauty.

Type 5 — Exotic. She dresses to dramatize her 'difference'. The look in her eyes tells you that she is in another world.

Type 6 — Vivacious. Full of fun, the life of every party. Her flare for individuality is evident in her choice of clothes.

Most girls are a combination of several types. Your personality type should be a definite factor in the choice of your wardrobe.

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# FINAL FLASHBACK

## Track Team Flashes To Victorious Finish

Lone Oak finished its most successful track season with three thinclads placing in the regional track meet Saturday, May 10. John Austin, senior, placed second in the 880 yard dash and Howard Newcomb, junior, took fourth place honors in the same event. Wayne Hendon, senior, took third in the high jump.

The team defeated St. Mary twice and Reidland once in dual meets. They took the second place trophy at North Marshall in the first meet of the year.

Several members of the team will graduate this year. John Austin, half-miler, has had a very successful year, taking several firsts and winning a medal at regionals. William Minter has been one of the busiest members of the squad. Willie competed in broad jump, shot put, 440 yard dash, triple jump, 880 yard relay team and high jump.

Wayne Hendon, a four year letterman, performed well in

three events. He took many honors in high jump, his best event. Wayne was also a pole vaulter and triple jumper. Dave McClure was the number one man in pole vault. He also entered triple jump, broad jump and high jump in some meets.

Don Presley did well in both triple and broad jumps. Steve Ward was an excellent broad jumper and ran the 440 yard dash.

Glen Moore, a 440 yard dash specialist, has been a main-stay on the team lettering all four years.

Larry Davis captured several first places running the longest event (the 2 mile run).

Also graduating are Gary Lawrence and Doug Harrell — who participated in the shot put.

Doug was hampered late in the season by a knee injury.

The outlook for next year's team is excellent with several returning lettermen and some

promising freshmen.

One of the top individual scorers for the season was Henry Arnold. He was a 100 and 220 yard dash man. He also ran in the 880 yard relay team.

Ronnie Smith, a member of both the 880 and mile relay teams, plans to run the 440 yard dash next year. Gary Massa, also a 440 yard dash man, should do well in mid-distance races next year.

Howard Newcomb made an excellent showing in the 880 yard dash this year. Howard should be one of the top half-milers in the region.

Royce Hensley will be Lone Oak's number one shot putter and discus thrower. Myles Harston will be running the 440 next year, and based on this season's performances they should do well.

Mike Farmer, a little boy with "lots of guts," will run the two mile. Larry Knott will be helping out in the dashes.

Andy Carfield, an outstanding freshman, will win many of the 100 and 220 yard dashes.

Several other boys should mature into fine performers for future teams. Many 8th graders will make the team, adding greater depth. With the development of these athletes, next year's season should be a successful one.

## 4-6 Baseball Season Ends

The Lone Oak Purple Flash ended the 1969 baseball season with a 4-6 record. The team, however, played better ball than the won-loss record indicated. The flash scored victories over all the teams in the second district except Paducah Tilghman. Lone Oak was defeated by the Tornado in the district tournament by a score of 7-5.

Pitcher Ray Bagwell had the most wins for the Oakers with a 2-2 record. Dave Donoho and Skippy Huff each collected one victory. Relievers Charley Ritchie and Ricky Williams collected no wins or losses but saw action in several games.

Lone Oak sported a good hitting attack but lacked in defense. Costly errors in late innings brought defeat for the Flash in

several ball games.

Mr. Simmons shifted the infield several times to find a winning combination. He finally settled on Skippy Huff, Johnny House, Jeff Perry, and Rodney Timmons on first base, second base, shortstop, and third base respectively. The infield comprised a .784 fielding percentage.

The outfield consisted of Don Hamlin in left field, Mike Conrad in center, and Stanley McMurtrie in right. The outfield was tight and committed very few errors.

Seniors who will graduate this year include: Don Hamlin, Mike Conrad, Steve Brandon, Stanley McMurtrie, David Morgan, Charley Mitchie, Don Hooper, Carl Larrison, and manager Talley Bailey.

Name—Clyde Benton  
Grade—Junior  
Favorite Song — "The Worst That Could Happen"  
Favorite Color—Green (Olive)  
Pet Peeve—'61 Falcons  
Ambition—Playboy

Name—Chuck Roast  
Grade—Junior  
Pet peeve—Vegetarians  
Favorite saying — "Betcha ya can't eat one!"  
Ambition—Meat inspector  
Favorite color—Blood red!  
Favorite teacher—Miss Baker  
Favorite song—"Chewy-Chewy"

## Friendship

Marsha Beaton

Have you ever thought how beautiful friendship is? If it is a true one, it can be the most valuable possession anyone can own. People who have at least one true friend already know what I am talking about.

A true friend always seems to be there when you need him. He doesn't consider you less of a friend for your faults. However, on the other hand, when you do something that can be praised, it seems to make that friendship just a little stronger.

It has been said to have friends, you must be a friend. Instead of worrying about what someone else can do for you, you have to concentrate on how you could be a help to someone else. If you are sincere, and really try, you won't have any problems achieving true friendship.

Everyone wants and needs friends, because without friendship, man is lost in this world.

## Cure With Walnut Jump-Ups

Jenna Hodges

Remember the last time you stayed home from school because the sniffles, sneezes or stuffy nose had gotten you down? Or maybe you can remember those dreadful days of confinement after finding out you had "mono." Whether you had a headache or stomach ache, you probably got tired of lying around in bed doing nothing.

Nobody can get his lessons when he is sick, it just taxes the brain too much. After all, what's the use of bed rest if your brain is slaving over chemistry equations, history questions or algebra problems.

If you remember back to your last absence from school for illness, you will recall that by at least noon you were sick to death of seeing people win thousands of dollars on quiz programs and equally tired of solving everybody's problems on all the soap operas. They would just remind you that you were in debt ten dollars or make you recall that your boyfriend was at school flirting with everybody while you were recuperating at home.

But if the television is turned off what else is there to do? Maybe you tried to read something but all you could find was **Crime and Punishment**, and gosh, wasn't being sick punishment enough without reading something like that!

Before too long you had finished counting how many flowers were on your curtains and had discovered that there were 167 square blocks in the ceiling. You had also picked all the loose strings on your blanket and were then idly twiddling your

## Be A Loser! 12 LO Projects Win At Murray

Susan Weatherington

Dear High School Kids,

I am writing this letter to tell you how easily I got through high school and how I found my permanent place in life.

To begin with, if you are one of those geniuses you can forget about reading this. This letter was written strictly for the average tough guy who is looking for an easier way out.

There are three ways to get through high school without lifting a finger. Number one: Be an outstanding athlete. Number two: Be a teacher-server. Number three: Be clever and sneaky.

Now, for all of you people who are not athletes and for you guys who can't stand teachers, number three is your only alternative.

Being clever and sneaky is not as easy as it sounds. We'll take it by steps.

Twelve Lone Oak science students won top honors at the Murray State University Science Fair, May 6. Winning awards at MSU in chemistry were: Alan Nagel, first place; Kathy Dallas and Jennie Barriger, second place; and Glenda Smith and Rhonda Tucker, third place.

Winners in the Physics division at MSU included: Ricky Luton, first place; John Ezzell, second place; Mike Conrad and Wayne Hendon, second place; Linda Thomasson and Debbie Troutt, third place; and Jean Ann Renfro, third place.

Those winning awards at Murray and others were exhibited at the Science Fair here May 15. Entries in the science fair were from all science levels and grades at Lone Oak.

Step 1. You must begin your plan the first day of school by taking a seat on the front row. This tells the teacher that you're a real smart kid. It also gives you a chance to cheat on tests because everybody knows a teacher always stands at the back of the room when she is giving a test.

Step 2. When the teacher asks a question, sit up straight and tall, and with an intelligent look on your face, slyly raise your

hand. She'll never call on you.

Step 3. When it's volunteer-to-go-to-the-board-time and you don't volunteer but she asks you to go anyway, you explain to her that you aren't quite sure you understand the problem and that you would benefit greatly by watching somebody else. Good English always impresses teachers.

While the rest of the kids are at the board, you have time to put a new wad of gum in your mouth or write a few notes.

Step 4. This is the last step and is strictly for a pro. Check all the records of your teachers and eavesdrop on conversations between teachers and maybe you can come up with a spicy bit of information that you can use as blackmail. But remember this is dynamite so handle it with care.

By the way, there is another way to get through high school. You can study and cram your head full of junk but that's for suckers.

At the end of your four years, with this advice and a little practice, you will have become a professional sneak. Welcome to the crowd!

Your Friend,  
Freddie (Fingers) Finley  
And roommate  
Cell 62, San Quentin

thumbs. Suddenly you realized that you couldn't find anything to do besides listen to your alarm clock tick. For variety, you had already set it and let it ring three times. You then convinced yourself that you had some awful disease that was very serious and you would be sick for at least a month and might even die.

Well, if this is what happens to you while recovering, then here is some advice. Get your mind off the situation by doing something. Try to find something to make. This will keep your hands occupied but won't take too much brain-power. Here is a suggestion of something that I have found is good for getting your mind off the unpleasant things. I call it making "Walnut Jump-ups."

Find some walnuts and start cracking them. Be very careful and try to open them at the seam so you won't break the shells. Empty out the "insides." Take two half shells and paste a little paper hinge to the inside of both so they are connected. Now you can use your creativity and draw a little jump-up figure on stiff paper. You can color the figure-people, cut them out, and fold them accordion style. With your airplane glue or even a jar of paste you had left over from third grade, glue the bottom of the figure inside the bottom shell. Now you are finished with your "Jump-up" and can offer a nut to your mother or little brother and see what happens when they open it.

By the time you have made six or seven "Walnut Jump-ups" you are always anxious to get well so you can go and show the nuts at school.

Name—Freddie Beckman  
Grade—Freshman  
Favorite song—"Dizzy"  
Favorite movie—"Glass Bottom Boat"  
Favorite color—green  
Pet peeve—Long homework assignments  
Ambition—Doctor

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### THOSE FILM STRIPS

Perhaps in some of your classes you are seeing each week the VEC film strips The Sun-Democrat is furnishing to Lone Oak High School. We hope they add interest to your studies and that you will find our newspaper an important supplement to your text books.

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